



**Spur Cape Winter Trail Series® 2017**  
**Race 4 LONG COURSE Championship (13.8km)**  
**Kogelberg Nature Reserve**

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:05:31	166	A	Gareth	Jooste	Open	Male	22
2	01:05:41	69	A	Ricardo	Jaftha	Open	Male	30
3	01:07:51	48	A	Kevin	Spratley	Veteran	Male	47
4	01:09:13	160	A	Beth	Hanson	Open	Female	21
5	01:12:12	40	A	Rob	Nel	Open	Male	32
6	01:13:10	2462	B	John	September	Master	Male	51
7	01:13:26	27	A	Bruce	Hughes	Open	Male	28
8	01:16:20	3181	C	Chris	Wazsh	Open	Male	35
9	01:16:45	2004	B	David	Barber	Veteran	Male	42
10	01:17:01	2359	B	Wilhelm	Vogts	Open	Male	30
11	01:17:25	2042	B	Joshua	Goddard	Open	Male	24
12	01:18:07	2364	B	Mihali	Grispos	Open	Male	26
13	01:18:09	2452	B	Marius	Van Dyk	Open	Male	39
14	01:18:15	16	A	Desmond	Deary	Open	Male	37
15	01:18:21	128	A	Linda	Detering	Open	Female	18
16	01:18:54	143	A	Luke	Potgieter	Open	Male	28
17	01:20:03	2089	B	Daniel	Schilperoort	Open	Male	26
18	01:20:41	64	A	Joakin	Hansi Blackadder	Open	Male	33
19	01:20:57	57	A	Ryan	Winter	Open	Male	39
20	01:21:03	37	A	Bruce	Meier	Master	Male	57
21	01:21:25	3078	C	Niel	Langenhoven	Open	Male	28
22	01:21:28	3	A	Robert	Austin	Veteran	Male	48
23	01:21:46	75	A	Max	Ruppert	Master	Male	56
24	01:21:54	2031	B	Sakkie	du Toit	Veteran	Male	47
25	01:22:46	2297	B	Craig	Pike	Veteran	Male	42
26	01:23:11	2442	B	Nathan	Mengel	Open	Male	27
27	01:23:28	2403	B	Wesley	Turner-Dauncey	Open	Male	30
28	01:23:48	2001	B	Mike	Atter	Open	Male	39
29	01:23:50	2277	B	Freddie	Thiem	Master	Male	60
30	01:24:11	2086	B	Du Toit	Roodman	Open	Male	35
31	01:24:20	2454	B	Petrus	Van Wyk	Open	Male	27
32	01:24:21	52	A	Anton	Vorster	Open	Male	31
33	01:24:48	67	A	Alexander	Joist	Open	Male	31
34	01:25:05	2077	B	Melany	Porter	Veteran	Female	41
35	01:25:15	2456	B	Jean-Pierre	du Toit	Open	Male	35
36	01:25:22	3022	C	Blanche	Carstens	Open	Female	33
37	01:25:30	3095	C	Hilton	Mccall	Open	Male	33
38	01:25:54	3084	C	Stefan	Lindeque	Veteran	Male	44
39	01:26:26	2067	B	Jamie-Leigh	Michau	Open	Female	23
40	01:26:36	2035	B	Alida	Fanfoni	Open	Female	26
41	01:26:38	2422	B	Chris	Anthonissen	Open	Male	32
42	01:27:27	2469	B	Juliane	Thiele	Open	Female	25
43	01:27:34	24	A	Dieke	Hessels	Open	Female	29
44	01:27:38	2026	B	Emijl	De Kock	Open	Male	26
45	01:28:04	2342	B	Andries	Krause	Open	Male	38
46	01:28:11	2064	B	Patrick	Mccann	Master	Male	54
47	01:28:17	30	A	Sharon	Kenmuir	Veteran	Female	40
48	01:28:36	14	A	Jana	De Waal	Open	Female	25
49	01:28:37	123	A	Ronald	Brink	Master	Male	62
50	01:28:43	3430	C	Nick	van Schie	Open	Male	28
51	01:29:32	3055	C	Rohan	Hattingh	Open	Male	24
52	01:29:33	3068	C	Fanie	Kamfer	Open	Male	28
53	01:29:34	2402	B	Riana	Stofberg	Open	Female	25
54	01:29:37	2396	B	Pieter	Koornhof	Open	Male	30
55	01:30:20	2447	B	Neil	Pienaar	Open	Male	25
56	01:30:32	2430	B	Justin	De Jager	Open	Male	25
57	01:30:37	2432	B	Jn	De Kock	Open	Male	27
58	01:30:44	2065	B	Guy	Mckechnie	Open	Male	34
59	01:30:53	2467	B	Bjorn	Vye	Master	Male	50
60	01:31:21	2472	B	Guy	Theunissen	Open	Male	31
61	01:31:46	2374	B	Tara	Pohl	Junior	Female	17
62	01:32:09	18	A	Anton	Eicher	Open	Male	37
63	01:32:17	2455	B	Matthew	Williams	Open	Male	23
64	01:32:34	2425	B	Michael	Bester	Veteran	Male	40
65	01:32:58	3104	C	Matthias	Morin	Open	Male	30
66	01:33:00	3065	C	Jacques-Pierre	Joubert	Open	Male	27
67	01:33:06	3009	C	Pieter-Simon	Basson	Open	Male	28
68	01:33:26	2076	B	Nikki-Leigh	Piper	Open	Female	31
69	01:33:28	3188	C	Justin	Leslie	Open	Male	36
70	01:33:28	2429	B	Tarryn	Collings	Open	Female	24
71	01:33:30	2471	B	Elke	ter Borg	Open	Female	22
72	01:33:57	2465	B	Stephan	Ohst	Veteran	Male	47
73	01:34:13	2012	B	Charl	Burger	Veteran	Male	42
74	01:34:31	2269	B	Philip	Smith	Open	Male	29
75	01:34:42	3492	C	Haydn	George	Open	Male	30
76	01:35:36	3006	C	Carel	Barnard	Open	Male	33
77	01:35:49	2358	B	Elizabeth	Vogts	Open	Female	30
78	01:36:08	2460	B	Theunis	Jordaan	Open	Male	34
79	01:36:29	2427	B	Clinton	Campbell	Open	Male	38

80	01:37:28	2423	B	Danielle	Becker	Open	Female	32
81	01:37:29	2424	B	Thorsten	Becker	Open	Male	33
82	01:37:37	2058	B	Nicolaas	Loubser	Master	Male	56
83	01:37:51	3075	C	Kerrin	Kruger	Open	Male	31
84	01:37:52	3057	C	Rikki-Lee	Hodge	Open	Female	28
85	01:37:56	2284	B	Geraldine	Van Tromp	Open	Female	39
86	01:38:07	3145	C	James	Sleigh	Master	Male	50
87	01:38:16	3239	C	Richard	Kruger	Veteran	Male	49
88	01:38:19	2439	B	Georgia	Janisch	Open	Female	18
89	01:38:24	2448	B	Lize	Rossouw	Open	Female	32
90	01:38:42	3464	C	David	Hall	Veteran	Male	48
91	01:38:46	2438	B	Chris	Janisch	Master	Male	50
92	01:38:55	3473	C	Welcome	Mene	Veteran	Male	42
93	01:39:14	3213	C	Antony	Abate	Master	Male	50
94	01:39:15	3254	C	Riaz	Ryland	Open	Male	36
95	01:39:18	3061	c	Lezil	Jacobs	Open	Female	25
96	01:39:45	3487	C	Loyd	du Toit	Open	Male	22
97	01:39:59	2457	B	Lee	Hutchinson	Open	Male	39
98	01:40:06	3490	C	Timothy	Gush	Veteran	Male	42
99	01:40:07	3491	C	Jeremy	Jobling	Veteran	Male	44
100	01:40:19	2394	B	Arnold	Hugo	Open	Male	28
101	01:40:23	2470	B	Nicolette	Brouwer	Master	Female	50
102	01:40:28	3008	C	Frederik	Basson	Open	Male	26
103	01:40:37	2288	B	Jess	Webb	Open	Female	35
104	01:40:50	2428	B	Juan	Coetzer	Open	Male	28
105	01:40:51	2302	B	Beatrix	Broek	Master	Female	50
106	01:40:53	2426	B	Hekkie	Breytenbach	Open	Male	23
107	01:41:06	2003	B	Lizette	Bannister	Veteran	Female	43
108	01:41:33	61	A	Arno	Rossouw	Veteran	Male	45
109	01:41:50	2336	B	Tracy-Lee	Fillmore	Open	Female	36
110	01:41:57	2335	B	Grant	Fillmore	Open	Male	35
111	01:42:13	3007	C	Bruce	Bartlett	Open	Male	38
112	01:42:29	3483	C	Tyron	Van Coller	Open	Male	14
113	01:42:34	3036	C	Jason	Dorfling	Open	Male	24
114	01:42:43	2459	B	Kathy	Kitchin	Master	Female	55
115	01:42:45	2458	B	Lindsey	Vye	Open	Female	38
116	01:43:15	3496	C	John	Hill	Master	Male	58
117	01:43:17	3453	C	Calum	Milne	Open	Male	32
118	01:44:05	2272	C	Stroinvosky	Dimitri	Open	Male	38
119	01:44:06	3100	C	Catherine	Mitchell	Veteran	Female	44
120	01:44:06	3299	C	Douglas	Mitchell	Veteran	Male	49
121	01:44:07	3106	C	Hopewell Thapelo	Mosiea	Open	Male	36
122	01:44:16	3465	C	Helen	Hall	Master	Female	54
123	01:45:00	2361	B	Laura	Weston	Open	Female	27
124	01:45:01	2331	B	Steven	Bissett	Open	Male	27
125	01:45:05	3489	C	Matthew	De Smit	Veteran	Male	40
126	01:45:17	3123	C	Barrie	Porter	Veteran	Male	41
127	01:45:22	3252	C	Jacques	Roelofse	Open	Male	27
128	01:45:28	11	A	Geoffrey	Chisnall	Open	Male	35
129	01:45:38	2446	B	Rudolf	Niemöller	Open	Male	30
130	01:45:46	3467	C	Danelle	Höll	Veteran	Female	43
131	01:45:52	3463	C	Chris	Franken	Veteran	Male	49
132	01:46:08	2078	B	Benita	Pretorius	Open	Female	32
133	01:46:18	4097	D	Rudolph	Rossouw	Open	Male	31
134	01:46:22	8	A	Lucille	Botha	Open	Female	33
135	01:47:13	3094	C	Robin	Matthews	Open	Male	36
136	01:47:37	3459	C	Bevan	Behr	Open	Male	29
137	01:47:59	2449	B	Paul	Rossouw	Open	Male	32
138	01:48:00	2027	B	Charn	De Lange	Veteran	Female	45
139	01:48:03	3461	C	Ettienne	Eccles	Open	Male	35
140	01:48:12	3170	C	Elizabeth	Winter	Open	Female	31
141	01:48:16	2047	B	Chris	Holdsworth	Open	Male	34
142	01:48:19	3087	C	Jan	Loots	Veteran	Male	43
143	01:48:28	3476	C	Angela	Price	Open	Female	31
144	01:48:35	3498	C	Kirsten	Troveri	Open	Female	31
145	01:48:38	3482	C	Robert	Van Coller	Veteran	Male	43
146	01:48:56	2421	B	Jayden	Menteach	Open	Male	33
147	01:49:06	3497	C	Sanel	Theart	Open	Female	28
148	01:49:22	3493	C	Justine	Laver	Master	Female	56
149	01:49:38	3272	C	Lize	Wiggins	Veteran	Female	43
150	01:49:48	3162	C	Mai	Umbhau	Open	Female	30
151	01:50:07	3024	C	Dominic	Conradie	Open	Male	35
152	01:50:08	2473	B	Irvina	Hunmutson	Open	Male	34
153	01:50:13	3166	C	Henco	Visser	Open	Male	33
154	01:50:23	3499	C	Anthony	Fark	Veteran	Male	45
155	01:50:40	2051	B	Penny	Ingram	Master	Female	62
156	01:50:49	2013	B	Lisa	Burger	Open	Female	32
157	01:50:51	2038	B	Frances	Fuchs	Veteran	Female	42
158	01:50:57	3113	C	Gerhard	Olivier	Open	Male	35
159	01:50:59	3128	C	Benjamin	Rockstroh	Open	Male	35
160	01:51:08	2441	B	Amy	Kirby	Open	Female	22
161	01:51:17	2296	B	Tracy	Bunn	Veteran	Female	47
162	01:51:29	2468	B	Frank	Wys	Master	Male	55
163	01:52:03	3119	C	Liesl	Paul	Veteran	Female	45
164	01:52:34	3150	C	Josephine	Starke	Open	Female	17
165	01:52:36	3002	C	Marisa	Agnello	Open	Female	37
166	01:53:22	3033	C	Ryan	De Villiers	Open	Male	22
167	01:53:24	3105	C	Ella	Morran	Open	Female	23

168	01:53:30	3154	C	Jaco	Swart	Open	Male	28
169	01:53:32	4032	B	Maretha	Boshoff	Open	Female	24
170	01:53:34	2443	B	Jacqueline	Murray	Open	Female	30
171	01:53:36	2444	B	Wim	Murray	Open	Male	32
172	01:53:54	3232	C	Danielle	Hugo	Open	Female	21
173	01:54:27	3486	C	Louw	Strydom	Open	Male	29
174	01:54:30	3235	C	Tayb	Jassiem	Veteran	Male	44
175	01:55:07	4082	D	Rolf	Sieboldt-Berry	Open	Male	31
176	01:55:08	3495	C	Moneque	Roos	Open	Female	34
177	01:55:09	4075	D	Kristy-Lee	Campbell	Open	Female	34
178	01:55:09	3456	C	Elri	Agenbag	Open	Female	34
179	01:55:11	4085	D	Lara	Van Der Spuy	Open	Female	23
180	01:55:13	4086	D	Albert	Van Wyk	Open	Male	24
181	01:55:34	3156	C	Johanna	Taylor	Master	Female	54
182	01:55:36	3488	C	Eriky	Salaman	Open	Male	31
183	01:55:42	3160	C	Clair	Timlin	Master	Female	62
184	01:55:54	3258	C	Lee	Smith	Open	Female	27
185	01:55:57	2043	B	Jonathan	Grant	Open	Male	29
186	01:56:26	4046	D	Muzaffar	Parker	Open	Male	28
187	01:56:41	31	A	Graham	King	Open	Male	32
188	01:57:24	3101	C	Graham	Mitchell	Veteran	Male	49
189	01:58:25	3214	C	Liana	Abate	Veteran	Female	44
190	01:58:42	3190	C	Sheralee	Jones	Veteran	Female	41
191	01:58:45	3132	C	Matt	Rowe	Veteran	Male	41
192	01:58:46	3200	C	Melany	Froy	Open	Female	36
193	01:59:46	2466	B	Raul	Kemp	Veteran	Male	44
194	02:00:26	3165	C	Gertjan	Van Vliet	Veteran	Male	40
195	02:00:37	2014	B	Rob	Burns	Master	Male	67
196	02:01:04	4076	D	Elmare	Herring	Veteran	Female	47
197	02:01:24	2461	B	Geoffrey	Elliott	Master	Male	50
198	02:02:03	2464	B	Griffith	Fransman	Master	Male	58
199	02:02:34	3468	C	Nyreen	Koen	Open	Female	37
200	02:02:49	3469	C	Pieter	Koen	Veteran	Male	44
201	02:02:58	2463	b	Megan	Quenet - Meintjes	Open	Female	25
202	02:03:01	2436	B	Gigi	Hock	Open	Female	25
203	02:03:10	3047	C	Lloyd	Goliath	Open	Male	33
204	02:03:26	3102	C	Mandy	Mitchell	Open	Female	35
205	02:03:27	3484	C	Jo	Wilmshurst	Master	Female	51
206	02:03:29	4069	D	Jonel	Steffen	Veteran	Female	40
207	02:04:22	3031	C	Danica	Dannhauser	Open	Female	33
208	02:04:26	3413	C	Santie	Kelsey	Master	Female	55
209	02:04:31	4024	D	Genevieve	Starke	Veteran	Female	46
210	02:04:35	4056	D	Ridwaan	Bardien	Veteran	Male	46
211	02:04:51	2433	B	Wesley	Elson	Open	Male	32
212	02:05:22	3144	C	Mark	Simmers	Open	Male	38
213	02:06:33	3142	C	Graeme	Searle	Master	Male	51
214	02:08:01	4092	D	Phiridle	Mtshana	Open	Female	33
215	02:08:33	4023	D	Edward	Rowland	Open	Male	37
216	02:08:33	2453	B	Jacomina	Van Sittert	Open	Female	30
217	02:08:57	3481	C	Achmat	Sulaiman	Veteran	Male	44
218	02:10:10	3163	C	Hendrien	van der schuff	Open	Female	35
219	02:11:03	4003	D	Daniel	Conradie	Master	Male	56
220	02:11:41	2295	B	Bianca	Daniels	Veteran	Female	44
221	02:12:07	3474	C	Glenda	Monson	Master	Female	62
222	02:12:26	3485	C	Tayla	Olckers	Open	Female	24
223	02:12:57	4093	D	Robert	Burawundi	Veteran	Male	40
224	02:13:09	3454	C	Janet	Hunter	Master	Female	57
225	02:13:38	3153	C	Gina	Sulprizio	Open	Female	32
226	02:13:41	3500	C	Jessica	Ellis	Open	Female	31
227	02:13:46	4087	D	Catherine	Futter	Open	Female	39
228	02:14:32	3174	C	Siya	Khangko	Open	Female	32
229	02:15:24	3064	C	Keith	Johnstone	Veteran	Male	49
230	02:16:58	3297	C	Hannah	Nienaber	Open	Female	36
231	02:18:08	4084	D	Jill	Swart	Open	Female	39
232	02:19:32	3466	C	Zanri	Hearn	Open	Female	38
233	02:19:34	3136	C	Andre	Sampson	Veteran	Male	47
234	02:19:36	3155	C	Heather	Taft	Veteran	Female	47
235	02:19:49	3457	C	Mia	Assad	Veteran	Female	45
236	02:19:51	3494	C	Marijke	van Rensburg	Open	Female	38
237	02:19:56	4095	D	Alex	de Villiers	Open	Male	27
238	02:20:00	4094	D	Robin	Bolter	Open	Female	22
239	02:20:56	3070	C	Mary-Ann	Kearns	Veteran	Female	45
240	02:20:57	3069	C	Hilton	Kearns	Master	Male	50
241	02:21:31	4079	D	Chrisna	Maree	Open	Female	24
242	02:22:27	4096	D	Alec	van Niekerk	Open	Male	31
243	02:22:32	4098	D	Dorota	Dobek	Open	Female	30
244	02:22:46	3063	C	Carina	Johnson	Open	Male	32
245	02:27:46	4089	D	Zairab	Nodulla	Open	Female	33
246	02:29:59	4090	D	Phillip	van Schaikwyk	Master	Male	69
247	02:31:44	4015	D	Coralie	Long	Open	Female	31
248	02:31:45	4080	D	Dianne	Morran	Master	Female	60
249	02:31:46	4078	D	Vannessa	Kruger	Master	Female	56
250	02:37:28	4088	D	Karen	Thomas	Veteran	Female	45
251	02:40:10	4020	D	Ronel	Nel	Veteran	Female	41
252	02:40:13	4021	D	Steven	Nel	Veteran	Male	43
253	02:43:38	3293	C	Shannon	Barlow	Open	Female	39

**Open Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:05:31	166	A	Gareth	Jooste	Open	Male	22
2	01:05:41	69	A	Ricardo	Jaftha	Open	Male	30
3	01:12:12	40	A	Rob	Nel	Open	Male	32
4	01:13:26	27	A	Bruce	Hughes	Open	Male	28
5	01:16:20	3181	C	Chris	Wazsh	Open	Male	35
6	01:17:01	2359	B	Wilhelm	Vogts	Open	Male	30
7	01:17:25	2042	B	Joshua	Goddard	Open	Male	24
8	01:18:07	2364	B	Mihali	Grispos	Open	Male	26
9	01:18:09	2452	B	Marius	Van Dyk	Open	Male	39
10	01:18:15	16	A	Desmond	Deary	Open	Male	37
11	01:18:54	143	A	Luke	Potgieter	Open	Male	28
12	01:20:03	2089	B	Daniel	Schilperoort	Open	Male	26
13	01:20:41	64	A	Joakin	Hansi Blackadder	Open	Male	33
14	01:20:57	57	A	Ryan	Winter	Open	Male	39
15	01:21:25	3078	C	Niel	Langenhoven	Open	Male	28
16	01:23:11	2442	B	Nathan	Mengel	Open	Male	27
17	01:23:28	2403	B	Wesley	Turner-Dauncey	Open	Male	30
18	01:23:48	2001	B	Mike	Atter	Open	Male	39
19	01:24:11	2086	B	Du Toit	Roodman	Open	Male	35
20	01:24:20	2454	B	Petrus	Van Wyk	Open	Male	27
21	01:24:21	52	A	Anton	Vorster	Open	Male	31
22	01:24:48	67	A	Alexander	Joist	Open	Male	31
23	01:25:15	2456	B	Jean-Pierre	du Toit	Open	Male	35
24	01:25:30	3095	C	Hilton	Mccall	Open	Male	33
25	01:26:38	2422	B	Chris	Anthonissen	Open	Male	32
26	01:27:38	2026	B	Emijl	De Kock	Open	Male	26
27	01:28:04	2342	B	Andries	Krause	Open	Male	38
28	01:28:43	3430	C	Nick	van Schie	Open	Male	28
29	01:29:32	3055	C	Rohan	Hattingh	Open	Male	24
30	01:29:33	3068	C	Fanie	Kamfer	Open	Male	28
31	01:29:37	2396	B	Pieter	Koornhof	Open	Male	30
32	01:30:20	2447	B	Neil	Pienaar	Open	Male	25
33	01:30:32	2430	B	Justin	De Jager	Open	Male	25
34	01:30:37	2432	B	Jn	De Kock	Open	Male	27
35	01:30:44	2065	B	Guy	Mckechnie	Open	Male	34
36	01:31:21	2472	B	Guy	Thejunissen	Open	Male	31
37	01:32:09	18	A	Anton	Eicher	Open	Male	37
38	01:32:17	2455	B	Matthew	Williams	Open	Male	23
39	01:32:58	3104	C	Matthias	Morin	Open	Male	30
40	01:33:00	3065	C	Jacques-Pierre	Joubert	Open	Male	27
41	01:33:06	3009	C	Pieter-Simon	Basson	Open	Male	28
42	01:33:28	3188	C	Justin	Leslie	Open	Male	36
43	01:34:31	2269	B	Philip	Smith	Open	Male	29
44	01:34:42	3492	C	Haydn	George	Open	Male	30
45	01:35:36	3006	C	Carel	Barnard	Open	Male	33
46	01:36:08	2460	B	Theunis	Jordaan	Open	Male	34
47	01:36:29	2427	B	Clinton	Campbell	Open	Male	38
48	01:37:29	2424	B	Thorsten	Becker	Open	Male	33
49	01:37:51	3075	C	Kerrin	Kruger	Open	Male	31
50	01:39:15	3254	C	Riaz	Ryland	Open	Male	36
51	01:39:45	3487	C	Loyd	du Toit	Open	Male	22
52	01:39:59	2457	B	Lee	Hutchinson	Open	Male	39
53	01:40:19	2394	B	Arnold	Hugo	Open	Male	28
54	01:40:28	3008	C	Frederik	Basson	Open	Male	26
55	01:40:50	2428	B	Juan	Coetzer	Open	Male	28
56	01:40:53	2426	B	Hekkie	Breytenbach	Open	Male	23
57	01:41:57	2335	B	Grant	Fillmore	Open	Male	35
58	01:42:13	3007	C	Bruce	Bartlett	Open	Male	38
59	01:42:29	3483	C	Tyron	Van Coller	Open	Male	14
60	01:42:34	3036	C	Jason	Dorfling	Open	Male	24
61	01:43:17	3453	C	Calum	Milne	Open	Male	32
62	01:44:05	2272	C	Stroinvosky	Dimitri	Open	Male	38
63	01:44:07	3106	C	Hopewell Thapelo	Mosiea	Open	Male	36
64	01:45:01	2331	B	Steven	Bissett	Open	Male	27
65	01:45:22	3252	C	Jacques	Roelofse	Open	Male	27
66	01:45:28	11	A	Geoffrey	Chisnall	Open	Male	35
67	01:45:38	2446	B	Rudolf	Niemöller	Open	Male	30
68	01:46:18	4097	D	Rudolph	Rossouw	Open	Male	31
69	01:47:13	3094	C	Robin	Matthews	Open	Male	36
70	01:47:37	3459	C	Bevan	Behr	Open	Male	29
71	01:47:59	2449	B	Paul	Rossouw	Open	Male	32
72	01:48:03	3461	C	Ettienne	Eccles	Open	Male	35
73	01:48:16	2047	B	Chris	Holdsworth	Open	Male	34
74	01:48:56	2421	B	Jayden	Menteath	Open	Male	33
75	01:50:07	3024	C	Dominic	Conradie	Open	Male	35
76	01:50:08	2473	B	Irvina	Hunmutson	Open	Male	34
77	01:50:13	3166	C	Henco	Visser	Open	Male	33
78	01:50:57	3113	C	Gerhard	Olivier	Open	Male	35
79	01:50:59	3128	C	Benjamin	Rockstroh	Open	Male	35
80	01:53:22	3033	C	Ryan	De Villiers	Open	Male	22
81	01:53:30	3154	C	Jaco	Swart	Open	Male	28
82	01:53:36	2444	B	Wim	Murray	Open	Male	32
83	01:54:27	3486	C	Louw	Strydom	Open	Male	29
84	01:55:07	4082	D	Rolf	Sieboldt-Berry	Open	Male	31
85	01:55:13	4086	D	Albert	Van Wyk	Open	Male	24
86	01:55:36	3488	C	Eriky	Salaman	Open	Male	31

87	01:55:57	2043	B	Jonathan	Grant	Open	Male	29
88	01:56:26	4046	D	Muzaffar	Parker	Open	Male	28
89	01:56:41	31	A	Graham	King	Open	Male	32
90	02:03:10	3047	C	Lloyd	Goliath	Open	Male	33
91	02:04:51	2433	B	Wesley	Elson	Open	Male	32
92	02:05:22	3144	C	Mark	Simmers	Open	Male	38
93	02:08:33	4023	D	Edward	Rowland	Open	Male	37
94	02:19:56	4095	D	Alex	de Villiers	Open	Male	27
95	02:22:27	4096	D	Alec	van Niekerk	Open	Male	31
96	02:22:46	3063	C	Carina	Johnson	Open	Male	32

### Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:09:13	160	A	Beth	Hanson	Open	Female	21
2	01:18:21	128	A	Linda	Detering	Open	Female	18
3	01:25:22	3022	C	Blanche	Carstens	Open	Female	33
4	01:26:26	2067	B	Jamie-Leigh	Michau	Open	Female	23
5	01:26:36	2035	B	Alida	Fanfoni	Open	Female	26
6	01:27:27	2469	B	Juliane	Thiele	Open	Female	25
7	01:27:34	24	A	Dieke	Hessels	Open	Female	29
8	01:28:36	14	A	Jana	De Waal	Open	Female	25
9	01:29:34	2402	B	Riana	Stofberg	Open	Female	25
10	01:31:46	2374	B	Tara	Pohl	Open	Female	17
11	01:33:26	2076	B	Nikki-Leigh	Piper	Open	Female	31
12	01:33:28	2429	B	Tarryn	Collings	Open	Female	24
13	01:33:30	2471	B	Elke	ter Borg	Open	Female	22
14	01:35:49	2358	B	Elizabeth	Vogts	Open	Female	30
15	01:37:28	2423	B	Danielle	Becker	Open	Female	32
16	01:37:52	3057	C	Rikki-Lee	Hodge	Open	Female	28
17	01:37:56	2284	B	Geraldine	Van Tromp	Open	Female	39
18	01:38:19	2439	B	Georgia	Janisch	Open	Female	18
19	01:38:24	2448	B	Lize	Rossouw	Open	Female	32
20	01:39:18	3061	c	Lezil	Jacobs	Open	Female	25
21	01:40:37	2288	B	Jess	Webb	Open	Female	35
22	01:41:50	2336	B	Tracy-Lee	Fillmore	Open	Female	36
23	01:42:45	2458	B	Lindsey	Vye	Open	Female	38
24	01:45:00	2361	B	Laura	Weston	Open	Female	27
25	01:46:08	2078	B	Benita	Pretorius	Open	Female	32
26	01:46:22	8	A	Lucille	Botha	Open	Female	33
27	01:48:12	3170	C	Elizabeth	Winter	Open	Female	31
28	01:48:28	3476	C	Angela	Price	Open	Female	31
29	01:48:35	3498	C	Kirsten	Troveri	Open	Female	31
30	01:49:06	3497	C	Sanel	Theart	Open	Female	28
31	01:49:48	3162	C	Mai	Umbhau	Open	Female	30
32	01:50:49	2013	B	Lisa	Burger	Open	Female	32
33	01:51:08	2441	B	Amy	Kirby	Open	Female	22
34	01:52:34	3150	C	Josephine	Starke	Open	Female	17
35	01:52:36	3002	C	Marisa	Agnello	Open	Female	37
36	01:53:24	3105	C	Ella	Morran	Open	Female	23
37	01:53:32	4032	B	Maretha	Boshoff	Open	Female	24
38	01:53:34	2443	B	Jacqueline	Murray	Open	Female	30
39	01:53:54	3232	C	Danielle	Hugo	Open	Female	21
40	01:55:08	3495	C	Moneque	Roos	Open	Female	34
41	01:55:09	4075	D	Kristy-Lee	Campbell	Open	Female	34
42	01:55:09	3456	C	Elri	Agenbag	Open	Female	34
43	01:55:11	4085	D	Lara	Van Der Spuy	Open	Female	23
44	01:55:54	3258	C	Lee	Smith	Open	Female	27
45	01:58:46	3200	C	Melany	Froy	Open	Female	36
46	02:02:34	3468	C	Nyreen	Koen	Open	Female	37
47	02:02:58	2463	B	Megan	Quenet - Meintjes	Open	Female	25
48	02:03:01	2436	B	Gigi	Hock	Open	Female	25
49	02:03:26	3102	C	Mandy	Mitchell	Open	Female	35
50	02:04:22	3031	C	Danica	Dannhauser	Open	Female	33
51	02:08:01	4092	D	Phiridile	Mtshana	Open	Female	33
52	02:08:33	2453	B	Jacomina	Van Sittert	Open	Female	30
53	02:10:10	3163	C	Hendrien	van der schuff	Open	Female	35
54	02:12:26	3485	C	Tayla	Olckers	Open	Female	24
55	02:13:38	3153	C	Gina	Sulprizio	Open	Female	32
56	02:13:41	3500	C	Jessica	Ellis	Open	Female	31
57	02:13:46	4087	D	Catherine	Futter	Open	Female	39
58	02:14:32	3174	C	Siya	Khanqo	Open	Female	32
59	02:16:58	3297	C	Hannah	Nienaber	Open	Female	36
60	02:18:08	4084	D	Jill	Swart	Open	Female	39
61	02:19:32	3466	C	Zanri	Hearn	Open	Female	38
62	02:19:51	3494	C	Marijke	van Rensburg	Open	Female	38
63	02:20:00	4094	D	Robin	Bolter	Open	Female	22
64	02:21:31	4079	D	Chrisna	Maree	Open	Female	24
65	02:22:32	4098	D	Dorota	Dobek	Open	Female	30
66	02:27:46	4089	D	Zairab	Nodulla	Open	Female	33
67	02:31:44	4015	D	Coralie	Long	Open	Female	31
68	02:43:38	3293	C	Shannon	Barlow	Open	Female	39

**Veteran Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:07:51	48	A	Kevin	Spratley	Veteran	Male	47
2	01:16:45	2004	B	David	Barber	Veteran	Male	42
3	01:21:28	3	A	Robert	Austin	Veteran	Male	48
4	01:21:54	2031	B	Sakkie	du Toit	Veteran	Male	47
5	01:22:46	2297	B	Craig	Pike	Veteran	Male	42
6	01:25:54	3084	C	Stefan	Lindeque	Veteran	Male	44
7	01:32:34	2425	B	Michael	Bester	Veteran	Male	40
8	01:33:57	2465	B	Stephan	Ohst	Veteran	Male	47
9	01:34:13	2012	B	Charl	Burger	Veteran	Male	42
10	01:38:16	3239	C	Richard	Kruger	Veteran	Male	49
11	01:38:42	3464	C	David	Hall	Veteran	Male	48
12	01:38:55	3473	C	Welcome	Mene	Veteran	Male	42
13	01:40:06	3490	C	Timothy	Gush	Veteran	Male	42
14	01:40:07	3491	C	Jeremy	Jobling	Veteran	Male	44
15	01:41:33	61	A	Arno	Rossouw	Veteran	Male	45
16	01:44:06	3299	C	Douglas	Mitchell	Veteran	Male	49
17	01:45:05	3489	C	Matthew	De Smit	Veteran	Male	40
18	01:45:17	3123	C	Barrie	Porter	Veteran	Male	41
19	01:45:52	3463	C	Chris	Franken	Veteran	Male	49
20	01:48:19	3087	C	Jan	Loots	Veteran	Male	43
21	01:48:38	3482	C	Robert	Van Coller	Veteran	Male	43
22	01:50:23	3499	C	Anthony	Fark	Veteran	Male	45
23	01:54:30	3235	C	Tayb	Jassiem	Veteran	Male	44
24	01:57:24	3101	C	Graham	Mitchell	Veteran	Male	49
25	01:58:45	3132	C	Matt	Rowe	Veteran	Male	41
26	01:59:46	2466	B	Raul	Kemp	Veteran	Male	44
27	02:00:26	3165	C	Gertjan	Van Vliet	Veteran	Male	40
28	02:02:49	3469	C	Pieter	Koen	Veteran	Male	44
29	02:04:35	4056	D	Ridwaan	Bardien	Veteran	Male	46
30	02:08:57	3481	C	Achmat	Sulaiman	Veteran	Male	44
31	02:12:57	4093	D	Robert	Burawundi	Veteran	Male	40
32	02:15:24	3064	C	Keith	Johnstone	Veteran	Male	49
33	02:19:34	3136	C	Andre	Sampson	Veteran	Male	47
34	02:40:13	4021	D	Steven	Nel	Veteran	Male	43

**Veteran Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:25:05	2077	B	Melany	Porter	Veteran	Female	41
2	01:28:17	30	A	Sharon	Kenmuir	Veteran	Female	40
3	01:41:06	2003	B	Lizette	Bannister	Veteran	Female	43
4	01:44:06	3100	C	Catherine	Mitchell	Veteran	Female	44
5	01:45:46	3467	C	Danelle	Höll	Veteran	Female	43
6	01:48:00	2027	B	Charn	De Lange	Veteran	Female	45
7	01:49:38	3272	C	Lize	Wiggins	Veteran	Female	43
8	01:50:51	2038	B	Frances	Fuchs	Veteran	Female	42
9	01:51:17	2296	B	Tracy	Bunn	Veteran	Female	47
10	01:52:03	3119	C	Liesl	Paul	Veteran	Female	45
11	01:58:25	3214	C	Liana	Abate	Veteran	Female	44
12	01:58:42	3190	C	Sheralee	Jones	Veteran	Female	41
13	02:01:04	4076	D	Elmare	Herring	Veteran	Female	47
14	02:03:29	4069	D	Jonel	Steffen	Veteran	Female	40
15	02:04:31	4024	D	Genevieve	Starke	Veteran	Female	46
16	02:11:41	2295	B	Bianca	Daniels	Veteran	Female	44
17	02:19:36	3155	C	Heather	Taft	Veteran	Female	47
18	02:19:49	3457	C	Mia	Assad	Veteran	Female	45
19	02:20:56	3070	C	Mary-Ann	Kearns	Veteran	Female	45
20	02:37:28	4088	D	Karen	Thomas	Veteran	Female	45
21	02:40:10	4020	D	Ronel	Nel	Veteran	Female	41

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:13:10	2462	B	John	September	Master	Male	51
2	01:21:03	37	A	Bruce	Meier	Master	Male	57
3	01:21:46	75	A	Max	Ruppert	Master	Male	56
4	01:23:50	2277	B	Freddie	Thiem	Master	Male	60
5	01:28:11	2064	B	Patrick	Mccann	Master	Male	54
6	01:28:37	123	A	Ronald	Brink	Master	Male	62
7	01:30:53	2467	B	Bjorn	Vye	Master	Male	50
8	01:37:37	2058	B	Nicolaas	Loubser	Master	Male	56
9	01:38:07	3145	C	James	Sleigh	Master	Male	50
10	01:38:46	2438	B	Chris	Janisch	Master	Male	50
11	01:39:14	3213	C	Antony	Abate	Master	Male	50
12	01:43:15	3496	C	John	Hill	Master	Male	58
13	01:51:29	2468	B	Frank	Wys	Master	Male	55
14	02:00:37	2014	B	Rob	Burns	Master	Male	67
15	02:01:24	2461	B	Geoffrey	Elliott	Master	Male	50
16	02:02:03	2464	B	Griffith	Fransman	Master	Male	58
17	02:06:33	3142	C	Graeme	Searle	Master	Male	51
18	02:11:03	4003	D	Daniel	Conradie	Master	Male	56
19	02:20:57	3069	C	Hilton	Kearns	Master	Male	50
20	02:29:59	4090	D	Phillip	van Schalkwyk	Master	Male	69

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:40:23	2470	B	Nicolette	Brouwer	Master	Female	50
2	01:40:51	2302	B	Beatrix	Broek	Master	Female	50
3	01:42:43	2459	B	Kathy	Kitchin	Master	Female	55
4	01:44:16	3465	C	Helen	Hall	Master	Female	54
5	01:49:22	3493	C	Justine	Laver	Master	Female	56
6	01:50:40	2051	B	Penny	Ingram	Master	Female	62
7	01:55:34	3156	C	Johanna	Taylor	Master	Female	54
8	01:55:42	3160	C	Clair	Timlin	Master	Female	62
9	02:03:27	3484	C	Jo	Wilmshurst	Master	Female	51
10	02:04:26	3413	C	Santie	Kelsey	Master	Female	55
11	02:12:07	3474	C	Glenda	Monson	Master	Female	62
12	02:13:09	3454	C	Janet	Hunter	Master	Female	57
13	02:31:45	4080	D	Dianne	Morran	Master	Female	60
14	02:31:46	4078	D	Vannessa	Kruger	Master	Female	56