



Spur Cape Summer Trail Series® 2017
Race 3 SHORT COURSE Challenge (7.5km)
Meerendal Wine Estate

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:21	4038	E	Dino	Adams	Open	Male	21
2	00:28:35	4126	E	Evan	Fortuin	Open	Male	26
3	00:28:43	4001	E	Gershon	Aziza	Junior	Male	16
4	00:28:50	4000	E	Daniel	Arendse	Junior	Male	16
5	00:28:54	4028	E	Nashief	Stemmet	Junior	Male	17
6	00:29:39	4016	E	Stephen	Millard	Junior	Male	15
7	00:29:46	4013	E	Llewellyn	Jacobs	Open	Male	30
8	00:30:23	4003	E	Clayton	Booyesen	Open	Male	34
9	00:30:45	4057	E	Herman	de la Guerre	Open	Male	19
10	00:31:52	4127	E	Alec	Botha	Junior	Male	15
11	00:32:46	4005	E	Alewyn	Burger	Open	Male	32
12	00:33:07	4110	E	Leslie	Chivell	Master	Male	61
13	00:33:15	4031	E	Ivor	Wright	Open	Male	31
14	00:33:23	4014	E	Junior	Beukes	Minimee	Male	13
15	00:33:28	5063	F	Jacques	Van Rensburg	Open	Male	34
16	00:33:49	6382	G	Christoff	Greyling	Open	Male	18
17	00:33:56	5315	F	Dirk	Kotzé	Open	Male	24
18	00:34:15	4002	E	Rudi	Bezuidenhout	Veteran	Male	41
19	00:34:25	4052	E	Deon	Bochnig	Minimee	Male	12
20	00:34:35	5160	F	Johann	Rankin	Open	Male	30
21	00:34:47	4125	E	Vaughan	Marshall	Open	Male	31
22	00:34:51	4064	E	Gary	Green	Master	Male	52
23	00:35:01	4138	E	Warren	Adler	Open	Male	37
24	00:35:32	4004	E	Josh	Broome	Open	Male	39
25	00:35:36	4054	E	Niklaas	Brümmer	Junior	Male	15
26	00:35:42	5309	F	Charl	Jooste	Open	Male	32
27	00:35:47	5348	F	Gavin	Millard	Veteran	Male	48
28	00:36:01	5321	F	Breda	Reed	Open	Male	20
29	00:36:30	5006	F	Andrew	Denny	Master	Male	54
30	00:36:45	4025	E	Richard	Rossiter	Master	Male	59
31	00:37:00	6280	G	Kelvin	Browning	Open	Male	26
32	00:37:17	5310	F	Francois	Jooste	Open	Male	34
33	00:37:21	4042	E	Neil	Barnard	Open	Male	30
34	00:37:33	5322	F	Natalie	Smit	Open	Female	31
35	00:37:39	4139	E	Christiaan	Engelbrecht	Minimee	Male	12
36	00:37:53	6261	G	Connor	Bax	Junior	Male	17
37	00:38:09	4106	E	Sean	Julius	Open	Male	21
38	00:38:17	5108	F	Jurgen	Geitner	Veteran	Male	44
39	00:38:19	5027	F	Dewaldt	Nieuwoudt	Open	Male	24
40	00:38:32	5040	F	Siraaj	Solomon	Open	Male	32
41	00:38:47	6330	G	David	Kaplan	Open	Male	38
42	00:39:31	4053	E	Jade	Bremner	Minimee	Female	14
43	00:39:39	4129	E	Andrew	Bremner	Veteran	Male	46
44	00:39:41	4032	E	Sydney	Roberts	Open	Male	35
45	00:39:52	5102	F	Francois	Du Toit	Open	Male	32
46	00:39:56	5025	F	Patrick	McCann	Master	Male	53
47	00:40:00	4024	E	Lollos	Rodseth	Master	Female	57
48	00:40:05	4119	E	Elmarie	Meyer	Open	Female	34
49	00:40:07	4123	E	Arnosjca	Santana	Open	Female	23
50	00:40:19	5064	F	Caro	Jordaan	Open	Female	25
51	00:40:22	5302	F	Jacques	Ackermann	Open	Male	33
52	00:40:22	6310	G	Matthew	de Haast	Open	Male	25
53	00:40:26	5014	F	Pieter	Engelbrecht	Open	Male	33
54	00:40:30	5037	F	Benita	Pretorius	Open	Female	32
55	00:40:35	4056	E	Ruan	De jongh	Open	Male	29
56	00:41:07	4051	E	Carla	Bochnig	Minimee	Female	12
57	00:41:11	5059	H	Roshaan	Solomon	Open	Female	23
58	00:41:19	4116	E	Michael	Peacock	Veteran	Male	44
59	00:41:26	6376	G	Hendrick	Moller	Open	Male	23
60	00:41:30	5294	F	Joseph	Rosendorff	Open	Male	18
61	00:41:33	5019	F	Nicolette	Herring	Veteran	Female	44
62	00:41:42	6328	G	Dylan	Johnstone	Open	Male	31
63	00:41:47	6393	G	Mike	Smit	Veteran	Male	46
64	00:41:56	6355	G	Francois	Smuts	Open	Male	30
65	00:41:56	5051	F	Danie	Nel	Open	Male	35
66	00:41:59	4041	E	Larize	De Wet	Open	Female	27
67	00:41:59	6199	G	Stian	Visagie	Open	Male	27
68	00:42:03	4059	E	Taryn	Doidge	Open	Female	31
69	00:42:19	5101	F	Werner	Du Preez	Open	Male	35
70	00:42:21	5277	F	Rentius	Engelbrecht	Open	Male	32
71	00:42:27	5220	F	JTM	Schoeman	Open	Male	35
72	00:42:30	6338	G	Ida	Kymmer	Open	Female	33
73	00:42:37	5011	F	Bill	Dunn	Veteran	Male	48
74	00:42:40	5462	F	Jacques	De Klerk	Veteran	Male	47
75	00:42:49	5328	F	Eugene	Laubscher	Open	Male	35
76	00:42:54	6392	G	Rebecca	Van Huyssteen	Open	Female	26
77	00:42:56	5041	F	Alfred	Temmers	Veteran	Male	49
78	00:42:59	6315	G	Darren	De Smit	Open	Male	26
79	00:43:01	6198	G	Niel	Visagie	Open	Male	30
80	00:43:03	5157	F	Leon	Rademan	Open	Male	35
81	00:43:05	5303	F	Dries	Bester	Open	Male	22
82	00:43:09	5320	F	Jan	Pickard	Open	Male	33
83	00:43:12	4122	E	Digby	Ryder	Veteran	Male	44
84	00:43:15	4022	E	Klaus	Rau	Open	Male	28
85	00:43:15	5259	F	Anel	Odendaal	Open	Female	30
86	00:43:24	4043	E	Frances	Fuchs	Veteran	Female	42
87	00:43:26	4135	E	Stacy	Opperman	Open	Female	24

88	00:43:28	4134	E	Rich	Elliot	Open	Male	27
89	00:43:29	5047	F	Anneke	Von Maltitz	Veteran	Female	40
90	00:43:31	5168	F	Stephen	Pietersen	Veteran	Male	42
91	00:43:33	5314	F	Wendy	Pace	Open	Female	32
92	00:43:35	5109	F	Christine	Greig	Minimee	Female	13
93	00:43:41	5189	F	Jayden	Menteath	Open	Male	32
94	00:43:50	5092	F	Christelle	Bremner	Veteran	Female	43
95	00:43:52	5351	F	Duan	Viljoen	Open	Male	32
96	00:43:53	4009	E	Lambert	Fick	Open	Male	24
97	00:43:53	6116	G	Wadda	Louw	Open	Male	32
98	00:44:02	4017	E	Pieter	Neethling	Veteran	Male	40
99	00:44:02	5454	F	Jared	Ruttenberg	Open	Male	33
100	00:44:07	5352	F	Dean	Nolte	Open	Male	34
101	00:44:10	5276	F	Inge	Brand	Open	Female	32
102	00:44:12	5013	F	Adelein	Engelbrecht	Open	Female	33
103	00:44:16	4140	E	Deborah	Chater	Open	Female	34
104	00:44:20	6396	G	Pierre	de Wet	Open	Male	37
105	00:44:27	5056	F	Renata	Bossi	Open	Female	20
106	00:44:30	6322	G	Marc	Ewing	Veteran	Male	40
107	00:44:34	4142	E	Lora	Engelbrecht	Junior	Female	15
108	00:44:35	6133	G	Modisaotsile	Moshweshwe	Open	Male	34
109	00:44:37	5012	F	Neil	Ebing	Master	Male	64
110	00:44:37	6302	G	Gertchen	Boonzaaier	Open	Male	31
111	00:44:46	5048	F	Christian	Wiesener	Veteran	Male	44
112	00:44:50	5311	F	Candice	Karreman	Open	Male	36
113	00:44:57	5312	F	Jade	Karreman	Open	Male	36
114	00:45:04	6141	G	Ashley	Novak	Open	Female	29
115	00:45:07	6395	G	Wes	Bayer	Open	Male	27
116	00:45:09	5461	F	Andre	Steenkamp	Open	Male	35
117	00:45:14	6019	G	Christopher	Boshoff	Open	Male	36
118	00:45:18	6013	G	Aliston	Beviss-Challinor	Open	Male	29
119	00:45:19	6146	G	Yolandé	Oosthuizen	Open	Female	26
120	00:45:26	5307	F	Junaid	Francis	Open	Male	31
121	00:45:38	4136	E	Dehlia	Dairymple	Veteran	Female	44
122	00:45:42	5452	F	Melandrie	Van der Westhuizen	Open	Female	24
123	00:45:45	5453	F	Kent	Stocken	Open	Female	24
124	00:45:49	6379	G	Anne	McNally	Open	Female	27
125	00:45:55	7153	H	Ramiz	Samsodien	Open	Male	29
126	00:45:56	6097	G	Dinaye	Hough	Open	Female	26
127	00:46:01	5234	F	George	Reed	Open	Male	38
128	00:46:04	5035	F	Mariska	Otto	Open	Female	26
129	00:46:07	5137	F	Carmen	van der Vyver	Open	Female	27
130	00:46:12	6118	G	David	Macdougall	Master	Male	51
131	00:46:15	6044	G	Roy	Davy	Open	Male	34
132	00:46:24	5327	F	Megan	Wood	Junior	Female	17
133	00:46:28	5304	F	Sybil	Bruckner	Open	Female	33
134	00:46:33	4296	E	Liezl	Van Rooyen	Open	Female	25
135	00:46:35	6321	G	Ragmah	Edwards	Open	Female	25
136	00:46:37	7353	H	Stuart	Walsh	Open	Male	36
137	00:46:45	6350	G	Karen	Louw	Open	Female	38
138	00:46:57	6334	G	Plerre	Muller	Open	Male	31
139	00:47:05	6309	G	Justin	Davids	Open	Male	31
140	00:47:09	6098	G	Geoff	Howard	Master	Male	51
141	00:47:10	5281	F	Garth	Klein	Veteran	Male	43
142	00:47:12	5075	F	Tania	Morkel	Master	Female	57
143	00:47:13	6289	G	Mariette	Conning	Open	Female	35
144	00:47:16	6377	G	Vincent	Osborne	Master	Male	56
145	00:47:18	6211	G	Karlien	Wright	Open	Female	34
146	00:47:20	4131	E	Janet	Pretorius	Veteran	Female	46
147	00:47:22	4130	E	Allen	Beverley	Veteran	Male	48
148	00:47:23	6115	G	Janice	Louw	Master	Female	50
149	00:47:26	6244	G	Jean	Bezuidenhout	Open	Male	27
150	00:47:28	5456	H	Kerryn	Ackermann	Open	Female	30
151	00:47:30	6048	G	Afzal	Dhansay	Master	Male	56
152	00:47:35	5255	F	Pierre	Nieuwoudt	Master	Male	53
153	00:47:39	6183	G	Lucas	Toussaint	Minimee	Male	12
154	00:47:43	5289	F	Juliet	Hazell	Open	Female	37
155	00:47:46	5003	F	Neil	Botha	Open	Male	35
156	00:47:46	5121	G	Thomas	Yell	Minimee	Male	12
157	00:47:51	6324	G	Guy	Fyvie	Veteran	Male	47
158	00:47:59	6364	G	Clifford	Van Ass	Master	Male	61
159	00:48:00	5460	F	Christo	Van Rensburg	Open	Male	23
160	00:48:02	6369	G	Chris I	van Niekerk	Open	Male	30
161	00:48:04	5060	F	Jonathan	Grant	Open	Male	28
162	00:48:05	6083	G	Natasha	Golding	Open	Female	28
163	00:48:06	5301	F	Estelle	Pickard	Open	Female	31
164	00:48:10	6106	G	Wilhelm	La Cock	Master	Male	52
165	00:48:11	5260	F	Frans	Odendaal	Open	Male	31
166	00:48:16	6166	G	Frans	Schutte	Master	Male	57
167	00:48:25	6386	G	Sandra	Haworth	Open	Male	36
168	00:48:38	6374	G	Nadine	Wolfaardt	Open	Female	26
169	00:48:40	5090	F	Natalie	Boruvka	Veteran	Female	42
170	00:48:43	6014	G	Herna	Beviss-Challinor	Open	Female	26
171	00:48:44	5329	F	Tracey	Van Heerden	Veteran	Female	42
172	00:48:48	4137	E	Teresa	Agnello	Open	Female	26
173	00:48:49	4121	F	Jackie	Hannaford	Open	Female	32
174	00:48:52	6304	G	Stephen	Bowler	Open	Male	28
175	00:48:54	4124	E	Jihaan	Spannenberg	Open	Female	38
176	00:48:58	4020	E	Novitzkas	Novitzkas	Veteran	Female	45
177	00:49:02	5070	F	Charl	Millar	Master	Male	54
178	00:49:13	7368	H	Michael	Smith	Veteran	Male	41
179	00:49:14	6150	G	Cornelis	Potgieter	Veteran	Male	42
180	00:49:16	7079	H	Phumelelo	Ngxonono	Veteran	Male	40
181	00:49:22	5325	F	Driekie	Van Dyk	Veteran	Female	42
182	00:49:23	6397	G	Raymond	Ford	Open	Male	36
183	00:49:33	4112	E	Abdullah	Solomon	Master	Male	60

184	00:49:39	6248	G	Monique	Verheem	Open	Female	29
185	00:49:41	7168	H	Laurenz Aldu	Cornelissen	Open	Male	28
186	00:49:57	6391	G	Karmi	de Villiers	Open	Female	16
187	00:50:00	7051	H	Jacques	Kriel	Open	Male	29
188	00:50:03	6385	G	Michelle	Stewart	Master	Female	55
189	00:50:08	7172	H	Charl	de Villiers	Open	Male	32
190	00:50:08	5200	F	Dion	Stevens	Master	Male	53
191	00:50:14	5110	F	Paul	Greig	Veteran	Male	47
192	00:50:15	6359	G	Helen	Morrissey	Open	Female	32
193	00:50:16	6358	G	Rohan	Meyer	Open	Male	30
194	00:50:18	6352	G	Roy	Sasman	Open	Male	38
195	00:50:21	6212	G	Timothy	Young	Open	Male	35
196	00:50:21	6353	G	Chris	Marais	Veteran	Male	40
197	00:50:22	6361	G	Anthea	Moys	Open	Female	36
198	00:50:38	7157	H	Beverley	Smyth	Veteran	Female	44
199	00:50:46	5023	F	Karliën	Loubser	Open	Female	27
200	00:50:51	5045	F	Leon	Van der Westhuizen	Veteran	Male	41
201	00:50:53	6365	G	Ruanda	Van Der Westhuizen	Open	Female	26
202	00:50:55	5247	F	Steve	Murphy	Veteran	Male	49
203	00:50:55	4105	E	Craig	Adams	Veteran	Male	44
204	00:50:58	6252	F	Ryan	Dellbridge	Peewee	Male	10
205	00:51:00	6249	F	Richard	Dellbridge	Veteran	Male	42
206	00:51:08	6326	G	Elize	Van der Westhuizen	Veteran	Female	47
207	00:51:18	6342	G	Danel	Liebenberg	Open	Female	23
208	00:51:20	6375	G	Danel	Liebenberg	Open	Female	23
209	00:51:22	5180	F	Lisa	Lourie	Open	Female	28
210	00:51:24	6341	G	Simone	Le Roux	Open	Female	26
211	00:51:26	5007	F	Lauren	Denny	Open	Female	21
212	00:51:30	6191	G	V	Van Vlaanderen	Open	Female	35
213	00:51:33	6363	G	Johan	Terblanche	Master	Male	53
214	00:51:33	5324	F	Brendan	Tighy	Open	Male	30
215	00:51:35	6160	G	John	Roux	Open	Male	22
216	00:51:35	5450	F	Amber	Taylor	Junior	Female	15
217	00:51:37	4128	E	Adel	Smit	Open	Female	33
218	00:51:37	6081	G	Carla	Glasspool	Open	Female	35
219	00:51:42	7328	H	Hannes	Kotzé	Master	Male	54
220	00:51:42	6140	G	Liam	Norman	Open	Male	22
221	00:51:44	6099	G	Aleks	Jablonska	Veteran	Female	40
222	00:51:46	6078	G	Jana	Gerryts	Junior	Female	17
223	00:51:48	5323	F	Marie	Swanepoel	Open	Female	36
224	00:51:51	6335	G	Ricahrd	Neppen	Veteran	Male	45
225	00:51:52	7262	H	Thinus	Kruger	Open	Male	25
226	00:51:54	6053	G	Lubina	Du Buisson	Veteran	Female	42
227	00:51:54	5326	F	Clifford	Van Rooyen	Open	Male	36
228	00:51:56	5458	F	Tania	Wiggins	Veteran	Female	41
229	00:51:56	7059	H	Coralee	Long	Open	Female	30
230	00:51:57	6052	G	Jean-Pierre	Du Buisson	Veteran	Male	48
231	00:52:02	7326	H	Colin	Ohlhoff	Open	Male	36
232	00:52:06	7088	H	Peter	Roos	Master	Male	53
233	00:52:06	6300	G	Emma	Dawber	Open	Female	27
234	00:52:08	6388	G	Leizle	Retief	Open	Female	38
235	00:52:10	6387	G	Andre	Retief	Master	Male	54
236	00:52:11	7251	H	Lizel	Jonker	Veteran	Female	40
237	00:52:15	5265	F	Melissa	Roos	Open	Female	30
238	00:52:16	5290	F	Steven	Mey	Veteran	Male	40
239	00:52:17	6329	G	Deonelle	Jooste	Open	Female	30
240	00:52:18	5207	F	Nastassja	Sonnekus	Open	Female	28
241	00:52:19	5130	F	Daniël	Viljoen	Open	Male	28
242	00:52:20	6373	G	Sallie	Winterbach	Master	Female	50
243	00:52:21	5317	F	Raissa	Mall	Open	Female	29
244	00:52:29	4300	E	Natasha	de Goede	Open	Female	38
245	00:52:38	7356	H	Tessa	Burrows	Open	Female	26
246	00:52:40	6103	G	Sophia	Karayianis	Open	Female	31
247	00:52:43	6311	G	Mari-louise	De Kock	Veteran	Female	40
248	00:52:47	6303	G	Chris	Botha	Open	Male	39
249	00:52:47	7306	H	Yoann	Bleusez	Open	Male	39
250	00:52:51	6343	G	Lisette	Lombard	Veteran	Female	40
251	00:52:53	6394	G	Marguente	Schutte	Open	Female	27
252	00:52:55	7097	H	Odette	Strydom	Open	Female	31
253	00:52:55	6320	G	Velia	Duncan	Veteran	Female	43
254	00:52:55	5164	F	Stephen	Robertson	Open	Male	33
255	00:52:56	5217	F	Lambert	Schwartz	Veteran	Male	43
256	00:52:57	7151	H	Chienne	Wolmarans	Open	Male	37
257	00:52:57	6059	G	Andy	Duncan	Veteran	Male	41
258	00:53:00	6319	G	Mike	Duncan	Veteran	Male	43
259	00:53:02	4033	E	Graham	King	Open	Male	32
260	00:53:04	5005	F	Theuns	De Waal	Master	Male	50
261	00:53:06	4298	E	Ziglinde	de Jager	Open	Female	27
262	00:53:08	6037	G	Chris	Clark	Master	Male	74
263	00:53:09	4299	E	Cobie	Van Staden	Open	Female	35
264	00:53:13	7087	H	Caryn	Prentice	Open	Female	23
265	00:53:15	5144	H	Linda	Theron	Veteran	Female	42
266	00:53:23	6145	G	Diana	Oosthuizen	Open	Female	37
267	00:53:23	5001	F	Jared	Barker	Open	Male	30
268	00:53:24	7082	H	Gerhard	Olivier	Open	Male	35
269	00:53:27	6087	G	Riaan	Groenewald	Veteran	Male	47
270	00:53:29	6332	G	Matthew	Knoetze	Open	Male	34
271	00:53:31	4084	E	Candice	Fraser	Open	Female	30
272	00:53:37	6389	G	Cmarl	Plaut	Open	Male	33
273	00:53:40	7036	H	Shakeel	Hoosain	Open	Male	29
274	00:53:44	6333	G	Andries	Kotze	Open	Male	23
275	00:53:44	4098	E	Adam	Deane	Open	Male	30
276	00:53:47	7362	H	Christelle	de Klerk	Open	Female	29
277	00:53:51	7218	H	Hilary	Gardner	Open	Female	39
278	00:53:59	6380	G	Edda	De Paiva	Veteran	Female	44
279	00:54:04	5298	F	Zoe	Kooyman	Open	Female	32

280	00:54:08	6072	G	Wayne	Francis	Master	Male	51
281	00:54:09	7317	H	Marc	Earnshaw	Open	Male	38
282	00:54:12	6088	G	Michele	Groenewaldt	Master	Female	52
283	00:54:15	6336	G	Nicolene	Olivier	Open	Female	20
284	00:54:18	6383	G	Craig	Edwards	Open	Male	30
285	00:54:22	7171	H	Simone	Das Neves	Veteran	Female	45
286	00:54:26	7156	H	Anthony	Smyth	Veteran	Male	46
287	00:54:27	6367	G	Fran	van Dorsten	Open	Female	27
288	00:54:34	7329	H	Romien	Kotzé	Master	Female	53
289	00:54:34	5316	F	Leith	Krause	Peewee	Male	8
290	00:54:42	6216	G	Claire	Geel	Open	Female	29
291	00:54:55	7113	H	Nicola	Van Niekerk	Open	Female	19
292	00:54:58	6306	G	Elaine	Broekman	Veteran	Female	41
293	00:55:03	7246	H	Mohammed Irfaan	Imamdin	Open	Male	30
294	00:55:03	6155	G	Margie	Richter Wilmot	Master	Female	51
295	00:55:05	6177	G	Marius	Swanepoel	Master	Male	57
296	00:55:11	7037	H	Mark	Hutchinson	Master	Male	59
297	00:55:13	5319	F	Erich	Maritz	Veteran	Male	44
298	00:55:14	7334	H	Christiaan	le roux	Open	Male	28
299	00:55:17	5457	F	Mario	Arrow	Veteran	Male	42
300	00:55:18	6034	G	Claudia	Chamberlain	Open	Female	35
301	00:55:19	5256	F	Ronel	Nieuwoudt	Master	Female	53
302	00:55:20	6158	G	Karin	Roos	Open	Female	28
303	00:55:22	5449	F	Roxine	Van der Merwe	Open	Female	34
304	00:55:33	6340	G	Magriet	Le roux	Open	Female	38
305	00:55:35	6327	G	Melanie	Jacobs	Open	Female	39
306	00:55:38	7367	H	Schalk	Van der Westhuizen	Open	Male	33
307	00:55:38	7358	H	Margaux	Tate	Open	Female	24
308	00:55:40	7359	H	Leana	Van Wyk	Open	Female	33
309	00:55:41	7033	H	Lauren	Ungerer	Open	Female	20
310	00:55:43	6318	G	Llewellyn Roux	Du Toit	Open	Male	34
311	00:55:43	7357	H	Jacques	de Villiers	Open	Male	25
312	00:55:45	7365	H	Nicole	Rooi	Open	Female	27
313	00:55:52	6339	G	Anel	Schoonees	Open	Female	33
314	00:55:56	6349	G	Jason Barry	Rogers	Open	Male	37
315	00:56:02	6172	G	Mark	Simmers	Open	Male	38
316	00:56:05	6201	G	Annick	Walsdorff	Veteran	Female	44
317	00:56:12	6124	G	Adele	McCann	Master	Female	59
318	00:56:16	6194	G	Estelle	Verburgh	Master	Female	52
319	00:56:19	6344	G	Antoinette	Petim	Open	Female	39
320	00:56:28	6153	G	Justine	Renaut	Veteran	Female	44
321	00:56:32	5279	F	Cayley	Hefer	Minimee	Female	14
322	00:56:35	6217	G	Jenna	De Beer	Open	Female	29
323	00:56:40	6036	G	Peter	Chetty	Veteran	Male	40
324	00:56:42	6205	G	Dean	Wentzel	Master	Male	51
325	00:56:43	7343	H	Colleen	Rae	Veteran	Female	47
326	00:56:44	6323	G	Karen	Froneman	Open	Female	28
327	00:56:45	7032	H	Elmare	Herring	Veteran	Female	47
328	00:56:47	6372	G	Seth	Whitehead	Open	Male	28
329	00:56:47	7344	H	Martin	Rae	Veteran	Male	47
330	00:56:49	6390	G	Marelizee	Van Zyl	Open	Female	39
331	00:56:51	5353	F	Desmond	O'connor	Veteran	Male	42
332	00:56:52	7110	H	Kathie	Troost	Master	Female	58
333	00:56:57	6035	G	Mark	Chamberlain	Master	Male	51
334	00:57:01	5152	F	Simon	Power	Open	Male	33
335	00:57:03	7103	H	Gustav	Terblanche	Open	Male	36
336	00:57:04	6262	G	Stephen	Bax	Master	Male	51
337	00:57:05	7053	H	Thelma	Krugel	Master	Female	54
338	00:57:07	7052	H	Gawie	Krugel	Master	Male	55
339	00:57:07	6090	G	Sean	Harris	Master	Male	52
340	00:57:08	5034	F	Benjamin	Otto	Open	Male	26
341	00:57:16	6331	G	Siyasanga	Khonqo	Open	Female	31
342	00:57:17	7308	H	Tracy	Bryon	Veteran	Female	46
343	00:57:22	7112	H	Marili	van der walt	Open	Female	26
344	00:57:26	5165	F	Benjamin	Rockstroh	Open	Male	35
345	00:57:29	6384	F	Nataliya	Pzotsenko	Open	Female	39
346	00:57:30	6032	G	Carstens	Carstens	Open	Female	33
347	00:57:35	6206	G	Samantha	Wentzel	Veteran	Female	49
348	00:57:36	6096	G	Muneeb	Hoosain	Open	Male	31
349	00:57:37	7132	H	Juliet	Thomatos	Veteran	Female	40
350	00:57:38	7133	H	Sandra	Delpport	Veteran	Female	47
351	00:57:41	6229	G	Lourens	Vlotman	Open	Male	30
352	00:57:41	6054	G	Michelle	Du Preez	Open	Female	33
353	00:57:44	6290	G	Tarryn	Corbishley	Open	Female	29
354	00:57:45	6085	G	Natelle	Goosen	Open	Female	26
355	00:57:48	7345	H	Andrea	Razzano	Open	Female	35
356	00:57:50	7105	H	Melissa	Theunissen	Open	Female	38
357	00:57:53	7340	H	Simone	Mounton	Open	Female	33
358	00:57:56	7321	H	Monique	Hearn	Open	Female	37
359	00:57:59	7348	H	Ciska	Steenkamp	Veteran	Female	48
360	00:58:03	7315	H	Eljohna	Du Toit	Veteran	Female	44
361	00:58:10	7020	H	Werner	Engelbrecht	Veteran	Male	46
362	00:58:14	7031	H	Nabeelah	Hendricks	Open	Female	29
363	00:58:19	7288	H	Loots	Loots	Veteran	Female	44
364	00:58:23	7066	H	Nicole	Moore-Kriel	Open	Female	30
365	00:58:27	7371	H	Priyanka	Moodley	Open	Female	25
366	00:58:53	5455	F	Eva	Rienhardy	Master	Female	54
367	00:58:54	6076	G	Hendrik	Gerryts	Veteran	Male	49
368	00:58:58	6186	G	Sarel	Uys	Veteran	Male	45
369	00:59:01	7115	H	Marge	van Vuuren	Master	Female	56
370	00:59:04	7311	H	Gavin	Conlon	Master	Male	55
371	00:59:09	7336	H	Charne	Loftus	Open	Female	29
372	00:59:14	6006	G	Ilse	Appel	Open	Female	38
373	00:59:20	7361	H	Nicola	Rossouw	Open	Female	28
374	00:59:20	6268	G	Wilhelm	Beyers	Open	Male	26
375	00:59:26	5057	F	Marianne	Nelson	Master	Female	73

376	00:59:30	7101	H	Peter	Taylor	Veteran	Male	42
377	00:59:31	6159	G	Dawn	Rossiter	Master	Female	60
378	00:59:33	7335	H	Elana	le roux	Open	Female	28
379	00:59:34	5459	F	Ansaawf	Jakoet	Open	Female	33
380	00:59:44	5172	F	Stephanie	Kruger	Open	Female	30
381	00:59:49	7372	H	Chris	Jackson	Open	Male	31
382	01:00:01	4065	E	Trinette	Havemann	Open	Female	32
383	01:00:04	7338	H	Sian	Martin	Open	Female	26
384	01:00:10	7352	H	Annelien	Van Wyk	Open	Female	39
385	01:00:16	6305	G	Nini	Brasseur	Veteran	Female	45
386	01:00:30	7236	H	Carlin	Hendricks	Open	Female	36
387	01:00:34	7214	H	Kayleen	Fredericks	Veteran	Female	46
388	01:00:36	7008	H	Xanthe	Botten	Open	Female	30
389	01:00:39	7025	H	Goose	Gardner	Open	Male	28
390	01:00:49	7078	H	Lusanda	Ngxonono	Open	Female	38
391	01:00:55	6239	G	Maridi	Jooste	Open	Female	32
392	01:01:05	7323	H	Edna	Jackson	Veteran	Female	40
393	01:01:12	6065	G	Anschen	Fisher	Open	Female	24
394	01:01:16	6068	G	Zandri	Fisher	Open	Female	22
395	01:02:00	6378	G	Thomas	Osborne	Open	Male	32
396	01:02:03	7355	H	Daniella	Wood	Junior	Female	12
397	01:02:05	5010	F	Rianza	du Toit	Open	Female	18
398	01:02:15	6050	G	Karen	Dorfling	Veteran	Female	49
399	01:02:19	6049	G	Andrew	Dorfling	Master	Male	52
400	01:02:19	7227	H	Saberah	Gumede	Open	Female	30
401	01:02:49	5009	F	Riana	du Toit	Veteran	Female	46
402	01:02:49	7028	H	Julien	Geffroy	Open	Male	37
403	01:02:49	4073	E	Waheeb	Slarmie	Veteran	Male	46
404	01:02:54	6058	G	Takawira	Dube	Open	Male	31
405	01:03:07	6366	G	Marelize	van Eck	Open	Female	33
406	01:03:40	6381	G	Tharine	Van der Westhuizen	Open	Female	27
407	01:03:44	5206	F	Yolanda	Soobramoney	Open	Female	31
408	01:03:44	4072	E	Zuriena	Slarmie	Veteran	Female	42
409	01:03:54	6067	G	Natasha Fisher	Fisher	Veteran	Female	43
410	01:04:13	6347	G	Neil	Louw	Open	Male	37
411	01:04:16	6348	G	Annali	Louw	Open	Female	39
412	01:04:26	6113	G	Chloe	Lotter	Open	Female	38
413	01:04:26	7023	H	ezette	fourie	Open	Female	36
414	01:04:29	6337	G	Nicolette	Parker	Open	Female	30
415	01:04:40	7364	H	Ashley	Herold	Open	Male	32
416	01:04:45	6213	G	Nicola	Ammermann	Open	Female	35
417	01:05:22	4132	E	Graham	Beverley	Open	Male	36

418	01:05:27	4133	E	Wayne	Borcherds	Open	Male	33
419	01:05:28	7075	H	Estella	Neethling	Open	Female	36
420	01:05:36	7363	H	Simone	Herold	Open	Female	32
421	01:05:52	7170	H	Dalila	Das Neves	Veteran	Female	40
422	01:06:34	7275	H	Laura	O'Neill	Open	Female	20
423	01:06:37	7327	H	Garry	O'Neill	Veteran	Male	49
424	01:07:00	7366	H	donovan	Rooi	Open	Male	32
425	01:08:03	6108	G	Marie-Louise	Lerm	Open	Female	26
426	01:08:32	5350	F	Garren	Van Rensburg	Veteran	Male	42
427	01:08:36	5349	F	Ilze	Van Rensburg	Veteran	Female	41
428	01:08:55	7067	H	Colleen	Moss	Veteran	Female	48
429	01:09:08	5145	F	Isabella	Theron	Peewee	Female	8
430	01:09:12	5146	F	Hugo	Theron	Veteran	Male	44
431	01:09:13	7004	H	Lindsay	Barrett	Open	Female	34
432	01:09:15	4297	F	Theonie	Du Plessis	Veteran	Female	46
433	01:09:37	6165	G	Jessica	Scholefield	Open	Female	29
434	01:09:56	7325	H	Fiona	Kinsey	Open	Female	27
435	01:10:41	7318	H	Bernard	Faul	Open	Male	28
436	01:10:44	7373	H	Somari	da Eoit	Open	Female	28
437	01:11:17	7341	H	Sue	Proudfoot	Veteran	Female	46
438	01:12:27	7013	H	Robbie	Dallas-Orr	Master	Male	76
439	01:12:30	7012	H	Lindsey	Dallas-Orr	Master	Female	68
440	01:12:39	7369	H	Priya	Soobramoney	Open	Female	37
441	01:12:42	7331	H	Darryn	Padayachee	Open	Male	29
442	01:12:50	7304	H	Tracy	Berry	Veteran	Female	44
443	01:13:12	6070	G	Juliet	Francis	Veteran	Female	49
444	01:13:26	7200	H	Lynne-Mare	Engelbrecht	Open	Female	26
445	01:13:40	7324	H	Kim	Keyser	Open	Female	33
446	01:14:04	7068	H	Maggie	Mostert	Veteran	Female	46
447	01:14:46	6173	G	Farryl	Singh	Veteran	Male	40
448	01:15:15	7350	H	Mariska	Swart	Open	Female	26
449	01:15:28	6360	G	Amanda	Terblanche	Veteran	Female	40
450	01:15:33	6345	G	Norio	Petim	Veteran	Male	42
451	01:15:47	5208	F	Tashkeen	Solomon	Open	Female	30
452	01:16:23	7009	H	Margeaux	Burger	Open	Female	36
453	01:16:25	7011	H	Colleen	Cross	Open	Female	36
454	01:16:36	7134	H	Fatima	Moolla	Veteran	Female	43
455	01:16:44	6161	G	Faadiela	Ryklief	Open	Female	48
456	01:16:45	7095	H	shamiela	sonday	Veteran	Female	44
457	01:16:50	7019	H	Zarina	Ebrahim	Veteran	Female	41
458	01:18:02	5451	F	Lyau	Luyt	Open	Female	34
459	01:19:49	7148	H	Bonaezo	Harding	Master	Female	62
460	01:21:03	7071	H	Garth	Munnik	Open	Male	33
461	01:21:06	7073	H	Veena	Naran	Open	Female	30
462	01:23:29	7263	H	Lisa-Joy	Wilson	Open	Female	27
463	01:23:31	7002	H	Nazmeera	Allie	Open	Female	37
464	01:25:12	7307	H	Lood	Bower	Master	Male	53
465	01:25:15	7354	H	Natacha	Wilczewski-Healey	Open	Female	35
466	01:25:17	7349	H	Lizelle	Swart	Veteran	Female	43
467	01:29:14	7332	H	Brendan	Langeveldt	Master	Male	54
468	01:29:19	7333	H	Petra	Langeveldt	Master	Female	53
469	01:31:44	6356	G	Tamlyn	Melville	Open	Female	31
470	01:33:41	7360	F	Merle	Willmore	Master	Female	65

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:21	4038	E	Dino	Adams	Open	Male	21
2	00:28:35	4126	E	Evan	Fortuin	Open	Male	26
3	00:29:46	4013	E	Llewellyn	Jacobs	Open	Male	30
4	00:30:23	4003	E	Clayton	Booyesen	Open	Male	34
5	00:30:45	4057	E	Herman	de la Guerre	Open	Male	19
6	00:32:46	4005	E	Alewyn	Burger	Open	Male	32
7	00:33:15	4031	E	Ivor	Wright	Open	Male	31
8	00:33:28	5063	F	Jacques	Van Rensburg	Open	Male	34
9	00:33:49	6382	G	Christoff	Greyling	Open	Male	18
10	00:33:56	5315	F	Dirk	Kotzé	Open	Male	24
11	00:34:35	5160	F	Johann	Rankin	Open	Male	30
12	00:34:47	4125	E	Vaughan	Marshall	Open	Male	31
13	00:35:01	4138	E	Warren	Adler	Open	Male	37
14	00:35:32	4004	E	Josh	Broome	Open	Male	39
15	00:35:42	5309	F	Charl	Jooste	Open	Male	32
16	00:36:01	5321	F	Breda	Reed	Open	Male	20
17	00:37:00	6280	G	Kelvin	Browning	Open	Male	26
18	00:37:17	5310	F	Francois	Jooste	Open	Male	34
19	00:37:21	4042	E	Neil	Barnard	Open	Male	30
20	00:37:53	6261	G	Connor	Bax	Open	Male	17
21	00:38:09	4106	E	Sean	Julius	Open	Male	21
22	00:38:19	5027	F	Dewaldt	Nieuwoudt	Open	Male	24
23	00:38:32	5040	F	Siraaj	Solomon	Open	Male	32
24	00:38:47	6330	G	David	Kaplan	Open	Male	38
25	00:39:41	4032	E	Sydney	Roberts	Open	Male	35
26	00:39:52	5102	F	Francois	Du Toit	Open	Male	32
27	00:40:22	5302	F	Jacques	Ackermann	Open	Male	33
28	00:40:22	6310	G	Matthew	de Haast	Open	Male	25
29	00:40:26	5014	F	Pieter	Engelbrecht	Open	Male	33
30	00:40:35	4056	E	Ruan	De jongh	Open	Male	29
31	00:41:26	6376	G	Hendrick	Moller	Open	Male	23
32	00:41:30	5294	F	Joseph	Rosendorff	Open	Male	18
33	00:41:42	6328	G	Dylan	Johnstone	Open	Male	31
34	00:41:56	6355	G	Francois	Smuts	Open	Male	30
35	00:41:56	5051	F	Danie	Nel	Open	Male	35
36	00:41:59	6199	G	Stian	Visagie	Open	Male	27
37	00:42:19	5101	F	Werner	Du Preez	Open	Male	35
38	00:42:21	5277	F	Rentius	Engelbrecht	Open	Male	32
39	00:42:27	5220	F	JTM	Schoeman	Open	Male	35
40	00:42:49	5328	F	Eugene	Laubscher	Open	Male	35
41	00:42:59	6315	G	Darren	De Smit	Open	Male	26
42	00:43:01	6198	G	Niel	Visagie	Open	Male	30
43	00:43:03	5157	F	Leon	Rademan	Open	Male	35
44	00:43:05	5303	F	Dries	Bester	Open	Male	22
45	00:43:09	5320	F	Jan	Pickard	Open	Male	33
46	00:43:15	4022	E	Klaus	Rau	Open	Male	28
47	00:43:28	4134	E	Rich	Elliot	Open	Male	27
48	00:43:41	5189	F	Jayden	Menteath	Open	Male	32
49	00:43:52	5351	F	Duan	Viljoen	Open	Male	32
50	00:43:53	4009	E	Lambert	Fick	Open	Male	24
51	00:43:53	6116	G	Wadda	Louw	Open	Male	32
52	00:44:02	5454	F	Jared	Ruttenberg	Open	Male	33
53	00:44:07	5352	F	Dean	Nolte	Open	Male	34
54	00:44:20	6396	G	Pierre	de Wet	Open	Male	37
55	00:44:35	6133	G	Modisaotsile	Moshweshwe	Open	Male	34
56	00:44:37	6302	G	Gertchen	Boonzaaier	Open	Male	31
57	00:44:50	5311	F	Candice	Karreman	Open	Male	36
58	00:44:57	5312	F	Jade	Karreman	Open	Male	36
59	00:45:07	6395	G	Wes	Bayer	Open	Male	27
60	00:45:09	5461	F	Andre	Steenkamp	Open	Male	35
61	00:45:14	6019	G	Christopher	Boshoff	Open	Male	36
62	00:45:18	6013	G	Aliston	Beviss-Challinor	Open	Male	29
63	00:45:26	5307	F	Junaid	Francis	Open	Male	31
64	00:45:55	7153	H	Ramiz	Samsodien	Open	Male	29
65	00:46:01	5234	F	George	Reed	Open	Male	38
66	00:46:15	6044	G	Roy	Davy	Open	Male	34
67	00:46:37	7353	H	Stuart	Walsh	Open	Male	36
68	00:46:57	6334	G	Pierre	Muller	Open	Male	31
69	00:47:05	6309	G	Justin	Davids	Open	Male	31
70	00:47:26	6244	G	Jean	Bezuidenhout	Open	Male	27
71	00:47:46	5003	F	Neil	Botha	Open	Male	35
72	00:48:00	5460	F	Christo	Van Rensburg	Open	Male	23
73	00:48:02	6369	G	Chris I	van Niekerk	Open	Male	30
74	00:48:04	5060	F	Jonathan	Grant	Open	Male	28
75	00:48:11	5260	F	Frans	Odendaal	Open	Male	31
76	00:48:25	6386	G	Sandra	Haworth	Open	Male	36
77	00:48:52	6304	G	Stephen	Bowler	Open	Male	28
78	00:49:23	6397	G	Raymond	Ford	Open	Male	36
79	00:49:41	7168	H	Laurenz Aldu	Cornelissen	Open	Male	28
80	00:50:00	7051	H	Jacques	Kriel	Open	Male	29
82	00:50:16	6358	G	Rohan	Meyer	Open	Male	30
83	00:50:18	6352	G	Roy	Sasman	Open	Male	38
84	00:50:21	6212	G	Timothy	Young	Open	Male	35
85	00:51:33	5324	F	Brendan	Tighy	Open	Male	30
86	00:51:35	6160	G	John	Roux	Open	Male	22
87	00:51:42	6140	G	Liam	Norman	Open	Male	22
88	00:51:52	7262	H	Thinus	Kruger	Open	Male	25
89	00:51:54	5326	F	Clifford	Van Rooyen	Open	Male	36
90	00:52:02	7326	H	Colin	Ohlhoff	Open	Male	36
91	00:52:19	5130	F	Daniël	Viljoen	Open	Male	28
92	00:52:47	6303	G	Chris	Botha	Open	Male	39
93	00:52:47	7306	H	Yoann	Bleusez	Open	Male	39
94	00:52:55	5164	F	Stephen	Robertson	Open	Male	33

95	00:52:57	7151	H	Chienne	Wolmarans	Open	Male	37
96	00:53:02	4033	E	Graham	King	Open	Male	32
97	00:53:23	5001	F	Jared	Barker	Open	Male	30
98	00:53:24	7082	H	Gerhard	Olivier	Open	Male	35
99	00:53:29	6332	G	Matthew	Knoetze	Open	Male	34
100	00:53:37	6389	G	Cmarl	Plaut	Open	Male	33
101	00:53:40	7036	H	Shakeel	Hoosain	Open	Male	29
102	00:53:44	6333	G	Andries	Kotze	Open	Male	23
103	00:53:44	4098	E	Adam	Deane	Open	Male	30
104	00:54:09	7317	H	Marc	Earnshaw	Open	Male	38
105	00:54:18	6383	G	Craig	Edwards	Open	Male	30
106	00:55:03	7246	H	Mohammed Irfaan	Imamdin	Open	Male	30
107	00:55:14	7334	H	Christiaan	le roux	Open	Male	28
108	00:55:38	7367	H	Schalk	Van der Westhuizen	Open	Male	33
109	00:55:43	6318	G	Llewellyn Roux	Du Toit	Open	Male	34
110	00:55:43	7357	H	Jacques	de Villiers	Open	Male	25
111	00:55:56	6349	G	Jason Barry	Rogers	Open	Male	37
112	00:56:02	6172	G	Mark	Simmers	Open	Male	38
113	00:56:47	6372	G	Seth	Whitehead	Open	Male	28
114	00:57:01	5152	F	Simon	Power	Open	Male	33
115	00:57:03	7103	H	Gustav	Terblanche	Open	Male	36
116	00:57:08	5034	F	Benjamin	Otto	Open	Male	26
117	00:57:26	5165	F	Benjamin	Rockstroh	Open	Male	35
118	00:57:36	6096	G	Muneeb	Hoosain	Open	Male	31
119	00:57:41	6229	G	Lourens	Vlotman	Open	Male	30
120	00:59:20	6268	G	Wilhelm	Beyers	Open	Male	26
121	00:59:49	7372	H	Chris	Jackson	Open	Male	31
122	01:00:39	7025	H	Goose	Gardner	Open	Male	28
123	01:02:00	6378	G	Thomas	Osborne	Open	Male	32
124	01:02:49	7028	H	Julien	Geffroy	Open	Male	37
125	01:02:54	6058	G	Takawira	Dube	Open	Male	31
126	01:04:13	6347	G	Neil	Louw	Open	Male	37
127	01:04:40	7364	H	Ashley	Herold	Open	Male	32
128	01:05:22	4132	E	Graham	Beverley	Open	Male	36
129	01:05:27	4133	E	Wayne	Borcherds	Open	Male	33
130	01:07:00	7366	H	Donovan	Rooi	Open	Male	32
131	01:10:41	7318	H	Bernard	Faul	Open	Male	28
132	01:12:42	7331	H	Darryn	Padayachee	Open	Male	29
133	01:21:03	7071	H	Garth	Munnik	Open	Male	33

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:37:33	5322	F	Natalie	Smit	Open	Female	31
2	00:40:05	4119	E	Elmarie	Meyer	Open	Female	34
3	00:40:07	4123	E	Arnosjca	Santana	Open	Female	23
4	00:40:19	5064	F	Caro	Jordaan	Open	Female	25
5	00:40:30	5037	F	Benita	Pretorius	Open	Female	32
6	00:41:11	5059	H	Roshaan	Solomon	Open	Female	23
7	00:41:59	4041	E	Larize	De Wet	Open	Female	27
8	00:42:03	4059	E	Taryn	Doidge	Open	Female	31
9	00:42:30	6338	G	Ida	Kymmmer	Open	Female	33
10	00:42:54	6392	G	Rebecca	Van Huyssteen	Open	Female	26
11	00:43:15	5259	F	Anel	Odendaal	Open	Female	30
12	00:43:26	4135	E	Stacy	Opperman	Open	Female	24
13	00:43:33	5314	F	Wendy	Pace	Open	Female	32
14	00:44:10	5276	F	Inge	Brand	Open	Female	32
15	00:44:12	5013	F	Adelein	Engelbrecht	Open	Female	33
16	00:44:16	4140	E	Deborah	Chater	Open	Female	34
17	00:44:27	5056	F	Renata	Bossi	Open	Female	20
18	00:45:04	6141	G	Ashley	Novak	Open	Female	29
19	00:45:19	6146	G	Yolandé	Oosthuizen	Open	Female	26
20	00:45:42	5452	F	Melandrie	Van der Westhuizen	Open	Female	24
21	00:45:45	5453	F	Kent	Stocken	Open	Female	24
22	00:45:49	6379	G	Anne	McNally	Open	Female	27
23	00:45:56	6097	G	Dinaye	Hough	Open	Female	26
24	00:46:04	5035	F	Mariska	Otto	Open	Female	26
25	00:46:07	5137	F	Carmen	van der Vyver	Open	Female	27
26	00:46:28	5304	F	Sybil	Bruckner	Open	Female	33
27	00:46:33	4296	E	Liezl	Van Rooyen	Open	Female	25
28	00:46:35	6321	G	Ragmah	Edwards	Open	Female	25
29	00:46:45	6350	G	Karen	Louw	Open	Female	38
30	00:47:13	6289	G	Mariette	Conning	Open	Female	35
31	00:47:18	6211	G	Karlien	Wright	Open	Female	34
32	00:47:28	5456	H	Kerryn	Ackermann	Open	Female	30
33	00:47:43	5289	F	Juliet	Hazell	Open	Female	37
34	00:48:05	6083	G	Natasha	Golding	Open	Female	28
35	00:48:06	5301	F	Estelle	Pickard	Open	Female	31
36	00:48:38	6374	G	Nadine	Wolfaardt	Open	Female	26
37	00:48:43	6014	G	Herna	Beviss-Challinor	Open	Female	26
38	00:48:48	4137	E	Teresa	Agnello	Open	Female	26
39	00:48:49	4121	F	Jackie	Hannaford	Open	Female	32
40	00:48:54	4124	E	Jihaan	Spannenberg	Open	Female	38
41	00:49:39	6248	G	Monique	Verheem	Open	Female	29
42	00:49:57	6391	G	Karmi	de Villiers	Open	Female	16
43	00:50:15	6359	G	Helen	Morrissey	Open	Female	32
44	00:50:22	6361	G	Anthea	Moys	Open	Female	36
45	00:50:46	5023	F	Karlien	Loubser	Open	Female	27
46	00:50:53	6365	G	Ruanda	Van Der Westhuizen	Open	Female	26
47	00:51:18	6342	G	Danel	Liebenberg	Open	Female	23
48	00:51:20	6375	G	Danel	Liebenberg	Open	Female	23
49	00:51:22	5180	F	Lisa	Lourie	Open	Female	28
50	00:51:24	6341	G	Simone	Le Roux	Open	Female	26
51	00:51:26	5007	F	Lauren	Denny	Open	Female	21
52	00:51:30	6191	G	Megan	Van Vlaanderen	Open	Female	35
53	00:51:37	4128	E	Adel	Smit	Open	Female	33
54	00:51:37	6081	G	Carla	Glasspool	Open	Female	35
55	00:51:48	5323	F	Marie	Swanepoel	Open	Female	36
56	00:51:56	7059	H	Coralee	Long	Open	Female	30
57	00:52:06	6300	G	Emma	Dawber	Open	Female	27
58	00:52:08	6388	G	Leizle	Retief	Open	Female	38
59	00:52:15	5265	F	Melissa	Roos	Open	Female	30
60	00:52:17	6329	G	Deonelle	Jooste	Open	Female	30
61	00:52:18	5207	F	Nastassja	Sonnekus	Open	Female	28
62	00:52:21	5317	F	Raissa	Mall	Open	Female	29
63	00:52:29	4300	E	Natasha	de Goede	Open	Female	38
64	00:52:38	7356	H	Tessa	Burrows	Open	Female	26
65	00:52:40	6103	G	Sophia	Karayianis	Open	Female	31
66	00:52:53	6394	G	Marguente	Schutte	Open	Female	27
67	00:52:55	7097	H	Odetta	Strydom	Open	Female	31
68	00:53:06	4298	E	Ziglinde	de Jager	Open	Female	27
69	00:53:09	4299	E	Cobie	Van Staden	Open	Female	35
70	00:53:13	7087	H	Caryn	Prentice	Open	Female	23
71	00:53:23	6145	G	Diana	Oosthuizen	Open	Female	37
72	00:53:31	4084	E	Candice	Fraser	Open	Female	30
73	00:53:47	7362	H	Christelle	de Klerk	Open	Female	29
74	00:53:51	7218	H	Hilary	Gardner	Open	Female	39
75	00:54:04	5298	F	Zoe	Kooyman	Open	Female	32
76	00:54:15	6336	G	Nicolene	Olivier	Open	Female	20
77	00:54:27	6367	G	Fran	van Dorsten	Open	Female	27
78	00:54:42	6216	G	Claire	Geel	Open	Female	29
79	00:54:55	7113	H	Nicola	Van Niekerk	Open	Female	19
80	00:55:00	7154	H	Yumna	Ismail	Open	Female	28
81	00:55:18	6034	G	Claudia	Chamberlain	Open	Female	35
82	00:55:20	6158	G	Karin	Roos	Open	Female	28
83	00:55:22	5449	F	Roxine	Van der Merwe	Open	Female	34
84	00:55:33	6340	G	Magriet	Le roux	Open	Female	38
85	00:55:35	6327	G	Melanie	Jacobs	Open	Female	39
86	00:55:38	7358	H	Margaux	Tate	Open	Female	24
87	00:55:40	7359	H	Leana	Van Wyk	Open	Female	33
88	00:55:41	7033	H	Lauren	Ungerer	Open	Female	20
89	00:55:45	7365	H	Nicole	Rooi	Open	Female	27
90	00:55:52	6339	G	Anel	Schoonees	Open	Female	33
91	00:56:19	6344	G	Antoinette	Petim	Open	Female	39
92	00:56:35	6217	G	Jenna	De Beer	Open	Female	29
93	00:56:44	6323	G	Karen	Froneman	Open	Female	28
94	00:56:49	6390	G	Mareleze	Van Zyl	Open	Female	39

95	00:57:16	6331	G	Siyasanga	Khongo	Open	Female	31
96	00:57:22	7112	H	Marili	van der walt	Open	Female	26
97	00:57:29	6384	F	Nataliya	Pzotsenko	Open	Female	39
98	00:57:30	6032	G	Carstens	Carstens	Open	Female	33
99	00:57:41	6054	G	Michelle	Du Preez	Open	Female	33
100	00:57:44	6290	G	Tarryn	Corbishley	Open	Female	29
101	00:57:45	6085	G	Natelle	Goosen	Open	Female	26
102	00:57:48	7345	H	Andrea	Razzano	Open	Female	35
103	00:57:50	7105	H	Melissa	Theunissen	Open	Female	38
104	00:57:53	7340	H	Simone	Mounton	Open	Female	33
105	00:57:56	7321	H	Monique	Hearn	Open	Female	37
106	00:58:14	7031	H	Nabeelah	Hendricks	Open	Female	29
107	00:58:23	7066	H	Nicole	Moore-Kriel	Open	Female	30
108	00:58:27	7371	H	Priyanka	Moodley	Open	Female	25
109	00:59:09	7336	H	Charne	Loftus	Open	Female	29
110	00:59:14	6006	G	Ilse	Appel	Open	Female	38
111	00:59:20	7361	H	Nicola	Rossouw	Open	Female	28
112	00:59:33	7335	H	Elana	le roux	Open	Female	28
113	00:59:34	5459	F	Ansaawf	Jakoet	Open	Female	33
114	00:59:44	5172	F	Stephanie	Kruger	Open	Female	30
115	01:00:01	4065	E	Trinette	Havemann	Open	Female	32
116	01:00:04	7338	H	Sian	Martin	Open	Female	26
117	01:00:10	7352	H	Annelien	Van Wyk	Open	Female	39
118	01:00:30	7236	H	Carlin	Hendricks	Open	Female	36
119	01:00:36	7008	H	Xanthe	Botten	Open	Female	30
120	01:00:49	7078	H	Lusanda	Ngxonono	Open	Female	38
121	01:00:55	6239	G	Maridi	Jooste	Open	Female	32
122	01:01:12	6065	G	Anschen	Fisher	Open	Female	24
123	01:01:16	6068	G	Zandri	Fisher	Open	Female	22
124	01:02:05	5010	F	Rianza	du Toit	Open	Female	18
125	01:02:19	7227	H	Saberah	Gumede	Open	Female	30
126	01:03:07	6366	G	Marelize	van Eck	Open	Female	33
127	01:03:40	6381	G	Tharine	Van der Westhuizen	Open	Female	27
128	01:03:44	5206	F	Yolanda	Soobramoney	Open	Female	31
129	01:04:16	6348	G	Annali	Louw	Open	Female	39
130	01:04:26	6113	G	Chloe	Lotter	Open	Female	38
131	01:04:26	7023	H	ezette	fourie	Open	Female	36
132	01:04:29	6337	G	Nicolette	Parker	Open	Female	30
133	01:04:45	6213	G	Nicola	Ammermann	Open	Female	35
134	01:05:28	7075	H	Estella	Neethling	Open	Female	36
135	01:05:36	7363	H	Simone	Herold	Open	Female	32
136	01:06:34	7275	H	Laura	O'Neill	Open	Female	20
137	01:08:03	6108	G	Marie-Louise	Lerm	Open	Female	26
138	01:09:13	7004	H	Lindsay	Barrett	Open	Female	34
139	01:09:37	6165	G	Jessica	Scholefield	Open	Female	29
140	01:09:56	7325	H	Fiona	Kinsey	Open	Female	27
141	01:10:44	7373	H	Somari	da Eoit	Open	Female	28
142	01:12:39	7369	H	Priya	Soobramoney	Open	Female	37
143	01:13:26	7200	H	Lynne-Mare	Engelbrecht	Open	Female	26

144	01:13:40	7324	H	Kim	Keyser	Open	Female	33
145	01:15:15	7350	H	Mariska	Swart	Open	Female	26
146	01:15:47	5208	F	Tashkeen	Solomon	Open	Female	30
147	01:16:23	7009	H	Margeaux	Burger	Open	Female	36
148	01:16:25	7011	H	Colleen	Cross	Open	Female	36
149	01:16:44	6161	G	Faadiela	Ryklief	Open	Female	48
150	01:18:02	5451	F	Lyu	Luyt	Open	Female	34
151	01:21:06	7073	H	Veena	Naran	Open	Female	30
152	01:23:29	7263	H	Lisa-Joy	Wilson	Open	Female	27
153	01:23:31	7002	H	Nazmeera	Allie	Open	Female	37
154	01:25:15	7354	H	Natacha	Wilczewski-Healey	Open	Female	35
155	01:31:44	6356	G	Tamlyn	Melville	Open	Female	31

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:34:15	4002	E	Rudi	Bezuidenhout	Veteran	Male	41
2	00:35:47	5348	F	Gavin	Millard	Veteran	Male	48
3	00:38:17	5108	F	Jurgen	Geitner	Veteran	Male	44
4	00:39:39	4129	E	Andrew	Bremner	Veteran	Male	46
5	00:41:19	4116	E	Michael	Peacock	Veteran	Male	44
6	00:41:47	6393	G	Mike	Smit	Veteran	Male	46
7	00:42:37	5011	F	Bill	Dunn	Veteran	Male	48
8	00:42:40	5462	F	Jacques	De Klerk	Veteran	Male	47
9	00:42:56	5041	F	Alfred	Temmers	Veteran	Male	49
10	00:43:12	4122	E	Digby	Ryder	Veteran	Male	44
11	00:43:31	5168	F	Stephen	Pietersen	Veteran	Male	42
12	00:44:02	4017	E	Pieter	Neethling	Veteran	Male	40
13	00:44:30	6322	G	Marc	Ewing	Veteran	Male	40
14	00:44:46	5048	F	Christian	Wiesener	Veteran	Male	44
15	00:47:10	5281	F	Garth	Klein	Veteran	Male	43
16	00:47:22	4130	E	Allen	Beverley	Veteran	Male	48
17	00:47:51	6324	G	Guy	Fyvie	Veteran	Male	47
18	00:49:13	7368	H	Michael	Smith	Veteran	Male	41
19	00:49:14	6150	G	Cornelis	Potgieter	Veteran	Male	42
20	00:49:16	7079	H	Phumelelo	Ngxonono	Veteran	Male	40
21	00:50:14	5110	F	Paul	Greig	Veteran	Male	47
22	00:50:21	6353	G	Chris	Marais	Veteran	Male	40
23	00:50:51	5045	F	Leon	Van der Westhuizen	Veteran	Male	41
24	00:50:55	5247	F	Steve	Murphy	Veteran	Male	49
25	00:50:55	4105	E	Craig	Adams	Veteran	Male	44
26	00:51:00	6249	F	Richard	Dellbridge	Veteran	Male	42
27	00:51:51	6335	G	Ricahrd	Neppen	Veteran	Male	45
28	00:51:57	6052	G	Jean-Pierre	Du Buisson	Veteran	Male	48
29	00:52:16	5290	F	Steven	Mey	Veteran	Male	40
30	00:52:56	5217	F	Lambert	Schwartz	Veteran	Male	43
31	00:52:57	6059	G	Andy	Duncan	Veteran	Male	41
32	00:53:00	6319	G	Mike	Duncan	Veteran	Male	43
33	00:53:27	6087	G	Riaan	Groenewald	Veteran	Male	47
34	00:54:26	7156	H	Anthony	Smyth	Veteran	Male	46
35	00:55:13	5319	F	Erich	Maritz	Veteran	Male	44
36	00:55:17	5457	F	Mario	Arrow	Veteran	Male	42
37	00:56:40	6036	G	Peter	Chetty	Veteran	Male	40
38	00:56:47	7344	H	Martin	Rae	Veteran	Male	47
39	00:56:51	5353	F	Desmond	O'connor	Veteran	Male	42
40	00:58:10	7020	H	Werner	Engelbrecht	Veteran	Male	46
41	00:58:54	6076	G	Hendrik	Gerrys	Veteran	Male	49
42	00:58:58	6186	G	Sarel	Uys	Veteran	Male	45
43	00:59:30	7101	H	Peter	Taylor	Veteran	Male	42
44	01:02:49	4073	E	Waheeb	Slarmie	Veteran	Male	46
45	01:06:37	7327	H	Garry	O'Neill	Veteran	Male	49
46	01:08:32	5350	F	Garren	Van Rensburg	Veteran	Male	42
47	01:09:12	5146	F	Hugo	Theron	Veteran	Male	44
48	01:14:46	6173	G	Farryl	Singh	Veteran	Male	40
49	01:15:33	6345	G	Norio	Petim	Veteran	Male	42

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:41:33	5019	F	Nicolette	Herring	Veteran	Female	44
2	00:43:24	4043	E	Frances	Fuchs	Veteran	Female	42
3	00:43:29	5047	F	Anneke	Von Maltitz	Veteran	Female	40
4	00:43:50	5092	F	Christelle	Bremner	Veteran	Female	43
5	00:45:38	4136	E	Dehlia	Dalrymple	Veteran	Female	44
6	00:47:20	4131	E	Janet	Pretorius	Veteran	Female	46
7	00:48:40	5090	F	Natalie	Boruvka	Veteran	Female	42
8	00:48:44	5329	F	Tracey	Van Heerden	Veteran	Female	42
9	00:48:58	4020	E	Novitzkas	Novitzkas	Veteran	Female	45
10	00:49:22	5325	F	Driekie	Van Dyk	Veteran	Female	42
11	00:50:38	7157	H	Beverley	Smyth	Veteran	Female	44
12	00:51:08	6326	G	Elize	Van der Westhuizen	Veteran	Female	47
13	00:51:44	6099	G	Aleks	Jablonska	Veteran	Female	40
14	00:51:54	6053	G	Lubina	Du Buisson	Veteran	Female	42
15	00:51:56	5458	F	Tania	Wiggins	Veteran	Female	41
16	00:52:11	7251	H	Lizel	Jonker	Veteran	Female	40
17	00:52:43	6311	G	Mari-louise	De Kock	Veteran	Female	40
18	00:52:51	6343	G	Lisette	Lombard	Veteran	Female	40
19	00:52:55	6320	G	Velia	Duncan	Veteran	Female	43
20	00:53:15	5144	H	Linda	Theron	Veteran	Female	42
21	00:53:59	6380	G	Edda	De Paiva	Veteran	Female	44
22	00:54:22	7171	H	Simone	Das Neves	Veteran	Female	45
23	00:54:58	6306	G	Elaine	Broekman	Veteran	Female	41
24	00:56:05	6201	G	Annick	Walsdorff	Veteran	Female	44
25	00:56:28	6153	G	Justine	Renaut	Veteran	Female	44
26	00:56:43	7343	H	Colleen	Rae	Veteran	Female	47
27	00:56:45	7032	H	Elmare	Herring	Veteran	Female	47
28	00:57:17	7308	H	Tracy	Bryon	Veteran	Female	46
29	00:57:35	6206	G	Samantha	Wentzel	Veteran	Female	49
30	00:57:37	7132	H	Juliet	Thomatos	Veteran	Female	40
31	00:57:38	7133	H	Sandra	Delpont	Veteran	Female	47
32	00:57:59	7348	H	Ciska	Steenkamp	Veteran	Female	48
33	00:58:03	7315	H	Eljohna	Du Toit	Veteran	Female	44
34	00:58:19	7288	H	Loots	Loots	Veteran	Female	44
35	01:00:16	6305	G	Nini	Brasseur	Veteran	Female	45
36	01:00:34	7214	H	Kayleen	Fredericks	Veteran	Female	46
37	01:01:05	7323	H	Edna	Jackson	Veteran	Female	40
38	01:02:15	6050	G	Karen	Dorfling	Veteran	Female	49
39	01:02:49	5009	F	Riana	du Toit	Veteran	Female	46
40	01:03:44	4072	E	Zuriena	Slarmie	Veteran	Female	42
41	01:03:54	6067	G	Natasha Fisher	Fisher	Veteran	Female	43
42	01:05:52	7170	H	Dalila	Das Neves	Veteran	Female	40

43	01:08:36	5349	F	Ilze	Van Rensburg	Veteran	Female	41
44	01:08:55	7067	H	Colleen	Moss	Veteran	Female	48
45	01:09:15	4297	F	Theonie	Du Plessis	Veteran	Female	46
46	01:11:17	7341	H	Sue	Proudfoot	Veteran	Female	46
47	01:12:50	7304	H	Tracy	Berry	Veteran	Female	44
48	01:13:12	6070	G	Juliet	Francis	Veteran	Female	49
49	01:14:04	7068	H	Maggie	Mostert	Veteran	Female	46
50	01:15:28	6360	G	Amanda	Terblanche	Veteran	Female	40
51	01:16:36	7134	H	Fatima	Moolla	Veteran	Female	43
52	01:16:45	7095	H	Shamiela	Sonday	Veteran	Female	44
53	01:16:50	7019	H	Zarina	Ebrahim	Veteran	Female	41
54	01:25:17	7349	H	Lizelle	Swart	Veteran	Female	43

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:07	4110	E	Leslie	Chivell	Master	Male	61
2	00:34:51	4064	E	Gary	Green	Master	Male	52
3	00:36:30	5006	F	Andrew	Denny	Master	Male	54
4	00:36:45	4025	E	Richard	Rossiter	Master	Male	59
5	00:39:56	5025	F	Patrick	McCann	Master	Male	53
6	00:44:37	5012	F	Neil	Ebing	Master	Male	64
7	00:46:12	6118	G	David	Macdougall	Master	Male	51
8	00:47:09	6098	G	Geoff	Howard	Master	Male	51
9	00:47:16	6377	G	Vincent	Osborne	Master	Male	56
10	00:47:30	6048	G	Afzal	Dhansay	Master	Male	56
11	00:47:35	5255	F	Pierre	Nieuwoudt	Master	Male	53
12	00:47:59	6364	G	Clifford	Van Ass	Master	Male	61
13	00:48:10	6106	G	Wilhelm	La Cock	Master	Male	52
14	00:48:16	6166	G	Frans	Schutte	Master	Male	57
15	00:49:02	5070	F	Charl	Millar	Master	Male	54
16	00:49:33	4112	E	Abdullah	Solomon	Master	Male	60
17	00:50:08	5200	F	Dion	Stevens	Master	Male	53
18	00:51:33	6363	G	Johan	Terblanche	Master	Male	53
19	00:51:42	7328	H	Hannes	Kotzé	Master	Male	54
20	00:52:06	7088	H	Peter	Roos	Master	Male	53
21	00:52:10	6387	G	Andre	Retief	Master	Male	54
22	00:53:04	5005	F	Theuns	De Waal	Master	Male	50
23	00:53:08	6037	G	Chris	Clark	Master	Male	74
24	00:54:08	6072	G	Wayne	Francis	Master	Male	51
25	00:55:05	6177	G	Marius	Swanepoel	Master	Male	57
26	00:55:11	7037	H	Mark	Hutchinson	Master	Male	59
27	00:56:42	6205	G	Dean	Wentzel	Master	Male	51
28	00:56:57	6035	G	Mark	Chamberlain	Master	Male	51
29	00:57:04	6262	G	Stephen	Bax	Master	Male	51
30	00:57:07	7052	H	Gawie	Krugel	Master	Male	55
31	00:57:07	6090	G	Sean	Harris	Master	Male	52
32	00:59:04	7311	H	Gavin	Conlon	Master	Male	55
33	01:02:19	6049	G	Andrew	Dorfling	Master	Male	52
34	01:12:27	7013	H	Robbie	Dallas-Orr	Master	Male	76
35	01:25:12	7307	H	Lood	Bower	Master	Male	53
36	01:29:14	7332	H	Brendan	Langeveldt	Master	Male	54

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:40:00	4024	E	Lollos	Rodseth	Master	Female	57
2	00:47:12	5075	F	Tania	Morkel	Master	Female	57
3	00:47:23	6115	G	Janice	Louw	Master	Female	50
4	00:50:03	6385	G	Michelle	Stewart	Master	Female	55
5	00:52:20	6373	G	Sallie	Winterbach	Master	Female	50
6	00:54:12	6088	G	Michele	Groenewaldt	Master	Female	52
7	00:54:34	7329	H	Romien	Kotzé	Master	Female	53
8	00:55:03	6155	G	Margie	Richter Wilmot	Master	Female	51
9	00:55:19	5256	F	Ronel	Nieuwoudt	Master	Female	53
10	00:56:12	6124	G	Adele	McCann	Master	Female	59
11	00:56:16	6194	G	Estelle	Verburgh	Master	Female	52
12	00:56:52	7110	H	Kathie	Troost	Master	Female	58
13	00:57:05	7053	H	Thelma	Krugel	Master	Female	54
14	00:58:53	5455	F	Eva	Rienhardy	Master	Female	54
15	00:59:01	7115	H	Marge	van Vuuren	Master	Female	56
16	00:59:26	5057	F	Marianne	Nelson	Master	Female	73
17	00:59:31	6159	G	Dawn	Rossiter	Master	Female	60
18	01:12:30	7012	H	Lindsey	Dallas-Orr	Master	Female	68
19	01:19:49	7148	H	Bonaezo	Harding	Master	Female	62
20	01:29:19	7333	H	Petra	Langeveldt	Master	Female	53
21	01:33:41	7360	F	Merle	Willmore	Master	Female	65

Junior Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:43	4001	E	Gershon	Aziza	Junior	Male	16
2	00:28:50	4000	E	Daniel	Arendse	Junior	Male	16
3	00:28:54	4028	E	Nashief	Stemmet	Junior	Male	17
4	00:29:39	4016	E	Stephen	Millard	Junior	Male	15
5	00:31:52	4127	E	Alec	Botha	Junior	Male	15
6	00:35:36	4054	E	Niklaas	Brümmer	Junior	Male	15
7	00:37:53	6261	G	Connor	Bax	Junior	Male	17

Minimee

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:23	4014	E	Junior	Beukes	Minimee	Male	13
2	00:34:25	4052	E	Deon	Bochnig	Minimee	Male	12
3	00:37:39	4139	E	Christiaan	Engelbrecht	Minimee	Male	12
4	00:39:31	4053	E	Jade	Bremner	Minimee	Female	14
5	00:41:07	4051	E	Carla	Bochnig	Minimee	Female	12
6	00:43:35	5109	F	Christine	Grelg	Minimee	Female	13
7	00:47:39	6183	G	Lucas	Toussaint	Minimee	Male	12
8	00:47:46	5121	G	Thomas	Yell	Minimee	Male	12
9	00:56:32	5279	F	Cayley	Hefer	Minimee	Female	14
10	01:02:03	7355	H	Daniella	Wood	Minimee	Female	12