



Spur Cape Summer Trail Series® Championship 2016

NOTE: The results below are for the Spur Cape Summer Trail Series® 2016 Championship and only include the runners competing in the LONG course. Three race scores count towards the final score. Updated 01 March 2016. For any queries please email info@wildrunner.co.za by Thursday 3 March 2016 at the latest after which, no further changes will be made and these results will be final.

Open Men

Open Men								Race #1: Tygerberg Nature Reserve		Race #3: Kirstenbosch Gardens		Race #4: Oak Valley		TOTAL	
Position	Race #	Batch	Name	Surname	Category	Sex	Age	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time
1	2003	A	Raydon	Balle	Open	Male	21	1	00:55:07	2	00:43:34	1	00:58:10	4	02:36:51
2	2015	A	Jarryd	Dunn	Open	Male	18	3	01:00:02	4	00:43:52	2	00:58:17	9	02:42:10
3	2051	A	Franz-Erich	Streicher	Open	Male	27	5	01:01:46	6	00:47:06	9	01:05:33	20	02:54:25
4	2060	A	Ryan	Winter	Open	Male	38	12	01:06:15	9	00:47:49	4	01:02:35	25	02:56:39
5	2023	A	John	Grewar	Open	Male	33	19	01:11:41	22	00:52:04	16	01:13:15	57	03:17:00
6	2037	A	Chris	Muller	Open	Male	27	21	01:12:39	32	00:54:00	5	01:03:07	58	03:09:46
7	2017	A	Herman	Fourie	Open	Male	35	27	01:16:34	26	00:53:07	14	01:11:24	67	03:21:05
8	2046	A	Phillip	Simbao	Open	Male	34	41	01:21:22	70	00:59:56	20	01:16:41	131	03:38:00
9	2009	A	Louis	Botha	Open	Male	27	61	01:25:13	72	01:00:04	7	01:04:20	140	03:29:37
10	2000	A	Ryan	Abrey	Open	Male	28	66	01:25:32	60	00:58:39	15	01:12:47	141	03:36:57
11	2269	B	Jean-Pierre	du Plessis	Open	Male	26	69	01:26:07	47	00:57:24	25	01:18:28	141	03:41:59
12	2337	B	Damian	Sutherland	Open	Male	26	62	01:25:17	63	00:59:26	27	01:19:29	152	03:44:13
13	2372	B	James	Wilkinson	Open	Male	26	65	01:25:30	59	00:58:34	35	01:23:11	159	03:47:15
14	2351	B	Rainer	Wellmanns	Open	Male	33	75	01:27:39	68	00:59:46	23	01:17:29	166	03:44:55
15	2720	C	Itzak	Du Plessis	Open	Male	39	64	01:25:21	76	01:00:49	36	01:23:18	176	03:49:28
16	2055	A	JOHAN	VAN DER MERWE	Open	Male	25	82	01:29:34	71	00:59:58	24	01:18:26	177	03:47:58
17	2375	B	Jack	Donde	Open	Male	17	59	01:24:54	67	00:59:44	55	01:29:38	181	03:54:17
18	2279	B	Hein	Gerber	Open	Male	36	77	01:27:46	66	00:59:36	43	01:25:02	186	03:52:24
19	2338	B	Jesse	Ternent	Open	Male	29	110	01:36:22	82	01:01:30	21	01:16:48	213	03:54:40
20	2773	C	Andre	Pienaar	Open	Male	28	55	01:24:37	75	01:00:36	83	01:38:51	213	04:04:03
21	2261	B	David	Brennan	Open	Male	24	103	01:33:55	85	01:02:00	45	01:25:28	233	04:01:23
22	2811	C	Rudick	Wiljoen	Open	Male	26	91	01:31:35	97	01:03:25	47	01:26:39	235	04:01:39
23	2738	C	ahmed	hassim	Open	Male	26	107	01:35:19	105	01:04:25	34	01:23:10	246	04:02:54
24	2826	C	Hugo	Leuenberger	Open	Male	38	108	01:35:44	117	01:06:04	46	01:26:31	271	04:08:19
25	2333	B	Mubeen	September	Open	Male	37	105	01:34:43	127	01:07:06	49	01:28:06	281	04:09:54
26	2713	C	Andre	Conradie	Open	Male	39	104	01:34:33	129	01:07:21	56	01:30:16	289	04:12:10
27	2719	C	Aiden	Du Plessis	Open	Male	30	106	01:35:05	121	01:06:39	62	01:31:33	289	04:13:18
28	2749	C	Adriaan	Klue	Open	Male	30	116	01:36:40	134	01:07:42	41	01:24:29	291	04:08:51
29	2305	B	Mohamed	Mansura	Open	Male	28	126	01:40:42	137	01:07:58	40	01:24:09	303	04:12:50
30	2750	C	craig	knight	Open	Male	35	117	01:37:01	158	01:11:56	63	01:31:49	338	04:20:46
31	2274	B	Coenraad	Fick	Open	Male	36	129	01:43:43	144	01:09:12	68	01:33:42	341	04:26:38
32	2753	C	Paul	Kotze	Open	Male	32	145	01:52:00	143	01:08:54	57	01:30:31	345	04:31:26
33	3218	D	Bevan	Matthews	Open	Male	28	127	01:41:03	154	01:10:54	66	01:33:02	347	04:24:59
34	2814	C	Henco	Visser	Open	Male	31	131	01:43:48	168	01:13:24	71	01:34:32	370	04:31:45
35	2834	C	Stian	Visagie	Open	Male	26	146	01:52:25	151	01:10:24	73	01:35:08	370	04:37:57
36	2816	C	Stuart	Walsh	Open	Male	34	132	01:43:59	165	01:13:17	76	01:35:59	373	04:33:16
37	2281	B	Adam	Green	Open	Male	32	136	01:45:19	159	01:12:33	81	01:38:12	376	04:36:03
38	2747	C	Dean	Keyser	Open	Male	35	138	01:45:57	170	01:13:43	69	01:33:47	377	04:33:27
39	2771	C	JD	Otto	Open	Male	29	142	01:51:13	157	01:11:46	79	01:37:40	378	04:40:39
40	2715	C	Rudi	Cronje	Open	Male	33	149	01:56:59	145	01:09:25	84	01:39:07	378	04:45:30
41	2798	C	Julian	Smith	Open	Male	31	143	01:51:42	167	01:13:22	72	01:34:42	382	04:39:46
42	2739	C	Martin	Henning	Open	Male	27	156	02:11:48	169	01:13:34	86	01:41:10	411	05:06:33
43	2727	C	Jodi	Fullard	Open	Male	26	151	01:57:12	184	01:15:39	94	01:49:52	429	05:02:44
44	2712	C	Alistair	Chivell	Open	Male	37	150	01:57:02	193	01:21:14	92	01:47:59	435	05:06:16
45	2718	C	Sean	Dillon	Open	Male	38	154	02:05:59	195	01:22:07	90	01:43:24	439	05:11:30
46	3202	D	Mark	Calvert	Open	Male	31	158	02:13:55	197	01:24:14	96	01:58:22	451	05:36:31
47	3215	D	Wes	Jones	Open	Male	32	159	02:18:45	202	01:30:33	97	02:02:28	458	05:51:46

Open Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	2064	A	Hayley	Preen	Open	Female	17
2	2050	A	Sanja	Steyn	Open	Female	28
3	2066	A	Brenna	Coupland	Open	Female	27
4	2048	A	Jessica	Stevens	Open	Female	23
5	2282	B	Marli	Grewar	Open	Female	33
6	2828	C	Phillipa	Jephson	Open	Female	36
7	2368	B	Mareli	Mans	Open	Female	32
8	2275	B	Nettie	Fick	Open	Female	34
9	2725	C	Sebnem	Er	Open	Female	37
10	2350	B	Jacqueline	Vockins	Open	Female	36
11	2703	C	Candice	Baynes	Open	Female	28
12	2752	C	Famke	Koene	Open	Female	27
13	2744	C	Betina	Jakobsen	Open	Female	31
14	3221	D	Theoni	Photopoulou	Open	Female	31
15	2786	C	Nicky	Schermer	Open	Female	32
16	2801	C	Ciara	Staunton	Open	Female	30
17	2793	C	Monique	Schutte	Open	Female	27
18	3210	D	Sandra	Hansen	Open	Female	38
19	2764	C	Bronwyn	Maree	Open	Female	32
20	2792	C	MARQUERITE	SCHUTTE	Open	Female	26
21	3204	D	Roxanne	De Krielen	Open	Female	33
22	2766	C	Refilwe	Mofokeng	Open	Female	26

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	01:06:04
2	01:11:44
4	01:16:02
10	01:23:18
13	01:27:18
23	01:37:30
22	01:37:23
21	01:37:17
25	01:39:03
28	01:40:55
33	01:41:47
36	01:43:37
32	01:41:35
37	01:44:26
55	01:56:47
18	01:35:52
72	02:18:31
64	02:05:27
69	02:11:23
73	02:18:41
74	02:18:48
77	02:30:42

Race #3:Kirstenbosch Gardens	
Position & Points	Time
1	00:48:41
3	00:53:38
4	00:53:43
11	00:58:42
15	01:00:59
23	01:05:28
24	01:06:19
32	01:09:21
35	01:10:20
39	01:10:53
46	01:11:41
53	01:12:21
65	01:14:56
66	01:15:00
81	01:17:10
103	01:22:22
100	01:21:49
121	01:28:48
117	01:26:34
123	01:29:02
130	01:30:31
133	01:32:34

Race #4: Oak Valley	
Position & Points	Time
1	01:06:05
2	01:11:40
3	01:14:45
4	01:18:32
5	01:22:54
9	01:29:56
12	01:31:20
14	01:33:45
13	01:31:26
26	01:39:43
18	01:36:06
24	01:38:35
32	01:43:40
35	01:44:43
22	01:37:36
43	01:49:56
46	01:54:11
48	01:56:19
50	01:58:01
57	02:08:29
52	02:02:33
56	02:07:14

TOTAL	
Points	Time
3	03:00:50
7	03:17:02
11	03:24:29
25	03:40:31
33	03:51:10
55	04:12:54
58	04:15:03
67	04:20:23
73	04:20:50
93	04:31:30
97	04:29:34
113	04:34:32
129	04:40:10
138	04:44:09
158	04:51:32
164	04:48:09
218	05:34:31
233	05:30:34
236	05:35:57
253	05:56:12
256	05:51:52
266	06:10:31

Veteran Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	2022	A	SHAUN	GREGORY	Veteran	Male	45
2	2062	A	Abrie	Joubert	Veteran	Male	43
3	2804	C	Greg	Torr	Veteran	Male	41
4	2730	C	Michal	George	Veteran	Male	45
5	2302	B	Lasith	Madurasinghe	Veteran	Male	41
6	2818	C	Jayson	Welthagen	Veteran	Male	40
7	2784	C	Eugene	Schagen	Veteran	Male	43
8	2785	C	Riaan	Schagen	Veteran	Male	40
9	2287	B	Andre	Hefer	Veteran	Male	49
10	2797	C	David	Smith	Veteran	Male	48

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
2	01:05:38
8	01:17:19
28	01:39:05
16	01:26:33
18	01:28:12
25	01:35:40
23	01:33:41
24	01:33:47
30	01:43:51
38	01:58:46

Race #3:Kirstenbosch Gardens	
Position & Points	Time
2	00:47:56
16	00:57:19
10	00:52:31
22	01:00:07
24	01:01:12
35	01:06:18
32	01:04:53
31	01:04:50
40	01:08:10
54	01:20:49

Race #4: Oak Valley	
Position & Points	Time
1	01:05:27
5	01:15:31
3	01:09:40
8	01:22:59
15	01:32:24
11	01:25:38
16	01:40:00
17	01:40:07
14	01:31:43
20	01:44:17

TOTAL	
Points	Time
5	02:59:01
29	03:30:10
41	03:41:16
46	03:49:38
57	04:01:48
71	04:07:36
71	04:18:34
72	04:18:44
84	04:23:44
112	05:03:52

Veteran Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	2071	A	Katya	Soggot	Veteran	Female	40
2	2008	A	Hanlie	Booyens	Veteran	Female	42
8	2782	C	Jeanine	Ruffels	Veteran	Female	48
7	2809	C	Annemi	Van Zyl	Veteran	Female	41
12	2714	C	Elmarie	Conradie	Veteran	Female	40
10	2290	B	Sally	Hollick	Veteran	Female	49
11	2791	C	Bev	Schultz	Veteran	Female	47
14	2825	C	Renee	Cupido	Veteran	Female	42
16	2717	C	Zelda	De Paiva	Veteran	Female	73
15	2701	C	Nicky	Abrahamse	Veteran	Female	44
18	2822	C	Suzette	Van der Merwe	Veteran	Female	45
17	2837	C	Lisa	Van De Merwe	Veteran	Female	45
19	3234	D	Natasha	Fisher	Veteran	Female	42
20	3222	D	Adele	Rhode	Veteran	Female	42

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	01:12:14
3	01:16:14
7	01:37:27
8	01:38:24
16	01:49:35
17	01:51:59
11	01:44:16
19	01:58:42
20	02:05:26
15	01:49:14
22	02:10:42
23	02:10:49
26	02:30:04
27	02:30:12

Race #3:Kirstenbosch Gardens	
Position & Points	Time
1	00:52:53
2	00:57:34
13	01:11:54
11	01:11:10
22	01:17:39
20	01:16:27
27	01:19:20
31	01:23:41
35	01:26:16
40	01:34:13
38	01:28:20
37	01:28:09
41	01:39:36
42	01:40:18

Race #4: Oak Valley	
Position & Points	Time
1	01:08:45
2	01:16:47
6	01:30:09
7	01:33:40
11	01:38:00
12	01:38:42
13	01:39:37
18	01:49:45
20	01:54:06
21	01:57:13
22	01:57:17
23	01:57:28
28	02:18:40
27	02:14:27

TOTAL	
Points	Time
3	03:13:51
7	03:30:34
26	04:19:30
26	04:23:14
49	04:45:14
49	04:47:08
51	04:43:13
68	05:12:08
75	05:25:48
76	05:20:40
82	05:36:19
83	05:36:26
95	06:28:21
96	06:24:57

Master Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	2063	A	Mark	Preen	Master	Male	54
2	2047	A	Wim	Smit	Master	Male	52
3	2024	A	Karl	Heath	Master	Male	51
4	2042	A	Allan	Ryninks	Master	Male	58
5	2010	A	Errol	Cunnama	Master	Male	60
6	2339	B	Johann	Theron	Master	Male	58
7	2709	C	David	Burton	Master	Male	53
8	3228	D	Flip	Van Schalkwyk	Master	Male	68

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	01:10:16
2	01:14:48
3	01:24:55
6	01:26:34
5	01:25:43
9	01:35:53
12	01:56:03
14	02:05:24

Race #3:Kirstenbosch Gardens	
Position & Points	Time
1	00:50:33
2	00:54:46
6	01:01:41
5	01:00:38
9	01:03:49
11	01:05:22
15	01:14:44
20	01:34:39

Race #4: Oak Valley	
Position & Points	Time
1	01:10:21
2	01:14:00
3	01:18:52
5	01:22:30
6	01:22:48
11	01:28:25
13	01:35:19
17	02:13:52

TOTAL	
Points	Time
3	03:11:10
6	03:23:34
12	03:45:28
16	03:49:42
20	03:52:20
31	04:09:40
40	04:46:06
51	05:53:56

Master Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	2327	B	cheryl	rudolph	Master	Female	54
3	2365	B	Gail	Moriarty	Master	Female	51
4	2710	C	Nicky	Burton	Master	Female	50
5	2802	C	Johanna	Taylor	Master	Female	52
6	2705	C	Zita	Brandon	Master	Female	52
7	3201	D	Carol	Boltman	Master	Female	61

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
2	01:24:46
4	01:43:40
7	01:55:58
8	01:57:17
10	02:07:35
11	02:30:07

Race #3:Kirstenbosch Gardens	
Position & Points	Time
3	01:00:15
4	01:12:05
8	01:14:47
14	01:28:02
17	01:30:57
18	01:40:21

Race #4: Oak Valley	
Position & Points	Time
1	01:20:39
3	01:38:47
2	01:35:14
11	02:01:13
9	01:58:24
13	02:14:31

TOTAL	
Points	Time
6	03:45:40
11	04:34:32
17	04:45:59
33	05:26:32
36	05:36:56
42	06:24:58



Spur Cape Summer Trail Series® Challenge 2016

NOTE: The PROVISIONAL results below are for the Spur Cape Summer Trail Series® Short Course Challenge and only include the runners competing in the SHORT course. Three race scores count towards the final score. Updated 01 March 2016. For any queries please email info@wildrunner.co.za by Thursday 3 March 2016 at the latest after which, no further changes will be made and these results will be final.

Open Men

Open Men								Race #1: Tygerberg Nature Reserve		Race #3: Kirstenbosch Gardens		Race #4: Oak Valley		TOTAL	
Position	Race #	Batch	Name	Surname	Category	Sex	Age	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time
1	36	E	Andre	Afrika	Open	Male	21	1	00:35:42	1	00:25:11	1	00:28:06	3	01:28:59
2	14	E	Dawood	Goeiman	Open	Male	18	3	00:40:00	2	00:26:52	2	00:28:30	7	01:35:22
3	16	E	Sylvano	Hindley	Open	Male	27	7	00:43:26	5	00:28:53	5	00:32:45	17	01:45:03
4	877	G	Mauritz	Zastron	Open	Male	24	9	00:49:27	12	00:33:21	13	00:39:58	34	02:02:46
5	261	F	Mark	Doyle	Open	Male	18	16	00:52:35	14	00:33:52	11	00:38:49	41	02:05:16
6	827	G	Cornè	Oosthuizen	Open	Male	26	17	00:53:02	26	00:37:01	9	00:37:20	52	02:07:23
7	20	E	GAWIE	MALAN	Open	Male	28	19	00:53:26	20	00:34:38	15	00:40:33	54	02:08:36
8	253	F	Shaun	Cassisa	Open	Male	37	23	00:54:21	25	00:36:32	19	00:42:05	67	02:12:58
9	343	F	Louis	Muller	Open	Male	30	24	00:54:39	30	00:37:27	16	00:41:03	70	02:13:09
10	302	F	Charl	Roos	Open	Male	33	36	00:59:34	33	00:37:46	17	00:41:24	86	02:18:44
11	715	G	Werner	Britz	Open	Male	32	30	00:57:37	38	00:38:24	25	00:43:29	93	02:19:31
12	307	F	Divan	Snyman	Open	Male	29	42	01:00:14	40	00:38:40	20	00:42:15	102	02:21:09
13	335	G	Joshua	Lazarus	Open	Male	25	37	00:59:38	39	00:38:31	28	00:44:34	104	02:22:43
14	303	F	malcolm	Royston	Open	Male	39	47	01:01:08	37	00:38:24	21	00:42:37	105	02:22:08
15	257	F	Clinton	de Witt	Open	Male	32	43	01:00:26	46	00:39:13	22	00:42:43	111	02:22:22
16	277	F	Hanrich	Laubscher	Open	Male	34	62	01:04:20	35	00:37:57	23	00:42:48	120	02:25:05
17	296	F	Lance	Osburn	Open	Male	35	49	01:02:10	43	00:39:04	30	00:44:39	122	02:25:53
18	255	F	Pieter	Cilliers	Open	Male	34	35	00:59:16	58	00:40:32	33	00:45:34	126	02:25:22
19	775	G	Kyle	Hutchinson	Open	Male	25	45	01:00:49	57	00:40:28	27	00:44:07	129	02:25:23
20	767	G	Carlo	Hill	Open	Male	27	46	01:00:53	62	00:40:57	31	00:44:52	139	02:26:43
21	340	F	Gideon	nieuwoude	Open	Male	31	65	01:04:46	51	00:39:57	26	00:43:53	142	02:28:37
22	331	F	Regardt	Laubscher	Open	Male	31	55	01:03:02	68	00:42:45	41	00:47:26	164	02:33:12
23	858	G	Hermanus	van der Merwe	Open	Male	27	92	01:13:12	48	00:39:26	29	00:44:35	169	02:37:13
24	833	G	Previn	Pillay	Open	Male	26	67	01:04:59	72	00:43:30	38	00:46:30	177	02:34:59
25	779	G	Paul Albertus	Janse van Rensburg	Open	Male	31	64	01:04:40	69	00:43:19	44	00:48:36	177	02:36:36
26	784	G	Natanael	Jooste	Open	Male	28	86	01:10:51	86	00:46:17	47	00:48:57	219	02:46:05
27	1324	H	Jacques	Lazarus	Open	Male	32	87	01:11:09	96	00:47:32	67	00:55:58	250	02:54:40

Veteran Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	31	E	Peter	Shackleton	Veteran	Male	40
2	251	F	Jose	Almeida	Veteran	Male	43
3	41	E	Theo	Kretschmer	Veteran	Male	42
4	284	F	Anthony	Mc Lea	Veteran	Male	40
5	301	F	Peter	Robson	Veteran	Male	45
6	292	F	ashraf	orrie	Veteran	Male	47
7	312	F	Paul	Truscott	Veteran	Male	42
8	266	F	Christian	Els	Veteran	Male	46
9	260	F	Ebrahim	Domingo	Veteran	Male	40
10	725	G	Farouk	Davids	Veteran	Male	44
11	308	F	Mark	Stead	Veteran	Male	47
12	271	F	Francois	Janse van Rensburg	Veteran	Male	41
13	721	G	Clive	Corbett	Veteran	Male	49
14	322	F	Christian	Wiesener	Veteran	Male	43
15	920	G	Myck	Jubber	Veteran	Male	42
16	1327	H	erich	Luff	Veteran	Male	48
17	753	G	Andrew	Gade	Veteran	Male	40
18	732	G	Theuns	De Waal	Veteran	Male	49

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	00:44:26
2	00:49:38
6	00:57:53
10	01:02:28
13	01:03:05
21	01:07:22
17	01:05:54
18	01:06:29
19	01:06:43
14	01:04:08
20	01:06:56
16	01:05:07
27	01:12:12
23	01:09:16
37	01:22:56
38	01:24:09
36	01:21:38
44	01:34:11

Race #3: Kirstenbosch Gardens	
Position & Points	Time
1	00:29:45
2	00:32:50
5	00:37:58
6	00:38:38
9	00:41:31
8	00:41:16
7	00:41:14
13	00:43:30
10	00:42:36
24	00:50:50
12	00:43:17
19	00:47:46
16	00:46:29
31	01:00:17
22	00:48:56
27	00:56:34
26	00:54:02
28	00:58:17

Race #4: Oak Valley	
Position & Points	Time
2	00:33:49
1	00:31:26
7	00:41:35
8	00:42:14
9	00:44:36
4	00:39:55
17	00:48:16
14	00:46:44
18	00:49:12
12	00:46:32
20	00:51:06
22	00:51:20
15	00:47:49
10	00:44:43
21	00:51:14
19	00:50:19
25	00:56:02
32	01:07:56

TOTAL	
Points	Time
4	01:48:00
5	01:53:55
18	02:17:26
24	02:23:20
31	02:29:12
33	02:28:33
41	02:35:24
45	02:36:44
47	02:38:31
50	02:41:30
52	02:41:19
57	02:44:14
58	02:46:30
64	02:54:16
80	03:03:06
84	03:11:03
87	03:11:42
104	03:40:24

Veteran Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	51	E	Liezl	Du Plooy	Veteran	Female	48
2	13	E	Frances	Fuchs	Veteran	Female	41
3	25	E	Petro	Pienaar	Veteran	Female	44
4	786	G	Anzonia	Joseph	Veteran	Female	45
5	270	F	Chanelle	Hoffman	Veteran	Female	44
6	726	G	Nazreen	Davids	Veteran	Female	44
7	1231	H	ANNELIZE	GELDENHUYS	Veteran	Female	44
8	919	G	Heidi	Van Der Merwe	Veteran	Female	40
9	870	G	Dagny	Warmerdam	Veteran	Female	49
10	764	G	Caroline	Hartlieb	Veteran	Female	42
11	845	G	Corne	Rossouw	Veteran	Female	42
12	1290	H	Sune	van Heerden	Veteran	Female	40

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	00:50:26
3	00:59:49
7	01:04:14
8	01:10:16
12	01:12:06
15	01:17:31
21	01:24:21
23	01:26:27
26	01:32:01
25	01:29:56
28	01:33:48
32	01:44:33

Race #3: Kirstenbosch Gardens	
Position & Points	Time
1	00:34:34
3	00:39:23
5	00:42:18
12	00:47:46
15	00:49:57
18	00:50:50
19	00:51:17
28	00:54:07
29	00:55:10
34	00:57:23
37	00:59:43
41	01:03:04

Race #4: Oak Valley	
Position & Points	Time
2	00:44:29
1	00:44:19
4	00:47:21
7	00:51:13
9	00:51:22
14	00:55:38
16	00:57:46
13	00:55:18
20	01:00:47
21	01:01:30
25	01:19:52
24	01:13:22

TOTAL	
Points	Time
4	02:09:29
7	02:23:30
16	02:33:54
27	02:49:15
36	02:53:25
47	03:03:59
56	03:13:25
64	03:15:52
75	03:27:58
80	03:28:49
90	03:53:23
97	04:00:59

Master Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	254	F	Leslie	Chivell	Master	Male	60
2	28	E	Richard	Rossiter	Master	Male	58
3	893	G	Patrick	McCann	Master	Male	52
4	22	E	Eric	McLaren	Master	Male	52
5	265	F	Neil	Ebing	Master	Male	63
6	267	F	Brendan	Fitzhenry	Master	Male	51
7	830	G	Vincent	Osborne	Master	Male	55
8	932	G	Geoff	Howard	Master	Male	50
9	735	G	Afzal	Dhansay	Master	Male	55
10	880	G	Claude	Beste	Master	Male	51
11	1281	H	Marius	Swanepoel	Master	Male	56
12	719	G	Mark	Chamberlain	Master	Male	50
13	919	G	Rowan	Marais	Master	Male	51
14	738	G	Colin	Doyle	Master	Male	56

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	00:48:40
2	00:49:38
3	00:54:08
5	00:55:40
9	01:07:38
8	01:06:31
11	01:09:11
12	01:10:08
17	01:14:30
23	01:38:11
18	01:18:06
19	01:22:42
21	01:26:24
20	01:23:31

Race #3: Kirstenbosch Gardens	
Position & Points	Time
1	00:32:35
2	00:33:23
3	00:35:01
5	00:36:43
8	00:41:46
9	00:43:29
14	00:45:46
15	00:45:55
16	00:47:04
11	00:45:13
20	00:51:19
21	00:51:58
24	00:54:10
22	00:52:29

Race #4: Oak Valley	
Position & Points	Time
1	00:34:55
4	00:38:16
3	00:38:06
5	00:43:37
6	00:44:53
8	00:46:48
7	00:45:49
9	00:48:14
10	00:51:29
16	01:03:45
13	00:55:14
15	00:58:20
12	00:55:13
18	01:05:38

TOTAL	
Points	Time
3	01:56:09
8	02:01:16
9	02:07:16
15	02:16:00
23	02:34:17
25	02:36:48
32	02:40:46
36	02:44:18
43	02:53:03
50	03:27:09
51	03:04:39
55	03:13:00
57	03:15:48
60	03:21:38

Master Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	295	F	roldah	orrie	Master	Female	50
2	38	E	Fabritzia	Gosztola	Master	Female	50
3	1245	H	Dominique	Jousserand	Master	Female	56
4	892	G	Adele	McCann	Master	Female	58
5	334	F	Yasmin	Toeffie	Master	Female	57
6	1271	H	Margie	Richter Wilmot	Master	Female	50
7	844	G	Dawn	Rossiter	Master	Female	59
8	1226	H	Anne	Fisher	Master	Female	60
9	1248	H	linda	kruger	Master	Female	55

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	00:58:30
2	01:03:30
4	01:05:14
6	01:13:41
8	01:17:42
9	01:18:03
10	01:20:18
11	01:21:44
12	01:21:46

Race #3: Kirstenbosch Gardens	
Position & Points	Time
1	00:41:21
2	00:42:14
3	00:43:55
6	00:48:21
9	00:50:16
11	00:51:23
15	00:54:23
16	00:54:34
17	00:54:36

Race #4: Oak Valley	
Position & Points	Time
1	00:43:12
3	00:46:57
2	00:46:17
7	00:54:39
8	00:55:09
9	00:55:16
5	00:53:34
10	00:55:44
12	01:00:14

TOTAL	
Points	Time
3	02:23:03
7	02:32:41
9	02:35:26
19	02:56:40
25	03:03:07
29	03:04:43
30	03:08:14
37	03:12:02
41	03:16:36

Junior Male

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	24	E	Stefan	Oosthuizen	Junior	Male	17
2	1	E	daniel	arendse	Junior	Male	15
3	7	E	bruzano	britz	Junior	Male	15
4	329	F	Marchall	van Niekerk	Junior	Male	17
5	294	F	riaz	orrie	Junior	Male	16

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	00:37:14
2	00:40:01
3	00:42:19
8	00:49:29
7	00:49:22

Race #3: Kirstenbosch Gardens	
Position & Points	Time
1	00:25:15
2	00:26:55
3	00:28:22
4	00:33:42
5	00:33:55

Race #4: Oak Valley	
Position & Points	Time
1	00:29:18
2	00:30:09
3	00:30:14
4	00:36:05
5	00:38:21

TOTAL	
Points	Time
3	01:31:47
6	01:37:05
9	01:40:55
16	01:59:16
17	02:01:38

Junior Female

Position	Race #	Batch	Name	Surname	Category	Sex	Age
3	336	F	Alexandra	Hoffman	Junior	Female	16

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
5	01:07:49

Race #3: Kirstenbosch Gardens	
Position & Points	Time
3	00:43:15

Race #4: Oak Valley	
Position & Points	Time
1	00:42:51

TOTAL	
Points	Time
9	02:33:55

Minimee

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	11	E	Jethro	Dunn	Minimee	Male	12
2	269	F	Jaden	Hefer	Minimee	Male	11
3	268	F	Cayley	Hefer	Minimee	Female	13

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	00:54:08
4	01:03:50
6	01:19:43

Race #3: Kirstenbosch Gardens	
Position & Points	Time
2	00:33:13
4	00:38:23
8	00:50:11

Race #4: Oak Valley	
Position & Points	Time
2	00:37:28
5	00:45:48
7	00:59:48

TOTAL	
Points	Time
5	02:04:49
13	02:28:01
21	03:09:42

Peewee

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	29	E	Tyler	Schagen	Peewee	Male	10
2	1325	H	Carla	Luff	Peewee	Female	8

Race #1: Tygerberg Nature Reserve	
Position & Points	Time
1	01:05:04
3	01:24:06

Race #3: Kirstenbosch Gardens	
Position & Points	Time
1	00:40:39
3	00:56:32

Race #4: Oak Valley	
Position & Points	Time
3	00:48:19
4	00:49:45

TOTAL	
Points	Time
5	02:34:02
10	03:10:22