



Spur Cape Summer Trail Series® 2017
Race 2 SHORT COURSE Challenge (5.8km)
Kirstenbosch Botanical Gardens

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:25:53	4038	E	Dino	Adams	Open	Male	21
2	00:26:31	4075	E	Evan	Fortuin	Open	Male	26
3	00:26:40	4013	E	Llewellyn	Jacobs	Open	Male	30
1	00:26:44	4001	E	Gershon	Aziza	Junior	Male	16
4	00:26:47	4016	E	Stephen	Millard	Junior	Male	15
5	00:27:22	4029	E	Robert	Shaff	Open	Male	26
6	00:27:24	4107	E	Alec	Botha	Junior	Male	15
7	00:29:37	4055	E	Patrick	Colborne	Open	Male	21
8	00:29:38	4003	E	Clayton	Booyesen	Open	Male	34
9	00:29:56	4005	E	Alewyn	Burger	Open	Male	32
10	00:29:57	4015	E	Werner	Kotze	Open	Male	38
11	00:30:08	4057	E	Herman	de la Guerre	Open	Male	19
12	00:30:18	5065	F	Marinus	Coetzee	Open	Male	32
13	00:30:20	4008	E	Jethro	Dunn	Minimee	Male	13
14	00:30:37	4031	E	Ivor	Wright	Open	Male	31
15	00:30:57	5063	F	Jacques	Van Rensburg	Open	Male	34
16	00:31:28	4110	E	Leslie	Chivell	Master	Male	61
17	00:31:36	4070	E	Sean	Tait	Open	Male	32
18	00:31:39	4058	E	Linda	Detering	Open	Female	18
19	00:31:44	4054	E	Niklaas	Brümmer	Junior	Male	15
20	00:31:49	4052	E	Deon	Bochnig	Minimee	Male	12
21	00:32:07	4118	E	Ruben Lucien	Malekie	Open	Male	19
22	00:32:54	4071	E	Joe	Smith	Open	Male	32
23	00:33:01	4002	E	Rudi	Bezuidenhout	Veteran	Male	41
24	00:33:06	6261	G	Connor	Bax	Junior	Male	17
25	00:33:15	4014	E	Owen	Jansen	Junior	Male	15
26	00:33:18	4007	E	Liezl	du Plooy	Veteran	Female	41
27	00:33:26	4025	E	Richard	Rossiter	Master	Male	59
28	00:33:38	5261	F	Alex	Oelofse	Open	Male	22
29	00:34:32	5140	F	Reece	Trout	Open	Male	26
30	00:34:36	4109	E	Gavin	Hauck	Open	Male	39
31	00:34:41	4066	E	Theo	Kaleni	Open	Male	39
32	00:34:43	4012	E	Sylvano	Hindley	Open	Male	28
33	00:34:45	5160	F	Johann	Rankin	Open	Male	30
34	00:34:46	6062	G	Christiaan	Engelbrecht	Minimee	Male	12
35	00:34:53	4097	E	Francois	Rossouw	Minimee	Male	14
36	00:34:55	4064	E	Gary	Green	Master	Male	52
37	00:35:05	4042	E	Neil	Barnard	Open	Male	30
38	00:35:17	6000	G	Warren	Adler	Open	Male	37
39	00:35:30	4111	E	Luigi	Phillips	Open	Male	22
40	00:35:35	4004	E	Josh	Broome	Open	Male	39
41	00:35:46	5232	F	Sky	Cope	Open	Male	19
42	00:35:50	5171	F	Willy-John	Kriel	Open	Male	19
43	00:35:52	5024	F	Josie	McCann	Open	Female	20
44	00:35:55	5179	F	Andre	Lord	Open	Male	36
45	00:36:06	4056	E	Ruan	De jongh	Open	Male	29
46	00:36:11	5000	F	Victor	Bakker	Junior	Male	16
47	00:36:12	4026	E	Arno	Rossouw	Veteran	Male	44
48	00:36:17	4069	E	Evan	Walther	Open	Male	34
49	00:36:23	7238	H	Marike	Heyns	Open	Female	26
50	00:36:26	4028	E	Nashief	Stemmet	Junior	Male	17
51	00:36:29	5006	F	Andrew	Denny	Master	Male	54
52	00:36:47	5108	F	Jurgen	Geitner	Veteran	Male	44
53	00:36:48	5059	H	Roshaan	Solomon	Open	Female	23
54	00:37:07	5277	F	Rentius	Engelbrecht	Open	Male	32
55	00:37:14	4032	E	Sydney	Roberts	Open	Male	35
56	00:37:18	5028	F	Michael	Obery	Open	Male	31
57	00:37:37	4106	E	Sean	Julius	Open	Male	21
58	00:37:44	4006	E	Julian	Carelse	Open	Male	32
59	00:37:51	6245	G	Stephen	Guess	Open	Male	28
60	00:38:00	5123	F	John	Wood	Veteran	Male	47
61	00:38:10	5102	F	Francois	Du Toit	Open	Male	32
62	00:38:13	6033	G	Dwight	Cassie	Open	Male	37
63	00:38:19	5030	F	Ashraf	Orrie	Veteran	Male	48
64	00:38:20	6234	G	Morgan	Hayes	Open	Male	35
65	00:38:22	5064	F	Caro	Jordaan	Open	Female	25
66	00:38:25	4068	E	Jessamine	Ward	Open	Female	33
67	00:38:26	5214	F	Schalk	Sevenster	Open	Male	33
68	00:38:31	5040	F	Siraaj	Solomon	Open	Male	32
69	00:38:35	5095	F	Frances	Carstens	Open	Female	18
70	00:38:39	6180	G	Travis	Talmarkes	Open	Male	33
71	00:38:49	4024	E	Lollos	Rodseth	Master	Female	57
72	00:39:00	7180	H	Phillip	Dempster	Veteran	Male	46
73	00:39:01	5284	F	Liesc	Ravenscroft	Master	Female	50
74	00:39:03	5294	F	Joseph	Rosendorff	Open	Male	18
75	00:39:13	4018	E	michelle	Nel	Open	Female	31

76	00:39:13	5019	F	Nicolette	herring	Veteran	Female	44
77	00:39:15	7072	H	De-Wet	Nagel	Open	Male	31
78	00:39:19	5038	F	Teresa-Ann	Ruster	Open	Female	25
79	00:39:21	4051	E	Carla	Bochnig	Minimee	Female	12
80	00:39:22	5173	F	Stewart	Langley	Open	Male	34
81	00:39:23	5101	F	Werner	Du Preez	Open	Male	35
82	00:39:29	5286	F	Julian	Moore	Veteran	Male	41
83	00:39:33	4059	E	Taryn	Doidge	Open	Female	31
84	00:39:38	6280	G	Kelvin	Browning	Open	Male	26
85	00:39:46	5047	F	Anneke	Von Maltitz	Veteran	Female	40
86	00:39:53	5011	F	Bill	Dunn	Veteran	Male	48
87	00:39:57	5041	F	Alfred	Temmers	Veteran	Male	49
88	00:39:58	7186	H	Melville	du Plessis	Open	Male	34
89	00:39:58	5220	F	JTM	Schoeman	Open	Male	35
90	00:40:02	5260	F	Frans	Odendaal	Open	Male	31
91	00:40:15	6199	G	Stian	Visagie	Open	Male	27
92	00:40:16	5002	F	Cheslyn	Battista	Veteran	Male	40
93	00:40:18	6198	G	Niel	Visagie	Open	Male	30
94	00:40:23	5056	F	Renata	Bossi	Open	Female	20
95	00:40:28	4116	E	Michael	Peacock	Veteran	Male	44
96	00:40:53	4063	E	Storm	Elliott	Minimee	Female	14
97	00:40:53	5285	F	Matt	Watson	Open	Male	32
98	00:40:54	7201	H	Carig	Evans	Open	Male	23
99	00:40:56	5177	F	Carla	Lever	Open	Female	35
100	00:41:06	4119	E	Elmarie	Meyer	Open	Female	34
101	00:41:09	4022	E	Klaus-Peter	Rau	Open	Male	28
102	00:41:11	5167	F	Wilfred	Pieterse	Open	Male	35
103	00:41:18	5120	F	David	Young	Junior	Male	14
104	00:41:26	4062	E	Brooke	Elliott	Minimee	Female	12
105	00:41:26	5109	F	Christine	Greig	Minimee	Female	13
106	00:41:31	4101	E	Danyaal	Davids	Open	Male	32
107	00:41:43	5092	F	Christelle	Bremner	Veteran	Female	43
108	00:41:43	7204	H	Hanro	Fick	Open	Male	30
109	00:41:44	4115	E	Candice	Chemaly	Veteran	Female	41
110	00:41:50	4114	G	Adien	Aggenbach	Veteran	Female	47
111	00:41:51	5021	F	Magnus	Lamprecht	Open	Male	29
112	00:41:52	6185	G	Altan	Ungerer	Open	Male	39
113	00:42:01	6269	G	Amy	Blanchard	Open	Female	34
114	00:42:01	5226	F	Shubeer	Ebrahim	Veteran	Male	46
115	00:42:04	5099	F	Kylie	de Jager	Open	Female	35
116	00:42:07	5168	F	Stephen	Pietersen	Veteran	Male	42
117	00:42:07	6019	G	Christopher	Boshoff	Open	Male	36
118	00:42:27	7172	H	Chloe	Fisher	Junior	Female	15
119	00:42:30	6402	G	Justin	Davids	Open	Male	31
120	00:42:38	5075	F	Tania	Morkel	Master	Female	57
121	00:42:41	5259	F	Anel	Odendaal	Open	Female	30
122	00:42:43	4017	E	Pieter	Neethling	Veteran	Male	40
123	00:42:47	4053	E	Jade	Bremner	Minimee	Female	14
124	00:42:49	5157	F	Leon	Rademan	Open	Male	35
125	00:42:52	5093	F	Dianne	Cameron-Parker	Veteran	Female	42
126	00:42:54	7190	H	Calvin	Duffus	Open	Male	23
127	00:42:55	6013	G	Aliston	Beviss-Challinor	Open	Male	29
128	00:42:55	5012	F	Neil	Ebing	Master	Male	64
129	00:42:57	5254	F	Mareli	Nieuwoudt	Open	Female	23
130	00:43:00	5116	F	Insaf	Kamish	Veteran	Female	41
131	00:43:04	5037	F	Benita	Pretorius	Open	Female	32
132	00:43:09	5088	F	Jac	Bell	Open	Male	31
133	00:43:11	6044	G	Roy	Davy	Open	Male	34
134	00:43:14	5189	F	Jayden	Menteath	Open	Male	32
135	00:43:15	6118	G	David	Macdougall	Master	Male	51
136	00:43:20	7209	H	Drikus	Fourie	Veteran	Male	46
137	00:43:20	5105	F	Vivian	Elliott	Veteran	Female	44
138	00:43:21	4009	E	Lambert	Fick	Open	Male	24
139	00:43:23	5104	F	Dean	Elliott	Veteran	Male	48
140	00:43:28	5089	F	Debbie	Blake	Veteran	Female	40
141	00:43:42	7028	H	Julien	Geffroy	Open	Male	37
142	00:43:42	5085	F	Nabeel	Bapoo	Open	Male	36
143	00:43:44	6097	G	Dinaye	Hough	Open	Female	26
144	00:43:45	5281	F	Garth	Klein	Veteran	Male	41
145	00:44:10	7267	H	willem	verbeek	Open	Male	30
146	00:44:20	4020	E	Novitzkas	Novitzkas	Veteran	Female	45
147	00:44:20	6253	G	Jason	Rattray	Veteran	Male	41
148	00:44:21	5111	F	Nate	Hoblitz	Veteran	Male	44
149	00:44:26	7231	H	Andrew	Harries	Open	Male	38
150	00:44:26	6164	G	Rosette	Scheepers	Veteran	Female	49
151	00:44:31	5110	F	Paul	Greig	Veteran	Male	47
152	00:44:38	5251	F	Adri	Neethling	Open	Female	31
153	00:44:40	7153	H	Ramiz	Samsodien	Open	Male	29
154	00:44:45	4080	F	Werner	Jooste	Open	Male	31
155	00:44:47	5264	F	Gregor	Rohrig	Open	Male	34
156	00:44:48	6289	G	Mariette	Conning	Open	Female	35
157	00:44:49	5137	F	carmen	van der vyver	Open	Female	27
158	00:44:53	7181	H	Cynthia	Deneux	Open	Female	27
159	00:45:01	5041	F	Alfred	Temmers	Veteran	Male	49
160	00:45:03	5050	F	Malikah	Patel	Open	Female	30
161	00:45:04	7045	H	sedika	khatieb	Open	Female	30

162	00:45:08	5070	F	Charl	Millar	Master	Male	54
163	00:45:12	6266	G	Michael	Berk	Master	Male	50
164	00:45:12	5276	F	Inge	Brand	Open	Female	32
165	00:45:15	6211	G	Karliën	Wright	Open	Female	34
166	00:45:22	5035	F	Mariska	Otto	Open	Female	26
167	00:45:25	5288	F	Qaasiem	Jakoet	Veteran	Male	42
168	00:45:28	5087	F	Tamlyn	Barter	Open	Female	31
169	00:45:28	7216	H	Sama	Galant	Peewee	Female	10
170	00:45:30	5086	F	Raine	Barter	Open	Male	31
171	00:45:33	7215	H	Ayesha	Galant	Veteran	Female	42
172	00:45:38	6286	G	Chater	Chater	Open	Female	38
173	00:45:40	5233	F	Vincent	Osborne	Master	Male	56
174	00:45:45	5192	F	Gail	Moriarty	Master	Female	52
175	00:45:47	4113	E	Monique	Creamer	Veteran	Female	40
176	00:45:48	5138	F	Helen	van der Horst	Open	Female	29
177	00:45:52	5266	F	Michael	Ross	Open	Male	36
178	00:45:52	6265	G	Cathy	Berk	Veteran	Female	44
179	00:45:55	4085	E	Jacques	Ackerman	Open	Male	34
180	00:45:59	5268	F	Bianke	Rossouw	Junior	Female	16
181	00:46:01	6014	G	Herna	Beviss-Challinor	Open	Female	26
182	00:46:02	5118	F	Tamara	Kerr	Open	Female	32
183	00:46:10	5128	F	Max	Waller	Open	Male	28
184	00:46:13	5090	F	Natalie	Boruvka	Veteran	Female	42
185	00:46:15	5132	F	Elzanne	van Wyk	Open	Female	28
186	00:46:17	5227	F	Brendan	Smit	Open	Male	39
187	00:46:17	6133	G	Modisaotsile	Moshweshwe	Open	Male	34
188	00:46:19	6098	G	Geoff	Howard	Master	Male	51
189	00:46:22	5091	F	Catherine	Boyle	Veteran	Female	42
190	00:46:22	7146	H	Ziglinde	De Jager	Open	Female	27
191	00:46:24	6167	G	Neil	Schutte	Open	Male	32
192	00:46:25	7268	H	Louise	Verbeek	Open	Female	29
193	00:46:34	5181	F	Charl	Louw	Open	Male	33
194	00:46:40	6106	G	Wilhelm	La Cock	Master	Male	52
195	00:46:43	6083	G	Natasha	Golding	Open	Female	28
196	00:46:45	4041	E	Larize	De Wet	Open	Female	27
197	00:46:48	6183	G	Lucas	Toussaint	Minimee	Male	12
198	00:46:49	5121	G	Thomas	Yell	Minimee	Male	12
199	00:46:58	4103	E	Jonathan	Jacobs	Veteran	Male	42
200	00:47:12	7157	H	Beveyel	Smyth	Veteran	Female	44
201	00:47:19	5234	F	George	Reed	Open	Male	38
202	00:47:22	7206	H	Grier	Fisher	Veteran	Male	45
203	00:47:28	6046	G	Joy-Mare	De wer	Open	Female	33
204	00:47:33	6052	G	Jean-Pierre	Du Buisson	Veteran	Male	48
205	00:47:34	7174	H	De Wet	De Wet	Open	Male	37
206	00:47:34	4108	E	Kristy	Stone	Open	Female	39
207	00:47:37	6053	G	Lubina	Du Buisson	Veteran	Female	42
208	00:47:37	7289	H	Andrew	Lundin	Veteran	Male	42
209	00:47:39	7253	H	Isabeau	Joubert	Open	Female	35
210	00:47:39	5247	F	Steve	Murphy	Veteran	Male	49
211	00:47:42	7279	H	Mohamed Imraan	Parker	Open	Male	37
212	00:47:42	5241	F	Mlungisi	Mthembu	Open	Male	33
213	00:47:45	5194	F	Debbie	Tanfield	Veteran	Female	46
214	00:47:47	5187	F	Sally	Mckenzie	Veteran	Female	44
215	00:47:50	6150	G	Cornelis	Potgieter	Veteran	Male	42
216	00:47:54	7282	H	Emily	Pettit-Coetzee	Open	Female	38
217	00:47:57	6252	G	Ryan	Dellbridge	Peewee	Male	10
218	00:48:00	6249	G	Richard	Dellbridge	Veteran	Male	42
219	00:48:03	5136	F	Rayno	Van Heerden	Open	Male	38
220	00:48:05	5271	F	Soraya	Salie	Veteran	Female	45
221	00:48:07	5119	F	Zunaïd	Khatieb	Open	Male	37
222	00:48:10	5282	F	Denzil	Ross	Veteran	Male	42
223	00:48:12	5255	F	Pierre	Nieuwoudt	Master	Male	53
224	00:48:13	5230	G	Ulla	Walmisley	Veteran	Female	40
225	00:48:15	5229	G	Rose	Bradshaw	Open	Female	37
226	00:48:23	6240	G	Stephen	Elliott-Wetmore	Veteran	Male	46
227	00:48:25	5215	F	Mia	Sevenster	Open	Female	33
228	00:48:27	5203	F	Amanda	Standley	Open	Male	35
229	00:48:32	5112	F	Jenny	Janisch	Veteran	Female	40
230	00:48:34	5113	F	Thomas	Janisch	Minimee	Male	11
231	00:48:39	6263	G	Jessica	Bazley	Open	Female	30
232	00:48:44	6156	G	Francois	Riley	Open	Male	37
233	00:48:52	5007	F	Lauren	Denny	Open	Female	21
234	00:48:54	5084	F	Adeela	Adams	Veteran	Female	42
235	00:48:57	5299	F	Liesl	Mauermann	Open	Female	26
236	00:49:00	5190	F	Tyler	Micklethwaite	Minimee	Male	12
237	00:49:06	7257	H	Jamie	Keenan	Open	Male	33
238	00:49:08	5130	F	Daniël	Viljoen	Open	Male	28
239	00:49:08	4096	E	Neil	Scholtz	Open	Male	32
240	00:49:12	5207	F	Nastassja	Sonnekus	Open	Female	28
241	00:49:14	6048	G	Afzal	Dhansay	Master	Male	56
242	00:49:17	4102	E	Nikki	Jacobs	Veteran	Female	42
243	00:49:25	5005	F	Theuns	De Waal	Master	Male	50
244	00:49:34	4033	E	Graham	King	Open	Male	32
245	00:49:39	7042	H	Aaliya	Khan	Open	Female	26
246	00:49:41	5139	F	Alra	Van den berg	Open	Female	27
247	00:49:42	6212	G	Timothy	Young	Open	Male	35

248	00:49:47	5197	F	Kevin	Sumner	Open	Male	34
249	00:49:56	7197	H	Jessica	Ellis	Open	Female	31
250	00:50:02	5293	F	Majieda	Uhan	Open	Female	31
251	00:50:03	7147	H	Jacques	De Klerk	Veteran	Male	47
252	00:50:06	7251	H	Lizel	Jonker	Veteran	Female	40
253	00:50:06	5237	F	Leanne	Mitchell	Veteran	Female	40
254	00:50:08	5180	F	Lisa	Lourie	Open	Female	28
255	00:50:09	6287	G	Leigh-Ann	Clark	Open	Female	33
256	00:50:10	5134	F	Stephen	van Niekerk	Open	Male	27
257	00:50:17	5060	F	Jonathan	Grant	Open	Male	28
258	00:50:17	7079	H	Phumelelo	Ngxonono	Veteran	Male	40
259	00:50:18	5001	F	Jared	Barker	Open	Male	30
260	00:50:22	6279	G	Danya	Brodie	Open	Female	32
261	00:50:25	5131	F	Adri	van der Hoven	Master	Female	50
262	00:50:28	5039	F	shanaaz	solomon	Open	Female	36
263	00:50:31	6092	G	Barbara	Heathcote	Open	Female	38
264	00:50:34	6003	G	Marjo	Amoraal	Open	Female	30
265	00:50:40	6268	G	Nellis	Beyers	Open	Male	34
266	00:50:41	5270	F	Ismail	Sader	Open	Male	34
267	00:50:46	6292	G	Jean-Paul	da Conceicao	Open	Male	31
268	00:50:48	7156	H	Antony	Smyth	Veteran	Male	46
269	00:50:50	7202	H	Valerie	Eve	Open	Female	36
270	00:50:54	6267	G	Michelle	Bey	Veteran	Female	45
271	00:50:56	5117	F	Zahier	Kapery	Veteran	Female	44
272	00:50:57	7226	H	Roxanne	Greenbaum	Open	Female	33
273	00:50:58	6124	G	Adele	McCann	Master	Female	59
274	00:51:00	5165	F	Benjamin	Rockstroh	Open	Male	35
275	00:51:04	7088	H	Peter	Roos	Master	Male	53
276	00:51:08	5275	F	Nicky	Schermer	Open	Female	33
277	00:51:11	6059	G	Andy	Duncan	Veteran	Male	41
278	00:51:16	5094	F	Taryn	Campbell	Open	Female	31
279	00:51:18	7213	H	Melanie	Franke-Quitt	Open	Female	34
280	00:51:18	5250	F	Kate	Naude	Open	Female	32
281	00:51:20	5253	F	Nadine	Newmark	Open	Female	28
282	00:51:21	6063	G	Lara	Engelbrecht	Junior	Female	15
283	00:51:26	6160	G	John	Roux	Open	Male	22
284	00:51:28	6140	G	Liam	Norman	Open	Male	22
285	00:51:30	5198	F	Cathy	Stodel	Veteran	Female	43
286	00:51:44	6040	G	Corden-Lloyd	Corden-Lloyd	Open	Female	34
287	00:51:47	6176	G	Angelika	Steynberg	Open	Female	36
288	00:51:53	4095	E	Bridget	Wrede	Open	Female	29
289	00:51:55	5133	F	Helené	Van Tonder	Open	Female	30
290	00:51:57	5195	F	Samantha	Taggart	Open	Female	36
291	00:52:00	5166	F	Bianca	Rohrig	Open	Female	31
292	00:52:03	5126	F	West	West	Open	Female	37
293	00:52:03	6166	G	Frans	Schutte	Master	Male	57
294	00:52:12	5163	F	Frances	Robertson	Open	Female	39
295	00:52:14	5235	F	Mari-Lewise	De Kock	Veteran	Female	40
296	00:52:16	5115	F	Zulpha	Kamies	Open	Female	29
297	00:52:22	6216	G	Claire	Geel	Open	Female	29
298	00:52:23	5155	F	suepully@gmail.com	Pullinger	Open	Female	38
299	00:52:27	7273	H	Hannalet	Uys	Open	Female	39
300	00:52:28	5185	F	Jo	McAllister	Open	Female	36
301	00:52:29	7272	H	Johannes	Uys	Veteran	Male	41
302	00:52:34	6193	G	Estee	Van Zyl	Open	Female	25
303	00:52:34	7277	H	Jessica	Palmer	Open	Female	30
304	00:52:36	5218	F	Linzi	Schuddinh	Open	Female	39
305	00:52:36	7221	H	natascha	Gibson	Veteran	Female	47
306	00:52:42	5122	G	Rob	Yates	Veteran	Male	44
307	00:52:50	4112	E	Abdullah	Solomon	Master	Male	60
308	00:52:50	5258	F	Alicia	Nortje	Open	Female	31
309	00:52:53	6036	G	Peter	Chetty	Veteran	Male	40
310	00:52:54	4105	E	Craig	Adams	Veteran	Male	44
311	00:52:58	6222	G	Holly	Ramsey	Open	Female	33
312	00:53:00	5265	F	Melissa	Roos	Open	Female	30
313	00:53:03	5274	F	Suraya	Scheba	Open	Female	37
314	00:53:04	7085	H	Zaheer	Parker	Open	Male	34
315	00:53:05	6066	G	David	Fisher	Master	Male	55
316	00:53:07	5273	F	Andreas	Scheba	Open	Male	32
317	00:53:14	6088	G	Michele	Groenewaldt	Master	Female	52
318	00:53:14	5151	F	Martina	Polley	Open	Female	33
319	00:53:22	5297	F	Sophie	Olah	Open	Female	28
320	00:53:30	5149	F	Claire	Ter Morshuizen	Open	Female	19
321	00:53:32	5148	F	Ter Morshuizen	Ter Morshuizen	Open	Female	0
322	00:53:39	6072	G	Wayne	Francis	Master	Male	51
323	00:53:42	7259	H	Rudolph	Koegelenberg	Open	Male	32
324	00:53:43	6037	G	Chris	Clark	Master	Male	74
325	00:53:49	6055	G	Corli	Du Toit	Open	Female	32
326	00:53:56	7191	H	Cath	Duncan	Open	Female	37
327	00:53:56	6032	G	Carstens	Carstens	Open	Female	33
328	00:53:58	5182	F	Craig	Lyall	Open	Male	32
329	00:54:00	5183	F	Tarryn	Lyall	Open	Female	32
330	00:54:05	5176	F	Sabrina	Lee	Open	Female	38
331	00:54:10	5193	F	Berrange	Taylor	Open	Male	29
332	00:54:11	7173	H	Joe	De Villiers	Veteran	Male	43
333	00:54:18	5114	F	Anwar	Kamies	Master	Male	52

334	00:54:21	6285	G	Angeliki	Carvounes	Open	Female	23
335	00:54:22	7051	H	Jacques	Kriel	Open	Male	29
336	00:54:24	5164	F	Stephen	Robertson	Open	Male	33
337	00:54:24	6089	G	Yaseen	Harneker	Veteran	Male	40
338	00:54:30	5106	F	Aneekah	Fataar	Veteran	Female	45
339	00:54:33	6103	G	Sophia	Karayiannis	Open	Female	31
340	00:54:35	5290	F	Steven	Mey	Veteran	Male	40
341	00:54:38	5236	F	Nicola	Rossouw	Open	Female	28
342	00:54:48	7159	H	Kerryn	Ackermann	Open	Female	30
343	00:54:51	6099	G	Aleks	Jablonska	Veteran	Female	40
344	00:54:54	7298	H	Todd	Micklethwaite	Veteran	Male	41
345	00:54:58	6172	G	Mark	Simmers	Open	Male	38
346	00:55:02	5289	F	Juliet	Hazell	Open	Female	37
347	00:55:06	5124	F	Sarah	Wilton	Open	Female	30
348	00:55:07	7114	H	Tanya	van Tonder	Open	Female	33
349	00:55:10	7038	H	Francois	Huysamen	Open	Male	34
350	00:55:10	5096	F	Jadri	Corbett	Open	Female	31
351	00:55:15	7168	H	Laurenz Aldu	Cornelissen	Open	Male	28
352	00:55:19	6205	G	Dean	Wentzel	Master	Male	51
353	00:55:21	6031	G	Warren	Calderwood	Open	Female	31
354	00:55:24	6217	G	Jenna	De Beer	Open	Female	29
355	00:55:26	7166	H	Nicole	Cahill	Veteran	Female	40
356	00:55:29	6163	G	Shawn	Saunders	Open	Male	27
357	00:55:30	7097	H	Odette	Strydom	Open	Female	31
358	00:55:33	7151	H	Chienne	Wolmarans	Open	Male	37
359	00:55:36	5292	F	Camryn	Marais	Peewee	Male	7
360	00:55:36	7099	H	David	Tait	Open	Male	38
361	00:55:39	7239	H	Graeme	Hill	Open	Male	26
362	00:55:44	5228	F	Leana	Van Wyk	Open	Female	33
363	00:55:48	7210	H	Wilfried	Franke	Master	Male	65
364	00:55:50	6035	G	Mark	Chamberlain	Master	Male	51
365	00:55:52	5033	F	Nabeelah	Orrie	Open	Female	22
366	00:55:54	4065	E	Trinette	Havemann	Open	Female	32
367	00:55:55	7243	H	Michelle	Hoogenhout	Open	Female	30
368	00:55:57	6276	G	Marisa	Bracher	Open	Female	39
369	00:55:59	5031	F	Riaz	Orrie	Junior	Male	17
370	00:56:01	5225	F	Nabeel	Soeker	Open	Male	20
371	00:56:03	7203	H	Mary Catherine	Faulks	Open	Female	37
372	00:56:05	7254	H	Niel	Joubert	Open	Male	31
373	00:56:06	5196	F	Ricardo	Swarts	Open	Male	32
374	00:56:08	7252	H	Evonne	Joubert	Open	Female	31
375	00:56:14	7218	H	Gardner	Gardner	Open	Female	0
376	00:56:16	7164	H	Samantha	Brown	Open	Female	32
377	00:56:19	7240	H	Carolyn	Hiscock	Open	Female	37
379	00:56:26	5291	F	Sharyn	Marais	Open	Female	35
380	00:56:29	5231	F	Julia	Martin	Master	Female	57
381	00:56:32	6158	G	Karin	Roos	Open	Female	28
382	00:56:34	5144	F	Linda	Theron	Veteran	Female	42
383	00:56:42	5217	F	Lambert	Schwartz	Veteran	Male	43
384	00:56:43	6290	G	Tarryn	Corbishley	Open	Female	29
385	00:56:45	7246	H	Mohammed Irfaan	Imamdin	Open	Male	30
386	00:56:47	6034	G	Claudia	Chamberlain	Open	Female	35
387	00:56:50	7225	H	Sean	Graham	Veteran	Male	40
388	00:56:52	7281	H	Sandy	Pennisi	Open	Female	36
389	00:56:53	5213	F	Monique	Sham	Open	Female	33
390	00:56:55	5205	F	Hannah	Spencer	Open	Female	35
391	00:56:55	6081	G	Carla	Glasspool	Open	Female	35
392	00:56:56	4073	E	Waheeb	Slarmie	Veteran	Male	46
393	00:56:57	6191	G	van Vlaanderen	van Vlaanderen	Open	Female	35
394	00:56:57	7280	H	Nicola	Pennisi	Open	Male	36
395	00:56:59	7193	H	Lisa	Duplessis	Veteran	Female	45
396	00:57:02	5287	F	Andrew	Ward	Veteran	Male	42
397	00:57:07	7256	H	Beatrice	Kampmann	Open	Female	27
398	00:57:12	7104	H	Nadine	Theron	Open	Female	28
399	00:57:20	4104	E	Shireen	Galaut	Master	Female	56
400	00:57:22	7219	H	Renata	Gensicke	Veteran	Female	43
401	00:57:31	6080	G	Martin	Giles	Master	Male	51
402	00:57:34	6090	G	Sean	Harris	Master	Male	52
403	00:57:36	6153	G	Justine	Renaut	Veteran	Female	44
404	00:57:38	7235	H	Marcelle	Heidtmann	Open	Female	39
405	00:57:41	7060	H	Jacky	Lourens	Master	Female	52
406	00:57:47	5256	F	Ronel	Nieuwoudt	Master	Female	53
407	00:57:51	7187	H	Angelique	du Preez	Open	Female	32
408	00:57:53	7266	H	Melissa	Visser	Open	Female	35
409	00:57:54	6007	G	Faizel	Bardien	Veteran	Male	47
410	00:57:57	6057	G	Tasneem	Du Toit Bardien	Open	Female	38
411	00:57:57	7234	H	Gordon	Heidtmann	Veteran	Male	41
412	00:58:00	7286	H	Vicki	Lightfoot	Open	Female	38
413	00:58:02	7057	H	Cara	La Mottee	Open	Female	28
414	00:58:03	4094	E	Hilary	Knight	Master	Female	53
415	00:58:03	5267	F	Danielle	Rossiter	Open	Female	20
416	00:58:04	7094	H	Marc	Slabbert	Open	Male	31
417	00:58:05	6058	G	Takawira	Dube	Open	Male	31
418	00:58:07	7110	H	Kathie	Troost	Master	Female	58
419	00:58:09	6256	G	Samir	Abdul	Open	Male	39
420	00:58:12	6112	G	Marizanne	Lombard	Master	Female	51

421	00:58:13	7020	H	Werner	Engelbrecht	Veteran	Male	46
422	00:58:16	5201	F	Nicola	Steinhaus	Open	Female	23
423	00:58:20	5150	F	Stephen	Taylor	Master	Male	59
424	00:58:23	6229	G	Lourens	Vlotman	Open	Male	30
425	00:58:24	5280	F	Amber	Taylor	Minimee	Female	14
426	00:58:26	7262	H	Thinus	Kruger	Open	Male	25
427	00:58:27	5279	F	Jaden	Hefer	Minimee	Male	13
428	00:58:28	7211	H	Simonne	Franken	Open	Female	28
429	00:58:29	5240	F	Cayley	Hefer	Minimee	Female	14
430	00:58:30	7222	H	Emma	Godfrey	Junior	Female	16
431	00:58:33	7223	H	Lisa	Godfrey	Veteran	Female	47
432	00:58:34	4072	E	Zuriena	Slarmie	Veteran	Female	42
433	00:58:41	5172	F	Stephanie	Kruger	Open	Female	0
434	00:58:42	6147	G	Tonia	Pavliou	Open	Female	33
435	00:58:51	6294	G	Sean	Daly	Master	Male	51
436	00:58:54	6203	G	Dagny	Warmerdam	Master	Female	50
437	00:58:59	7258	H	alison	kidson	Open	Female	27
438	00:58:59	6113	G	Chloe	Lotter	Open	Female	38
439	00:59:01	5152	F	Simon	Power	Open	Male	33
440	00:59:06	6043	G	Katherine	Davy	Open	Female	34
441	00:59:12	5202	F	Karin	Steenkamp	Open	Female	29
442	00:59:13	4086	E	Marissa	Drouillard	Open	Female	0
443	00:59:13	6085	G	Natelle	Goosen	Open	Female	26
444	00:59:15	4080	F	Werner	Jooste	Open	Male	31
445	00:59:16	6155	G	Margie	Richter Wilmot	Master	Female	51
446	00:59:24	5219	F	Leon Amos	Schreiber	Open	Male	28
447	00:59:24	7299	H	Kimberley	Mispion	Open	Female	27
448	00:59:27	7212	H	Tamsyn	Franken	Open	Female	30
449	00:59:31	6293	G	Sam	Daly	Veteran	Female	47
450	00:59:35	7207	H	Sarah	Foale	Veteran	Female	47
451	00:59:36	6262	G	Stephen	Bax	Master	Male	51
452	00:59:38	7250	H	Jenna	Johnston	Open	Female	31
453	00:59:41	6273	G	Denise	Botha	Open	Female	32
454	01:00:01	5083	F	Mumtaz	Abbas	Open	Female	32
455	01:00:02	7112	H	Marili	van der walt	Open	Female	26
456	01:00:05	7061	H	Clara	Machado	Open	Female	29
457	01:00:09	7171	H	Simone	Das Neves	Veteran	Female	45
458	01:00:11	7292	H	Fabienne	Marias	Veteran	Female	43
459	01:00:15	7066	H	Nicole	Moore-Kriel	Open	Female	30
460	01:00:23	6274	G	Lance	Boyd	Open	Male	34
461	01:00:26	7041	H	Kristin	Kenmuir	Open	Female	29
462	01:00:29	6284	G	Tanea	Carstens	Open	Female	29
463	01:00:33	7014	H	Grant	de Smidt	Open	Male	30
464	01:00:35	6275	G	Linda	Boyd	Open	Female	34
465	01:00:35	5174	F	Nikki	le Roex	Open	Female	33
466	01:00:36	4078	E	Lizel	Blignant	Veteran	Female	48
467	01:00:37	7053	H	Thelma	Krugel	Master	Female	54
468	01:00:38	5200	F	Dion	Stevens	Master	Male	53
469	01:00:38	4079	E	Phil	Lorner	Veteran	Male	46
470	01:00:39	7052	H	Gawie	Krugel	Master	Male	55
471	01:00:44	5143	F	Yolande	Theron	Open	Female	32
472	01:00:45	7069	H	Craig	Muller	Open	Male	31
473	01:00:47	7155	H	Zane	Ismail	Open	Male	36
474	01:00:48	5147	F	Edwin	Theron	Open	Male	31
475	01:00:52	4084	E	Candice	Fraser	Open	Female	31
476	01:00:55	6201	G	Annick	Walsdorff	Veteran	Female	44
477	01:00:56	7103	H	Gustav	Terblanche	Open	Male	36
478	01:00:58	6091	G	Caroline	Hartlieb	Veteran	Female	43
479	01:00:58	7165	H	Simone	Buhrer	Open	Female	32
480	01:01:01	6006	G	Ilse	Appel	Open	Female	38
481	01:01:04	7082	H	Gerhard	Olivier	Open	Male	35
482	01:01:04	6295	G	Keith	Daniell	Open	Male	27
483	01:01:06	7025	H	Goose	Gardner	Open	Male	28
484	01:01:12	7269	H	Diabi	Van Tonder	Open	Female	34
485	01:01:14	6296	G	Stuart	Daniell	Open	Male	27
486	01:01:14	7179	H	Luther	Delpport	Open	Male	26
487	01:01:16	7245	H	Tanya	Horak	Open	Female	29
488	01:01:20	5184	F	suanne	mackay	Open	Female	26
489	01:01:24	6258	G	Collette	Atkins	Veteran	Female	40
490	01:01:25	5169	f	Anthea	Pinheiro	Veteran	Female	49
491	01:01:27	5298	F	Zoe	Kooyman	Open	Female	32
492	01:01:28	6171	G	Alice	Sholto-Douglas	Open	Female	23
493	01:01:29	7236	H	Carlin	Hendricks	Open	Female	36
494	01:01:32	7214	H	Kayleen	Fredericks	Veteran	Female	46
495	01:01:32	6001	G	Sierra	Alef-Defoe	Open	Female	22
496	01:01:35	7049	H	Michelle	Knight	Open	Female	37
497	01:01:38	5269	F	Ilhaam	Saban	Open	Female	34
498	01:01:43	6159	G	Dawn	Rossiter	Master	Female	60
499	01:01:43	5252	F	Elbie	Nel	Veteran	Female	41
500	01:01:46	5272	F	Faseegah	Samuels	Open	Female	33
501	01:01:48	7288	H	Loots	Loots	Veteran	Female	44
502	01:01:52	6131	G	Wayne	More	Open	Male	34
503	01:01:53	7199	H	Johan-Dirk	Engelbrecht	Open	Male	0
504	01:01:54	6130	G	Gareth	More	Open	Male	36
505	01:01:55	5010	F	rianza	du Toit	Open	Female	18
506	01:01:58	7062	H	Angela	Mckay	Open	Female	34

507	01:01:58	5009	F	riana	du toit	Veteran	Female	46
508	01:02:00	7111	H	Monique	Vally	Open	Female	35
509	01:02:01	6177	G	Marius	Swanepoel	Master	Male	57
510	01:02:04	7149	H	Bridget	Marshall	Master	Female	50
511	01:02:06	7150	H	Chris	Jones	Master	Male	50
512	01:02:08	7184	H	Cath	Draper	Open	Female	39
513	01:02:10	7274	H	Simone	Tomaz	Open	Female	27
514	01:02:13	7160	H	Olivia	Alcock	Open	Female	25
515	01:02:16	7101	H	Peter	Taylor	Veteran	Male	42
516	01:02:19	7132	H	Juliet	Thomatos	Veteran	Female	40
517	01:02:21	7133	H	Sandra	Delpport	Veteran	Female	47
518	01:02:23	7076	H	Elizabeth	Nel	Open	Female	28
519	01:02:35	6050	G	Karen	Dorfling	Veteran	Female	49
520	01:02:37	7248	H	Ewald	Jansen van Rensburg	Open	Male	28
521	01:02:40	7249	H	Leandri	Jansen van Rensburg	Open	Female	28
522	01:02:42	6075	G	Fuzlan	Gamiendien	Master	Female	51
523	01:02:54	6270	G	Shelley	Bolle	Open	Female	32
524	01:03:01	7178	H	Victoria	Deary	Open	Female	20
525	01:03:03	7176	H	Brigitte	Deary	Master	Female	59
526	01:03:05	7115	H	Marge	van Vuuren	Master	Female	56
527	01:03:07	5243	F	Ashley	Muller	Open	Female	24
528	01:03:09	7297	H	Angela	Merrifield	Open	Female	34
529	01:03:13	7070	H	Tamsin	Muller	Open	Female	31
530	01:03:15	7154	H	Yumna	Ismail	Open	Female	28
531	01:03:17	7158	H	Shaakirah	Abrahams	Open	Female	25
532	01:03:19	7185	H	Marlou	Du Plessis	Open	Female	34
533	01:03:20	4099	F	Raashika	Tayob	Veteran	Female	43
534	01:03:33	7039	H	Lizelle	Janse van Rensburg	Veteran	Female	40
535	01:03:36	6002	G	Vanessa	Allen	Open	Female	33
536	01:03:37	7293	H	Lisa	Marqua	Open	Female	39
537	01:03:38	6178	G	Kate	Swanson	Open	Female	36
538	01:03:42	7196	H	Shakira	Eicher	Open	Female	30
539	01:03:53	6049	G	Andrew	Dorfling	Master	Male	52
540	01:03:57	5186	F	Kimberley	McGregor	Open	Female	29
541	01:04:29	5145	F	Isabella	Theron	Peewee	Female	8
542	01:04:30	4000	E	Daniel	Arendse	Junior	Male	16
543	01:04:32	5146	F	Hugo	Theron	Veteran	Male	44
544	01:04:38	6108	G	Marie-Louise	Lerm	Open	Female	26
545	01:04:39	4297	F	Theonie	Du Plessis	Veteran	Female	46
546	01:04:41	6017	G	Rozanne	Boonzaier	Veteran	Female	40
547	01:04:43	6186	G	Sarel	Uys	Veteran	Male	45
548	01:04:46	5283	F	Grant	Alexander	Veteran	Male	42
549	01:05:00	5206	F	Yolanda	Soobramoney	Open	Female	31
550	01:05:02	5210	F	Riashna	Sithaldeen	Open	Female	38
551	01:05:08	6297	G	Alexandra	Dare	Open	Female	25
552	01:05:11	6298	G	Penelope	Dare	Master	Female	54
553	01:05:17	4100	E	Nafeesa	Banderker	Open	Female	37
554	01:05:20	5049	F	Rynardt	Smit	Open	Male	26
555	01:05:34	6271	G	Ursula	Bosch	Open	Female	37
556	01:05:38	6213	G	Nicola	Ammermann	Open	Female	35
557	01:05:42	6251	G	Marle	Smit	Open	Female	34
558	01:05:45	4077	F	Theslin	Liebenberg	Junior	Female	15
559	01:05:48	5135	F	Keela	van Niekerk	Open	Female	26
560	01:05:53	5154	F	Kay	Price-Lindsay	Master	Female	53
561	01:05:56	5153	F	Verity	Price	Veteran	Female	41
562	01:05:59	6179	G	Elmari	Swart	Open	Female	39
563	01:06:01	7205	H	Warren	Fischer	Open	Male	31
564	01:06:02	6165	G	Jessica	Scholefield	Open	Female	29
565	01:06:06	6067	G	Natasha	Fisher	Veteran	Female	43
566	01:06:08	6241	G	Jason	Nicol	Veteran	Male	41
567	01:06:38	7294	H	Tasneem	Matthews	Open	Female	35
568	01:06:56	5212	F	Stefan	Sharp	Open	Male	34
569	01:07:12	4074	E	Sean	Davids	Open	Male	38
570	01:07:22	5257	F	Wayne	Northcote	Open	Male	37
571	01:07:37	7016	H	Lehlogonolo	Debeila	Open	Female	32
572	01:07:39	7138	F	Louise	Van de Venter	Veteran	Female	41
573	01:07:49	5223	F	Magda	De Waal	Open	Female	38
574	01:07:51	5224	F	Johan	De Waal	Veteran	Male	47
575	01:07:59	7287	H	Jenni	Lombard	Veteran	Female	42
576	01:08:20	7075	H	Estella	Neethling	Open	Female	36
577	01:08:27	7227	H	Saberah	Gumede	Open	Female	30
578	01:08:34	7291	H	Aneesah	Mansura	Open	Female	26
579	01:08:38	7091	H	Yusra	Salie	Open	Female	28
580	01:08:41	7275	H	Laura	O'Neill	Open	Female	20
581	01:08:43	7002	H	Nazmeera	Allie	Open	Female	37
582	01:08:45	7263	H	Lisa-Joy	Wilson	Open	Female	27
583	01:09:01	7169	H	Nazli	Daniels	Veteran	Female	40
584	01:09:03	7300	H	Candice	Momberg	Open	Female	32
585	01:09:05	7230	H	abigail	haricombe	Open	Female	35
586	01:09:11	7059	H	Coralee	Long	Open	Female	30
587	01:09:14	7008	H	Xanthe	Botten	Open	Female	30
588	01:09:17	7170	H	Dalila	Das Neves	Veteran	Female	40
589	01:09:26	7078	H	Lusanda	Ngxonono	Open	Female	38
590	01:10:25	7217	H	Haanim	Galvaan	Open	Female	28
591	01:10:40	5141	F	Patrick	Thomas	Veteran	Male	45
592	01:10:43	7278	H	Fatima	Pandit	Open	Female	27

593	01:10:45	5142	F	Candice	Thomas	Open	Female	37
594	01:10:56	5216	F	Chantal	Segers	Open	Female	34
595	01:11:12	5300	F	Anne	Kairuz	Open	Female	32
596	01:11:18	7032	H	Elmare	Herring	Veteran	Female	47
597	01:11:23	7033	H	Eric	Herring	Master	Male	50
598	01:11:38	7067	H	Colleen	Moss	Veteran	Female	48
599	01:13:20	7023	H	Ezette	Fourie	Open	Female	36
600	01:13:25	7043	H	Mohammed Ridhuan	Khan	Open	Male	30
601	01:14:02	7011	H	Colleen	Cross	Open	Female	36
602	01:15:27	7284	H	Vivian	Lc	Open	Female	40
603	01:15:30	7285	H	Rossella	Libertella	Open	Female	36
604	01:15:33	7271	H	Nikki	van Coller	Open	Female	42
605	01:17:30	7071	H	Garth	Munnik	Open	Male	33
606	01:17:57	7073	H	Veena	Naran	Open	Female	30
607	01:18:18	7198	H	Christelle	Elson	Open	Female	25
608	01:18:23	6173	G	Farryl	Singh	Veteran	Male	40
609	01:18:26	6070	G	Juliet	Francis	Veteran	Female	49
610	01:18:36	5208	F	Tashkeen	Solomon	Open	Female	30
611	01:18:45	7050	H	Anneliese	Korsch	Open	Female	37
612	01:18:49	7200	H	Lynne-Mare	Engelbrecht	Open	Female	26
613	01:18:50	7265	H	Chrismarie	Vlotman	Open	Female	27
614	01:19:01	7095	H	shamiela	sonday	Veteran	Female	44
615	01:19:08	7019	H	Zarina	Ebrahim	Veteran	Female	41
616	01:19:31	7009	H	Margeaux	Burger	Open	Female	36
617	01:19:33	5246	F	Angela	Müller	Open	Female	35
618	01:20:33	6061	G	Wesley	Elson	Open	Male	31
619	01:21:44	5249	F	Shavina	Naidoo	Open	Female	32
620	01:21:51	7068	H	Maggie	Mostert	Veteran	Female	46
621	01:22:10	5295	F	Nadiema	Abdullalitif	Master	Female	53
622	01:22:12	5162	F	Shaun	Ritchie	Veteran	Male	48
623	01:22:24	5296	F	Ammaarah	Hendricks	Open	Female	18
624	01:22:27	5209	F	Nicole	Solomon	Veteran	Female	44
625	01:22:35	5159	F	Heather	Raghavjee	Master	Female	67
626	01:22:37	5158	F	Deena	Raghavjee	Open	Female	33
627	01:27:38	4076	F	Amahn	Heuvel	Junior	Male	15
628	01:29:18	7098	H	Chantál	Swanepoel	Open	Female	37
629	01:31:34	6200	G	Sylvia	Visser	Open	Female	37
630	01:33:22	7162	H	Wesley	Alexander	Open	Male	39
631	01:33:25	7161	H	Simone	Alexander	Open	Female	36
632	01:33:27	7084	H	Nawaaz	Parker	Open	Male	37
633	01:35:57	6161	G	Faadiela	Ryklief	Veteran	Female	48
634	01:37:45	5238	F	Haseenah	Parker	Open	Female	38
635	01:37:53	5239	F	Dilshad	Mohamed	Open	Female	37

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:25:53	4038	E	Dino	Adams	Open	Male	21
2	00:26:31	4075	E	Evan	Fortuin	Open	Male	26
3	00:26:40	4013	E	Llewellyn	Jacobs	Open	Male	30
4	00:27:22	4029	E	Robert	Shaff	Open	Male	26
5	00:29:37	4055	E	Patrick	Colborne	Open	Male	21
6	00:29:38	4003	E	Clayton	Booyesen	Open	Male	34
7	00:29:56	4005	E	Alewyn	Burger	Open	Male	32
8	00:29:57	4015	E	Werner	Kotze	Open	Male	38
9	00:30:08	4057	E	Herman	de la Guerre	Open	Male	19
10	00:30:18	5065	F	Marinus	Coetzee	Open	Male	32
11	00:30:37	4031	E	Ivor	Wright	Open	Male	31
12	00:30:57	5063	F	Jacques	Van Rensburg	Open	Male	34
13	00:31:36	4070	E	Sean	Tait	Open	Male	32
14	00:32:07	4118	E	Ruben Lucien	Malekie	Open	Male	19
15	00:32:54	4071	E	Joe	Smith	Open	Male	32
16	00:33:06	6261	G	Connor	Bax	Open	Male	17
17	00:33:38	5261	F	Alex	Oelofse	Open	Male	22
18	00:34:32	5140	F	Reece	Trout	Open	Male	26
19	00:34:36	4109	E	Gavin	Hauck	Open	Male	39
20	00:34:41	4066	E	Theo	Kaleni	Open	Male	39
21	00:34:43	4012	E	Sylvano	Hindley	Open	Male	28
22	00:34:45	5160	F	Johann	Rankin	Open	Male	30
23	00:35:05	4042	E	Neil	Barnard	Open	Male	30
24	00:35:17	6000	G	Warren	Adler	Open	Male	37
25	00:35:30	4111	E	Luigi	Phillips	Open	Male	22
26	00:35:35	4004	E	Josh	Broome	Open	Male	39
27	00:35:46	5232	F	Sky	Cope	Open	Male	19
28	00:35:50	5171	F	Willy-John	Kriel	Open	Male	19
29	00:35:55	5179	F	Andre	Lord	Open	Male	36
30	00:36:06	4056	E	Ruan	De jongh	Open	Male	29
31	00:36:17	4069	E	Evan	Walther	Open	Male	34
32	00:37:07	5277	F	Rentius	Engelbrecht	Open	Male	32
33	00:37:14	4032	E	Sydney	Roberts	Open	Male	35
34	00:37:18	5028	F	Michael	Obery	Open	Male	31
35	00:37:37	4106	E	Sean	Julius	Open	Male	21
36	00:37:44	4006	E	Julian	Carelse	Open	Male	32
37	00:37:51	6245	G	Stephen	Guess	Open	Male	28
38	00:38:10	5102	F	Francois	Du Toit	Open	Male	32
39	00:38:13	6033	G	Dwight	Cassie	Open	Male	37
40	00:38:20	6234	G	Morgan	Hayes	Open	Male	35
41	00:38:26	5214	F	Schalk	Sevenster	Open	Male	33
42	00:38:31	5040	F	Siraaj	Solomon	Open	Male	32
43	00:38:39	6180	G	Travis	Talmarkes	Open	Male	33
44	00:39:03	5294	F	Joseph	Rosendorff	Open	Male	18
45	00:39:15	7072	H	De-Wet	Nagel	Open	Male	31
46	00:39:22	5173	F	Stewart	Langlely	Open	Male	34
47	00:39:23	5101	F	Werner	Du Preez	Open	Male	35
48	00:39:38	6280	G	Kelvin	Browning	Open	Male	26
49	00:39:58	7186	H	Melville	du Plessis	Open	Male	34
50	00:39:58	5220	F	JTM	Schoeman	Open	Male	35
51	00:40:02	5260	F	Frans	Odendaal	Open	Male	31
52	00:40:15	6199	G	Stian	Visagie	Open	Male	27
53	00:40:18	6198	G	Niel	Visagie	Open	Male	30
54	00:40:53	5285	F	Matt	Watson	Open	Male	32
55	00:40:54	7201	H	Carig	Evans	Open	Male	23
56	00:41:09	4022	E	Klaus-Peter	Rau	Open	Male	28
57	00:41:11	5167	F	Wilfred	Pieterse	Open	Male	35
58	00:41:31	4101	E	Danyaal	Davids	Open	Male	32
59	00:41:43	7204	H	Hanro	Fick	Open	Male	30
60	00:41:51	5021	F	Magnus	Lamprecht	Open	Male	29
61	00:41:52	6185	G	Altan	Ungerer	Open	Male	39
62	00:42:07	6019	G	Christopher	Boshoff	Open	Male	36
63	00:42:30	6402	G	Justin	Davids	Open	Male	31
64	00:42:49	5157	F	Leon	Rademan	Open	Male	35
65	00:42:54	7190	H	Calvin	Duffus	Open	Male	23
66	00:42:55	6013	G	Aliston	Beviss-Challinor	Open	Male	29
67	00:43:09	5088	F	Jac	Bell	Open	Male	31
68	00:43:11	6044	G	Roy	Davy	Open	Male	34
69	00:43:14	5189	F	Jayden	Menteath	Open	Male	32
70	00:43:21	4009	E	Lambert	Fick	Open	Male	24
71	00:43:42	7028	H	Julien	Geffroy	Open	Male	37
72	00:43:42	5085	F	Nabeel	Bapoo	Open	Male	36
73	00:44:10	7267	H	willem	verbeek	Open	Male	30
74	00:44:26	7231	H	Andrew	Harries	Open	Male	38
75	00:44:40	7153	H	Ramiz	Samsodien	Open	Male	29
76	00:44:45	4080	F	Werner	Jooste	Open	Male	31
77	00:44:47	5264	F	Gregor	Rohrig	Open	Male	34
78	00:45:30	5086	F	Raine	Barter	Open	Male	31
79	00:45:52	5266	F	Michael	Ross	Open	Male	36
80	00:45:55	4085	E	Jacques	Ackerman	Open	Male	34
81	00:46:10	5128	F	Max	Waller	Open	Male	28
82	00:46:17	5227	F	Brendan	Smit	Open	Male	39
83	00:46:17	6133	G	Modisaotsile	Moshweshwe	Open	Male	34
84	00:46:24	6167	G	Neil	Schutte	Open	Male	32

85	00:46:34	5181	F	Charl	Louw	Open	Male	33
86	00:47:19	5234	F	George	Reed	Open	Male	38
87	00:47:34	7174	H	De Wet	De Wet	Open	Male	37
88	00:47:42	7279	H	Mohamed Imraan	Parker	Open	Male	37
89	00:47:42	5241	F	Mlungisi	Mthembu	Open	Male	33
90	00:48:03	5136	F	Rayno	Van Heerden	Open	Male	38
91	00:48:07	5119	F	Zunaïd	Khatieb	Open	Male	37
92	00:48:27	5203	F	Amanda	Standley	Open	Male	35
93	00:48:44	6156	G	Francois	Riley	Open	Male	37
94	00:49:06	7257	H	Jamie	Keenan	Open	Male	33
95	00:49:08	5130	F	Daniël	Viljoen	Open	Male	28
96	00:49:08	4096	E	Neil	Scholtz	Open	Male	32
97	00:49:34	4033	E	Graham	King	Open	Male	32
98	00:49:42	6212	G	Timothy	Young	Open	Male	35
99	00:49:47	5197	F	Kevin	Sumner	Open	Male	34
100	00:50:10	5134	F	Stephen	van Niekerk	Open	Male	27
101	00:50:17	5060	F	Jonathan	Grant	Open	Male	28
102	00:50:18	5001	F	Jared	Barker	Open	Male	30
103	00:50:40	6268	G	Nellis	Beyers	Open	Male	34
104	00:50:41	5270	F	Ismail	Sader	Open	Male	34
105	00:50:46	6292	G	Jean-Paul	da Conceicao	Open	Male	31
106	00:51:00	5165	F	Benjamin	Rockstroh	Open	Male	35
107	00:51:26	6160	G	John	Roux	Open	Male	22
108	00:51:28	6140	G	Liam	Norman	Open	Male	22
109	00:53:04	7085	H	Zaheer	Parker	Open	Male	34
110	00:53:07	5273	F	Andreas	Scheba	Open	Male	32
111	00:53:42	7259	H	Rudolph	Koegelenberg	Open	Male	32
112	00:53:58	5182	F	Craig	Lyall	Open	Male	32
113	00:54:10	5193	F	Berrange	Taylor	Open	Male	29
114	00:54:22	7051	H	Jacques	Kriel	Open	Male	29
115	00:54:24	5164	F	Stephen	Robertson	Open	Male	33
116	00:54:58	6172	G	Mark	Simmers	Open	Male	38
117	00:55:10	7038	H	Francois	Huysamen	Open	Male	34
118	00:55:15	7168	H	Laurenz Aldu	Cornelissen	Open	Male	28
119	00:55:29	6163	G	Shawn	Saunders	Open	Male	27
120	00:55:33	7151	H	Chienne	Wolmarans	Open	Male	37
121	00:55:36	7099	H	David	Tait	Open	Male	38
122	00:55:39	7239	H	Graeme	Hill	Open	Male	26
123	00:56:01	5225	F	Nabeel	Soeker	Open	Male	20
124	00:56:05	7254	H	Niel	Joubert	Open	Male	31
125	00:56:06	5196	F	Ricardo	Swarts	Open	Male	32
126	00:56:22	7182	H	Charl	De Villiers	Open	Male	32
127	00:56:45	7246	H	Mohammed Irfaan	Imamdin	Open	Male	30
128	00:56:57	7280	H	Nicola	Pennisi	Open	Male	36
129	00:58:04	7094	H	Marc	Slabbert	Open	Male	31
130	00:58:05	6058	G	Takawira	Dube	Open	Male	31
131	00:58:09	6256	G	Samir	Abdul	Open	Male	39
132	00:58:23	6229	G	Lourens	Vlotman	Open	Male	30
133	00:58:26	7262	H	Thinus	Kruger	Open	Male	25
134	00:59:01	5152	F	Simon	Power	Open	Male	33
135	00:59:15	4080	F	Werner	Jooste	Open	Male	31
136	00:59:24	5219	F	Leon Amos	Schreiber	Open	Male	28
137	01:00:23	6274	G	Lance	Boyd	Open	Male	34
138	01:00:33	7014	H	Grant	de Smidt	Open	Male	30
139	01:00:45	7069	H	Craig	Muller	Open	Male	31
140	01:00:47	7155	H	Zane	Ismail	Open	Male	36
141	01:00:48	5147	F	Edwin	Theron	Open	Male	31
142	01:00:56	7103	H	Gustav	Terblanche	Open	Male	36
143	01:01:04	7082	H	Gerhard	Olivier	Open	Male	35
144	01:01:04	6295	G	Keith	Daniell	Open	Male	27
145	01:01:06	7025	H	Goose	Gardner	Open	Male	28
146	01:01:14	6296	G	Stuart	Daniell	Open	Male	27
147	01:01:14	7179	H	Luther	Delpport	Open	Male	26
148	01:01:52	6131	G	Wayne	More	Open	Male	34
149	01:01:53	7199	H	Johan-Dirk	Engelbrecht	Open	Male	0
150	01:01:54	6130	G	Gareth	More	Open	Male	36
151	01:02:37	7248	H	Ewald	Jansen van Rensburg	Open	Male	28
152	01:05:20	5049	F	Rynardt	Smit	Open	Male	26
153	01:06:01	7205	H	Warren	Fischer	Open	Male	31
154	01:06:56	5212	F	Stefan	Sharp	Open	Male	34
155	01:07:12	4074	E	Sean	Davids	Open	Male	38
156	01:07:22	5257	F	Wayne	Northcote	Open	Male	37
157	01:13:25	7043	H	Mohammed Ridhuan	Khan	Open	Male	30
158	01:17:30	7071	H	Garth	Munnik	Open	Male	33
159	01:20:33	6061	G	Wesley	Elson	Open	Male	31
160	01:33:22	7162	H	Wesley	Alexander	Open	Male	39
161	01:33:27	7084	H	Nawaaz	Parker	Open	Male	37

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:39	4058	E	Linda	Detering	Open	Female	18
2	00:35:52	5024	F	Josie	McCann	Open	Female	20
3	00:36:23	7238	H	Marike	Heyns	Open	Female	26
4	00:36:48	5059	H	Roshaan	Solomon	Open	Female	23
5	00:38:22	5064	F	Caro	Jordaan	Open	Female	25
6	00:38:25	4068	E	Jessamine	Ward	Open	Female	33
7	00:38:35	5095	F	Frances	Carstens	Open	Female	18
8	00:39:13	4018	E	michelle	Nel	Open	Female	31
9	00:39:19	5038	F	Teresa-Ann	Ruster	Open	Female	25
10	00:39:33	4059	E	Taryn	Doidge	Open	Female	31
11	00:40:23	5056	F	Renata	Bossi	Open	Female	20
12	00:40:56	5177	F	Carla	Lever	Open	Female	35
13	00:41:06	4119	E	Elmarie	Meyer	Open	Female	34
14	00:42:01	6269	G	Amy	Blanchard	Open	Female	34
15	00:42:04	5099	F	Kylie	de Jager	Open	Female	35
16	00:42:41	5259	F	Anel	Odendaal	Open	Female	30
17	00:42:57	5254	F	Mareli	Nieuwoudt	Open	Female	23
18	00:43:04	5037	F	Benita	Pretorius	Open	Female	32
19	00:43:44	6097	G	Dinaye	Hough	Open	Female	26
20	00:44:38	5251	F	Adri	Neethling	Open	Female	31
21	00:44:48	6289	G	Mariette	Conning	Open	Female	35
22	00:44:49	5137	F	carmen	van der vyver	Open	Female	27
23	00:44:53	7181	H	Cynthia	Deneux	Open	Female	27
24	00:45:03	5050	F	Malikah	Patel	Open	Female	30
25	00:45:04	7045	H	sediqua	khatieb	Open	Female	30
26	00:45:12	5276	F	Inge	Brand	Open	Female	32
27	00:45:15	6211	G	Karlien	Wright	Open	Female	34
28	00:45:22	5035	F	Mariska	Otto	Open	Female	26
29	00:45:28	5087	F	Tamlyn	Barter	Open	Female	31
30	00:45:38	6286	G	Chater	Chater	Open	Female	38
31	00:45:48	5138	F	Helen	van der Horst	Open	Female	29
32	00:46:01	6014	G	Herna	Beviss-Challinor	Open	Female	26
33	00:46:02	5118	F	Tamara	Kerr	Open	Female	32
34	00:46:15	5132	F	Elzanne	van Wyk	Open	Female	28
35	00:46:22	7146	H	Ziglinde	De Jager	Open	Female	27
36	00:46:25	7268	H	Louise	Verbeek	Open	Female	29
37	00:46:43	6083	G	Natasha	Golding	Open	Female	28
38	00:46:45	4041	E	Larize	De Wet	Open	Female	27
39	00:47:28	6046	G	Joy-Mare	De wer	Open	Female	33
40	00:47:34	4108	E	Kristy	Stone	Open	Female	39
41	00:47:39	7253	H	Isabeau	Joubert	Open	Female	35
42	00:47:54	7282	H	Emily	Pettit-Coetzee	Open	Female	38
43	00:48:15	5229	G	Rose	Bradshaw	Open	Female	37
44	00:48:25	5215	F	Mia	Sevenster	Open	Female	33
45	00:48:39	6263	G	Jessica	Bazley	Open	Female	30
46	00:48:52	5007	F	Lauren	Denny	Open	Female	21
47	00:48:57	5299	F	Liesl	Mauermann	Open	Female	26
48	00:49:12	5207	F	Nastassja	Sonnekus	Open	Female	28
49	00:49:39	7042	H	Aaliya	Khan	Open	Female	26
50	00:49:41	5139	F	Aira	Van den berg	Open	Female	27
51	00:49:56	7197	H	Jessica	Ellis	Open	Female	31
52	00:50:02	5293	F	Majieda	Uhan	Open	Female	31
53	00:50:08	5180	F	Lisa	Lourie	Open	Female	28
54	00:50:09	6287	G	Leigh-Ann	Clark	Open	Female	33
55	00:50:22	6279	G	Danya	Brodie	Open	Female	32
56	00:50:28	5039	F	shanaaz	solomon	Open	Female	36
57	00:50:31	6092	G	Barbara	Heathcote	Open	Female	38
58	00:50:34	6003	G	Marjo	Amoraal	Open	Female	30
59	00:50:50	7202	H	Valerie	Eve	Open	Female	36
60	00:50:57	7226	H	Roxanne	Greenbaum	Open	Female	33
61	00:51:08	5275	F	Nicky	Schermer	Open	Female	33
62	00:51:16	5094	F	Taryn	Campbell	Open	Female	31
63	00:51:18	7213	H	Melanie	Franke-Quitt	Open	Female	34
64	00:51:18	5250	F	Kate	Naude	Open	Female	32
65	00:51:20	5253	F	Nadine	Newmark	Open	Female	28
66	00:51:44	6040	G	Corden-Lloyd	Corden-Lloyd	Open	Female	34
67	00:51:47	6176	G	Angelika	Steynberg	Open	Female	36
68	00:51:53	4095	E	Bridget	Wrede	Open	Female	29
69	00:51:55	5133	F	Helené	Van Tonder	Open	Female	30
70	00:51:57	5195	F	Samantha	Taggart	Open	Female	36
71	00:52:00	5166	F	Bianca	Rohrig	Open	Female	31
72	00:52:03	5126	F	West	West	Open	Female	37
73	00:52:12	5163	F	Frances	Robertson	Open	Female	39
74	00:52:16	5115	F	Zulpha	Kamies	Open	Female	29
75	00:52:22	6216	G	Claire	Geel	Open	Female	29
76	00:52:23	5155	F	suepully@gmail.com	Pullinger	Open	Female	38
77	00:52:27	7273	H	Hannalet	Uys	Open	Female	39
78	00:52:28	5185	F	Jo	McAllister	Open	Female	36
79	00:52:34	6193	G	Estee	Van Zyl	Open	Female	25
80	00:52:34	7277	H	Jessica	Palmer	Open	Female	30
81	00:52:36	5218	F	Linzi	Schuddinh	Open	Female	39
82	00:52:50	5258	F	Alicia	Nortje	Open	Female	31
83	00:52:58	6222	G	Holly	Ramsey	Open	Female	33

84	00:53:00	5265	F	Melissa	Roos	Open	Female	30
85	00:53:03	5274	F	Suraya	Scheba	Open	Female	37
86	00:53:14	5151	F	Martina	Polley	Open	Female	33
87	00:53:22	5297	F	Sophie	Olah	Open	Female	28
88	00:53:30	5149	F	Claire	Ter Morshuizen	Open	Female	19
89	00:53:32	5148	F	Ter Morshuizen	Ter Morshuizen	Open	Female	0
90	00:53:49	6055	G	Corli	Du Toit	Open	Female	32
91	00:53:56	7191	H	Cath	Duncan	Open	Female	37
92	00:53:56	6032	G	Carstens	Carstens	Open	Female	33
93	00:54:00	5183	F	Tarryn	Lyall	Open	Female	32
94	00:54:05	5176	F	Sabrina	Lee	Open	Female	38
95	00:54:21	6285	G	Angeliki	Carvounes	Open	Female	23
96	00:54:33	6103	G	Sophia	Karayianis	Open	Female	31
97	00:54:38	5236	F	Nicola	Rossouw	Open	Female	28
98	00:54:48	7159	H	Kerryn	Ackermann	Open	Female	30
99	00:55:02	5289	F	Juliet	Hazell	Open	Female	37
100	00:55:06	5124	F	Sarah	Wilton	Open	Female	30
101	00:55:07	7114	H	Tanya	van Tonder	Open	Female	33
102	00:55:10	5096	F	Jadri	Corbett	Open	Female	31
103	00:55:21	6031	G	Warren	Calderwood	Open	Female	31
104	00:55:24	6217	G	Jenna	De Beer	Open	Female	29
105	00:55:30	7097	H	Odette	Strydom	Open	Female	31
106	00:55:44	5228	F	Leana	Van Wyk	Open	Female	33
107	00:55:52	5033	F	Nabeelah	Orrie	Open	Female	22
108	00:55:54	4065	E	Trinette	Havemann	Open	Female	32
109	00:55:55	7243	H	Michelle	Hoogenhout	Open	Female	30
110	00:55:57	6276	G	Marisa	Bracher	Open	Female	39
111	00:56:03	7203	H	Mary Catherine	Faulks	Open	Female	37
112	00:56:08	7252	H	Evonne	Joubert	Open	Female	31
113	00:56:14	7218	H	Gardner	Gardner	Open	Female	0
114	00:56:16	7164	H	Samantha	Brown	Open	Female	32
115	00:56:19	7240	H	Carolyn	Hiscock	Open	Female	37
116	00:56:22	7182	H	C	Villiers	Open	Female	32
117	00:56:26	5291	F	Sharyn	Marais	Open	Female	35
118	00:56:32	6158	G	Karin	Roos	Open	Female	28
119	00:56:43	6290	G	Tarryn	Corbishley	Open	Female	29
120	00:56:47	6034	G	Claudia	Chamberlain	Open	Female	35
121	00:56:52	7281	H	Sandy	Pennisi	Open	Female	36
122	00:56:53	5213	F	Monique	Sham	Open	Female	33
123	00:56:55	5205	F	Hannah	Spencer	Open	Female	35
124	00:56:55	6081	G	Carla	Glasspool	Open	Female	35
125	00:56:57	6191	G	van Vlaanderen	van Vlaanderen	Open	Female	35
126	00:57:07	7256	H	Beatrice	Kampmann	Open	Female	27
127	00:57:12	7104	H	Nadine	Theron	Open	Female	28
128	00:57:38	7235	H	Marcelle	Heidtmann	Open	Female	39
129	00:57:51	7187	H	Angelique	du Preez	Open	Female	32
130	00:57:53	7266	H	Melissa	Visser	Open	Female	35
131	00:57:57	6057	G	Tasneem	Du Toit Bardien	Open	Female	38
132	00:58:00	7286	H	Vicki	Lightfoot	Open	Female	38
133	00:58:02	7057	H	Cara	La Mottee	Open	Female	28
134	00:58:03	5267	F	Danielle	Rossiter	Open	Female	20
135	00:58:16	5201	F	Nicola	Steinhaus	Open	Female	23
136	00:58:28	7211	H	Simonne	Franken	Open	Female	28
137	00:58:41	5172	F	Stephanie	Kruger	Open	Female	0
138	00:58:42	6147	G	Tonia	Pavliou	Open	Female	33
139	00:58:59	7258	H	alison	kidson	Open	Female	27
140	00:58:59	6113	G	Chloe	Lotter	Open	Female	38
141	00:59:06	6043	G	Katherine	Davy	Open	Female	34
142	00:59:12	5202	F	Karin	Steenkamp	Open	Female	29
143	00:59:13	4086	E	Marissa	Drouillard	Open	Female	0
144	00:59:13	6085	G	Natelle	Goosen	Open	Female	26
145	00:59:24	7299	H	Kimberley	Misplon	Open	Female	27
146	00:59:27	7212	H	Tamsyn	Franken	Open	Female	30
147	00:59:38	7250	H	Jenna	Johnston	Open	Female	31
148	00:59:41	6273	G	Denise	Botha	Open	Female	32
149	01:00:01	5083	F	Mumtaz	Abbas	Open	Female	32
150	01:00:02	7112	H	Marili	van der walt	Open	Female	26
151	01:00:05	7061	H	Clara	Machado	Open	Female	29
152	01:00:15	7066	H	Nicole	Moore-Kriel	Open	Female	30
153	01:00:26	7041	H	Kristin	Kenmuir	Open	Female	29
154	01:00:29	6284	G	Tanea	Carstens	Open	Female	29
155	01:00:35	6275	G	Linda	Boyd	Open	Female	34
156	01:00:35	5174	F	Nikki	le Roex	Open	Female	33
157	01:00:44	5143	F	Yolande	Theron	Open	Female	32
158	01:00:52	4084	E	Candice	Fraser	Open	Female	31
159	01:00:58	7165	H	Simone	Buhrer	Open	Female	32
160	01:01:01	6006	G	Ilse	Appel	Open	Female	38
161	01:01:12	7269	H	Diabi	Van Tonder	Open	Female	34
162	01:01:16	7245	H	Tanya	Horak	Open	Female	29
163	01:01:20	5184	F	suanne	mackay	Open	Female	26
164	01:01:27	5298	F	Zoe	Kooyman	Open	Female	32
165	01:01:28	6171	G	Alice	Sholto-Douglas	Open	Female	23
166	01:01:29	7236	H	Carlin	Hendricks	Open	Female	36
167	01:01:32	6001	G	Sierra	Alef-Defoe	Open	Female	22
168	01:01:35	7049	H	Michelle	Knight	Open	Female	37
169	01:01:38	5269	F	Ilhaam	Saban	Open	Female	34

170	01:01:46	5272	F	Faseegah	Samuels	Open	Female	33
171	01:01:55	5010	F	rianza	du Toit	Open	Female	18
172	01:01:58	7062	H	Angela	Mckay	Open	Female	34
173	01:02:00	7111	H	Monique	Vally	Open	Female	35
174	01:02:08	7184	H	Cath	Draper	Open	Female	39
175	01:02:10	7274	H	Simone	Tomaz	Open	Female	27
176	01:02:13	7160	H	Olivia	Alcock	Open	Female	25
177	01:02:23	7076	H	Elizabeth	Nel	Open	Female	28
178	01:02:40	7249	H	Leandri	Jansen van Rensburg	Open	Female	28
179	01:02:54	6270	G	Shelley	Bolle	Open	Female	32
180	01:03:01	7178	H	Victoria	Deary	Open	Female	20
181	01:03:07	5243	F	Ashley	Muller	Open	Female	24
182	01:03:09	7297	H	Angela	Merrifield	Open	Female	34
183	01:03:13	7070	H	Tamsin	Muller	Open	Female	31
184	01:03:15	7154	H	Yumna	Ismail	Open	Female	28
185	01:03:17	7158	H	Shaakirah	Abrahams	Open	Female	25
186	01:03:19	7185	H	Marlou	Du Plessis	Open	Female	34
187	01:03:36	6002	G	Vanessa	Allen	Open	Female	33
188	01:03:37	7293	H	Lisa	Marqua	Open	Female	39
189	01:03:38	6178	G	Kate	Swanson	Open	Female	36
190	01:03:42	7196	H	Shakira	Eicher	Open	Female	30
191	01:03:57	5186	F	Kimberley	McGregor	Open	Female	29
192	01:04:38	6108	G	Marie-Louise	Lerm	Open	Female	26
193	01:05:00	5206	F	Yolanda	Soobramoney	Open	Female	31
194	01:05:02	5210	F	Riashna	Sithaldeen	Open	Female	38
195	01:05:08	6297	G	Alexandra	Dare	Open	Female	25
196	01:05:17	4100	E	Nafeesa	Banderker	Open	Female	37
197	01:05:34	6271	G	Ursula	Bosch	Open	Female	37
198	01:05:38	6213	G	Nicola	Ammermann	Open	Female	35
199	01:05:42	6251	G	Marle	Smit	Open	Female	34
200	01:05:48	5135	F	Keela	van Niekerk	Open	Female	26
201	01:05:59	6179	G	Elmari	Swart	Open	Female	39
202	01:06:02	6165	G	Jessica	Scholefield	Open	Female	29
203	01:06:38	7294	H	Tasneem	Matthews	Open	Female	35
204	01:07:37	7016	H	Lehlogonolo	Debeila	Open	Female	32
205	01:07:49	5223	F	Magda	De Waal	Open	Female	38
206	01:08:20	7075	H	Estella	Neethling	Open	Female	36
207	01:08:27	7227	H	Saberah	Gumede	Open	Female	30
208	01:08:34	7291	H	Aneesah	Mansura	Open	Female	26
209	01:08:38	7091	H	Yusra	Salie	Open	Female	28
210	01:08:41	7275	H	Laura	O'Neill	Open	Female	20
211	01:08:43	7002	H	Nazmeera	Allie	Open	Female	37
212	01:08:45	7263	H	Lisa-Joy	Wilson	Open	Female	27
213	01:09:03	7300	H	Candice	Momberg	Open	Female	32
214	01:09:05	7230	H	abigail	haricombe	Open	Female	35
215	01:09:11	7059	H	Coralee	Long	Open	Female	30
216	01:09:14	7008	H	Xanthe	Botten	Open	Female	30
217	01:09:26	7078	H	Lusanda	Ngxonono	Open	Female	38
218	01:10:25	7217	H	Haanim	Galvaan	Open	Female	28
219	01:10:43	7278	H	Fatima	Pandit	Open	Female	27
220	01:10:45	5142	F	Candice	Thomas	Open	Female	37
221	01:10:56	5216	F	Chantal	Segers	Open	Female	34
222	01:11:12	5300	F	Anne	Kairuz	Open	Female	32
223	01:13:20	7023	H	Ezette	Fourie	Open	Female	36
224	01:14:02	7011	H	Colleen	Cross	Open	Female	36
225	01:15:27	7284	H	Vivian	Lc	Open	Female	40
226	01:15:30	7285	H	Rossella	Libertella	Open	Female	36
227	01:15:33	7271	H	Nikki	van Coller	Open	Female	42
228	01:17:57	7073	H	Veena	Naran	Open	Female	30
229	01:18:18	7198	H	Christelle	Elson	Open	Female	25
230	01:18:36	5208	F	Tashkeen	Solomon	Open	Female	30
231	01:18:45	7050	H	Anneliese	Korsch	Open	Female	37
232	01:18:49	7200	H	Lynne-Mare	Engelbrecht	Open	Female	26
233	01:18:50	7265	H	Chrismarie	Vlotman	Open	Female	27
234	01:19:31	7009	H	Margeaux	Burger	Open	Female	36
235	01:19:33	5246	F	Angela	Müller	Open	Female	35
236	01:21:44	5249	F	Shavina	Naidoo	Open	Female	32
237	01:22:24	5296	F	Ammaarah	Hendricks	Open	Female	18
238	01:22:37	5158	F	Deena	Raghavjee	Open	Female	33
239	01:29:18	7098	H	Chantál	Swanepoel	Open	Female	37
240	01:31:34	6200	G	Sylvia	Visser	Open	Female	37
241	01:33:25	7161	H	Simone	Alexander	Open	Female	36
242	01:37:45	5238	F	Haseenah	Parker	Open	Female	38
243	01:37:53	5239	F	Dilshad	Mohamed	Open	Female	37

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:01	4002	E	Rudi	Bezuidenhout	Veteran	Male	41
2	00:36:12	4026	E	Arno	Rossouw	Veteran	Male	44
3	00:36:47	5108	F	Jurgen	Geitner	Veteran	Male	44
4	00:38:00	5123	F	John	Wood	Veteran	Male	47
5	00:38:19	5030	F	Ashraf	Orrie	Veteran	Male	48
6	00:39:00	7180	H	Phillip	Dempster	Veteran	Male	46
7	00:39:29	5286	F	Julian	Moore	Veteran	Male	41
8	00:39:53	5011	F	Bill	Dunn	Veteran	Male	48
9	00:39:57	5041	F	Alfred	Temmers	Veteran	Male	49
10	00:40:16	5002	F	Cheslyn	Battista	Veteran	Male	40
11	00:40:28	4116	E	Michael	Peacock	Veteran	Male	44
12	00:42:01	5226	F	Shubeer	Ebrahim	Veteran	Male	46
13	00:42:07	5168	F	Stephen	Pietersen	Veteran	Male	42
14	00:42:43	4017	E	Pieter	Neethling	Veteran	Male	40
15	00:43:20	7209	H	Drikus	Fourie	Veteran	Male	46
16	00:43:23	5104	F	Dean	Elliott	Veteran	Male	48
17	00:43:45	5281	F	Garth	Klein	Veteran	Male	41
18	00:44:20	6253	G	Jason	Rattray	Veteran	Male	41
19	00:44:21	5111	F	Nate	Hoblitz	Veteran	Male	44
20	00:44:31	5110	F	Paul	Greig	Veteran	Male	47
21	00:45:01	5041	F	Alfred	Temmers	Veteran	Male	49
22	00:45:25	5288	F	Qaasim	Jakoet	Veteran	Male	42
23	00:46:58	4103	E	Jonathan	Jacobs	Veteran	Male	42
24	00:47:22	7206	H	Grier	Fisher	Veteran	Male	45
25	00:47:33	6052	G	Jean-Pierre	Du Buisson	Veteran	Male	48
26	00:47:37	7289	H	Andrew	Lundin	Veteran	Male	42
27	00:47:39	5247	F	Steve	Murphy	Veteran	Male	49
28	00:47:50	6150	G	Cornelis	Potgieter	Veteran	Male	42
29	00:48:00	6249	G	Richard	Dellbridge	Veteran	Male	42
30	00:48:10	5282	F	Denzil	Ross	Veteran	Male	42
31	00:48:23	6240	G	Stephen	Elliott-Wetmore	Veteran	Male	46
32	00:50:03	7147	H	Jacques	De Klerk	Veteran	Male	47
33	00:50:17	7079	H	Phumelelo	Ngxonono	Veteran	Male	40
34	00:50:48	7156	H	Antony	Smyth	Veteran	Male	46
35	00:51:11	6059	G	Andy	Duncan	Veteran	Male	41
36	00:52:29	7272	H	Johannes	Uys	Veteran	Male	41
37	00:52:42	5122	G	Rob	Yates	Veteran	Male	44
38	00:52:53	6036	G	Peter	Chetty	Veteran	Male	40
39	00:52:54	4105	E	Craig	Adams	Veteran	Male	44
40	00:54:11	7173	H	Joe	De Villiers	Veteran	Male	43
41	00:54:24	6089	G	Yaseen	Harneker	Veteran	Male	40
42	00:54:35	5290	F	Steven	Mey	Veteran	Male	40
43	00:54:54	7298	H	Todd	Micklethwaite	Veteran	Male	41
44	00:56:42	5217	F	Lambert	Schwartz	Veteran	Male	43
45	00:56:50	7225	H	Sean	Graham	Veteran	Male	40
46	00:56:56	4073	E	Waheeb	Slarmie	Veteran	Male	46
47	00:57:02	5287	F	Andrew	Ward	Veteran	Male	42
48	00:57:54	6007	G	Faizel	Bardien	Veteran	Male	47
49	00:57:57	7234	H	Gordon	Heidtmann	Veteran	Male	41
50	00:58:13	7020	H	Werner	Engelbrecht	Veteran	Male	46
51	01:00:38	4079	E	Phil	Lorner	Veteran	Male	46
52	01:02:16	7101	H	Peter	Taylor	Veteran	Male	42
53	01:04:32	5146	F	Hugo	Theron	Veteran	Male	44
54	01:04:43	6186	G	Sarel	Uys	Veteran	Male	45
55	01:04:46	5283	F	Grant	Alexander	Veteran	Male	42
56	01:06:08	6241	G	Jason	Nicol	Veteran	Male	41
57	01:07:51	5224	F	Johan	De Waal	Veteran	Male	47
58	01:10:40	5141	F	Patrick	Thomas	Veteran	Male	45
59	01:18:23	6173	G	Farryl	Singh	Veteran	Male	40
60	01:22:12	5162	F	Shaun	Ritchie	Veteran	Male	48

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:18	4007	E	Liezl	du Plooy	Veteran	Female	41
2	00:39:13	5019	F	Nicolette	herring	Veteran	Female	44
3	00:39:46	5047	F	Anneke	Von Maltitz	Veteran	Female	40
4	00:41:43	5092	F	Christelle	Bremner	Veteran	Female	43
5	00:41:44	4115	E	Candice	Chemaly	Veteran	Female	41
6	00:41:50	4114	G	Adien	Aggenbach	Veteran	Female	47
7	00:42:52	5093	F	Dianne	Cameron-Parker	Veteran	Female	42
8	00:43:00	5116	F	Insaf	Kamish	Veteran	Female	41
9	00:43:20	5105	F	Vivian	Elliott	Veteran	Female	44
10	00:43:28	5089	F	Debbie	Blake	Veteran	Female	40
11	00:44:20	4020	E	Novitzkas	Novitzkas	Veteran	Female	45
12	00:44:26	6164	G	Rosette	Scheepers	Veteran	Female	49
13	00:45:33	7215	H	Ayesha	Galant	Veteran	Female	42
14	00:45:47	4113	E	Monique	Creamer	Veteran	Female	40
15	00:45:52	6265	G	Cathy	Berk	Veteran	Female	44
16	00:46:13	5090	F	Natalie	Boruvka	Veteran	Female	42
17	00:46:22	5091	F	Catherine	Boyle	Veteran	Female	42
18	00:47:12	7157	H	Beverley	Smyth	Veteran	Female	44
19	00:47:37	6053	G	Lubina	Du Buisson	Veteran	Female	42
20	00:47:45	5194	F	Debbie	Tanfield	Veteran	Female	46
21	00:47:47	5187	F	Sally	Mckenzie	Veteran	Female	44
22	00:48:05	5271	F	Soraya	Salie	Veteran	Female	45
23	00:48:13	5230	G	Ulla	Walmisley	Veteran	Female	40
24	00:48:32	5112	F	Jenny	Janisch	Veteran	Female	40
25	00:48:54	5084	F	Adeela	Adams	Veteran	Female	42
26	00:49:17	4102	E	Nikki	Jacobs	Veteran	Female	42
27	00:50:06	7251	H	Lizel	Jonker	Veteran	Female	40
28	00:50:06	5237	F	Leanne	Mitchell	Veteran	Female	40
29	00:50:54	6267	G	Michelle	Bey	Veteran	Female	45
30	00:50:56	5117	F	Zahier	Kapery	Veteran	Female	44
31	00:51:30	5198	F	Cathy	Stodel	Veteran	Female	43
32	00:52:14	5235	F	Mari-Lewise	De Kock	Veteran	Female	40
33	00:52:36	7221	H	natascha	Gibson	Veteran	Female	47
34	00:54:30	5106	F	Aneekah	Fataar	Veteran	Female	45
35	00:54:51	6099	G	Aleks	Jablonska	Veteran	Female	40
36	00:55:26	7166	H	Nicole	Cahill	Veteran	Female	40
37	00:56:34	5144	F	Linda	Theron	Veteran	Female	42
38	00:56:59	7193	H	Lisa	Duplessis	Veteran	Female	45
39	00:57:22	7219	H	Renata	Gensicke	Veteran	Female	43
40	00:57:36	6153	G	Justine	Renaut	Veteran	Female	44
41	00:58:33	7223	H	Lisa	Godfrey	Veteran	Female	47
42	00:58:34	4072	E	Zuriena	Slarmie	Veteran	Female	42
43	00:59:31	6293	G	Sam	Daly	Veteran	Female	47
44	00:59:35	7207	H	Sarah	Foale	Veteran	Female	47
45	01:00:09	7171	H	Simone	Das Neves	Veteran	Female	45
46	01:00:11	7292	H	Fabienne	Marias	Veteran	Female	43
47	01:00:36	4078	E	Lizel	Blignant	Veteran	Female	48
48	01:00:55	6201	G	Annick	Walsdorff	Veteran	Female	44
49	01:00:58	6091	G	Caroline	Hartlieb	Veteran	Female	43
50	01:01:24	6258	G	Collette	Atkins	Veteran	Female	40
51	01:01:25	5169	f	Anthea	Pinheiro	Veteran	Female	49
52	01:01:32	7214	H	Kayleen	Fredericks	Veteran	Female	46
53	01:01:43	5252	F	Elbie	Nel	Veteran	Female	41
54	01:01:48	7288	H	Loots	Loots	Veteran	Female	44
55	01:01:58	5009	F	riana	du toit	Veteran	Female	46
56	01:02:19	7132	H	Juliet	Thomatos	Veteran	Female	40
57	01:02:21	7133	H	Sandra	Delpport	Veteran	Female	47
58	01:02:35	6050	G	Karen	Dorfling	Veteran	Female	49
59	01:03:20	4099	F	Raashika	Tayob	Veteran	Female	43
60	01:03:33	7039	H	Lizelle	Janse van Rensburg	Veteran	Female	40
61	01:04:39	4297	F	Theonie	Du Plessis	Veteran	Female	46
62	01:04:41	6017	G	Rozanne	Boonzaier	Veteran	Female	40
63	01:05:56	5153	F	Verity	Price	Veteran	Female	41
64	01:06:06	6067	G	Natasha	Fisher	Veteran	Female	43
65	01:07:39	7138	F	Louise	Van de Venter	Veteran	Female	41
66	01:07:59	7287	H	Jenni	Lombard	Veteran	Female	42
67	01:09:01	7169	H	Nazli	Daniels	Veteran	Female	40
68	01:09:17	7170	H	Dalila	Das Neves	Veteran	Female	40
69	01:11:18	7032	H	Elmare	Herring	Veteran	Female	47
70	01:11:38	7067	H	Colleen	Moss	Veteran	Female	48
71	01:18:26	6070	G	Juliet	Francis	Veteran	Female	49
72	01:19:01	7095	H	shamiela	sonday	Veteran	Female	44
73	01:19:08	7019	H	Zarina	Ebrahim	Veteran	Female	41
74	01:21:51	7068	H	Maggie	Mostert	Veteran	Female	46
75	01:22:27	5209	F	Nicole	Solomon	Veteran	Female	44
76	01:35:57	6161	G	Faadiela	Ryklief	Veteran	Female	48

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:28	4110	E	Leslie	Chivell	Master	Male	61
2	00:33:26	4025	E	Richard	Rossiter	Master	Male	59
3	00:34:55	4064	E	Gary	Green	Master	Male	52
4	00:36:29	5006	F	Andrew	Denny	Master	Male	54
5	00:42:55	5012	F	Neil	Ebing	Master	Male	64
6	00:43:15	6118	G	David	Macdougall	Master	Male	51
7	00:45:08	5070	F	Charl	Millar	Master	Male	54
8	00:45:12	6266	G	Michael	Berk	Master	Male	50
9	00:45:40	5233	F	Vincent	Osborne	Master	Male	56
10	00:46:19	6098	G	Geoff	Howard	Master	Male	51
11	00:46:40	6106	G	Wilhelm	La Cock	Master	Male	52
12	00:48:12	5255	F	Pierre	Nieuwoudt	Master	Male	53
13	00:49:14	6048	G	Afzal	Dhansay	Master	Male	56
14	00:49:25	5005	F	Theuns	De Waal	Master	Male	50
15	00:51:04	7088	H	Peter	Roos	Master	Male	53
16	00:52:03	6166	G	Frans	Schutte	Master	Male	57
17	00:52:50	4112	E	Abdullah	Solomon	Master	Male	60
18	00:53:05	6066	G	David	Fisher	Master	Male	55
19	00:53:39	6072	G	Wayne	Francis	Master	Male	51
20	00:53:43	6037	G	Chris	Clark	Master	Male	74
21	00:54:18	5114	F	Anwar	Kamies	Master	Male	52
22	00:55:19	6205	G	Dean	Wentzel	Master	Male	51
23	00:55:48	7210	H	Wilfried	Franke	Master	Male	65
24	00:55:50	6035	G	Mark	Chamberlain	Master	Male	51
25	00:57:31	6080	G	Martin	Giles	Master	Male	51
26	00:57:34	6090	G	Sean	Harris	Master	Male	52
27	00:58:20	5150	F	Stephen	Taylor	Master	Male	59
28	00:58:51	6294	G	Sean	Daly	Master	Male	51
29	00:59:36	6262	G	Stephen	Bax	Master	Male	51
30	01:00:38	5200	F	Dion	Stevens	Master	Male	53
31	01:00:39	7052	H	Gawie	Krugel	Master	Male	55
32	01:02:01	6177	G	Marius	Swanepoel	Master	Male	57
33	01:02:06	7150	H	Chris	Jones	Master	Male	50
34	01:03:53	6049	G	Andrew	Dorfling	Master	Male	52
35	01:11:23	7033	H	Eric	Herring	Master	Male	50

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:38:49	4024	E	Lollos	Rodseth	Master	Female	57
2	00:39:01	5284	F	Liesc	Ravenscroft	Master	Female	50
3	00:42:38	5075	F	Tania	Morkel	Master	Female	57
4	00:45:45	5192	F	Gail	Moriarty	Master	Female	52
5	00:50:25	5131	F	Adri	van der Hoven	Master	Female	50
6	00:50:58	6124	G	Adele	McCann	Master	Female	59
7	00:53:14	6088	G	Michele	Groenewaldt	Master	Female	52
8	00:56:29	5231	F	Julia	Martin	Master	Female	57
9	00:57:20	4104	E	Shireen	Galaut	Master	Female	56
10	00:57:41	7060	H	Jacky	Lourens	Master	Female	52
11	00:57:47	5256	F	Ronel	Nieuwoudt	Master	Female	53
12	00:58:03	4094	E	Hilary	Knight	Master	Female	53
13	00:58:07	7110	H	Kathie	Troost	Master	Female	58
14	00:58:12	6112	G	Marizanne	Lombard	Master	Female	51
15	00:58:54	6203	G	Dagny	Warmerdam	Master	Female	50
16	00:59:16	6155	G	Margie	Richter Wilmot	Master	Female	51
17	01:00:37	7053	H	Thelma	Krugel	Master	Female	54
18	01:01:43	6159	G	Dawn	Rossiter	Master	Female	60
19	01:02:04	7149	H	Bridget	Marshall	Master	Female	50
20	01:02:42	6075	G	Fuzlan	Gamielien	Master	Female	51
21	01:03:03	7176	H	Brigitte	Deary	Master	Female	59
22	01:03:05	7115	H	Marge	van Vuuren	Master	Female	56
23	01:05:11	6298	G	Penelope	Dare	Master	Female	54
24	01:05:53	5154	F	Kay	Price-Lindsay	Master	Female	53
25	01:22:10	5295	F	Nadiema	Abdullalif	Master	Female	53
26	01:22:35	5159	F	Heather	Raghavjee	Master	Female	67

Junior Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:26:44	4001	E	Gershon	Aziza	Junior	Male	16
2	00:26:47	4016	E	Stephen	Millard	Junior	Male	15
3	00:27:24	4107	E	Alec	Botha	Junior	Male	15
4	00:31:44	4054	E	Niklaas	Brümmer	Junior	Male	15
5	00:33:06	6261	G	Connor	Bax	Junior	Male	17
6	00:33:15	4014	E	Owen	Jansen	Junior	Male	15
7	00:36:11	5000	F	Victor	Bakker	Junior	Male	16
8	00:36:26	4028	E	Nashief	Stemmet	Junior	Male	17
9	00:41:18	5120	F	David	Young	Junior	Male	14
10	00:55:59	5031	F	Riaz	Orrie	Junior	Male	17
11	01:04:30	4000	E	Daniel	Arendse	Junior	Male	16
12	01:27:38	4076	F	Amahn	Heuvel	Junior	Male	15

Junior Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:42:27	7172	H	Chloe	Fisher	Junior	Female	15
2	00:45:59	5268	F	Bianke	Rossouw	Junior	Female	16
3	00:51:21	6063	G	Lara	Engelbrecht	Junior	Female	15
4	00:58:30	7222	H	Emma	Godfrey	Junior	Female	16
5	01:05:45	4077	F	Theslin	Liebenberg	Junior	Female	15

Minimee

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:30:20	4008	E	Jethro	Dunn	Minimee	Male	13
2	00:31:49	4052	E	Deon	Bochnig	Minimee	Male	12
3	00:34:46	6062	G	Christiaan	Engelbrecht	Minimee	Male	12
4	00:34:53	4097	E	Francois	Rossouw	Minimee	Male	14
5	00:39:21	4051	E	Carla	Bochnig	Minimee	Female	12
6	00:40:53	4063	E	Storm	Elliott	Minimee	Female	14
7	00:41:26	4062	E	Brooke	Elliott	Minimee	Female	12
8	00:41:26	5109	F	Christine	Greig	Minimee	Female	13
9	00:42:47	4053	E	Jade	Bremner	Minimee	Female	14
10	00:46:48	6183	G	Lucas	Toussaint	Minimee	Male	12
11	00:46:49	5121	G	Thomas	Yell	Minimee	Male	12
12	00:48:34	5113	F	Thomas	Janisch	Minimee	Male	11
13	00:49:00	5190	F	Tyler	Micklethwaite	Minimee	Male	12
14	00:58:24	5280	F	Amber	Taylor	Minimee	Female	14
15	00:58:27	5279	F	Jaden	Hefer	Minimee	Male	13
16	00:58:29	5240	F	Cayley	Hefer	Minimee	Female	14

Peewee

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:26:37	4035	E	Caelan	McLeod	Peewee	Male	7
2	00:45:28	7216	H	Sama	Galant	Peewee	Female	10
3	00:47:57	6252	G	Ryan	Dellbridge	Peewee	Male	10
4	00:55:36	5292	F	Camryn	Marais	Peewee	Male	7
5	01:04:29	5145	F	Isabella	Theron	Peewee	Female	8