



## Spur Cape Summer Trail Series® Challenge 2017

NOTE: The PROVISIONAL results below are for the Spur Trail Series® Short Course Challenge and only include the runners competing in the SHORT course. Three race scores count towards the final score. Updated 20 February 2017. For any queries please email info@wildrunner.co.za by 24 February 2017 at the latest after which, no further changes will be made and these results will be final.

### Open Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	4038	E	Dino	Adams	Open	Male	21
2	4034	E	Evan	Fortuin	Open	Male	26
3	4013	E	Llewellyn	Jacobs	Open	Male	30
4	4003	E	Clayton	Booyesen	Open	Male	34
5	4057	E	Herman	de la Guerre	Open	Male	19
6	4005	E	Alewyn	Burger	Open	Male	32
7	4031	E	Ivor	Wright	Open	Male	31
8	5065	F	Marinus	Coetzee	Open	Male	32
9	5062	F	Jacques	Van Rensburg	Open	Male	34
10	5027	F	Dewaldt	Nieuwoudt	Open	Male	24
11	4042	E	Neil	Barnard	Open	Male	30
12	4004	E	Josh	Broome	Open	Male	39
13	4032	E	Sydney	Roberts	Open	Male	35
14	4106	E	Sean	Julius	Open	Male	21
15	5040	F	Siraaj	Solomon	Open	Male	32
16	6245	G	Stephen	Guess	Open	Male	28
17	5294	F	Joseph	Rosendorff	Open	Male	21
18	6234	G	Morgan	Haves	Open	Male	35
19	6000	G	Warren	Adler	Open	Male	37
20	6199	G	Stian	Visagie	Open	Male	27
21	5051	F	Danie	Nel	Open	Male	35
22	6198	G	Niel	Visagie	Open	Male	30
23	6019	G	Christopher	Boshoff	Open	Male	36
24	5189	F	Jayden	Menteth	Open	Male	32
25	4022	E	Klaus	Rau	Open	Male	28
26	4009	E	Lambert	Fick	Open	Male	24
27	5060	F	Jonathan	Grant	Open	Male	28
28	6185	G	Altan	Ungerer	Open	Male	39
29	6133	G	Modisaotsile	Moshweshwe	Open	Male	34
30	7028	H	Julien	Goffroy	Open	Male	37
31	5021	F	Magnus	Lamprecht	Open	Male	29
32	6013	G	Aliston	Beviss-Challinor	Open	Male	29
33	6042	G	Justin	Davids	Open	Male	31
34	7153	H	Ramiz	Samsodien	Open	Male	21
35	5234	F	George	Reed	Open	Male	29
36	7051	H	Jacques	Kriel	Open	Male	29
37	7168	H	Laurenz Aldu	Cornelissen	Open	Male	28
38	6212	G	Timothy	Young	Open	Male	35
39	7036	H	Shakeel	Hoosain	Open	Male	29
40	6044	G	Roy	Davy	Open	Male	34
41	5001	F	Jared	Barker	Open	Male	30
42	6160	G	John	Roux	Open	Male	22
43	6131	G	Wayne	More	Open	Male	34
44	6140	G	Liam	Norman	Open	Male	22
45	7085	H	Zaheer	Parker	Open	Male	34
46	6172	G	Mark	Simmers	Open	Male	38
47	4033	E	Graham	King	Open	Male	32
48	7182	H	Charl	De Villiers	Open	Male	32
49	7094	H	Marc	Slabbert	Open	Male	30
50	5164	F	Stephen	Robertson	Open	Male	33
51	7262	H	Thinus	Kruger	Open	Male	25
52	6268	G	Nellis	Beyers	Open	Male	34
53	6096	G	Muneeb	Hoosain	Open	Male	31
54	7082	H	Gerhard	Olivier	Open	Male	35
55	7246	H	Mohammed Irfaan	Imamdin	Open	Male	30
56	5034	F	Benjamin	Otto	Open	Male	26
57	7151	H	Chienne	Wolmarans	Open	Male	30
58	7103	H	Gustav	Terblanche	Open	Male	36
59	7069	H	Craig	Muller	Open	Male	31
60	5049	F	Rynardt	Smit	Open	Male	30
61	6058	G	Takawira	Dube	Open	Male	31
62	6229	G	Lourens	Vlotman	Open	Male	21

Race #1: Lebanon Forest	
Position & Points	Time
1	00:22:45
2	00:22:48
3	00:23:32
4	00:26:13
5	03:00:00
7	00:27:33
8	00:27:35
10	00:28:39
12	00:28:18
12	03:00:00
26	00:34:57
13	00:30:06
24	00:34:06
300	03:00:00
21	00:32:58
25	00:34:17
300	03:00:00
30	00:35:36
66	00:40:59
23	00:36:16
39	00:35:35
35	00:36:19
45	00:37:51
300	03:00:00
59	00:40:08
80	00:43:37
50	00:38:24
32	00:36:11
49	00:38:18
79	00:43:37
70	00:41:38
66	00:42:55
69	00:41:27
77	00:43:23
300	03:00:00
81	00:43:40
300	03:00:00
76	00:43:04
68	00:41:27
102	00:47:41
75	00:42:31
300	03:00:00
93	00:46:13
300	03:00:00
84	00:44:22
89	00:45:46
104	00:48:08
300	03:00:00
86	00:45:24
300	03:00:00
132	00:58:26
103	00:50:40
300	03:00:00
105	00:48:30
63	00:40:45
300	03:00:00
100	00:47:18
91	00:46:00
110	01:00:56
118	00:53:44
117	00:53:20
106	00:48:46
115	00:53:07

Race #2: Kirstenbosch Gardens	
Position & Points	Time
1	00:25:53
2	00:26:31
3	00:29:46
6	00:29:38
9	00:30:08
7	00:29:56
11	00:30:37
10	00:30:18
12	00:30:57
300	03:00:00
23	00:35:05
26	00:35:35
33	00:37:14
35	00:37:37
42	00:38:31
37	00:37:51
44	00:39:03
40	00:38:20
24	00:35:17
52	00:40:15
300	03:00:00
53	00:40:18
62	00:42:07
69	00:43:14
56	00:41:09
70	00:43:21
101	00:50:17
61	00:41:52
83	00:46:17
71	01:02:49
60	00:41:51
66	00:42:55
63	00:42:30
75	00:44:40
86	00:47:19
114	00:54:22
118	00:55:15
98	00:49:42
300	03:00:00
68	00:43:11
102	00:47:41
107	00:51:26
147	01:01:52
108	00:51:28
109	00:53:04
116	00:54:58
97	00:49:34
126	00:56:22
128	00:58:04
115	00:54:24
132	00:58:26
103	00:50:40
300	03:00:00
98	00:53:24
126	00:56:45
116	00:57:08
120	00:55:33
141	01:00:56
138	01:00:45
151	01:05:20
129	00:58:05
131	00:58:23

Race #3: Meerendal Wine Estate	
Position & Points	Time
1	00:28:21
2	00:28:35
3	00:29:46
4	00:30:23
5	00:30:45
6	00:32:46
7	00:33:15
300	03:00:00
8	00:33:28
22	00:38:19
19	00:37:21
14	00:35:32
25	00:39:41
21	00:38:09
23	00:38:32
300	03:00:00
32	00:41:30
300	03:00:00
13	00:35:01
36	00:41:59
35	00:41:56
42	00:43:01
61	00:45:14
48	00:43:41
46	00:43:15
50	00:43:53
74	00:48:04
300	03:00:00
55	00:44:35
124	01:02:49
300	03:00:00
62	00:45:18
69	00:47:05
64	00:45:55
65	00:46:01
81	00:50:00
80	00:49:41
84	00:50:21
101	00:53:40
66	00:46:15
97	00:53:23
86	00:51:35
2	00:47:12
87	00:51:42
300	03:00:00
112	00:51:53
96	00:53:02
81	00:50:08
300	03:00:00
94	00:52:55
88	00:51:52
120	00:59:20
118	00:57:36
98	00:53:24
106	00:55:03
116	00:57:08
95	00:52:57
115	00:57:03
300	03:00:00
300	03:00:00
125	01:02:54
119	00:57:41

Race #4: Oak Valley	
Position & Points	Time
3	00:30:07
1	00:28:21
2	00:29:06
5	00:33:17
4	00:32:13
7	00:34:25
300	03:00:00
8	00:37:25
300	03:00:00
12	00:39:17
10	00:38:52
300	03:00:00
20	00:41:35
21	00:41:43
300	03:00:00
24	00:42:04
18	00:41:05
26	00:42:49
300	03:00:00
35	00:45:26
40	00:46:09
32	00:44:29
36	00:45:27
42	00:46:37
300	03:00:00
44	00:47:32
43	00:46:59
75	00:57:19
300	03:00:00
41	00:46:10
67	00:53:25
300	03:00:00
54	00:50:25
48	00:48:59
14	00:39:48
59	00:51:51
58	00:51:22
300	03:00:00
65	00:53:07
49	00:49:09
300	03:00:00
50	00:49:11
64	00:53:00
61	00:51:53
77	00:57:29
65	00:53:14
63	00:52:53
69	00:54:53
68	00:53:43
76	00:57:21
78	00:57:48
300	03:00:00
71	00:55:35
81	01:14:24
300	03:00:00
81	01:01:19
80	00:58:46
86	01:07:38
300	03:00:00
300	03:00:00

TOTAL	
Points	Time
6	01:47:07
7	01:46:15
11	01:49:04
20	01:59:30
318	04:33:06
27	02:04:40
326	04:31:28
328	04:36:22
329	04:32:43
346	04:47:39
78	02:26:15
353	04:41:13
102	02:32:36
377	04:57:30
386	04:50:01
386	04:54:12
394	05:01:39
396	04:56:44
403	04:51:17
156	02:43:57
404	05:03:41
162	02:44:08
204	02:50:39
459	05:13:32
461	05:04:32
244	02:58:23
268	03:03:43
468	05:15:22
487	05:09:10
315	03:16:19
497	05:16:54
499	05:09:55
501	05:11:03
278	03:05:52
505	05:23:45
324	03:17:01
512	05:24:44
317	03:14:57
527	05:26:29
536	05:17:07
339	03:19:20
542	05:32:11
542	05:35:17
545	05:32:22
557	05:30:26
378	03:28:38
374	03:28:14
572	05:39:44
577	05:36:21
578	05:42:12
588	05:44:02
599	05:47:20
601	05:43:54
603	05:35:12
603	05:47:22
604	05:58:51
606	05:34:29
447	03:48:25
636	05:53:15
654	06:06:18
660	05:49:46
665	05:49:11

Open Ladies

Open Ladies							Race #1: Lebanon Forest		Race #2: Kirstenbosch Gardens		Race #3: Meerendal Wine Estate		Race #4: Oak Valley		TOTAL		TOTAL AFTER DISCARD		
Position	Race #	Batch	Name	Surname	Category	Sex	Age	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	5024	F	Josie	McCann	Open	Female	20	1	00:32:32	2	00:35:52	300	03:00:00	3	00:42:10	306	04:50:34	6	01:50:34
2	5064	F	Caro	Jordaán	Open	Female	25	4	00:35:29	5	00:38:22	4	00:40:19	9	00:44:51	22	02:39:01	13	01:54:10
3	4119	E	Elmarie	Myer	Open	Female	34	300	03:00:00	13	00:41:06	2	00:40:05	4	00:42:54	319	05:04:06	19	02:04:06
4	5037	F	Benita	Pretorius	Open	Female	32	300	03:00:00	18	00:43:04	5	00:40:30	8	00:44:44	311	05:08:19	31	02:08:19
5	6146	G	Yolandé	Oosthuizen	Open	Female	26	5	00:36:24	5	00:36:24	19	00:45:19	10	00:45:46	284	05:07:28	34	02:07:28
6	5056	F	Renata	Bossi	Open	Female	20	8	00:37:50	11	00:40:23	17	00:44:27	17	00:46:55	53	02:49:35	36	02:02:40
7	5059	F	Roshaan	Solomon	Open	Female	23	21	00:40:47	12	00:40:48	22	00:45:11	25	00:49:54	80	02:56:40	55	02:06:46
8	6046	G	Joy-Mare	De wer	Open	Female	33	6	00:36:27	39	00:47:28	300	03:00:00	15	00:46:38	360	05:10:33	60	02:10:33
9	6097	G	Dinaye	Hough	Open	Female	26	34	00:41:44	19	00:43:44	23	00:45:56	21	00:48:08	97	02:59:31	63	02:11:23
10	4041	E	Larize	De Wet	Open	Female	27	20	00:40:30	38	00:46:45	38	00:46:45	7	00:44:42	103	02:58:42	65	02:11:57
11	6211	G	Karlien	Wright	Open	Female	34	19	00:40:18	27	00:45:15	31	00:47:18	300	03:00:00	377	05:12:51	77	02:12:51
12	5035	F	Mairska	Otto	Open	Female	26	35	00:41:44	28	00:45:22	24	00:46:04	34	00:51:12	121	03:04:22	86	02:13:10
13	6014	G	Herna	Beviss-Challinor	Open	Female	26	42	00:42:34	32	00:46:01	37	00:48:43	18	00:47:17	129	03:04:34	87	02:15:52
14	6083	G	Natasha	Golding	Open	Female	28	44	00:42:54	34	00:46:43	34	00:48:05	35	00:51:13	150	03:08:55	106	02:17:42
15	5023	F	Karlien	Loubser	Open	Female	27	39	00:42:21	250	03:00:00	45	00:50:46	24	00:49:27	358	05:22:34	108	02:22:34
16	6092	G	Barbara	Heathcote	Open	Female	38	28	00:41:10	57	00:50:31	300	03:00:00	41	00:53:38	426	05:25:19	126	02:25:19
17	5007	F	Lauren	Denny	Open	Female	21	58	00:45:15	46	00:48:52	51	00:51:26	37	00:51:39	192	03:17:12	134	02:25:33
18	6176	G	Angelika	Steynberg	Open	Female	36	27	00:41:08	67	00:51:47	300	03:00:00	42	00:53:41	436	05:26:35	136	02:26:35
19	7087	H	Caryn	Prentice	Open	Female	23	59	00:45:17	250	03:00:00	70	00:53:13	53	00:55:52	432	05:34:22	182	02:34:22
20	6103	G	Sophia	Karayianis	Open	Female	31	63	00:45:35	96	00:54:33	65	00:52:40	66	00:59:45	290	03:32:33	194	02:32:48
21	6216	G	Claire	Geel	Open	Female	29	73	00:46:38	75	00:52:22	78	00:54:42	52	00:55:50	278	03:29:33	200	02:33:42
22	6217	G	Jenna	De Beer	Open	Female	29	112	00:50:45	104	00:55:24	92	00:56:35	13	00:46:12	321	03:28:56	209	02:32:21
23	7113	H	Nicola	Van Niekerk	Open	Female	19	78	00:46:48	250	03:00:00	79	00:54:55	54	00:56:03	461	05:37:45	211	02:37:45
24	7059	H	Coralee	Long	Open	Female	30	85	00:47:31	215	01:09:11	56	00:51:56	86	01:04:03	442	03:52:41	227	02:43:30
25	7097	H	Odette	Strydom	Open	Female	31	67	00:45:57	105	00:55:30	67	00:52:55	300	03:00:00	539	05:34:22	239	02:34:22
26	6032	G	Carstens	Carstens	Open	Female	33	93	00:48:27	92	00:53:56	98	00:57:30	55	00:56:14	338	03:36:08	240	02:38:37
27	6034	G	Claudia	Chamberlain	Open	Female	35	106	00:50:11	120	00:56:47	81	00:55:18	70	01:00:52	377	03:43:08	257	02:42:16
29	6192	G	Leana	van Wyk	Open	Female	33	83	00:55:44	106	00:55:44	87	00:55:40	300	03:00:00	576	05:38:40	276	02:38:40
30	7154	H	Yumna	Ismail	Open	Female	28	130	00:53:59	184	01:03:15	80	00:55:00	67	00:59:56	461	03:52:10	277	02:48:55
31	6191	G	Megan	van Vlaanderen	Open	Female	35	101	00:56:57	125	00:56:57	52	00:51:30	300	03:00:00	578	05:37:52	278	02:37:52
32	6085	G	Natellie	Goosen	Open	Female	26	119	00:51:31	144	00:59:13	101	00:57:45	64	00:59:07	428	03:47:37	284	02:48:23
34	6158	G	Karin	Roos	Open	Female	28	95	00:48:35	118	00:56:32	82	00:55:20	300	03:00:00	595	05:40:28	295	02:40:28
35	6248	G	Monique	Verheem	Open	Female	24	15	00:39:40	250	03:00:00	41	00:49:39	300	03:00:00	606	07:29:19	306	04:29:19
36	7066	H	Nicole	Moore-Kriel	Open	Female	30	118	00:51:00	152	01:00:15	107	00:58:23	82	01:03:31	459	03:53:09	307	02:49:38
37	7112	H	Marilj	van der Walt	Open	Female	26	300	03:00:00	150	01:00:02	96	00:57:22	63	00:57:55	609	05:55:20	309	02:55:20
38	5038	F	Teresa-Ann	Ruster	Open	Female	25	3	00:34:43	9	00:39:19	300	03:00:00	300	03:00:00	612	07:14:01	312	04:14:01
39	7078	H	Lusanda	Ngkonono	Open	Female	38	116	01:09:26	217	01:09:26	120	01:00:49	77	01:02:33	530	04:03:44	313	02:54:18
40	4065	E	Trinette	Havemann	Open	Female	32	300	03:00:00	108	00:55:54	115	01:00:01	92	01:05:03	615	06:00:58	315	03:00:58
41	4059	E	Taryn	Doidge	Open	Female	31	300	03:00:00	10	00:39:33	8	00:42:03	300	03:00:00	618	07:21:36	318	04:21:36
42	5259	F	Anel	Odendaal	Open	Female	30	300	03:00:00	16	00:42:41	11	00:43:15	300	03:00:00	627	07:25:56	327	04:25:56
43	7041	H	Kristin	Kenruir	Open	Female	29	100	00:49:25	153	01:00:26	300	03:00:00	76	01:02:18	629	05:52:09	329	02:52:09
44	5010	F	Rianza	du Toit	Open	Female	18	131	00:54:35	171	01:01:55	124	01:02:05	78	01:02:34	504	04:01:09	333	02:58:35
45	5276	F	Inge	Brand	Open	Female	32	300	03:00:00	26	00:45:12	14	00:44:10	300	03:00:00	640	07:29:22	340	04:29:22
46	5137	F	carmen	van der vyver	Open	Female	27	300	03:00:00	22	00:44:49	25	00:46:07	300	03:00:00	647	07:30:57	347	04:30:57
47	6161	G	Faadiela	Rykief	Open	Female	48	161	01:08:23	76	01:35:57	149	01:16:44	123	01:40:21	509	05:41:25	348	04:01:03
48	6289	G	Mariette	Conning	Open	Female	35	300	03:00:00	21	00:44:48	30	00:47:13	300	03:00:00	651	07:32:11	351	04:32:11
49	7045	H	sediga	ihatieb	Open	Female	30	29	00:41:13	25	00:45:04	300	03:00:00	300	03:00:00	654	07:26:18	354	04:26:18
50	6145	G	Diana	Oosthuizen	Open	Female	37	41	00:42:25	250	03:00:00	71	00:53:23	300	03:00:00	662	07:35:48	362	04:35:48
51	7004	H	Lindsay	Barrett	Open	Female	34	128	00:53:38	250	03:00:00	138	01:09:13	109	01:12:48	625	06:15:38	375	03:15:38
52	6006	G	Ilse	Appel	Open	Female	38	108	00:50:26	160	01:01:01	110	00:59:14	300	03:00:00	678	05:50:41	378	02:50:41
53	6213	G	Nicola	Ammermann	Open	Female	35	151	00:59:26	198	01:05:38	133	01:04:45	95	01:05:34	577	04:15:23	379	03:09:45
54	6113	G	Chloe	Lotter	Open	Female	38	110	00:50:37	140	00:58:59	130	01:04:26	300	03:00:00	680	05:54:03	380	02:54:03
55	6108	G	Marie-Louise	Lerm	Open	Female	26	137	00:55:10	192	01:04:38	137	01:08:03	112	01:15:21	578	04:23:13	386	03:07:52
56	7075	H	Estella	Neethling	Open	Female	36	145	00:57:20	206	01:08:20	134	01:05:28	107	01:11:30	592	04:22:38	386	03:11:07
57	6003	G	Marjo	Amoraal	Open	Female	30	33	00:41:37	58	00:50:34	300	03:00:00	300	03:00:00	691	07:32:11	391	04:32:11
58	6174	G	Adel	Smit	Open	Female	33	88	00:47:53	250	03:00:00	53	00:51:37	300	03:00:00	691	07:39:30	391	04:39:30
59	5206	F	Yolanda	Soobramoney	Open	Female	31	300	03:00:00	193	01:05:00	128	01:03:44	71	01:01:10	692	06:09:55	392	03:09:55
60	7042	H	Aaliya	Khan	Open	Female	25	47	00:43:20	49	00:49:39	300	03:00:00	300	03:00:00	696	07:32:59	396	04:32:59
61	6165	G	Jessica	Scholefield	Open	Female	29	147	01:06:02	202	01:06:02	139	01:09:37	113	01:15:24	601	04:29:41	399	03:14:17
62	7236	H	Carlin	Hendricks	Open	Female	36	300	03:00:00	166	01:01:29	118	01:00:30	117	01:22:14	701	06:24:12	401	03:24:12
63	5039	F	Shanaaz	Solomon	Open	Female	36	45	00:42:58	56	00:50:28	300	03:00:00	300	03:00:00	701	07:33:26	401	04:33:26
64	7049	H	Michelle	Knight	Open	Female	37	136	00:55:09	168	01:01:35	300	03:00:00	98	01:06:22	702	06:03:06	402	03:03:06
65	5180	F	Lisa	Lourie	Open	Female	28	300	03:00:00	53	00:50:08	49	00:51:22	300	03:00:00	702	07:41:30	402	04:41:30
66	7146	H	Ziglinde	De Jager	Open	Female	27	300	03:00:00	35	00:46:22	68	00:53:06	300	03:00:00	703	07:39:28	403	04:39:28
67	7011	H	Colleen	Cross	Open	Female	36	146	00:57:49	224	01:14:02	148	01:16:25	111	01:14:55	629	04:43:11	405	03:26:45
68	5207	F	Nastassja	Sonekum	Open	Female	28	300	03:00:00	48	00:49:12	61	00:52:18	300	03:00:00	709	07:41:30	409	0

80	7275	H	Laura	O'Neill	Open	Female	20	300	03:00:00	210	01:08:41	136	01:06:34	103	01:10:21	749	06:25:36	449	03:25:36
81	7091	H	Yusra	Salle	Open	Female	28	142	00:56:35	209	01:08:38	300	03:00:00	102	01:10:19	753	06:15:31	453	03:15:31
82	5033	F	Nabeelah	Orrie	Open	Female	22	48	00:43:25	107	00:55:52	300	03:00:00	300	03:00:00	755	07:39:16	455	04:39:16
83	7008	H	Xanthe	Botten	Open	Female	30	124	00:53:05	216	01:09:14	119	01:00:36	300	03:00:00	759	06:02:56	459	03:02:56
84	6251	G	Marle	Smit	Open	Female	34	163	01:05:42	199	01:05:42	300	03:00:00	110	01:13:26	772	06:30:01	472	03:30:01
85	7114	H	Tanya	van Tonder	Open	Female	33	72	00:46:19	101	00:55:07	300	03:00:00	300	03:00:00	773	07:41:26	473	04:41:26
86	6068	G	zandri	Fisher	Open	Female	22	102	00:49:28	250	03:00:00	123	01:01:16	300	03:00:00	775	07:50:44	475	04:50:44
87	6081	G	Carla	Glasspool	Open	Female	35	300	03:00:00	124	00:56:55	54	00:51:37	300	03:00:00	778	07:48:32	478	04:48:32
88	6055	G	Corli	Du Toit	Open	Female	32	96	00:48:37	90	00:53:49	300	03:00:00	300	03:00:00	786	07:42:26	486	04:42:26
89	6031	G	Warren	Caldenwood	Open	Female	31	84	00:47:27	103	00:55:21	300	03:00:00	300	03:00:00	787	07:42:47	487	04:42:47
90	6239	G	Mairdi	Joooste	Open	Female	32	125	00:53:05	250	03:00:00	121	01:00:55	300	03:00:00	796	07:54:00	496	04:54:00
91	5208	F	Tashkeen	Solomon	Open	Female	30	300	03:00:00	230	01:18:36	146	01:15:47	121	01:26:23	797	07:00:46	497	04:00:46
92	6189	G	Tharime	van der Westhuizen	Open	Female	27	129	00:53:41	250	03:00:00	127	01:03:40	300	03:00:00	806	07:57:21	506	04:57:21
93	5236	F	Nicola	Rossouw	Open	Female	28	300	03:00:00	97	00:54:38	111	00:59:20	300	03:00:00	808	07:53:58	508	04:53:58
94	7050	H	Annellese	Korsch	Open	Female	37	157	01:06:48	231	01:18:45	300	03:00:00	122	01:29:15	810	06:54:48	510	03:54:48
95	6290	G	Tarryn	Corbishley	Open	Female	29	300	03:00:00	119	00:56:43	100	00:57:44	300	03:00:00	819	07:54:27	519	04:54:27
96	6057	G	Tasneem	Du Toit Barden	Open	Female	38	91	00:48:15	131	00:57:57	300	03:00:00	300	03:00:00	822	07:46:12	522	04:46:12
97	6065	G	Anschen	Fisher	Open	Female	24	152	00:59:33	250	03:00:00	122	01:01:12	300	03:00:00	824	08:00:45	524	05:00:45
98	6043	G	Katherine	Davy	Open	Female	34	86	00:47:43	141	00:59:06	300	03:00:00	300	03:00:00	827	07:46:49	527	04:46:49
99	4084	E	Candice	Fraser	Open	Female	31	300	03:00:00	158	01:00:52	72	00:53:31	300	03:00:00	830	07:54:22	530	04:54:22
100	5298	F	Zoe	Kooyman	Open	Female	32	300	03:00:00	164	01:01:27	75	00:54:04	300	03:00:00	839	07:55:30	539	04:55:30
101	5172	F	Stephanie	Kruger	Open	Female	0	300	03:00:00	137	00:58:41	114	00:59:44	300	03:00:00	851	07:58:25	551	04:58:25
102	6001	G	Sierra	Alef-Defoe	Open	Female	22	94	00:48:32	167	01:01:32	300	03:00:00	300	03:00:00	861	07:50:04	561	04:50:04
103	6171	G	Alice	Sholto-Douglas	Open	Female	23	105	00:49:47	165	01:01:28	300	03:00:00	300	03:00:00	870	07:51:15	570	04:51:15
104	7128	H	Sharyn	Marais	Open	Female	35	154	01:02:33	117	00:56:26	300	03:00:00	300	03:00:00	871	07:59:00	571	04:59:00
105	7111	H	Monique	Vally	Open	Female	35	107	00:50:19	173	01:02:00	300	03:00:00	300	03:00:00	880	07:52:19	580	04:52:19
106	7062	H	Angela	Mckay	Open	Female	34	109	00:50:30	172	01:01:58	300	03:00:00	300	03:00:00	881	07:52:27	581	04:52:27
107	7076	H	Elizabeth	Nel	Open	Female	28	115	00:50:55	177	01:02:23	300	03:00:00	300	03:00:00	892	07:53:18	592	04:53:18
108	6002	G	Vanessa	Allen	Open	Female	33	140	00:55:42	187	01:03:36	300	03:00:00	300	03:00:00	927	07:59:18	627	04:59:18
109	7016	H	Lehlogonolo	Debeila	Open	Female	32	144	00:57:17	204	01:07:37	300	03:00:00	300	03:00:00	948	08:04:54	648	05:04:54
110	7023	H	Ezette	Fourie	Open	Female	36	300	03:00:00	223	01:13:20	131	01:04:26	300	03:00:00	954	08:17:47	654	05:17:47
111	7098	H	Chantal	Swanepoel	Open	Female	37	122	00:52:14	239	01:29:18	300	03:00:00	300	03:00:00	961	08:21:32	661	05:21:32
112	7263	H	Lisa-Joy	Wilson	Open	Female	27	300	03:00:00	212	01:08:45	152	01:23:29	300	03:00:00	964	08:32:14	664	05:32:14
113	7002	H	Nazmeera	Allie	Open	Female	37	300	03:00:00	211	01:08:43	153	01:23:31	300	03:00:00	964	08:32:14	664	05:32:14
114	6300	G	Sylvia	Visser	Open	Female	37	127	00:53:26	240	01:31:34	300	03:00:00	300	03:00:00	967	08:24:59	667	05:24:59
115	7300	H	Lynne-Mare	Engelbrecht	Open	Female	26	300	03:00:00	232	01:18:49	143	01:13:26	300	03:00:00	975	08:32:15	675	05:32:15
116	7073	H	Veena	Naran	Open	Female	30	300	03:00:00	228	01:17:57	151	01:21:06	300	03:00:00	979	08:39:02	679	05:39:02

Veteran Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age	Race #1: Lebanon Forest		Race #2: Kirstenbosch Gardens		Race #3: Meerendal Wine Estate		Race #4: Oak Valley		TOTAL		TOTAL AFTER DISCARD	
								Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	4002	E	Rudi	Bezuidenhout	Veteran	Male	41	2	00:29:07	1	00:33:01	1	00:34:15	1	00:36:16	5	02:12:39	3	01:36:23
2	4026	E	Arno	Rossouw	Veteran	Male	44	3	00:32:02	2	00:36:12	300	03:00:00	3	00:41:05	308	04:49:19	8	01:49:19
3	5011	F	Bill	Dunn	Veteran	Male	48	8	00:36:25	8	00:39:53	7	00:42:37	6	00:44:40	29	02:43:35	21	01:58:55
4	5041	F	Alfred	Temmers	Veteran	Male	49	9	00:38:50	9	00:39:57	9	00:42:56	4	00:44:26	31	02:46:08	22	02:01:42
5	4017	E	Pieter	Neethling	Veteran	Male	40	7	00:38:08	14	00:42:43	12	00:44:02	12	00:48:39	45	02:53:31	31	02:04:52
6	5048	F	Christian	Wiesener	Veteran	Male	44	13	00:41:23	300	03:00:00	14	00:44:46	11	00:48:05	338	05:14:14	38	02:14:14
7	6150	G	Cornelis	Potgieter	Veteran	Male	42	15	00:40:37	28	00:47:50	19	00:49:14	13	00:49:06	75	03:06:47	47	02:17:33
8	7079	H	Phumelelo	Ngonono	Veteran	Male	40	21	00:42:13	33	00:50:17	20	00:49:16	10	00:48:02	84	03:09:48	51	02:19:31
9	5045	F	Leon	Van der Westhuizen	Veteran	Male	41	14	00:42:23	300	03:00:00	23	00:50:51	15	00:49:30	352	05:22:44	52	02:22:44
10	6249	G	Richard	Dellbridge	Veteran	Male	42	19	00:43:35	29	00:48:00	26	00:51:00	14	00:49:12	88	03:11:48	59	02:20:47
11	5110	F	Paul	Greig	Veteran	Male	47	300	03:00:00	20	00:44:31	21	00:50:14	18	00:52:19	359	05:27:04	59	02:27:04
12	6052	G	Jean-Pierre	Du Buisson	Veteran	Male	48	35	00:53:32	25	00:47:33	28	00:51:57	22	00:54:24	110	03:27:26	75	02:33:03
13	6240	G	Stephen	Elliott-Wetmore	Veteran	Male	46	17	00:42:09	31	00:48:23	300	03:00:00	29	00:57:32	377	05:28:04	77	02:28:04
14	7156	H	Antony	Smyt	Veteran	Male	46	16	00:39:12	34	00:50:48	34	00:54:26	300	03:00:00	384	05:24:26	84	02:24:26
15	4105	E	Craig	Adams	Veteran	Male	44	300	03:00:00	39	00:52:54	25	00:50:55	23	00:55:38	387	05:39:27	87	02:39:27
16	6089	G	Yaseen	Harneker	Veteran	Male	40	22	00:44:52	41	00:54:24	300	03:00:00	28	00:57:08	391	05:36:24	91	02:36:24
17	7020	H	Werner	Engelbrecht	Veteran	Male	46	30	00:48:18	50	00:58:13	40	00:58:10	25	00:56:13	145	03:40:54	95	02:42:41
18	5217	F	Lambert	Schwartz	Veteran	Male	43	300	03:00:00	44	00:56:42	30	00:52:56	21	00:53:33	395	05:43:12	95	02:43:12
19	6186	G	Sarel	Uys	Veteran	Male	45	32	00:51:03	54	01:04:43	42	00:58:58	27	00:56:27	155	03:51:11	101	02:46:28
20	6036	G	Peter	Chetty	Veteran	Male	40	27	00:46:42	38	00:52:53	37	00:56:40	300	03:00:00	402	05:36:15	102	02:36:15
21	6007	G	Faizel	Bardien	Veteran	Male	47	29	00:48:25	48	00:57:54	300	03:00:00	30	00:59:21	407	05:45:40	107	02:45:40
22	4073	E	Waheeb	Slarmie	Veteran	Male	46	300	03:00:00	46	00:56:56	44	01:02:49	32	01:03:29	422	06:03:14	122	03:03:14
23	6241	G	Jason	Nicol	Veteran	Male	41	34	00:51:51	56	01:06:08	300	03:00:00	35	01:08:08	425	06:06:07	125	03:06:07
24	7101	H	Peter	Taylor	Veteran	Male	42	37	00:54:34	52	01:02:16	43	00:59:30	300	03:00:00	432	05:56:21	132	02:56:21
25	6173	G	Farryl	Singh	Veteran	Male	40	38	01:09:19	59	01:18:23	48	01:14:46	300	03:00:00	445	06:42:28	145	03:42:28
26	5108	F	Jurgen	Geltner	Veteran	Male	44	300	03:00:00	3	00:36:47	3	00:38:17	300	03:00:00	606	07:15:03	306	04:15:03
27	5002	F	Cheslyn	Battista	Veteran	Male	40	5	00:33:41	10	00:40:16	300	03:00:00	300	03:00:00	615	07:13:57	315	04:13:57
28	4116	E	Michael	Peacock	Veteran	Male	44	300	03:00:00	11	00:40:28	5	00:41:19	300	03:00:00	616	07:21:47	316	04:21:47
29	5168	F	Stephen	Pietersen	Veteran	Male	42	300	03:00:00	13	00:42:07	11	00:43:31	300	03:00:00	624	07:25:38	324	04:25:38
30	6253	G	Jason	Rattray	Veteran	Male	41	11	00:38:23	18	00:44:20	300	03:00:00	300	03:00:00	629	07:22:44	329	04:22:44
31	5030	F	Ashraf	Orrie	Veteran	Male	48	25	00:47:50	5	00:38:19	300	03:00:00	300	03:00:00	630	07:26:09	330	04:26:09
32	5281	F	Garth	Klein	Veteran	Male	41	300	03:00:00	17	00:43:45	15	00:47:10	300	03:00:00	632	07:30:55	332	04:30:55
33	7147	H	Jacques	De Klerk	Veteran	Male	47	300	03:00:00	32	00:50:03	8	00:42:40	300	03:00:00	640	07:32:43	340	04:32:43
34	4048	E	Denzel	Ross	Veteran	Male	42	12	00:43:17	30	00:48:10	300	03:00:00	300	03:00:00	642	07:31:27	342	04:31:27
35	6087	G	Riaan	Groenewald	Veteran	Male	47	18	00:42:28	300	03:00:00	33	00:53:27	300	03:00:00	651	07:35:54	351	04:35:54
36	5247	F	Steve	Murphy	Veteran	Male	49	300	03:00:00	27	00:47:39	24	00:50:55	300	03:00:00	651	07:38:35	351	04:38:35
37	6059	G	Andy	Duncan	Veteran	Male	41	300	03:00:00	35	00:51:11	31	00:52:57	300	03:00:00	666	07:44:08	366	04:44:08
38	5290	F	Steven	Mey	Veteran	Male	40	300	03:00:00	42	00:54:35	29	00:52:16	300	03:00:00	671	07:46:52	371	04:46:52
39	6076	G	Hendrik	Gerryts	Veteran	Male	49	33	00:51:20	300	03:00:00	41	00:58:54	300	03:00:00	674	07:50:14	374	04:50:14
40	5146	F	Hugo	Theron	Veteran	Male	44	300	03:00:00	53	01:04:32	47	01:09:12	300	03:00:00	700	08:13:43	400	05:13:43

Veteran Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age	Race #1: Lebanon Forest		Race #2: Kirstenbosch Gardens		Race #3: Meerendal Wine Estate		Race #4: Oak Valley		TOTAL		TOTAL AFTER DISCARD	
								Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	5019	F	Nicolette	herring	Veteran	Female	44	2	00:34:25	2	00:39:13	1	00:41:33	1	00:42:35	6	02:37:46	4	01:55:11
2	4043	E	Frances	Fuchs	Veteran	Female	42	3	00:36:02	300	03:00:00	2	00:43:24	2	00:44:08	307	05:03:35	7	02:03:35
3	5047	F	Anneke	Von Maltitz	Veteran	Female	40	4	00:36:33	3	00:39:46	3	00:43:29	300	03:00:00	310	04:59:48	10	01:59:48
4	5092	F	Christelle	Bremner	Veteran	Female	43	300	03:00:00	4	00:41:43	4	00:43:50	3	00:44:37	311	05:10:10	11	02:10:10
5	4020	E	Melanie	Novitzkas	Veteran	Female	45	6	00:37:56	11	00:44:20	9	00:48:58	5	00:47:02	31	02:58:15	20	02:09:17
6	6164	G	Rosette	Scheepers	Veteran	Female	49	5	00:37:35	12	00:44:26	300	03:00:00	6	00:48:13	323	05:10:13	23	02:10:13
7	7157	H	Beverley	Smth	Veteran	Female	44	15	00:43:13	18	00:47:12	11	00:50:38	7	00:49:10	51	03:10:12	33	02:19:35
8	6053	G	Lubina	Du Buisson	Veteran	Female	42	9	00:41:16	19	00:47:37	14	00:51:54	10	00:54:27	52	03:15:14	33	02:20:47
9	7251	H	Lizel	Jonker	Veteran	Female	40	300	03:00:00	27	00:50:06	16	00:52:11	8	00:51:45	351	05:34:02	51	02:34:02
10	6206	G	Samantha	Wentzel	Veteran	Female	49	19	00:46:52	300	03:00:00	29	00:57:35	14	00:57:39	362	05:42:07	62	02:42:07
11	7032	H	Elmare	Herring	Veteran	Female	47	40	00:58:36	69	01:11:18	27	00:56:45	1	00:42:35	137	03:49:14	68	02:37:56
12	6099	G	Aleks	Jablonska	Veteran	Female	40	21	00:48:54	35	00:54:51	13	00:51:44	300	03:00:00	369	05:35:29	69	02:35:29
13	5144	H	Linda	Theron	Veteran	Female	42	300	03:00:00	37	00:56:34	20	00:53:15	13	00:56:50	370	05:46:39	70	02:46:39
14	6201	G	Annick	Walsdorff	Veteran	Female	44	27	00:51:15	48	01:00:55	24	00:56:05	20	01:03:34	119	03:51:49	71	02:48:15
15	6153	G	Justine	Renaud	Veteran	Female	44	20	00:47:39	40	00:57:36	25	00:56:28	300	03:00:00	385	05:41:42	85	02:41:42
16	5009	F	Riana	Du Toit	Veteran	Female	46	34	00:54:37	55	01:01:58	39	01:02:49	18	01:02:36	146	04:02:01	91	02:59:12
17	6050	G	Karen	Dorfling	Veteran	Female	49	31	00:53:50	58	01:02:35	38	01:02:15	23	01:05:53	150	04:04:33	92	02:58:40
18	6091	G	Caroline	Hartlieb	Veteran	Female	43	28	00:51:17	49	01:00:58	300	03:00:00	21	01:03:37	398	05:55:52	98	02:55:52
19	6067	G	Natasha	Fisher	Veteran	Female	43	33	00:53:59	64	01:06:06	41	01:03:54	25	01:07:02	163	04:11:01	99	03:03:59
20	4072	E	Zuriena	Slarmie	Veteran	Female	42	300	03:00:00	42	00:58:34	40	01:03:44	19	01:03:31	401	06:05:50	101	03:05:50
21	7214	H	Kayleen	Fredericks	Veteran	Female	46	300	03:00:00	52	01:01:32	36	01:00:34	15	00:59:50	403	06:01:56	103	03:01:56
22	7067	H	Colleen	Moss	Veteran	Female	48	38	00:57:11	70	01:11:38	44	01:08:55	27	01:12:40	179	04:30:24	109	03:17:44
23	7133	H	Sandra	Delpont	Veteran	Female	47	22	00:49:09	57	01:02:21	31	00:57:38	300	03:00:00	410	05:49:08	110	02:49:08
24	7132	H	Juliet	Thomatos	Veteran	Female	40	24	00:49:23	56	01:02:19	30	00:57:37	300	03:00:00	410	05:49:18	110	02:49:18
25	6070	G	Juliet	Francis	Veteran	Female	49	45	01:04:59	71	01:18:26	48	01:13:12	34	01:24:16	198	05:00:53	127	03:36:37
26	7068	H	Maggie	Mostert	Veteran	Female	46	47	01:09:22	74	01:21:51	49	01:14:04	33	01:23:03	203	05:08:21	129	03:45:17
27	7138	H	Louise	Van De Venter	Veteran	Female	41	46	01:08:50	65	01:07:39	300	03:00:00	28	01:14:54	439	06:31:23	139	03:31:23
28	7019	H	Zarina	Ebrahim	Veteran	Female	41	32	00:53:56	73	01:19:08	53	01:16:50	300	03:00:00	458	06:29:54	158	03:29:54
29	7095	H	shamiela	sonday	Veteran	Female	44	44	01:03:14	72	01:19:01	52	01:16:45	300	03:00:00	468	06:39:00	168	03:39:00
30	4007	E	Liezl	du Plooy	Veteran	Female	41	1	00:30:51	1	00:33:18	300	03:00:00	300	03:00:00	602	04:04:09	302	04:04:09
31	5090	F	Natalie	Boruvka	Veteran	Female	42	300	03:00:00	16	00:46:13	7	00:48:40	300	03:00:00	623	07:34:53	323	04:34:53
32	5235	F	Mari-Lewis	De Kock	Veteran	Female	40	300	03:00:00	32	00:52:14	17	00:52:43	300	03:00:00	649	07:44:57	349	04:44:57
33	7171	H	Simone	Das Neves	Veteran	Female	45	300	03:00:00	45	01:00:09	22	00:54:22	300	03:00:00	667	07:54:30	367	04:54:30
34	6017	G	Rozanne	Boonzaaier	Veteran	Female	40	26	00:50:15	62	01:04:41	300	03:00:00	300	03:00:00	688	07:54:55	388	04:54:55
35	7288	H	Loots	Loots	Veteran	Female	44	300	03:00:00	54	01:01:48	34	00:58:19	300	03:00:00	688	08:00:08	388	05:00:08
36	7039	H	Lizelle	Janse van Rensburg	Veteran	Female	40	29	00:51:47	60	01:03:33	300	03:00:00	300	03:00:00	689	07:55:20	389	04:55:20
37	7134	H	Fatima	Moolia	Veteran	Female	43	43	01:02:10	300	03:00:00	51	01:16:36	300	03:00:00	694	08:18:46	394	05:18:46
38	4297	F	Theonie	Du Plessis	Veteran	Female	46	300	03:00:00	61	01:04:39	45	01:09:15	300	03:00:00	706	08:13:54	406	05:13:54
39	7170	H	Dailia	Das Neves	Veteran	Female	40	300	03:00:00	68	01:09:17	42	01:05:52	300	03:00:00	710	08:15:09	410	05:15:09

Master Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	4110	E	Leslie	Chivell	Master	Male	61
2	4025	E	Richard	Rossiter	Master	Male	59
3	4064	E	Gary	Green	Master	Male	52
4	5006	F	Andrew	Denny	Master	Male	54
5	5025	F	Patrick	McCann	Master	Male	53
6	5012	F	Neil	Ebing	Master	Male	64
7	6118	G	David	Macdougall	Master	Male	51
8	6098	G	Geoff	Howard	Master	Male	51
9	5070	F	Charl	Miller	Master	Male	54
10	6106	G	Wilhelm	La Cock	Master	Male	52
11	5255	F	Pierre	Nieuwoudt	Master	Male	53
12	6048	G	Afzal	Dhansay	Master	Male	56
13	6066	G	David	Fisher	Master	Male	55
14	6166	G	Frans	Schutte	Master	Male	57
15	4112	E	Abdullah	Solomon	Master	Male	60
16	6037	G	Chris	Clark	Master	Male	74
17	7088	H	Peter	Roos	Master	Male	53
18	5005	F	Theuns	De Waal	Master	Male	50
19	6072	G	Wayne	Francis	Master	Male	51
20	6205	G	Dean	Wentzel	Master	Male	51
21	6080	G	Martin	Giles	Master	Male	51
22	6035	G	Mark	Chamberlain	Master	Male	51
23	7037	H	Mark	Hutchinson	Master	Male	59
24	6090	G	Sean	Harris	Master	Male	52
25	6177	G	Marius	Swanepoel	Master	Male	52
26	7052	H	Gawie	Krugel	Master	Male	55
27	6049	G	Andrew	Dorfling	Master	Male	52
28	7013	H	Robbie	Dallas-Orr	Master	Male	76
29	5233	F	Vincent	Osborne	Master	Male	56
30	5300	F	Dion	Stevens	Master	Male	53
31	6262	G	Stephen	Bax	Master	Male	51
32	7150	H	Chris	Jones	Master	Male	50
33	7033	H	Eric	Herring	Master	Male	50

Race #1: Lebanon Forest	
Position & Points	Time
300	03:00:00
1	00:29:45
300	03:00:00
5	00:30:56
6	00:32:54
8	00:34:52
10	00:37:47
11	00:38:13
14	00:41:07
12	00:39:50
300	03:00:00
18	00:42:31
13	00:40:34
21	00:43:55
300	03:00:00
16	00:42:00
22	00:43:55
35	00:45:03
19	00:57:13
22	00:42:36
25	00:46:26
24	00:47:20
26	00:47:40
28	00:48:12
29	00:49:06
31	00:49:31
34	00:56:29
37	00:59:16
300	03:00:00
30	01:00:38
300	03:00:00
32	00:50:53
36	00:58:43

Race #2: Kirstenbosch Gardens	
Position & Points	Time
1	00:31:28
2	00:33:26
3	00:34:55
4	00:36:29
300	03:00:00
5	00:42:55
6	00:43:15
10	00:46:12
10	00:46:19
7	00:45:08
11	00:46:40
12	00:48:12
13	00:49:14
18	00:53:05
16	00:52:03
17	00:52:50
20	00:53:43
15	00:51:04
14	00:49:25
19	00:53:39
22	00:55:19
25	00:57:31
24	00:55:50
300	03:00:00
26	00:57:34
31	01:03:16
32	01:02:01
30	00:49:31
34	01:03:53
300	03:00:00
9	00:45:40
30	01:00:38
29	00:59:36
33	01:02:06
35	01:11:23

Race #3: Meerendal Wine Estate	
Position & Points	Time
1	00:33:07
4	00:36:45
2	00:34:51
3	00:36:30
5	00:39:56
6	00:44:37
7	00:46:12
8	00:47:09
15	00:49:02
13	00:48:10
11	00:47:35
10	00:47:30
300	03:00:00
14	00:48:16
16	00:49:33
23	00:53:08
20	00:52:06
22	00:53:04
24	00:54:08
27	00:55:19
300	03:00:00
28	00:56:57
26	00:55:11
31	01:03:16
25	00:55:05
30	00:57:07
33	01:02:19
34	01:12:27
9	00:47:16
17	00:50:08
29	00:57:04
300	03:00:00
300	03:00:00

Race #4: Oak Valley	
Position & Points	Time
1	00:35:34
3	00:37:06
2	00:35:56
5	00:39:20
7	00:41:03
9	00:46:48
10	00:47:21
11	00:47:24
13	00:48:33
300	03:00:00
15	00:49:05
300	03:00:00
17	00:51:41
300	03:00:00
21	00:54:30
19	00:52:08
300	03:00:00
24	00:56:30
23	00:55:31
300	03:00:00
22	00:54:47
26	00:57:55
28	00:58:26
29	01:03:16
300	03:00:00
27	00:58:10
32	01:05:55
34	01:14:34
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00

TOTAL	
Points	Time
303	04:40:09
10	02:17:03
307	04:45:42
17	02:23:15
318	04:53:52
28	02:49:13
33	02:54:36
40	02:59:05
49	03:03:50
336	05:14:40
338	05:24:51
341	05:19:16
348	05:25:20
351	05:24:14
354	05:36:53
78	03:20:59
357	05:27:04
83	03:24:02
101	03:40:31
368	05:34:37
371	05:38:44
103	03:38:03
380	05:41:17
114	03:46:10
386	05:46:12
118	03:45:27
133	04:08:35
405	06:26:18
618	07:32:56
647	04:50:46
658	07:56:40
665	07:52:59
671	08:10:06

TOTAL AFTER DISCARD	
Points	Time
3	01:40:09
6	01:39:57
7	01:45:42
12	01:43:55
18	01:53:52
19	02:02:24
23	02:07:15
29	02:11:41
34	02:14:48
36	02:14:40
38	02:24:51
41	02:19:16
48	02:25:20
51	02:24:14
54	02:36:53
55	02:27:17
57	02:27:04
59	02:27:32
66	02:43:18
68	02:34:37
71	02:38:44
75	02:40:08
80	02:41:17
83	02:42:53
86	02:46:12
87	02:44:48
99	03:02:40
105	03:26:18
318	04:32:56
347	04:50:46
358	04:56:40
365	04:52:59
371	05:10:06

Master Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	4024	E	Lollos	Rodseth	Master	Female	57
2	5075	F	Tania	Morkel	Master	Female	57
3	6088	G	Michele	Greenewaldt	Master	Female	52
4	5256	F	Ronel	Nieuwoudt	Master	Female	53
5	6124	G	Adele	McCann	Master	Female	59
6	7053	H	Thelma	Krugel	Master	Female	54
7	7012	H	Lindsey	Dallas-Orr	Master	Female	68
8	7110	H	Kathie	Troost	Master	Female	58
9	6155	G	Margie	Richter Wilmot	Master	Female	51
10	6159	G	Dawn	Rositer	Master	Female	60
11	6112	G	Marizanne	Lombard	Master	Female	51
12	6203	G	Dagny	Warmerdam	Master	Female	50
13	7115	H	Marge	van Vuuren	Master	Female	56
14	7148	H	Bonaezo	Harding	Master	Female	62
15	6115	G	Janice	Louw	Master	Female	50
16	6194	G	Estelle	Verburgh	Master	Female	52
17	7060	H	Jacky	Lourens	Master	Female	52
18	5057	F	Marianne	Nelson	Master	Female	73
19	7149	H	Bridget	Marshall	Master	Female	50
20	6075	G	Fuzlan	Garnieldien	Master	Female	51

Race #1: Lebanon Forest	
Position & Points	Time
1	00:34:12
5	00:41:21
9	00:45:28
300	03:00:00
13	00:47:47
15	00:48:34
12	00:47:14
21	00:49:52
17	00:49:04
18	00:49:08
19	00:49:11
26	00:52:49
22	00:50:05
30	01:28:00
4	00:39:54
300	03:00:00
7	00:42:17
11	00:47:01
11	00:47:55
23	00:50:50
24	00:51:34

Race #2: Kirstenbosch Gardens	
Position & Points	Time
1	00:38:49
3	00:42:38
7	00:53:14
11	00:57:47
6	00:50:58
17	01:00:37
300	03:00:00
13	00:56:52
18	01:12:30
12	00:56:52
8	00:55:03
17	00:59:31
14	00:58:12
15	00:58:54
22	01:03:05
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00
10	00:57:41
300	03:00:00
19	01:02:04
20	01:02:42

Race #3: Meerendal Wine Estate	
Position & Points	Time
1	00:40:00
300	03:00:00
6	00:54:12
9	00:55:19
10	00:56:12
13	00:57:05
18	01:12:30
12	00:56:52
8	00:55:03
17	00:59:31
300	03:00:00
300	03:00:00
15	00:59:01
19	01:19:49
3	00:47:23
11	00:56:16
300	03:00:00
16	00:59:26
300	03:00:00
300	03:00:00

Race #4: Oak Valley	
Position & Points	Time
1	00:43:16
2	00:47:24
4	00:54:21
5	00:55:55
300	03:00:00
8	00:58:31
6	00:56:21
12	01:04:00
300	03:00:00
7	00:58:19
9	00:59:53
11	01:03:14
300	03:00:00
17	01:57:43
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00

TOTAL	
Points	Time
4	02:36:17
310	05:11:22
26	03:27:15
325	05:49:02
329	05:34:56
53	03:44:46
336	05:56:05
58	03:48:51
341	05:43:23
60	03:48:41
342	05:47:16
352	05:54:56
359	05:52:11
366	07:45:32
607	07:27:17
618	07:38:33
621	07:44:41
630	07:47:21
642	07:52:54
644	07:54:16

TOTAL AFTER DISCARD	
Points	Time
3	01:53:01
10	02:11:22
17	02:32:54
25	02:49:02
29	02:34:56
36	02:44:09

Junior Male

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	4001	E	Gershon	Aziza	Junior	Male	16
2	4000	E	Daniel	Arendse	Junior	Male	16
3	4016	E	Stephen	Millard	Junior	Male	15
4	4028	E	Nashief	Stemmet	Junior	Male	17
5	4046	E	Alec	Botha	Junior	Male	15
6	5000	F	Victor	Bakker	Junior	Male	16
7	4054	E	Niklaas	Brümmer	Junior	Male	15
8	4014	E	Owen	Jansen	Junior	Male	15
9	6261	G	Connor	Bax	Junior	Male	17
10	5031	F	Riaz	Orrie	Junior	Male	17

Race #1: Lebanon Forest	
Position & Points	Time
1	00:23:45
2	00:24:32
4	00:25:20
3	00:24:41
5	00:26:10
6	00:26:40
300	03:00:00
7	00:27:30
300	03:00:00
8	00:31:50

Race #2: Kirstenbosch Gardens	
Position & Points	Time
1	00:26:44
11	01:04:30
2	00:26:47
8	00:36:26
3	00:27:24
7	00:36:11
4	00:31:44
6	00:33:15
5	00:33:06
10	00:55:59

Race #3: Meerendal Wine Estate	
Position & Points	Time
1	00:28:43
2	00:28:50
4	00:29:39
3	00:28:54
5	00:31:52
300	03:00:00
6	00:35:36
300	03:00:00
7	00:37:53
300	03:00:00

Race #4: Oak Valley	
Position & Points	Time
1	00:28:58
2	00:29:39
3	00:29:52
6	00:33:36
300	03:00:00
4	00:32:36
7	00:36:52
5	00:33:08
300	03:00:00
300	03:00:00

TOTAL	
Points	Time
4	01:48:10
17	02:27:31
13	01:51:39
20	02:03:38
313	04:25:26
317	04:35:26
317	04:44:11
318	04:33:53
612	07:10:59
618	07:27:49

TOTAL AFTER DISCARD	
Points	Time
3	01:19:12
6	01:23:01
9	01:21:46
12	01:27:12
13	01:25:26
17	01:35:26
17	01:44:11
18	01:33:53
312	04:10:59
318	04:27:49

Minimee

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	4008	E	Jethro	Dunn	Minimee	Male	13
2	6062	G	Christiaan	Engelbrecht	Minimee	Male	12
3	4053	E	Jade	Bremner	Minimee	Female	14
4	5109	F	Christine	Greig	Minimee	Female	13
5	6183	G	Lucas	Toussaint	Minimee	Male	12
6	4052	E	Deon	Bochnig	Minimee	Male	12
7	4051	E	Carla	Bochnig	Minimee	Female	12
8	5121	G	Thomas	Yell	Minimee	Male	12
9	5240	F	Cayley	Hefer	Minimee	Female	14

Race #1: Lebanon Forest	
Position & Points	Time
1	00:31:19
2	00:32:27
300	03:00:00
300	03:00:00
9	00:48:04
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00

Race #2: Kirstenbosch Gardens	
Position & Points	Time
1	00:30:20
3	00:34:46
9	00:42:47
8	00:41:26
10	00:46:48
2	00:31:49
5	00:39:21
11	00:46:49
16	00:58:29

Race #3: Meerendal Wine Estate	
Position & Points	Time
300	03:00:00
3	00:37:39
4	00:39:31
6	00:43:35
7	00:47:39
2	00:34:25
5	00:41:07
8	00:47:46
9	00:56:32

Race #4: Oak Valley	
Position & Points	Time
1	00:35:54
2	00:38:58
3	00:41:07
4	00:46:07
6	00:49:02
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00

TOTAL	
Points	Time
303	04:37:32
10	02:23:50
316	05:03:25
318	05:11:08
32	03:11:33
604	07:06:14
610	07:20:29
619	07:34:36
625	07:55:01

TOTAL AFTER DISCARD	
Points	Time
3	01:37:32
7	01:44:52
16	02:03:25
18	02:11:08
22	02:22:31
304	04:06:14
310	04:20:29
319	04:34:36
325	04:55:01