



Spur Trail Series® 2017
Race 3 SHORT COURSE Challenge
(5km)
Cape Recife & Pine Lodge Resort

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	0:19:27	561	Romano	Scheepers	Junior	Male	17
2	0:26:38	522	Daniel	Ristow	Minimee	Male	13
3	0:26:54	552	Josh	Dolley	Open	Male	25
4	0:27:06	533	Akhona	Zake	Minimee	Female	12
5	0:28:51	515	Neal marois	marois	Peewee	Male	10
6	0:29:07	514	liam	marois	Peewee	Male	8
7	0:29:12	516	Ron	maris	Veteran	Male	44
8	0:29:30	559	Wouter	Roux	Master	Male	50
9	0:30:03	518	Cindy	Miller	Open	Female	37
10	0:32:31	557	Amy	Nazar	Open	Female	25
11	0:33:15	541	Zack	Willimott	Peewee	Male	10
12	0:35:47	566	Arthur	Rykammer	Open	Male	25
13	0:35:50	563	Christina	Mueller	Open	Female	24
14	0:36:04	562	Lisa	Harnisch	Open	Female	21
15	0:37:01	505	chantal	du Pisani	Veteran	Female	42
16	0:37:15	565	Kelly	Lidston	Open	Female	24
17	0:38:39	508	Gerald	Hills	Open	Male	32
18	0:39:27	553	Morne	Du Plessis	Open	Male	39
19	0:41:00	558	Adrian	Riston	Veteran	Male	43
20	0:41:03	521	Benjamin	Ristow	Peewee	Male	10
21	0:41:09	534	Michael	Flynn	Junior	Male	53
22	0:42:21	510	Andy	Iverson	Veteran	Male	40
23	0:43:08	564	Charleen	Gericlee	Open	Female	21
24	0:43:11	519	Kelly	Naidor	Open	Female	36
25	0:44:19	554	Leslie	Holmes	Master	Female	56
26	0:46:06	507	Charl	Gouws	Master	Male	51
27	0:48:32	517	Volenti	Meyer	Veteran	Female	40
28	0:50:09	523	Liezel	Ristow	Veteran	Female	42
29	0:50:34	529	Bridget	van der Heever	Veteran	Female	42
30	0:50:52	540	Gail	Willimot	Veteran	Female	43
31	0:50:56	551	Alex	Willimot	Minimee	Male	13
32	0:51:48	503	Leona	Breitenbach	Master	Female	71
33	0:53:24	532	Amanda	Young	Veteran	Female	42
34	0:55:03	550	Inge	Datel	Junior	Female	16
35	1:11:16	560	Rochelle	Scheepers	Open	Female	33

Open Male

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1	0:26:54	552	Josh	Dolley	Open	Male	25
2	0:35:47	566	Arthur	Rykammer	Open	Male	25
3	0:38:39	508	Gerald	Hills	Open	Male	32
4	0:39:27	553	Morne	Du Plessis	Open	Male	39

Open Female

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1	0:30:03	518	Cindy	Miller	Open	Female	37
2	0:32:31	557	Amy	Nazar	Open	Female	25
3	0:35:50	563	Christina	Mueller	Open	Female	24
4	0:36:04	562	Lisa	Harnisch	Open	Female	21
5	0:37:15	565	Kelly	Lidston	Open	Female	24
6	0:43:08	564	Charleen	Gericlee	Open	Female	21
7	0:43:11	519	Kelly	Naidor	Open	Female	36
8	1:11:16	560	Rochelle	Scheepers	Open	Female	33

Veteran Male

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1	0:29:12	516	Ron	maris	Veteran	Male	44
2	0:41:00	558	Adrian	Riston	Veteran	Male	43
3	0:42:21	510	Andy	Iverson	Veteran	Male	40

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	0:37:01	505	chantal	du Pisani	Veteran	Female	42
2	0:48:32	517	Volenti	Meyer	Veteran	Female	40
3	0:50:09	523	Liezel	Ristow	Veteran	Female	42
4	0:50:34	529	Bridget	van der Heever	Veteran	Female	42
5	0:50:52	540	Gail	Willimot	Veteran	Female	43
6	0:53:24	532	Amanda	Young	Veteran	Female	42

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	0:29:30	559	Wouter	Roux	Master	Male	50
2	0:46:06	507	Charl	Gouws	Master	Male	51

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	0:44:19	554	Leslie	Holmes	Master	Female	56
2	0:51:48	503	Leona	Breitenbach	Master	Female	71