



Spur Cape Summer Trail Series® 2017
Race 4 XL (25,5km)
Oak Valley Wine Estate

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:42:50	8210	Ben	Matiso	Open	Male	29
2	01:43:48	8200	Nicholas	Rupanga	Veteran	Male	40
3	01:44:43	8091	Edson	Kumwamba	Open	Male	27
4	01:45:33	8236	Rory	Scheffer	Open	Male	25
5	01:46:14	8199	Brendan	Lombard	Open	Male	27
6	01:46:30	8046	Jarryd	Dunn	Open	Male	19
7	01:50:54	8197	Ben	Brimble	Open	Male	31
8	01:53:22	8038	Coach	Dion	Veteran	Male	47
9	01:55:07	8188	Damian	Will	Open	Male	30
10	01:55:22	8081	Tish	Jones	Open	Female	31
11	01:55:24	8148	Ashleigh	Simonis	Open	Female	20
12	01:58:10	8071	Dale	Herring	Open	Male	22
13	01:58:30	8030	Stephen	Davis	Veteran	Male	41
14	01:58:36	8093	Annamart	Laubscher	Open	Female	23
15	01:59:45	8099	Julien	Louw	Veteran	Male	49
16	02:00:12	8198	Kevin	Spratley	Veteran	Male	47
17	02:00:40	8215	Ryan	Winter	Open	Male	39
18	02:01:40	8119	Joe	Newbert	Veteran	Male	42
19	02:02:52	8051	Noel	Ernstzen	Master	Male	57
20	02:03:18	8023	Michael	Collins	Veteran	Male	40
21	02:03:24	8072	Kyle	Herring	Open	Male	22
22	02:04:49	8208	Tony	Abbott	Veteran	Male	40
23	02:06:36	8018	Lee	Buccellato	Open	Female	36
24	02:07:36	8125	Iain	Peddle	Open	Male	35
25	02:08:43	8178	Jonathan	Van Wyk	Open	Male	36
26	02:08:50	8190	Erik	Williamson	Open	Male	26
27	02:09:54	8141	Leo	Scheepers	Open	Male	30
28	02:10:00	8021	Devon	Coetzee	Open	Male	25
29	02:10:13	8206	Kathleen	Shuttleworth	Veteran	Female	42
30	02:10:16	8162	Greg	Torr	Veteran	Male	42
31	02:10:55	8169	Mia	Uys	Open	Female	21
32	02:10:58	8031	Jonathan	Day	Open	Male	28
33	02:13:44	8201	Tielman	Nieuwoudt	Open	Male	26
34	02:13:52	8076	Dean	Hopf	Open	Male	30
35	02:14:05	8179	Arnaud	Vignolles	Open	Male	31
36	02:14:07	8205	Elsabe	Van der Merwe	Open	Female	26
37	02:14:46	8066	Duncan	Hall	Open	Male	28
38	02:14:55	8154	Katya	Soggot	Veteran	Female	41
39	02:15:03	8070	Matthew	Healy	Open	Male	21
40	02:16:17	8131	Mathieu	Plancharde	Open	Male	23
41	02:16:19	8164	Hector	Turner	Open	Male	23
42	02:16:34	8186	Marnia	Wessels	Open	Female	22
43	02:17:22	8126	Laura	Peddle	Open	Female	34
44	02:18:04	8163	Ursula	Turck	Veteran	Female	44
45	02:18:38	8008	Hendry	Bessinger	Open	Male	37
46	02:19:55	8078	Justin	Hulme	Open	Male	32
47	02:19:57	8220	Emily	Yeo	Open	Female	19
48	02:20:01	8223	Frans	Groetepass	Open	Male	21
49	02:20:03	8032	Lourens	de Jongh	Open	Male	29
50	02:20:37	8059	Chris	Garbers	Open	Male	27
51	02:20:47	8019	Amanda	Cloete	Open	Female	39
52	02:21:40	8107	David	Metelerkamp	Open	Male	25
53	02:21:50	8134	Pauline	Pucheu	Open	Female	28
54	02:22:20	8153	Dave	Snyders	Open	Male	34
55	02:23:37	8195	Dave	Yeowart	Veteran	Female	42
56	02:23:49	8212	Janine	Visser	Open	Female	29
57	02:23:53	8211	Arno	Buitendas	Open	Male	27
58	02:24:08	8183	Wilhelm	Vogts	Open	Male	30
59	02:24:14	8122	Robin	Parfett	Veteran	Male	47
60	02:24:27	8079	Duncan	Irvine	Open	Male	29
61	02:26:45	8137	Cheri	Rickett	Veteran	Female	44
62	02:27:10	8015	Ester	Brink	Master	Female	51
63	02:28:00	8104	Brian	McCurach	Veteran	Male	49
64	02:28:11	8171	Pieter	Uys	Open	Male	21
65	02:28:14	8088	Jeremy	Kropman	Master	Male	59
66	02:29:05	8074	Jens	Hitzeroth	Open	Male	39
67	02:30:28	8191	Caroline	Wills	Veteran	Female	40
68	02:30:54	8063	Michal	George	Veteran	Male	46
69	02:31:06	8184	Guy	Wagenvoorde	Open	Male	24
70	02:32:15	8113	Gert	Moolman	Veteran	Male	49
71	02:32:25	8053	Melanie	Esterhuizen	Open	Female	33
72	02:32:28	8096	Amitie	Lee	Open	Female	25
73	02:32:38	8086	Ryan	Kidwell	Open	Male	35
74	02:33:17	8007	Victoria	Bennetts	Open	Female	39
75	02:33:36	8060	Lucy	Gauntlett	Open	Female	25
76	02:34:03	8185	Rainer	Wellmanns	Open	Male	34
77	02:35:04	8087	Myles	Kritzinger	Open	Male	32
78	02:35:06	8111	Sally	Mispion	Open	Female	29
79	02:35:16	8140	Fahd	Said	Open	Male	33
80	02:35:19	8121	James	Oosterbaan	Open	Male	23
81	02:35:25	8064	John	Gilchrist	Veteran	Male	43
82	02:35:29	8012	Courtney	Botha	Open	Female	27
83	02:35:38	8065	Kayleigh	Gultig	Open	Female	20
84	02:35:40	8035	Meyer	de Villiers	Veteran	Male	43
85	02:35:57	8216	JP	Duvenage	Open	Male	36
86	02:36:22	8110	Jean	Minnaar	Open	Female	33
87	02:36:32	8189	Chloe	Williams	Open	Female	25
88	02:36:39	8034	Colleen	De Oliveira	Open	Female	31
89	02:36:40	8067	Chanel	Hannah	Open	Female	27
90	02:37:17	8144	Craig	Seaman	Veteran	Male	49

91	02:37:23	8129	Charles	Pettit	Open	Male	35
92	02:37:44	8108	Lee	Meyerdricks	Open	Male	34
93	02:38:22	8219	Nikki-Leigh	Piper	Open	Female	31
94	02:38:48	8118	Kelly	Neveling	Veteran	Female	40
95	02:39:24	8028	Nicci	Courtney-Clarke	Veteran	Female	41
96	02:39:27	8097	Limont	Lehman	Veteran	Female	40
97	02:39:31	8027	Courtney-Clarke	Courtney-Clarke	Open	Female	38
98	02:39:39	8116	Monique	Myburgh	Open	Female	31
99	02:40:10	8011	Shirley	Bosman	Veteran	Female	41
100	02:40:34	8155	Troy	Squires	Open	Male	37
101	02:41:14	8083	John-Hunter	Kennedy	Open	Male	28
102	02:41:33	8089	Marius	Kruger	Veteran	Male	42
103	02:41:36	8090	Natasha	Kruger	Veteran	Female	43
104	02:41:44	8182	Elizabeth	Vogts	Open	Female	29
105	02:42:16	8048	Sebnem	Er	Open	Female	38
106	02:42:40	8138	Evan	Ridge	Veteran	Male	47
107	02:43:10	8026	Shaun	Counihan	Open	Male	37
108	02:43:13	8156	Kenneth	Stephen	Open	Male	33
109	02:43:16	8151	Riaan	Smit	Open	Male	31
110	02:43:39	8132	Barry	Ponsford	Master	Male	56
111	02:43:54	8047	Beate	Elbrecht	Veteran	Female	41
112	02:45:14	8045	Danielle	du Toit	Veteran	Female	42
113	02:45:20	8101	Niels	Luchters	Open	Male	38
114	02:45:58	8167	Irmilee	Uys	Open	Female	20
115	02:46:52	8139	Amy	Robertson	Open	Female	20
116	02:47:08	8170	Pieter	Uys	Master	Male	54
117	02:47:15	8077	Cheryl	Howson	Open	Female	31
118	02:47:17	8098	Andrea	Loubser	Open	Male	33
119	02:47:21	8145	Jeffrey	Shapiro	Open	Male	39
120	02:47:39	8000	Graham	Alessandri	Master	Male	57
121	02:48:24	8194	Maruanda	Wynne	Veteran	Female	45
122	02:48:59	8165	Sue	Ulyyett	Master	Female	50
123	02:49:10	8029	Heather	Dalton	Open	Female	37
124	02:49:42	8221	Jonathon	Edwards	Open	Male	32
125	02:49:48	8222	Michelle	Koblischke	Open	Female	37
126	02:50:11	8013	Louisa	Botha	Veteran	Female	46
127	02:50:53	8133	Anne	Pool	Master	Female	55
128	02:51:38	8217	Marius	du Plessis	Open	Male	25
129	02:53:25	8147	Gareth	Shaw	Open	Male	38
130	02:54:21	8209	Erica	Goedhals	Veteran	Female	49
131	02:54:27	8044	Jean-Pierre	du Toit	Open	Male	36
132	02:54:45	8084	Dean Gary	Keyser	Open	Male	36
133	02:54:59	8117	Sanja	Nel	Open	Female	33
134	02:55:40	8152	Schalk	Smit	Master	Male	50
135	02:56:11	8174	Ansa	van geest	Veteran	Female	43
136	02:56:16	8036	Mariletjie	de Vries	Veteran	Female	44
137	02:56:37	8085	Mohamed	Khalpe	Open	Male	31
138	02:56:44	8175	Johan	van Heerden	Veteran	Male	45
139	02:57:42	8159	Johan	Swart	Master	Male	53
140	02:58:13	8082	Rialize	Joubert	Veteran	Female	43
141	02:58:14	8062	Corinne	Geldenhuis	Veteran	Female	41
142	02:58:18	8176	Michele	van Lill	Veteran	Female	47
143	02:58:36	8150	Angeliq	Smit	Open	Female	39
144	02:59:34	8161	Johanna	Taylor	Master	Female	53
145	02:59:40	8218	Jean-Pierre	Schoeman	Open	Male	33
146	03:00:13	8202	Kate	Le Roux	Veteran	Female	47
147	03:00:17	8039	Mathilda	Dixon	Open	Female	39
148	03:00:29	8115	Sabine	Muller	Master	Female	51
149	03:01:00	8075	Sally	Hollick	Master	Female	50
150	03:01:02	8124	Monica	Paterson	Master	Female	55
151	03:01:10	8177	Tammy	Van Rensburg	Open	Female	29
152	03:01:35	8043	Ankia	Du toit	Open	Female	38
153	03:01:40	8020	Handri	Coetzer	Open	Female	37
154	03:02:01	8002	Cornell	badenhorst	Open	Female	38
155	03:02:23	8130	Lee-Anne	Pienaar	Veteran	Female	40
156	03:03:12	8033	Kevin	de Klerk	Open	Male	39
157	03:03:59	8054	Luzanne	Esterhuys	Veteran	Female	41
158	03:04:02	8049	Estelle	Erasmus	Veteran	Female	40
159	03:04:05	8213	Cam	Deacon	Veteran	Male	46
160	03:04:11	8214	Dewald	Naude	Veteran	Female	41
161	03:04:13	8004	Gary	Banfield	Veteran	Male	43
162	03:04:25	8006	Jennifer	Begg	Open	Female	29
163	03:05:21	8158	Janine	Sutherland	Open	Female	37
164	03:06:33	8187	Meghan	West	Open	Female	22
165	03:08:02	8106	Samantha	Mcilroy	Veteran	Female	44
166	03:08:10	8135	Antoni	Ribeiro	Veteran	Male	48
167	03:08:23	8050	Helen	Erasmus	Master	Female	53
168	03:08:29	8207	Elize	Von Staden	Veteran	Female	40
169	03:11:13	8080	Jacques	Jansen van Rensburg	Open	Male	36
170	03:12:39	8017	Beatrix	broek	Master	Female	50
171	03:12:41	8100	Jaqueline	Loydell	Master	Female	55
172	03:14:09	8109	Nothemba	Mfoloji	Open	Female	36
173	03:15:14	8143	Hayley	Schuter	Open	Female	29
174	03:15:23	8003	Robert	Bain	Open	Male	35
175	03:15:29	8224	Steve	Akester	Master	Male	55
176	03:16:14	8105	Rob	McDonald	Master	Male	63
177	03:16:31	8123	Muzaffar	Parker	Open	Male	28
178	03:17:37	8112	Glenda	Monson	Master	Female	62
179	03:19:20	8136	Liesl	Ribeiro	Veteran	Female	46
180	03:22:30	8172	Phi	van Breukelen	Open	Female	38
181	03:22:33	8114	Ilse	Mostert	Veteran	Female	46
182	03:22:47	8025	David	Conradie	Master	Male	63
183	03:25:20	8056	Vicki	Fox	Open	Female	30
184	03:25:38	8042	Albertus Johannes	du Toit	Open	Male	31
185	03:26:18	8057	Kim-Lisa	Gad	Open	Female	39
186	03:29:15	8203	Nicole	Hall	Open	Female	32
187	03:29:20	8204	Mark	Goosen	Open	Male	35
188	03:30:30	8094	Amanda	Le Roux	Master	Female	61
189	03:31:01	8193	Cordula	Winkler	Open	Female	38
190	03:31:05	8016	Kerry	Brits	Veteran	Female	41

191	03:33:51	8173	Johann	van der Vyver	Veteran	Male	45
192	03:35:18	8068	Sandra	Hansen	Open	Female	39
193	03:41:58	8010	Robin	Bolten	Open	Female	21
194	03:55:10	8095	Terina	le Roux	Open	Female	35
195	03:56:00	8196	Zwick	Zwick	Open	Male	35
196	03:56:06	8040	Michelle	du Plessis	Open	Female	33
197	03:57:08	8073	Helena	Higgins	Veteran	Female	43
198	03:57:10	8092	Dianie	Lamprecht	Veteran	Female	42

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:42:50	8210	Ben	Matiso	Open	Male	29
2	01:44:43	8091	Edson	Kumwamba	Open	Male	27
3	01:45:33	8236	Rory	Scheffer	Open	Male	25
4	01:46:14	8199	Brendan	Lombard	Open	Male	27
5	01:46:30	8046	Jarryd	Dunn	Open	Male	19
6	01:50:54	8197	Ben	Brimble	Open	Male	31
7	01:55:07	8188	Damian	Will	Open	Male	30
8	01:58:10	8071	Dale	Herring	Open	Male	22
9	02:00:40	8215	Ryan	Winter	Open	Male	39
10	02:03:24	8072	Kyle	Herring	Open	Male	22
11	02:07:36	8125	Iain	Peddle	Open	Male	35
12	02:08:43	8178	Jonathan	Van Wyk	Open	Male	36
13	02:08:50	8190	Erik	Williamson	Open	Male	26
14	02:09:54	8141	Leo	Scheepers	Open	Male	30
15	02:10:00	8021	Devon	Coetzee	Open	Male	25
16	02:10:58	8031	Jonathan	Day	Open	Male	28
17	02:13:44	8201	Tielman	Nieuwoudt	Open	Male	26
18	02:13:52	8076	Dean	Hopf	Open	Male	30
19	02:14:05	8179	Arnaud	Vignolles	Open	Male	31
20	02:14:46	8066	Duncan	Hall	Open	Male	28
21	02:15:03	8070	Matthew	Healy	Open	Male	21
22	02:16:17	8131	Mathieu	Plancharde	Open	Male	23
23	02:16:19	8164	Hector	Turner	Open	Male	23
24	02:18:38	8008	Hendry	Bessinger	Open	Male	37
25	02:19:55	8078	Justin	Hulme	Open	Male	32
26	02:20:01	8223	Frans	Groetepass	Open	Male	21
27	02:20:03	8032	Lourens	de Jongh	Open	Male	29
28	02:20:37	8059	Chris	Garbers	Open	Male	27
29	02:21:40	8107	David	Metelerkamp	Open	Male	25
30	02:22:20	8153	Dave	Snyders	Open	Male	34
31	02:23:53	8211	Arno	Buitendas	Open	Male	27
32	02:24:08	8183	Wilhelm	Vogts	Open	Male	30
33	02:24:27	8079	Duncan	Irvine	Open	Male	29
34	02:28:11	8171	Pieter	Uys	Open	Male	21
35	02:29:05	8074	Jens	Hitzeroth	Open	Male	39
36	02:31:06	8184	Guy	Wagenvoorde	Open	Male	24
37	02:32:38	8086	Ryan	Kidwell	Open	Male	35
38	02:34:03	8185	Rainer	Wellmanns	Open	Male	34
39	02:35:04	8087	Myles	Kritzinger	Open	Male	32
40	02:35:16	8140	Fahd	Said	Open	Male	33
41	02:35:19	8121	James	Oosterbaan	Open	Male	23
42	02:35:57	8216	JP	Duvenage	Open	Male	36
43	02:37:23	8129	Charles	Pettit	Open	Male	35
44	02:37:44	8108	Lee	Meyeridricks	Open	Male	34
45	02:40:34	8155	Troy	Squires	Open	Male	37
46	02:41:14	8083	John-Hunter	Kennedy	Open	Male	28
47	02:43:10	8026	Shaun	Counihan	Open	Male	37
48	02:43:13	8156	Kenneth	Stephen	Open	Male	33
49	02:43:16	8151	Riaan	Smit	Open	Male	31
50	02:45:20	8101	Niels	Luchters	Open	Male	38
51	02:47:17	8098	Andrea	Loubser	Open	Male	33
52	02:47:21	8145	Jeffrey	Shapiro	Open	Male	39
53	02:49:42	8221	Jonathon	Edwards	Open	Male	32
54	02:51:38	8217	Marius	du Plessis	Open	Male	25
55	02:53:25	8147	Gareth	Shaw	Open	Male	38
56	02:54:27	8044	Jean-Pierre	du Toit	Open	Male	36
57	02:54:45	8084	Dean Gary	Keyser	Open	Male	36
58	02:56:37	8085	Mohamed	Khalpe	Open	Male	31
59	02:59:40	8218	Jean-Pierre	Schoeman	Open	Male	33
60	03:03:12	8033	Kevin	de Klerk	Open	Male	39
61	03:11:13	8080	Jacques	Jansen van Rensburg	Open	Male	36
62	03:15:23	8003	Robert	Bain	Open	Male	35
63	03:16:31	8123	Muzaffar	Parker	Open	Male	28
64	03:25:38	8042	Albertus Johannes	du Toit	Open	Male	31
65	03:29:20	8204	Mark	Goosen	Open	Male	35
66	03:56:00	8196	Zwick	Zwick	Open	Male	35

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:55:22	8081	Tish	Jones	Open	Female	31
2	01:55:24	8148	Ashleigh	Simonis	Open	Female	20
3	01:58:36	8093	Annamart	Laubscher	Open	Female	23
4	02:06:36	8018	Lee	Buccellato	Open	Female	36
5	02:10:55	8169	Mia	Uys	Open	Female	21
6	02:14:07	8205	Elsabe	Van der Merwe	Open	Female	26
7	02:16:34	8186	Marnia	Wessels	Open	Female	22
8	02:17:22	8126	Laura	Peddle	Open	Female	34
9	02:19:57	8220	Emily	Yeo	Open	Female	19
10	02:20:47	8019	Amanda	Cloete	Open	Female	39
11	02:21:50	8134	Pauline	Pucheu	Open	Female	28
12	02:23:49	8212	Janine	Visser	Open	Female	29
13	02:32:25	8053	Melanie	Esterhuizen	Open	Female	33
14	02:32:28	8096	Amitie	Lee	Open	Female	25
15	02:33:17	8007	Victoria	Bennetts	Open	Female	39
16	02:33:36	8060	Lucy	Gauntlett	Open	Female	25
17	02:35:06	8111	Sally	Misplon	Open	Female	29
18	02:35:29	8012	Courtney	Botha	Open	Female	27
19	02:35:38	8065	Kayleigh	Gultig	Open	Female	20
20	02:36:22	8110	Jean	Minnaar	Open	Female	33
21	02:36:32	8189	Chloe	Williams	Open	Female	25
22	02:36:39	8034	Colleen	De Oliveira	Open	Female	31
23	02:36:40	8067	Chanel	Hannah	Open	Female	27
24	02:38:22	8219	Nikki-Leigh	Piper	Open	Female	31
25	02:39:31	8027	Courtney-Clarke	Courtney-Clarke	Open	Female	38
26	02:39:39	8116	Monique	Myburgh	Open	Female	31
27	02:41:44	8182	Elizabeth	Vogts	Open	Female	29
28	02:42:16	8048	Sebnem	Er	Open	Female	38
29	02:45:58	8167	Irmilee	Uys	Open	Female	20
30	02:46:52	8139	Amy	Robertson	Open	Female	20
31	02:47:15	8077	Cheryl	Howson	Open	Female	31
32	02:49:10	8029	Heather	Dalton	Open	Female	37
33	02:49:48	8222	Michelle	Kobilschke	Open	Female	37
34	02:54:59	8117	Sanja	Nel	Open	Female	33
35	02:58:36	8150	Angelique	Smit	Open	Female	39
36	03:00:17	8039	Mathilda	Dixon	Open	Female	39
37	03:01:10	8177	Tammy	Van Rensburg	Open	Female	29
38	03:01:35	8043	Ankia	Du toit	Open	Female	38
39	03:01:40	8020	Handri	Coetzer	Open	Female	37
40	03:02:01	8002	Cornell	badenhorst	Open	Female	38
41	03:04:25	8006	Jennifer	Begg	Open	Female	29
42	03:05:21	8158	Janine	Sutherland	Open	Female	37
43	03:06:33	8187	Meghan	West	Open	Female	22
44	03:14:09	8109	Nothemba	Mfolozi	Open	Female	36
45	03:15:14	8143	Hayley	Schuter	Open	Female	29
46	03:22:30	8172	Phi	van Breukelen	Open	Female	38
47	03:25:20	8056	Vicki	Fox	Open	Female	30
48	03:26:18	8057	Kim-Lisa	Gad	Open	Female	39
49	03:29:15	8203	Nicole	Hall	Open	Female	32
50	03:31:01	8193	Cordula	Winkler	Open	Female	38
51	03:35:18	8068	Sandra	Hansen	Open	Female	39
52	03:41:58	8010	Robin	Bolten	Open	Female	21
53	03:55:10	8095	Terina	le Roux	Open	Female	35
54	03:56:06	8040	Michelle	du Plessis	Open	Female	33

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:43:48	8200	Nicholas	Rupanga	Veteran	Male	40
2	01:53:22	8038	Coach	Dion	Veteran	Male	47
3	01:58:30	8030	Stephen	Davis	Veteran	Male	41
4	01:59:45	8099	Julien	Louw	Veteran	Male	49
5	02:00:12	8198	Kevin	Spratley	Veteran	Male	47
6	02:01:40	8119	Joe	Newbert	Veteran	Male	42
7	02:03:18	8023	Michael	Collins	Veteran	Male	40
8	02:04:49	8208	Tony	Abbott	Veteran	Male	40
9	02:10:16	8162	Greg	Torr	Veteran	Male	42
10	02:24:14	8122	Robin	Parfett	Veteran	Male	47
11	02:28:00	8104	Brian	McCurrach	Veteran	Male	49
12	02:30:54	8063	Michal	George	Veteran	Male	46
13	02:32:15	8113	Gert	Moolman	Veteran	Male	49
14	02:35:25	8064	John	Gilchrist	Veteran	Male	43
15	02:35:40	8035	Meyer	de Villiers	Veteran	Male	43
16	02:37:17	8144	Craig	Seaman	Veteran	Male	49
17	02:41:33	8089	Marius	Kruger	Veteran	Male	42
18	02:42:40	8138	Evan	Ridge	Veteran	Male	47
19	02:56:44	8175	Johan	van Heerden	Veteran	Male	45
20	03:04:05	8213	Cam	Deacon	Veteran	Male	46
21	03:04:13	8004	Gary	Banfield	Veteran	Male	43
22	03:08:10	8135	Antoni	Ribeiro	Veteran	Male	48
23	03:33:51	8173	Johann	van der Vyver	Veteran	Male	45

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:10:13	8206	Kathleen	Shuttleworth	Veteran	Female	42
2	02:14:55	8154	Katya	Soggot	Veteran	Female	41
3	02:18:04	8163	Ursula	Turck	Veteran	Female	44
4	02:23:37	8195	Dave	Yeowart	Veteran	Female	42
5	02:26:45	8137	Cheri	Rickett	Veteran	Female	44
6	02:30:28	8191	Caroline	Wills	Veteran	Female	40
7	02:38:48	8118	Kelly	Neveling	Veteran	Female	40
8	02:39:24	8028	Nicci	Courtney-Clarke	Veteran	Female	41
9	02:39:27	8097	Limont	Lehman	Veteran	Female	40
10	02:40:10	8011	Shirley	Bosman	Veteran	Female	41
11	02:41:36	8090	Natasha	Kruger	Veteran	Female	43
12	02:43:54	8047	Beate	Elbrecht	Veteran	Female	41
13	02:45:14	8045	Danielle	du Toit	Veteran	Female	42
14	02:48:24	8194	Maruanda	Wynne	Veteran	Female	45
15	02:50:11	8013	Louisa	Botha	Veteran	Female	46
16	02:54:21	8209	Erica	Goedhals	Veteran	Female	49
17	02:56:11	8174	Ansa	van geest	Veteran	Female	43
18	02:56:16	8036	Marietjie	de Vries	Veteran	Female	44
19	02:58:13	8082	Rialize	Joubert	Veteran	Female	43
20	02:58:14	8062	Corinne	Geldenhuys	Veteran	Female	41
21	02:58:18	8176	Michèle	van Lill	Veteran	Female	47
22	03:00:13	8202	Kate	Le Roux	Veteran	Female	47
23	03:02:23	8130	Lee-Anne	Pienaar	Veteran	Female	40
24	03:03:59	8054	Luzanne	Esterhuys	Veteran	Female	41
25	03:04:02	8049	Estelle	Erasmus	Veteran	Female	40
26	03:04:11	8214	Dewald	Naude	Veteran	Female	41
27	03:08:02	8106	Samantha	McIlroy	Veteran	Female	44
28	03:08:29	8207	Elize	Von Staden	Veteran	Female	40
29	03:19:20	8136	Liesl	Ribeiro	Veteran	Female	46
30	03:22:33	8114	Ilse	Mostert	Veteran	Female	46
31	03:31:05	8016	Kerry	Brits	Veteran	Female	41
32	03:57:08	8073	Helena	Higgins	Veteran	Female	43
33	03:57:10	8092	Dianie	Lamprecht	Veteran	Female	42

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:02:52	8051	Noel	Ernstzen	Master	Male	57
2	02:28:14	8088	Jeremy	Kropman	Master	Male	59
3	02:43:39	8132	Barry	Ponsford	Master	Male	56
4	02:47:08	8170	Pieter	Uys	Master	Male	54
5	02:47:39	8000	Graham	Alessandri	Master	Male	57
6	02:55:40	8152	Schalk	Smit	Master	Male	50
7	02:57:42	8159	Johan	Swart	Master	Male	53
8	03:15:29	8224	Steve	Akester	Master	Male	55
9	03:16:14	8105	Rob	McDonald	Master	Male	63
10	03:22:47	8025	David	Conradie	Master	Male	63

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:27:10	8015	Ester	Brink	Master	Female	51
2	02:48:59	8165	Sue	Ulyyett	Master	Female	50
3	02:50:53	8133	Anne	Pool	Master	Female	55
4	02:59:34	8161	Johanna	Taylor	Master	Female	53
5	03:00:29	8115	Sabine	Muller	Master	Female	51
6	03:01:00	8075	Sally	Hollick	Master	Female	50
7	03:01:02	8124	Monica	Paterson	Master	Female	55
8	03:08:23	8050	Helen	Erasmus	Master	Female	53
9	03:12:39	8017	Beatrix	broek	Master	Female	50
10	03:12:41	8100	Jaqueline	Loydell	Master	Female	55
11	03:17:37	8112	Glenda	Monson	Master	Female	62
12	03:30:30	8094	Amanda	Le Roux	Master	Female	61