

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:52:10	34	A	Ryno	Van Vollenhoven	Open	Male	30
2	00:55:37	54	A	Justin	Ashworth	Veteran	Male	41
3	00:56:28	44	A	James	Reid	Open	Male	25
4	00:57:06	1143	B	Gerhard	Fouche	Open	Male	37
5	00:58:14	38	A	Allan	Ross	Open	Male	18
6	00:58:59	23	A	Travis	Michelson	Open	Male	33
7	00:59:58	55	A	Donavan	Austin	Veteran	Male	41
8	01:00:39	76	A	Konrad	Steyn	Open	Male	33
9	01:01:21	3070	D	Simone	Serebro	Open	Female	31
10	01:01:35	27	A	Leon	Scholtz	Veteran	Male	41
11	01:02:17	77	A	Sam	Dagleish	Open	Male	29
12	01:02:53	24	A	Mark	Phipson	Veteran	Male	47
13	01:03:08	2085	C	Debra	Slabber	Open	Female	30
14	01:03:10	2168	C	Hennie	Grove	Open	Male	32
15	01:03:30	28	A	Matthew	Slabbert	Open	Male	20
16	01:04:07	75	A	Peter	White	Master	Male	55
17	01:04:27	10	A	Adrian	Cooney	Veteran	Male	47
18	01:04:32	61	A	Stuart	Stark	Open	Male	23
19	01:05:24	79	A	Mia	Morrison	Open	Female	29
20	01:05:49	26	A	Ross	Sampson	Open	Male	34
21	01:06:29	58	A	Danie	De Villiers	Veteran	Male	48
22	01:06:58	60	A	Murray	Kuiper	Veteran	Male	33
23	01:07:29	6	A	Attie	Chambers	Veteran	Male	47
24	01:07:42	1025	B	Nathan	Du Plessis	Open	Male	32
25	01:08:23	1029	B	Ian	Ferguson	Master	Male	59
26	01:08:41	1105	B	Bernard	Spses	Open	Male	37
27	01:08:44	2	A	Stephen	Atkinson	Open	Male	39
28	01:09:18	1	A	David	Ansara	Open	Male	35
29	01:09:49	5	A	Eric	Cauvin	Master	Male	50
30	01:09:59	20	A	Johan	Kruger	Veteran	Male	41
31	01:10:00	1002	B	Emile	Annandale	Veteran	Male	46
32	01:11:04	33	A	Dudley	Turner	Veteran	Male	47
33	01:11:14	78	A	Chantel	Bester	Open	Female	17
34	01:11:22	1052	B	Leon	Limper	Master	Male	52
35	01:11:43	1092	B	Daryl	Mulder	Open	Male	38
36	01:11:47	41	A	Victor	Schipper	Open	Male	26
37	01:12:00	1122	B	Jake	Opie	Open	Male	37
38	01:12:21	1155	B	Craig	Wilson	Open	Male	39
39	01:12:42	46	A	Janse	Krynauw	Open	Male	28
40	01:12:47	2051	C	Alethea	Mayger	Open	Female	33
41	01:12:50	73	A	Willem	Potgieter	Open	Male	31
42	01:12:54	1111	B	Greg	Bastard	Open	Male	34
43	01:12:56	2218	C	Dave	Funnell	Master	Male	52
44	01:13:00	40	A	Carl	Sandrock	Open	Male	39
45	01:13:16	53	A	Bill	Coop	Master	Male	61
46	01:13:47	1087	B	Sean	Wegerhoff	Veteran	Male	47
47	01:13:52	2180	C	Rankadu	Mahuma	Open	Male	39
48	01:14:01	2241	C	Russel	Smit	Master	Male	51
49	01:14:19	1023	B	Jason	Dorning	Open	Male	33
50	01:14:45	52	A	Yusuf	Banoo	Veteran	Male	43
51	01:15:11	2254	C	Christopher	Colby	Open	Male	30
52	01:15:15	1010	B	Michael	Booth	Veteran	Male	40
53	01:15:17	1022	B	Chloe	Cooney	Open	Female	20
54	01:15:40	1017	B	Graham	Callanan	Master	Male	56
55	01:15:56	31	A	Nicholas	Theron	Open	Male	27
56	01:16:21	39	A	Thea-Mari	Franken	Open	Female	34
57	01:16:24	74	A	Claude	Truter	Open	Male	35
58	01:16:28	1043	B	Jedd	Jacobs	Open	Male	17
59	01:16:37	1015	B	Caroline	Brown	Open	Female	28
60	01:16:42	1076	B	Brendon	Solik	Open	Male	30
61	01:16:52	1108	B	Christopher	Spavins	Veteran	Male	43
62	01:17:04	1001	B	Juliana	Amgosi	Veteran	Female	40
63	01:17:21	72	A	Jacqui	Dersley	Open	Female	39
64	01:17:24	1127	B	Wendy	Trott	Open	Female	28
65	01:17:31	1151	B	Stefan	Van Niekerk	Open	Male	31
66	01:17:37	2248	C	Stuart	Emslie	Open	Male	24
67	01:17:57	4	A	Joanne	Burns	Master	Female	53
68	01:18:19	2087	C	Christopher	Smith	Open	Male	27
69	01:18:20	1066	B	Andries	Pieterse	Open	Male	29
70	01:18:22	2191	C	Travis	Taylor	Open	Male	24
71	01:18:27	1069	B	Jian	Reis	Open	Male	35
72	01:18:29	7	A	David	Chambers	Veteran	Male	48
73	01:18:39	1147	B	Andre	Hoffmann	Open	Male	34
74	01:18:50	1097	B	Wayne	Keto	Master	Male	55
75	01:19:11	2244	C	Chris	Wingrove	Open	Male	32
76	01:19:13	71	A	Tylo	Cumberlege	Open	Female	17
77	01:19:18	2120	C	Alan	Wright	Open	Male	31
78	01:19:27	1045	B	Caroline	Josten	Open	Female	37
79	01:19:47	1165	B	Diete	Engelbrecht	Open	Male	27

80	01:20:01	1154	B	Riaan	Neveling	Open	Male	33
81	01:20:03	1008	B	Lloyd	Blake	Open	Male	32
82	01:20:17	1128	B	Dawid	van Coller	Open	Male	42
83	01:20:22	2129	C	Bryce	Svenssson	Open	Male	23
84	01:20:28	2239	C	Michael	Cook	Veteran	Male	45
85	01:20:56	2179	C	J	Lang	Open	Male	20
86	01:20:58	2116	C	Simon	Wentzel	Open	Male	34
87	01:21:01	2237	C	Brett	Wood	Veteran	Male	46
88	01:21:03	1104	B	Richard	Welch	Open	Male	33
89	01:21:15	1016	B	Stuart	Brown	Veteran	Male	46
90	01:21:42	2245	C	Andrew	Crowley	Veteran	Male	43
91	01:21:43	1161	B	Kevin	Heapy	Open	Male	33
92	01:21:45	1035	B	Wolfgang	Gruner	Veteran	Male	43
93	01:22:02	1026	B	Paul	Erasmus	Open	Male	35
94	01:22:08	1148	B	Barry	Keartland	Veteran	Male	44
95	01:22:20	2214	C	Simone	Bredell	Open	Female	35
96	01:22:42	1129	B	Arno	Van Der Merwe	Veteran	Male	43
97	01:22:59	1003	B	Dane	Bannister	Open	Male	33
98	01:23:06	2213	C	Julie	Boshoff	Veteran	Female	41
99	01:23:10	2047	C	Nadia	Maguire	Veteran	Female	48
100	01:23:22	37	A	Gavin	Williamson	Open	Male	34
101	01:23:32	1113	B	Christiaan	De La Rey	Veteran	Male	43
102	01:23:35	1037	B	Chelsea	Harrup	Open	Female	25
103	01:23:36	1166	B	Matthew	Wholleg	Open	Male	27
104	01:24:06	1088	B	Kevin	White	Veteran	Male	47
105	01:24:07	2048	C	Jakobus	Marais	Master	Male	55
106	01:24:14	1013	B	Lizelle	Bosman	Open	Female	30
107	01:24:17	1012	B	Leonard	Bosman	Open	Male	31
108	01:24:37	1145	B	Jenny	Groenewald	Open	Female	31
109	01:24:41	1146	B	Willem	Groenewald	Open	Male	35
110	01:24:57	1167	B	Kees	Goedhart	Veteran	Male	49
111	01:25:02	2232	C	Thomas	Rutherford	Open	Male	37
112	01:25:09	2231	C	Monique	Rutherford	Open	Female	34
113	01:25:14	2236	C	Alewyn	Vorster	Open	Male	34
114	01:25:16	2253	C	Dries	Strydom	Open	Male	37
115	01:25:30	1119	B	Michelle	Marée	Open	Female	36
116	01:25:51	1096	B	Rita	Loots	Master	Female	55
117	01:26:03	1156	B	Caitlin	Perry	Open	Female	31
118	01:26:05	1160	B	Pierre	Van Tonder	Veteran	Male	44
119	01:26:13	1056	B	Kelly	Mac Iver	Open	Male	35
120	01:26:31	1120	B	Kevin	Mill	Veteran	Male	41
121	01:27:02	2246	C	Matthew	Van Ascne	Open	Male	28
122	01:27:39	1086	B	William	Warnes	Master	Male	55
123	01:27:48	1082	B	Linda	Van Der Colff	Master	Female	50
124	01:28:00	2106	C	Judy	Vanderwagen	Veteran	Female	46
125	01:28:10	1014	B	Adli	Bresler	Open	Female	34
126	01:28:14	2119	C	Ingrid	Wood	Veteran	Female	46
127	01:28:34	2066	C	Graeme	Palmer	Veteran	Male	46
128	01:28:36	1149	B	Michael	Sears	Open	Male	37
129	01:28:49	2026	C	Gawie	Jansen Van Vuuren	Master	Male	54
130	01:29:03	2078	C	Marieta	Rudman	Open	Female	28
131	01:29:06	1158	B	Debbie	O'Leary	Veteran	Female	40
132	01:29:14	1150	B	Samantha	Summerscales	Open	Female	27
133	01:29:19	1162	B	Geoff	Lupton-Smith	Master	Male	60
134	01:29:29	1011	B	Jonathan	Borthwick	Open	Male	37
135	01:29:35	1055	B	Casparus	Luther	Veteran	Male	41
136	01:29:40	1130	B	Ken	Williams	Master	Male	68
137	01:29:47	1142	B	Sylvia	Cook	Open	Female	34
138	01:29:51	2008	C	Sue	Botha	Master	Female	51
139	01:30:15	1051	B	Anelle	Le Roux	Open	Female	31
140	01:30:17	1152	B	Lara	Weissenberger	Veteran	Female	43
141	01:30:29	1140	B	Arno	Barnard	Open	Male	28
142	01:30:30	1141	B	Rickey-Lee	Burns	Open	Female	28
143	01:30:31	3064	D	Ilze	Du Randt	Open	Female	38
144	01:30:37	2046	C	Henri	Luus	Open	Male	29
145	01:30:37	1042	B	Alastair	Jacobs	Veteran	Male	48
146	01:30:43	2234	C	Tomoko	Ueta	Veteran	Female	49
147	01:30:50	2011	C	Christo	Bresler	Veteran	Male	40
148	01:31:04	1068	B	Rhyn	Promnitz	Veteran	Male	46
149	01:31:48	2110	C	Addel	Verster	Open	Female	36
150	01:31:56	2049	C	Roy	Marques	Veteran	Male	49
151	01:32:17	1075	B	Kenneth	Slabbert	Open	Male	23
152	01:32:45	1123	B	Janine	Rayner	Open	Female	24
153	01:33:02	1101	B	Cheri	Marshall	Open	Female	37
154	01:33:07	1094	B	Wade	Swart	Veteran	Male	42
155	01:33:14	2045	C	Paulo	Lopes	Veteran	Male	41
156	01:33:50	3023	D	Lusi	Tshibangu	Open	Female	36
157	01:34:01	1100	B	Jemina	Mandishona	Open	Female	38
158	01:34:06	3062	D	Corné	Johnstone	Open	Female	26
159	01:34:30	1089	B	Matthew	Wilkinson	Open	Male	26
160	01:34:34	2249	C	Maxine	Esterhuysen	Open	Female	26
161	01:34:36	2195	C	Gerhard	Vermaak	Open	Male	38
162	01:35:09	2217	C	Jacques	Dyzell	Veteran	Male	47
163	01:35:15	2064	C	Danie	Opperman	Master	Male	58
164	01:35:22	2242	C	Lindsay	Couper	Open	Female	39
165	01:35:24	2243	C	Ross	Couper	Veteran	Male	43
166	01:35:35	2215	C	Steven	Carlin	Veteran	Male	48
167	01:35:42	1040	B	Jessica	Hemer	Open	Female	26

168	01:35:58	2251	C	Catherine	Boyle	Veteran	Female	43
169	01:36:17	2109	C	Vanessa	Vermaak	Open	Female	37
170	01:36:26	2073	C	Greg	Reddell	Open	Male	39
171	01:36:35	2130	C	Tony	Svensson	Master	Male	55
172	01:36:43	2033	C	Steve	Joubert	Master	Male	57
173	01:36:50	1163	B	Stephanie	Thompson	Open	Female	38
174	01:36:52	2118	C	Robert	Wilson	Veteran	Male	49
175	01:37:05	2084	C	David	Sinclair	Open	Male	38
176	01:37:08	2216	C	Heinrich	Du Toit	Open	Male	36
177	01:37:13	2227	C	Aij	Pienaar	Open	Male	32
178	01:37:15	2021	C	Jacqui	Hex	Open	Female	34
179	01:37:24	2255	C	Cornea	van Blerk	Veteran	Female	41
180	01:37:42	2247	C	Dorota	Kowalczyk	Open	Female	23
181	01:37:43	2169	C	Frances	Hampton	Open	Female	23
182	01:37:45	1164	B	Harry	Holder	Open	Male	28
183	01:37:55	2126	C	Hentia	Raath	Open	Female	25
184	01:38:00	3036	D	Sean	Delpport	Master	Male	52
185	01:38:36	2203	C	Dick	Brand	Veteran	Male	48
186	01:38:38	1126	B	Letitia	Swartz	Open	Female	37
187	01:38:45	1159	B	Carri-Ann	Botha	Open	Female	37
188	01:38:48	1157	B	Michael	Wilton	Open	Male	34
189	01:38:48	3022	D	Karabo	Senatla	Open	Male	29
190	01:38:56	1036	B	Linda	Harris	Open	Female	28
191	01:38:56	2092	C	Allen	Subramoney	Veteran	Male	47
192	01:39:03	1063	B	Coenraad	Naude	Open	Male	33
193	01:39:18	1090	B	Diego	Acuña	Open	Male	38
194	01:39:19	2208	C	Linda	Spies	Open	Female	36
195	01:39:30	2210	C	Deane	Van Rooyen	Master	Male	59
196	01:39:32	1018	B	Christie	Chambers	Veteran	Female	47
197	01:39:36	2229	C	Mo	Ramoroka	Open	Male	32
198	01:39:44	3011	D	Benjamin	Diner	Open	Male	26
199	01:40:05	1009	B	Britta	Booth	Open	Female	38
200	01:40:20	1144	B	Roland	Glass	Open	Male	38
201	01:40:26	2081	C	Beate	Schulte-Brader	Master	Female	60
202	01:40:35	2228	C	Melissa	Rabe	Open	Female	25
203	01:40:46	2238	C	Jana	Wurz	Open	Female	27
204	01:41:00	2019	C	Erika	Fourie	Master	Female	51
205	01:41:03	2003	C	Amanda	Annandale Bell	Veteran	Female	43
206	01:41:06	2102	C	Sanri	Van Heerden	Open	Female	29
207	01:41:11	3072	D	Gabrielle	Smith	Open	Female	30
208	01:41:27	2156	C	Rory	Odendaal	Open	Male	34
209	01:41:35	2113	C	Henning	Visser	Master	Male	71
210	01:41:38	3002	D	Gidon	Bookin	Open	Male	25
211	01:41:39	1047	B	Pauline	Knoetze	Veteran	Female	42
212	01:41:47	1118	B	Terrick	Hubbard	Veteran	Male	41
213	01:41:48	2178	C	John L	Kollen	Master	Male	58
214	01:42:06	2219	C	Mada	Grobbelaar	Open	Female	34
215	01:42:15	1027	B	Jackie	Evers	Veteran	Female	45
216	01:42:18	1102	B	Sebastian	Nicolette	Open	Male	35
217	01:42:23	2122	C	Gareth	Wright	Open	Male	37
218	01:42:42	1085	B	Kirsty	Warnes	Open	Female	22
219	01:43:01	2162	C	Melanie	De Beer	Open	Female	39
220	01:43:07	2212	C	Suzette	Bornman	Open	Female	37
221	01:43:17	2077	C	Erine	Rossouw	Veteran	Female	40
222	01:43:27	2173	C	Bronwyn	Hubbard	Open	Female	37
223	01:43:39	13	A	Anthony	Jeffrey	Veteran	Male	46
224	01:43:44	2001	C	Patrick	Addington	Open	Male	30
225	01:43:52	2235	C	Lizette	Van Niekerk	Open	Female	35
226	01:43:52	3071	D	Chris	Smith	Open	Male	30
227	01:44:26	3061	D	Georgia	Carpenter	Open	Female	29
228	01:44:34	2094	C	Jacques	Van Der Nest	Open	Male	38
229	01:45:18	2095	C	Tania	Van Der Nest	Open	Female	36
230	01:45:28	1153	B	Lezelle	Coetzee	Veteran	Female	41
231	01:45:30	1061	B	Kalasipa	Moenyane	Open	Male	32
232	01:45:30	2098	C	Leaan	Van Dyk	Open	Female	32
233	01:45:40	2015	C	Marie-Victoire	Cumming	Open	Female	31
234	01:45:43	2182	C	Kemp	Munnik	Master	Male	53
235	01:45:44	2183	C	Philna	Munnik	Master	Female	50
236	01:45:45	2209	C	Jennifer	King	Open	Female	38
237	01:45:48	2250	C	Beatrice	Debut	Veteran	Female	43
238	01:46:21	2220	C	Geraldine	Harwood	Open	Female	24
239	01:46:30	2158	C	Bernitta	Booyesen	Veteran	Female	33
240	01:47:32	2223	C	Isao	Hirayama	Veteran	Male	47
241	01:48:10	2225	C	Jake	Lewis	Master	Male	54
242	01:48:36	2018	C	Candice	Eaglestone	Veteran	Female	40
243	01:48:43	2108	C	Kobus	Venter	Veteran	Male	45
244	01:49:21	3034	D	Leonie	Jacobs	Open	Female	37
245	01:49:39	3020	D	Joanna	Penney	Open	Female	37
246	01:50:08	2041	C	Fred	Lawrence	Master	Male	50
247	01:50:33	2059	C	Patrick	Mynhardt	Veteran	Male	43
248	01:50:35	2060	C	Samantha	Mynhardt	Open	Female	32
249	01:50:57	3018	D	Neo	Nyoni	Open	Male	30
250	01:51:25	3012	D	Bernard	Donnelly	Master	Male	62
251	01:52:01	2121	C	Corrie	Wright	Open	Female	34
252	01:53:44	2198	C	Kim	Whittle	Open	Female	27
253	01:53:49	2013	C	Julius	Chiramba	Master	Male	54
254	01:53:54	2010	C	Lauren	Breetzke	Open	Female	30
255	01:53:58	2009	C	David	Breetzke	Open	Male	30

256	01:54:00	2023	C	Kerrie	Hoff	Open	Female	26
257	01:54:13	3068	D	Leroy	Rabie	Veteran	Male	42
258	01:54:56	3029	D	Lisa	Chanderman	Open	Female	31
259	01:55:57	2034	C	Marilyn	Kamp	Master	Female	64
260	01:56:10	2131	C	Virgilio	Faccini	Master	Male	55
261	01:56:49	2177	C	Stefan	Kleynhans	Master	Male	51
262	01:57:26	2160	C	Philippe	Castel	Master	Male	69
263	01:57:28	3028	D	Alex	Als	Master	Male	51
264	01:57:30	3030	D	Michelle	Maccelari	Master	Female	50
265	01:58:05	2233	C	Leigh	Hill	Veteran	Female	45
266	01:58:24	3069	D	Colin	Walter	Master	Male	68
267	02:00:21	3073	D	Linda	Rorich	Open	Female	34
268	02:02:43	2057	C	Tumelo	Mothapo	Open	Male	30
269	02:03:52	2164	C	Tarryn	Evenwel	Open	Female	38
270	02:04:26	2027	C	Chrissie	Jay	Veteran	Female	46
271	02:09:35	2222	C	Tanya	Hill	Open	Female	38
272	02:13:09	2050	C	Bill	Mason	Master	Male	51
273	02:13:45	3000	D	Ingrid	Betton	Open	Female	31
274	02:16:52	3010	D	Joe	De Witt	Master	Male	63
275	02:17:06	2089	C	Bonita	Steenkamp	Open	Female	35
276	02:18:56	2054	C	Stephanie	Meintjes	Open	Female	31
277	02:19:07	3063	D	Sonet	Du Plessis	Open	Female	37
278	02:19:14	3074	D	Derryn	Jay	Open	Male	17
279	02:19:18	3027	D	Caron	Whitfield	Veteran	Female	46
280	02:20:48	2240	C	Lauren	Dally	Open	Female	33
281	02:20:51	3065	D	Hayley	Harris	Veteran	Female	42
282	02:24:22	2105	C	Linda	Van Tonder	Open	Female	38
283	02:24:23	2016	C	Dalean	De Kock	Open	Female	35
284	02:28:29	3076	D	Tatum	Jay	Open	Female	17
285	02:28:31	3075	D	William	Jay	Veteran	Male	48
286	02:46:34	3066	D	Simonia	Mashangoane	Open	Female	34
287	02:48:44	2230	C	Rebone	Rathogo	Open	Female	35

### Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:52:10	34	A	Ryno	Van Vollenhoven	Open	Male	30
2	00:56:28	44	A	James	Reid	Open	Male	25
3	00:57:06	1143	B	Gerhard	Fouche	Open	Male	37
4	00:58:14	38	A	Allan	Ross	Open	Male	18
5	00:58:59	23	A	Travis	Michelson	Open	Male	33
6	01:00:39	76	A	Konrad	Steyn	Open	Male	33
7	01:02:17	77	A	Sam	Dalgleish	Open	Male	29
8	01:03:10	2168	C	Hennie	Grove	Open	Male	32
9	01:03:30	28	A	Matthew	Slabbert	Open	Male	20
10	01:04:32	61	A	Stuart	Stark	Open	Male	23
11	01:05:49	26	A	Ross	Sampson	Open	Male	34
12	01:07:42	1025	B	Nathan	Du Plessis	Open	Male	32
13	01:08:41	1105	B	Bernard	Spes	Open	Male	37
14	01:08:44	2	A	Stephen	Atkinson	Open	Male	39
15	01:09:18	1	A	David	Ansara	Open	Male	35
16	01:11:43	1092	B	Daryl	Mulder	Open	Male	38
17	01:11:47	41	A	Victor	Schipper	Open	Male	26
18	01:12:00	1122	B	Jake	Opie	Open	Male	37
19	01:12:21	1155	B	Craig	Wilson	Open	Male	39
20	01:12:42	46	A	Janse	Krynauw	Open	Male	28
21	01:12:50	73	A	Willem	Potgieter	Open	Male	31
22	01:12:54	1111	B	Greg	Bastard	Open	Male	34
23	01:13:00	40	A	Carl	Sandrock	Open	Male	39
24	01:13:52	2180	C	Rankadu	Mahuma	Open	Male	39
25	01:14:19	1023	B	Jason	Dorning	Open	Male	33
26	01:15:11	2254	C	Christopher	Colby	Open	Male	30
27	01:15:56	31	A	Nicholas	Theron	Open	Male	27
28	01:16:24	74	A	Claude	Truter	Open	Male	35
29	01:16:28	1043	B	Jedd	Jacobs	Open	Male	17
30	01:16:42	1076	B	Brendon	Solik	Open	Male	30
31	01:17:31	1151	B	Stefan	Van Niekerk	Open	Male	31
32	01:17:37	2248	C	Stuart	Emslie	Open	Male	24
33	01:18:19	2087	C	Christopher	Smith	Open	Male	27
34	01:18:20	1066	B	Andries	Pieterse	Open	Male	29
35	01:18:22	2191	C	Travis	Taylor	Open	Male	24
36	01:18:27	1069	B	Jian	Reis	Open	Male	35
37	01:18:39	1147	B	Andre	Hoffmann	Open	Male	34
38	01:19:11	2244	C	Chris	Wingrove	Open	Male	32
39	01:19:18	2120	C	Alan	Wright	Open	Male	31
40	01:19:47	1165	B	Diete	Engelbrecht	Open	Male	27
41	01:20:01	1154	B	Riaan	Neveling	Open	Male	33
42	01:20:03	1008	B	Lloyd	Blake	Open	Male	32
43	01:20:17	1128	B	Dawid	van Coller	Open	Male	42
44	01:20:22	2129	C	Bryce	Svenssson	Open	Male	23
45	01:20:56	2179	C	J	Lang	Open	Male	20
46	01:20:58	2116	C	Simon	Wentzel	Open	Male	34
47	01:21:03	1104	B	Richard	Welch	Open	Male	33
48	01:21:43	1161	B	Kevin	Heapy	Open	Male	33
49	01:22:02	1026	B	Paul	Erasmus	Open	Male	35
50	01:22:59	1003	B	Dane	Bannister	Open	Male	33
51	01:23:22	37	A	Gavin	Williamson	Open	Male	34
52	01:23:36	1166	B	Matthew	Wholleg	Open	Male	27
53	01:24:17	1012	B	Leonard	Bosman	Open	Male	31

54	01:24:41	1146	B	Willem	Groenewald	Open	Male	35
55	01:25:02	2232	C	Thomas	Rutherford	Open	Male	37
56	01:25:14	2236	C	Alewyn	Vorster	Open	Male	34
57	01:25:16	2253	C	Dries	Strydom	Open	Male	37
58	01:26:13	1056	B	Kelly	Mac Iver	Open	Male	35
59	01:27:02	2246	C	Matthew	Van Ascne	Open	Male	28
60	01:28:36	1149	B	Michael	Sears	Open	Male	37
61	01:29:29	1011	B	Jonathan	Borthwick	Open	Male	37
62	01:30:29	1140	B	Arno	Barnard	Open	Male	28
63	01:30:37	2046	C	Henri	Luus	Open	Male	29
64	01:32:17	1075	B	Kenneth	Slabbert	Open	Male	23
65	01:34:30	1089	B	Matthew	Wilkinson	Open	Male	26
66	01:34:36	2195	C	Gerhard	Vermaak	Open	Male	38
67	01:36:26	2073	C	Greg	Reddell	Open	Male	39
68	01:37:05	2084	C	David	Sinclair	Open	Male	38
69	01:37:08	2216	C	Heinrich	Du Toit	Open	Male	36
70	01:37:13	2227	C	Aij	Pienaar	Open	Male	32
71	01:37:45	1164	B	Harry	Holder	Open	Male	28
72	01:38:48	1157	B	Michael	Wilton	Open	Male	34
73	01:38:48	3022	D	Karabo	Senatla	Open	Male	29
74	01:39:03	1063	B	Coenraad	Naude	Open	Male	33
75	01:39:18	1090	B	Diego	Acuña	Open	Male	38
76	01:39:36	2229	C	Mo	Ramoroka	Open	Male	32
77	01:39:44	3011	D	Benjamin	Diner	Open	Male	26
78	01:40:20	1144	B	Roland	Glass	Open	Male	38
79	01:41:27	2156	C	Rory	Odendaal	Open	Male	34
80	01:41:38	3002	D	Gidon	Bookin	Open	Male	25
81	01:42:18	1102	B	Sebastian	Nicolette	Open	Male	35
82	01:42:23	2122	C	Gareth	Wright	Open	Male	37
83	01:43:44	2001	C	Patrick	Addington	Open	Male	30
84	01:43:52	3071	D	Chris	Smith	Open	Male	30
85	01:44:34	2094	C	Jacques	Van Der Nest	Open	Male	38
86	01:45:30	1061	B	Kalasipa	Moenyane	Open	Male	32
87	01:50:57	3018	D	Neo	Nyoni	Open	Male	30
88	01:53:58	2009	C	David	Breetzke	Open	Male	30
89	02:02:43	2057	C	Tumelo	Mothapo	Open	Male	30
90	02:19:14	3074	D	Derryn	Jay	Open	Male	17

**Open Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:01:21	3070	D	Simone	Serebro	Open	Female	31
2	01:03:08	2085	C	Debra	Slabber	Open	Female	30
3	01:05:24	79	A	Mia	Morrison	Open	Female	29
4	01:11:14	78	A	Chantel	Bester	Open	Female	17
5	01:12:47	2051	C	Alethea	Mayger	Open	Female	33
6	01:15:17	1022	B	Chloe	Cooney	Open	Female	20
7	01:16:21	39	A	Thea-Mari	Franken	Open	Female	34
8	01:16:37	1015	B	Caroline	Brown	Open	Female	28
9	01:17:21	72	A	Jacqui	Dersley	Open	Female	39
10	01:17:24	1127	B	Wendy	Trott	Open	Female	28
11	01:19:13	71	A	Tylo	Cumberlege	Open	Female	17
12	01:19:27	1045	B	Caroline	Josten	Open	Female	37
13	01:22:20	2214	C	Simone	Bredell	Open	Female	35
14	01:23:35	1037	B	Chelsea	Harrup	Open	Female	25
15	01:24:14	1013	B	Lizelle	Bosman	Open	Female	30
16	01:24:37	1145	B	Jenny	Groenewald	Open	Female	31
17	01:25:09	2231	C	Monique	Rutherford	Open	Female	34
18	01:25:30	1119	B	Michelle	Maree	Open	Female	36
19	01:26:03	1156	B	Caitlin	Perry	Open	Female	31
20	01:28:10	1014	B	Adli	Bresler	Open	Female	34
21	01:29:03	2078	C	Marieta	Rudman	Open	Female	28
22	01:29:14	1150	B	Samantha	Summerscales	Open	Female	27
23	01:29:47	1142	B	Sylvia	Cook	Open	Female	34
24	01:30:15	1051	B	Anelle	Le Roux	Open	Female	31
25	01:30:30	1141	B	Rickey-Lee	Burns	Open	Female	28
26	01:30:31	3064	D	Ilze	Du Randt	Open	Female	38
27	01:31:48	2110	C	Addel	Verster	Open	Female	36
28	01:32:45	1123	B	Janine	Rayner	Open	Female	24
29	01:33:02	1101	B	Cheri	Marshall	Open	Female	37
30	01:33:50	3023	D	Lusi	Tshibangu	Open	Female	36
31	01:34:01	1100	B	Jemina	Mandishona	Open	Female	38
32	01:34:06	3062	D	Cornè	Johnstone	Open	Female	26
33	01:34:34	2249	C	Maxine	Esterhuyse	Open	Female	26
34	01:35:22	2242	C	Lindsay	Couper	Open	Female	39
35	01:35:42	1040	B	Jessica	Hemer	Open	Female	26
36	01:36:17	2109	C	Vanessa	Vermaak	Open	Female	37
37	01:36:50	1163	B	Stephanie	Thompson	Open	Female	38
38	01:37:15	2021	C	Jacqui	Hex	Open	Female	34
39	01:37:42	2247	C	Dorota	Kowalczyk	Open	Female	23
40	01:37:43	2169	C	Frances	Hampton	Open	Female	23
41	01:37:55	2126	C	Hentia	Raath	Open	Female	25
42	01:38:38	1126	B	Letitia	Swartz	Open	Female	37
43	01:38:45	1159	B	Carri-Ann	Botha	Open	Female	37
44	01:38:56	1036	B	Linda	Harris	Open	Female	28
45	01:39:19	2208	C	Linda	Spies	Open	Female	36
46	01:40:05	1009	B	Britta	Booth	Open	Female	38
47	01:40:35	2228	C	Melissa	Rabe	Open	Female	25
48	01:40:46	2238	C	Jana	Wurz	Open	Female	27
49	01:41:06	2102	C	Sanri	Van Heerden	Open	Female	29
50	01:41:11	3072	D	Gabrielle	Smith	Open	Female	30
51	01:42:06	2219	C	Mada	Grobbelaar	Open	Female	34
52	01:42:42	1085	B	Kirsty	Warnes	Open	Female	22
53	01:43:01	2162	C	Melanie	De Beer	Open	Female	39
54	01:43:07	2212	C	Suzette	Bornman	Open	Female	37
55	01:43:27	2173	C	Bronwyn	Hubbard	Open	Female	37
56	01:43:52	2235	C	Lizette	Van Niekerk	Open	Female	35
57	01:44:26	3061	D	Georgia	Carpenter	Open	Female	29
58	01:45:18	2095	C	Tania	Van Der Nest	Open	Female	36
59	01:45:30	2098	C	Leaan	Van Dyk	Open	Female	32
60	01:45:40	2015	C	Marie-Victoire	Cumming	Open	Female	31
61	01:45:45	2209	C	Jennifer	King	Open	Female	38
62	01:46:21	2220	C	Geraldine	Harwood	Open	Female	24
63	01:49:21	3034	D	Leonie	Jacobs	Open	Female	37
64	01:49:39	3020	D	Joanna	Penney	Open	Female	37
65	01:50:35	2060	C	Samantha	Mynhardt	Open	Female	32
66	01:52:01	2121	C	Corrie	Wright	Open	Female	34
67	01:53:44	2198	C	Kim	Whittle	Open	Female	27
68	01:53:54	2010	C	Lauren	Breetzke	Open	Female	30
69	01:54:00	2023	C	Kerrie	Hoff	Open	Female	26
70	01:54:56	3029	D	Lisa	Chanderman	Open	Female	31
71	02:00:21	3073	D	Linda	Rorich	Open	Female	34
72	02:03:52	2164	C	Tarryn	Evenwel	Open	Female	38
73	02:09:35	2222	C	Tanya	Hill	Open	Female	38
74	02:13:45	3000	D	Ingrid	Betton	Open	Female	31
75	02:17:06	2089	C	Bonita	Steenkamp	Open	Female	35
76	02:18:56	2054	C	Stephanie	Meintjes	Open	Female	31
77	02:19:07	3063	D	Sonet	Du Plessis	Open	Female	37
78	02:20:48	2240	C	Lauren	Dally	Open	Female	33
79	02:24:22	2105	C	Linda	Van Tonder	Open	Female	38
80	02:24:23	2016	C	Dalean	De Kock	Open	Female	35
81	02:28:29	3076	D	Tatum	Jay	Open	Female	17
82	02:46:34	3066	D	Simonia	Mashangoane	Open	Female	34
83	02:48:44	2230	C	Rebone	Rathogo	Open	Female	35

### Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:55:37	54	A	Justin	Ashworth	Veteran	Male	41
2	00:59:58	55	A	Donavan	Austin	Veteran	Male	41
3	01:01:35	27	A	Leon	Scholtz	Veteran	Male	41
4	01:02:53	24	A	Mark	Phipson	Veteran	Male	47
5	01:04:27	10	A	Adrian	Cooney	Veteran	Male	47
6	01:06:29	58	A	Danie	De Villiers	Veteran	Male	48
7	01:06:58	60	A	Murray	Kuiper	Veteran	Male	33
8	01:07:29	6	A	Attie	Chambers	Veteran	Male	47
9	01:09:59	20	A	Johan	Kruger	Veteran	Male	41
10	01:10:00	1002	B	Emile	Annandale	Veteran	Male	46
11	01:11:04	33	A	Dudley	Turner	Veteran	Male	47
12	01:13:47	1087	B	Sean	Wegerhoff	Veteran	Male	47
13	01:14:45	52	A	Yusuf	Banoo	Veteran	Male	43
14	01:15:15	1010	B	Michael	Booth	Veteran	Male	40
15	01:16:52	1108	B	Christopher	Spavins	Veteran	Male	43
16	01:18:29	7	A	David	Chambers	Veteran	Male	48
17	01:20:28	2239	C	Michael	Cook	Veteran	Male	45
18	01:21:01	2237	C	Brett	Wood	Veteran	Male	46
19	01:21:15	1016	B	Stuart	Brown	Veteran	Male	46
20	01:21:42	2245	C	Andrew	Crowley	Veteran	Male	43
21	01:21:45	1035	B	Wolfgang	Gruner	Veteran	Male	43
22	01:22:08	1148	B	Barry	Keartland	Veteran	Male	44
23	01:22:42	1129	B	Arno	Van Der Merwe	Veteran	Male	43
24	01:23:32	1113	B	Christiaan	De La Rey	Veteran	Male	43
25	01:24:06	1088	B	Kevin	White	Veteran	Male	47
26	01:24:57	1167	B	Kees	Goedhart	Veteran	Male	49
27	01:26:05	1160	B	Pierre	Van Tonder	Veteran	Male	44
28	01:26:31	1120	B	Kevin	Mill	Veteran	Male	41
29	01:28:34	2066	C	Graeme	Palmer	Veteran	Male	46
30	01:29:35	1055	B	Casparus	Luther	Veteran	Male	41
31	01:30:37	1042	B	Alastair	Jacobs	Veteran	Male	48
32	01:30:50	2011	C	Christo	Bresler	Veteran	Male	40
33	01:31:04	1068	B	Rhyn	Promnitz	Veteran	Male	46
34	01:31:56	2049	C	Roy	Marques	Veteran	Male	49
35	01:33:07	1094	B	Wade	Swart	Veteran	Male	42
36	01:33:14	2045	C	Paulo	Lopes	Veteran	Male	41
37	01:35:09	2217	C	Jacques	Dyzell	Veteran	Male	47
38	01:35:24	2243	C	Ross	Couper	Veteran	Male	43
39	01:35:35	2215	C	Steven	Carlin	Veteran	Male	48
40	01:36:52	2118	C	Robert	Wilson	Veteran	Male	49
41	01:38:36	2203	C	Dick	Brand	Veteran	Male	48
42	01:38:56	2092	C	Allen	Subramoney	Veteran	Male	47
43	01:41:47	1118	B	Terrick	Hubbard	Veteran	Male	41
44	01:43:39	13	A	Anthony	Jeffrey	Veteran	Male	46
45	01:47:32	2223	C	Isao	Hirayama	Veteran	Male	47
46	01:48:43	2108	C	Kobus	Venter	Veteran	Male	45
47	01:50:33	2059	C	Patrick	Mynhardt	Veteran	Male	43
48	01:54:13	3068	D	Leroy	Rabie	Veteran	Male	42
49	02:28:31	3075	D	William	Jay	Veteran	Male	48

### Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:17:04	1001	B	Juliana	Amgosi	Veteran	Female	40
2	01:23:06	2213	C	Julie	Boshoff	Veteran	Female	41
3	01:23:10	2047	C	Nadia	Maguire	Veteran	Female	48
4	01:28:00	2106	C	Judy	Vanderwagen	Veteran	Female	46
5	01:28:14	2119	C	Ingrid	Wood	Veteran	Female	46
6	01:29:06	1158	B	Debbie	O'Leary	Veteran	Female	40
7	01:30:17	1152	B	Lara	Weissenberger	Veteran	Female	43
8	01:30:43	2234	C	Tomoko	Ueta	Veteran	Female	49
9	01:35:58	2251	C	Catherine	Boyle	Veteran	Female	43
10	01:37:24	2255	C	Cornea	van Blerk	Veteran	Female	41
11	01:39:32	1018	B	Chrissie	Chambers	Veteran	Female	47
12	01:41:03	2003	C	Amanda	Annandale Bell	Veteran	Female	43
13	01:41:39	1047	B	Pauline	Knoetze	Veteran	Female	42
14	01:42:15	1027	B	Jackie	Evers	Veteran	Female	45
15	01:43:17	2077	C	Erine	Rossouw	Veteran	Female	40
16	01:45:28	1153	B	Lezelle	Coetzee	Veteran	Female	41
17	01:45:48	2250	C	Beatrice	Debut	Veteran	Female	43
18	01:46:30	2158	C	Bernitta	Booyesen	Veteran	Female	33
19	01:48:36	2018	C	Candice	Eaglestone	Veteran	Female	40
20	01:58:05	2233	C	Leigh	Hill	Veteran	Female	45
21	02:04:26	2027	C	Chrissie	Jay	Veteran	Female	46
22	02:19:18	3027	D	Caron	Whitfield	Veteran	Female	46
23	02:20:51	3065	D	Hayley	Harris	Veteran	Female	42

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:04:07	75	A	Peter	White	Master	Male	55
2	01:08:23	1029	B	Ian	Ferguson	Master	Male	59
3	01:09:49	5	A	Eric	Cauvin	Master	Male	50
4	01:11:22	1052	B	Leon	Limper	Master	Male	52
5	01:12:56	2218	C	Dave	Funnell	Master	Male	52
6	01:13:16	53	A	Bill	Coop	Master	Male	61
7	01:14:01	2241	C	Russel	Smit	Master	Male	51
8	01:15:40	1017	B	Graham	Callanan	Master	Male	56
9	01:18:50	1097	B	Wayne	Keto	Master	Male	55
10	01:24:07	2048	C	Jakobus	Marais	Master	Male	55
11	01:27:39	1086	B	William	Warnes	Master	Male	55
12	01:28:49	2026	C	Gawie	Jansen Van Vuuren	Master	Male	54
13	01:29:19	1162	B	Geoff	Lupton-Smith	Master	Male	60
14	01:29:40	1130	B	Ken	Williams	Master	Male	68
15	01:35:15	2064	C	Danie	Opperman	Master	Male	58
16	01:36:35	2130	C	Tony	Svensson	Master	Male	55
17	01:36:43	2033	C	Steve	Joubert	Master	Male	57
18	01:38:00	3036	D	Sean	Delport	Master	Male	52
19	01:39:30	2210	C	Deane	Van Rooyen	Master	Male	59
20	01:41:35	2113	C	Henning	Visser	Master	Male	71
21	01:41:48	2178	C	John L	Kollen	Master	Male	58
22	01:45:43	2182	C	Kemp	Munnik	Master	Male	53
23	01:48:10	2225	C	Jake	Lewis	Master	Male	54
24	01:50:08	2041	C	Fred	Lawrence	Master	Male	50
25	01:51:25	3012	D	Bernard	Donnelly	Master	Male	62
26	01:53:49	2013	C	Julius	Chiramba	Master	Male	54
27	01:56:10	2131	C	Virgilio	Faccini	Master	Male	55
28	01:56:49	2177	C	Stefan	Kleynhans	Master	Male	51
29	01:57:26	2160	C	Philippe	Castel	Master	Male	69
30	01:57:28	3028	D	Alex	Als	Master	Male	51
31	01:58:24	3069	D	Colin	Walter	Master	Male	68
32	02:13:09	2050	C	Bill	Mason	Master	Male	51
33	02:16:52	3010	D	Joe	De Witt	Master	Male	63

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:17:57	4	A	Joanne	Burns	Master	Female	53
2	01:25:51	1096	B	Rita	Loots	Master	Female	55
3	01:27:48	1082	B	Linda	Van Der Colff	Master	Female	50
4	01:29:51	2008	C	Sue	Botha	Master	Female	51
5	01:40:26	2081	C	Beate	Schulte-Brader	Master	Female	60
6	01:41:00	2019	C	Erika	Fourie	Master	Female	51
7	01:45:44	2183	C	Philina	Munnik	Master	Female	50
8	01:55:57	2034	C	Marilyn	Kamp	Master	Female	64
9	01:57:30	3030	D	Michelle	Maccelari	Master	Female	50