



**Spur Cape Summer Trail Series® 2017**  
**Race 4 LONG COURSE Championship**  
**(15.75km)**  
**Oak Valley Wine Estate**

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:02:05	13	A	Emmanuel	Dlamini	Open	Male	35
2	01:02:48	85	A	Ricardo	Jaftha	Open	Male	29
3	01:02:50	126	A	Enok	Jimani	Open	Male	20
4	01:04:40	151	A	Mark	van Zyl	Open	Male	23
5	01:05:52	66	A	Roelof	Mostert	Open	Male	32
6	01:06:06	5	A	Andrea	Biffi	Open	Male	23
7	01:08:21	69	A	Shaun	Gregory	Veteran	Male	46
8	01:10:27	39	A	Ruan	Myburgh	Open	Male	29
9	01:11:07	1001	B	James	Arbutnot	Open	Male	37
10	01:12:29	68	A	Marco	Saieva	Open	Male	21
11	01:13:44	2348	C	Bruce	Blaine	Open	Male	22
12	01:14:15	150	A	Jason	Stevens	Open	Male	29
13	01:14:35	1326	B	Joshua	Goddard	Open	Male	23
14	01:15:24	1324	B	Svenja	Gliem	Open	Female	26
15	01:15:58	42	A	Mogale	Piloso	Veteran	Male	45
16	01:17:01	1022	B	JP	du Plessis	Open	Male	31
17	01:17:23	24	A	Neil	Hermann	Master	Male	58
18	01:17:29	1322	B	Walter	du Toit	Veteran	Male	46
19	01:17:34	1039	B	Mark	Jacobson	Veteran	Male	41
20	01:18:26	1052	B	Arno	Lawrenz	Master	Male	50
21	01:18:45	1091	B	Matt	Kruger	Veteran	Male	40
22	01:19:36	108	A	Julie	Huckle	Veteran	Female	48
23	01:19:55	44	A	Simbao	Simbao	Open	Male	35
24	01:20:56	3191	D	Wicus	Malherbe	Open	Male	33
25	01:21:04	1086	B	Ivan	Robinson	Open	Male	25
26	01:21:09	2048	C	Aiden	Du Plessis	Open	Male	31
27	01:21:32	23	A	Joakim	Hansi Blackadder	Open	Male	0
28	01:21:33	1316	B	Devon	Basson	Open	Female	21
29	01:21:37	1216	B	Craig	Pike	Veteran	Male	41
30	01:21:40	6	A	Martin	Bongers	Open	Male	34
31	01:21:49	8	A	Sophie	Cope	Open	Female	19
32	01:22:00	1327	B	Ryan	Harrison	Open	Male	36
33	01:22:06	2563	C	Samuel	Mohr	Open	Male	34
34	01:22:13	2055	C	David	Ellis	Open	Male	24
35	01:23:30	1193	B	Graham	Wallace	Open	Male	30
36	01:23:31	2581	C	Lani	van der Merwe	Open	Female	31
37	01:23:37	2364	C	Marian	Koerber	Open	Male	33
38	01:23:52	55	A	Hans	Woermann	Master	Male	57
39	01:24:00	2375	C	Keelاند	Naicker	Open	Male	35
40	01:24:39	2005	C	Sean	Bethell	Open	Male	28
41	01:24:46	1315	B	Matthew	de Haast	Open	Male	25
42	01:24:49	2366	C	Jan	Le Roux	Veteran	Male	40
43	01:24:51	1038	B	Zaheer	Jacobs	Veteran	Male	42
44	01:24:57	1035	B	Martin	Henning	Open	Male	28
45	01:25:13	2028	C	Paul	Crawford	Veteran	Male	41
46	01:25:40	2200	C	Antony	Abate	Master	Male	50
47	01:25:50	1069	B	Noordien	Noordien	Open	Male	38
48	01:26:15	2299	C	Richard	Kruger	Veteran	Male	48
49	01:26:30	2149	C	Petrus	Schoeman	Open	Male	35
50	01:26:58	2009	C	Greg	Branfield	Open	Male	35
51	01:27:04	46	A	Johan	van der Merwe	Open	Male	30
52	01:27:13	1309	B	Mark	Hall	Master	Male	50
53	01:27:17	1258	B	Maxine	Reilly	Master	Female	55
54	01:27:25	1295	B	Sam	Reilly	Open	Female	26
55	01:27:31	34	A	Garth Neil	Lary	Veteran	Male	44
56	01:27:46	1323	B	Anton	Eccles	Open	Male	36
57	01:27:53	1003	B	Frederik	Bakker	Open	Male	22
58	01:28:01	1325	B	Michelle	Glover	Open	Female	24
59	01:28:09	1041	B	Francois	Janse van Rensburg	Veteran	Male	46
60	01:28:11	3149	D	Illona	Pelser	Open	Female	36
61	01:28:16	3162	D	Liz	Robertson	Veteran	Female	47
62	01:28:16	1328	B	Caryl	Hollmann	Open	Female	36
63	01:28:18	1339	B	Adam	Ricketts	Open	Male	36
64	01:28:46	149	A	Loic	Pazot	Open	Male	17
65	01:28:51	2134	C	Charl	Roos	Open	Male	34
66	01:28:53	2119	C	Otto	Otto	Open	Male	30
67	01:29:04	2093	C	Amy	Kirchmann	Open	Female	31
68	01:29:10	1347	B	Norman	Nieder-Heitmann	Open	Male	26
69	01:29:17	1095	B	Phillip	Smith	Open	Male	29
70	01:29:19	1334	B	Corne	Potgieter	Open	Male	31
71	01:29:21	2085	C	Frederick	Hugo	Veteran	Male	47
72	01:29:27	1023	B	Simon	Du Plooy	Open	Male	33
73	01:29:28	2084	C	Simon	Hudson-Peacock	Master	Male	51
74	01:29:31	1016	B	Courtnee	Clark	Open	Female	26
75	01:29:35	1004	B	Wesley	Bell	Open	Male	26
76	01:29:46	2063	C	Jane	Fisher	Veteran	Female	44
77	01:30:11	1032	B	Maxwell	Godwana	Veteran	Male	45
78	01:30:16	1029	B	Tracy-Lee	Fillmore	Open	Female	36
79	01:30:18	1028	B	Grant	Fillmore	Open	Male	35
80	01:30:19	2370	C	Andrea	Marx	Open	Female	22
81	01:30:46	2146	C	Christopher	Schnehage	Master	Male	63
82	01:31:02	1321	B	Amri	De Jong	Open	Female	25
83	01:31:03	3116	D	Ferreira	Ferreira	Open	Male	32
84	01:31:28	2357	C	Fraser	Fraser	Open	Male	27
85	01:31:42	2034	C	Darren	Dalrymple	Veteran	Male	44
86	01:31:48	1331	B	Jason	Lange	Open	Male	33
87	01:32:05	1235	B	Jamie-Leigh	Michau	Open	Female	0
88	01:32:07	1340	B	Nicholas	Riva	Open	Male	34
89	01:32:18	50	A	Miriam	Waltz	Open	Female	26
90	01:32:29	1341	B	Barry	Scholfield	Open	Male	31
91	01:32:33	1096	B	Zeke	Snyman	Open	Male	36
92	01:33:00	2127	C	Camden	Ravenscroft	Open	Female	22
93	01:33:02	1103	B	Johann	Theron	Master	Male	59
94	01:33:05	1108	B	Louis	van der Merwe	Open	Male	29
95	01:33:12	2381	C	Taryn	Swanepoel	Open	Female	35
96	01:33:14	2351	C	Ryan	Cook	Open	Male	31
97	01:33:26	1100	B	Alan	Struthers	Veteran	Male	43
98	01:33:31	2389	C	Liezel	Coetzee	Veteran	Female	44
99	01:33:32	2378	C	Leon	Rademan	Open	Male	35
100	01:33:37	2505	C	Roir	Husselmann	Open	Male	30
101	01:33:50	2021	C	Johann	Claassen	Open	Male	37
102	01:33:54	1071	B	Manduleli	Ntsinde	Open	Male	39
103	01:33:55	1019	B	Bianca	Daniels	Veteran	Female	44

104	01:34:00	1126	B	Brian	Burger	Open	Male	28
105	01:35:12	2148	C	Marlize	Schoeman	Open	Female	38
106	01:35:14	1070	B	Talia	Norvall	Open	Female	29
107	01:35:15	2105	C	Hennie	Longland	Master	Male	53
108	01:35:20	1055	B	Nicolaas	Loubser	Master	Male	55
109	01:35:35	2047	C	Oliver	Dresner	Veteran	Male	43
110	01:36:01	2082	C	John	Hill	Master	Male	58
111	01:36:05	48	A	Paola	Vignani	Master	Female	53
112	01:36:08	2286	C	Nicola	Johnston	Open	Female	28
113	01:36:08	1031	B	Ganief	Galvaan	Master	Male	57
114	01:36:25	3015	D	Andre	Frey	Open	Male	29
115	01:36:27	3002	D	Misha	Beare	Open	Male	24
116	01:36:40	153	A	Engela	Claasen	Master	Female	52
117	01:37:05	2061	C	Steve	Finegan	Open	Male	37
118	01:37:18	1057	B	Eugene	Mallinson	Veteran	Male	41
119	01:37:25	1291	B	Kyle	Murray	Open	Male	30
120	01:37:27	2373	C	Johann	Meyer	Open	Male	27
121	01:37:31	2066	C	Janca	Fismer	Open	Female	29
122	01:37:35	2188	C	Melanie	van Niekerk	Open	Female	23
123	01:37:37	1194	B	Dylan	Wallace	Open	Male	33
124	01:37:37	2166	C	Zyaad	Solomon	Open	Male	24
125	01:37:40	1338	B	Paul	Quirk	Open	Male	36
126	01:37:40	2155	C	Elvera	Schwan	Master	Female	55
127	01:37:43	2115	C	Helen	Morrissey	Open	Female	32
128	01:37:46	2345	C	Dianne	Cameron-Parker	Veteran	Female	42
129	01:37:54	2099	C	Desmond	Labuschagne	Master	Male	60
130	01:37:57	1329	B	Penny	Ingram	Master	Female	61
131	01:37:57	2349	C	Rene	de Kock	Veteran	Female	48
132	01:37:59	2023	C	Hennie	Coetzee	Open	Male	39
133	01:38:06	2377	C	AJ	Nel	Open	Male	32
134	01:38:15	3124	D	irina	kubica	Veteran	Female	42
135	01:38:31	1087	B	Heidi	Rohr	Open	Female	35
136	01:38:32	2583	C	JJ	Pretorius	Open	Male	31
137	01:38:42	1036	B	Shelley	Heunes	Open	Female	35
138	01:38:57	2353	C	Jacques	De Klerk	Veteran	Female	47
139	01:39:04	2069	C	Ross	Forder	Open	Male	27
140	01:39:08	1284	B	scott	mathews	Open	Male	30
141	01:39:10	1242	B	Anthonie	Basson	Veteran	Male	40
142	01:39:12	1243	B	Sean	Christie	Open	Male	36
143	01:39:19	1330	B	Shamiel	Laher	Open	Male	37
144	01:39:20	2111	C	McFadzean	McFadzean	Veteran	Female	46
145	01:39:22	1077	B	Shaheen	Patel	Veteran	Male	40
146	01:39:23	3123	D	Jana	Kolodziej	Veteran	Female	46
147	01:39:46	3090	D	Gavin	Stander	Veteran	Male	47
148	01:40:03	2582	C	Sue	Black	Open	Female	34
149	01:40:06	2362	C	Sarah	Kirk	Open	Female	21
150	01:40:11	2341	C	Wesley	Williams	Open	Male	38
151	01:40:20	2046	C	Jason	Dorfling	Open	Male	23
152	01:40:27	2356	C	Paige	Drogemoller	Open	Female	21
153	01:40:31	3023	D	Peter	Robson	Veteran	Male	46
154	01:40:41	2109	C	Che	Mathews	Veteran	Male	41
155	01:40:44	2004	C	Hannelie	Bekker	Veteran	Female	47
156	01:40:45	1320	B	Floris	Dafel	Open	Male	36
157	01:40:55	1078	B	Andre	Pieterse	Veteran	Male	46
158	01:41:00	2346	C	Kathleen	Basson	Master	Female	58
159	01:41:31	2153	C	Janet	Schulling	Open	Female	36
160	01:42:17	1046	B	Carmen	Katz	Open	Female	33
161	01:42:32	2388	C	Claire-Louise	Worby	Open	Female	33
162	01:42:42	1346	B	Byron	Kilian	Open	Male	30
163	01:42:43	3169	C	Sandra	Sampson	Veteran	Female	42
164	01:42:57	2374	C	Bryan	Mulliner	Master	Male	58
165	01:43:01	2252	C	Clay	Evertson	Open	Male	31
166	01:44:01	3081	D	Mai	Umbhau	Open	Female	29
167	01:44:04	3044	D	Domini	Conradie	Open	Male	34
168	01:44:06	3130	D	Gerhard	Olivier	Open	Male	35
169	01:44:13	1348	B	Guy	Theunissen	Open	Male	30
170	01:44:14	2201	C	Liana	Abate	Veteran	Female	44
171	01:44:22	3129	D	Francis	Moult	Open	Male	34
172	01:44:24	3131	D	Tim	Pringle	Open	Male	34
173	01:44:40	3109	D	Darryl	Betts	Open	Male	37
174	01:44:59	2138	C	Mubaraq	Rykief	Open	Male	20
175	01:45:04	2385	C	Vermaak	Vermaak	Open	Female	32
176	01:45:08	2352	C	Nicola	de Jager	Veteran	Female	41
177	01:45:12	2365	C	Retief	Lamprecht	Veteran	Male	49
178	01:45:13	2363	C	Wouter	Klapwijk	Veteran	Male	48
179	01:45:15	2022	C	Garth	Cloete	Open	Male	31
180	01:45:15	1345	B	Irma	Uys	Veteran	Female	47
181	01:45:31	2053	C	Ragmah	Edwards	Open	Female	25
182	01:46:16	2015	C	Suzanna	Capper	Veteran	Female	48
183	01:47:02	2359	C	Sebastian	Heunis	Open	Male	31
184	01:47:10	2526	C	JF	Hill	Open	Male	31
185	01:47:15	2177	C	Inandi	Vosloo	Open	Female	25
186	01:47:22	2088	C	Carl	Joubert	Open	Male	37
187	01:47:23	2121	C	Mohamed Imraan	Parker	Open	Male	33
188	01:47:29	2038	C	Judith	Davidse	Open	Female	35
189	01:47:31	2387	C	David	Wolsky	Open	Male	26
190	01:47:35	2083	C	Lisa	Hudson-Peacock	Veteran	Female	44
191	01:47:38	3136	D	Lenika	Vosloo	Open	Female	22
192	01:47:42	2383	C	Ricardo	Valentine	Veteran	Male	42
193	01:47:45	2380	C	Dion	Stevens	Master	Male	53
194	01:47:50	3025	D	Edward	Rowland	Open	Male	36
195	01:47:51	2504	C	Christa	Bredell	Master	Female	51
196	01:47:53	2160	C	Sharon	Sleigh	Veteran	Female	49
197	01:47:56	2159	C	James	Sleigh	Veteran	Male	49
198	01:48:54	2003	C	Channette	Bantjes	Open	Female	39
199	01:48:56	2343	C	Melany	Froy	Open	Female	36
200	01:49:00	2135	C	Matt	Rowe	Veteran	Male	40
201	01:49:12	1318	B	Amy	Coker	Veteran	Female	45
202	01:49:39	2163	C	David	Smith	Veteran	Male	49
203	01:49:55	2100	C	Lisa	Labuschagne	Open	Female	34
204	01:50:07	2499	C	Bronwyn	Gibson	Open	Female	34
205	01:50:24	2350	C	Leigh	Carp	Open	Female	35
206	01:50:51	2074	C	Krayvasan	Govender	Open	Male	33
207	01:51:09	2035	C	Dehila	Dalrymple	Veteran	Female	44
208	01:51:17	3018	D	Marius	Lorenzen	Master	Male	58
209	01:51:42	3048	D	Lieneke	Du Plessis	Open	Female	24
210	01:51:54	3120	D	Oonagh	Hunter	Veteran	Female	46
211	01:52:16	2483	C	Gerrit	Avenont	Open	Male	31
212	01:52:19	1134	B	luke	apteker	Open	Male	31
213	01:53:12	2361	C	Jones	Jones	Open	Female	29
214	01:53:14	2233	C	albertrum	crowder	Veteran	Male	40
215	01:54:24	3027	D	Mark	Stead	Veteran	Male	48
216	01:54:37	3128	D	Drew	Moll	Open	Male	36

217	01:54:42	2386	C	David	Wolhuter	Veteran	Male	48
218	01:55:21	2382	C	Marina	Synnott	Veteran	Female	40
219	01:55:28	2060	C	Geniene	Fell	Veteran	Female	42
220	01:55:34	2054	C	Sarah	Elliott-Wetmore	Veteran	Female	45
221	01:56:28	2198	C	Romy	Moll	Open	Female	34
222	01:56:31	3298	D	Rose	Mills	Master	Female	58
223	01:59:10	3031	D	Sunelle	van Heerden	Open	Female	32
224	01:59:13	3154	D	Maryse	Pretorius	Open	Female	28
225	02:00:11	152	D	Siyabulela	Dinga	Open	Male	22
226	02:01:05	2107	C	Kristine	Maciejewski	Open	Female	35
227	02:01:07	2170	C	Sean	Tickner	Open	Male	35
228	02:01:22	2369	C	Lisa	Lourie	Open	Female	28
229	02:01:29	2368	C	Daniel	Lourie	Open	Male	26
230	02:02:12	2030	C	Renee	Cupido	Veteran	Female	43
231	02:02:15	2000	C	Mogammad	Abdullatif	Master	Male	53
232	02:02:38	3148	D	Fred	Pelser	Open	Male	34
233	02:03:46	3032	D	gertjan	van Vliet	Open	Male	39
234	02:03:50	3024	D	Kevin	Rorke	Veteran	Male	49
235	02:04:11	2065	C	Carissa	Fismer	Open	Female	34
236	02:04:16	2379	C	David	Scott	Open	Male	37
237	02:04:49	2081	C	Max	Hendricks	Open	Female	38
238	02:05:01	3132	D	Leigh-Ann	Thomson	Open	Female	25
239	02:05:05	3119	D	Hahn	Hahn	Veteran	Male	48
240	02:05:05	2186	C	Neil	Lindeque	Open	Male	34
241	02:05:07	2027	C	James	Cook	Open	Male	33
242	02:06:34	2180	C	Liesl	Winter	Open	Female	35
243	02:06:40	3145	D	Nicole	O'Neill	Open	Female	23
244	02:06:44	2125	C	Theoni	Photopoulou	Open	Female	32
245	02:07:22	2067	C	Linca	Fismer	Open	Female	32
246	02:07:23	2157	C	Graeme	Searle	Master	Male	50
247	02:07:31	2169	C	Heather	Taft	Veteran	Female	47
248	02:07:33	2142	C	Andre	Sampson	Veteran	Male	46
249	02:08:23	2012	C	Samantha	Brink	Open	Female	38
250	02:08:25	2010	C	Louis	Brink	Veteran	Male	46
251	02:08:38	3115	D	Bernard	Faul	Open	Male	28
252	02:08:48	3186	D	Lauryl	Lorio	Veteran	Female	42
253	02:09:00	1130	B	Sue	Paula Smith	Master	Female	52
254	02:09:13	3013	D	Johan	Du Toit	Master	Male	60
255	02:10:35	2367	C	Petro	Liebenberg	Open	Female	36
256	02:15:46	3151	D	Nicky	Petzer	Veteran	Female	44
257	02:15:49	3017	D	Alexander Justus	Hugo	Veteran	Male	47
258	02:16:57	2113	C	Charl	Möller	Open	Male	38
259	02:21:45	3300	D	Michelle	Flowers	Open	Female	29
260	02:21:49	3299	D	Danielle	Mascher	Open	Female	33
261	02:21:56	3271	D	Murray	Schlickinger		Male	0
262	02:23:35	3133	D	Angela	Valentine	Open	Female	36
263	02:23:36	2078	C	Lee-ann	Harris	Veteran	Female	49
264	02:23:52	2565	C	Mario	Penso	Open	Male	27
265	02:29:00	2130	C	Jye	Lin	Open	Female	32
265	02:29:19	3034	D	Natasha	Wood	Open	Female	35
266	02:29:28	2347	C	Elmarie	Bessinger	Veteran	Female	41
267	02:29:31	3026	D	Annie	Shaw	Open	Female	35

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:02:05	13	A	Emmanuel	Dlamini	Open	Male	35
2	01:02:48	85	A	Ricardo	Jaftha	Open	Male	29
3	01:02:50	126	A	Enok	Jimani	Open	Male	20
4	01:04:40	151	A	Mark	van Zyl	Open	Male	23
5	01:05:52	66	A	Roelof	Mostert	Open	Male	32
6	01:06:06	5	A	Andrea	Biffi	Open	Male	23
7	01:10:27	39	A	Ruan	Myburgh	Open	Male	29
8	01:11:07	1001	B	James	Arbuthnot	Open	Male	37
9	01:12:29	68	A	Marco	Saieva	Open	Male	21
10	01:13:44	2348	C	Bruce	Blaine	Open	Male	22
11	01:14:15	150	A	Jason	Stevens	Open	Male	29
12	01:14:35	1326	B	Joshua	Goddard	Open	Male	23
13	01:17:01	1022	B	JP	du Plessis	Open	Male	31
14	01:19:55	44	A	Simbao	Simbao	Open	Male	35
15	01:20:56	3191	D	Wicus	Malherbe	Open	Male	33
16	01:21:04	1086	B	Ivan	Robinson	Open	Male	25
17	01:21:09	2048	C	Aiden	Du Plessis	Open	Male	31
18	01:21:32	23	A	Joakim	Hansi Blackadder	Open	Male	0
19	01:21:40	6	A	Martin	Bongers	Open	Male	34
20	01:22:00	1327	B	Ryan	Harrison	Open	Male	36
21	01:22:06	2563	C	Samuel	Mohr	Open	Male	34
22	01:22:13	2055	C	David	Ellis	Open	Male	24
23	01:23:30	1193	B	Graham	Wallace	Open	Male	30
24	01:23:37	2364	C	Marian	Koerber	Open	Male	33
25	01:24:00	2375	C	Keeland	Naicker	Open	Male	35
26	01:24:39	2005	C	Sean	Bethell	Open	Male	28
27	01:24:46	1315	B	Matthew	de Haast	Open	Male	25
28	01:24:57	1035	B	Martin	Henning	Open	Male	28
29	01:25:50	1069	B	Noordien	Noordien	Open	Male	38
30	01:26:30	2149	C	Petrus	Schoeman	Open	Male	35
31	01:26:58	2009	C	Greg	Branfield	Open	Male	35
32	01:27:04	46	A	Johan	van der Merwe	Open	Male	30
33	01:27:46	1323	B	Anton	Eccles	Open	Male	36
34	01:27:53	1003	B	Frederik	Bakker	Open	Male	22
35	01:28:16	1328	B	Caryl	Hollmann	Open	Male	36
36	01:28:18	1339	B	Adam	Ricketts	Open	Male	36
37	01:28:46	149	A	Loic	Pazot	Open	Male	17
38	01:28:51	2134	C	Charl	Roos	Open	Male	34
39	01:28:53	2119	C	Otto	Otto	Open	Male	30
40	01:29:17	1095	B	Philip	Smith	Open	Male	29
41	01:29:19	1334	B	Corne	Potgieter	Open	Male	31
42	01:29:27	1023	B	Simon	Du Plooy	Open	Male	33
43	01:29:35	1004	B	Wesley	Bell	Open	Male	26
44	01:30:18	1028	B	Grant	Fillmore	Open	Male	35
45	01:31:03	3116	D	Ferreira	Ferreira	Open	Male	32
46	01:31:28	2357	C	Fraser	Fraser	Open	Male	27
47	01:31:48	1331	B	Jason	Lange	Open	Male	33
48	01:32:07	1340	B	Nicholas	Riva	Open	Male	34
49	01:32:29	1341	B	Barry	Scholfield	Open	Male	31
50	01:32:33	1096	B	Zeke	Snyman	Open	Male	36
51	01:33:05	1108	B	Louis	van der Merwe	Open	Male	29
52	01:33:14	2351	C	Ryan	Cook	Open	Male	31
53	01:33:32	2378	C	Leon	Rademan	Open	Male	35
54	01:33:37	2505	C	Roir	Husselmann	Open	Male	30
55	01:33:50	2021	C	Johann	Claassen	Open	Male	37
56	01:33:54	1071	B	Manduleli	Ntsinde	Open	Male	39
57	01:34:00	1126	B	Brian	Burger	Open	Male	28
58	01:36:25	3015	D	Andre	Frey	Open	Male	29
59	01:36:27	3002	D	Misha	Bearé	Open	Male	24
60	01:37:05	2061	C	Steve	Finegan	Open	Male	37
61	01:37:25	1291	B	Kyle	Murray	Open	Male	30
62	01:37:27	2373	C	Johann	Meyer	Open	Male	27
63	01:37:37	1194	B	Dylan	Wallace	Open	Male	33
64	01:37:37	2166	C	Ziyaad	Solomon	Open	Male	24
65	01:37:40	1338	B	Paul	Quirk	Open	Male	36
66	01:37:59	2023	C	Hennie	Coetzee	Open	Male	39
67	01:38:06	2377	C	AJ	Nel	Open	Male	32
68	01:38:32	2583	C	JJ	Pretorius	Open	Male	31
69	01:39:04	2069	C	Ross	Forder	Open	Male	27
70	01:39:08	1284	B	scott	matthews	Open	Male	30
71	01:39:12	1243	B	Sean	Christie	Open	Male	36
72	01:39:19	1330	B	Shamiel	Laher	Open	Male	37
73	01:40:11	2341	C	Wesley	Williams	Open	Male	38
74	01:40:20	2046	C	Jason	Dorfling	Open	Male	23
75	01:40:45	1320	B	Floris	Dafel	Open	Male	36
76	01:42:42	1346	B	Byron	Kilian	Open	Male	30
77	01:43:01	2252	C	Clay	Evertson	Open	Male	31
78	01:44:04	3044	D	Domini	Conradie	Open	Male	34
79	01:44:06	3130	D	Gerhard	Olivier	Open	Male	35
80	01:44:13	1348	B	Guy	Theunissen	Open	Male	30
81	01:44:22	3129	D	Francis	Moult	Open	Male	34
82	01:44:24	3131	D	Tim	Pringle	Open	Male	34
83	01:44:40	3109	D	Darryl	Bettes	Open	Male	38
84	01:44:59	2138	C	Mubaraq	Ryklief	Open	Male	20
85	01:45:15	2022	C	Garth	Cloete	Open	Male	31
86	01:47:02	2359	C	Sebastiaan	Heunis	Open	Male	31
87	01:47:10	2526	C	JF	Hill	Open	Male	31
88	01:47:22	2088	C	Carl	Joubert	Open	Male	33
89	01:47:23	2121	C	Mohamed Imraan	Parker	Open	Male	37
90	01:47:31	2387	C	David	Wolsky	Open	Male	26
91	01:47:50	3025	D	Edward	Rowland	Open	Male	36
92	01:50:51	2074	C	Krayvasan	Govender	Open	Male	33
93	01:52:16	2483	C	Gerrit	Avenont	Open	Male	31
94	01:52:19	1134	B	luke	apteker	Open	Male	31
95	01:54:37	3128	D	Drew	Moll	Open	Male	36
96	02:00:11	152	D	Siyabulela	Dinga	Open	Male	22
97	02:01:07	2170	C	Sean	Tickner	Open	Male	35
98	02:01:29	2368	C	Daniel	Lourie	Open	Male	26
99	02:02:38	3148	D	Fred	Pelser	Open	Male	34
100	02:03:46	3032	D	gertjan	van Vliet	Open	Male	39
101	02:04:16	2379	C	David	Scott	Open	Male	37
102	02:05:05	2186	C	Neil	Lindeque	Open	Male	34
103	02:05:07	2027	C	James	Cook	Open	Male	33
104	02:08:38	3115	D	Bernard	Faul	Open	Male	28
105	02:16:57	2113	C	Charl	Möller	Open	Male	38
106	02:23:52	2565	C	Mario	Penso	Open	Male	27

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:15:24	1324	B	Svenja	Gliem	Open	Female	26
2	01:21:33	1316	B	Devon	Basson	Open	Female	21
3	01:21:49	8	A	Sophie	Cope	Open	Female	19
4	01:23:31	2581	C	Lani	van der Merwe	Open	Female	31
5	01:27:25	1295	B	Sam	Reilly	Open	Female	26
6	01:28:01	1325	B	Michelle	Glover	Open	Female	24
7	01:28:11	3149	D	Illona	Pelser	Open	Female	36
8	01:28:16	1328	B	Caryl	Hollmann	Open	Female	36
9	01:29:04	2093	C	Amy	Kirchmann	Open	Female	31
10	01:29:31	1016	B	Courtnee	Clark	Open	Female	26
11	01:30:16	1029	B	Tracy-Lee	Fillmore	Open	Female	36
12	01:30:19	2370	C	Andrea	Marx	Open	Female	22
13	01:31:02	1321	B	Amri	De Jong	Open	Female	25
14	01:32:05	1235	B	Jamie-Leigh	Michau	Open	Female	0
15	01:32:18	50	A	Miriam	Waltz	Open	Female	26
16	01:33:00	2127	C	Camden	Ravenscroft	Open	Female	22
17	01:33:12	2381	C	Taryn	Swanepoel	Open	Female	35
18	01:35:12	2148	C	Marlize	Schoeman	Open	Female	38
19	01:35:14	1070	B	Talia	Norvall	Open	Female	29
20	01:36:08	2286	C	Nicola	Johnston	Open	Female	28
21	01:37:31	2066	C	Janca	Fismer	Open	Female	29
22	01:37:35	2188	C	Melanie	van Niekerk	Open	Female	23
23	01:37:43	2115	C	Helen	Morrissey	Open	Female	32
24	01:38:31	1087	B	Heidi	Rohr	Open	Female	35
25	01:38:42	1036	B	Shelley	Heunes	Open	Female	35
26	01:40:03	2582	C	Sue	Black	Open	Female	34
27	01:40:06	2362	C	Sarah	Kirk	Open	Female	21
28	01:40:27	2356	C	Paige	Drogemoller	Open	Female	21
29	01:41:31	2153	C	Janet	Schulling	Open	Female	36
30	01:42:17	1046	B	Carmen	Katz	Open	Female	33
31	01:42:32	2388	C	Claire-Louise	Worby	Open	Female	33
32	01:44:01	3081	D	Mai	Umbhau	Open	Female	29
33	01:45:04	2385	C	Vermaak	Vermaak	Open	Female	32
34	01:45:31	2053	C	Ragmah	Edwards	Open	Female	25
35	01:47:15	2177	C	Inandi	Vosloo	Open	Female	25
36	01:47:29	2038	C	Judith	Davidse	Open	Female	35
37	01:47:38	3136	D	Lenika	Vosloo	Open	Female	22
38	01:48:54	2003	C	Channette	Bantjes	Open	Female	39
39	01:48:56	2343	C	Melany	Froy	Open	Female	36
40	01:49:55	2100	C	Lisa	Labuschagne	Open	Female	34
41	01:50:07	2499	C	Bronwyn	Gibson	Open	Female	34
42	01:50:24	2350	C	Leigh	Carp	Open	Female	35
43	01:51:42	3048	D	Lieneke	Du Plessis	Open	Female	24
44	01:53:12	2361	C	Jones	Jones	Open	Female	29
45	01:56:28	2198	C	Romy	Moll	Open	Female	34
46	01:59:10	3031	D	Sunelle	van Heerden	Open	Female	32
47	01:59:13	3154	D	Maryse	Pretorius	Open	Female	28
48	02:01:05	2107	C	Kristine	Maciejewski	Open	Female	35
49	02:01:22	2369	C	Lisa	Lourie	Open	Female	28
50	02:04:11	2065	C	Carissa	Fismer	Open	Female	34
51	02:04:49	2081	C	Max	Hendricks	Open	Female	38
52	02:05:01	3132	D	Leigh-Ann	Thomson	Open	Female	25
53	02:06:34	2180	C	Liesl	Winter	Open	Female	35
54	02:06:40	3145	D	Nicole	O'Neill	Open	Female	23
55	02:06:44	2125	C	Theoni	Photopoulou	Open	Female	32
56	02:07:22	2067	C	Linca	Fismer	Open	Female	32
57	02:08:23	2012	C	Samantha	Brink	Open	Female	38
58	02:10:35	2367	C	Petro	Liebenberg	Open	Female	36
59	02:21:45	3300	D	Michelle	Flowers	Open	Female	29
60	02:21:49	3299	D	Danielle	Mascher	Open	Female	33
61	02:23:35	3133	D	Angela	Valentine	Open	Female	36
62	02:29:00	2130	C	Jye	Lin	Open	Female	32
63	02:29:19	3034	D	Natasha	Wood	Open	Female	35
64	02:29:31	3026	D	Annie	Shaw	Open	Female	35

**Veteran Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:08:21	69	A	Shaun	Gregory	Veteran	Male	46
2	01:15:58	42	A	Mogale	Piloso	Veteran	Male	45
3	01:17:29	1322	B	Walter	du Toit	Veteran	Male	46
4	01:17:34	1039	B	Mark	Jacobson	Veteran	Male	41
5	01:18:45	1091	B	Matt	Kruger	Veteran	Male	40
6	01:21:37	1216	B	Craig	Pike	Veteran	Male	41
7	01:24:49	2366	C	Jan	Le Roux	Veteran	Male	40
8	01:24:51	1038	B	Zaheer	Jacobs	Veteran	Male	42
9	01:25:13	2028	C	Paul	Crawford	Veteran	Male	41
10	01:26:15	2299	C	Richard	Kruger	Veteran	Male	48
11	01:27:31	34	A	Garth Neil	Lary	Veteran	Male	44
12	01:28:09	1041	B	Francois	Janse van Rensburg	Veteran	Male	46
13	01:29:21	2085	C	Frederick	Hugo	Veteran	Male	47
14	01:30:11	1032	B	Maxwell	Godwana	Veteran	Male	45
15	01:31:42	2034	C	Darren	Dalrymple	Veteran	Male	44
16	01:33:26	1100	B	Alan	Struthers	Veteran	Male	43
17	01:35:35	2047	C	Oliver	Dresner	Veteran	Male	43
18	01:37:18	1057	B	Eugene	Mallinson	Veteran	Male	41
19	01:39:10	1242	B	Anthonie	Basson	Veteran	Male	40
20	01:39:22	1077	B	Shaheen	Patel	Veteran	Male	40
21	01:39:46	3090	D	Gavin	Stander	Veteran	Male	47
22	01:40:31	3023	D	Peter	Robson	Veteran	Male	46
23	01:40:41	2109	C	Che	Matthews	Veteran	Male	41
24	01:40:55	1078	B	Andre	Pieterse	Veteran	Male	46
25	01:45:12	2365	C	Retief	Lamprecht	Veteran	Male	49
26	01:45:13	2363	C	Wouter	Klapwijk	Veteran	Male	48
27	01:47:42	2383	C	Ricardo	Valentine	Veteran	Male	42
28	01:47:56	2159	C	James	Sleigh	Veteran	Male	49
29	01:49:00	2135	C	Matt	Rowe	Veteran	Male	40
30	01:49:39	2163	C	David	Smith	Veteran	Male	49
31	01:53:14	2233	C	albertrum	crowder	Veteran	Male	40
32	01:54:24	3027	D	Mark	Stead	Veteran	Male	48
33	01:54:42	2386	C	David	Wolhuter	Veteran	Male	48
34	02:03:50	3024	D	Kevin	Rorke	Veteran	Male	49
35	02:05:05	3119	D	Hahn	Hahn	Veteran	Male	48
36	02:07:33	2142	C	Andre	Sampson	Veteran	Male	46
37	02:08:25	2010	C	Louis	Brink	Veteran	Male	46
38	02:15:49	3017	D	Alexander Justus	Hugo	Veteran	Male	47

**Veteran Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:19:36	108	A	Julie	Huckle	Veteran	Female	48
2	01:28:16	3162	D	Liz	Robertson	Veteran	Female	47
3	01:29:46	2063	C	Jane	Fisher	Veteran	Female	44
4	01:33:31	2389	C	Liezel	Coetzee	Veteran	Female	44
5	01:33:55	1019	B	Bianca	Daniels	Veteran	Female	44
6	01:37:46	2345	C	Dianne	Cameron-Parker	Veteran	Female	42
7	01:37:57	2349	C	Rene	de Kock	Veteran	Female	48
8	01:38:15	3124	D	irina	kubica	Veteran	Female	42
9	01:38:57	2353	C	Jacques	De Klerk	Veteran	Female	47
10	01:39:20	2111	C	McFadzean	McFadzean	Veteran	Female	46
11	01:39:23	3123	D	Jana	Kolodziej	Veteran	Female	46
12	01:40:44	2004	C	Hannelie	Bekker	Veteran	Female	47
13	01:42:43	3169	C	Sandra	Sampson	Veteran	Female	42
14	01:44:14	2201	C	Liana	Abate	Veteran	Female	44
15	01:45:08	2352	C	Nicola	de Jager	Veteran	Female	41
16	01:45:15	1345	B	Irma	Uys	Veteran	Female	47
17	01:46:16	2015	C	Suzanna	Capper	Veteran	Female	48
18	01:47:35	2083	C	Lisa	Hudson-Peacock	Veteran	Female	44
19	01:47:53	2160	C	Sharon	Sleigh	Veteran	Female	49
20	01:49:12	1318	B	Amy	Coker	Veteran	Female	45
21	01:51:09	2035	C	Dehila	Dalrymple	Veteran	Female	44
22	01:51:54	3120	D	Onagh	Hunter	Veteran	Female	46
23	01:55:21	2382	C	Marina	Synnott	Veteran	Female	40
24	01:55:28	2060	C	Geniene	Fell	Veteran	Female	42
25	01:55:34	2054	C	Sarah	Elliott-Wetmore	Veteran	Female	45
26	02:02:12	2030	C	Renee	Cupido	Veteran	Female	43
27	02:07:31	2169	C	Heather	Taft	Veteran	Female	47
28	02:08:48	3186	D	Lauryl	Lorio	Veteran	Female	42
29	02:15:46	3151	D	Nicky	Petzer	Veteran	Female	44
30	02:23:36	2078	C	Lee-ann	Harris	Veteran	Female	49
31	02:29:28	2347	C	Elmarie	Bessinger	Veteran	Female	41

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:17:23	24	A	Niel	Hermann	Master	Male	58
2	01:18:26	1052	B	Arno	Lawrenz	Master	Male	50
3	01:23:52	55	A	Hans	Woermann	Master	Male	57
4	01:25:40	2200	C	Antony	Abate	Master	Male	50
5	01:27:13	1309	B	Mark	Hall	Master	Male	50
6	01:29:28	2084	C	Simon	Hudson-Peacock	Master	Male	51
7	01:30:46	2146	C	Christopher	Schnehaage	Master	Male	63
8	01:33:02	1103	B	Johann	Theron	Master	Male	59
9	01:35:15	2105	C	Hennie	Longland	Master	Male	53
10	01:35:20	1055	B	Nicolaas	Loubser	Master	Male	55
11	01:36:01	2082	C	John	Hill	Master	Male	58
12	01:36:08	1031	B	Ganief	Galvaan	Master	Male	57
13	01:37:54	2099	C	Desmond	Labuschagne	Master	Male	60
14	01:42:57	2374	C	Bryan	Mulliner	Master	Male	58
15	01:47:45	2380	C	Dion	Stevens	Master	Male	53
16	01:51:17	3018	D	Marius	Lorenzen	Master	Male	58
17	02:02:15	2000	C	Mogammad	Abdullatief	Master	Male	53
18	02:07:23	2157	C	Graeme	Searle	Master	Male	50
19	02:09:13	3013	D	Johan	Du Toit	Master	Male	60

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:27:17	1258	B	Maxine	Reilly	Master	Female	55
2	01:36:05	48	A	Paola	Vignani	Master	Female	53
3	01:36:40	153	A	Engela	Claasen	Master	Female	52
4	01:37:40	2155	C	Elvera	Schwan	Master	Female	55
5	01:37:57	1329	B	Penny	Ingram	Master	Female	61
6	01:41:00	2346	C	Kathleen	Basson	Master	Female	58
7	01:47:51	2504	C	Christa	Bredell	Master	Female	51
8	01:56:31	3298	D	Rose	Mills	Master	Female	58
9	02:09:00	1130	B	Sue	Paula Smith	Master	Female	52