



**Spur Cape Summer Trail Series® 2017**  
**Race 2 LONG COURSE Championship (10km)**  
**Kirstenbosch Botanical Gardens**

**Overall**

| Position | Time     | Race # | Batch | Name           | Surname          | Category | Sex    | Age |
|----------|----------|--------|-------|----------------|------------------|----------|--------|-----|
| 1        | 00:39:26 | 86     | A     | Raydon         | Balie            | Open     | Male   | 22  |
| 2        | 00:40:27 | 40     | A     | Siviwe         | Nkombi           | Open     | Male   | 28  |
| 3        | 00:41:45 | 83     | A     | Vincent        | Viet             | Open     | Male   | 33  |
| 4        | 00:41:54 | 14     | A     | Jarryd         | Dunn             | Open     | Male   | 19  |
| 5        | 00:42:13 | 126    | A     | Enok           | Jimani           | Open     | Male   | 20  |
| 6        | 00:42:51 | 106    | A     | Charles        | Houston          | Open     | Male   | 19  |
| 7        | 00:43:29 | 66     | A     | Roelof         | Mostert          | Open     | Male   | 32  |
| 8        | 00:44:48 | 5      | A     | andrea         | biffi            | Open     | Male   | 23  |
| 9        | 00:45:20 | 85     | A     | Ricardo        | Jaftha           | Open     | Male   | 29  |
| 10       | 00:45:32 | 25     | A     | Dale           | Herring          | Open     | Male   | 22  |
| 11       | 00:45:42 | 13     | A     | Emmanuel       | Dlamini          | Open     | Male   | 35  |
| 12       | 00:46:06 | 127    | A     | D              | Baart            | Veteran  | Male   | 46  |
| 13       | 00:46:08 | 32     | A     | Mike           | Kupferberg       | Open     | Male   | 30  |
| 14       | 00:46:11 | 39     | A     | Ruan           | Myburgh          | Open     | Male   | 29  |
| 15       | 00:47:12 | 87     | A     | Lucas          | Adams            | Open     | Male   | 28  |
| 16       | 00:47:31 | 62     | A     | James          | Bosenberg        | Open     | Male   | 29  |
| 17       | 00:48:32 | 54     | A     | Ryan           | Winter           | Open     | Male   | 39  |
| 18       | 00:49:31 | 98     | A     | Devon          | Coetzee          | Open     | Male   | 25  |
| 19       | 00:49:40 | 88     | A     | Brenton        | Ashby            | Veteran  | Male   | 47  |
| 20       | 00:50:06 | 94     | A     | Graeme         | betty            | Open     | Male   | 19  |
| 21       | 00:50:07 | 30     | A     | Ben            | Kooyman          | Open     | Male   | 29  |
| 22       | 00:50:17 | 195    | A     | Grant          | Marcus           | Veteran  | Male   | 43  |
| 23       | 00:51:09 | 1271   | B     | Brian          | Saunders         | Open     | Male   | 24  |
| 24       | 00:51:50 | 197    | A     | Andrew         | McPherson        | Veteran  | Male   | 43  |
| 25       | 00:51:50 | 200    | A     | Geoffrey       | Muller           | Open     | Male   | 28  |
| 26       | 00:51:52 | 109    | A     | Jacobus Daniel | Hugo             | Open     | Male   | 25  |
| 27       | 00:51:53 | 100    | A     | Ross           | Dold             | Open     | Male   | 32  |
| 28       | 00:52:05 | 119    | A     | Aurelien       | Brandt           | Open     | Male   | 24  |
| 29       | 00:52:12 | 1001   | B     | James          | Arbutnot         | Open     | Male   | 37  |
| 30       | 00:52:25 | 75     | A     | Emily          | Yeo              | Open     | Female | 19  |
| 31       | 00:52:30 | 128    | A     | Matthew        | Kroon            | Open     | Male   | 0   |
| 32       | 00:52:31 | 1136   | B     | Essa           | Barriis          | Open     | Male   | 27  |
| 33       | 00:52:45 | 115    | A     | Greg           | Torr             | Veteran  | Male   | 42  |
| 34       | 00:52:46 | 120    | A     | Joe            | Harding          | Open     | Male   | 23  |
| 35       | 00:52:54 | 99     | A     | Theunis        | De Bruin         | Open     | Male   | 29  |
| 36       | 00:52:55 | 108    | A     | Julie          | Huckle           | Veteran  | Female | 48  |
| 37       | 00:53:15 | 3055   | D     | Lukasz         | Grzybowski       | Veteran  | Male   | 41  |
| 38       | 00:53:19 | 1111   | B     | Jonathan       | van Wyk          | Open     | Male   | 36  |
| 39       | 00:53:24 | 198    | A     | David          | Metelerkamp      | Open     | Male   | 25  |
| 40       | 00:53:39 | 1223   | B     | Achmat         | Arnold           | Open     | Male   | 19  |
| 41       | 00:53:55 | 8      | A     | Sophie         | Cope             | Open     | Female | 19  |
| 42       | 00:54:05 | 41     | A     | Marius         | Oosthuizen       | Veteran  | Male   | 40  |
| 43       | 00:54:34 | 44     | A     | Simbao         | Simbao           | Open     | Male   | 35  |
| 44       | 00:54:37 | 1039   | B     | Mark           | Jacobson         | Veteran  | Male   | 41  |
| 45       | 00:54:41 | 1105   | B     | Wesley         | Turner-Dauncey   | Open     | Male   | 29  |
| 46       | 00:54:49 | 58     | A     | St John        | Springett        | Veteran  | Male   | 44  |
| 47       | 00:54:54 | 1195   | B     | Petrus         | Van Wyk          | Open     | Male   | 27  |
| 48       | 00:54:55 | 90     | A     | yazied         | baker            | Open     | Male   | 38  |
| 49       | 00:54:56 | 1067   | B     | Danté          | Nel              | Open     | Male   | 28  |
| 50       | 00:55:16 | 46     | A     | Johan          | van der Merwe    | Open     | Male   | 30  |
| 51       | 00:55:17 | 42     | A     | Mogale         | Piloso           | Veteran  | Male   | 45  |
| 52       | 00:55:29 | 1288   | B     | Gavin          | Millard          | Veteran  | Male   | 48  |
| 53       | 00:55:41 | 1239   | B     | Matthew        | Kruger           | Veteran  | Male   | 40  |
| 54       | 00:55:49 | 196    | A     | Jodi           | Marcus           | Open     | Female | 34  |
| 55       | 00:55:54 | 110    | A     | Kevin          | Hurwitz          | Veteran  | Male   | 46  |
| 56       | 00:55:56 | 105    | A     | Heymans        | Heymans          | Open     | Male   | 30  |
| 57       | 00:55:57 | 4      | A     | Pieter         | Bezuidenhout     | Open     | Male   | 36  |
| 58       | 00:56:18 | 1022   | B     | JP             | du Plessis       | Open     | Male   | 31  |
| 59       | 00:56:28 | 111    | A     | Tess           | Keers            | Veteran  | Female | 40  |
| 60       | 00:56:32 | 1269   | B     | Jason          | Sutherland       | Open     | Male   | 38  |
| 61       | 00:56:33 | 199    | A     | Peter John     | Moses            | Veteran  | Male   | 40  |
| 62       | 00:56:42 | 102    | A     | Chris          | Garbers          | Open     | Male   | 27  |
| 63       | 00:56:45 | 190    | A     | Benoit         | Lacroix          | Open     | Male   | 35  |
| 64       | 00:56:45 | 1255   | B     | Melany         | Porter           | Veteran  | Female | 41  |
| 65       | 00:56:47 | 23     | A     | Joakim         | Hansi Blackadder | Open     | Male   | 32  |
| 66       | 00:56:51 | 114    | A     | Samantha       | Urquhart gouws   | Veteran  | Female | 40  |
| 67       | 00:56:59 | 77     | A     | shane          | murray           | Open     | Male   | 35  |
| 68       | 00:57:07 | 1214   | B     | Rob            | Baird            | Open     | Male   | 35  |
| 69       | 00:57:12 | 1085   | B     | Cheri          | Rickett          | Veteran  | Female | 44  |
| 70       | 00:57:21 | 1268   | B     | Luke           | Ferguson         | Open     | Male   | 29  |
| 71       | 00:57:22 | 2055   | C     | David          | Ellis            | Open     | Male   | 24  |
| 72       | 00:57:23 | 1082   | B     | Sebastienn     | Ratoni           | Open     | Male   | 33  |
| 73       | 00:57:32 | 53     | A     | Chloe          | Williams         | Open     | Female | 24  |
| 74       | 00:57:40 | 1262   | B     | Sebastian      | Roland           | Open     | Male   | 28  |
| 75       | 00:57:44 | 1089   | B     | malcolm        | Royston          | Veteran  | Male   | 40  |
| 76       | 00:57:47 | 1003   | B     | Frederik       | Bakker           | Open     | Male   | 22  |
| 77       | 00:57:49 | 1206   | B     | Nick           | Stodel           | Veteran  | Male   | 41  |
| 78       | 00:57:51 | 29     | A     | Wesley         | Johnston         | Open     | Male   | 32  |
| 79       | 00:57:53 | 1267   | B     | Shuheen        | Junuuy           | Open     | Male   | 35  |
| 80       | 00:57:56 | 122    | A     | Ridhaa         | Falcier          | Open     | Male   | 29  |

|     |          |      |   |             |                 |         |        |    |
|-----|----------|------|---|-------------|-----------------|---------|--------|----|
| 81  | 00:58:02 | 1199 | B | Frank       | van der Kaaij   | Veteran | Male   | 46 |
| 82  | 00:58:16 | 34   | A | Garth Neil  | Lary            | Veteran | Male   | 44 |
| 83  | 00:58:22 | 9    | A | Cornelius   | Cornelius       | Open    | Female | 30 |
| 84  | 00:58:23 | 28   | A | Nezaam      | Isaacs          | Veteran | Male   | 46 |
| 85  | 00:58:53 | 1216 | B | Craig       | Pike            | Veteran | Male   | 41 |
| 86  | 00:58:58 | 55   | A | Hans        | Woermann        | Master  | Male   | 57 |
| 87  | 00:59:01 | 1052 | B | Arno        | Lawrenz         | Master  | Male   | 50 |
| 88  | 00:59:01 | 3080 | D | colin       | van der elst    | Open    | Male   | 37 |
| 89  | 00:59:05 | 1217 | B | Larry       | Morris          | Veteran | Male   | 41 |
| 90  | 00:59:12 | 2214 | C | Stean       | Bester          | Open    | Male   | 31 |
| 91  | 00:59:15 | 1201 | B | Tiaan       | van As          | Open    | Male   | 26 |
| 92  | 00:59:29 | 1073 | B | James       | Oosterbaan      | Open    | Male   | 23 |
| 93  | 00:59:36 | 1187 | B | Stefan      | Keeve           | Open    | Male   | 29 |
| 94  | 00:59:39 | 1145 | B | Louis       | Botha           | Open    | Male   | 28 |
| 95  | 00:59:39 | 2048 | C | Aiden       | Du Plessis      | Open    | Male   | 31 |
| 96  | 00:59:41 | 6    | A | Martin      | Bongers         | Open    | Male   | 34 |
| 97  | 00:59:43 | 1200 | B | Wian        | van den Bergh   | Open    | Male   | 27 |
| 98  | 00:59:46 | 1007 | B | Marc        | Bester          | Veteran | Male   | 42 |
| 99  | 00:59:49 | 1037 | B | Jan Hendrik | Hofmeyr         | Open    | Male   | 35 |
| 100 | 00:59:59 | 1163 | B | Coriaan     | de Villiers     | Veteran | Female | 45 |
| 101 | 01:00:03 | 1261 | B | Paul        | Robertson       | Master  | Male   | 50 |
| 102 | 01:00:10 | 189  | A | Charmaine   | Rossouw         | Veteran | Female | 42 |
| 103 | 01:00:17 | 2246 | C | Izak        | Du Plessis      | Veteran | Male   | 40 |
| 104 | 01:00:17 | 1258 | B | Maxine      | Reilly          | Master  | Female | 55 |
| 105 | 01:00:18 | 1125 | B | Mubeeu      | September       | Open    | Male   | 38 |
| 106 | 01:00:18 | 1077 | B | Shaheen     | Patel           | Veteran | Male   | 40 |
| 107 | 01:00:18 | 1176 | B | Quinton     | Frieslich       | Veteran | Male   | 40 |
| 108 | 01:00:21 | 1139 | B | Oliver      | Bekker          | Open    | Male   | 32 |
| 109 | 01:00:25 | 201  | A | Charlotte   | Noble           | Master  | Female | 51 |
| 110 | 01:00:30 | 3181 | D | Jens        | Leiker          | Open    | Male   | 21 |
| 111 | 01:00:30 | 1166 | B | Steven      | Dembitzer       | Open    | Male   | 27 |
| 112 | 01:00:33 | 1256 | B | Henk        | Rademeyer       | Master  | Male   | 50 |
| 113 | 01:00:35 | 1144 | B | Kristo      | Botha           | Open    | Male   | 24 |
| 114 | 01:00:38 | 80   | A | Emily       | Aitken          | Open    | Female | 26 |
| 115 | 01:00:49 | 20   | A | Rosslee     | Guess           | Open    | Female | 23 |
| 116 | 01:00:52 | 2152 | C | Bob         | Schuiling       | Master  | Male   | 53 |
| 117 | 01:01:01 | 1033 | B | Pierre      | Goussard        | Veteran | Male   | 49 |
| 118 | 01:01:10 | 2243 | C | Kevin       | Dornbrack       | Open    | Male   | 20 |
| 119 | 01:01:15 | 2267 | C | Brett       | Glen            | Veteran | Male   | 40 |
| 120 | 01:01:15 | 1215 | B | John        | Wylie           | Open    | Male   | 23 |
| 121 | 01:01:15 | 3170 | D | Noah        | Schermbrucker   | Open    | Male   | 34 |
| 122 | 01:01:17 | 1173 | B | Gille       | Farelo          | Open    | Male   | 33 |
| 123 | 01:01:19 | 1167 | B | Emily       | Djock           | Open    | Female | 28 |
| 124 | 01:01:21 | 1079 | B | Nikki-leigh | Piper           | Open    | Female | 31 |
| 125 | 01:01:23 | 1221 | B | Tiaan       | Botha           | Open    | Male   | 35 |
| 126 | 01:01:25 | 1175 | B | Tania       | Fourie          | Veteran | Female | 43 |
| 127 | 01:01:27 | 1156 | B | Marcel      | Fuchs           | Master  | Male   | 54 |
| 128 | 01:01:29 | 1204 | B | Johnny      | Tang            | Open    | Male   | 28 |
| 129 | 01:01:30 | 50   | A | Miriam      | Waltz           | Open    | Female | 26 |
| 130 | 01:01:32 | 1285 | B | Ashleigh    | May             | Open    | Female | 28 |
| 131 | 01:01:33 | 192  | A | James       | Lehman          | Open    | Male   | 26 |
| 132 | 01:01:34 | 1043 | B | Karen       | Jennings        | Master  | Female | 51 |
| 133 | 01:01:36 | 1174 | B | Justin      | Floor           | Open    | Male   | 30 |
| 134 | 01:01:46 | 2005 | C | Sean        | Bethell         | Open    | Male   | 28 |
| 135 | 01:01:54 | 104  | A | Paul        | Henkel          | Open    | Male   | 28 |
| 136 | 01:01:54 | 2144 | C | Thaine      | Sasman          | Open    | Male   | 30 |
| 137 | 01:01:54 | 1170 | B | Marius      | du Plessis      | Open    | Male   | 26 |
| 138 | 01:02:01 | 1042 | B | Rose        | Jenkins         | Open    | Female | 35 |
| 139 | 01:02:02 | 2217 | C | Lize        | Brown           | Open    | Female | 26 |
| 140 | 01:02:06 | 1208 | B | John        | Standley        | Open    | Male   | 36 |
| 141 | 01:02:20 | 1183 | B | Kayleigh    | Gultiq          | Open    | Female | 20 |
| 142 | 01:02:23 | 117  | A | Nicci       | Courtney-Clarke | Veteran | Female | 41 |
| 143 | 01:02:23 | 2085 | C | Frederick   | Hugo            | Veteran | Male   | 47 |
| 144 | 01:02:23 | 2093 | C | Amy         | Kirchmann       | Open    | Female | 31 |
| 145 | 01:02:25 | 194  | A | Daniel      | Lovelock        | Open    | Male   | 31 |
| 146 | 01:02:26 | 118  | A | Limont      | Lehman          | Veteran | Male   | 40 |
| 147 | 01:02:28 | 1209 | B | Paul        | Smit            | Open    | Male   | 31 |
| 148 | 01:02:28 | 2149 | C | Petrus      | Schoeman        | Open    | Male   | 35 |
| 149 | 01:02:31 | 1210 | B | ALEX        | SMIT            | Open    | Male   | 28 |
| 150 | 01:02:32 | 1280 | B | Simon       | Le Roux         | Open    | Male   | 34 |
| 151 | 01:02:34 | 1263 | B | Christian   | Rudberg         | Veteran | Male   | 42 |
| 152 | 01:02:55 | 1032 | B | Maxwell     | Godwana         | Veteran | Male   | 45 |
| 153 | 01:02:59 | 1063 | B | Stephen     | Minne           | Open    | Male   | 26 |
| 154 | 01:03:04 | 1151 | B | Ludwig      | Chambers        | Open    | Male   | 28 |
| 155 | 01:03:08 | 1035 | B | Martin      | Henning         | Open    | Male   | 28 |
| 156 | 01:03:11 | 1140 | B | Sian        | Bester          | Open    | Female | 34 |
| 157 | 01:03:27 | 2119 | C | Otto        | Otto            | Open    | Male   | 30 |
| 158 | 01:03:48 | 1287 | B | paul        | merifield       | Veteran | Male   | 44 |
| 159 | 01:03:48 | 2283 | C | Kathryn     | Janssen         | Open    | Female | 25 |
| 160 | 01:03:50 | 1038 | B | Zaheer      | Jacobs          | Veteran | Male   | 42 |
| 161 | 01:03:51 | 1241 | B | Hellaand    | Domam           | Open    | Male   | 34 |
| 162 | 01:03:52 | 1008 | B | Elschen     | Beyers          | Master  | Female | 55 |
| 163 | 01:03:55 | 1257 | B | Yashin      | Raghavjee       | Open    | Male   | 35 |
| 164 | 01:03:58 | 82   | A | Charlotte   | Konc            | Open    | Female | 32 |
| 165 | 01:04:05 | 1036 | B | Shelley     | Heunes          | Open    | Female | 35 |
| 166 | 01:04:06 | 1272 | B | Jean        | Minnaar         | Open    | Male   | 35 |
| 167 | 01:04:08 | 2209 | C | Elies       | Azaiez          | Open    | Male   | 29 |
| 168 | 01:04:11 | 1071 | B | Manduleli   | Ntsinde         | Open    | Male   | 39 |
| 169 | 01:04:14 | 95   | A | Ralf        | Bochnig         | Master  | Male   | 54 |

|     |          |      |   |               |                    |         |        |    |
|-----|----------|------|---|---------------|--------------------|---------|--------|----|
| 170 | 01:04:14 | 2087 | C | Vincent       | Jones              | Open    | Male   | 35 |
| 171 | 01:04:15 | 1275 | B | Tracy-Lee     | Dalton             | Open    | Female | 27 |
| 172 | 01:04:22 | 1179 | B | Joel          | Broad              | Open    | Male   | 27 |
| 173 | 01:04:22 | 123  | A | Mark          | Hall               | Master  | Male   | 50 |
| 174 | 01:04:23 | 1128 | B | Tim           | Clark              | Open    | Male   | 0  |
| 175 | 01:04:23 | 1233 | B | Julia         | Miller             | Open    | Female | 20 |
| 176 | 01:00:21 | 1139 | B | Oliver        | Bekker             | Open    | Male   | 32 |
| 177 | 01:04:26 | 1188 | B | Kirsten       | Kingma             | Open    | Female | 26 |
| 178 | 01:04:33 | 2050 | C | Justin        | du Toit            | Open    | Male   | 36 |
| 179 | 01:04:37 | 2062 | C | Hassiem       | Fisher             | Veteran | Male   | 48 |
| 180 | 01:04:43 | 1029 | B | Tracy-Lee     | Fillmore           | Open    | Female | 36 |
| 181 | 01:04:44 | 1028 | B | Grant         | Fillmore           | Open    | Male   | 35 |
| 182 | 01:04:45 | 1236 | B | India         | Baird              | Open    | Female | 0  |
| 183 | 01:04:55 | 1235 | B | Jamie-Leigh   | Michau             | Open    | Female | 23 |
| 184 | 01:04:56 | 3191 | D | Wicus         | Malherbe           | Open    | Male   | 33 |
| 185 | 01:05:00 | 1213 | B | Lucky         | Selowa             | Open    | Male   | 35 |
| 186 | 01:05:00 | 2236 | C | Douglas       | Dare               | Master  | Male   | 55 |
| 187 | 01:05:02 | 3084 | D | Jean-Baptiste | Trotoux            | Open    | Male   | 36 |
| 188 | 01:05:05 | 2242 | C | Wayne         | Do Rego            | Open    | Male   | 39 |
| 189 | 01:05:13 | 2034 | C | Darren        | Dalrymple          | Veteran | Male   | 44 |
| 190 | 01:05:14 | 1091 | B | Craig         | Seaman             | Veteran | Male   | 48 |
| 191 | 01:05:15 | 2127 | C | Camden        | Ravencroft         | Open    | Female | 22 |
| 192 | 01:05:21 | 1231 | B | Gary          | Caldewood          | Master  | Male   | 60 |
| 193 | 01:05:22 | 1233 | B | Julia         | Miller             | Open    | Female | 20 |
| 194 | 01:05:24 | 1202 | B | Paul          | Turner             | Open    | Male   | 39 |
| 195 | 01:05:31 | 2281 | C | Cas           | Hulsbosch          | Open    | Male   | 35 |
| 196 | 01:05:32 | 1146 | B | Tom           | Boyles             | Veteran | Male   | 45 |
| 197 | 01:05:34 | 1273 | B | Teagan        | Van der Wath       | Open    | Female | 23 |
| 198 | 01:05:35 | 2200 | C | Antony        | Abate              | Master  | Male   | 50 |
| 199 | 01:05:37 | 1274 | B | Bronwyn       | Kretzmann          | Open    | Female | 23 |
| 200 | 01:05:40 | 2263 | C | Jonas         | Gensicke           | Open    | Male   | 17 |
| 201 | 01:05:45 | 3149 | D | Illona        | pelser             | Open    | Female | 36 |
| 202 | 01:05:50 | 1103 | B | Johann        | Theron             | Master  | Male   | 59 |
| 203 | 01:05:54 | 1097 | B | Luca          | Stefanutti         | Open    | Male   | 26 |
| 204 | 01:06:02 | 1180 | B | Alex          | Green              | Open    | Male   | 23 |
| 205 | 01:06:05 | 1055 | B | Nicolaas      | Loubser            | Master  | Male   | 55 |
| 206 | 01:06:07 | 1277 | B | Rob           | Kuipers            | Veteran | Male   | 46 |
| 207 | 01:06:08 | 2275 | C | Miles         | Hamilton           | Open    | Male   | 23 |
| 208 | 01:06:11 | 1102 | B | Jesse         | Ternent            | Open    | Male   | 30 |
| 209 | 01:06:12 | 3162 | D | Liz           | Robertson          | Veteran | Female | 47 |
| 210 | 01:06:25 | 3155 | D | Martin        | Price              | Master  | Male   | 52 |
| 211 | 01:06:25 | 1162 | B | nicole        | de villiers        | Open    | Female | 37 |
| 212 | 01:06:30 | 1266 | B | Christo Peter | Whittle            | Veteran | Male   | 43 |
| 213 | 01:06:34 | 1233 | B | Julia         | Miller             | Open    | Female | 20 |
| 215 | 01:06:37 | 92   | A | Jennifer      | Begg               | Open    | Female | 29 |
| 216 | 01:06:39 | 3067 | D | Morne         | Weyers             | Veteran | Male   | 41 |
| 217 | 01:06:40 | 1099 | B | Dimitri       | Stroinovskiy       | Open    | Male   | 38 |
| 218 | 01:06:43 | 1069 | B | Noordien      | Noordien           | Open    | Male   | 38 |
| 219 | 01:06:46 | 1289 | B | Colin         | Morgan             | Open    | Male   | 28 |
| 220 | 01:06:49 | 1276 | B | Janeske       | Oosthuizen         | Open    | Female | 36 |
| 221 | 01:06:51 | 1141 | B | Dominic       | Birch              | Veteran | Male   | 42 |
| 222 | 01:06:53 | 1222 | B | Svden         | Appollis           | Open    | Male   | 20 |
| 223 | 01:06:56 | 2212 | C | Andrew        | Berki              | Veteran | Male   | 45 |
| 224 | 01:06:56 | 2296 | C | Andries       | Krause             | Open    | Male   | 37 |
| 225 | 01:06:58 | 2262 | C | Andreas       | Gensicke           | Veteran | Male   | 48 |
| 226 | 01:06:59 | 2021 | C | Johann        | Claassen           | Open    | Male   | 37 |
| 227 | 01:07:02 | 2069 | C | Ross          | Forder             | Open    | Male   | 27 |
| 228 | 01:07:04 | 2146 | C | christopher   | schnehage          | Master  | Male   | 63 |
| 229 | 01:07:06 | 2009 | C | Greg          | Branfield          | Open    | Male   | 35 |
| 230 | 01:07:07 | 2134 | C | Charl         | Roos               | Open    | Male   | 34 |
| 231 | 01:07:25 | 1292 | B | Dirk          | Noeth              | Open    | Male   | 36 |
| 232 | 01:07:29 | 1282 | B | Mareli        | Mans               | Open    | Female | 33 |
| 233 | 01:07:33 | 1100 | B | Alan          | Struthers          | Veteran | Male   | 43 |
| 234 | 01:07:43 | 15   | A | Kyle          | Durston            | Open    | Male   | 26 |
| 235 | 01:07:44 | 3078 | D | Conrad        | Van der Westhuizen | Open    | Male   | 33 |
| 236 | 01:07:45 | 1224 | B | Lucien        | Sher               | Open    | Male   | 21 |
| 237 | 01:07:48 | 2247 | C | Jeremy        | du Plessis         | Open    | Male   | 25 |
| 238 | 01:07:54 | 2299 | C | Richard       | Kruger             | Veteran | Male   | 48 |
| 239 | 01:07:54 | 3096 | D | anthony       | shaw               | Veteran | Male   | 47 |
| 240 | 01:07:57 | 2278 | C | Dupont        | Heloise            | Open    | Female | 29 |
| 241 | 01:07:59 | 3091 | D | Warren        | Spencer            | Veteran | Male   | 42 |
| 242 | 01:08:03 | 2140 | C | Maahir        | Salie              | Open    | Male   | 30 |
| 243 | 01:08:06 | 3088 | D | Scott         | Tait               | Veteran | Male   | 43 |
| 244 | 01:08:11 | 2061 | C | Steve         | Finegan            | Open    | Male   | 37 |
| 245 | 01:08:20 | 1212 | B | Linda         | Shelly             | Open    | Female | 38 |
| 246 | 01:08:30 | 2139 | C | Fadl          | Salie              | Open    | Male   | 33 |
| 247 | 01:08:44 | 2286 | C | Nicola        | Johnston           | Open    | Female | 28 |
| 248 | 01:08:55 | 1230 | B | Karlson       | Bokst              | Open    | Female | 29 |
| 249 | 01:08:55 | 1113 | B | Lindi         | Van zyl            | Open    | Female | 28 |
| 250 | 01:08:56 | 1023 | B | Simon         | Du Plooy           | Open    | Male   | 33 |
| 251 | 01:08:56 | 1259 | B | Glanville     | Retief             | Veteran | Male   | 42 |
| 252 | 01:08:57 | 1165 | B | Tinus         | De Wet             | Open    | Male   | 31 |
| 253 | 01:08:57 | 1254 | B | Brendon       | Pienaar            | Open    | Male   | 36 |
| 254 | 01:08:58 | 1053 | B | Richard       | Le Mesurier        | Veteran | Male   | 40 |
| 255 | 01:08:58 | 1095 | B | Philip        | Smith              | Open    | Male   | 29 |
| 256 | 01:09:04 | 1143 | B | Richard       | Boltmann           | Open    | Male   | 28 |
| 257 | 01:09:10 | 2107 | C | Kristine      | Maciejewski        | Open    | Female | 35 |
| 258 | 01:09:10 | 1265 | B | Jeremy        | Osbrorne           | Open    | Male   | 28 |
| 259 | 01:09:16 | 1172 | B | Sebnem        | Er                 | Open    | Female | 38 |

|     |          |      |   |                |                    |         |        |    |
|-----|----------|------|---|----------------|--------------------|---------|--------|----|
| 260 | 01:09:18 | 1062 | B | Lee            | Meyeridricks       | Open    | Male   | 34 |
| 261 | 01:09:18 | 3146 | D | Callan         | Paul               | Open    | Female | 27 |
| 262 | 01:09:21 | 2148 | C | Marlize        | Schoeman           | Open    | Female | 38 |
| 263 | 01:09:23 | 2274 | C | Ricour         | Guillemette        | Open    | Female | 29 |
| 264 | 01:09:24 | 1031 | B | Ganief         | Galvaan            | Master  | Male   | 57 |
| 265 | 01:09:26 | 2084 | C | Simon          | Hudson-Peacock     | Master  | Male   | 51 |
| 266 | 01:09:32 | 1076 | B | Lance          | Osburn             | Open    | Male   | 36 |
| 267 | 01:09:32 | 2150 | C | Christopher    | Schollar           | Open    | Male   | 27 |
| 268 | 01:09:38 | 2045 | C | Ebrahim        | Domingo            | Veteran | Male   | 41 |
| 269 | 01:09:42 | 2155 | C | Elvera         | Schwan             | Master  | Female | 55 |
| 270 | 01:09:43 | 1182 | B | Frank          | Groetzinger        | Master  | Male   | 56 |
| 271 | 01:09:48 | 2063 | C | Jane           | Fisher             | Veteran | Female | 44 |
| 272 | 01:09:50 | 2219 | C | Robbie         | Brown              | Open    | Male   | 30 |
| 273 | 01:10:00 | 1057 | B | Eugene         | Mallinson          | Veteran | Male   | 41 |
| 274 | 01:10:05 | 1279 | B | Martin Winther | Larsen             | Open    | Male   | 32 |
| 275 | 01:10:16 | 1264 | B | Sheldon        | Wiggill            | Veteran | Male   | 44 |
| 276 | 01:10:18 | 1106 | B | Chris          | Underwood          | Open    | Male   | 25 |
| 277 | 01:10:22 | 1207 | B | Rhys           | Stevenson          | Open    | Male   | 25 |
| 278 | 01:10:24 | 1293 | B | Debbie         | Nordien            | Open    | Female | 32 |
| 279 | 01:10:26 | 3023 | D | Peter          | Robson             | Veteran | Male   | 46 |
| 280 | 01:10:42 | 2070 | C | Mark           | Gaffley            | Open    | Male   | 29 |
| 281 | 01:11:05 | 1294 | B | Odendaal       | Odendaal           | Open    | Female | 26 |
| 282 | 01:11:09 | 2163 | C | David          | Smith              | Veteran | Male   | 49 |
| 283 | 01:11:10 | 121  | A | Tyler          | Moorhead           | Open    | Male   | 38 |
| 284 | 01:11:11 | 2285 | C | Clarissa       | Johnston           | Open    | Female | 26 |
| 285 | 01:11:18 | 1237 | B | Dean           | Bolhu              | Open    | Male   | 32 |
| 286 | 01:11:19 | 3195 | D | Ricour         | Mathilde           | Open    | Female | 29 |
| 287 | 01:11:35 | 1164 | B | Rebecca        | de Villiers        | Open    | Female | 23 |
| 288 | 01:11:36 | 1019 | B | Bianca         | Daniels            | Veteran | Female | 44 |
| 289 | 01:11:40 | 1017 | B | Wouter         | Coetzee            | Veteran | Male   | 40 |
| 290 | 01:11:52 | 49   | A | Charlotte      | Waltz              | Open    | Female | 22 |
| 291 | 01:12:06 | 2082 | C | John           | Hill               | Master  | Male   | 58 |
| 292 | 01:12:14 | 1116 | B | John           | Verster            | Open    | Male   | 39 |
| 293 | 01:12:16 | 3197 | D | Taryn          | Menne              | Open    | Female | 30 |
| 294 | 01:12:16 | 2157 | C | Graeme         | Searle             | Master  | Male   | 50 |
| 295 | 01:12:28 | 3175 | D | Graham         | Mears              | Veteran | Male   | 44 |
| 296 | 01:12:33 | 48   | A | paola          | vignani            | Master  | Female | 53 |
| 297 | 01:12:38 | 2164 | C | Julian         | Smith              | Open    | Male   | 32 |
| 298 | 01:12:43 | 2136 | C | Holly          | Rudman             | Open    | Female | 27 |
| 299 | 01:12:44 | 3071 | D | Sarah          | Wade               | Open    | Female | 34 |
| 300 | 01:12:46 | 3085 | D | Stuart         | Torr               | Open    | Male   | 35 |
| 301 | 01:12:49 | 1049 | B | Michelle       | Kobilschke         | Open    | Female | 37 |
| 302 | 01:12:51 | 1027 | B | Jonathan       | Edwards            | Open    | Male   | 32 |
| 303 | 01:12:55 | 1185 | B | Katja          | Heymann            | Veteran | Female | 46 |
| 304 | 01:12:57 | 2109 | C | Che            | Matthews           | Veteran | Male   | 41 |
| 305 | 01:12:58 | 2099 | C | Desmond        | Labuschagne        | Master  | Male   | 60 |
| 306 | 01:13:01 | 1129 | B | Anne           | Alessandri         | Veteran | Female | 42 |
| 307 | 01:13:02 | 1181 | B | Herman         | Grobler            | Veteran | Male   | 47 |
| 308 | 01:13:13 | 1134 | B | luke           | apteker            | Open    | Male   | 31 |
| 309 | 01:13:15 | 2007 | C | Ross           | Biggs              | Veteran | Male   | 42 |
| 310 | 01:13:16 | 1284 | B | scott          | matthews           | Open    | Male   | 30 |
| 311 | 01:13:26 | 2111 | C | McFadzean      | McFadzean          | Veteran | Female | 46 |
| 312 | 01:13:32 | 2241 | C | danny          | defour             | Master  | Male   | 50 |
| 313 | 01:13:35 | 2206 | C | Tarryn         | Anelli             | Open    | Female | 33 |
| 314 | 01:13:39 | 3098 | D | Dale           | Scogings           | Open    | Female | 25 |
| 315 | 01:13:42 | 3037 | D | Shaun          | Adam               | Open    | Male   | 34 |
| 316 | 01:13:45 | 3207 | D | Daniel         | Nel                | Open    | Male   | 35 |
| 317 | 01:13:53 | 2033 | C | Moenier        | Da Silva           | Veteran | Male   | 43 |
| 318 | 01:13:57 | 3156 | D | Richard        | Raulstone          | Open    | Male   | 39 |
| 319 | 01:14:02 | 2154 | C | Monique        | Schutte            | Open    | Female | 28 |
| 320 | 01:14:02 | 3015 | D | Andre          | Frey               | Open    | Male   | 29 |
| 321 | 01:14:12 | 2143 | C | Waleed         | Samsodien          | Open    | Male   | 32 |
| 322 | 01:14:13 | 3069 | D | Gemma          | Watson             | Open    | Female | 21 |
| 323 | 01:14:22 | 1000 | B | Steve          | Akester            | Master  | Male   | 55 |
| 324 | 01:14:27 | 3202 | D | Daniel         | Moody              | Open    | Male   | 28 |
| 325 | 01:14:32 | 2041 | C | Mathew         | De Smidt           | Open    | Male   | 39 |
| 326 | 01:14:32 | 3090 | D | Gavin          | Stander            | Veteran | Male   | 47 |
| 327 | 01:14:32 | 1169 | B | Johan          | Du Plessis         | Open    | Male   | 28 |
| 328 | 01:14:33 | 2023 | C | Hennie         | Coetzee            | Open    | Male   | 39 |
| 329 | 01:14:45 | 1010 | B | Courtney       | Botha              | Open    | Female | 27 |
| 330 | 01:14:45 | 113  | A | Christo        | van der Berg       | Open    | Male   | 32 |
| 331 | 01:14:49 | 2088 | C | Carl           | Joubert            | Open    | Male   | 33 |
| 332 | 01:14:52 | 1220 | B | Nick           | Van Schie          | Open    | Male   | 27 |
| 333 | 01:14:53 | 3199 | D | shaney         | merifield          | Veteran | Female | 42 |
| 334 | 01:14:54 | 1126 | B | Brian          | Burgers            | Open    | Male   | 28 |
| 335 | 01:14:57 | 3047 | D | Paul           | Dornbrack          | Master  | Male   | 57 |
| 336 | 01:15:00 | 3171 | D | Jessica        | Purcell-Jones      | Open    | Female | 32 |
| 337 | 01:15:01 | 1152 | B | Pieter         | Cilliers           | Open    | Male   | 35 |
| 338 | 01:15:02 | 2265 | C | Sian           | Geraty             | Open    | Female | 32 |
| 339 | 01:15:10 | 1002 | B | Emily          | Asbury             | Open    | Female | 22 |
| 340 | 01:15:12 | 1198 | B | Riaan          | van der Westhuizen | Open    | Male   | 36 |
| 341 | 01:15:27 | 2115 | C | Helen          | Morrissey          | Open    | Female | 32 |
| 342 | 01:15:21 | 2135 | C | Matt           | Rowe               | Veteran | Male   | 40 |
| 343 | 01:15:22 | 1046 | B | Carmen         | Katz               | Open    | Female | 33 |
| 344 | 01:15:23 | 2191 | C | Melany         | Froy               | Open    | Female | 36 |
| 345 | 01:15:30 | 2046 | C | Jason          | Dorfling           | Open    | Male   | 23 |
| 346 | 01:15:32 | 2232 | C | Tamara         | Crewe-Brown        | Veteran | Female | 40 |
| 347 | 01:15:34 | 2298 | C | janine         | crook              | Veteran | Female | 42 |
| 348 | 01:15:37 | 2108 | C | Abby           | Malan              | Veteran | Female | 43 |

|     |          |      |   |           |                    |         |        |    |
|-----|----------|------|---|-----------|--------------------|---------|--------|----|
| 349 | 01:15:45 | 3027 | D | Mark      | Stead              | Veteran | Male   | 48 |
| 350 | 01:15:56 | 2208 | C | Ian       | Austin             | Open    | Male   | 25 |
| 351 | 01:15:59 | 1009 | B | Phillip   | Boshoff            | Veteran | Male   | 46 |
| 352 | 01:16:00 | 2205 | C | Marisa    | Agnello            | Open    | Female | 37 |
| 353 | 01:16:14 | 3172 | D | Ronald    | Sauls              | Open    | Male   | 36 |
| 354 | 01:16:22 | 1154 | B | Elmarie   | Conradie           | Veteran | Female | 41 |
| 355 | 01:16:23 | 2094 | C | Craig     | Knight             | Open    | Male   | 36 |
| 356 | 01:16:39 | 2022 | C | Garth     | Cloete             | Open    | Male   | 31 |
| 357 | 01:16:49 | 2138 | C | Mubaraq   | Ryklief            | Open    | Male   | 20 |
| 358 | 01:16:56 | 2239 | C | Jayson    | Dean               | Open    | Male   | 38 |
| 359 | 01:16:59 | 1197 | B | Shelley   | van der Westhuizen | Veteran | Female | 44 |
| 360 | 01:17:01 | 3043 | D | Johan     | Charlier           | Open    | Male   | 32 |
| 361 | 01:17:03 | 3092 | D | Eckard    | Smuts              | Open    | Male   | 33 |
| 362 | 01:17:06 | 1138 | B | Michel    | Bastenie           | Master  | Male   | 51 |
| 363 | 01:17:09 | 3036 | D | Claire    | Adam               | Open    | Female | 30 |
| 364 | 01:17:13 | 2254 | C | Gasant    | Fataar             | Master  | Male   | 50 |
| 365 | 01:17:14 | 3073 | D | Elizabeth | Vogts              | Open    | Female | 29 |
| 366 | 01:17:14 | 3081 | D | Mai       | Umbhau             | Open    | Female | 29 |
| 367 | 01:17:16 | 2289 | C | Natalie   | Joubert            | Open    | Female | 35 |
| 368 | 01:17:17 | 3044 | D | Dominic   | Conradie           | Open    | Male   | 34 |
| 369 | 01:17:17 | 2288 | C | Charl     | Joubert            | Open    | Male   | 37 |
| 370 | 01:17:26 | 1030 | B | Natassia  | Fredericks         | Open    | Female | 31 |
| 371 | 01:17:27 | 2277 | C | Diederik  | Hattingh           | Open    | Male   | 33 |
| 372 | 01:17:28 | 1229 | B | Brigitte  | Dewberry           | Veteran | Female | 41 |
| 373 | 01:17:34 | 2268 | C | Gary      | Godfrey            | Master  | Male   | 50 |
| 374 | 01:17:44 | 3018 | D | Marius    | Lorenzen           | Master  | Male   | 58 |
| 375 | 01:17:48 | 1193 | B | Graham    | Wallace            | Open    | Male   | 30 |
| 376 | 01:17:52 | 1194 | B | Dylan     | Wallace            | Open    | Male   | 33 |
| 377 | 01:17:54 | 1159 | B | Celeste   | Davidson           | Open    | Female | 38 |
| 378 | 01:17:56 | 3179 | D | Sean      | Lavery             | Veteran | Male   | 44 |
| 379 | 01:17:58 | 2066 | C | Janca     | Fismer             | Open    | Female | 29 |
| 380 | 01:17:58 | 3032 | D | gertjan   | van Vliet          | Open    | Male   | 39 |
| 381 | 01:18:07 | 1278 | B | Anja      | Lareman            | Open    | Female | 25 |
| 382 | 01:18:09 | 2100 | C | Lisa      | Labuschagne        | Open    | Female | 34 |
| 383 | 01:18:10 | 1203 | B | Siseko    | Thomas             | Open    | Male   | 31 |
| 384 | 01:18:13 | 2053 | C | Ragmah    | Edwards            | Open    | Female | 25 |
| 385 | 01:18:16 | 1186 | B | Danielle  | Hugo               | Open    | Female | 20 |
| 386 | 01:18:27 | 2215 | C | Marvan    | Beukes             | Veteran | Male   | 45 |
| 387 | 01:18:34 | 2035 | C | Dehlia    | Dalrymple          | Veteran | Female | 44 |
| 388 | 01:18:39 | 2113 | C | Charl     | Möller             | Open    | Male   | 38 |
| 389 | 01:18:50 | 2038 | C | Judith    | Davidse            | Open    | Female | 35 |
| 390 | 01:18:51 | 1081 | B | Matlou    | Ramoroka           | Open    | Male   | 31 |
| 391 | 01:18:55 | 2158 | C | gareth    | shaw               | Open    | Male   | 38 |
| 392 | 01:18:58 | 3022 | D | Colin     | Richards           | Veteran | Male   | 45 |
| 393 | 01:18:59 | 2071 | C | Nazli     | Gasant             | Open    | Female | 32 |
| 394 | 01:19:09 | 1291 | B | Kyle      | Murray             | Open    | Male   | 30 |
| 395 | 01:19:21 | 2032 | C | Julio     | da Costa           | Open    | Male   | 25 |
| 396 | 01:19:23 | 2226 | C | Brett     | Cameron            | Veteran | Male   | 41 |
| 397 | 01:19:26 | 2174 | C | elize     | van staden         | Veteran | Female | 40 |
| 398 | 01:19:33 | 3159 | D | Richards  | Richards           | Veteran | Female | 42 |
| 399 | 01:19:34 | 2083 | C | Lisa      | Hudson-Peacock     | Veteran | Female | 44 |
| 400 | 01:19:38 | 2222 | C | Nicky     | Burton             | Master  | Female | 51 |
| 401 | 01:19:38 | 3019 | D | Abraham   | Maree              | Open    | Male   | 37 |
| 402 | 01:19:46 | 3041 | D | Marc      | Burgess            | Open    | Male   | 29 |
| 403 | 01:19:48 | 2013 | C | Tara      | Caetano            | Open    | Female | 30 |
| 404 | 01:19:49 | 2221 | C | David     | Burton             | Master  | Male   | 54 |
| 405 | 01:19:49 | 1232 | B | Nico      | Couysner           | Open    | Male   | 31 |
| 406 | 01:19:49 | 3064 | D | Anver     | YasIn              | Master  | Male   | 59 |
| 407 | 01:19:50 | 21   | A | Babalo    | Hambi              | Open    | Male   | 22 |
| 408 | 01:19:52 | 1160 | B | Chantelle | De villiers        | Open    | Female | 29 |
| 409 | 01:19:55 | 1157 | B | Sonja     | Cowlin             | Open    | Female | 37 |
| 410 | 01:20:00 | 3074 | D | Leone     | van Zyl            | Open    | Female | 26 |
| 411 | 01:20:00 | 1137 | B | Monique   | Bassi              | Open    | Female | 34 |
| 412 | 01:20:02 | 2252 | C | Clay      | Evertson           | Open    | Male   | 31 |
| 413 | 01:20:06 | 2161 | C | Angelique | Smit               | Open    | Female | 38 |
| 414 | 01:20:06 | 2162 | C | Schalk    | Smit               | Veteran | Male   | 49 |
| 415 | 01:20:09 | 3057 | D | Kate      | Hilton             | Veteran | Female | 42 |
| 416 | 01:20:09 | 2098 | C | Schalk    | Kruger             | Open    | Male   | 26 |
| 417 | 01:20:15 | 3013 | D | Johan     | Du Toit            | Master  | Male   | 60 |
| 418 | 01:20:18 | 1150 | B | Kieran    | Casserley          | Open    | Male   | 28 |
| 419 | 01:20:18 | 2234 | C | Roland    | Croxford           | Master  | Male   | 54 |
| 420 | 01:20:19 | 3024 | D | Kevin     | Rorke              | Veteran | Male   | 49 |
| 421 | 01:20:22 | 3075 | D | gervan    | van wyk            | Open    | Male   | 37 |
| 422 | 01:20:25 | 3177 | D | Tamryn    | Lamb               | Open    | Female | 39 |
| 423 | 01:20:35 | 193  | A | Andrea    | Loubser            | Open    | Female | 32 |
| 424 | 01:20:37 | 107  | A | cheryl    | howson             | Open    | Female | 31 |
| 425 | 01:20:41 | 1240 | B | Marc      | Clarence           | Open    | Male   | 35 |
| 426 | 01:20:42 | 3163 | D | Joany     | Rogers             | Open    | Female | 30 |
| 427 | 01:20:44 | 2203 | C | Abu       | Abrahams           | Veteran | Male   | 49 |
| 428 | 01:20:47 | 2000 | C | Mogammad  | Abdullatief        | Master  | Male   | 53 |
| 429 | 01:20:48 | 1074 | B | Andrea    | Orchard            | Open    | Female | 30 |
| 430 | 01:20:49 | 2026 | C | Tammy     | Conradie           | Open    | Female | 31 |
| 431 | 01:20:52 | 2025 | C | Jp        | Conradie           | Open    | Male   | 32 |
| 432 | 01:20:54 | 3174 | D | Bryan     | Owen               | Open    | Male   | 31 |
| 433 | 01:20:56 | 3101 | D | Stephanie | Wattinne           | Open    | Female | 30 |
| 434 | 01:21:00 | 3049 | D | Larita    | Engelbrecht        | Open    | Female | 30 |
| 435 | 01:21:01 | 2201 | C | Liana     | Abate              | Veteran | Female | 44 |
| 436 | 01:21:06 | 2153 | C | Janet     | Schuilng           | Open    | Female | 36 |
| 437 | 01:21:08 | 2218 | C | melody    | brown              | Veteran | Female | 44 |

|     |          |      |   |                  |                 |         |        |    |
|-----|----------|------|---|------------------|-----------------|---------|--------|----|
| 438 | 01:21:10 | 2255 | C | kevin            | ferreira        | Veteran | Male   | 44 |
| 439 | 01:21:14 | 2031 | C | Alexa            | Murray          | Open    | Female | 24 |
| 440 | 01:21:17 | 3169 | C | Sandra           | Sampson         | Veteran | Female | 42 |
| 441 | 01:21:19 | 2015 | C | Suzanna          | Capper          | Veteran | Female | 48 |
| 442 | 01:21:21 | 2244 | C | Thania           | Dout September  | Open    | Female | 34 |
| 443 | 01:21:24 | 2258 | C | Margaux          | Frieslich       | Veteran | Female | 40 |
| 444 | 01:21:26 | 3173 | D | Jacky            | Rabbolini       | Open    | Female | 41 |
| 445 | 01:21:27 | 2260 | C | Mariagrazia      | Galimberti      | Open    | Female | 39 |
| 446 | 01:21:29 | 1226 | B | Shandri          | Erasmus         | Open    | Female | 19 |
| 447 | 01:21:29 | 2077 | C | Nicole           | Hall            | Open    | Female | 32 |
| 448 | 01:21:31 | 2227 | C | Jane             | Chamberlin      | Veteran | Female | 43 |
| 449 | 01:21:46 | 3100 | D | Anton            | Meiring         | Veteran | Male   | 41 |
| 450 | 01:21:49 | 1142 | B | Phii             | Bolle           | Open    | Male   | 38 |
| 451 | 01:21:50 | 3042 | D | Stuart           | Carolissen      | Open    | Male   | 32 |
| 452 | 01:21:53 | 2001 | C | Ayoub            | Banderker       | Veteran | Male   | 42 |
| 453 | 01:21:55 | 3196 | D | Kate             | Meiring         | Open    | Female | 39 |
| 454 | 01:21:56 | 2126 | C | Durk             | Postma          | Open    | Male   | 35 |
| 455 | 01:22:11 | 1153 | B | Samantha         | Claase          | Open    | Female | 28 |
| 456 | 01:22:13 | 2261 | C | Towfeeq          | Gasant          | Open    | Male   | 19 |
| 457 | 01:22:13 | 3206 | D | Imraan           | Narker          | Open    | Male   | 30 |
| 458 | 01:22:14 | 1112 | B | Tiaan            | van Zyl         | Open    | Male   | 27 |
| 459 | 01:22:23 | 3165 | D | Karl             | Ronnie          | Open    | Male   | 30 |
| 460 | 01:22:32 | 2008 | C | Rod              | Bracher         | Veteran | Male   | 41 |
| 461 | 01:22:35 | 2220 | C | Belinda          | Burrows         | Veteran | Female | 41 |
| 462 | 01:22:39 | 2272 | C | Kamlen           | Govender        | Open    | Male   | 29 |
| 463 | 01:22:40 | 3070 | D | Walls            | Walls           | Open    | Male   | 27 |
| 464 | 01:22:40 | 3201 | D | Miller           | Miller          | Veteran | Female | 42 |
| 465 | 01:22:46 | 2133 | C | Johan            | Roets           | Open    | Male   | 37 |
| 466 | 01:22:49 | 3176 | D | Neil             | Kruger          | Open    | Male   | 35 |
| 467 | 01:23:08 | 3020 | D | Caroline         | Magowan         | Veteran | Female | 49 |
| 468 | 01:23:09 | 3203 | D | Madeleine        | Mottart         | Open    | Female | 21 |
| 469 | 01:23:10 | 2185 | C | Khalio           | Dyarrat         | Veteran | Male   | 41 |
| 470 | 01:23:11 | 3060 | D | Pauline          | Joiris          | Open    | Female | 31 |
| 471 | 01:23:13 | 3059 | D | Melanie          | Hook            | Veteran | Female | 43 |
| 472 | 01:23:34 | 2273 | C | Anthony          | Green           | Master  | Male   | 55 |
| 473 | 01:23:37 | 2160 | C | Sharon           | Sleigh          | Veteran | Female | 49 |
| 474 | 01:23:39 | 2159 | C | James            | Sleigh          | Veteran | Male   | 49 |
| 475 | 01:23:41 | 2207 | C | Annitta          | Attieh          | Veteran | Female | 43 |
| 476 | 01:23:43 | 2091 | C | fayroz-sha       | khatieb         | Master  | Male   | 60 |
| 477 | 01:23:48 | 3157 | D | Leizle           | Retief          | Open    | Female | 38 |
| 478 | 01:23:53 | 3158 | D | Andre            | Retief          | Master  | Male   | 54 |
| 479 | 01:24:00 | 2300 | C | Kathryn          | Lamb            | Open    | Female | 30 |
| 480 | 01:24:01 | 3077 | D | Carolien         | Van Rhyn        | Open    | Female | 25 |
| 481 | 01:24:02 | 3048 | D | Lieneke          | Du Plessis      | Open    | Female | 24 |
| 482 | 01:24:03 | 3093 | D | Chrisna          | Smit            | Veteran | Female | 47 |
| 483 | 01:24:07 | 3025 | D | Edward           | Rowland         | Open    | Male   | 36 |
| 484 | 01:24:11 | 3193 | D | Sithombo         | Maqungo         | Veteran | Male   | 40 |
| 485 | 01:24:17 | 1211 | B | Hester           | Slabbert        | Open    | Female | 30 |
| 486 | 01:24:32 | 2073 | C | Mark             | Goosen          | Open    | Male   | 35 |
| 487 | 01:24:41 | 2036 | C | Colleen          | Daniels         | Veteran | Female | 43 |
| 488 | 01:24:46 | 2211 | C | Kim              | Barty           | Master  | Female | 51 |
| 489 | 01:25:09 | 2060 | C | Geniene          | Fell            | Veteran | Female | 42 |
| 490 | 01:25:09 | 2054 | C | Sarah            | Elliott-Wetmore | Veteran | Female | 45 |
| 491 | 01:25:12 | 2225 | C | Lynette          | Caldwell        | Open    | Female | 34 |
| 492 | 01:25:13 | 2183 | C | Keith            | Johnson         | Veteran | Male   | 49 |
| 493 | 01:25:30 | 1270 | B | Catherine        | Andrews         | Open    | Female | 36 |
| 494 | 01:26:03 | 2294 | C | Jaco-Chris       | Koorts          | Open    | Male   | 29 |
| 495 | 01:26:03 | 2270 | C | Tracy            | Going           | Veteran | Female | 49 |
| 496 | 01:26:04 | 2096 | C | Justine          | Krige           | Open    | Female | 34 |
| 497 | 01:26:15 | 2011 | C | Raubie           | Brink           | Open    | Male   | 31 |
| 498 | 01:26:19 | 3065 | D | catherine        | wiseman         | Veteran | Female | 40 |
| 499 | 01:26:25 | 3099 | D | Susanne          | Schubert        | Master  | Female | 50 |
| 500 | 01:26:28 | 1225 | B | James            | Deary           | Master  | Male   | 59 |
| 501 | 01:26:49 | 124  | A | Tracey           | Creer           | Veteran | Female | 47 |
| 502 | 01:27:22 | 2074 | C | Krayvasan        | Govender        | Open    | Male   | 33 |
| 503 | 01:27:25 | 2264 | C | Penny            | George          | Veteran | Female | 43 |
| 504 | 01:28:24 | 2182 | C | Marquerite       | Schutte         | Open    | Male   | 27 |
| 505 | 01:28:29 | 2151 | C | Alexander        | Schubert        | Veteran | Male   | 46 |
| 506 | 01:28:37 | 3166 | D | Roger            | Ronnie          | Master  | Male   | 57 |
| 507 | 01:28:43 | 3068 | D | Bianca           | Wessels         | Open    | Female | 26 |
| 508 | 01:28:51 | 3167 | D | Nicolette        | Rotter          | Veteran | Female | 41 |
| 509 | 01:30:15 | 2224 | C | Justin           | Caldwell        | Open    | Male   | 36 |
| 510 | 01:30:35 | 3151 | D | Nicky            | Petzer          | Veteran | Female | 44 |
| 511 | 01:30:49 | 1218 | B | Neil             | Kohlier         | Open    | Male   | 33 |
| 512 | 01:31:28 | 3017 | D | Alexander Justus | Hugo            | Veteran | Male   | 47 |
| 513 | 01:32:04 | 3154 | D | Maryse           | Pretorius       | Open    | Female | 28 |
| 514 | 01:32:23 | 3180 | D | Erika            | Le Roux         | Open    | Female | 34 |
| 515 | 01:32:30 | 3083 | D | Lauren           | Tuck            | Open    | Female | 32 |
| 516 | 01:32:39 | 2168 | C | Jaco             | Swart           | Open    | Male   | 28 |
| 517 | 01:33:20 | 2044 | C | Khaliq           | Dollie          | Veteran | Male   | 44 |
| 518 | 01:33:23 | 2292 | C | Francois         | Koen            | Open    | Male   | 30 |
| 519 | 01:33:27 | 2065 | C | Carissa          | Fismer          | Open    | Female | 34 |
| 520 | 01:33:33 | 2276 | C | Annemarie        | Hattingh        | Open    | Female | 27 |
| 521 | 01:34:05 | 3145 | D | Nicole           | O'Neill         | Open    | Female | 23 |
| 522 | 01:34:09 | 3150 | D | Catherine        | Pereira         | Open    | Female | 37 |
| 523 | 01:34:18 | 2202 | C | Ismail           | Abdullah        | Master  | Male   | 52 |
| 524 | 01:34:26 | 2231 | C | Lizane           | Connoway        | Open    | Female | 37 |
| 525 | 01:35:04 | 3016 | D | Ankia            | Holtzhausen     | Open    | Female | 35 |
| 526 | 01:35:07 | 3014 | D | Andreas          | Eiselen         | Open    | Male   | 35 |

|     |          |      |   |             |               |         |        |    |
|-----|----------|------|---|-------------|---------------|---------|--------|----|
| 527 | 01:35:17 | 3178 | D | Langenhoven | Langenhoven   | Open    | Female | 39 |
| 528 | 01:35:28 | 3189 | D | Monika      | Love was      | Veteran | Female | 42 |
| 529 | 01:35:33 | 3079 | D | Madeleine   | Van der merwe | Open    | Female | 28 |
| 530 | 01:36:07 | 2233 | C | albertrum   | crowder       | Veteran | Male   | 40 |
| 531 | 01:36:08 | 3035 | D | Arthur      | Zerf          | Open    | Male   | 32 |
| 532 | 01:36:13 | 2090 | C | anahi       | kent          | Open    | Female | 34 |

|     |          |      |   |              |              |         |        |    |
|-----|----------|------|---|--------------|--------------|---------|--------|----|
| 533 | 01:36:18 | 3160 | D | Teri         | Richter      | Open    | Female | 30 |
| 534 | 01:36:24 | 2180 | C | Liesl        | Winter       | Open    | Female | 35 |
| 535 | 01:36:44 | 2078 | C | Lee-ann      | Harris       | Veteran | Female | 49 |
| 536 | 01:37:15 | 2145 | C | Michael      | Saunders     | Veteran | Male   | 41 |
| 537 | 01:37:23 | 2081 | C | Max          | Hendricks    | Open    | Female | 38 |
| 538 | 01:37:42 | 3058 | D | Lyndall      | Hoffman      | Open    | Female | 30 |
| 539 | 01:37:46 | 3061 | D | muslima      | kamaar       | Open    | Female | 28 |
| 540 | 01:38:09 | 3152 | D | Jesse        | Pereira      | Open    | Male   | 36 |
| 541 | 01:38:38 | 2103 | C | Jye          | Lin          | Open    | Female | 32 |
| 542 | 01:39:18 | 3040 | D | Marike       | Brown        | Open    | Female | 27 |
| 543 | 01:40:05 | 3072 | D | Mandy        | Vollmer      | Open    | Female | 29 |
| 544 | 01:40:43 | 1054 | B | Kaashief     | Lodewyk      | Open    | Male   | 38 |
| 545 | 01:40:44 | 3186 | D | Lauryl       | Lorio        | Veteran | Female | 42 |
| 546 | 01:41:24 | 2287 | C | Svea         | Jorgens      | Open    | Female | 30 |
| 547 | 01:41:51 | 2128 | C | Gabrielle    | Reid-Burgers | Open    | Female | 27 |
| 548 | 01:42:01 | 2027 | C | James        | Cook         | Open    | Male   | 33 |
| 549 | 01:42:04 | 2186 | C | Neil         | Lindeque     | Open    | Male   | 34 |
| 550 | 01:42:11 | 3026 | D | Annie        | Shaw         | Open    | Female | 35 |
| 551 | 01:42:14 | 3034 | D | Natasha      | Wood         | Open    | Female | 35 |
| 552 | 01:45:06 | 3066 | D | Tammy        | Wilmot       | Open    | Female | 36 |
| 553 | 01:45:18 | 3194 | D | Bronwyn      | Maree        | Open    | Female | 33 |
| 554 | 01:47:05 | 3056 | D | Cherise      | Hider        | Open    | Female | 28 |
| 555 | 01:47:09 | 3183 | D | Lauren-Leigh | Livesey      | Open    | Female | 35 |
| 556 | 01:57:56 | 3039 | D | Lindsay      | Barrett      | Open    | Female | 34 |



**Open Male**

| Position | Time     | Race # | Batch | Name           | Surname          | Category | Sex  | Age |
|----------|----------|--------|-------|----------------|------------------|----------|------|-----|
| 1        | 00:39:26 | 86     | A     | Raydon         | Balie            | Open     | Male | 22  |
| 2        | 00:41:45 | 83     | A     | Vincent        | Viet             | Open     | Male | 33  |
| 3        | 00:41:54 | 14     | A     | Jarryd         | Dunn             | Open     | Male | 19  |
| 4        | 00:42:13 | 126    | A     | Enok           | Jimani           | Open     | Male | 20  |
| 5        | 00:42:51 | 106    | A     | Charles        | Houston          | Open     | Male | 19  |
| 6        | 00:43:29 | 66     | A     | Roelof         | Mostert          | Open     | Male | 32  |
| 7        | 00:44:48 | 5      | A     | andrea         | biffi            | Open     | Male | 23  |
| 8        | 00:45:20 | 85     | A     | Ricardo        | Jaftha           | Open     | Male | 29  |
| 9        | 00:45:32 | 25     | A     | Dale           | Herring          | Open     | Male | 22  |
| 10       | 00:45:42 | 13     | A     | Emmanuel       | Dlamini          | Open     | Male | 35  |
| 11       | 00:46:08 | 32     | A     | Mike           | Kupferberg       | Open     | Male | 30  |
| 12       | 00:46:11 | 39     | A     | Ruan           | Myburgh          | Open     | Male | 29  |
| 13       | 00:47:12 | 87     | A     | Lucas          | Adams            | Open     | Male | 28  |
| 14       | 00:47:31 | 62     | A     | James          | Bosenberg        | Open     | Male | 29  |
| 15       | 00:48:32 | 54     | A     | Ryan           | Winter           | Open     | Male | 39  |
| 16       | 00:49:31 | 98     | A     | Devon          | Coetzee          | Open     | Male | 25  |
| 17       | 00:50:06 | 94     | A     | Graeme         | betty            | Open     | Male | 19  |
| 18       | 00:50:07 | 30     | A     | Ben            | Kooyman          | Open     | Male | 29  |
| 19       | 00:51:09 | 1271   | B     | Brian          | Saunders         | Open     | Male | 24  |
| 20       | 00:51:50 | 200    | A     | Geoffrey       | Muller           | Open     | Male | 28  |
| 21       | 00:51:52 | 109    | A     | Jacobus Daniel | Hugo             | Open     | Male | 25  |
| 22       | 00:51:53 | 100    | A     | Ross           | Dold             | Open     | Male | 32  |
| 23       | 00:52:05 | 119    | A     | Aurelien       | Brandt           | Open     | Male | 24  |
| 24       | 00:52:12 | 1001   | B     | James          | Arbuthnot        | Open     | Male | 37  |
| 25       | 00:52:30 | 128    | A     | Matthew        | Kroon            | Open     | Male | 0   |
| 26       | 00:52:31 | 1136   | B     | Essa           | Bariis           | Open     | Male | 27  |
| 27       | 00:52:46 | 120    | A     | Joe            | Harding          | Open     | Male | 23  |
| 28       | 00:52:54 | 99     | A     | Theunis        | De Bruin         | Open     | Male | 29  |
| 29       | 00:53:19 | 1111   | B     | Jonathan       | van Wyk          | Open     | Male | 36  |
| 30       | 00:53:24 | 198    | A     | David          | Metelerkamp      | Open     | Male | 25  |
| 31       | 00:53:39 | 1223   | B     | Achmat         | Arnold           | Open     | Male | 19  |
| 32       | 00:54:34 | 44     | A     | Simbao         | Simbao           | Open     | Male | 35  |
| 33       | 00:54:41 | 1105   | B     | Wesley         | Turner-Dauncey   | Open     | Male | 29  |
| 34       | 00:54:54 | 1195   | B     | Petrus         | Van Wyk          | Open     | Male | 27  |
| 35       | 00:54:55 | 90     | A     | yazied         | baker            | Open     | Male | 38  |
| 36       | 00:54:56 | 1067   | B     | Danté          | Nel              | Open     | Male | 28  |
| 37       | 00:55:16 | 46     | A     | Johan          | van der Merwe    | Open     | Male | 30  |
| 38       | 00:55:56 | 105    | A     | Heymans        | Heymans          | Open     | Male | 30  |
| 39       | 00:55:57 | 4      | A     | Pieter         | Bezuidenhout     | Open     | Male | 36  |
| 40       | 00:56:18 | 1022   | B     | JP             | du Plessis       | Open     | Male | 31  |
| 41       | 00:56:32 | 1269   | B     | Jason          | Sutherland       | Open     | Male | 38  |
| 42       | 00:56:42 | 102    | A     | Chris          | Garbers          | Open     | Male | 27  |
| 43       | 00:56:45 | 190    | A     | Benoit         | Lacroix          | Open     | Male | 35  |
| 44       | 00:56:47 | 23     | A     | Joakim         | Hansi Blackadder | Open     | Male | 32  |
| 45       | 00:56:59 | 77     | A     | shane          | murray           | Open     | Male | 35  |
| 46       | 00:57:07 | 1214   | B     | Rob            | Baird            | Open     | Male | 35  |
| 47       | 00:57:21 | 1268   | B     | Luke           | Ferguson         | Open     | Male | 29  |
| 48       | 00:57:22 | 2055   | C     | David          | Ellis            | Open     | Male | 24  |
| 49       | 00:57:23 | 1082   | B     | Sebastienn     | Ratoni           | Open     | Male | 33  |
| 50       | 00:57:40 | 1262   | B     | Sebastian      | Roland           | Open     | Male | 28  |
| 51       | 00:57:47 | 1003   | B     | Frederik       | Bakker           | Open     | Male | 22  |
| 52       | 00:57:51 | 29     | A     | Wesley         | Johnston         | Open     | Male | 32  |
| 53       | 00:57:53 | 1267   | B     | Shuheen        | Junuuy           | Open     | Male | 35  |
| 54       | 00:57:56 | 122    | A     | Ridhaa         | Ridhaa           | Open     | Male | 29  |
| 55       | 00:59:01 | 3080   | D     | colin          | van der elst     | Open     | Male | 37  |
| 56       | 00:59:12 | 2214   | C     | Stean          | Bester           | Open     | Male | 31  |
| 57       | 00:59:15 | 1201   | B     | Tiaan          | van As           | Open     | Male | 26  |
| 58       | 00:59:29 | 1073   | B     | James          | Oosterbaan       | Open     | Male | 23  |
| 59       | 00:59:36 | 1187   | B     | Stefan         | Keeve            | Open     | Male | 29  |
| 60       | 00:59:39 | 1145   | B     | Louis          | Botha            | Open     | Male | 28  |
| 61       | 00:59:39 | 2048   | C     | Aiden          | Du Plessis       | Open     | Male | 31  |
| 62       | 00:59:41 | 6      | A     | Martin         | Bongers          | Open     | Male | 34  |
| 63       | 00:59:43 | 1200   | B     | Wian           | van den Bergh    | Open     | Male | 27  |
| 64       | 00:59:49 | 1037   | B     | Jan Hendrik    | Hofmeyr          | Open     | Male | 35  |
| 65       | 01:00:18 | 1125   | B     | Mubeeu         | September        | Open     | Male | 38  |
| 66       | 01:00:21 | 1139   | B     | Oliver         | Bekker           | Open     | Male | 32  |
| 67       | 01:00:30 | 3181   | D     | Jens           | Leiker           | Open     | Male | 21  |
| 68       | 01:00:30 | 1166   | B     | Steven         | Dembitzer        | Open     | Male | 27  |
| 69       | 01:00:35 | 1144   | B     | Kristo         | Botha            | Open     | Male | 24  |
| 70       | 01:01:10 | 2243   | C     | Kevin          | Dornbrack        | Open     | Male | 20  |
| 71       | 01:01:15 | 1215   | B     | John           | Wylie            | Open     | Male | 23  |
| 72       | 01:01:15 | 3170   | D     | Noah           | Schermbrucker    | Open     | Male | 34  |
| 73       | 01:01:17 | 1173   | B     | Gille          | Farelo           | Open     | Male | 33  |
| 74       | 01:01:23 | 1221   | B     | Tiaan          | Botha            | Open     | Male | 35  |
| 75       | 01:01:29 | 1204   | B     | Johnny         | Tang             | Open     | Male | 28  |
| 76       | 01:01:33 | 192    | A     | James          | Lehman           | Open     | Male | 26  |
| 77       | 01:01:36 | 1174   | B     | Justin         | Floor            | Open     | Male | 30  |
| 78       | 01:01:46 | 2005   | C     | Sean           | Bethell          | Open     | Male | 28  |
| 79       | 01:01:54 | 104    | A     | Paul           | Henkel           | Open     | Male | 28  |
| 80       | 01:01:54 | 2144   | C     | Thaine         | Sasman           | Open     | Male | 30  |
| 81       | 01:01:54 | 1170   | B     | Marius         | du Plessis       | Open     | Male | 26  |
| 83       | 01:02:06 | 1208   | B     | John           | Standley         | Open     | Male | 36  |
| 84       | 01:02:25 | 194    | A     | Daniel         | Lovelock         | Open     | Male | 31  |
| 85       | 01:02:28 | 1209   | B     | Paul           | Smit             | Open     | Male | 31  |
| 86       | 01:02:28 | 2149   | C     | Petrus         | Schoeman         | Open     | Male | 35  |
| 87       | 01:02:31 | 1210   | B     | ALEX           | SMIT             | Open     | Male | 28  |

|     |          |      |   |                |                    |      |      |    |
|-----|----------|------|---|----------------|--------------------|------|------|----|
| 88  | 01:02:32 | 1280 | B | Simon          | Le Roux            | Open | Male | 34 |
| 89  | 01:02:59 | 1063 | B | Stephen        | Minne              | Open | Male | 26 |
| 90  | 01:03:04 | 1151 | B | Ludwig         | Chambers           | Open | Male | 28 |
| 91  | 01:03:08 | 1035 | B | Martin         | Henning            | Open | Male | 28 |
| 92  | 01:03:27 | 2119 | C | Otto           | Otto               | Open | Male | 30 |
| 93  | 01:03:51 | 1241 | B | Hellaand       | Domam              | Open | Male | 34 |
| 94  | 01:03:55 | 1257 | B | Yashin         | Raghavjee          | Open | Male | 35 |
| 95  | 01:04:06 | 1272 | B | Jean           | Minnaar            | Open | Male | 35 |
| 96  | 01:04:08 | 2209 | C | Elies          | Azaiez             | Open | Male | 29 |
| 97  | 01:04:11 | 1071 | B | Manduleli      | Ntsinde            | Open | Male | 39 |
| 98  | 01:04:14 | 2087 | C | Vincent        | Jones              | Open | Male | 35 |
| 99  | 01:04:22 | 1179 | B | Joel           | Broad              | Open | Male | 27 |
| 100 | 01:04:23 | 1128 | B | Tim            | Clark              | Open | Male | 0  |
| 102 | 01:04:33 | 2050 | C | Justin         | du Toit            | Open | Male | 36 |
| 103 | 01:04:44 | 1028 | B | Grant          | Fillmore           | Open | Male | 35 |
| 104 | 01:04:56 | 3191 | D | Wicus          | Malherbe           | Open | Male | 33 |
| 105 | 01:05:00 | 1213 | B | Lucky          | Selowa             | Open | Male | 35 |
| 106 | 01:05:02 | 3084 | D | Jean-Baptiste  | Trotoux            | Open | Male | 36 |
| 107 | 01:05:05 | 2242 | C | Wayne          | Do Rego            | Open | Male | 39 |
| 108 | 01:05:24 | 1202 | B | Paul           | Turner             | Open | Male | 39 |
| 109 | 01:05:31 | 2281 | C | Cas            | Hulsbosch          | Open | Male | 35 |
| 110 | 01:05:40 | 2263 | C | Jonas          | Gensicke           | Open | Male | 17 |
| 111 | 01:05:54 | 1097 | B | Luca           | Stefanutti         | Open | Male | 26 |
| 112 | 01:06:02 | 1180 | B | Alex           | Green              | Open | Male | 23 |
| 113 | 01:06:08 | 2275 | C | Miles          | Hamilton           | Open | Male | 23 |
| 114 | 01:06:11 | 1102 | B | Jesse          | Terrent            | Open | Male | 30 |
| 116 | 01:06:40 | 1099 | B | Dimitri        | Stroinovskiy       | Open | Male | 38 |
| 117 | 01:06:43 | 1069 | B | Noordien       | Noordien           | Open | Male | 38 |
| 118 | 01:06:46 | 1289 | B | Colin          | Morgan             | Open | Male | 28 |
| 119 | 01:06:53 | 1222 | B | Syden          | Appollis           | Open | Male | 20 |
| 120 | 01:06:56 | 2296 | C | Andries        | Krause             | Open | Male | 37 |
| 121 | 01:06:59 | 2021 | C | Johann         | Claassen           | Open | Male | 37 |
| 122 | 01:07:02 | 2069 | C | Ross           | Forder             | Open | Male | 27 |
| 123 | 01:07:06 | 2009 | C | Greg           | Branfield          | Open | Male | 35 |
| 124 | 01:07:07 | 2134 | C | Charl          | Roos               | Open | Male | 34 |
| 125 | 01:07:25 | 1292 | B | Dirk           | Noeth              | Open | Male | 36 |
| 126 | 01:07:43 | 15   | A | Kyle           | Durston            | Open | Male | 26 |
| 127 | 01:07:44 | 3078 | D | Conrad         | Van der Westhuizen | Open | Male | 33 |
| 128 | 01:07:45 | 1224 | B | Lucien         | Sher               | Open | Male | 21 |
| 129 | 01:07:48 | 2247 | C | Jeremy         | du Plessis         | Open | Male | 25 |
| 130 | 01:08:03 | 2140 | C | Maahir         | Salie              | Open | Male | 30 |
| 131 | 01:08:11 | 2061 | C | Steve          | Finegan            | Open | Male | 37 |
| 132 | 01:08:30 | 2139 | C | Fadl           | Salie              | Open | Male | 33 |
| 133 | 01:08:56 | 1023 | B | Simon          | Du Plooy           | Open | Male | 33 |
| 134 | 01:08:57 | 1165 | B | Tinus          | De Wet             | Open | Male | 31 |
| 135 | 01:08:57 | 1254 | B | Brendon        | Pienaar            | Open | Male | 36 |
| 136 | 01:08:58 | 1095 | B | Philip         | Smith              | Open | Male | 29 |
| 137 | 01:09:04 | 1143 | B | Richard        | Boltmann           | Open | Male | 28 |
| 138 | 01:09:10 | 1265 | B | Jeremy         | Osborne            | Open | Male | 28 |
| 139 | 01:09:18 | 1062 | B | Lee            | Meyerdricks        | Open | Male | 34 |
| 140 | 01:09:32 | 1076 | B | Lance          | Osburn             | Open | Male | 36 |
| 141 | 01:09:32 | 2150 | C | Christopher    | Schollar           | Open | Male | 27 |
| 142 | 01:09:50 | 2219 | C | Robbie         | Brown              | Open | Male | 30 |
| 143 | 01:10:05 | 1279 | B | Martin Winther | Larsen             | Open | Male | 32 |
| 144 | 01:10:18 | 1106 | B | Chris          | Underwood          | Open | Male | 25 |
| 145 | 01:10:22 | 1207 | B | Rhys           | Stevenson          | Open | Male | 25 |
| 146 | 01:10:42 | 2070 | C | Mark           | Gaffley            | Open | Male | 29 |
| 147 | 01:11:10 | 121  | A | Tyler          | Moorhead           | Open | Male | 38 |
| 148 | 01:11:18 | 1237 | B | Dean           | Bolhu              | Open | Male | 32 |
| 149 | 01:12:14 | 1116 | B | John           | Verster            | Open | Male | 39 |
| 150 | 01:12:38 | 2164 | C | Julian         | Smith              | Open | Male | 32 |
| 151 | 01:12:46 | 3085 | D | Stuart         | Torr               | Open | Male | 35 |
| 152 | 01:12:51 | 1027 | B | Jonathan       | Edwards            | Open | Male | 32 |
| 153 | 01:13:13 | 1134 | B | luke           | apteker            | Open | Male | 31 |
| 154 | 01:13:16 | 1284 | B | scott          | matthews           | Open | Male | 30 |
| 155 | 01:13:42 | 3037 | D | Shaun          | Adam               | Open | Male | 34 |
| 156 | 01:13:45 | 3207 | D | Daniel         | Nel                | Open | Male | 35 |
| 157 | 01:13:57 | 3156 | D | Richard        | Raulstone          | Open | Male | 39 |
| 158 | 01:14:02 | 3015 | D | Andre          | Frey               | Open | Male | 29 |
| 159 | 01:14:12 | 2143 | C | Waleed         | Samsodien          | Open | Male | 32 |
| 160 | 01:14:27 | 3202 | D | Daniel         | Moody              | Open | Male | 28 |
| 161 | 01:14:32 | 2041 | C | Mathew         | De Smidt           | Open | Male | 39 |
| 162 | 01:14:32 | 1169 | B | Johan          | Du Plessis         | Open | Male | 28 |
| 163 | 01:14:33 | 2023 | C | Hennie         | Coetzee            | Open | Male | 39 |
| 164 | 01:14:45 | 113  | A | Christo        | van der Berg       | Open | Male | 32 |
| 165 | 01:14:49 | 2088 | C | Carl           | Joubert            | Open | Male | 33 |
| 166 | 01:14:52 | 1220 | B | Nick           | Van Schie          | Open | Male | 27 |
| 167 | 01:14:54 | 1126 | B | Brian          | Burgers            | Open | Male | 28 |
| 168 | 01:15:01 | 1152 | B | Pieter         | Cilliers           | Open | Male | 35 |
| 169 | 01:15:12 | 1198 | B | Riaan          | van der Westhuizen | Open | Male | 36 |
| 170 | 01:15:30 | 2046 | C | Jason          | Dorfling           | Open | Male | 23 |
| 171 | 01:15:56 | 2208 | C | Ian            | Austin             | Open | Male | 25 |
| 172 | 01:16:14 | 3172 | D | Ronald         | Sauls              | Open | Male | 36 |
| 173 | 01:16:23 | 2094 | C | Craig          | Knight             | Open | Male | 36 |
| 174 | 01:16:39 | 2022 | C | Garth          | Cloete             | Open | Male | 31 |
| 175 | 01:16:49 | 2138 | C | Mubaraq        | Ryklief            | Open | Male | 20 |
| 176 | 01:16:56 | 2239 | C | Jayson         | Dean               | Open | Male | 38 |
| 177 | 01:17:01 | 3043 | D | Johan          | Charlier           | Open | Male | 32 |
| 178 | 01:17:03 | 3092 | D | Eckard         | Smuts              | Open | Male | 33 |

|     |          |      |   |            |            |      |      |    |
|-----|----------|------|---|------------|------------|------|------|----|
| 179 | 01:17:17 | 3044 | D | Dominic    | Conradie   | Open | Male | 34 |
| 180 | 01:17:17 | 2288 | C | Charl      | Joubert    | Open | Male | 37 |
| 181 | 01:17:27 | 2277 | C | Diederik   | Hattingh   | Open | Male | 33 |
| 182 | 01:17:48 | 1193 | B | Graham     | Wallace    | Open | Male | 30 |
| 183 | 01:17:52 | 1194 | B | Dylan      | Wallace    | Open | Male | 33 |
| 184 | 01:17:58 | 3032 | D | gertjan    | van Vliet  | Open | Male | 39 |
| 185 | 01:18:10 | 1203 | B | Siseko     | Thomas     | Open | Male | 31 |
| 186 | 01:18:39 | 2113 | C | Charl      | Möller     | Open | Male | 38 |
| 187 | 01:18:51 | 1081 | B | Matlou     | Ramoroka   | Open | Male | 31 |
| 188 | 01:18:55 | 2158 | C | gareth     | shaw       | Open | Male | 38 |
| 189 | 01:19:09 | 1291 | B | Kyle       | Murray     | Open | Male | 30 |
| 190 | 01:19:21 | 2032 | C | Julio      | da Costa   | Open | Male | 25 |
| 191 | 01:19:38 | 3019 | D | Abraham    | Maree      | Open | Male | 37 |
| 192 | 01:19:46 | 3041 | D | Marc       | Burgess    | Open | Male | 29 |
| 193 | 01:19:49 | 1232 | B | Nico       | Couyshe    | Open | Male | 31 |
| 194 | 01:19:50 | 21   | A | Babalo     | Hambi      | Open | Male | 22 |
| 195 | 01:20:02 | 2252 | C | Clay       | Evertson   | Open | Male | 31 |
| 196 | 01:20:09 | 2098 | C | Schalk     | Kruger     | Open | Male | 26 |
| 197 | 01:20:18 | 1150 | B | Kieran     | Casserley  | Open | Male | 28 |
| 198 | 01:20:22 | 3075 | D | gervan     | van wyk    | Open | Male | 37 |
| 199 | 01:20:41 | 1240 | B | Marc       | Clarence   | Open | Male | 35 |
| 200 | 01:20:52 | 2025 | C | Jp         | Conradie   | Open | Male | 32 |
| 201 | 01:20:54 | 3174 | D | Bryan      | Owen       | Open | Male | 31 |
| 202 | 01:21:49 | 1142 | B | Phil       | Bolle      | Open | Male | 38 |
| 203 | 01:21:50 | 3042 | D | Stuart     | Carolissen | Open | Male | 32 |
| 204 | 01:21:56 | 2126 | C | Durk       | Postma     | Open | Male | 35 |
| 205 | 01:22:13 | 2261 | C | Towfeeq    | Gasant     | Open | Male | 19 |
| 206 | 01:22:13 | 3206 | D | Imraan     | Narker     | Open | Male | 30 |
| 207 | 01:22:14 | 1112 | B | Tiaan      | van Zyl    | Open | Male | 27 |
| 208 | 01:22:23 | 3165 | D | Karl       | Ronnie     | Open | Male | 30 |
| 209 | 01:22:39 | 2272 | C | Kamlen     | Govender   | Open | Male | 29 |
| 210 | 01:22:40 | 3070 | D | Walls      | Walls      | Open | Male | 27 |
| 211 | 01:22:46 | 2133 | C | Johan      | Roets      | Open | Male | 37 |
| 212 | 01:22:49 | 3176 | D | Neil       | Kruger     | Open | Male | 35 |
| 213 | 01:24:07 | 3025 | D | Edward     | Rowland    | Open | Male | 36 |
| 214 | 01:24:32 | 2073 | C | Mark       | Goosen     | Open | Male | 35 |
| 215 | 01:26:03 | 2294 | C | Jaco-Chris | Koorts     | Open | Male | 29 |
| 216 | 01:26:15 | 2011 | C | Raubie     | Brink      | Open | Male | 31 |
| 217 | 01:27:22 | 2074 | C | Krayvasan  | Govender   | Open | Male | 33 |
| 218 | 01:28:24 | 2182 | C | Marquerite | Schutte    | Open | Male | 27 |
| 219 | 01:30:15 | 2224 | C | Justin     | Caldwell   | Open | Male | 36 |
| 220 | 01:30:49 | 1218 | B | Neil       | Kohlier    | Open | Male | 33 |
| 221 | 01:32:39 | 2168 | C | Jaco       | Swart      | Open | Male | 28 |
| 222 | 01:33:23 | 2292 | C | Francois   | Koen       | Open | Male | 30 |
| 223 | 01:35:07 | 3014 | D | Andreas    | Eiselen    | Open | Male | 35 |
| 224 | 01:36:08 | 3035 | D | Arthur     | Zerf       | Open | Male | 32 |
| 225 | 01:38:09 | 3152 | D | Jesse      | Pereira    | Open | Male | 36 |
| 226 | 01:40:43 | 1054 | B | Kaashief   | Lodewyk    | Open | Male | 38 |
| 227 | 01:42:01 | 2027 | C | James      | Cook       | Open | Male | 33 |
| 228 | 01:42:04 | 2186 | C | Neil       | Lindeque   | Open | Male | 34 |

**Open Female**

| Position | Time     | Race # | Batch | Name        | Surname       | Category | Sex    | Age |
|----------|----------|--------|-------|-------------|---------------|----------|--------|-----|
| 1        | 00:52:25 | 75     | A     | Emily       | Yeo           | Open     | Female | 19  |
| 2        | 00:53:55 | 8      | A     | Sophie      | Cope          | Open     | Female | 19  |
| 3        | 00:55:49 | 196    | A     | Jodi        | Marcus        | Open     | Female | 34  |
| 4        | 00:57:32 | 53     | A     | Chloe`      | Williams      | Open     | Female | 24  |
| 5        | 00:58:22 | 9      | A     | Lize        | Cornelius     | Open     | Female | 30  |
| 6        | 01:00:38 | 80     | A     | Emily       | Aitken        | Open     | Female | 26  |
| 7        | 01:00:49 | 20     | A     | Rosslee     | Guess         | Open     | Female | 23  |
| 8        | 01:01:19 | 1167   | B     | Emily       | Djock         | Open     | Female | 28  |
| 9        | 01:01:21 | 1079   | B     | Nikki-leigh | Piper         | Open     | Female | 31  |
| 10       | 01:01:30 | 50     | A     | Miriam      | Waltz         | Open     | Female | 26  |
| 11       | 01:01:32 | 1285   | B     | Ashleigh    | May           | Open     | Female | 28  |
| 12       | 01:02:01 | 1042   | B     | Rose        | Jenkins       | Open     | Female | 35  |
| 13       | 01:02:02 | 2217   | C     | Lize        | Brown         | Open     | Female | 26  |
| 14       | 01:02:20 | 1183   | B     | Kayleigh    | Gultig        | Open     | Female | 20  |
| 15       | 01:02:23 | 2093   | C     | Amy         | Kirchmann     | Open     | Female | 31  |
| 16       | 01:03:11 | 1140   | B     | Sian        | Bester        | Open     | Female | 34  |
| 17       | 01:03:48 | 2283   | C     | Kathryn     | Janssen       | Open     | Female | 25  |
| 18       | 01:03:58 | 82     | A     | Charlotte   | Konc          | Open     | Female | 32  |
| 19       | 01:04:05 | 1036   | B     | Shelley     | Heunes        | Open     | Female | 35  |
| 20       | 01:04:15 | 1275   | B     | Tracy-Lee   | Dalton        | Open     | Female | 27  |
| 21       | 01:04:23 | 1233   | B     | Julia       | Miller        | Open     | Female | 20  |
| 22       | 01:04:26 | 1188   | B     | Kirsten     | Kingma        | Open     | Female | 26  |
| 23       | 01:04:43 | 1029   | B     | Tracy-Lee   | Fillmore      | Open     | Female | 36  |
| 24       | 01:04:45 | 1236   | B     | India       | Baird         | Open     | Female | 0   |
| 25       | 01:04:55 | 1235   | B     | Jamie-Leigh | Michau        | Open     | Female | 23  |
| 26       | 01:05:15 | 2127   | C     | Camden      | Ravenscroft   | Open     | Female | 22  |
| 27       | 01:05:22 | 1233   | B     | Julia       | Miller        | Open     | Female | 20  |
| 28       | 01:05:34 | 1273   | B     | Teagan      | Van der Wath  | Open     | Female | 23  |
| 29       | 01:05:37 | 1274   | B     | Bronwyn     | Kretzmann     | Open     | Female | 23  |
| 30       | 01:05:45 | 3149   | D     | illona      | pelser        | Open     | Female | 36  |
| 31       | 01:06:25 | 1162   | B     | nicole      | de villiers   | Open     | Female | 37  |
| 32       | 01:06:34 | 1233   | B     | Julia       | Miller        | Open     | Female | 20  |
| 33       | 01:06:37 | 92     | A     | Jennifer    | Begg          | Open     | Female | 29  |
| 34       | 01:06:49 | 1276   | B     | Janeske     | Oosthuizen    | Open     | Female | 36  |
| 35       | 01:07:29 | 1282   | B     | Mareli      | Mans          | Open     | Female | 33  |
| 36       | 01:07:57 | 2278   | C     | Dupont      | Heloise       | Open     | Female | 29  |
| 37       | 01:08:20 | 1212   | B     | Linda       | Shelly        | Open     | Female | 38  |
| 38       | 01:08:44 | 2286   | C     | Nicola      | Johnston      | Open     | Female | 28  |
| 39       | 01:08:55 | 1230   | B     | Karlson     | Bokst         | Open     | Female | 29  |
| 40       | 01:08:55 | 1113   | B     | Lindi       | Van zyl       | Open     | Female | 28  |
| 41       | 01:09:10 | 2107   | C     | Kristine    | Maciejewski   | Open     | Female | 35  |
| 42       | 01:09:16 | 1172   | B     | Sebnem      | Er            | Open     | Female | 38  |
| 43       | 01:09:18 | 3146   | D     | Callan      | Paul          | Open     | Female | 27  |
| 44       | 01:09:21 | 2148   | C     | Marlize     | Schoeman      | Open     | Female | 38  |
| 45       | 01:09:23 | 2274   | C     | Ricour      | Guillemette   | Open     | Female | 29  |
| 46       | 01:10:24 | 1293   | B     | Debbie      | Nordien       | Open     | Female | 32  |
| 47       | 01:11:05 | 1294   | B     | Odendaal    | Odendaal      | Open     | Female | 26  |
| 48       | 01:11:11 | 2285   | C     | Clarissa    | Johnston      | Open     | Female | 26  |
| 49       | 01:11:19 | 3195   | D     | Ricour      | Mathilde      | Open     | Female | 29  |
| 50       | 01:11:35 | 1164   | B     | Rebecca     | de Villiers   | Open     | Female | 23  |
| 51       | 01:11:52 | 49     | A     | Charlotte   | Waltz         | Open     | Female | 22  |
| 52       | 01:12:16 | 3197   | D     | Taryn       | Menne         | Open     | Female | 30  |
| 53       | 01:12:43 | 2136   | C     | Holly       | Rudman        | Open     | Female | 27  |
| 54       | 01:12:44 | 3071   | D     | Sarah       | Wade          | Open     | Female | 34  |
| 55       | 01:12:49 | 1049   | B     | Michelle    | Koblischke    | Open     | Female | 37  |
| 56       | 01:13:35 | 2206   | C     | Tarryn      | Anelli        | Open     | Female | 33  |
| 57       | 01:13:39 | 3098   | D     | Dale        | Scogings      | Open     | Female | 25  |
| 58       | 01:14:02 | 2154   | C     | Monique     | Schutte       | Open     | Female | 28  |
| 59       | 01:14:13 | 3069   | D     | Gemma       | Watson        | Open     | Female | 21  |
| 60       | 01:14:45 | 1010   | B     | Courtney    | Botha         | Open     | Female | 27  |
| 61       | 01:15:00 | 3171   | D     | Jessica     | Purcell-Jones | Open     | Female | 32  |
| 62       | 01:15:02 | 2265   | C     | Sian        | Geraty        | Open     | Female | 32  |
| 63       | 01:15:10 | 1002   | B     | Emily       | Asbury        | Open     | Female | 22  |
| 64       | 01:15:22 | 1046   | B     | Carmen      | Katz          | Open     | Female | 33  |
| 65       | 01:15:23 | 2191   | C     | Melany      | Froy          | Open     | Female | 36  |
| 66       | 01:15:27 | 2115   | C     | Helen       | Morrissey     | Open     | Female | 32  |
| 67       | 01:16:00 | 2205   | C     | Marisa      | Agnello       | Open     | Female | 37  |
| 68       | 01:17:09 | 3036   | D     | Claire      | Adam          | Open     | Female | 30  |
| 69       | 01:17:14 | 3073   | D     | Elizabeth   | Vogts         | Open     | Female | 29  |
| 70       | 01:17:14 | 3081   | D     | Mai         | Umbhau        | Open     | Female | 29  |
| 71       | 01:17:16 | 2289   | C     | Natalie     | Joubert       | Open     | Female | 35  |
| 72       | 01:17:26 | 1030   | B     | Natassia    | Fredericks    | Open     | Female | 31  |
| 73       | 01:17:54 | 1159   | B     | Celeste     | Davidson      | Open     | Female | 38  |
| 74       | 01:17:58 | 2066   | C     | Janca       | Fismer        | Open     | Female | 29  |
| 75       | 01:18:07 | 1278   | B     | Anja        | Lareman       | Open     | Female | 25  |
| 76       | 01:18:09 | 2100   | C     | Lisa        | Labuschagne   | Open     | Female | 34  |
| 77       | 01:18:13 | 2053   | C     | Ragmah      | Edwards       | Open     | Female | 25  |
| 78       | 01:18:16 | 1186   | B     | Danielle    | Hugo          | Open     | Female | 20  |
| 79       | 01:18:50 | 2038   | C     | Judith      | Davidse       | Open     | Female | 35  |
| 80       | 01:18:59 | 2071   | C     | Nazli       | Gasant        | Open     | Female | 32  |
| 81       | 01:19:48 | 2013   | C     | Tara        | Caetano       | Open     | Female | 30  |
| 82       | 01:19:52 | 1160   | B     | Chantelle   | De villiers   | Open     | Female | 29  |
| 83       | 01:19:55 | 1157   | B     | Sonja       | Cowlin        | Open     | Female | 37  |
| 84       | 01:20:00 | 3074   | D     | Leone       | van Zyl       | Open     | Female | 26  |
| 85       | 01:20:00 | 1137   | B     | Monique     | Bassi         | Open     | Female | 34  |
| 86       | 01:20:06 | 2161   | C     | Angelique   | Smit          | Open     | Female | 38  |
| 87       | 01:20:25 | 3177   | D     | Tamryn      | Lamb          | Open     | Female | 39  |

|     |          |      |   |              |                |      |        |    |
|-----|----------|------|---|--------------|----------------|------|--------|----|
| 88  | 01:20:35 | 193  | A | Andrea       | Loubser        | Open | Female | 32 |
| 89  | 01:20:37 | 107  | A | cheryl       | howson         | Open | Female | 31 |
| 90  | 01:20:42 | 3163 | D | Joany        | Rogers         | Open | Female | 30 |
| 91  | 01:20:48 | 1074 | B | Andrea       | Orchard        | Open | Female | 30 |
| 92  | 01:20:49 | 2026 | C | Tammy        | Conradie       | Open | Female | 31 |
| 93  | 01:20:56 | 3101 | D | Stephanie    | Wattinne       | Open | Female | 30 |
| 94  | 01:21:00 | 3049 | D | Larita       | Engelbrecht    | Open | Female | 30 |
| 95  | 01:21:06 | 2153 | C | Janet        | Schuling       | Open | Female | 36 |
| 96  | 01:21:14 | 2031 | C | Alexa        | Murray         | Open | Female | 24 |
| 97  | 01:21:21 | 2244 | C | Thania       | Dout September | Open | Female | 34 |
| 98  | 01:21:26 | 3173 | D | Jacky        | Rabbolini      | Open | Female | 41 |
| 99  | 01:21:27 | 2260 | C | Mariagrazia  | Galimberti     | Open | Female | 39 |
| 100 | 01:21:29 | 1226 | B | Shandri      | Erasmus        | Open | Female | 19 |
| 101 | 01:21:29 | 2077 | C | Nicole       | Hall           | Open | Female | 32 |
| 102 | 01:21:55 | 3196 | D | Kate         | Meiring        | Open | Female | 39 |
| 103 | 01:22:11 | 1153 | B | Samantha     | Claase         | Open | Female | 28 |
| 104 | 01:23:09 | 3203 | D | Madeleine    | Mottart        | Open | Female | 21 |
| 105 | 01:23:11 | 3060 | D | Pauline      | Joiris         | Open | Female | 31 |
| 106 | 01:23:48 | 3157 | D | Leizle       | Retief         | Open | Female | 38 |
| 107 | 01:24:00 | 2300 | C | Kathryn      | Lamb           | Open | Female | 30 |
| 108 | 01:24:01 | 3077 | D | Carolien     | Van Rhyn       | Open | Female | 25 |
| 109 | 01:24:02 | 3048 | D | Lieneke      | Du Plessis     | Open | Female | 24 |
| 110 | 01:24:17 | 1211 | B | Hester       | Slabbert       | Open | Female | 30 |
| 111 | 01:25:12 | 2225 | C | Lynette      | Caldwell       | Open | Female | 34 |
| 112 | 01:25:30 | 1270 | B | Catherine    | Andrews        | Open | Female | 36 |
| 113 | 01:26:04 | 2096 | C | Justine      | Krige          | Open | Female | 34 |
| 114 | 01:28:43 | 3068 | D | Bianca       | Wessels        | Open | Female | 26 |
| 115 | 01:32:04 | 3154 | D | Maryse       | Pretorius      | Open | Female | 28 |
| 116 | 01:32:23 | 3180 | D | Erika        | Le Roux        | Open | Female | 34 |
| 117 | 01:32:30 | 3083 | D | Lauren       | Tuck           | Open | Female | 32 |
| 118 | 01:33:27 | 2065 | C | Carissa      | Fismer         | Open | Female | 34 |
| 119 | 01:33:33 | 2276 | C | Annemarie    | Hattingh       | Open | Female | 27 |
| 120 | 01:34:05 | 3145 | D | Nicole       | O'Neill        | Open | Female | 23 |
| 121 | 01:34:09 | 3150 | D | Catherine    | Pereira        | Open | Female | 37 |
| 122 | 01:34:26 | 2231 | C | Lizane       | Connoway       | Open | Female | 37 |
| 123 | 01:35:04 | 3016 | D | Ankia        | Holtzhausen    | Open | Female | 35 |
| 124 | 01:35:17 | 3178 | D | Langenhoven  | Langenhoven    | Open | Female | 39 |
| 125 | 01:35:33 | 3079 | D | Madeleine    | Van der merwe  | Open | Female | 28 |
| 126 | 01:36:13 | 2090 | C | anahi        | kent           | Open | Female | 34 |
| 127 | 01:36:18 | 3160 | D | Teri         | Richter        | Open | Female | 30 |
| 128 | 01:36:24 | 2180 | C | Liesl        | Winter         | Open | Female | 35 |
| 129 | 01:37:23 | 2081 | C | Max          | Hendricks      | Open | Female | 38 |
| 130 | 01:37:42 | 3058 | D | Lyndall      | Hoffman        | Open | Female | 30 |
| 131 | 01:37:46 | 3061 | D | muslima      | kamaar         | Open | Female | 28 |
| 132 | 01:38:38 | 2103 | C | Jye          | Lin            | Open | Female | 32 |
| 133 | 01:39:18 | 3040 | D | Marike       | Brown          | Open | Female | 27 |
| 134 | 01:40:05 | 3072 | D | Mandy        | Vollmer        | Open | Female | 29 |
| 135 | 01:41:24 | 2287 | C | Svea         | Jorgens        | Open | Female | 30 |
| 136 | 01:41:51 | 2128 | C | Gabrielle    | Reid-Burgers   | Open | Female | 27 |
| 137 | 01:42:11 | 3026 | D | Annie        | Shaw           | Open | Female | 35 |
| 138 | 01:42:14 | 3034 | D | Natasha      | Wood           | Open | Female | 35 |
| 139 | 01:45:06 | 3066 | D | Tammy        | Wilmot         | Open | Female | 36 |
| 140 | 01:45:18 | 3194 | D | Bronwyn      | Maree          | Open | Female | 33 |
| 141 | 01:47:05 | 3056 | D | Cherise      | Hider          | Open | Female | 28 |
| 142 | 01:47:09 | 3183 | D | Lauren-Leigh | Livesey        | Open | Female | 35 |
| 143 | 01:57:56 | 3039 | D | Lindsay      | Barrett        | Open | Female | 34 |

**Veteran Male**

| Position | Time     | Race # | Batch | Name             | Surname       | Category | Sex  | Age |
|----------|----------|--------|-------|------------------|---------------|----------|------|-----|
| 1        | 00:46:06 | 127    | A     | Derrick          | Baart         | Veteran  | Male | 46  |
| 2        | 00:49:40 | 88     | A     | Brenton          | Ashby         | Veteran  | Male | 47  |
| 3        | 00:50:17 | 195    | A     | Grant            | Marcus        | Veteran  | Male | 43  |
| 4        | 00:51:50 | 197    | A     | Andrew           | McPherson     | Veteran  | Male | 43  |
| 5        | 00:52:45 | 115    | A     | Greg             | Torr          | Veteran  | Male | 42  |
| 6        | 00:53:15 | 3055   | D     | Lukasz           | Grzybowski    | Veteran  | Male | 41  |
| 7        | 00:54:05 | 41     | A     | Marius           | Oosthuizen    | Veteran  | Male | 40  |
| 8        | 00:54:37 | 1039   | B     | Mark             | Jacobson      | Veteran  | Male | 41  |
| 9        | 00:54:49 | 58     | A     | St John          | Springett     | Veteran  | Male | 44  |
| 10       | 00:55:17 | 42     | A     | Mogale           | Piloso        | Veteran  | Male | 45  |
| 11       | 00:55:29 | 1288   | B     | Gavin            | Millard       | Veteran  | Male | 48  |
| 12       | 00:55:41 | 1239   | B     | Matthew          | Kruger        | Veteran  | Male | 40  |
| 13       | 00:55:54 | 110    | A     | Kevin            | Hurwitz       | Veteran  | Male | 46  |
| 14       | 00:56:33 | 199    | A     | Peter John       | Moses         | Veteran  | Male | 40  |
| 15       | 00:57:44 | 1089   | B     | malcolm          | Royston       | Veteran  | Male | 40  |
| 16       | 00:57:49 | 1206   | B     | Nick             | Stodel        | Veteran  | Male | 41  |
| 17       | 00:58:02 | 1199   | B     | Frank            | van der Kaaij | Veteran  | Male | 46  |
| 18       | 00:58:16 | 34     | A     | Garth Neil       | Lary          | Veteran  | Male | 44  |
| 19       | 00:58:23 | 28     | A     | Nezaam           | Isaacs        | Veteran  | Male | 46  |
| 20       | 00:58:53 | 1216   | B     | Craig            | Pike          | Veteran  | Male | 41  |
| 21       | 00:59:05 | 1217   | B     | Larry            | Morris        | Veteran  | Male | 41  |
| 22       | 00:59:46 | 1007   | B     | Marc             | Bester        | Veteran  | Male | 42  |
| 23       | 01:00:17 | 2246   | C     | Izak             | Du Plessis    | Veteran  | Male | 40  |
| 24       | 01:00:18 | 1077   | B     | Shaheen          | Patel         | Veteran  | Male | 40  |
| 25       | 01:00:18 | 1176   | B     | Quinton          | Frieslich     | Veteran  | Male | 40  |
| 26       | 01:01:01 | 1033   | B     | Pierre           | Goussard      | Veteran  | Male | 49  |
| 27       | 01:01:15 | 2267   | C     | Brett            | Glen          | Veteran  | Male | 40  |
| 28       | 01:02:23 | 2085   | C     | Frederick        | Hugo          | Veteran  | Male | 47  |
| 29       | 01:02:26 | 118    | A     | Limont           | Lehman        | Veteran  | Male | 40  |
| 30       | 01:02:34 | 1263   | B     | Christian        | Rudberg       | Veteran  | Male | 42  |
| 31       | 01:02:55 | 1032   | B     | Maxwell          | Godwana       | Veteran  | Male | 45  |
| 32       | 01:03:48 | 1287   | B     | paul             | merifield     | Veteran  | Male | 44  |
| 33       | 01:03:50 | 1038   | B     | Zaheer           | Jacobs        | Veteran  | Male | 42  |
| 34       | 01:04:37 | 2062   | C     | Hassiem          | Fisher        | Veteran  | Male | 48  |
| 35       | 01:05:13 | 2034   | C     | Darren           | Dalrymple     | Veteran  | Male | 44  |
| 36       | 01:05:14 | 1091   | B     | Craig            | Seaman        | Veteran  | Male | 48  |
| 37       | 01:05:32 | 1146   | B     | Tom              | Boyles        | Veteran  | Male | 45  |
| 38       | 01:06:07 | 1277   | B     | Rob              | Kuipers       | Veteran  | Male | 46  |
| 39       | 01:06:30 | 1266   | B     | Christo Peter    | Whittle       | Veteran  | Male | 43  |
| 40       | 01:06:39 | 3067   | D     | Morne            | Weyers        | Veteran  | Male | 41  |
| 41       | 01:06:51 | 1141   | B     | Dominic          | Birch         | Veteran  | Male | 42  |
| 42       | 01:06:56 | 2212   | C     | Andrew           | Berki         | Veteran  | Male | 45  |
| 43       | 01:06:58 | 2262   | C     | Andreas          | Gensicke      | Veteran  | Male | 48  |
| 44       | 01:07:33 | 1100   | B     | Alan             | Struthers     | Veteran  | Male | 43  |
| 45       | 01:07:54 | 2299   | C     | Richard          | Kruger        | Veteran  | Male | 48  |
| 46       | 01:07:54 | 3096   | D     | anthony          | shaw          | Veteran  | Male | 47  |
| 47       | 01:07:59 | 3091   | D     | Warren           | Spencer       | Veteran  | Male | 42  |
| 48       | 01:08:06 | 3088   | D     | Scott            | Tait          | Veteran  | Male | 43  |
| 49       | 01:08:56 | 1259   | B     | Glanville        | Retief        | Veteran  | Male | 42  |
| 50       | 01:08:58 | 1053   | B     | Richard          | Le Mesurier   | Veteran  | Male | 40  |
| 51       | 01:09:38 | 2045   | C     | Ebrahim          | Domingo       | Veteran  | Male | 41  |
| 52       | 01:10:00 | 1057   | B     | Eugene           | Mallinson     | Veteran  | Male | 41  |
| 53       | 01:10:16 | 1264   | B     | Sheldon          | Wiggill       | Veteran  | Male | 44  |
| 54       | 01:10:26 | 3023   | D     | Peter            | Robson        | Veteran  | Male | 46  |
| 55       | 01:11:09 | 2163   | C     | David            | Smith         | Veteran  | Male | 49  |
| 56       | 01:11:40 | 1017   | B     | Wouter           | Coetzee       | Veteran  | Male | 40  |
| 57       | 01:12:28 | 3175   | D     | Graham           | Mears         | Veteran  | Male | 44  |
| 58       | 01:12:57 | 2109   | C     | Che              | Matthews      | Veteran  | Male | 41  |
| 59       | 01:13:02 | 1181   | B     | Herman           | Grobler       | Veteran  | Male | 47  |
| 60       | 01:13:15 | 2007   | C     | Ross             | Biggs         | Veteran  | Male | 42  |
| 61       | 01:13:53 | 2033   | C     | Moenier          | Da Silva      | Veteran  | Male | 43  |
| 62       | 01:14:32 | 3090   | D     | Gavin            | Stander       | Veteran  | Male | 47  |
| 63       | 01:15:21 | 2135   | C     | Matt             | Rowe          | Veteran  | Male | 40  |
| 64       | 01:15:45 | 3027   | D     | Mark             | Stead         | Veteran  | Male | 48  |
| 65       | 01:15:59 | 1009   | B     | Phillip          | Boshoff       | Veteran  | Male | 46  |
| 66       | 01:17:56 | 3179   | D     | Sean             | Lavery        | Veteran  | Male | 44  |
| 67       | 01:18:27 | 2215   | C     | Marvan           | Beukes        | Veteran  | Male | 45  |
| 68       | 01:18:58 | 3022   | D     | Colin            | Richards      | Veteran  | Male | 45  |
| 69       | 01:19:23 | 2226   | C     | Brett            | Cameron       | Veteran  | Male | 41  |
| 70       | 01:20:06 | 2162   | C     | Schalk           | Smit          | Veteran  | Male | 49  |
| 71       | 01:20:19 | 3024   | D     | Kevin            | Rorke         | Veteran  | Male | 49  |
| 72       | 01:20:44 | 2203   | C     | Abu              | Abrahams      | Veteran  | Male | 49  |
| 73       | 01:21:10 | 2255   | C     | kevin            | ferreira      | Veteran  | Male | 44  |
| 74       | 01:21:46 | 3100   | D     | Anton            | Meiring       | Veteran  | Male | 41  |
| 75       | 01:21:53 | 2001   | C     | Ayoub            | Banderker     | Veteran  | Male | 42  |
| 76       | 01:22:32 | 2008   | C     | Rod              | Bracher       | Veteran  | Male | 41  |
| 77       | 01:23:10 | 2185   | C     | Khalio           | Dyarrat       | Veteran  | Male | 41  |
| 78       | 01:23:39 | 2159   | C     | James            | Sleigh        | Veteran  | Male | 49  |
| 79       | 01:24:11 | 3193   | D     | Sithombo         | Magungo       | Veteran  | Male | 40  |
| 80       | 01:25:13 | 2183   | C     | Keith            | Johnson       | Veteran  | Male | 49  |
| 81       | 01:28:29 | 2151   | C     | Alexander        | Schubert      | Veteran  | Male | 46  |
| 82       | 01:31:28 | 3017   | D     | Alexander Justus | Hugo          | Veteran  | Male | 47  |
| 83       | 01:33:20 | 2044   | C     | Khaliq           | Dollie        | Veteran  | Male | 44  |
| 84       | 01:36:07 | 2233   | C     | albertrum        | crowder       | Veteran  | Male | 40  |
| 85       | 01:37:15 | 2145   | C     | Michael          | Saunders      | Veteran  | Male | 41  |

**Veteran Female**

| Position | Time     | Race # | Batch | Name      | Surname            | Category | Sex    | Age |
|----------|----------|--------|-------|-----------|--------------------|----------|--------|-----|
| 1        | 00:52:55 | 108    | A     | Julie     | Huckle             | Veteran  | Female | 48  |
| 2        | 00:56:28 | 111    | A     | Tess      | Keers              | Veteran  | Female | 40  |
| 3        | 00:56:45 | 1255   | B     | Melany    | Porter             | Veteran  | Female | 41  |
| 4        | 00:56:51 | 114    | A     | Samantha  | Urquhart gouws     | Veteran  | Female | 40  |
| 5        | 00:57:12 | 1085   | B     | Cheri     | Rickett            | Veteran  | Female | 44  |
| 6        | 00:59:59 | 1163   | B     | Coriaan   | de Villiers        | Veteran  | Female | 45  |
| 7        | 01:00:10 | 189    | A     | Charmaine | Rossouw            | Veteran  | Female | 42  |
| 8        | 01:01:25 | 1175   | B     | Tania     | Fourie             | Veteran  | Female | 43  |
| 9        | 01:02:23 | 117    | A     | Nicci     | Courtney-Clarke    | Veteran  | Female | 41  |
| 10       | 01:06:12 | 3162   | D     | Liz       | Robertson          | Veteran  | Female | 47  |
| 11       | 01:09:48 | 2063   | C     | Jane      | Fisher             | Veteran  | Female | 44  |
| 12       | 01:11:36 | 1019   | B     | Bianca    | Daniels            | Veteran  | Female | 44  |
| 13       | 01:12:55 | 1185   | B     | Katja     | Heymann            | Veteran  | Female | 46  |
| 14       | 01:13:01 | 1129   | B     | Anne      | Alessandri         | Veteran  | Female | 42  |
| 15       | 01:13:26 | 2111   | C     | McFadzean | McFadzean          | Veteran  | Female | 46  |
| 16       | 01:14:53 | 3199   | D     | shaney    | merifield          | Veteran  | Female | 42  |
| 17       | 01:15:32 | 2232   | C     | Tamara    | Crewe-Brown        | Veteran  | Female | 40  |
| 18       | 01:15:34 | 2298   | C     | Janine    | Krook              | Veteran  | Female | 42  |
| 19       | 01:15:37 | 2108   | C     | Abby      | Malan              | Veteran  | Female | 43  |
| 20       | 01:16:22 | 1154   | B     | Elmarie   | Conradie           | Veteran  | Female | 41  |
| 21       | 01:16:59 | 1197   | B     | Shelley   | van der Westhuizen | Veteran  | Female | 44  |
| 22       | 01:17:28 | 1229   | B     | Brigitte  | Dewberry           | Veteran  | Female | 41  |
| 23       | 01:18:34 | 2035   | C     | Dehlia    | Dalrymple          | Veteran  | Female | 44  |
| 24       | 01:19:26 | 2174   | C     | Elize     | van staden         | Veteran  | Female | 40  |
| 25       | 01:19:33 | 3159   | D     | Richards  | Richards           | Veteran  | Female | 42  |
| 26       | 01:19:34 | 2083   | C     | Lisa      | Hudson-Peacock     | Veteran  | Female | 44  |
| 27       | 01:20:09 | 3057   | D     | Kate      | Hilton             | Veteran  | Female | 42  |
| 28       | 01:21:01 | 2201   | C     | Liana     | Abate              | Veteran  | Female | 44  |
| 29       | 01:21:08 | 2218   | C     | Melody    | Brown              | Veteran  | Female | 44  |
| 30       | 01:21:17 | 3169   | C     | Sandra    | Sampson            | Veteran  | Female | 42  |
| 31       | 01:21:19 | 2015   | C     | Suzanna   | Capper             | Veteran  | Female | 48  |
| 32       | 01:21:24 | 2258   | C     | Margaux   | Frieslich          | Veteran  | Female | 40  |
| 33       | 01:21:31 | 2227   | C     | Jane      | Chamberlin         | Veteran  | Female | 43  |
| 34       | 01:22:35 | 2220   | C     | Belinda   | Burrows            | Veteran  | Female | 41  |
| 35       | 01:22:40 | 3201   | D     | Miller    | Miller             | Veteran  | Female | 42  |
| 36       | 01:23:08 | 3020   | D     | Caroline  | Magowan            | Veteran  | Female | 49  |
| 37       | 01:23:13 | 3059   | D     | Melanie   | Hook               | Veteran  | Female | 43  |
| 38       | 01:23:37 | 2160   | C     | Sharon    | Sleigh             | Veteran  | Female | 49  |
| 39       | 01:23:41 | 2207   | C     | Annitta   | Attieh             | Veteran  | Female | 43  |
| 40       | 01:24:03 | 3093   | D     | Chrisna   | Smit               | Veteran  | Female | 47  |
| 41       | 01:24:41 | 2036   | C     | Colleen   | Daniels            | Veteran  | Female | 43  |
| 42       | 01:25:09 | 2060   | C     | Geniene   | Fell               | Veteran  | Female | 42  |
| 43       | 01:25:09 | 2054   | C     | Sarah     | Elliott-Wetmore    | Veteran  | Female | 45  |
| 44       | 01:26:03 | 2270   | C     | Tracy     | Going              | Veteran  | Female | 49  |
| 45       | 01:26:19 | 3065   | D     | Catherine | Wiseman            | Veteran  | Female | 40  |
| 46       | 01:26:49 | 124    | A     | Tracey    | Creer              | Veteran  | Female | 47  |
| 47       | 01:27:25 | 2264   | C     | Penny     | George             | Veteran  | Female | 43  |
| 48       | 01:28:51 | 3167   | D     | Nicolette | Rotter             | Veteran  | Female | 41  |
| 49       | 01:30:35 | 3151   | D     | Nicky     | Petzer             | Veteran  | Female | 44  |
| 50       | 01:35:28 | 3189   | D     | Monika    | Love was           | Veteran  | Female | 42  |
| 51       | 01:36:44 | 2078   | C     | Lee-ann   | Harris             | Veteran  | Female | 49  |
| 52       | 01:40:44 | 3186   | D     | Lauryl    | Lorio              | Veteran  | Female | 42  |

**Master Male**

| Position | Time     | Race # | Batch | Name        | Surname        | Category | Sex  | Age |
|----------|----------|--------|-------|-------------|----------------|----------|------|-----|
| 1        | 00:58:58 | 55     | A     | Hans        | Woermann       | Master   | Male | 57  |
| 2        | 00:59:01 | 1052   | B     | Arno        | Lawrenz        | Master   | Male | 50  |
| 3        | 01:00:03 | 1261   | B     | Paul        | Robertson      | Master   | Male | 50  |
| 4        | 01:00:33 | 1256   | B     | Henk        | Rademeyer      | Master   | Male | 50  |
| 5        | 01:00:52 | 2152   | C     | Bob         | Schuiling      | Master   | Male | 53  |
| 6        | 01:01:27 | 1156   | B     | Marcel      | Fuchs          | Master   | Male | 54  |
| 7        | 01:04:14 | 95     | A     | Ralf        | Bochnig        | Master   | Male | 54  |
| 8        | 01:04:22 | 123    | A     | Mark        | Hall           | Master   | Male | 50  |
| 9        | 01:05:00 | 2236   | C     | Douglas     | Dare           | Master   | Male | 55  |
| 10       | 01:05:21 | 1231   | B     | Gary        | Caldewood      | Master   | Male | 60  |
| 11       | 01:05:35 | 2200   | C     | Antony      | Abate          | Master   | Male | 50  |
| 12       | 01:05:50 | 1103   | B     | Johann      | Theron         | Master   | Male | 59  |
| 13       | 01:06:05 | 1055   | B     | Nicolaas    | Loubser        | Master   | Male | 55  |
| 14       | 01:06:25 | 3155   | D     | Martin      | Price          | Master   | Male | 52  |
| 15       | 01:07:04 | 2146   | C     | christopher | schnehage      | Master   | Male | 63  |
| 16       | 01:09:24 | 1031   | B     | Ganief      | Galvaan        | Master   | Male | 57  |
| 17       | 01:09:26 | 2084   | C     | Simon       | Hudson-Peacock | Master   | Male | 51  |
| 18       | 01:09:43 | 1182   | B     | Frank       | Groetzing      | Master   | Male | 56  |
| 19       | 01:12:06 | 2082   | C     | John        | Hill           | Master   | Male | 58  |
| 20       | 01:12:16 | 2157   | C     | Graeme      | Searle         | Master   | Male | 50  |
| 21       | 01:12:58 | 2099   | C     | Desmond     | Labuschagne    | Master   | Male | 60  |
| 22       | 01:13:32 | 2241   | C     | danny       | defour         | Master   | Male | 50  |
| 23       | 01:14:22 | 1000   | B     | Steve       | Akester        | Master   | Male | 55  |
| 24       | 01:14:57 | 3047   | D     | Paul        | Dornbrack      | Master   | Male | 57  |
| 25       | 01:17:06 | 1138   | B     | Michel      | Bastenie       | Master   | Male | 51  |
| 26       | 01:17:13 | 2254   | C     | Gasant      | Fataar         | Master   | Male | 50  |
| 27       | 01:17:34 | 2268   | C     | Gary        | Godfrey        | Master   | Male | 50  |
| 28       | 01:17:44 | 3018   | D     | Marius      | Lorenzen       | Master   | Male | 58  |
| 29       | 01:19:49 | 2221   | C     | David       | Burton         | Master   | Male | 54  |
| 30       | 01:19:49 | 3064   | D     | Anver       | YasIn          | Master   | Male | 59  |
| 31       | 01:20:15 | 3013   | D     | Johan       | Du Toit        | Master   | Male | 60  |
| 32       | 01:20:18 | 2234   | C     | Roland      | Croxford       | Master   | Male | 54  |
| 33       | 01:20:47 | 2000   | C     | Mogammad    | Abdullatief    | Master   | Male | 53  |
| 34       | 01:23:34 | 2273   | C     | Anthony     | Green          | Master   | Male | 55  |
| 35       | 01:23:43 | 2091   | C     | fayroz-sha  | khatieb        | Master   | Male | 60  |
| 36       | 01:23:53 | 3158   | D     | Andre       | Retief         | Master   | Male | 54  |
| 37       | 01:26:28 | 1225   | B     | James       | Deary          | Master   | Male | 59  |
| 38       | 01:28:37 | 3166   | D     | Roger       | Ronnie         | Master   | Male | 57  |
| 39       | 01:34:18 | 2202   | C     | Ismail      | Abdullah       | Master   | Male | 52  |

**Master Female**

| Position | Time     | Race # | Batch | Name      | Surname  | Category | Sex    | Age |
|----------|----------|--------|-------|-----------|----------|----------|--------|-----|
| 1        | 01:00:17 | 1258   | B     | Maxine    | Reilly   | Master   | Female | 55  |
| 2        | 01:00:25 | 201    | A     | Charlotte | Noble    | Master   | Female | 51  |
| 3        | 01:01:34 | 1043   | B     | Karen     | Jennings | Master   | Female | 51  |
| 4        | 01:03:52 | 1008   | B     | Elschen   | Beyers   | Master   | Female | 55  |
| 5        | 01:09:42 | 2155   | C     | Elvera    | Schwan   | Master   | Female | 55  |
| 6        | 01:12:33 | 48     | A     | Paola     | vignani  | Master   | Female | 53  |
| 7        | 01:19:38 | 2222   | C     | Nicky     | Burton   | Master   | Female | 51  |
| 8        | 01:24:46 | 2211   | C     | Kim       | Barty    | Master   | Female | 51  |
| 9        | 01:26:25 | 3099   | D     | Susanne   | Schubert | Master   | Female | 50  |