

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:27:56	4025	E	Dylan	Mitchley	Junior	Male	16
2	00:29:37	4005	E	Corne	De Fouw	Minimee	Male	13
3	00:30:38	4011	E	Craig	Marshall	Veteran	Male	49
4	00:30:41	4007	E	Joel	Donkin	Minimee	Male	12
5	00:30:44	4008	E	Rob	Donkin	Veteran	Male	46
6	00:31:30	4009	E	Ian	Fourie	Open	Male	25
7	00:31:52	4017	E	Daniel	Van De Walt	Open	Male	35
8	00:31:56	4024	E	Lèan	Scholtz	Peewee	Male	10
9	00:32:00	4012	E	Ryan	Marshall	Junior	Male	17
10	00:32:07	4015	E	Stuart	Phipson	Minimee	Male	13
11	00:32:18	4006	E	Phyllis	De Fouw	Veteran	Female	45
12	00:32:42	4019	E	Shani	Van Wyk	Open	Female	31
13	00:33:20	4031	E	Dean	Chambers	Open	Male	24
14	00:33:24	4026	E	John	Mitchley	Veteran	Male	47
15	00:33:32	4014	E	Caryn	Phipson	Junior	Female	17
16	00:34:45	5018	F	Quintin	Korb	Junior	Male	15
17	00:34:48	4029	E	Ethan	Mcdougall	Minimee	Male	14
18	00:34:54	5028	F	Philip	Rudd	Master	Male	62
19	00:35:13	4028	E	Ernst	Makitz	Open	Male	21
20	00:35:41	4010	E	Enrico	Kritzinger	Peewee	Male	10
21	00:35:48	4021	E	Jaiden	Wight	Peewee	Male	8
22	00:36:08	5000	F	Daniele	Ambrosi	Peewee	Male	10
23	00:36:20	4022	E	Sarah	Ross	Minimee	Female	13
24	00:36:24	6143	G	Jacques	Viljoen	Open	Male	36
25	00:36:25	5012	F	Bennie	Esterhuizen	Open	Male	34
26	00:36:33	4023	E	Kaylen	Scholtz	Minimee	Female	13
27	00:37:11	6070	G	Christiaan	Liebenberg	Veteran	Male	43
28	00:37:23	5050	F	Scott	Williamson	Peewee	Male	9
29	00:37:44	5060	F	Conrad	Woollatt	Open	Male	39
30	00:37:46	6034	G	Tertius	Dekker	Minimee	Male	13
31	00:37:50	6090	G	Bartho	Pasch	Open	Male	28
32	00:38:04	6033	G	Johan	Dekker	Veteran	Male	46
33	00:38:06	6099	G	Lexi	Raphael	Open	Female	29
34	00:38:11	6125	G	Matthew	Whalley	Open	Male	27
35	00:38:20	6135	G	Gerard	Kisbey-Green	Master	Male	56
36	00:38:20	5037	F	Gustav	Van Zyl	Open	Male	32
37	00:38:22	6153	G	Morgan	Meyers	Open	Male	31
38	00:38:23	5055	F	Johan	Pieterse	Veteran	Male	45
39	00:38:26	4032	E	Cobus	de Wet	Veteran	Male	47
40	00:38:34	5061	F	Ingrid	Wood	Veteran	Female	46
41	00:38:35	4018	E	Linda	Van Der Gryp	Master	Female	56
42	00:38:41	4013	E	Qaqambile	Ngumbela	Open	Male	38
43	00:38:59	7075	H	Michiel	Van Staden	Open	Male	33
44	00:39:00	6104	G	Dwayne	Russell	Open	Male	32
45	00:39:07	6073	G	Rudolf	Mans	Open	Male	24
46	00:39:18	6117	G	Stephen	Van Beek	Open	Male	27
47	00:39:22	5046	F	Noe	Cadioc	Peewee	Male	0
48	00:39:34	5013	F	Meinke	Esterhuizen	Open	Female	33
49	00:39:58	5003	F	Chris	Bodill	Open	Male	32
50	00:40:22	5016	F	Samuel	Houghton	Minimee	Male	11
51	00:40:28	5024	F	William	Nel	Open	Male	33
52	00:40:31	4030	F	Cathy	Vaughan	Veteran	Female	40
53	00:40:34	6167	G	Louis	Kurvers	Open	Male	0
54	00:40:42	5042	F	Scott	Wilkinson	Veteran	Male	40
55	00:40:45	5053	F	David	Watling	Veteran	Male	44
56	00:40:49	4004	E	Kirstin	Cooney	Veteran	Female	48
57	00:40:54	5048	F	Nick	Loots	Master	Male	57
58	00:40:56	5020	F	Elsie	Marshall	Veteran	Female	46
59	00:41:06	6057	G	Graham	Hood	Open	Male	32
60	00:41:07	5058	F	Gareth	Chapman	Open	Male	30
61	00:41:14	5044	F	Eunice	Steyn	Open	Female	27
62	00:41:18	5019	F	Stephan	Korb	Open	Male	23
63	00:41:31	6101	G	Henri	Robert	Master	Male	61
64	00:41:34	6052	G	Werner	Henning	Veteran	Male	48
65	00:41:34	5041	F	Ricko	de Bruyn	Veteran	Male	43
66	00:41:37	6065	G	Brett Henry	Kent	Open	Male	27
67	00:41:42	4033	E	Jaden	De Wet	Minimee	Male	13
68	00:41:51	6140	G	Sarah	Rodda	Open	Female	20
69	00:42:02	6053	G	Suzanne	Herbst	Veteran	Female	41
70	00:42:05	6134	G	Danelle	Höil	Veteran	Female	44
71	00:42:20	5015	F	Wayne	Hanslo	Open	Male	38
72	00:42:24	6116	G	Matthew	Van Asche	Open	Male	28
73	00:42:32	4000	E	Nick	Alexandrov	Open	Male	22
74	00:42:34	5030	F	Lourein	Smit	Open	Female	37
75	00:42:40	6074	G	Barend	Marais	Open	Male	24

76	00:42:48	7106	H	Dillan	Brindle	Peewee	Male	10
77	00:42:58	5040	F	Evan	Winter	Veteran	Male	44
78	00:43:10	7080	H	Domenique	Walters	Open	Female	35
79	00:43:12	6168	G	Francois	Jordaan	Veteran	Male	44
80	00:43:16	6147	G	Darryn	McGuinness	Open	Male	38
81	00:43:20	5054	F	Nina	Kisbey-Green	Open	Female	19
82	00:43:24	7101	H	Jean	Malen	Peewee	Male	8
83	00:43:24	5002	F	Jonathan	Barker	Open	Male	26
84	00:43:32	5059	F	Almie	van Niekerk	Open	Female	22
85	00:43:34	7063	H	Nadia	Smit	Open	Female	27
86	00:43:37	6169	G	Carla	Cameron	Open	Female	27
87	00:43:41	6146	G	Ayla	Coop	Open	Female	26
88	00:43:43	5029	F	Johan	Smit	Open	Male	38
89	00:43:46	6012	G	Suzette	Botha	Open	Female	35
90	00:43:51	6011	G	Rudolf	Botha	Veteran	Male	40
91	00:43:55	6121	G	Kerry	Wahl	Open	Female	23
92	00:43:57	6112	G	Bernard	Swart	Open	Male	31
93	00:44:01	5001	F	Victoria	Ashwin	Open	Female	28
94	00:44:20	6105	G	Karina	Scholtz	Open	Female	34
95	00:44:23	5038	F	Bevan	Veall	Veteran	Male	46
96	00:44:27	6037	G	Elmari	Du Preez	Open	Female	24
97	00:44:29	6048	G	Katherine	Gordon	Open	Female	35
98	00:44:30	5009	F	Dominique	Dos Santos	Open	Female	36
99	00:44:31	6047	G	Alon	Gordon	Open	Male	38
100	00:44:33	6060	G	Thomas	Houghton	Veteran	Male	45
101	00:44:36	6145	G	Helen	Coop	Master	Female	55
102	00:44:40	6021	G	Dean	Colley	Veteran	Male	43
103	00:44:44	7042	H	Michal	Klimkiewicz	Junior	Male	16
104	00:44:45	6165	G	Lelani	Jansen	Open	Female	35
105	00:44:46	5021	F	Kirsty	Marshall	Minimee	Female	14
106	00:44:46	7041	H	Jarek	Klimkiewicz	Veteran	Male	46
107	00:44:55	6072	G	Tanya	Lumley	Open	Female	28
108	00:45:05	7102	H	Catherine	Solik	Open	Female	36
109	00:45:06	6013	G	Penny	Bowren	Veteran	Female	49
110	00:45:19	6017	G	Lauren	Cilliers	Open	Female	24
111	00:45:34	7085	H	Cornè	Johnstone	Open	Female	26
112	00:45:42	6154	G	Linda	Spies	Open	Female	36
113	00:45:47	5027	F	Shaun	Reiche	Open	Male	39
114	00:45:51	6077	G	Carmen	Martins	Open	Female	31
115	00:45:54	6124	G	Reinette	Weideman	Open	Female	28
116	00:45:58	6122	G	Kate	Waterman	Open	Female	27
117	00:46:00	6050	G	Rowan	Grealy	Open	Male	30
118	00:46:02	7014	H	Tania	Cooke-Tonnesen	Master	Female	55
119	00:46:11	4002	E	Megan	Chambers	Minimee	Female	12
120	00:46:15	5034	F	Gerald	Steyn	Master	Male	66
121	00:46:36	6004	G	Adrian	Bartel	Veteran	Male	46
122	00:46:40	6150	G	Eric	Schmid	Master	Male	53
123	00:46:42	6163	G	Cathy	Spavins	Minimee	Female	13
124	00:46:42	5052	F	Zander	Williamson	Peewee	Male	6
125	00:46:46	5051	F	Leanri	Williamson	Open	Female	31
126	00:46:49	4001	E	Evelina	Alexandrova	Master	Female	53
127	00:46:50	6023	G	Katherine	Collins	Open	Female	31
128	00:46:56	6007	G	Dries	Botha	Open	Male	30
129	00:47:00	6083	G	Jennifer	Moodie	Open	Female	27
130	00:47:01	7036	H	Stephen	Goldberg	Veteran	Male	44
131	00:47:01	5022	F	Andrew	Mcnair	Veteran	Male	48
132	00:47:03	5023	F	Skye	Mcnair	Minimee	Male	12
133	00:47:12	5008	F	Kirstin	Dinham	Open	Female	29
134	00:47:13	6114	G	Jen	Townsend	Open	Female	35
135	00:47:15	6095	G	Wilna	Pieters	Master	Female	57
136	00:47:19	6136	G	Cindi	Bester	Open	Female	28
137	00:47:21	6022	G	Shana	Colley	Veteran	Female	40
138	00:47:23	6028	G	Chloe	Coucourakis	Open	Female	27
139	00:47:29	6080	G	Gary	Meyer	Open	Male	36
140	00:47:31	7001	H	James	Bartel	Minimee	Male	12
141	00:47:50	6156	G	Alexandra	Cooke-Tonnesen	Open	Female	25
142	00:47:54	6155	G	Jennifer	King	Open	Female	38
143	00:48:00	6056	G	Celeste	Hood	Open	Female	31
144	00:48:02	7066	H	Sandra	Swanepoel	Open	Female	35
145	00:48:05	6151	G	Alyssa	Sparke	Open	Female	26
146	00:48:08	5007	F	Retha	De Beer	Open	Female	29
147	00:48:08	5057	G	Monica	Piek	Master	Female	53
148	00:48:09	7065	H	Jannie	Swanepoel	Open	Male	39
149	00:48:14	6166	G	Cherise	van der Vyver	Open	Female	34
150	00:48:18	7108	H	Mike	Josten	Peewee	Male	8
151	00:48:35	5063	F	Dewald	Viljoen	Open	Male	30
152	00:48:36	6141	G	Deborah	Kets	Master	Female	50
153	00:48:37	5062	F	Wilmè	Olivier	Open	Female	27
154	00:48:53	6006	G	Elsa	Bernon	Open	Female	35
155	00:49:20	4027	E	Willie	Maritz	Veteran	Male	48
156	00:49:28	6069	G	Liechen-Anne	Le Roux	Open	Female	32
157	00:49:38	6085	G	Abedah	Musengi	Open	Female	25
158	00:49:41	6029	G	Thea	De Gruchy	Open	Female	26
159	00:49:46	6157	G	Rachel	Mazower	Open	Female	28

160	00:49:52	6054	G	Rikki	Hibbert	Open	Female	37
161	00:50:05	6144	G	Jeanette	Viljoen	Open	Female	35
162	00:50:06	6152	G	Genè	Meyers	Open	Female	30
163	00:50:13	6020	G	Morne	Coetzee	Open	Male	30
164	00:50:13	7090	H	Oscar	Mandlmeier	Open	Male	38
165	00:50:14	5056	F	Willem	Piek	Master	Male	51
166	00:50:22	7083	H	Katie	Ross	Minimee	Female	11
167	00:50:27	7082	H	John	Reynolds	Veteran	Male	49
168	00:50:28	6107	G	Laura	Smit	Open	Female	33
169	00:50:34	7084	H	Lauren	Ross	Veteran	Female	49
170	00:50:36	6118	G	Johann	Van Eeden	Open	Male	29
171	00:50:45	6159	G	Abraham	van Zyl	Open	Male	30
172	00:50:46	7004	H	Glyn	Boddy	Master	Male	53
173	00:50:47	6089	G	Willem	Opperman	Master	Male	58
174	00:50:51	6015	G	Natacha	Burger	Open	Female	22
175	00:51:00	6024	G	Lisa	Contardo	Open	Female	38
176	00:51:09	7091	H	Jennifer	Boucher	Minimee	Female	12
177	00:51:11	7092	H	Ray	Boucher	Veteran	Male	47
178	00:51:14	7081	H	Nicole	Wansbury	Open	Female	35
179	00:51:29	6041	G	Kerry	Elias	Open	Female	36
180	00:51:51	7074	H	Elizabeth	Van Der Westhuizen	Open	Female	27
181	00:51:57	7105	H	Catherine	Brindle	Veteran	Female	40
182	00:51:59	7011	H	Philippa	Chubb	Veteran	Female	44
183	00:52:01	7031	H	Yolande	Du Plessis	Open	Female	31
184	00:52:09	7045	H	Jarryd	Lobley	Open	Male	32
185	00:52:19	7086	H	Adriaan	Verhoef	Open	Male	26
186	00:52:25	5025	F	Amy	Prinsloo	Open	Female	36
187	00:52:28	5026	F	Thinus	Prinsloo	Open	Male	34
188	00:52:35	5006	F	Andre	De Beer	Open	Male	32
189	00:52:52	6019	G	Adri	Coetzee	Veteran	Female	44
190	00:53:01	6084	G	Zinzi	Moses	Open	Female	34
191	00:53:06	7028	H	Seipei	Diremelo	Veteran	Female	46
192	00:53:15	7087	H	Donovan	Johnstone	Open	Male	26
193	00:53:16	5039	F	Vanessa	Veall	Open	Female	38
194	00:53:34	7052	H	Mehleli	Mpofu	Veteran	Male	42
195	00:53:49	6100	G	Meg	Raphael	Master	Female	68
196	00:53:52	7067	H	Andrzej	Szuman	Master	Male	60
197	00:54:03	6161	G	Megan	Spavins	Veteran	Female	42
198	00:54:12	6129	G	Ali	Whitesaide	Open	Female	32
199	00:54:21	6097	G	Brandon	Pretorius	Veteran	Male	43
200	00:54:23	6160	G	Charles	Bodenstein	Master	Male	55
201	00:54:26	6038	G	Chrisna	Du Toit	Open	Female	37
202	00:54:29	5004	F	Letitia	Burger	Open	Female	28
203	00:54:32	6066	G	Colin	King	Open	Male	33
204	00:54:39	6018	G	Anneli	Claassens	Open	Female	35
205	00:54:49	6008	G	Endri	Botha	Master	Female	58
206	00:54:52	6111	G	Paul	Swart	Master	Male	59
207	00:55:02	7055	H	Rory	Odendaal	Open	Male	34
208	00:55:02	5005	F	Georgia	Chennells	Open	Female	35
209	00:55:08	7035	H	Suzanne	Fourie	Open	Female	28
210	00:55:08	6009	G	Johannes	Botha	Master	Male	60
211	00:55:10	7043	H	Amoré	Koen	Open	Female	31
212	00:55:11	6148	G	Christine	Kisbey-Green	Master	Female	59
213	00:55:13	6149	G	Peter	Kisbey-Green	Master	Male	60
214	00:55:22	7005	H	Ettiene	Botha	Master	Male	52
215	00:55:27	6076	G	Nicole	Martens	Open	Female	30
216	00:55:29	6075	G	Brendon	Martens	Open	Male	29
217	00:55:38	6025	G	Amy	Cooney	Open	Female	18
218	00:55:59	7061	H	Talisa	Schwaeble	Open	Female	28
219	00:56:07	7033	H	Chris	Esterhuysen	Veteran	Male	42
220	00:56:22	6137	G	Marie	Fougnes	Veteran	Female	48
221	00:56:27	7062	H	Timothy	Slabbert	Minimee	Male	12
222	00:56:31	6139	G	Anne	Marly	Master	Female	51
223	00:56:31	7030	H	Lindi	Dovey	Open	Female	37
224	00:56:33	5036	F	Lisa-Kate	Sutherland	Open	Female	27
225	00:56:33	7015	H	Eve	Corbett	Minimee	Female	11
226	00:56:37	6132	G	Debbie	Hite	Veteran	Female	43
227	00:56:41	6059	G	Lisa	Houghton	Veteran	Female	47
228	00:56:43	7016	H	Jacqui	Corbett	Veteran	Female	42
229	00:56:43	6058	G	Adam	Houghton	Peewee	Male	8
230	00:56:48	6063	G	Julana	Johannes	Open	Female	25
231	00:56:54	6010	G	Lea	Botha	Open	Female	23
232	00:56:57	6081	G	Peterlene	Moila	Veteran	Female	40
233	00:57:05	6133	G	Rakesh	Singh	Veteran	Male	45
234	00:57:13	7073	H	Christelle	Van Der Watt	Veteran	Female	47
235	00:57:17	7103	H	Ingrid	de Jager	Open	Female	36
236	00:57:27	5043	F	Stuart	Mcdougall	Veteran	Male	45
237	00:57:32	7000	H	Bronwyn	Bartel	Veteran	Female	45
238	00:57:38	6039	G	Kate	Dudley	Open	Female	24
239	00:57:47	7013	H	Claire	Conradie	Open	Female	36
240	00:57:49	7003	H	Felicity	Blackmore-Reed	Open	Female	37
241	00:57:53	6088	G	Janka	Niebuhr	Open	Female	25
242	00:57:55	6071	G	Ruska	Limper	Open	Female	23
243	00:58:04	6138	G	Tamarin	Jurgens	Open	Female	29

244	00:58:30	7029	H	Thandeka	Diremelo	Open	Female	24
245	00:58:47	6043	G	Wesley-Ray Fawell	Fawell	Open	Male	24
246	00:58:49	6119	G	Charne	Van Rooyen	Open	Female	22
247	00:58:57	6098	G	Ronesh	Rampersad	Open	Male	36
248	00:59:05	6064	G	Charlene	Jooste	Open	Female	25
249	00:59:10	6142	G	Wendy	Spalding	Veteran	Female	46
250	00:59:35	6130	G	Tayla	Wilmot	Open	Female	24
251	00:59:37	6014	G	Daniela	Bramwell	Open	Female	25
252	00:59:42	6127	G	Christine	White	Veteran	Female	45
253	00:59:44	6102	G	Tanya	Roberts	Veteran	Female	41
254	00:59:48	7068	H	Karina	Szuman	Open	Female	26
255	00:59:50	5049	F	Mael	Cadioc	Minimee	Male	13
256	00:59:52	5047	F	Tammy	Cadioc	Junior	Female	0
257	00:59:57	7072	H	Caroline	Uys	Veteran	Female	49
258	01:00:22	7020	H	Andrew	Coventry	Minimee	Male	11
259	01:00:30	7097	H	Victoria	Pearse	Veteran	Female	42
260	01:00:41	7021	H	Sharon	Coventry	Veteran	Female	44
261	01:00:52	6128	G	Kate	White	Open	Female	32
262	01:01:37	7079	H	Wessel	Vosser	Open	Male	36
263	01:01:53	7017	H	Luke	Corbett	Peewee	Male	9
264	01:02:01	6040	G	Derek	Elias	Master	Male	65
265	01:02:20	5045	F	Bermia	Tallon	Junior	Female	0
266	01:02:43	7071	H	Ljjuan	Taylor	Master	Female	53
267	01:02:53	6162	G	Matthew	Spavins	Peewee	Male	7
268	01:03:03	7018	H	Mark	Corbett	Veteran	Male	44
269	01:03:11	7069	H	Ferdie	Tadford	Open	Male	32
270	01:03:13	7022	H	Ursula	Craig	Open	Female	31
271	01:03:34	7056	H	Pippa	Pearse	Peewee	Female	8
272	01:03:36	7019	H	Max	Corbett	Peewee	Male	7
273	01:03:42	7096	H	Ben	Pearse	Veteran	Male	47
274	01:04:10	6027	G	Susie	Cornell	Veteran	Female	49
275	01:04:37	6035	G	Candice	Dott	Veteran	Female	41
276	01:04:41	6096	G	Jacques	Potgieter	Veteran	Male	49
277	01:05:46	6126	G	Alistair	White	Open	Male	34
278	01:06:49	6131	G	Lorraine	Haigh	Veteran	Female	46
279	01:07:56	7032	H	Gerrie	Du Rand	Master	Female	64
280	01:08:06	6094	G	Alice	Phiri	Open	Female	32
281	01:08:26	7027	H	Laetitia	Dekker	Junior	Female	16
282	01:09:12	7089	H	Melinda	Nigrini	Master	Female	50
283	01:09:45	7060	H	Louisa	Rockman	Veteran	Female	40
284	01:13:04	7049	H	Mary	Madekurozwa	Veteran	Female	49
285	01:13:07	7048	H	Bulelwa	Madekurozwa	Veteran	Female	46
286	01:13:34	7026	H	Isabelle	Dekker	Minimee	Female	11
287	01:14:07	7098	H	Avie	Chemington	Veteran	Female	43
288	01:14:37	7025	H	Adriette	Dekker	Veteran	Female	46
289	01:14:39	7044	H	Suzi	Kruger	Open	Female	38
290	01:14:40	6026	G	Vernon	Cooney	Master	Male	71
291	01:15:20	7047	H	Chantell	Lubbe	Open	Female	37
292	01:16:11	7088	H	Marj	Lund	Master	Female	68
293	01:16:31	6158	F	Diwan	Piek	Peewee	Male	10
294	01:18:26	7095	H	Jessica	Jonk	Minimee	Female	12
295	01:18:31	7094	H	Sandra	Delport	Veteran	Female	54
296	01:18:36	6164	G	Nicci	Spavins	Minimee	Female	11
297	01:18:38	7110	H	Nicholas	Josten	Peewee	Male	4
298	01:18:46	7109	H	Mike	Josten	Open	Male	39
299	01:20:21	7093	H	Jenni	Lomins	Veteran	Female	42
300	01:23:15	7100	H	Marelise	Retief	Open	Female	32
301	01:23:20	7099	H	Rika	Retief	Master	Female	58
302	01:23:37	7104	H	Sam	Clare	Peewee	Male	6
303	01:23:41	7024	H	Stefanie	De Bruyn	Open	Female	34
304	01:24:03	7034	H	Eben	Fourie	Open	Male	39
305	01:24:09	7010	H	Meloney	Chester	Open	Female	25
306	01:24:13	7107	H	Jenny	Clark	Veteran	Female	42

**Open Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:30	4009	E	Ian	Fourie	Open	Male	25
2	00:31:52	4017	E	Daniel	Van De Walt	Open	Male	35
3	00:33:20	4031	E	Dean	Chambers	Open	Male	24
4	00:35:13	4028	E	Ernst	Makitz	Open	Male	21
5	00:36:24	6143	G	Jacques	Viljoen	Open	Male	36
6	00:36:25	5012	F	Bennie	Esterhuizen	Open	Male	34
7	00:37:44	5060	F	Conrad	Woollatt	Open	Male	39
8	00:37:50	6090	G	Bartho	Pasch	Open	Male	28
9	00:38:11	6125	G	Matthew	Whalley	Open	Male	27
10	00:38:20	5037	F	Gustav	Van Zyl	Open	Male	32
11	00:38:22	6153	G	Morgan	Meyers	Open	Male	31
12	00:38:41	4013	E	Qaqambile	Ngumbela	Open	Male	38
13	00:38:59	7075	H	Michiel	Van Staden	Open	Male	33
14	00:39:00	6104	G	Dwayne	Russell	Open	Male	32
15	00:39:07	6073	G	Rudolf	Mans	Open	Male	24
16	00:39:18	6117	G	Stephen	Van Beek	Open	Male	27
17	00:39:58	5003	F	Chris	Bodill	Open	Male	32
18	00:40:28	5024	F	William	Nel	Open	Male	33
19	00:40:34	6167	G	Louis	Kurvers	Open	Male	0
20	00:41:06	6057	G	Graham	Hood	Open	Male	32
21	00:41:07	5058	F	Gareth	Chapman	Open	Male	30
22	00:41:18	5019	F	Stephan	Korb	Open	Male	23
23	00:41:37	6065	G	Brett Henry	Kent	Open	Male	27
24	00:42:20	5015	F	Wayne	Hanslo	Open	Male	38
25	00:42:24	6116	G	Matthew	Van Asche	Open	Male	28
26	00:42:32	4000	E	Nick	Alexandrov	Open	Male	22
27	00:42:40	6074	G	Barend	Marais	Open	Male	24
28	00:43:16	6147	G	Darryn	McGuinness	Open	Male	38
29	00:43:24	5002	F	Jonathan	Barker	Open	Male	26
30	00:43:43	5029	F	Johan	Smit	Open	Male	38
31	00:43:57	6112	G	Bernard	Swart	Open	Male	31
32	00:44:31	6047	G	Alon	Gordon	Open	Male	38
33	00:45:47	5027	F	Shaun	Reiche	Open	Male	39
34	00:46:00	6050	G	Rowan	Grealy	Open	Male	30
35	00:46:56	6007	G	Dries	Botha	Open	Male	30
36	00:47:29	6080	G	Gary	Meyer	Open	Male	36
37	00:48:09	7065	H	Jannie	Swanepoel	Open	Male	39
38	00:48:35	5063	F	Dewald	Viljoen	Open	Male	30
39	00:50:13	6020	G	Morne	Coetzee	Open	Male	30
40	00:50:13	7090	H	Oscar	Mandlmeier	Open	Male	38
41	00:50:36	6118	G	Johann	Van Eeden	Open	Male	29
42	00:50:45	6159	G	Abraham	van Zyl	Open	Male	30
43	00:52:09	7045	H	Jarryd	Lobley	Open	Male	32
44	00:52:19	7086	H	Adriaan	Verhoef	Open	Male	26
45	00:52:28	5026	F	Thinus	Prinsloo	Open	Male	34
46	00:52:35	5006	F	Andre	De Beer	Open	Male	32
47	00:53:15	7087	H	Donovan	Johnstone	Open	Male	26
48	00:54:32	6066	G	Colin	King	Open	Male	33
49	00:55:02	7055	H	Rory	Odendaal	Open	Male	34
50	00:55:29	6075	G	Brendon	Martens	Open	Male	29
51	00:58:47	6043	G	Wesley-Ray Fawell	Fawell	Open	Male	24
52	00:58:57	6098	G	Ronesh	Rampersad	Open	Male	36
53	01:01:37	7079	H	Wessel	Vosser	Open	Male	36
54	01:03:11	7069	H	Ferdie	Tadford	Open	Male	32
55	01:05:46	6126	G	Alistair	White	Open	Male	34
56	01:18:46	7109	H	Mike	Josten	Open	Male	39
57	01:24:03	7034	H	Eben	Fourie	Open	Male	39

## Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:32:42	4019	E	Shani	Van Wyk	Open	Female	31
2	00:38:06	6099	G	Lexi	Raphael	Open	Female	29
3	00:39:34	5013	F	Meinke	Esterhuizen	Open	Female	33
4	00:41:14	5044	F	Eunice	Steyn	Open	Female	27
5	00:41:51	6140	G	Sarah	Rodda	Open	Female	20
6	00:42:34	5030	F	Lourein	Smit	Open	Female	37
7	00:43:10	7080	H	Domenique	Walters	Open	Female	35
8	00:43:20	5054	F	Nina	Kisbey-Green	Open	Female	19
9	00:43:32	5059	F	Almie	van Niekerk	Open	Female	22
10	00:43:34	7063	H	Nadia	Smit	Open	Female	27
11	00:43:37	6169	G	Carla	Cameron	Open	Female	27
12	00:43:41	6146	G	Ayla	Coop	Open	Female	26
13	00:43:46	6012	G	Suzette	Botha	Open	Female	35
14	00:43:55	6121	G	Kerry	Wahl	Open	Female	23
15	00:44:01	5001	F	Victoria	Ashwin	Open	Female	28
16	00:44:20	6105	G	Karina	Scholtz	Open	Female	34
17	00:44:27	6037	G	Elmari	Du Preez	Open	Female	24
18	00:44:29	6048	G	Katherine	Gordon	Open	Female	35
19	00:44:30	5009	F	Dominique	Dos Santos	Open	Female	36
20	00:44:45	6165	G	Lelani	Jansen	Open	Female	35
21	00:44:55	6072	G	Tanya	Lumley	Open	Female	28
22	00:45:05	7102	H	Cathenne	Solik	Open	Female	36
23	00:45:19	6017	G	Lauren	Cilliers	Open	Female	24
24	00:45:34	7085	H	Cornè	Johnstone	Open	Female	26
25	00:45:42	6154	G	Linda	Spies	Open	Female	36
26	00:45:51	6077	G	Carmen	Martins	Open	Female	31
27	00:45:54	6124	G	Reinette	Weideman	Open	Female	28
28	00:45:58	6122	G	Kate	Waterman	Open	Female	27
29	00:46:46	5051	F	Leanri	Williamson	Open	Female	31
30	00:46:50	6023	G	Katherine	Collins	Open	Female	31
31	00:47:00	6083	G	Jennifer	Moodie	Open	Female	27
32	00:47:12	5008	F	Kirstin	Dinham	Open	Female	29
33	00:47:13	6114	G	Jen	Townsend	Open	Female	35
34	00:47:19	6136	G	Cindi	Bester	Open	Female	28
35	00:47:23	6028	G	Chloe	Coucourakis	Open	Female	27
36	00:47:50	6156	G	Alexandra	Cooke-Tonnesen	Open	Female	25
37	00:47:54	6155	G	Jennifer	King	Open	Female	38
38	00:48:00	6056	G	Celeste	Hood	Open	Female	31
39	00:48:02	7066	H	Sandra	Swanepoel	Open	Female	35
40	00:48:05	6151	G	Alyssa	Sparke	Open	Female	26
41	00:48:08	5007	F	Retha	De Beer	Open	Female	29
42	00:48:14	6166	G	Cherise	van der Vyver	Open	Female	34
43	00:48:37	5062	F	Wilmè	Olivier	Open	Female	27
44	00:48:53	6006	G	Elsa	Bernon	Open	Female	35
45	00:49:28	6069	G	Liechen-Anne	Le Roux	Open	Female	32
46	00:49:38	6085	G	Abedah	Musengi	Open	Female	25
47	00:49:41	6029	G	Thea	De Gruchy	Open	Female	26
48	00:49:46	6157	G	Rachel	Mazower	Open	Female	28
49	00:49:52	6054	G	Rikki	Hibbert	Open	Female	37
50	00:50:05	6144	G	Jeanette	Viljoen	Open	Female	35
51	00:50:06	6152	G	Genè	Meyers	Open	Female	30
52	00:50:28	6107	G	Laura	Smit	Open	Female	33
53	00:50:51	6015	G	Natacha	Burger	Open	Female	22
54	00:51:00	6024	G	Lisa	Contardo	Open	Female	38
55	00:51:14	7081	H	Nicole	Wansbury	Open	Female	35
56	00:51:29	6041	G	Kerry	Elias	Open	Female	36
57	00:51:51	7074	H	Elizabeth	Van Der Westhuizen	Open	Female	27
58	00:52:01	7031	H	Yolande	Du Plessis	Open	Female	31
59	00:52:25	5025	F	Amy	Prinsloo	Open	Female	36
60	00:53:01	6084	G	Zinzi	Moses	Open	Female	34
61	00:53:16	5039	F	Vanessa	Veall	Open	Female	38
62	00:54:12	6129	G	Ali	Whitesaide	Open	Female	32
63	00:54:26	6038	G	Chrisna	Du Toit	Open	Female	37
64	00:54:29	5004	F	Letitia	Burger	Open	Female	28
65	00:54:39	6018	G	Anneli	Claassens	Open	Female	35
66	00:55:02	5005	F	Georgia	Chennells	Open	Female	35
67	00:55:08	7035	H	Suzanne	Fourie	Open	Female	28
68	00:55:10	7043	H	Amoré	Koen	Open	Female	31
69	00:55:27	6076	G	Nicole	Martens	Open	Female	30
70	00:55:38	6025	G	Amy	Cooney	Open	Female	18
71	00:55:59	7061	H	Talisa	Schwaeble	Open	Female	28
72	00:56:31	7030	H	Lindi	Dovey	Open	Female	37
73	00:56:33	5036	F	Lisa-Kate	Sutherland	Open	Female	27
74	00:56:48	6063	G	Julana	Johannes	Open	Female	25
75	00:56:54	6010	G	Lea	Botha	Open	Female	23
76	00:57:17	7103	H	Ingrid	de Jager	Open	Female	36
77	00:57:38	6039	G	Kate	Dudley	Open	Female	24
78	00:57:47	7013	H	Claire	Conradie	Open	Female	36
79	00:57:49	7003	H	Felicity	Blackmore-Reed	Open	Female	37
80	00:57:53	6088	G	Janka	Niebuhr	Open	Female	25
81	00:57:55	6071	G	Ruska	Limper	Open	Female	23
82	00:58:04	6138	G	Tamarin	Jurgens	Open	Female	29

83	00:58:30	7029	H	Thandeka	Diremelo	Open	Female	24
84	00:58:49	6119	G	Charne	Van Rooyen	Open	Female	22
85	00:59:05	6064	G	Charlene	Jooste	Open	Female	25
86	00:59:35	6130	G	Tayla	Wilmot	Open	Female	24
87	00:59:37	6014	G	Daniela	Bramwell	Open	Female	25
88	00:59:48	7068	H	Karina	Szuman	Open	Female	26
89	01:00:52	6128	G	Kate	White	Open	Female	32
90	01:03:13	7022	H	Ursula	Craig	Open	Female	31
91	01:08:06	6094	G	Alice	Phiri	Open	Female	32
92	01:14:39	7044	H	Suzi	Kruger	Open	Female	38
93	01:15:20	7047	H	Chantell	Lubbe	Open	Female	37
94	01:23:15	7100	H	Marelise	Retief	Open	Female	32
95	01:23:41	7024	H	Stefanie	De Bruyn	Open	Female	34
96	01:24:09	7010	H	Meloney	Chester	Open	Female	25

#### Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:30:38	4011	E	Craig	Marshall	Veteran	Male	49
2	00:30:44	4008	E	Rob	Donkin	Veteran	Male	46
3	00:33:24	4026	E	John	Mitchley	Veteran	Male	47
4	00:37:11	6070	G	Christiaan	Liebenberg	Veteran	Male	43
5	00:38:04	6033	G	Johan	Dekker	Veteran	Male	46
6	00:38:23	5055	F	Johan	Pieterse	Veteran	Male	45
7	00:38:26	4032	E	Cobus	de Wet	Veteran	Male	47
8	00:40:42	5042	F	Scott	Wilkinson	Veteran	Male	40
9	00:40:45	5053	F	David	Watling	Veteran	Male	44
10	00:41:34	6052	G	Werner	Henning	Veteran	Male	48
11	00:41:34	5041	F	Ricko	de Bruyn	Veteran	Male	43
12	00:42:58	5040	F	Evan	Winter	Veteran	Male	44
13	00:43:12	6168	G	Francois	Jordaan	Veteran	Male	44
14	00:43:51	6011	G	Rudolf	Botha	Veteran	Male	40
15	00:44:23	5038	F	Bevan	Veall	Veteran	Male	46
16	00:44:33	6060	G	Thomas	Houghton	Veteran	Male	45
17	00:44:40	6021	G	Dean	Colley	Veteran	Male	43
18	00:44:46	7041	H	Jarek	Klimkiewicz	Veteran	Male	46
19	00:46:36	6004	G	Adrian	Bartel	Veteran	Male	46
20	00:47:01	7036	H	Stephen	Goldberg	Veteran	Male	44
21	00:47:01	5022	F	Andrew	McNair	Veteran	Male	48
22	00:49:20	4027	E	Willie	Maritz	Veteran	Male	48
23	00:50:27	7082	H	John	Reynolds	Veteran	Male	49
24	00:51:11	7092	H	Ray	Boucher	Veteran	Male	47
25	00:53:34	7052	H	Mehleli	Mpofu	Veteran	Male	42
26	00:54:21	6097	G	Brandon	Pretorius	Veteran	Male	43
27	00:56:07	7033	H	Chris	Esterhuysen	Veteran	Male	42
28	00:57:05	6133	G	Rakesh	Singh	Veteran	Male	45
29	00:57:27	5043	F	Stuart	McDougall	Veteran	Male	45
30	01:03:03	7018	H	Mark	Corbett	Veteran	Male	44
31	01:03:42	7096	H	Ben	Pearse	Veteran	Male	47
32	01:04:41	6096	G	Jacques	Potgieter	Veteran	Male	49

**Veteran Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:32:18	4006	E	Phyllis	De Fouw	Veteran	Female	45
2	00:38:34	5061	F	Ingrid	Wood	Veteran	Female	46
3	00:40:49	4004	E	Kirstin	Cooney	Veteran	Female	48
4	00:40:56	5020	F	Elsie	Marshall	Veteran	Female	46
5	00:42:02	6053	G	Suzanne	Herbst	Veteran	Female	41
6	00:42:05	6134	G	Danelle	Höil	Veteran	Female	44
7	00:42:31	4030	E	Cathy	Vaughan	Veteran	Female	40
8	00:45:06	6013	G	Penny	Bowren	Veteran	Female	49
9	00:47:21	6022	G	Shana	Colley	Veteran	Female	40
10	00:50:34	7084	H	Lauren	Ross	Veteran	Female	49
11	00:51:57	7105	H	Catherine	Brindle	Veteran	Female	40
12	00:51:59	7011	H	Philippa	Chubb	Veteran	Female	44
13	00:52:52	6019	G	Adri	Coetzee	Veteran	Female	44
14	00:53:06	7028	H	Seipei	Diremelo	Veteran	Female	46
15	00:54:03	6161	G	Megan	Spavins	Veteran	Female	42
16	00:56:22	6137	G	Marie	Fougnies	Veteran	Female	48
17	00:56:37	6132	G	Debbie	Hite	Veteran	Female	43
18	00:56:41	6059	G	Lisa	Houghton	Veteran	Female	47
19	00:56:43	7016	H	Jacqui	Corbett	Veteran	Female	42
20	00:56:57	6081	G	Peterlene	Moila	Veteran	Female	40
21	00:57:13	7073	H	Christelle	Van Der Watt	Veteran	Female	47
22	00:57:32	7000	H	Bronwyn	Bartel	Veteran	Female	45
23	00:59:10	6142	G	Wendy	Spalding	Veteran	Female	46
24	00:59:42	6127	G	Christine	White	Veteran	Female	45
25	00:59:44	6102	G	Tanya	Roberts	Veteran	Female	41
26	00:59:57	7072	H	Caroline	Uys	Veteran	Female	49
27	01:00:30	7097	H	Victoria	Pearse	Veteran	Female	42
28	01:00:41	7021	H	Sharon	Coventry	Veteran	Female	44
29	01:04:10	6027	G	Susie	Cornell	Veteran	Female	49
30	01:04:37	6035	G	Candice	Dott	Veteran	Female	41
31	01:06:49	6131	G	Lorraine	Haigh	Veteran	Female	46
32	01:09:45	7060	H	Louisa	Rockman	Veteran	Female	40
33	01:13:04	7049	H	Mary	Madekurozwa	Veteran	Female	49
34	01:13:07	7048	H	Bulelwa	Madekurozwa	Veteran	Female	46
35	01:14:07	7098	H	Avie	Chemington	Veteran	Female	43
36	01:14:37	7025	H	Adriette	Dekker	Veteran	Female	46
37	01:18:31	7094	H	Sandra	Delport	Veteran	Female	54
38	01:20:21	7093	H	Jenni	Lomins	Veteran	Female	42
39	01:24:13	7107	H	Jenny	Clark	Veteran	Female	42

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:34:54	5028	F	Philip	Rudd	Master	Male	62
2	00:38:20	6135	G	Gerard	Kisbey-Green	Master	Male	56
3	00:40:54	5048	F	Nick	Loots	Master	Male	57
4	00:41:31	6101	G	Henri	Robert	Master	Male	61
5	00:46:15	5034	F	Gerald	Steyn	Master	Male	66
6	00:46:40	6150	G	Eric	Schmid	Master	Male	53
7	00:50:14	5056	F	Willem	Piek	Master	Male	51
8	00:50:46	7004	H	Glyn	Boddy	Master	Male	53
9	00:50:47	6089	G	Willem	Opperman	Master	Male	58
10	00:53:52	7067	H	Andrzej	Szuman	Master	Male	60
11	00:54:23	6160	G	Charles	Bodenstein	Master	Male	55
12	00:54:52	6111	G	Paul	Swart	Master	Male	59
13	00:55:08	6009	G	Johannes	Botha	Master	Male	60
14	00:55:13	6149	G	Peter	Kisbey-Green	Master	Male	60
15	00:55:22	7005	H	Ettiene	Botha	Master	Male	52
16	01:02:01	6040	G	Derek	Elias	Master	Male	65
17	01:14:40	6026	G	Vernon	Cooney	Master	Male	71

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:38:35	4018	E	Linda	Van Der Gryp	Master	Female	56
2	00:44:36	6145	G	Helen	Coop	Master	Female	55
3	00:46:02	7014	H	Tania	Cooke-Tonnesen	Master	Female	55
4	00:46:49	4001	E	Evelina	Alexandrova	Master	Female	53
5	00:47:15	6095	G	Wilna	Pieters	Master	Female	57
6	00:48:08	5057	G	Monica	Piek	Master	Female	53
7	00:48:36	6141	G	Deborah	Kets	Master	Female	50
8	00:53:49	6100	G	Meg	Raphael	Master	Female	68
9	00:54:49	6008	G	Endri	Botha	Master	Female	58
10	00:55:11	6148	G	Christine	Kisbey-Green	Master	Female	59
11	00:56:31	6139	G	Anne	Marly	Master	Female	51
12	01:02:43	7071	H	Lijuan	Taylor	Master	Female	53
13	01:07:56	7032	H	Gerrie	Du Rand	Master	Female	64
14	01:09:12	7089	H	Melinda	Nigrini	Master	Female	50
15	01:16:11	7088	H	Marj	Lund	Master	Female	68
16	01:23:20	7099	H	Rika	Retief	Master	Female	58



**Junior**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:27:56	4025	E	Dylan	Mitchley	Junior	Male	16
2	00:32:00	4012	E	Ryan	Marshall	Junior	Male	17
3	00:33:32	4014	E	Caryn	Phipson	Junior	Female	17
4	00:34:45	5018	F	Quintin	Korb	Junior	Male	15
5	00:44:44	7042	H	Michal	Klimkiewicz	Junior	Male	16
6	00:59:52	5047	F	Tammy	Cadioc	Junior	Female	15
7	01:02:20	5045	F	Bermia	Tallon	Junior	Female	15
8	01:08:26	7027	H	Laetitia	Dekker	Junior	Female	16

**Minimee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:29:37	4005	E	Corne	De Fouw	Minimee	Male	13
2	00:30:41	4007	E	Joel	Donkin	Minimee	Male	12
3	00:32:07	4015	E	Stuart	Phipson	Minimee	Male	13
4	00:34:48	4029	E	Ethan	Mcdougall	Minimee	Male	14
5	00:36:20	4022	E	Sarah	Ross	Minimee	Female	13
6	00:36:33	4023	E	Kaylen	Scholtz	Minimee	Female	13
7	00:37:46	6034	G	Tertius	Dekker	Minimee	Male	13
8	00:40:22	5016	F	Samuel	Houghton	Minimee	Male	11
9	00:41:42	4033	E	Jaden	De Wet	Minimee	Male	13
10	00:44:46	5021	F	Kirsty	Marshall	Minimee	Female	14
11	00:46:11	4002	E	Megan	Chambers	Minimee	Female	12
12	00:46:42	6163	G	Cathy	Spavins	Minimee	Female	13
13	00:47:03	5023	F	Skye	Mcnair	Minimee	Male	12
14	00:47:31	7001	H	James	Bartel	Minimee	Male	12
15	00:50:22	7083	H	Katie	Ross	Minimee	Female	11
16	00:51:09	7091	H	Jennifer	Boucher	Minimee	Female	12
17	00:56:27	7062	H	Timothy	Slabbert	Minimee	Male	12
18	00:56:33	7015	H	Eve	Corbett	Minimee	Female	11
19	00:59:50	5049	F	Mael	Cadioc	Minimee	Male	13
20	01:00:22	7020	H	Andrew	Coventry	Minimee	Male	11
21	01:13:34	7026	H	Isabelle	Dekker	Minimee	Female	11
22	01:18:26	7095	H	Jessica	Jonk	Minimee	Female	12
23	01:18:36	6164	G	Nicci	Spavins	Minimee	Female	11

**Peewee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:56	4024	E	Léan	Scholtz	Peewee	Male	10
2	00:35:41	4010	E	Enrico	Kritzinger	Peewee	Male	10
3	00:35:48	4021	E	Jaiden	Wight	Peewee	Male	8
4	00:36:08	5000	F	Daniele	Ambrosi	Peewee	Male	10
5	00:37:23	5050	F	Scott	Williamson	Peewee	Male	9
6	00:39:22	5046	F	Noe	Cadioc	Peewee	Male	0
7	00:42:48	7106	H	Dillan	Brindle	Peewee	Male	10
8	00:43:24	7101	H	Jean	Malen	Peewee	Male	8
9	00:46:42	5052	F	Zander	Williamson	Peewee	Male	6
10	00:48:18	7108	H	Mike	Josten	Peewee	Male	8
11	00:56:43	6058	G	Adam	Houghton	Peewee	Male	8
12	01:01:53	7017	H	Luke	Corbett	Peewee	Male	9
13	01:02:53	6162	G	Matthew	Spavins	Peewee	Male	7
14	01:03:34	7056	H	Pippa	Pearse	Peewee	Female	8
15	01:03:36	7019	H	Max	Corbett	Peewee	Male	7
16	01:16:31	6158	F	Diwan	Piek	Peewee	Male	10
17	01:18:38	7110	H	Nicholas	Josten	Peewee	Male	4
18	01:23:37	7104	H	Sam	Clare	Peewee	Male	6