

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:53	4069	E	Tom	Byron	Junior	Male	16
2	00:29:03	4007	E	Jethro	Dunn	Minimee	Male	14
3	00:29:49	4041	E	Clayton	Booyesen	Open	Male	35
4	00:30:03	5087	F	Tom	Barty	Junior	Male	17
5	00:31:18	5029	F	Jaco	Loots	Open	Male	32
6	00:31:26	4001	E	Deon	Bochnig	Minimee	Male	13
7	00:31:29	5099	F	Aedan	Foulkes	Junior	Male	17
8	00:32:17	4002	E	Cullen	Clarke	Peewee	Male	10
9	00:32:38	4070	E	Ralph	Harris	Open	Male	38
10	00:32:41	4052	E	Stuart	Heath	Junior	Male	15
11	00:32:56	4045	E	Ben	Derman	Minimee	Male	14
12	00:33:05	4010	E	Rosslee	Guess	Open	Female	24
13	00:33:30	5097	F	Nicholas	Etherton	Peewee	Male	8
14	00:33:33	4071	F	Ruan	Smith	Open	Male	34
15	00:33:42	4024	E	Scott	Tait	Veteran	Male	44
16	00:33:48	6245	G	Nicholas	Bunn	Open	Male	19
17	00:33:58	4043	E	Kevin	Dayton	Open	Male	37
18	00:34:02	4012	E	Martin	Henning	Open	Male	29
19	00:34:04	4056	E	Jada	Linstroom	Open	Female	24
20	00:34:06	4015	E	Tanya	Posthumus-Fox	Open	Female	37
21	00:34:08	4059	E	Anthony	Molyneaux	Open	Male	32
22	00:34:10	4065	E	Nicola	Wills	Open	Female	21
23	00:34:15	24	E	Gerard	Noel	Open	Male	32
24	00:34:21	4011	E	Christopher	Hearne	Open	Male	29
25	00:34:22	4004	E	Graeme	Colman	Open	Male	30
26	00:34:42	4003	E	Liam	Clarke	Peewee	Male	10
27	00:34:44	4039	E	Mike	Clarke	Veteran	Male	47
28	00:34:52	4008	E	Christie	Engelbrecht	Veteran	Male	43
29	00:34:55	6010	G	Eugene	Botha	Master	Male	52
30	00:35:03	6366	E	Stefan	Sowa	Veteran	Male	40
31	00:35:10	4058	E	Caelan	Mcleod	Peewee	Male	8
32	00:35:10	6100	G	Declan	Pickering	Open	Male	27
33	00:35:16	4019	E	Richard	Rossiter	Master	Male	60
34	00:35:27	4068	E	Jonathan	Dellbridge	Peewee	Male	8
35	00:35:45	5089	F	David	Brennan	Open	Male	26
36	00:35:45	6244	G	Gregory	Bunn	Minimee	Male	13
37	00:35:46	4006	E	David	Deetlefs	Open	Male	33
38	00:35:49	4067	E	Nicolas	Yolland	Minimee	Male	12
39	00:35:57	6271	G	Lucy	Etherton	Open	Female	39
40	00:35:58	4040	E	Jacques	Ackermann	Open	Male	34
41	00:36:12	4055	E	Coenie	Klopper	Open	Male	24
42	00:36:45	4029	E	Riaz	Orrie	Open	Male	18
43	00:36:46	4014	E	Gugulethu	Makatini	Open	Female	32
44	00:36:48	4042	E	Shevaun	Botha	Open	Female	24
45	00:36:51	4026	E	Stian	Visagie	Open	Male	28
46	00:36:55	6011	G	Jakobus	Brits	Open	Male	27
47	00:37:06	4057	E	Brett	Maeyer	Open	Male	25
48	00:37:11	4022	E	Antony	Smyth	Veteran	Male	47
49	00:37:38	6077	G	Mikael	Moolla	Minimee	Male	12
50	00:37:40	4066	E	Chienne	Wolmarans	Open	Male	38
51	00:37:44	4013	E	Dinaye	Hough	Open	Female	27
52	00:37:49	6104	G	Greg	Prentice	Open	Male	26
53	00:37:52	6081	G	Daz	Muir	Veteran	Male	41
54	00:37:57	4047	E	Francois	Du Toit	Open	Male	33
55	00:37:58	6125	G	Wynand	Seimons	Veteran	Male	42
56	00:38:00	4044	E	Andrew	Denny	Master	Male	55
57	00:38:12	4062	E	Michael	Taylor	Open	Male	31
58	00:38:21	4051	E	Erin	Heath	Minimee	Female	11
59	00:38:29	4030	E	Ashraf	Orrie	Veteran	Male	49
60	00:38:44	4063	E	Penelope	Van Maasdyk	Veteran	Female	46
61	00:38:51	6173	G	Nevana	Dujmovic Prizmic	Open	Female	33
62	00:38:52	5088	F	Meagan	Bosland	Open	Female	31
63	00:38:59	6069	G	Edwin	Loubser	Open	Male	37
64	00:39:05	5002	F	Christopher	Boshoff	Open	Male	37
65	00:39:08	6021	G	Byron	Cloete	Open	Male	31
66	00:39:18	6053	G	Herman	Grobbelaar	Master	Male	59
67	00:39:22	4025	E	Niel	Visagie	Open	Male	31
68	00:39:22	5120	F	Garnett	Thorne	Open	Male	25
69	00:39:30	5036	F	Robert	Moerman	Open	Male	24
70	00:39:32	5045	F	Edward	Smit	Open	Male	38
71	00:39:44	5067	F	Wynand	Classens	Veteran	Male	43
72	00:39:47	5048	F	Philip	Stevens	Veteran	Male	42
73	00:39:48	6144	G	Hein	Van Den Einde	Open	Male	30
74	00:39:51	6241	G	Abigail	Bremner	Minimee	Female	11
75	00:40:00	5135	F	Mikhail	Pentz	Open	Male	32

76	00:40:05	6260	G	Janet	De Beer	Open	Female	37
77	00:40:15	5130	F	Ruth	Kennard-Davis	Veteran	Female	42
78	00:40:17	5013	F	Bill	Dunn	Veteran	Male	49
79	00:40:19	5136	F	Robert	Fanucchi	Open	Male	32
80	00:40:24	6005	G	Aliston	Beviss-Challinor	Open	Male	31
81	00:40:35	6071	G	Martina	Manley	Open	Female	31
82	00:40:36	5011	F	Gideon	De Wet	Open	Male	37
83	00:40:52	7222	H	Jonah	Lustig	Veteran	Male	46
84	00:40:54	5128	F	Stephen	Guess	Open	Male	30
85	00:40:57	5129	F	Tessa	Melck	Open	Female	29
86	00:41:01	4005	E	Heinrich	Dedekind	Open	Male	24
87	00:41:03	5103	F	Sophia	Kluijfhout	Minimee	Female	14
88	00:41:14	5016	F	Jonathan	Grant	Open	Male	29
89	00:41:14	6191	G	Shane	Schwulst	Open	Male	28
90	00:41:20	5009	F	Gerrie	Combrink	Veteran	Male	42
91	00:41:21	6183	G	Andrea	Rostron	Open	Female	35
92	00:41:23	6340	G	Kaylyn	Novak	Open	Female	20
93	00:41:30	6165	G	Richard	Barker	Open	Male	33
94	00:41:30	5057	F	Francini	Van Staden	Open	Female	32
95	00:41:32	5101	F	Nicole	Haird	Open	Female	23
96	00:41:35	6351	G	Cameron	Reardon	Open	Male	27
97	00:41:46	5118	F	Ciske	Smit	Open	Female	21
98	00:41:54	6324	G	Ian	Matheson	Veteran	Male	43
99	00:41:57	6365	G	Robert	Sloan	Open	Male	32
100	00:41:58	5030	F	Luke	Mather	Open	Male	27
101	00:42:14	4032	E	Kim	Walker	Open	Female	39
102	00:42:16	5054	F	Altan	Ungerer	Veteran	Male	40
103	00:42:27	5106	F	Dave	Meinert	Open	Male	36
104	00:42:31	7054	F	Michial	Malek	Open	Male	29
105	00:42:48	6219	G	Seth	Muir	Peewee	Male	9
106	00:43:07	4027	E	Roldah	Orrie	Master	Female	53
107	00:43:11	6275	G	Patrick	Fitzgerald	Open	Male	34
108	00:43:13	6253	G	Jack G	Coetzee	Veteran	Male	43
109	00:43:20	6358	G	Simon	Schoon	Open	Male	38
110	00:43:23	6226	G	Adam	Alexander	Open	Male	37
111	00:43:25	6127	G	Kapil	Singh	Open	Male	34
112	00:43:34	6313	G	Kara	Lamb	Junior	Female	15
113	00:43:37	5040	F	Tiaan	Pietersen	Open	Male	25
114	00:43:40	5115	F	Courtney	Roots	Open	Female	25
115	00:43:43	5012	F	Lauren	Denny	Open	Female	22
116	00:43:54	6037	G	Ryan	Dellbridge	Minimee	Male	11
117	00:43:55	4023	E	Beverley	Smyth	Veteran	Female	45
118	00:43:58	6333	G	Ella-Kari	Muhl	Open	Female	28
119	00:44:15	6045	G	Anel	Engelbrecht	Open	Female	26
120	00:44:34	5050	F	Claire	Ter Morshuizen	Open	Female	20
121	00:44:37	5085	F	Shawn	Bailes	Open	Male	21
122	00:44:39	5010	F	Andre	De Vos	Veteran	Male	40
123	00:44:41	5104	F	Chris	Maeyer	Master	Male	62
124	00:44:50	6295	G	Brigit	Higgo	Open	Female	37
125	00:44:53	6407	G	Leslie	Chivell	Master	Male	62
126	00:44:55	5125	F	Emma	Wright	Open	Female	36
127	00:44:56	6410	G	Janine	Zenhausen	Open	Female	37
128	00:44:58	5024	F	Justin	Hulme	Open	Female	29
129	00:45:04	6412	G	Philippa	Skowno	Open	Female	39
130	00:45:08	5110	F	Marcia	Owen	Open	Female	36
131	00:45:11	6361	G	Monique Terese	Sham	Open	Female	34
132	00:45:28	6006	G	Herna	Beviss-Challinor	Open	Female	27
133	00:45:34	6126	G	Jacob	Serfontein	Open	Male	28
134	00:45:36	5100	F	Carla	Glasspool	Open	Female	36
135	00:45:39	5117	F	Kate	Scott	Open	Female	36
136	00:45:42	6364	G	Donal	Slemon	Master	Male	52
137	00:45:53	6091	G	Colin	Ohlhoff	Open	Male	37
138	00:45:54	7101	H	Paul	Truscott	Veteran	Male	44
139	00:46:02	5058	F	Louise	Van Wyk	Open	Female	26
140	00:46:07	7218	H	Callum	Lee	Junior	Female	15
141	00:46:10	6022	G	Kelcey	Cloete	Open	Female	28
142	00:46:11	4009	E	Hilary	Gardner	Veteran	Female	40
143	00:46:25	5004	F	Storm Jade	Brown	Open	Female	26
144	00:46:28	6044	G	Mogammad	Ely	Open	Male	32
145	00:46:30	5086	F	Cameron	Barnes	Open	Male	35
146	00:46:33	5094	F	Aretha	Cooper	Open	Female	31
147	00:46:35	7167	H	Helena	Fagan	Master	Female	63
148	00:46:39	5133	F	Deanne	Nicholas	Open	Female	29
149	00:46:42	5105	F	Rossana	Mazoli	Open	Female	39
150	00:46:45	5062	F	Timothy	Young	Open	Male	36
151	00:47:08	6402	G	Nick	Woudberg	Open	Male	27
152	00:47:08	7267	H	Benet	Spies	Open	Female	22
153	00:47:09	7011	H	Barend	Brand	Open	Male	24
154	00:47:17	5116	F	Nicola	Schmitt	Open	Female	39
155	00:47:18	6256	G	Eduan	Crouse	Open	Male	26
156	00:47:18	5113	F	Kim	Plimsoll	Open	Female	34
157	00:47:21	6319	G	Jaime	Maher	Open	Female	22
158	00:47:25	5053	F	Shona	Troost	Open	Female	25
159	00:47:25	6267	G	Roxanne	Emslie	Open	Female	28

160	00:47:26	7277	H	Nuraan	Lotter	Open	Female	29
161	00:47:27	6082	G	Lisa	Muir	Open	Female	39
162	00:47:30	6282	G	Colin	Gibb	Open	Male	38
163	00:47:32	5025	F	Aleks	Jablonska	Veteran	Female	40
164	00:47:33	6009	G	Nikki	Boshoff	Veteran	Female	47
165	00:47:36	5102	F	Elmare	Herring	Veteran	Female	48
166	00:47:37	7223	H	Franco	Maass	Open	Male	29
167	00:47:38	6024	G	Jennifer	Couperthwaite	Open	Female	26
168	00:47:38	5112	F	Lisa	Plessis	Veteran	Female	46
169	00:47:49	5041	F	Luka	Potgieter	Open	Female	32
170	00:48:01	5123	F	Elize	Van Staden	Veteran	Female	41
171	00:48:03	6102	G	Marija	Piskac	Open	Female	32
172	00:48:10	7255	H	Kelly	Scott	Open	Female	29
173	00:48:17	6163	G	Nathan	Williams	Open	Male	29
174	00:48:21	6272	G	Kristy	Faccer	Veteran	Female	41
175	00:48:22	6400	G	Caryn	Wepener	Open	Female	34
176	00:48:26	6093	G	Robert	Ormond	Open	Male	32
177	00:48:38	6040	G	Afzal	Dhansay	Master	Male	57
178	00:48:38	5127	E	Alfred	Temmers	Master	Male	50
179	00:48:55	6265	G	Shelley	Dudley	Veteran	Female	45
180	00:48:59	6276	G	Marc	Fletcher	Veteran	Male	45
181	00:49:02	5114	F	Shelley	Rishworth	Open	Female	22
182	00:49:05	6394	G	Righardt	Van Zyl	Open	Male	23
183	00:49:13	6105	G	Neil	Pretorius	Open	Male	38
184	00:49:18	6192	G	Ettienne	Pretorius	Open	Male	30
185	00:49:20	6357	G	Samantha	Sampson	Open	Female	30
186	00:49:24	6409	G	Kate	Keye	Open	Female	28
187	00:49:30	6139	G	Henry	Thomson	Veteran	Male	43
188	00:49:33	6280	G	Quinton	Gero	Open	Male	32
189	00:49:41	6393	G	Madelein	Van Zyl	Open	Female	35
190	00:49:43	6296	G	Amelia	Hill	Open	Female	36
191	00:49:46	6130	G	Tayla Leigh	Smith	Open	Female	25
192	00:49:50	5018	F	Barbara	Heathcote	Open	Female	39
193	00:49:52	6131	G	Jonel	Steffen	Veteran	Female	40
194	00:49:55	6405	G	Adam	Henning	Open	Male	29
195	00:49:57	6051	G	Gareth	Fox	Open	Male	38
196	00:49:59	5026	F	Zoe	Kooyman	Open	Female	33
197	00:50:01	6080	G	Noloyiso	Mtoko	Open	Female	34
198	00:50:06	6355	G	Zaahir	Salie	Open	Male	21
199	00:50:08	6234	G	Quaanit	Bardien	Open	Male	21
200	00:50:13	5090	F	Anthony	Briton	Master	Male	54
201	00:50:24	6237	G	Robert	Bell	Master	Male	55
202	00:50:27	6375	G	Isadore	Aproskie	Veteran	Female	43
203	00:50:30	6066	G	Minette	Kallis	Open	Female	36
204	00:50:34	6233	G	Jean-Paul	Baar	Veteran	Male	46
205	00:50:36	6325	G	Gavin	Matthee	Open	Male	35
206	00:50:41	5023	F	Don	Hugo	Master	Male	54
207	00:50:42	6176	G	Magdaleen	De Wet	Open	Female	28
208	00:50:44	6334	G	Steve	Murphy	Master	Male	50
209	00:51:01	5000	F	Jared	Barker	Open	Male	31
210	00:51:02	6312	G	Allison	Lamb	Veteran	Female	47
211	00:51:04	6390	G	Murray	Van Schalkwyk	Veteran	Male	41
212	00:51:06	6020	G	Chris	Clark	Master	Male	75
213	00:51:11	6148	G	Hayley	Van Deventer	Open	Female	33
214	00:51:20	6149	G	Thomas	Van Deventer	Open	Male	35
215	00:51:24	6299	G	Dorit	Hockman	Open	Female	34
216	00:51:27	6377	G	Milissa	Strydom	Open	Female	34
217	00:51:33	6345	G	Terry	Pheiffer	Master	Female	52
218	00:51:35	6018	G	Claudia	Chamberlain	Open	Female	36
219	00:51:37	6240	G	Daleen	Botha	Veteran	Female	42
220	00:51:42	6061	G	Melissa	James	Open	Female	33
221	00:51:48	6284	G	Bruce	Goodwin	Veteran	Male	49
222	00:51:49	7164	H	Mandy	Erasmus	Veteran	Female	41
223	00:51:51	6285	G	Wanita	Goodwin	Veteran	Female	48
224	00:51:52	7137	H	Glenn	Booyesen	Veteran	Male	45
225	00:51:53	6117	G	Gary	Rose	Open	Male	33
226	00:51:55	6281	G	Antia	Geustyn	Open	Female	34
227	00:51:56	6101	G	Coral	Pieters	Master	Female	51
228	00:51:57	6277	G	Kelle	Gagne	Veteran	Female	44
229	00:51:57	6310	G	Jacqui	Koepf	Veteran	Female	48
230	00:51:58	6133	G	Michelle	Sutcliffe	Open	Female	37
231	00:51:59	6339	G	Julian	Novak	Master	Male	51
232	00:52:00	6123	G	Shelby	Salzwedel	Open	Female	25
233	00:52:01	6309	G	Jessica	Knight	Master	Female	56
234	00:52:02	6198	G	Jacqui	Goodwin	Master	Female	50
235	00:52:02	6038	G	Cheryl	Deverson	Veteran	Female	40
236	00:52:04	6197	G	Tam	Middleton	Open	Female	34
237	00:52:04	6328	G	Mark	Mawman	Veteran	Male	43
238	00:52:15	7052	H	Donavan	Levey	Veteran	Male	48
239	00:52:17	7100	H	Jean	Tranter	Veteran	Male	43
240	00:52:19	5134	F	Adiela	Sheik	Master	Female	54
241	00:52:30	4020	E	Waheeb	Slarmie	Veteran	Male	47
242	00:52:31	7263	H	Bertus	Snyman	Open	Male	30
243	00:52:45	7258	H	Paris	Skye	Veteran	Female	40

244	00:52:47	4028	E	Nabeelah	Orrie	Open	Female	23
245	00:52:51	5109	F	Ruth	Nussbaum	Open	Female	30
246	00:52:54	5093	F	Bettie	Coetzee	Master	Female	72
247	00:52:56	5022	F	Audrey	Hugo	Master	Female	56
248	00:53:02	7116	H	Bruce	Boshoff	Open	Male	33
249	00:53:10	6404	G	Belinda	Whittaker	Open	Female	37
250	00:53:13	6150	G	Louvaine	Van Rensburg	Veteran	Female	43
251	00:53:14	7014	H	Midee	Buizer	Open	Female	28
252	00:53:21	7003	H	Richard	Anderson	Open	Male	36
253	00:53:22	6254	G	Jadri	Corbett	Open	Female	33
254	00:53:24	7275	H	Muhammad Shaheen Tofes	Kajee	Open	Male	29
255	00:53:26	6371	G	Margot	Swanepoel	Open	Female	30
256	00:53:28	6251	G	Kerry-Louise	Cassar	Open	Female	32
257	00:53:31	6086	G	Laure	Myburgh	Open	Female	36
258	00:53:38	7078	H	Kirsty	Robison	Open	Female	26
259	00:53:38	6083	G	Elandre	Muller	Open	Female	27
260	00:53:40	6290	G	Vera	Hare	Open	Female	36
261	00:53:42	6368	G	Gavin	Stander	Veteran	Male	48
262	00:53:47	6042	G	Gregory	Edwards	Open	Male	28
263	00:53:54	7084	H	Jared	Sargeant	Peewee	Male	9
264	00:53:58	7208	H	David	Jarman	Open	Male	35
265	00:54:00	5043	F	Dani	Rossiter	Open	Female	21
266	00:54:05	4021	E	Zuriena	Slarmie	Veteran	Female	43
267	00:54:12	6408	G	Naseema	Sunday	Open	Female	32
268	00:54:17	7074	H	Cornelia	Ras	Open	Female	31
269	00:54:55	7201	H	Jenna	Hurwitz	Peewee	Female	10
270	00:54:57	7248	H	Jemma	Robb	Open	Female	35
271	00:54:59	6225	G	Perwez	Abdullah	Open	Male	32
272	00:55:00	7237	H	Haaniyah	Moola	Peewee	Female	8
273	00:55:24	5126	F	Graham	King	Open	Male	33
274	00:55:31	7224	H	Saberi	Marais	Open	Male	38
275	00:55:31	6242	G	Megan	Bremner	Junior	Female	17
276	00:55:36	6398	G	Brendan	Von Essen	Open	Male	29
277	00:55:43	6320	G	Amy	Mallett	Open	Female	22
278	00:55:45	6373	G	Stephen	Thomson	Open	Male	23
279	00:55:48	7142	H	Jarred	Bradley	Open	Male	27
280	00:55:49	6019	G	Mark	Chamberlain	Master	Male	52
281	00:56:02	5121	F	Aqeela	Valley	Open	Female	25
282	00:56:02	6109	G	Adrian	Renaud	Master	Male	57
283	00:56:04	6301	G	Cindy	Hurlow	Veteran	Female	43
284	00:56:06	6406	G	Glenn	Hurlow	Veteran	Male	45
285	00:56:08	5052	F	Kathie	Troost	Master	Female	59
286	00:56:13	6307	G	Serena	Kluijfhout	Minimee	Female	14
287	00:56:15	7082	H	Donavan	Sargeant	Open	Male	37
288	00:56:21	6300	G	Joanne	Hodgskiss	Open	Female	39
289	00:56:24	6392	G	Tamsin	Van Vlaanderen	Veteran	Female	40
290	00:56:27	7020	H	Lizette	Daniels	Veteran	Female	44
291	00:56:29	6257	G	Maryanne	Cruikshanks	Open	Female	36
292	00:56:31	6395	G	Berber	Verdoes	Open	Female	37
293	00:56:34	6031	G	Leigh	De Beyer	Open	Female	26
294	00:56:35	7158	H	Thandi	De Wit	Open	Female	33
295	00:56:44	6363	G	Hester	Slabbert	Open	Female	31
296	00:56:46	6349	G	Micaela	Pym	Open	Female	26
297	00:56:50	7156	H	Kamari	De Rijk	Open	Female	34
298	00:56:51	6063	G	Tasneem	Jappie	Open	Female	37
299	00:56:54	7139	H	Tracey	Booyesen	Veteran	Female	44
300	00:56:54	5132	F	Yasmiv	Toeffie	Master	Female	60
301	00:56:58	7227	H	Karen	Mcclarty	Open	Female	28
302	00:57:00	7228	H	Zoë	Mcclarty	Open	Female	30
303	00:57:03	6347	G	Candice	Posthumus	Open	Female	34
304	00:57:05	6411	G	Phillip	Van Schalkwyk	Master	Male	50
305	00:57:12	6017	G	Anthony	Caisley	Open	Male	34
306	00:57:14	6359	G	Marquerite	Schutte	Open	Female	28
307	00:57:19	6286	G	Gino	Gottardo	Open	Male	28
308	00:57:21	6317	G	Jacky	Lourens	Master	Female	53
309	00:57:25	6344	G	María	Peñalver	Open	Female	37
310	00:57:27	6367	G	Hannah	Spencer (Brown)	Open	Female	36
311	00:57:30	7176	H	Chris	Gibbons	Master	Male	63
312	00:57:35	7075	H	Jenette	Reitsma	Open	Female	30
313	00:57:39	6067	G	Sergio	King	Open	Male	32
314	00:57:42	6401	G	Julia	Wilson	Open	Female	26
315	00:57:42	7183	H	Ibtisaam	Van Der Schyff	Open	Female	28
316	00:57:44	6224	G	Heinrich	Gericke	Open	Male	29
317	00:57:51	7165	H	Trish	Erasmus	Open	Female	37
318	00:57:54	6322	G	Erika	Marais	Veteran	Female	46
319	00:57:56	6266	G	Adrian	Emmanuel	Open	Male	32
320	00:58:01	7214	H	Ashleigh	Kilduff	Open	Female	35
321	00:58:03	7044	H	Bryony	Kruger	Open	Female	33
322	00:58:04	6249	G	Cherese	Carstens	Open	Female	23
323	00:58:07	6336	G	Lauren	Nel	Open	Female	26
324	00:58:07	7212	H	Lauren	Kent	Open	Female	29
325	00:58:09	7195	H	Shelley	Hobson	Open	Female	32
326	00:58:09	6360	G	Kirstin	Sham	Open	Female	25
327	00:58:13	6092	G	Jennifer	Oosthuizen	Open	Female	23

328	00:58:21	6330	G	Jean	Meltzer	Open	Female	22
329	00:58:23	6389	G	Zack	Van Der Schyff	Open	Male	22
330	00:58:32	7186	H	Maz	Walker	Master	Female	55
331	00:58:32	6314	G	Nicky	Lennox	Open	Female	31
332	00:58:43	6321	G	Gerhard	Mans	Open	Male	34
333	00:58:46	6306	G	Gerda	Kasselman	Open	Female	29
334	00:58:48	5038	F	Haseena	Petersen	Veteran	Female	41
335	00:58:56	7235	H	Kimberley	Misplon	Open	Female	28
336	00:59:04	6350	G	Vanessa	Randon	Open	Female	34
337	00:59:12	6252	G	David	Cloete	Open	Male	33
338	00:59:17	6026	G	Claire	Danielz	Open	Female	23
339	00:59:19	6028	G	Sean	Danielz	Master	Male	52
340	00:59:23	6034	G	Ryan	De Waal	Open	Male	30
341	00:59:30	7207	H	Stefanie	Jacobs	Open	Female	34
342	00:59:33	6142	G	Helen	Turkstra	Veteran	Female	43
343	00:59:34	7281	H	Becky	Mcnaught	Open	Female	30
344	00:59:37	5015	F	Kerry	Godard	Open	Female	20
345	00:59:37	7162	H	Adrian	Du Plessis	Open	Male	31
346	00:59:41	7198	H	Kerry	Hunter	Open	Female	34
347	00:59:44	6385	G	Carynn	Underhill	Open	Female	36
348	00:59:47	7269	H	Vanessa	Stephen	Veteran	Female	41
349	00:59:48	6362	G	Caroline	Silberbauer	Open	Female	30
350	00:59:49	7241	H	Brian	Palmer	Veteran	Male	42
351	00:59:51	7006	H	Nolan	Beudeker	Veteran	Female	49
352	00:59:57	7104	H	Helen	Watts	Open	Female	28
353	01:00:02	7031	H	Winston	Guess	Open	Male	31
354	01:00:05	6160	G	Brett	Whitehead	Veteran	Male	42
355	01:00:12	7254	H	Nadja	Schwery	Open	Female	39
356	01:00:15	6386	G	Corinne	Van Den Berg	Veteran	Female	47
357	01:00:18	6396	G	Matthew	Volbrecht	Veteran	Female	43
358	01:00:20	7249	H	Gina	Ross	Open	Female	38
359	01:00:22	6278	G	Farahnaaz	Gangat	Open	Female	26
360	01:00:27	6338	G	Altaaf	Noormahomed	Open	Male	34
361	01:00:36	7144	H	Yolanda	Collins	Veteran	Female	47
362	01:00:39	5091	F	Olivia	Briton	Master	Female	54
363	01:00:40	6146	G	Thea	Van Der Merwe	Open	Female	37
364	01:00:46	6182	G	Claudia	Mohr	Open	Female	33
365	01:00:48	6303	G	Faizel	Jacobs	Veteran	Male	44
366	01:00:54	7199	H	Kylie	Hunter	Open	Female	28
367	01:01:02	6348	G	Michelle Claudia	Pullen	Open	Female	31
368	01:01:04	7197	H	Clare	Hofmeyr	Open	Female	33
369	01:01:04	6232	G	Nihan	Arslan Aran	Open	Female	28
370	01:01:14	6039	G	Kirsten	Deverson	Veteran	Female	40
371	01:01:18	6147	G	Susan	Van Der Walt	Open	Female	39
372	01:01:24	7169	H	Simon	Fishley	Veteran	Male	41
373	01:01:27	6059	G	Ruan	Henning	Open	Male	32
374	01:01:34	7238	H	Wardah	Moola	Open	Female	38
375	01:01:36	7279	H	Lara Elizabeth	Pretorius	Open	Female	23
376	01:01:37	5069	F	Malikah	Patel	Open	Female	32
377	01:01:39	6298	G	Frances	Hills	Master	Female	71
378	01:01:53	7089	H	Carmen	Schwellnus	Open	Female	32
379	01:02:03	6054	G	Esme	Groenewald	Open	Female	32
380	01:02:05	6065	G	Eben	Joubert	Master	Male	55
381	01:02:12	5092	F	Leigh	Charlton	Open	Female	32
382	01:02:15	6326	G	Ulrika	Matthee	Open	Female	34
383	01:02:22	6374	G	Catherine	Timm	Open	Female	32
384	01:02:27	7059	H	Nazlie	Mohedeen	Master	Female	57
385	01:02:28	6289	G	Brandon	Hamilton	Open	Male	32
386	01:02:30	6124	G	Wynand	Schutte	Open	Male	34
387	01:02:39	6247	G	Nicole	Cahill	Veteran	Female	41
388	01:02:41	6112	G	Margie	Richter Wilmot	Master	Female	53
389	01:02:44	6134	G	Marius	Swanepoel	Master	Male	58
390	01:02:44	7033	H	Jeran	Heritage	Open	Male	26
391	01:02:46	6230	G	Gökhan	Aran	Open	Male	35
392	01:02:47	7244	H	Pippa	Readhead	Veteran	Female	42
393	01:02:56	7242	H	Emily	Partridge	Open	Female	26
394	01:02:58	7189	H	Kate	Gunston	Open	Female	25
395	01:03:01	7125	H	Dominic	Gaven	Minimee	Male	11
396	01:03:02	6305	G	Maridi	Jooste	Open	Female	33
397	01:03:09	5098	F	Natasha	Fisher	Veteran	Female	44
398	01:03:10	6159	G	Dagny [Born Jeannine]	Warmerdam	Master	Female	51
399	01:03:14	7128	H	Nicci	Abernethy	Open	Female	35
400	01:03:16	4054	E	Michael	Kannemeyer	Open	Male	31
401	01:03:19	6308	G	Hilary	Knight	Master	Female	54
402	01:03:23	5131	F	Alexis	Van Reenen	Veteran	Female	43
403	01:03:39	6064	G	Chloe	Joubert	Junior	Female	15
404	01:03:44	6136	G	Zuhdi	Talip	Open	Male	32
405	01:03:48	6135	G	Nashreen	Talip	Open	Female	36
406	01:03:54	7239	H	Kim	Oliver	Open	Female	26
407	01:03:56	6413	G	Ishmaeel	Samaai	Veteran	Male	46
408	01:03:56	7193	H	Lauren	Herbert	Open	Female	25
409	01:04:00	7289	H	Jaco	Prinsloo	Junior	Male	16
410	01:04:03	7288	H	Alet	Prinsloo	Veteran	Female	41
411	01:04:03	6343	G	Chris	Pecego	Open	Male	28

412	01:04:06	6397	G	Alexia	Von Essen	Open	Female	32
413	01:04:11	6264	G	Tazneem	Du Toit Bardien	Open	Female	39
414	01:04:15	7280	H	Jaco	Classen	Open	Male	30
415	01:04:16	6236	G	Nabeelah	Bardien	Junior	Female	16
416	01:04:19	6235	G	Imaan	Bardien	Junior	Female	16
417	01:04:20	7219	H	Jenni	Lee	Veteran	Female	42
418	01:04:23	6119	G	Dawn	Rossiter	Master	Female	61
419	01:04:24	7143	H	Natasha	Clarkson	Open	Female	35
420	01:04:27	7253	H	Julie	Schubart	Open	Female	36
421	01:04:29	7209	H	Willem	Jonker	Master	Male	59
422	01:04:29	6047	G	Aneekah	Fataar	Veteran	Female	46
423	01:04:33	6342	G	Rubeena	Parker	Open	Female	30
424	01:04:35	6055	G	Lee	Groenewaldt	Open	Male	37
425	01:04:36	7236	H	Maistoerah	Mohamed	Veteran	Female	40
426	01:04:46	7105	H	Christine	Welthagen	Veteran	Female	43
427	01:04:50	7091	H	Kelly	Solinger	Open	Female	27
428	01:04:50	6383	G	Aubrey	Turner	Open	Male	33
429	01:04:54	6384	G	Welmie	Turner	Open	Female	28
430	01:04:56	7276	H	Desiree	Du Plooy	Veteran	Female	46
431	01:04:58	7271	H	Catherine	Chisnall	Master	Female	59
432	01:05:02	7030	H	Cayley	Green	Open	Female	28
433	01:05:02	6052	G	Natelle	Goosen	Open	Female	27
434	01:05:06	6227	G	Grant	Alexander	Veteran	Male	43
435	01:05:06	7225	H	Lutendo	Matodzi	Open	Female	29
436	01:05:08	6288	G	Lesley	Haddow	Veteran	Female	48
437	01:05:08	7127	H	Hulisani	Matodzi	Open	Male	28
438	01:05:16	6016	G	Abul	Cader	Master	Male	55
439	01:05:20	6316	G	Yasmin	Limbada	Master	Female	53
440	01:05:21	7172	H	Anna	Frost	Veteran	Female	42
441	01:05:23	7190	H	Lauren	Haakman	Veteran	Female	42
442	01:05:25	6186	G	Marlene	Nell	Veteran	Female	48
443	01:05:26	7160	H	Jennifer	Deverson	Veteran	Female	43
444	01:05:28	7217	H	Jenna	Le Roux	Open	Female	32
445	01:05:29	6346	G	Pravanya	Pillay	Open	Female	34
446	01:05:33	7220	H	Jenni	Lombard	Veteran	Female	43
447	01:05:36	7099	H	Isabella	Theron	Peewee	Female	9
448	01:05:39	7098	H	Hugo	Theron	Veteran	Male	45
449	01:05:39	6088	G	Marianne	Nelson	Master	Female	74
450	01:05:46	6335	G	Peter	Murray	Open	Male	31
451	01:05:46	7213	H	Jean	Kerby-Feast	Veteran	Female	49
452	01:05:55	7182	H	Andrea	Van Den Berg	Open	Female	33
453	01:05:56	7179	H	Melanie	Thirion	Open	Female	36
454	01:05:57	7179	H	Charmaine	Goott	Master	Female	56
455	01:06:02	7259	H	Fern	Smith	Veteran	Female	41
456	01:06:07	6354	G	Natasha	Rossouw	Open	Female	30
457	01:06:09	6259	G	Nazli	Daniels	Veteran	Female	41
458	01:06:12	7194	H	Robyn	Hobson	Open	Female	30
459	01:06:14	7188	H	Faeron	Wheeler	Open	Female	33
460	01:06:17	7243	H	Andrea	Razzano	Open	Female	36
461	01:06:25	7126	H	Grace	Debeila	Open	Female	33
462	01:06:31	7000	H	Carin	Abramovitz	Master	Female	56
463	01:06:32	6229	G	Tehzeen	Anjarwalla	Master	Female	51
464	01:06:35	7261	H	Nina	Smith	Master	Female	50
465	01:06:37	7245	H	Shane	Renze	Open	Female	29
466	01:06:37	5111	F	Andrea	Phillips	Open	Female	26
467	01:06:38	6002	G	Shamima	Ahmed	Open	Female	32
468	01:06:39	7130	H	Grant	Adonis	Open	Male	29
469	01:06:43	6332	G	Leila Mical	Mitrani	Open	Female	29
470	01:06:50	7095	H	Elmari	Swart	Veteran	Female	40
471	01:06:53	7065	H	Jason-Paul	Nicol	Veteran	Male	42
472	01:07:11	7017	H	Erica	Cawdry	Open	Female	36
473	01:07:11	6074	G	Marié	Matthee	Veteran	Female	42
474	01:07:14	7200	H	Ashley	Hurwitz	Veteran	Female	48
475	01:07:16	6075	G	Zenika	Matthee	Open	Female	19
476	01:07:25	7157	H	Saskia	De Vogel	Open	Female	35
477	01:07:31	7274	H	Martin	Hammond	Open	Male	30
478	01:07:33	4064	E	Nikolai	Vosloo	Open	Male	28
479	01:07:35	7132	H	Olivia	Alcock	Open	Female	26
480	01:07:43	6297	G	Cheryl	Hillman	Master	Female	54
481	01:07:43	5108	F	Rosalind	Murray	Open	Female	28
482	01:07:44	7181	H	Ursula	Truter	Open	Female	26
483	01:07:46	7170	H	Jenine	Fraser	Open	Female	26
484	01:07:50	7231	H	Aniqah	Misbach	Open	Female	27
485	01:08:09	7251	H	Shanaaz	Salie	Veteran	Female	40
486	01:08:19	7080	H	Kayleigh	Ryke	Open	Female	28
487	01:08:19	6269	G	Joanie	Erasmus	Open	Female	23
488	01:08:21	6255	G	James	Costaras	Open	Male	24
489	01:08:23	7247	H	Jane	Rivera	Veteran	Female	49
490	01:08:32	7043	H	Ruth	Kohlberg	Master	Female	53
491	01:08:45	6283	G	Linda	Gibson	Master	Female	56
492	01:08:46	7204	H	Paula	Isaac	Master	Female	63
493	01:08:51	7058	H	Frederick	Meissner	Open	Male	33
494	01:08:54	7025	H	Erin	Devenish	Open	Female	26
495	01:09:02	6078	G	Naema	Moolla	Open	Female	39

496	01:09:09	6079	G	Zaid	Moolla	Peewee	Male	9
497	01:09:19	6228	G	Wesley	Alexander	Veteran	Male	40
498	01:09:29	6331	G	Tamlyn	Melville	Open	Female	32
499	01:09:53	6025	G	Colleen	Cross	Open	Female	37
500	01:09:55	7008	H	Kim	Boise	Open	Female	34
501	01:10:06	6076	G	Shalance	Meyer	Open	Female	28
502	01:10:10	6414	G	Michelle	Williams	Open	Female	35
503	01:10:13	6258	G	Emmanuelle	Daniel	Open	Female	37
504	01:10:15	6027	G	Louise	Danielz	Master	Female	50
505	01:10:34	7278	H	Nabeelah	Mia	Open	Female	29
506	01:11:03	7266	H	Ayesha	Soni Ryklief	Veteran	Female	40
507	01:11:07	7029	H	Desiree	Gaven	Open	Female	37
508	01:11:11	7286	H	Steve	Buckley	Open	Male	34
509	01:11:25	7135	H	Zulfa Bardien	Bardien	Veteran	Female	44
510	01:12:04	7134	H	Japie	Asja	Veteran	Male	46
511	01:12:19	7077	H	Joy	Robinson	Master	Female	68
512	01:12:23	7129	H	Karen	Abrahams	Veteran	Female	47
513	01:13:53	6110	G	Pamela	Renaud	Master	Female	57
514	01:14:09	6388	G	Lesley-Anne	Van Der Nest	Open	Female	32
515	01:14:11	7264	H	Lee Ann	Snyman	Open	Female	37
516	01:14:16	6387	G	Johann	Van Der Nest	Open	Male	36
517	01:14:16	7161	H	Jill	Dollie	Veteran	Female	41
518	01:14:20	7265	H	Shandre	Snyman	Open	Female	33
519	01:14:22	7229	H	Amanda	Mclean	Veteran	Female	45
520	01:14:26	7175	H	Roxane	Gers	Veteran	Female	42
521	01:14:47	7202	H	Lesley	l'Ons	Master	Female	67
522	01:14:50	7154	H	Sean	Davids	Open	Male	39
523	01:14:52	7191	H	Abigail	Haricombe	Open	Female	36
524	01:14:56	7285	H	Haanim	Galvaan	Open	Female	29
525	01:14:59	7184	H	Lincey	Van Niekerk	Master	Female	51
526	01:15:05	7230	H	Ashleigh	Mee	Open	Female	30
527	01:16:02	7174	H	Caren	George	Open	Female	35
528	01:16:11	7152	H	Wendy	Cuninghame	Veteran	Female	43
529	01:16:14	7151	H	Allan	Cuninghame	Master	Male	57
530	01:16:28	7260	H	Teri	Smith	Master	Female	52
531	01:16:30	6188	G	Tracy	Berry	Veteran	Female	45
532	01:16:35	6157	G	Annerie	Visser	Open	Female	29
533	01:16:57	7153	H	Megan	Davids	Open	Female	37
534	01:17:21	7019	H	Robbie	Dallas-Orr	Master	Male	77
535	01:17:30	7240	H	Margaretha	Oosthuizen	Open	Female	34
536	01:17:32	7131	H	Lynn	Adonis	Open	Female	35
537	01:17:36	7210	H	Lynn	Joubert	Veteran	Female	47
538	01:17:41	7168	H	Sherwyn	Fernandez	Open	Male	33
539	01:17:44	7283	H	Galimah	Majiet	Open	Female	38
540	01:17:48	7002	H	Judith	Africa	Veteran	Female	45
541	01:17:50	7001	H	Gregory	Africa	Master	Male	59
542	01:18:00	6238	G	Amy	Blanchard	Open	Female	35
543	01:18:10	7226	H	Cherri	Mc Helm	Veteran	Female	40
544	01:18:13	7252	H	Fiona	Sander	Veteran	Female	43
545	01:18:19	7081	H	Faldie	Sait	Open	Male	39
546	01:18:36	7192	H	Deidre	Hendricks	Veteran	Female	40
547	01:19:25	7034	H	Nicole	Hermans	Open	Female	34
548	01:20:08	6279	G	Carissa	Gardiner	Master	Female	54
549	01:20:15	6337	G	Paul	Nicolas	Open	Male	37
550	01:20:23	6221	G	Raeesa	Abdulla	Open	Female	30
551	01:21:12	7145	H	Mandy	Colman	Master	Female	60
552	01:21:20	7272	H	Simon	Solomon	Open	Male	30
553	01:21:31	7273	H	Fabio	Gallotta	Open	Male	31
554	01:22:26	5084	F	Asavela	Nkamisa	Open	Female	34
555	01:24:50	6292	G	Amaarah	Hendricks	Open	Female	20
556	01:25:40	7185	H	Cheryl	Van Zyl	Master	Female	50
557	01:25:43	7083	H	Jackie	Sargeant	Open	Female	39
558	01:25:45	7085	H	Kyle	Sargeant	Peewee	Male	7
559	01:26:34	7262	H	Claire	Smyth	Open	Female	32
560	01:26:39	7234	H	Shahida	Misbach	Master	Female	53
561	01:26:41	7233	H	Reza	Misbach	Master	Male	53
562	01:27:08	7206	H	Martie	Jacobs	Master	Female	56
563	01:27:11	7215	H	Danette	Kotze	Master	Female	62
564	01:27:19	7136	H	Mariette	Bonthuys	Master	Female	54
565	01:27:49	7282	H	Fagnry	Booley	Open	Male	37
566	01:27:55	7284	H	Ilhaam	Booley	Open	Female	32
567	01:29:28	7146	H	Digby	Colman	Master	Male	63
568	01:32:38	4046	E	Ashley	Du Plooy	Open	Male	29

**Open Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:29:49	4041	E	Clayton	Booyesen	Open	Male	35
2	00:31:18	5029	F	Jaco	Loots	Open	Male	32
3	00:32:38	4070	E	Ralph	Harris	Open	Male	38
4	00:33:33	4071	F	Ruan	Smith	Open	Male	34
5	00:33:48	6245	G	Nicholas	Bunn	Open	Male	19
6	00:33:58	4043	E	Kevin	Dayton	Open	Male	37
7	00:34:02	4012	E	Martin	Henning	Open	Male	29
8	00:34:08	4059	E	Anthony	Molyneaux	Open	Male	32
9	00:34:15	24	E	Gerard	Noel	Open	Male	32
10	00:34:21	4011	E	Christopher	Hearne	Open	Male	29
11	00:34:22	4004	E	Graeme	Colman	Open	Male	30
12	00:35:10	6100	G	Declan	Pickering	Open	Male	27
13	00:35:45	5089	F	David	Brennan	Open	Male	26
14	00:35:46	4006	E	David	Deetlefs	Open	Male	33
15	00:35:58	4040	E	Jacques	Ackermann	Open	Male	34
16	00:36:12	4055	E	Coenie	Klopper	Open	Male	24
17	00:36:45	4029	E	Riaz	Orrie	Open	Male	18
18	00:36:51	4026	E	Stian	Visagie	Open	Male	28
19	00:36:55	6011	G	Jakobus	Brits	Open	Male	27
20	00:37:06	4057	E	Brett	Maeyer	Open	Male	25
21	00:37:40	4066	E	Chienne	Wolmarans	Open	Male	38
22	00:37:49	6104	G	Greg	Prentice	Open	Male	26
23	00:37:57	4047	E	Francois	Du Toit	Open	Male	33
24	00:38:12	4062	E	Michael	Taylor	Open	Male	31
25	00:38:59	6069	G	Edwin	Loubser	Open	Male	37
26	00:39:05	5002	F	Christopher	Boshoff	Open	Male	37
27	00:39:08	6021	G	Byron	Cloete	Open	Male	31
28	00:39:22	4025	E	Niel	Visagie	Open	Male	31
29	00:39:22	5120	F	Garnett	Thorne	Open	Male	25
30	00:39:30	5036	F	Robert	Moerman	Open	Male	24
31	00:39:32	5045	F	Edward	Smit	Open	Male	38
32	00:39:48	6144	G	Hein	Van Den Einde	Open	Male	30
33	00:40:00	5135	F	Mikhail	Pentz	Open	Male	32
34	00:40:19	5136	F	Robert	Fanucchi	Open	Male	32
35	00:40:24	6005	G	Aliston	Beviss-Challinor	Open	Male	31
36	00:40:36	5011	F	Gideon	De Wet	Open	Male	37
37	00:40:54	5128	F	Stephen	Guess	Open	Male	30
38	00:41:01	4005	E	Heinrich	Dedekind	Open	Male	24
39	00:41:14	5016	F	Jonathan	Grant	Open	Male	29
40	00:41:14	6191	G	Shane	Schwulst	Open	Male	28
41	00:41:30	6165	G	Richard	Barker	Open	Male	33
42	00:41:35	6351	G	Cameron	Reardon	Open	Male	27
43	00:41:57	6365	G	Robert	Sloan	Open	Male	32
44	00:41:58	5030	F	Luke	Mather	Open	Male	27
45	00:42:27	5106	F	Dave	Meinert	Open	Male	36
46	00:42:31	7054	F	Michial	Malek	Open	Male	29
47	00:43:11	6275	G	Patrick	Fitzgerald	Open	Male	34
48	00:43:20	6358	G	Simon	Schoon	Open	Male	38
49	00:43:23	6226	G	Adam	Alexander	Open	Male	37
50	00:43:25	6127	G	Kapil	Singh	Open	Male	34
51	00:43:37	5040	F	Tiaan	Pietersen	Open	Male	25
52	00:44:37	5085	F	Shawn	Bailes	Open	Male	21
53	00:45:34	6126	G	Jacob	Serfontein	Open	Male	28
54	00:45:53	6091	G	Colin	Ohlhoff	Open	Male	37
55	00:46:28	6044	G	Mogammad	Ely	Open	Male	32
56	00:46:30	5086	F	Cameron	Barnes	Open	Male	35
57	00:46:45	5062	F	Timothy	Young	Open	Male	36
58	00:47:08	6402	G	Nick	Woudberg	Open	Male	27
59	00:47:09	7011	H	Barend	Brand	Open	Male	24
60	00:47:18	6256	G	Eduan	Crouse	Open	Male	26
61	00:47:30	6282	G	Colin	Gibb	Open	Male	38
62	00:47:37	7223	H	Franco	Maass	Open	Male	29
63	00:48:17	6163	G	Nathan	Williams	Open	Male	29
64	00:48:26	6093	G	Robert	Ormond	Open	Male	32
65	00:49:05	6394	G	Righardt	Van Zyl	Open	Male	23
66	00:49:13	6105	G	Neil	Pretorius	Open	Male	38
67	00:49:18	6192	G	Ettienne	Pretorius	Open	Male	30
68	00:49:33	6280	G	Quinton	Gero	Open	Male	32
69	00:49:55	6405	G	Adam	Henning	Open	Male	29
70	00:49:57	6051	G	Gareth	Fox	Open	Male	38
71	00:50:06	6355	G	Zaahir	Salie	Open	Male	21
72	00:50:08	6234	G	Quaanit	Bardien	Open	Male	21
73	00:50:36	6325	G	Gavin	Matthee	Open	Male	35
74	00:51:01	5000	F	Jared	Barker	Open	Male	31
75	00:51:20	6149	G	Thomas	Van Deventer	Open	Male	35
76	00:51:53	6117	G	Gary	Rose	Open	Male	33
77	00:52:31	7263	H	Bertus	Snyman	Open	Male	30
78	00:53:02	7116	H	Bruce	Boshoff	Open	Male	33
79	00:53:21	7003	H	Richard	Anderson	Open	Male	36
80	00:53:24	7275	H	Muhammad Shaheen Tofes	Kajee	Open	Male	29
81	00:53:47	6042	G	Gregory	Edwards	Open	Male	28
82	00:53:58	7208	H	David	Jarman	Open	Male	35



83	00:54:59	6225	G	Perwez	Abdullah	Open	Male	32
84	00:55:24	5126	F	Graham	King	Open	Male	33
85	00:55:31	7224	H	Saberi	Marais	Open	Male	38
86	00:55:36	6398	G	Brendan	Von Essen	Open	Male	29
87	00:55:45	6373	G	Stephen	Thomson	Open	Male	23
88	00:55:48	7142	H	Jarred	Bradley	Open	Male	27
89	00:56:15	7082	H	Donavan	Sargeant	Open	Male	37
90	00:57:12	6017	G	Anthony	Caisley	Open	Male	34
91	00:57:19	6286	G	Gino	Gottardo	Open	Male	28
92	00:57:39	6067	G	Sergio	King	Open	Male	32
93	00:57:44	6224	G	Heinrich	Gericke	Open	Male	29
94	00:57:56	6266	G	Adrian	Emmanuel	Open	Male	32
95	00:58:23	6389	G	Zack	Van Der Schyff	Open	Male	22
96	00:58:43	6321	G	Gerhard	Mans	Open	Male	34
97	00:59:12	6252	G	David	Cloete	Open	Male	33
98	00:59:23	6034	G	Ryan	De Waal	Open	Male	30
99	00:59:37	7162	H	Adrian	Du Plessis	Open	Male	31
100	01:00:02	7031	H	Winston	Guess	Open	Male	31
101	01:00:27	6338	G	Altaaf	Noormahomed	Open	Male	34
102	01:01:27	6059	G	Ruan	Henning	Open	Male	32
103	01:02:28	6289	G	Brandon	Hamilton	Open	Male	32
104	01:02:30	6124	G	Wynand	Schutte	Open	Male	34
105	01:02:44	7033	H	Jeran	Heritage	Open	Male	26
106	01:02:46	6230	G	Gökhan	Aran	Open	Male	35
107	01:03:16	4054	E	Michael	Kannemeyer	Open	Male	31
108	01:03:44	6136	G	Zuhdi	Talip	Open	Male	32
109	01:04:03	6343	G	Chris	Pecego	Open	Male	28
110	01:04:15	7280	H	Jaco	Classen	Open	Male	30
111	01:04:35	6055	G	Lee	Groenewaldt	Open	Male	37
112	01:04:50	6383	G	Aubrey	Turner	Open	Male	33
113	01:05:08	7127	H	Hulisani	Matodzi	Open	Male	28
114	01:05:46	6335	G	Peter	Murray	Open	Male	31
115	01:06:39	7130	H	Grant	Adonis	Open	Male	29
116	01:07:31	7274	H	Martin	Hammond	Open	Male	30
117	01:07:33	4064	E	Nikolai	Vosloo	Open	Male	28
118	01:08:21	6255	G	James	Costaras	Open	Male	24
119	01:08:51	7058	H	Frederick	Meissner	Open	Male	33
120	01:11:11	7286	H	Steve	Buckley	Open	Male	34
121	01:14:16	6387	G	Johann	Van Der Nest	Open	Male	36
122	01:14:50	7154	H	Sean	Davids	Open	Male	39
123	01:17:41	7168	H	Sherwyn	Fernandez	Open	Male	33
124	01:18:19	7081	H	Faldie	Sait	Open	Male	39
125	01:20:15	6337	G	Paul	Nicolas	Open	Male	37
126	01:21:20	7272	H	Simon	Solomon	Open	Male	30
127	01:21:31	7273	H	Fabio	Gallotta	Open	Male	31
128	01:27:49	7282	H	Fagnry	Booley	Open	Male	37
129	01:32:38	4046	E	Ashley	Du Plooy	Open	Male	29

**Open Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:05	4010	E	Rosslee	Guess	Open	Female	24
2	00:34:04	4056	E	Jada	Linstroom	Open	Female	24
3	00:34:06	4015	E	Tanya	Posthumus-Fox	Open	Female	37
4	00:34:10	4065	E	Nicola	Wills	Open	Female	21
5	00:35:57	6271	G	Lucy	Etherton	Open	Female	39
6	00:36:46	4014	E	Gugulethu	Makatini	Open	Female	32
7	00:36:48	4042	E	Shevaun	Botha	Open	Female	24
8	00:37:44	4013	E	Dinaye	Hough	Open	Female	27
9	00:38:51	6173	G	Nevana	Dujmovic Prizmic	Open	Female	33
10	00:38:52	5088	F	Meagan	Bosland	Open	Female	31
11	00:40:05	6260	G	Janet	De Beer	Open	Female	37
12	00:40:35	6071	G	Martina	Manley	Open	Female	31
13	00:40:57	5129	F	Tessa	Melck	Open	Female	29
14	00:41:21	6183	G	Andrea	Rostron	Open	Female	35
15	00:41:23	6340	G	Kaylyn	Novak	Open	Female	20
16	00:41:30	5057	F	Francini	Van Staden	Open	Female	32
17	00:41:32	5101	F	Nicole	Haird	Open	Female	23
18	00:41:46	5118	F	Ciske	Smit	Open	Female	21
19	00:42:14	4032	E	Kim	Walker	Open	Female	39
20	00:43:40	5115	F	Courtney	Roots	Open	Female	25
21	00:43:43	5012	F	Lauren	Denny	Open	Female	22
22	00:43:58	6333	G	Ella-Kari	Muhl	Open	Female	28
23	00:44:15	6045	G	Anel	Engelbrecht	Open	Female	26
24	00:44:34	5050	F	Claire	Ter Morshuizen	Open	Female	20
25	00:44:50	6295	G	Brigit	Higgo	Open	Female	37
26	00:44:55	5125	F	Emma	Wright	Open	Female	36
27	00:44:56	6410	G	Janine	Zenhausen	Open	Female	37
28	00:44:58	5024	F	Justin	Hulme	Open	Female	29
29	00:45:04	6412	G	Philippa	Skowno	Open	Female	39
30	00:45:08	5110	F	Marcia	Owen	Open	Female	36
31	00:45:11	6361	G	Monique Terese	Sham	Open	Female	34
32	00:45:28	6006	G	Herna	Beviss-Challinor	Open	Female	27
33	00:45:36	5100	F	Carla	Glasspool	Open	Female	36
34	00:45:39	5117	F	Kate	Scott	Open	Female	36
35	00:46:02	5058	F	Louise	Van Wyk	Open	Female	26
36	00:46:10	6022	G	Kelcey	Cloete	Open	Female	28
37	00:46:25	5004	F	Storm Jade	Brown	Open	Female	26
38	00:46:33	5094	F	Aretha	Cooper	Open	Female	31
39	00:46:39	5133	F	Deanne	Nicholas	Open	Female	29
40	00:46:42	5105	F	Rossana	Mazoli	Open	Female	39
41	00:47:08	7267	H	Benet	Spies	Open	Female	22
42	00:47:17	5116	F	Nicola	Schmitt	Open	Female	39
43	00:47:18	5113	F	Kim	Plimsoll	Open	Female	34
44	00:47:21	6319	G	Jaime	Maher	Open	Female	22
45	00:47:25	5053	F	Shona	Troost	Open	Female	25
46	00:47:25	6267	G	Roxanne	Emslie	Open	Female	28
47	00:47:26	7277	H	Nuraan	Lotter	Open	Female	29
48	00:47:27	6082	G	Lisa	Muir	Open	Female	39
49	00:47:38	6024	G	Jennifer	Couperthwaite	Open	Female	26
50	00:47:49	5041	F	Luka	Potgieter	Open	Female	32
51	00:48:03	6102	G	Marija	Piskac	Open	Female	32
52	00:48:10	7255	H	Kelly	Scott	Open	Female	29
53	00:48:22	6400	G	Caryn	Wepener	Open	Female	34
54	00:49:02	5114	F	Shelley	Rishworth	Open	Female	22
55	00:49:20	6357	G	Samantha	Sampson	Open	Female	30
56	00:49:24	6409	G	Kate	Keey	Open	Female	28
57	00:49:41	6393	G	Madelein	Van Zyl	Open	Female	35
58	00:49:43	6296	G	Amelia	Hill	Open	Female	36
59	00:49:46	6130	G	Tayla Leigh	Smith	Open	Female	25
60	00:49:50	5018	F	Barbara	Heathcote	Open	Female	39
61	00:49:59	5026	F	Zoe	Kooyman	Open	Female	33
62	00:50:01	6080	G	Noloyiso	Mtoko	Open	Female	34
63	00:50:30	6066	G	Minette	Kallis	Open	Female	36
64	00:50:42	6176	G	Magdaleen	De Wet	Open	Female	28
65	00:51:11	6148	G	Hayley	Van Deventer	Open	Female	33
66	00:51:24	6299	G	Dorit	Hockman	Open	Female	34
67	00:51:27	6377	G	Milissa	Strydom	Open	Female	34
68	00:51:35	6018	G	Claudia	Chamberlain	Open	Female	36
69	00:51:42	6061	G	Melissa	James	Open	Female	33
70	00:51:55	6281	G	Antia	Geustyn	Open	Female	34
71	00:51:58	6133	G	Michelle	Sutcliffe	Open	Female	37
72	00:52:00	6123	G	Shelby	Salzwedel	Open	Female	25
73	00:52:04	6197	G	Tam	Middleton	Open	Female	34
74	00:52:47	4028	E	Nabeelah	Orrie	Open	Female	23
75	00:52:51	5109	F	Ruth	Nussbaum	Open	Female	30
76	00:53:10	6404	G	Belinda	Whittaker	Open	Female	37
77	00:53:14	7014	H	Midee	Buizer	Open	Female	28
78	00:53:22	6254	G	Jadri	Corbett	Open	Female	33
79	00:53:26	6371	G	Margot	Swanepoel	Open	Female	30
80	00:53:28	6251	G	Kerry-Louise	Cassar	Open	Female	32
81	00:53:31	6086	G	Laure	Myburgh	Open	Female	36
82	00:53:38	7078	H	Kirsty	Robison	Open	Female	26

83	00:53:38	6083	G	Elandre	Muller	Open	Female	27
84	00:53:40	6290	G	Vera	Hare	Open	Female	36
85	00:54:00	5043	F	Dani	Rossiter	Open	Female	21
86	00:54:12	6408	G	Naseema	Sonday	Open	Female	32
87	00:54:17	7074	H	Cornelia	Ras	Open	Female	31
88	00:54:57	7248	H	Jemma	Robb	Open	Female	35
89	00:55:43	6320	G	Amy	Mallett	Open	Female	22
90	00:56:02	5121	F	Aqeela	Valley	Open	Female	25
91	00:56:21	6300	G	Joanne	Hodgskiss	Open	Female	39
92	00:56:29	6257	G	Maryanne	Cruikshanks	Open	Female	36
93	00:56:31	6395	G	Berber	Verdoes	Open	Female	37
94	00:56:34	6031	G	Leigh	De Beyer	Open	Female	26
95	00:56:35	7158	H	Thandi	De Wit	Open	Female	33
96	00:56:44	6363	G	Hester	Slabbert	Open	Female	31
97	00:56:46	6349	G	Micaela	Pym	Open	Female	26
98	00:56:50	7156	H	Kamari	De Rijk	Open	Female	34
99	00:56:51	6063	G	Tasneem	Jappie	Open	Female	37
100	00:56:58	7227	H	Karen	Mcclarty	Open	Female	28
101	00:57:00	7228	H	Zoë	Mcclarty	Open	Female	30
102	00:57:03	6347	G	Candice	Posthumus	Open	Female	34
103	00:57:14	6359	G	Marquerite	Schutte	Open	Female	28
104	00:57:25	6344	G	Maria	Peñalver	Open	Female	37
105	00:57:27	6367	G	Hannah	Spencer (Brown)	Open	Female	36
106	00:57:35	7075	H	Jenette	Reitsma	Open	Female	30
107	00:57:42	6401	G	Julia	Wilson	Open	Female	26
108	00:57:42	7183	H	Ibtisaam	Van Der Schyff	Open	Female	28
109	00:57:51	7165	H	Trish	Erasmus	Open	Female	37
110	00:58:01	7214	H	Ashleigh	Kilduff	Open	Female	35
111	00:58:03	7044	H	Bryony	Kruger	Open	Female	33
112	00:58:04	6249	G	Cherese	Carstens	Open	Female	23
113	00:58:07	6336	G	Lauren	Nel	Open	Female	26
114	00:58:07	7212	H	Lauren	Kent	Open	Female	29
115	00:58:09	7195	H	Shelley	Hobson	Open	Female	32
116	00:58:09	6360	G	Kirstin	Sham	Open	Female	25
117	00:58:13	6092	G	Jennifer	Oosthuizen	Open	Female	23
118	00:58:21	6330	G	Jean	Meltzer	Open	Female	22
119	00:58:32	6314	G	Nicky	Lennox	Open	Female	31
120	00:58:46	6306	G	Gerda	Kasselman	Open	Female	29
121	00:58:56	7235	H	Kimberley	Misplon	Open	Female	28
122	00:59:04	6350	G	Vanessa	Randon	Open	Female	34
123	00:59:17	6026	G	Claire	Danielz	Open	Female	23
124	00:59:30	7207	H	Stefanie	Jacobs	Open	Female	34
125	00:59:34	7281	H	Becky	Mcnaught	Open	Female	30
126	00:59:37	5015	F	Kerry	Godard	Open	Female	20
127	00:59:41	7198	H	Kerry	Hunter	Open	Female	34
128	00:59:44	6385	G	Carynn	Underhill	Open	Female	36
129	00:59:48	6362	G	Caroline	Silberbauer	Open	Female	30
130	00:59:57	7104	H	Helen	Watts	Open	Female	28
131	01:00:12	7254	H	Nadja	Schwery	Open	Female	39
132	01:00:20	7249	H	Gina	Ross	Open	Female	38
133	01:00:22	6278	G	Farahnaaz	Gangat	Open	Female	26
134	01:00:40	6146	G	Thea	Van Der Merwe	Open	Female	37
135	01:00:46	6182	G	Claudia	Mohr	Open	Female	33
136	01:00:54	7199	H	Kylie	Hunter	Open	Female	28
137	01:01:02	6348	G	Michelle Claudia	Pullen	Open	Female	31
138	01:01:04	7197	H	Clare	Hofmeyr	Open	Female	33
139	01:01:04	6232	G	Nihan	Arslan Aran	Open	Female	28
140	01:01:18	6147	G	Susan	Van Der Walt	Open	Female	39
141	01:01:34	7238	H	Wardah	Moola	Open	Female	38
142	01:01:36	7279	H	Lara Elizabeth	Pretorius	Open	Female	23
143	01:01:37	5069	F	Malikah	Patel	Open	Female	32
144	01:01:53	7089	H	Carmen	Schwellnus	Open	Female	32
145	01:02:03	6054	G	Esme	Groenewald	Open	Female	32
146	01:02:12	5092	F	Leigh	Charlton	Open	Female	32
147	01:02:15	6326	G	Ulrika	Matthee	Open	Female	34
148	01:02:22	6374	G	Catherine	Timm	Open	Female	32
149	01:02:56	7242	H	Emily	Partridge	Open	Female	26
150	01:02:58	7189	H	Kate	Gunston	Open	Female	25
151	01:03:02	6305	G	Maridi	Jooste	Open	Female	33
152	01:03:14	7128	H	Nicci	Abernethy	Open	Female	35
153	01:03:48	6135	G	Nashreen	Talip	Open	Female	36
154	01:03:54	7239	H	Kim	Oliver	Open	Female	26
155	01:03:56	7193	H	Lauren	Herbert	Open	Female	25
156	01:04:06	6397	G	Alexia	Von Essen	Open	Female	32
157	01:04:11	6264	G	Tazneem	Du Toit Bardien	Open	Female	39
158	01:04:24	7143	H	Natasha	Clarkson	Open	Female	35
159	01:04:27	7253	H	Julie	Schubart	Open	Female	36
160	01:04:33	6342	G	Rubeena	Parker	Open	Female	30
161	01:04:50	7091	H	Kelly	Solinger	Open	Female	27
162	01:04:54	6384	G	Welmie	Turner	Open	Female	28
163	01:05:02	7030	H	Cayley	Green	Open	Female	28
164	01:05:02	6052	G	Natelle	Goosen	Open	Female	27
165	01:05:06	7225	H	Lutendo	Matodzi	Open	Female	29
166	01:05:28	7217	H	Jenna	Le Roux	Open	Female	32

167	01:05:29	6346	G	Pravanya	Pillay	Open	Female	34
168	01:05:55	7182	H	Andrea	Van Den Berg	Open	Female	33
169	01:05:56	7179	H	Melanie	Thirion	Open	Female	36
170	01:06:07	6354	G	Natasha	Rossouw	Open	Female	30
171	01:06:12	7194	H	Robyn	Hobson	Open	Female	30
172	01:06:14	7188	H	Faeron	Wheeler	Open	Female	33
173	01:06:17	7243	H	Andrea	Razzano	Open	Female	36
174	01:06:25	7126	H	Grace	Debeila	Open	Female	33
175	01:06:37	7245	H	Shane	Renze	Open	Female	29
176	01:06:37	5111	F	Andrea	Phillips	Open	Female	26
177	01:06:38	6002	G	Shamima	Ahmed	Open	Female	32
178	01:06:43	6332	G	Leila Mical	Mitrani	Open	Female	29
179	01:07:11	7017	H	Erica	Cawdry	Open	Female	36
180	01:07:16	6075	G	Zenika	Matthee	Open	Female	19
181	01:07:25	7157	H	Saskia	De Vogel	Open	Female	35
182	01:07:35	7132	H	Olivia	Alcock	Open	Female	26
183	01:07:43	5108	F	Rosalind	Murray	Open	Female	28
184	01:07:44	7181	H	Ursula	Truter	Open	Female	26
185	01:07:46	7170	H	Jenine	Fraser	Open	Female	26
186	01:07:50	7231	H	Aniqah	Misbach	Open	Female	27
187	01:08:19	7080	H	Kayleigh	Ryke	Open	Female	28
188	01:08:19	6269	G	Joanie	Erasmus	Open	Female	23
189	01:08:54	7025	H	Erin	Devenish	Open	Female	26
190	01:09:02	6078	G	Naeema	Moolla	Open	Female	39
191	01:09:29	6331	G	Tamlyn	Melville	Open	Female	32
192	01:09:53	6025	G	Colleen	Cross	Open	Female	37
193	01:09:55	7008	H	Kim	Boise	Open	Female	34
194	01:10:06	6076	G	Shalance	Meyer	Open	Female	28
195	01:10:10	6414	G	Michelle	Williams	Open	Female	35
196	01:10:13	6258	G	Emmanuelle	Daniel	Open	Female	37
197	01:10:34	7278	H	Nabeelah	Mia	Open	Female	29
198	01:11:07	7029	H	Desiree	Gaven	Open	Female	37
199	01:14:09	6388	G	Lesley-Anne	Van Der Nest	Open	Female	32
200	01:14:11	7264	H	Lee Ann	Snyman	Open	Female	37
201	01:14:20	7265	H	Shandre	Snyman	Open	Female	33
202	01:14:52	7191	H	Abigail	Haricombe	Open	Female	36
203	01:14:56	7285	H	Haanim	Galvaan	Open	Female	29
204	01:15:05	7230	H	Ashleigh	Mee	Open	Female	30
205	01:16:02	7174	H	Caren	George	Open	Female	35
206	01:16:35	6157	G	Annerie	Visser	Open	Female	29
207	01:16:57	7153	H	Megan	Davids	Open	Female	37
208	01:17:30	7240	H	Margaretha	Oosthuizen	Open	Female	34
209	01:17:32	7131	H	Lynn	Adonis	Open	Female	35
210	01:17:44	7283	H	Galimah	Majiet	Open	Female	38
211	01:18:00	6238	G	Amy	Blanchard	Open	Female	35
212	01:19:25	7034	H	Nicole	Hermans	Open	Female	34
213	01:20:23	6221	G	Raeesa	Abdulla	Open	Female	30
214	01:22:26	5084	F	Asavela	Nkamisa	Open	Female	34
215	01:24:50	6292	G	Amaarah	Hendricks	Open	Female	20
216	01:25:43	7083	H	Jackie	Sargeant	Open	Female	39
217	01:26:34	7262	H	Claire	Smyth	Open	Female	32
218	01:27:55	7284	H	Ilhaam	Booley	Open	Female	32

**Veteran Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:02	6366	G	Stefan	Sowa	Veteran	Male	40
2	00:33:42	4024	E	Scott	Tait	Veteran	Male	44
3	00:34:44	4039	E	Mike	Clarke	Veteran	Male	47
4	00:34:52	4008	E	Christie	Engelbrecht	Veteran	Male	43
5	00:37:11	4022	E	Antony	Smyth	Veteran	Male	47
6	00:37:52	6081	G	Daz	Muir	Veteran	Male	41
7	00:37:58	6125	G	Wynand	Seimons	Veteran	Male	42
8	00:38:29	4030	E	Ashraf	Orrie	Veteran	Male	49
9	00:39:44	5067	F	Wynand	Classens	Veteran	Male	43
10	00:39:47	5048	F	Philip	Stevens	Veteran	Male	42
11	00:40:17	5013	F	Bill	Dunn	Veteran	Male	49
12	00:40:52	7222	H	Jonah	Lustig	Veteran	Male	46
13	00:41:20	5009	F	Gerrie	Combrink	Veteran	Male	42
14	00:41:54	6324	G	Ian	Matheson	Veteran	Male	43
15	00:42:16	5054	F	Altan	Ungerer	Veteran	Male	40
16	00:43:13	6253	G	Jack G	Coetzee	Veteran	Male	43
17	00:44:39	5010	F	Andre	De Vos	Veteran	Male	40
18	00:45:54	7101	H	Paul	Truscott	Veteran	Male	44
19	00:48:59	6276	G	Marc	Fletcher	Veteran	Male	45
20	00:49:30	6139	G	Henry	Thomson	Veteran	Male	43
21	00:50:34	6233	G	Jean-Paul	Baar	Veteran	Male	46
22	00:51:04	6390	G	Murray	Van Schalkwyk	Veteran	Male	41
23	00:51:48	6284	G	Bruce	Goodwin	Veteran	Male	49
24	00:51:52	7137	H	Glenn	Booyesen	Veteran	Male	45
25	00:52:04	6328	G	Mark	Mawman	Veteran	Male	43
26	00:52:15	7052	H	Donavan	Levey	Veteran	Male	48
27	00:52:17	7100	H	Jean	Tranter	Veteran	Male	43
28	00:52:30	4020	E	Waheeb	Slarmie	Veteran	Male	47
29	00:53:42	6368	G	Gavin	Stander	Veteran	Male	48
30	00:56:06	6406	G	Glenn	Hurlow	Veteran	Male	45
31	00:59:49	7241	H	Brian	Palmer	Veteran	Male	42
32	01:00:05	6160	G	Brett	Whitehead	Veteran	Male	42
33	01:00:48	6303	G	Faizel	Jacobs	Veteran	Male	44
34	01:01:24	7169	H	Simon	Fishley	Veteran	Male	41
35	01:03:56	6413	G	Ishmaeel	Samaai	Veteran	Male	46
36	01:05:06	6227	G	Grant	Alexander	Veteran	Male	43
37	01:05:39	7098	H	Hugo	Theron	Veteran	Male	45
38	01:06:53	7065	H	Jason-Paul	Nicol	Veteran	Male	42
39	01:09:19	6228	G	Wesley	Alexander	Veteran	Male	40
40	01:12:04	7134	H	Japie	Asja	Veteran	Male	46

**Veteran Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:38:44	4063	E	Penelope	Van Maasydk	Veteran	Female	46
2	00:40:15	5130	F	Ruth	Kennard-Davis	Veteran	Female	42
3	00:43:55	4023	E	Beverley	Smyth	Veteran	Female	45
4	00:46:11	4009	E	Hilary	Gardner	Veteran	Female	40
5	00:47:32	5025	F	Aleks	Jablonska	Veteran	Female	40
6	00:47:33	6009	G	Nikki	Boshoff	Veteran	Female	47
7	00:47:36	5102	F	Elmare	Herring	Veteran	Female	48
8	00:47:38	5112	F	Lisa	Plessis	Veteran	Female	46
9	00:48:01	5123	F	Elize	Van Staden	Veteran	Female	41
10	00:48:21	6272	G	Kristy	Faccer	Veteran	Female	41
11	00:48:55	6265	G	Shelley	Dudley	Veteran	Female	45
12	00:49:52	6131	G	Jonel	Steffen	Veteran	Female	40
13	00:50:27	6375	G	Isadore	Aproskie	Veteran	Female	43
14	00:51:02	6312	G	Allison	Lamb	Veteran	Female	47
15	00:51:37	6240	G	Daleen	Botha	Veteran	Female	42
16	00:51:49	7164	H	Mandy	Erasmus	Veteran	Female	41
17	00:51:51	6285	G	Wanita	Goodwin	Veteran	Female	48
18	00:51:57	6277	G	Kelle	Gagne	Veteran	Female	44
19	00:51:57	6310	G	Jacqui	Koep	Veteran	Female	48
20	00:52:02	6038	G	Cheryl	Deverson	Veteran	Female	40
21	00:52:45	7258	H	Paris	Skye	Veteran	Female	40
22	00:53:13	6150	G	Louvaine	Van Rensburg	Veteran	Female	43
23	00:54:05	4021	E	Zuriena	Slarmie	Veteran	Female	43
24	00:56:04	6301	G	Cindy	Hurlow	Veteran	Female	43
25	00:56:24	6392	G	Tamsin	Van Vlaanderen	Veteran	Female	40
26	00:56:27	7020	H	Lizette	Daniels	Veteran	Female	44
27	00:56:54	7139	H	Tracey	Booyens	Veteran	Female	44
28	00:57:54	6322	G	Erika	Marais	Veteran	Female	46
29	00:58:48	5038	F	Haseena	Petersen	Veteran	Female	41
30	00:59:33	6142	G	Helen	Turkstra	Veteran	Female	43
31	00:59:47	7269	H	Vanessa	Stephen	Veteran	Female	41
32	00:59:51	7006	H	Nolan	Beudeker	Veteran	Female	49
33	01:00:15	6386	G	Corinne	Van Den Berg	Veteran	Female	47
34	01:00:18	6396	G	Matthew	Volbrecht	Veteran	Female	43
35	01:00:36	7144	H	Yolanda	Collins	Veteran	Female	47
36	01:01:14	6039	G	Kirsten	Deverson	Veteran	Female	40
37	01:02:39	6247	G	Nicole	Cahill	Veteran	Female	41
38	01:02:47	7244	H	Pippa	Readhead	Veteran	Female	42
39	01:03:09	5098	F	Natasha	Fisher	Veteran	Female	44
40	01:03:23	5131	F	Alexis	Van Reenen	Veteran	Female	43
41	01:04:03	7288	H	Alet	Prinsloo	Veteran	Female	41
42	01:04:20	7219	H	Jenni	Lee	Veteran	Female	42
43	01:04:29	6047	G	Aneekah	Fataar	Veteran	Female	46
44	01:04:36	7236	H	Maistoerah	Mohamed	Veteran	Female	40
45	01:04:46	7105	H	Christine	Welthagen	Veteran	Female	43
46	01:04:56	7276	H	Desiree	Du Plooy	Veteran	Female	46
47	01:05:08	6288	G	Lesley	Haddow	Veteran	Female	48
48	01:05:21	7172	H	Anna	Frost	Veteran	Female	42
49	01:05:23	7190	H	Lauren	Haakman	Veteran	Female	42
50	01:05:25	6186	G	Marlene	Nell	Veteran	Female	48
51	01:05:26	7160	H	Jennifer	Deverson	Veteran	Female	43
52	01:05:33	7220	H	Jenni	Lombard	Veteran	Female	43
53	01:05:46	7213	H	Jean	Kerby-Feast	Veteran	Female	49
54	01:06:02	7259	H	Fern	Smith	Veteran	Female	41
55	01:06:09	6259	G	Nazli	Daniels	Veteran	Female	41
56	01:06:50	7095	H	Elmari	Swart	Veteran	Female	40
57	01:07:11	6074	G	Marié	Mathee	Veteran	Female	42
58	01:07:14	7200	H	Ashley	Hurwitz	Veteran	Female	48
59	01:08:09	7251	H	Shanaaz	Salie	Veteran	Female	40
60	01:08:23	7247	H	Jane	Rivera	Veteran	Female	49
61	01:11:03	7266	H	Ayesha	Soni Ryklief	Veteran	Female	40
62	01:11:25	7135	H	Zulfa Bardien	Bardien	Veteran	Female	44
63	01:12:23	7129	H	Karen	Abrahams	Veteran	Female	47
64	01:14:16	7161	H	Jill	Dollie	Veteran	Female	41
65	01:14:22	7229	H	Amanda	McClean	Veteran	Female	45
66	01:14:26	7175	H	Roxane	Gers	Veteran	Female	42
67	01:16:11	7152	H	Wendy	Cuninghame	Veteran	Female	43
68	01:16:30	6188	G	Tracy	Berry	Veteran	Female	45
69	01:17:36	7210	H	Lynn	Joubert	Veteran	Female	47
70	01:17:48	7002	H	Judith	Africa	Veteran	Female	45
71	01:18:10	7226	H	Cherri	Mc Helm	Veteran	Female	40
72	01:18:13	7252	H	Fiona	Sander	Veteran	Female	43
73	01:18:36	7192	H	Deidre	Hendricks	Veteran	Female	40

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:34:55	6010	G	Eugene	Botha	Master	Male	52
2	00:35:16	4019	E	Richard	Rossiter	Master	Male	60
3	00:38:00	4044	E	Andrew	Denny	Master	Male	55
4	00:39:18	6053	G	Herman	Grobbelaar	Master	Male	59
5	00:44:41	5104	F	Chris	Maeyer	Master	Male	62
6	00:44:53	6407	G	Leslie	Chivell	Master	Male	62
7	00:45:42	6364	G	Donal	Slemmon	Master	Male	52
8	00:48:38	6040	G	Afzal	Dhansay	Master	Male	57
9	00:48:38	5127	E	Alfred	Temmers	Master	Male	50
10	00:50:13	5090	F	Anthony	Briton	Master	Male	54
11	00:50:24	6237	G	Robert	Bell	Master	Male	55
12	00:50:41	5023	F	Don	Hugo	Master	Male	54
13	00:50:44	6334	G	Steve	Murphy	Master	Male	50
14	00:51:06	6020	G	Chris	Clark	Master	Male	75
15	00:51:59	6339	G	Julian	Novak	Master	Male	51
16	00:55:49	6019	G	Mark	Chamberlain	Master	Male	52
17	00:56:02	6109	G	Adrian	Renaud	Master	Male	57
18	00:57:05	6411	G	Phillip	Van Schalkwyk	Master	Male	50
19	00:57:30	7176	H	Chris	Gibbons	Master	Male	63
20	00:59:19	6028	G	Sean	Danielz	Master	Male	52
21	01:02:05	6065	G	Eben	Joubert	Master	Male	55
22	01:02:44	6134	G	Marius	Swanepoel	Master	Male	58
23	01:04:29	7209	H	Willem	Jonker	Master	Male	59
24	01:05:16	6016	G	Abul	Cader	Master	Male	55
25	01:16:14	7151	H	Allan	Cuninghame	Master	Male	57
26	01:17:21	7019	H	Robbie	Dallas-Orr	Master	Male	77
27	01:17:50	7001	H	Gregory	Africa	Master	Male	59
28	01:26:41	7233	H	Reza	Misbach	Master	Male	53
29	01:29:28	7146	H	Digby	Colman	Master	Male	63

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:43:07	4027	E	Roldah	Orrie	Master	Female	53
2	00:46:35	7167	H	Helena	Fagan	Master	Female	63
3	00:51:33	6345	G	Terry	Pheiffer	Master	Female	52
4	00:51:56	6101	G	Coral	Pieters	Master	Female	51
5	00:52:01	6309	G	Jessica	Knight	Master	Female	56
6	00:52:02	6198	G	Jacqui	Goodwin	Master	Female	50
7	00:52:19	5134	F	Adiela	Sheik	Master	Female	54
8	00:52:54	5093	F	Bettie	Coetzee	Master	Female	72
9	00:52:56	5022	F	Audrey	Hugo	Master	Female	56
10	00:56:08	5052	F	Kathie	Troost	Master	Female	59
11	00:56:54	5132	F	Yasmiv	Toeffie	Master	Female	60
12	00:57:21	6317	G	Jacky	Lourens	Master	Female	53
13	00:58:32	7186	H	Maz	Walker	Master	Female	55
14	01:00:39	5091	F	Olivia	Briton	Master	Female	54
15	01:01:39	6298	G	Frances	Hills	Master	Female	71
16	01:02:27	7059	H	Nazlie	Mohedeen	Master	Female	57
17	01:02:41	6112	G	Margie	Richter Wilmot	Master	Female	53
18	01:03:10	6159	G	Dagny [Born Jeannine]	Warmerdam	Master	Female	51
19	01:03:19	6308	G	Hilary	Knight	Master	Female	54
20	01:04:23	6119	G	Dawn	Rossiter	Master	Female	61
21	01:04:58	7271	H	Catherine	Chisnall	Master	Female	59
22	01:05:20	6316	G	Yasmin	Limbada	Master	Female	53
23	01:05:39	6088	G	Marianne	Nelson	Master	Female	74
24	01:05:57	7178	H	Charmaine	Goott	Master	Female	56
25	01:06:31	7000	H	Carin	Abramovitz	Master	Female	56
26	01:06:32	6229	G	Tehzeen	Anjarwalla	Master	Female	51
27	01:06:35	7261	H	Nina	Smith	Master	Female	50
28	01:07:43	6297	G	Cheryl	Hillman	Master	Female	54
29	01:08:32	7043	H	Ruth	Kohlberg	Master	Female	53
30	01:08:45	6283	G	Linda	Gibson	Master	Female	56
31	01:08:46	7204	H	Paula	Isaac	Master	Female	63
32	01:10:15	6027	G	Louise	Danielz	Master	Female	50
33	01:12:19	7077	H	Joy	Robinson	Master	Female	68
34	01:13:53	6110	G	Pamela	Renaud	Master	Female	57
35	01:14:47	7202	H	Lesley	l'Ons	Master	Female	67
36	01:14:59	7184	H	Lincey	Van Niekerk	Master	Female	51
37	01:16:28	7260	H	Teri	Smith	Master	Female	52
38	01:20:08	6279	G	Carissa	Gardiner	Master	Female	54
39	01:21:12	7145	H	Mandy	Colman	Master	Female	60
40	01:25:40	7185	H	Cheryl	Van Zyl	Master	Female	50
41	01:26:39	7234	H	Shahida	Misbach	Master	Female	53
42	01:27:08	7206	H	Martie	Jacobs	Master	Female	56
43	01:27:11	7215	H	Danette	Kotze	Master	Female	62
44	01:27:19	7136	H	Mariette	Bonthuys	Master	Female	54

**Junior**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:53	4069	E	Tom	Byron	Junior	Male	16
2	00:30:03	5087	F	Tom	Barty	Junior	Male	17
3	00:31:29	5099	F	Aedan	Foulkes	Junior	Male	17
4	00:32:41	4052	E	Stuart	Heath	Junior	Male	15
5	00:43:34	6313	G	Kara	Lamb	Junior	Female	15
6	00:46:07	7218	H	Callum	Lee	Junior	Female	15
7	00:55:31	6242	G	Megan	Bremner	Junior	Female	17
8	01:03:39	6064	G	Chloe	Joubert	Junior	Female	15
9	01:04:00	7289	H	Jaco	Prinsloo	Junior	Male	16
10	01:04:16	6236	G	Nabeelah	Bardien	Junior	Female	16
11	01:04:19	6235	G	Imaan	Bardien	Junior	Female	16

**Minimee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:29:03	4007	E	Jethro	Dunn	Minimee	Male	14
2	00:31:26	4001	E	Deon	Bochnig	Minimee	Male	13
3	00:32:56	4045	E	Ben	Derman	Minimee	Male	14
4	00:35:45	6244	G	Gregory	Bunn	Minimee	Male	13
5	00:35:49	4067	E	Nicolas	Yolland	Minimee	Male	12
6	00:37:38	6077	G	Mikaeel	Moolla	Minimee	Male	12
7	00:38:21	4051	E	Erin	Heath	Minimee	Female	11
8	00:39:51	6241	G	Abigail	Bremner	Minimee	Female	11
9	00:41:03	5103	F	Sophia	Kluijfhout	Minimee	Female	14
10	00:43:54	6037	G	Ryan	Dellbridge	Minimee	Male	11
11	00:56:13	6307	G	Serena	Kluijfhout	Minimee	Female	14
12	01:03:01	7125	H	Dominic	Gaven	Minimee	Male	11

**Peewee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:32:17	4002	E	Cullen	Clarke	Peewee	Male	10
2	00:33:30	5097	F	Nicholas	Etherton	Peewee	Male	8
3	00:34:42	4003	E	Liam	Clarke	Peewee	Male	10
4	00:35:10	4058	E	Caelan	McLeod	Peewee	Male	8
5	00:35:27	4068	E	Jonathan	Dellbridge	Peewee	Male	8
6	00:42:48	6219	G	Seth	Muir	Peewee	Male	9
7	00:53:54	7084	H	Jared	Sargeant	Peewee	Male	9
8	00:54:55	7201	H	Jenna	Hurwitz	Peewee	Female	10
9	00:55:00	7237	H	Haaniyah	Moolla	Peewee	Female	8
10	01:05:36	7099	H	Isabella	Theron	Peewee	Female	9
11	01:09:09	6079	G	Zaid	Moolla	Peewee	Male	9
12	01:25:45	7085	H	Kyle	Sargeant	Peewee	Male	7