



Spur Cape Winter Trail Series® 2016
Race 3 LONG COURSE Championship
(13,5km) Taal Monument 2016

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:51:25	2431	A	Siviwe	Nkombi	Open	Male	27
2	00:52:49	2451	A	Raydon	Balie	Open	Male	21
3	00:58:07	2346	A	Dylan	Solms	Open	Male	21
4	00:58:48	2449	A	Sean	Hulley	Open	Male	30
5	00:59:39	2416	A	Andrew	Hagen	Open	Male	33
6	01:00:26	2464	A	Kevin	Spratley	Veteran	Male	45
7	01:00:55	2448	A	Ryan	Winter	Open	Male	39
8	01:02:15	2340	A	Morgan	Garandel	Veteran	Male	40
9	01:03:10	2447	A	Damian	Will	Open	Male	30
10	01:04:20	2409	A	Simon	de Waal	Open	Male	24
11	01:04:27	2438	A	Greg	Torr	Veteran	Male	41
12	01:05:33	2325	A	Ben	Kooyman	Open	Male	28
13	01:05:40	2437	A	Shen	Tian	Open	Male	32
14	01:06:28	2406	A	Alewyn	Burger	Open	Male	31
15	01:06:42	2461	A	Anton	Engelbrecht	Open	Male	22
16	01:06:47	2444	A	Chris	Visser	Open	Male	33
17	01:06:58	3015	B	Erik	Williamson	Open	Male	26
18	01:07:02	2933	B	Grant	Hawkins	Open	Male	29
19	01:07:07	2402	A	Andries	Aucamp	Open	Male	38
20	01:07:15	2414	A	Hein	Gerber	Open	Male	37
21	01:07:34	2337	A	Roelof	Mostert	Open	Male	31
22	01:07:38	2329	A	Patrick	Magnus	Open	Male	36
23	01:07:40	3094	B	Theunis	van der Schyf	Veteran	Male	49
24	01:08:17	2428	A	Ashley	Marsh	Open	Male	36
25	01:08:25	2342	A	Nicholas	Lykiardopoulos	Open	Male	31
26	01:09:30	2424	A	Matthew	Kroon	Open	Male	20
27	01:09:35	2885	B	Emily	Yeo	open	female	24
28	01:09:53	2347	A	Nicola	Hooper	Open	Female	29
29	01:09:59	2419	A	Glenn	Hurlow	Veteran	Male	44
30	01:10:16	2879	B	Christo	Bothma	Open	Male	37
31	01:10:57	2450	A	Rudi	Bezuidenhout	Veteran	Male	41
32	01:11:16	2341	A	Warren	Lawlor	Veteran	Male	41
33	01:12:12	3056	B	Jean	Welsh	Open	Female	38
34	01:12:16	3100	B	Matthew	Kruger	Open	Male	39
35	01:12:20	2929	B	Philip	Hanekom	Open	Male	25
36	01:12:32	2877	B	Jean-Pierre	du Plessis	Open	Male	27
37	01:12:34	2931	B	Christelle	Hattingh	Open	Female	32
38	01:12:48	2968	B	Wynand	Mouton	Open	Male	31
39	01:13:29	2971	B	Rolf	Muller	Master	Male	57
40	01:13:29	3409	C	Jonathan	Van Wyk	Open	Male	35
41	01:13:36	3521	C	Hugo	van de Kerk	Open	Male	34
42	01:13:36	3097	B	Vaughan	Marshall	Open	Male	31
43	01:14:01	3530	C	David	Maasdorp	Open	Male	24
44	01:14:08	2994	B	Joe	Smith	Open	Male	32
45	01:14:09	2348	A	Kevin	Derbyshire	Master	Male	50
46	01:14:12	2338	A	Monita	Scullard	Open	Female	37
47	01:14:23	2918	B	Michal	George	Veteran	Male	45
48	01:14:31	2433	A	Costa	Saridakis	Veteran	Male	41
49	01:14:51	3498	C	Niel	Hugo	Master	Male	51
50	01:15:23	2983	B	Simon	Revington	Open	Male	35
51	01:15:46	3713	D	Heidi	Rossouw	Veteran	Female	40
52	01:15:50	2939	B	Anton	Hunt	Master	Male	54
53	01:15:55	2993	B	Paul	Smit	Open	Male	31
54	01:16:04	2899	B	Matthew	Burke	Open	Male	25
55	01:16:09	3025	B	Yazied	Baker	Open	Male	37
56	01:16:27	3078	B	Rory	Eliot	Open	Male	35
57	01:17:07	2943	B	Joe	Green	Open	Male	29
58	01:17:13	2434	A	Phillip	Simbao	Open	Male	34
59	01:17:18	2420	A	Matthew	Hurlow	Open	Male	20
60	01:17:21	2335	A	Linda	Kinloch-Smith	Open	Female	39
61	01:17:26	2927	B	Kayleigh	Gultig	Open	Female	19
62	01:17:29	2344	A	Leo	Scheepers	Open	Male	30
63	01:17:29	3080	B	Stuart	Hobson	Open	Male	18
64	01:17:34	2962	B	Guy	McKechnie	Open	Male	33
65	01:17:44	2873	B	Nols	Kennedy	Open	Male	37
66	01:17:53	3520	C	Wietsche	Bresler	Open	Male	33
67	01:17:53	2973	B	Riaz	Noordien	Open	Male	35
68	01:17:56	2970	B	Nicol	Muller	Open	Female	29
69	01:18:00	2945	B	Cobus	Jooste	Open	Male	27
70	01:18:11	3101	B	Chris	Hay	Open	Male	25
71	01:18:17	2955	B	Dominique	Leibbrandt	Open	Female	26
72	01:18:25	3410	C	Paul	Vermeulen	Open	Male	39
73	01:18:41	3035	B	Trevor	Giles	Veteran	Male	46

74	01:18:49	3065	B	Jono	Booth	Open	Male	23
75	01:18:50	2421	A	Nezaam	Isaacs	Veteran	Male	45
76	01:18:57	2411	A	Dolph	Du Plessis	Open	Male	36
77	01:19:30	3028	B	John	Burns	Veteran	Male	43
78	01:19:42	2914	B	Kyle	Durston	Open	Male	25
79	01:19:43	3701	D	Nabeelah	Hendricks	Open	Female	29
80	01:19:47	3702	D	Rameez	Hendricks	Open	Male	31
81	01:19:48	3091	B	Jason	Swartz	Open	Male	37
82	01:20:17	2418	A	Joakim	Hansi Blackadder	Open	Male	31
83	01:20:21	3076	B	Nerisa	Coelho	Open	Female	35
84	01:20:45	3311	C	Hsin-Chi	Huang	Open	Male	31
85	01:20:48	3079	B	Damian	Fuller	Open	Male	28
86	01:20:57	2412	A	Jana	du Toit	Open	Female	24
87	01:21:00	2446	A	Jessamine	Ward	Open	Female	33
88	01:21:02	2901	B	Wesley	Cieverts	Open	Male	26
89	01:21:04	2913	B	Izakk	Du Plessis	Open	Male	39
90	01:21:06	2986	B	Malcolm	Royston	Veteran	Male	40
91	01:21:10	2432	A	Craig	Pike	Veteran	Male	40
92	01:21:21	3392	C	Hanro	Steffen	Veteran	Male	41
93	01:21:36	3380	C	Faheem	Salie	Open	Male	37
94	01:21:37	2336	A	Mohamed	Mansura	Open	Male	29
95	01:21:39	3016	B	Neil	Wilson	Open	Male	34
96	01:21:46	2957	B	Larry	Leyden	Open	Male	32
97	01:21:48	2905	B	Errol	Cunnama	Master	Male	61
98	01:21:53	3102	B	Pauline	Herrmann-keys	Veteran	Female	43
99	01:21:55	3098	B	Charl	Jooste	Open	Male	32
100	01:22:13	2435	A	A	Teagle	Open	Female	28
101	01:22:19	3090	B	Penny	Swanepoel	Veteran	Female	46
102	01:22:22	2925	B	Olivier	Grandjean	Open	Male	34
103	01:22:39	2454	A	Tielman	Myburgh	Master	Male	53
104	01:22:42	2457	A	Ralf	Bochnig	Master	Male	53
105	01:22:48	2954	B	Patrick	Lawson	Veteran	Male	44
106	01:22:48	2339	A	Heinrich	Boock	Open	Male	27
107	01:22:50	3317	C	Wikus	Joubert	Open	Male	29
108	01:23:00	2975	B	Oliver	Oxtoby	Open	Male	34
109	01:23:03	2908	B	Jacques	De Kock	Open	Male	27
110	01:23:04	3522	C	Jason	Stark	Open	Male	28
111	01:23:31	3347	C	Maryke	Mouton	Open	Female	27
112	01:23:41	3083	B	Tyrone	Johnson	Veteran	Male	40
113	01:24:15	2876	B	Guy	Theunissen	Open	Male	30
114	01:24:17	3038	B	Clinton	Hill	Open	Male	33
115	01:24:23	3508	C	Wesley	Turner-Dauncey	Open	Male	29
116	01:24:24	2991	B	Craig	Seaman	Veteran	Male	48
117	01:24:59	2345	A	Sorika	Tait	Open	Female	21
118	01:25:00	3265	C	anwar	cassiem	Veteran	Male	44
119	01:25:11	2921	B	Mncedi	Godwana	Veteran	Male	45
120	01:25:13	3518	C	Bruce	Wood	Veteran	Male	46
121	01:25:27	3082	B	Marianne	Johnson	Open	Female	31
122	01:25:39	2930	B	Lindi	Harmsen	Open	Female	37
123	01:25:41	3000	B	Johann	Theron	Master	Male	59
124	01:25:45	3490	C	Donnavan	Foxcroft	Open	Male	29
125	01:25:45	3007	B	Susan	van Schouwen	Veteran	Female	40
126	01:26:07	3281	C	marelise	droomer	Veteran	Female	46
127	01:26:39	3302	C	Mark	Harding	Veteran	Male	42
128	01:26:43	3492	C	Martin	Greeff	Open	Male	26
129	01:26:44	3070	B	Andre	Hefer	Veteran	Male	49
130	01:26:47	3092	B	Veronique	Theron	Open	Female	32
131	01:26:52	2862	B	Leigh	Schaller	Open	Male	26
132	01:26:54	2992	B	gavin	shaz	Veteran	Male	42
133	01:26:55	3395	C	Michael	Theunissen	Master	Male	53
134	01:26:57	3099	B	Derik	Cloete	Open	Male	32
135	01:27:01	3374	C	Charl	Roos	Open	Male	33
136	01:27:02	2974	B	Thomas	Okes	Open	Male	33
137	01:27:16	3004	B	Louis	van der Merwe	Open	Male	29
138	01:27:37	3408	C	Hanri	Van Wyk	Open	Female	34
139	01:27:40	3528	C	Hilton	Ehrenreich	Veteran	Male	45
140	01:27:42	3269	C	Wouter	Coetzee	Veteran	Male	40
141	01:27:47	3253	C	Steve	Akester	Master	Male	55
142	01:27:49	3085	B	Hanrich	Laubscher	Open	Male	35
143	01:27:56	2948	B	Dean	Keyser	Open	Male	35
144	01:28:08	2881	B	Matt	Smit	Open	Male	31
145	01:28:10	2926	B	Marelize	Grobbelaar	Open	Female	35
146	01:28:14	2965	B	Natalie	Meyer	Open	Female	37
147	01:28:27	3414	C	Alan	Williams	Open	Male	28
148	01:28:46	2980	B	Durk	Postma	Open	Male	35
149	01:29:03	3393	C	Dimitri	Stroinovskiy	Open	Male	37

150	01:29:09	3411	C	Leon	Visser	Veteran	Male	47
151	01:29:12	2909	B	Charn	De Lange	Veteran	Female	44
152	01:29:16	2895	B	Marc	Bester	Veteran	Male	41
153	01:29:19	3095	B	Hein	van Wyk	Veteran	Male	45
154	01:29:43	2940	B	Samantha	Jackson	Veteran	Female	45
155	01:29:46	3378	C	Teresa-Ann	Ruster	Open	Female	25
156	01:29:51	2966	B	Shane	Minnie	Veteran	Male	41
157	01:30:00	3360	C	Burgess	Patterson	Veteran	Male	45
158	01:30:07	3089	B	Cornel	Stander	Open	Female	25
159	01:30:41	2878	B	Nick	Smith	Veteran	Male	41
160	01:30:46	2920	B	Megan	Goddard	Open	Female	25
161	01:30:49	2916	B	Kristi	Faye-Lund	Open	Female	29
162	01:30:53	2892	B	Samantha	Ahrends	Open	Female	32
163	01:30:59	3093	B	Huguette	van der Merwe	Veteran	Female	48
164	01:31:01	3282	C	Albertus Johannes	du Toit	Open	Male	30
165	01:31:04	3104	B	Werner	Else	Open	Male	35
166	01:31:10	3084	B	nicholas	king	Master	Male	56
167	01:31:26	3407	C	Geomarr	van Tonder	Open	Female	29
168	01:31:38	2963	B	Anthony	McLea	Veteran	Male	41
169	01:31:56	3030	B	Melanie	Cerqueira	Veteran	Female	44
170	01:32:20	3381	C	Dewald	Schlebusch	Open	Male	34
171	01:32:23	3503	C	ted	parzydlo	Veteran	Male	46
172	01:32:25	3326	C	Mandy	La Grange	Veteran	Female	41
173	01:32:40	2915	B	Sebnem	Er	Open	Female	38
174	01:32:44	2950	B	Colleen	Knox	Open	Female	31
175	01:32:45	3697	D	JP	Duvenage	Open	Male	35
176	01:32:45	3493	C	Ronel	Groenewald	Veteran	Female	47
177	01:32:48	3715	D	Riaan	Smit	Open	Male	31
178	01:32:50	3485	C	Brent	Coates	Master	Male	51
179	01:33:00	3294	C	Petronel	Gerber	Open	Female	39
180	01:33:05	3391	C	Carole	Steffen	Open	Female	39
181	01:33:10	3397	C	Nicole	Thompson	Veteran	Female	40
182	01:33:17	3291	C	Wendy	Francken	Open	Female	38
183	01:33:56	3340	C	Rob	McDonald	Master	Male	63
184	01:34:16	2964	B	Jason	Meyer	Open	Male	37
185	01:34:39	3495	C	Ashleigh	Hayworth	Open	Female	28
186	01:34:42	3496	C	Claire	Hayworth	Open	Female	28
187	01:35:13	2998	B	Tanya	Steininger	Veteran	Female	45
188	01:35:31	3500	C	Janine	Lawlor	Open	Female	37
189	01:35:34	3361	C	Adii	Pienaar	Open	Male	31
190	01:35:39	3343	C	Lee	Meyeridricks	Open	Male	33
191	01:36:09	3323	C	Conrad	Koorts	Open	Male	33
192	01:36:14	3261	C	Sonja	Britz	Open	Female	36
193	01:36:18	3428	C	Andrew	Jacobs	Open	Male	38
194	01:36:35	3272	C	Gareth	Cork	Open	Male	35
195	01:36:40	3383	C	Bev	Schultz	Veteran	Female	47
196	01:36:58	3277	C	Francois	de la Rouviere	Open	Male	36
197	01:37:06	3707	D	Marius	Lorenzen	Master	Male	58
198	01:37:12	3286	C	Marisha	Eygelaar	Open	Female	27
199	01:37:16	3400	C	Arné	van	Open	Female	22
200	01:37:20	3298	C	Pat	Hagen	Master	Female	65
201	01:37:22	3388	C	David	Smith	Veteran	Male	48
202	01:37:24	3289	C	Jane	Fisher	Veteran	Female	43
203	01:37:28	3491	C	Louise	Geldenhuis	Open	Female	30
204	01:37:35	3254	C	Cornell	Badenhorst	Open	Female	38
205	01:37:41	3017	B	Claire	Winterton	Open	Female	36
206	01:38:39	3386	C	Angelique	Smit	Open	Female	38
207	01:38:42	3525	C	Schalk	Smit	Veteran	Male	49
208	01:38:45	3694	D	Channette	Bantjes	Open	Female	38
209	01:38:46	3325	C	Brett	Kuyper	Open	Male	32
210	01:38:49	3468	C	Miles	Wallace	Open	Male	26
211	01:38:52	3305	C	Adam	Healy	Open	Male	24
212	01:38:55	3330	C	Ingrid	Lindgren	Open	Female	39
213	01:39:02	3456	C	Jean-Pierre	Schoeman	Open	Male	32
214	01:39:19	3384	C	Monique	Schutte	Open	Female	28
215	01:39:31	3486	C	Monique	Cupido	Open	Female	38
216	01:39:39	3352	C	Jason	Nicol	Veteran	Male	41
217	01:39:42	3509	C	Morné	van Niekerk	Open	Male	28
218	01:39:44	3808	D	Liesl	Jonker	Veteran	Female	46
219	01:39:55	3285	C	Ane	Erasmus	Open	Female	26
220	01:40:08	3006	B	Kristinet	van der Westhuizen	Open	Female	39
221	01:40:30	3519	C	Nicolas	Korff	Open	Male	34
222	01:40:37	3284	C	Lynnae	Endersby	Open	Female	35
223	01:40:42	3501	C	Kate	Le Roux	Veteran	Female	46
224	01:40:47	3737	D	Michaela	Levy	Open	Female	21
225	01:41:12	3394	C	Alex	Taute	Master	Male	60
226	01:41:32	3504	C	Andre	Sampson	Veteran	Male	46
227	01:41:48	3372	C	Sylvia	Richards	Open	Female	39
228	01:42:13	3709	D	Haajierah	Mosavel	Open	Female	26
229	01:42:20	3805	D	Courtenay	Cornelissen	Master	Male	50
230	01:43:02	3510	C	Tania	Wiggins	Open	Female	28
231	01:43:03	3812	D	Leizle	Retief	Open	Female	37
232	01:43:05	3487	C	Christelle	de Jager	Open	Female	30

233	01:43:24	3527	C	Nidia	Lourens	Open	Female	27
234	01:43:27	3288	C	Geniene	Fell	Veteran	Female	41
235	01:43:30	3283	C	Sarah	Elliott-Wetmore	Veteran	Female	45
236	01:43:52	3710	D	Gerhard	Olivier	Open	Male	34
237	01:43:53	3526	C	Julie	Grobler	Open	Female	38
238	01:43:56	3290	C	Martiena	Foxcroft	Open	Female	28
239	01:44:01	3258	C	Zita	Brandon	Master	Female	53
240	01:44:33	2923	B	Godfrey	Goslett	Master	Male	54
241	01:44:53	3465	C	JULIAN	veermeer	Open	Male	34
242	01:45:00	3376	C	Moneque	Roos	Open	Female	32
243	01:45:18	2900	B	Rob	Burns	Master	Male	66
244	01:45:26	3332	C	Eugene	Mallinson	Veteran	Male	41
245	01:45:30	3273	C	Trudie	Cremer	Open	Female	38
246	01:45:31	3001	B	Paul	Truscott	Veteran	Male	42
247	01:45:42	3370	C	Kerry	Redelinghuys	Open	Female	37
248	01:46:08	3086	B	Regardt	Laubscher	Open	Male	32
249	01:46:13	3529	C	Wilma	Kruger Steyn	Veteran	Female	40
250	01:46:33	3103	B	Samantha	Kruger	Veteran	Female	44
251	01:46:36	3505	C	Dianne	Steffen	Open	Female	31
252	01:46:45	2959	B	Neil	Lindeque	Open	Male	34
253	01:46:47	2902	B	James	Cook	Open	Male	32
254	01:47:10	3357	C	Jimmy	Or	Open	Male	37
255	01:47:31	3382	C	Christopher	Schnehage	Master	Male	62
256	01:47:45	3279	C	Zelda	De Paiva	Veteran	Female	44
257	01:47:52	3430	C	Annitta	Attieh	Veteran	Female	42
258	01:48:03	3717	D	Shahied	Thomas	Veteran	Male	44
259	01:48:36	3312	C	Jon	Hughes	Open	Male	35
260	01:48:39	3313	C	Leah	Hughes	Open	Female	36
261	01:48:42	3506	C	Karin	Strauss	Open	Female	33
262	01:50:34	3426	C	Mo'	Ramoroka	Open	Female	30
263	01:50:38	3427	C	Fatima	Mzinyati	Open	Female	30
264	01:50:52	3416	C	Liesl	Winter	Open	Female	35
265	01:50:56	3304	C	Lee-ann	Harris	Veteran	Female	49
266	01:51:23	3316	C	Waleed	Isaacs	Master	Male	52
267	01:51:47	2951	B	Glen	Kriel	Master	Male	56
268	01:51:49	3463	C	Juanita	van der westhuizen	Open	Female	35
269	01:51:59	2922	B	Shafeeqah	Gordon	Open	Female	22
270	01:52:09	3274	C	Renee	Cupido	Veteran	Female	42
271	01:52:18	3321	C	ROBERT WILLIAM	KEYNEL	Master	Male	52
272	01:52:22	3517	C	Sarah	Pope	Open	Female	24
273	01:53:00	3700	D	Rosie	Hardcastle	Open	Female	32
274	01:53:59	3739	D	Tania	Wiggins	Veteran	Female	40
275	01:54:54	3484	C	Sumayah	Allie	Open	Female	39
276	01:55:24	3813	D	Nicola	Wilson	Veteran	Female	41
277	01:55:51	3488	C	melissa	de kock	Veteran	Female	41
278	01:57:59	3250	C	Hein	Abrahams	Veteran	Male	45
279	01:58:09	3264	C	Tanya	Busschau	Open	Female	29
280	01:58:12	3809	D	Kevin	Kotze	Veteran	Male	42
281	01:58:12	3263	C	Marc	Busschau	Open	Male	31
282	01:58:39	3807	D	Hein	Jonker	Veteran	Male	47
283	02:00:05	3513	C	Natasha	Fernandes	Open	Female	21
284	02:00:32	3251	C	Jeanne	Adonis	Veteran	Female	45
285	02:04:46	3511	C	Kim	Clifton	Master	Female	53
286	02:04:50	3524	C	Tatum	Monnery	Open	Female	23
287	02:05:46	3806	D	Juliet	Hazell	Open	Female	36
288	02:05:48	3810	D	Steven	Mey	Open	Male	39
289	02:06:38	3306	C	Jurika	Hendrikse	Open	Female	35
290	02:06:41	3515	C	Tracey	Muscat	Open	Female	38
291	02:07:07	3371	C	Gabrielle	Reid	Open	Female	27
292	02:10:29	3262	C	Rene	Brown-Rossouw	Veteran	Female	45
293	02:10:31	3319	C	MERLE	KALLIS	Master	Female	53
294	02:22:42	3706	D	Coralee	Long	Open	Female	30
295	02:22:46	3695	D	Xanthe	Botten	Open	Female	30
296	02:22:50	3704	D	Elaine	Janse van Rensburg	Open	Female	27

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:51:25	2431	A	Siviwe	Nkombi	Open	Male	27
2	00:52:49	2451	A	Raydon	Balie	Open	Male	21
3	00:58:07	2346	A	Dylan	Solms	Open	Male	21
4	00:58:48	2449	A	Sean	Hulley	Open	Male	30
5	00:59:39	2416	A	Andrew	Hagen	Open	Male	33
6	01:00:55	2448	A	Ryan	Winter	Open	Male	39
7	01:03:10	2447	A	Damian	Will	Open	Male	30
8	01:04:20	2409	A	Simon	de Waal	Open	Male	24
9	01:05:33	2325	A	Ben	Kooyman	Open	Male	28
10	01:05:40	2437	A	Shen	Tian	Open	Male	32
11	01:06:28	2406	A	Alewyn	Burger	Open	Male	31
12	01:06:42	2461	A	Anton	Engelbrecht	Open	Male	22
13	01:06:47	2444	A	Chris	Visser	Open	Male	33
14	01:06:58	3015	B	Erik	Williamson	Open	Male	26
15	01:07:02	2933	B	Grant	Hawkins	Open	Male	29
16	01:07:07	2402	A	Andries	Aucamp	Open	Male	38
17	01:07:15	2414	A	Hein	Gerber	Open	Male	37
18	01:07:34	2337	A	Roelof	Mostert	Open	Male	31
19	01:07:38	2329	A	Patrick	Magnus	Open	Male	36
20	01:08:17	2428	A	Ashley	Marsh	Open	Male	36
21	01:08:25	2342	A	Nicholas	Lykiardopulos	Open	Male	31
22	01:09:30	2424	A	Matthew	Kroon	Open	Male	20
23	01:10:16	2879	B	Christo	Bothma	Open	Male	37
24	01:12:16	3100	B	Matthew	Kruger	Open	Male	39
25	01:12:20	2929	B	Philip	Hanekom	Open	Male	25
26	01:12:32	2877	B	Jean-Pierre	du Plessis	Open	Male	27
27	01:12:48	2968	B	Wynand	Mouton	Open	Male	31
28	01:13:29	3409	C	Jonathan	Van Wyk	Open	Male	35
29	01:13:36	3521	C	Hugo	van de Kerk	Open	Male	34
30	01:13:36	3097	B	Vaughan	Marshall	Open	Male	31
31	01:14:01	3530	C	David	Maasdorp	Open	Male	24
32	01:14:08	2994	B	Joe	Smith	Open	Male	32
33	01:15:23	2983	B	Simon	Revington	Open	Male	35
34	01:15:31	2877	B	Jean-Pierre	du Plessis	Open	Male	27
35	01:15:55	2993	B	Paul	Smit	Open	Male	31
36	01:16:04	2899	B	Matthew	Burke	Open	Male	25
37	01:16:09	3025	B	Yazied	Baker	Open	Male	37
38	01:16:27	3078	B	Rory	Eliot	Open	Male	35
39	01:17:07	2943	B	Joe	Green	Open	Male	29
40	01:17:13	2434	A	Phillip	Simbao	Open	Male	34
41	01:17:18	2420	A	Matthew	Hurlow	Open	Male	20
42	01:17:29	2344	A	Leo	Scheepers	Open	Male	30
43	01:17:29	3080	B	Stuart	Hobson	Open	Male	18
44	01:17:34	2962	B	Guy	McKechnie	Open	Male	33
45	01:17:44	2873	B	Nols	Kennedy	Open	Male	37
46	01:17:53	3520	C	Wietsche	Bresler	Open	Male	33
47	01:17:53	2973	B	Riaz	Noordien	Open	Male	35
48	01:18:00	2945	B	Cobus	Jooste	Open	Male	27
49	01:18:11	3101	B	Chris	Hay	Open	Male	25
50	01:18:25	3410	C	Paul	Vermeulen	Open	Male	39
51	01:18:49	3065	B	Jono	Booth	Open	Male	23
52	01:18:57	2411	A	Dolph	Du Plessis	Open	Male	36
53	01:19:42	2914	B	Kyle	Durston	Open	Male	25
54	01:19:47	3702	D	Rameez	Hendricks	Open	Male	31
55	01:19:48	3091	B	Jason	Swartz	Open	Male	37
56	01:20:17	2418	A	Joakim	Hansi Blackadder	Open	Male	31
57	01:20:45	3311	C	Hsin-Chi	Huang	Open	Male	31
58	01:20:48	3079	B	Damian	Fuller	Open	Male	28
59	01:21:02	2901	B	Wesley	Cieverts	Open	Male	26
60	01:21:04	2913	B	Izakk	Du Plessis	Open	Male	39
61	01:21:36	3380	C	Faheem	Salie	Open	Male	37
62	01:21:37	2336	A	Mohamed	Mansura	Open	Male	29
63	01:21:39	3016	B	Neil	Wilson	Open	Male	34
64	01:21:46	2957	B	Larry	Leyden	Open	Male	32
65	01:21:55	3098	B	Charl	Jooste	Open	Male	32
66	01:22:22	2925	B	Olivier	Grandjean	Open	Male	34
67	01:22:48	2339	A	Heinrich	Boock	Open	Male	27
68	01:22:50	3317	C	Wikus	Joubert	Open	Male	29
69	01:23:00	2975	B	Oliver	Oxtoby	Open	Male	34
70	01:23:03	2908	B	Jacques	De Kock	Open	Male	27
71	01:23:04	3522	C	Jason	Stark	Open	Male	28
72	01:24:15	2876	B	Guy	Theunissen	Open	Male	30
73	01:24:17	3038	B	Clinton	Hill	Open	Male	33
74	01:24:23	3508	C	Wesley	Turner-Dauncey	Open	Male	29
75	01:25:45	3490	C	Donnavan	Foxcroft	Open	Male	29

76	01:26:43	3492	C	Martin	Greeff	Open	Male	26
77	01:26:52	2862	B	Leigh	Schaller	Open	Male	26
78	01:26:57	3099	B	Derik	Cloete	Open	Male	32
79	01:27:01	3374	C	Charl	Roos	Open	Male	33
80	01:27:02	2974	B	Thomas	Okes	Open	Male	33
81	01:27:16	3004	B	Louis	van der Merwe	Open	Male	29
82	01:27:49	3085	B	Hanrich	Laubscher	Open	Male	35
83	01:27:56	2948	B	Dean	Keyser	Open	Male	35
84	01:28:08	2881	B	Matt	Smit	Open	Male	31
85	01:28:27	3414	C	Alan	Williams	Open	Male	28
86	01:28:46	2980	B	Durk	Postma	Open	Male	35
87	01:29:03	3393	C	Dimitri	Stroinovskiy	Open	Male	37
88	01:31:01	3282	C	Albertus Johannes	du Toit	Open	Male	30
89	01:31:04	3104	B	Werner	Else	Open	Male	35
90	01:32:20	3381	C	Dewald	Schlebusch	Open	Male	34
91	01:32:45	3697	D	JP	Duvenage	Open	Male	35
92	01:32:48	3715	D	Riaan	Smit	Open	Male	31
93	01:34:16	2964	B	Jason	Meyer	Open	Male	37
94	01:35:34	3361	C	Adii	Pienaar	Open	Male	31
95	01:35:39	3343	C	Lee	Meyeridricks	Open	Male	33
96	01:36:09	3323	C	Conrad	Koorts	Open	Male	33
97	01:36:18	3428	C	Andrew	Jacobs	Open	Male	38
98	01:36:35	3272	C	Gareth	Cork	Open	Male	35
99	01:36:58	3277	C	Francois	de la Rouviere	Open	Male	36
100	01:38:46	3325	C	Brett	Kuyper	Open	Male	32
101	01:38:49	3468	C	Miles	Wallace	Open	Male	26
102	01:38:52	3305	C	Adam	Healy	Open	Male	24
103	01:39:02	3456	C	Jean-Pierre	Schoeman	Open	Male	32
104	01:39:42	3509	C	Morné	van Niekerk	Open	Male	28
105	01:40:30	3519	C	Nicolas	Korff	Open	Male	34
106	01:43:52	3710	D	Gerhard	Olivier	Open	Male	34
107	01:44:53	3465	C	JULIAN	veermeer	Open	Male	34
108	01:46:08	3086	B	Regardt	Laubscher	Open	Male	32
109	01:46:45	2959	B	Neil	Lindeque	Open	Male	34
110	01:46:47	2902	B	James	Cook	Open	Male	32
111	01:47:10	3357	C	Jimmy	Or	Open	Male	37
112	01:48:36	3312	C	Jon	Hughes	Open	Male	35
113	01:58:12	3263	C	Marc	Busschau	Open	Male	31
114	02:05:48	3810	D	Steven	Mey	Open	Male	39

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:09:35	2885	B	Emily	Yeo	Open	Female	19
2	01:09:53	2347	A	Nicola	Hooper	Open	Female	29
3	01:12:12	3056	B	Jean	Welsh	Open	Female	38
4	01:12:34	2931	B	Christelle	Hattingh	Open	Female	32
5	01:14:12	2338	A	Monita	Scullard	Open	Female	37
6	01:17:21	2335	A	Linda	Kinloch-Smith	Open	Female	39
7	01:17:26	2927	B	Kayleigh	Gultig	Open	Female	19
8	01:17:56	2970	B	Nicol	Muller	Open	Female	29
9	01:18:17	2955	B	Dominique	Leibbrandt	Open	Female	26
10	01:19:43	3701	D	Nabeelah	Hendricks	Open	Female	29
11	01:20:21	3076	B	Nerisa	Coelho	Open	Female	35
12	01:20:57	2412	A	Jana	du Toit	Open	Female	24
13	01:21:00	2446	A	Jessamine	Ward	Open	Female	33
14	01:22:13	2435	A	A	Teagle	Open	Female	28
15	01:23:31	3347	C	Maryke	Mouton	Open	Female	27
16	01:24:59	2345	A	Sorika	Tait	Open	Female	21
17	01:25:27	3082	B	Marianne	Johnson	Open	Female	31
18	01:25:39	2930	B	Lindi	Harmsen	Open	Female	37
19	01:26:47	3092	B	Veronique	Theron	Open	Female	32
20	01:27:37	3408	C	Hanri	Van Wyk	Open	Female	34
21	01:28:10	2926	B	Marelize	Grobbelaar	Open	Female	35
22	01:28:14	2965	B	Natalie	Meyer	Open	Female	37
23	01:29:46	3378	C	Teresa-Ann	Ruster	Open	Female	25
24	01:30:07	3089	B	Cornel	Stander	Open	Female	25
25	01:30:46	2920	B	Megan	Goddard	Open	Female	25
26	01:30:49	2916	B	Kristi	Faye-Lund	Open	Female	29
27	01:30:53	2892	B	Samantha	Ahrends	Open	Female	32
28	01:31:26	3407	C	Geomarr	van Tonder	Open	Female	29
29	01:32:40	2915	B	Sebnem	Er	Open	Female	38
30	01:32:44	2950	B	Colleen	Knox	Open	Female	31
31	01:33:00	3294	C	Petronel	Gerber	Open	Female	39
32	01:33:05	3391	C	Carole	Steffen	Open	Female	39
33	01:33:17	3291	C	Wendy	Francken	Open	Female	38
34	01:34:39	3495	C	Ashleigh	Hayworth	Open	Female	28
35	01:34:42	3496	C	Claire	Hayworth	Open	Female	28
36	01:35:31	3500	C	Janine	Lawlor	Open	Female	37
37	01:36:14	3261	C	Sonja	Britz	Open	Female	36
38	01:37:12	3286	C	Marisha	Eygelaar	Open	Female	27
39	01:37:16	3400	C	Arné	van	Open	Female	22
40	01:37:28	3491	C	Louise	Geldenhuis	Open	Female	30
41	01:37:35	3254	C	Cornell	Badenhorst	Open	Female	38
42	01:37:41	3017	B	Claire	Winterton	Open	Female	36
43	01:38:39	3386	C	Angelique	Smit	Open	Female	38
44	01:38:45	3694	D	Channette	Bantjes	Open	Female	38
45	01:38:55	3330	C	Ingrid	Lindgren	Open	Female	39
46	01:39:19	3384	C	Monique	Schutte	Open	Female	28
47	01:39:31	3486	C	Monique	Cupido	Open	Female	38
48	01:39:55	3285	C	Ane	Erasmus	Open	Female	26
49	01:40:08	3006	B	Kristinet	van der Westhuizen	Open	Female	39
50	01:40:37	3284	C	Lynnae	Endersby	Open	Female	35
51	01:40:47	3737	D	Michaela	Levy	Open	Female	21
52	01:41:48	3372	C	Sylvia	Richards	Open	Female	39
53	01:42:13	3709	D	Haajierah	Mosavel	Open	Female	26
54	01:43:02	3510	C	Tania	Wiggins	Open	Female	28
55	01:43:03	3812	D	Leizle	Retief	Open	Female	37
56	01:43:05	3487	C	Christelle	de Jager	Open	Female	30
57	01:43:24	3527	C	Nidia	Lourens	Open	Female	27
58	01:43:53	3526	C	Julie	Grobler	Open	Female	38
59	01:43:56	3290	C	Martiena	Foxcroft	Open	Female	28
60	01:45:00	3376	C	Moneque	Roos	Open	Female	32
61	01:45:30	3273	C	Trudie	Cremer	Open	Female	38
62	01:45:42	3370	C	Kerry	Redelinghuys	Open	Female	37
63	01:46:36	3505	C	Dianne	Steffen	Open	Female	31
64	01:48:39	3313	C	Leah	Hughes	Open	Female	36
65	01:48:42	3506	C	Karin	Strauss	Open	Female	33
66	01:50:34	3426	C	Mo'	Ramoroka	Open	Female	30
67	01:50:38	3427	C	Fatima	Mzinyati	Open	Female	30
68	01:50:52	3416	C	Liesl	Winter	Open	Female	35
69	01:51:49	3463	C	Juanita	van der westhuizen	Open	Female	35
70	01:51:59	2922	B	Shafeeqah	Gordon	Open	Female	22
71	01:52:22	3517	C	Sarah	Pope	Open	Female	24
72	01:53:00	3700	D	Rosie	Hardcastle	Open	Female	32
73	01:54:54	3484	C	Sumayah	Allie	Open	Female	39
74	01:58:09	3264	C	Tanya	Busschau	Open	Female	29
75	02:00:05	3513	C	Natasha	Fernandes	Open	Female	21
76	02:04:50	3524	C	Tatum	Monnery	Open	Female	23
77	02:05:46	3806	D	Juliet	Hazell	Open	Female	36
78	02:06:38	3306	C	Jurika	Hendrikse	Open	Female	35
79	02:06:41	3515	C	Tracey	Muscat	Open	Female	38
80	02:07:07	3371	C	Gabrielle	Reid	Open	Female	27
81	02:22:42	3706	D	Coralee	Long	Open	Female	30
82	02:22:46	3695	D	Xanthe	Botten	Open	Female	30
83	02:22:50	3704	D	Elaine	Janse van Rensburg	Open	Female	27

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:00:26	2464	A	Kevin	Spratley	Veteran	Male	45
2	01:02:15	2340	A	Morgan	Garandel	Veteran	Male	40
3	01:04:27	2438	A	Greg	Torr	Veteran	Male	41
4	01:07:40	3094	B	Theunis	van der Schyf	Veteran	Male	49
5	01:09:59	2419	A	Glenn	Hurlow	Veteran	Male	44
6	01:10:57	2450	A	Rudi	Bezuidenhout	Veteran	Male	41
7	01:11:16	2341	A	Warren	Lawlor	Veteran	Male	41
8	01:14:23	2918	B	Michal	George	Veteran	Male	45
9	01:14:31	2433	A	Costa	Saridakis	Veteran	Male	41
10	01:18:41	3035	B	Trevor	Giles	Veteran	Male	46
11	01:18:50	2421	A	Nezaam	Isaacs	Veteran	Male	45
12	01:19:30	3028	B	John	Burns	Veteran	Male	43
13	01:21:06	2986	B	Malcolm	Royston	Veteran	Male	40
14	01:21:10	2432	A	Craig	Pike	Veteran	Male	40
15	01:21:21	3392	C	Hanro	Steffen	Veteran	Male	41
16	01:22:48	2954	B	Patrick	Lawson	Veteran	Male	44
17	01:23:41	3083	B	Tyrone	Johnson	Veteran	Male	40
18	01:24:24	2991	B	Craig	Seaman	Veteran	Male	48
19	01:25:00	3265	C	anwar	cassiem	Veteran	Male	44
20	01:25:11	2921	B	Mncedi	Godwana	Veteran	Male	45
21	01:25:13	3518	C	Bruce	Wood	Veteran	Male	46
22	01:26:39	3302	C	Mark	Harding	Veteran	Male	42
23	01:26:44	3070	B	Andre	Hefer	Veteran	Male	49
24	01:26:54	2992	B	gavin	shaz	Veteran	Male	42
25	01:27:40	3528	C	Hilton	Ehrenreich	Veteran	Male	45
26	01:27:42	3269	C	Wouter	Coetzee	Veteran	Male	40
27	01:29:09	3411	C	Leon	Visser	Veteran	Male	47
28	01:29:16	2895	B	Marc	Bester	Veteran	Male	41
29	01:29:19	3095	B	Hein	van Wyk	Veteran	Male	45
30	01:29:51	2966	B	Shane	Minnie	Veteran	Male	41
31	01:30:00	3360	C	Burgess	Patterson	Veteran	Male	45
32	01:30:41	2878	B	Nick	Smith	Veteran	Male	41
33	01:31:38	2963	B	Anthony	McLea	Veteran	Male	41
34	01:32:23	3503	C	ted	parzydio	Veteran	Male	46
35	01:37:22	3388	C	David	Smith	Veteran	Male	48
36	01:38:42	3525	C	Schalk	Smit	Veteran	Male	49
37	01:39:39	3352	C	Jason	Nicol	Veteran	Male	41
38	01:41:32	3504	C	Andre	Sampson	Veteran	Male	46
39	01:45:26	3332	C	Eugene	Mallinson	Veteran	Male	41
40	01:45:31	3001	B	Paul	Truscott	Veteran	Male	42
41	01:48:03	3717	D	Shahied	Thomas	Veteran	Male	44
42	01:57:59	3250	C	Hein	Abrahams	Veteran	Male	45
43	01:58:12	3809	D	Kevin	Kotze	Veteran	Male	42
44	01:58:39	3807	D	Hein	Jonker	Veteran	Male	47

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:15:46	3713	D	Heidi	Rossouw	Veteran	Female	40
2	01:21:53	3102	B	Pauline	Herrmann-keys	Veteran	Female	43
3	01:22:19	3090	B	Penny	Swanepoel	Veteran	Female	46
4	01:25:45	3007	B	Susan	van Schouwen	Veteran	Female	40
5	01:26:07	3281	C	marelise	droomer	Veteran	Female	46
6	01:29:12	2909	B	Charn	De Lange	Veteran	Female	44
7	01:29:43	2940	B	Samantha	Jackson	Veteran	Female	45
8	01:30:59	3093	B	Huguette	van der Merwe	Veteran	Female	48
9	01:31:56	3030	B	Melanie	Cerqueira	Veteran	Female	44
10	01:32:25	3326	C	Mandy	La Grange	Veteran	Female	41
11	01:32:45	3493	C	Ronel	Groenewald	Veteran	Female	47
12	01:33:10	3397	C	Nicole	Thompson	Veteran	Female	40
13	01:35:13	2998	B	Tanya	Steininger	Veteran	Female	45
14	01:36:40	3383	C	Bev	Schultz	Veteran	Female	47
15	01:37:24	3289	C	Jane	Fisher	Veteran	Female	43
16	01:39:44	3808	D	Liesl	Jonker	Veteran	Female	46
17	01:40:42	3501	C	Kate	Le Roux	Veteran	Female	46
18	01:43:27	3288	C	Geniene	Fell	Veteran	Female	41
19	01:43:30	3283	C	Sarah	Elliott-Wetmore	Veteran	Female	45
20	01:46:13	3529	C	Wilma	Kruger Steyn	Veteran	Female	40
21	01:46:33	3103	B	Samantha	Kruger	Veteran	Female	44
22	01:47:45	3279	C	Zelda	De Paiva	Veteran	Female	44
23	01:47:52	3430	C	Annitta	Attieh	Veteran	Female	42
24	01:50:56	3304	C	Lee-ann	Harris	Veteran	Female	49
25	01:52:09	3274	C	Renee	Cupido	Veteran	Female	42
26	01:53:59	3739	D	Tania	Wiggins	Veteran	Female	40
27	01:55:24	3813	D	Nicola	Wilson	Veteran	Female	41
28	01:55:51	3488	C	melissa	de kock	Veteran	Female	41
29	02:00:32	3251	C	Jeanne	Adonis	Veteran	Female	45
30	02:10:29	3262	C	Rene	Brown-Rossouw	Veteran	Female	45

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:13:29	2971	B	Rolf	Muller	Master	Male	57
2	01:14:09	2348	A	Kevin	Derbyshire	Master	Male	50
3	01:14:51	3498	C	Niel	Hugo	Master	Male	51
4	01:15:50	2939	B	Anton	Hunt	Master	Male	54
5	01:22:39	2454	A	Tielman	Myburgh	Master	Male	53
6	01:22:42	2457	A	Ralf	Bochnig	Master	Male	53
7	01:25:41	3000	B	Johann	Theron	Master	Male	59
8	01:26:55	3395	C	Michael	Theunissen	Master	Male	53
9	01:27:47	3253	C	Steve	Akester	Master	Male	55
10	01:31:10	3084	B	nicholas	king	Master	Male	56
11	01:32:50	3485	C	Brent	Coates	Master	Male	51
12	01:37:06	3707	D	Marius	Lorenzen	Master	Male	58
13	01:42:20	3805	D	Courtenay	Cornelissen	Master	Male	50
14	01:44:33	2923	B	Godfrey	Goslett	Master	Male	54
15	01:51:23	3316	C	Waleed	Isaacs	Master	Male	52
16	01:51:47	2951	B	Glen	Kriel	Master	Male	56
17	01:52:18	3321	C	Robert William	Keynel	Master	Male	52

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:37:20	3298	C	Pat	Hagen	Master	Female	65
2	01:44:01	3258	C	Zita	Brandon	Master	Female	53
3	02:04:46	3511	C	Kim	Clifton	Master	Female	53
4	02:10:31	3319	C	Merle	Kallis	Master	Female	53

Grand Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:21:48	2905	B	Errol	Cunnama	Grand Masters	Male	61
2	01:33:56	3340	C	Rob	McDonald	Grand Masters	Male	63
3	01:41:12	3394	C	Alex	Taute	Grand Masters	Male	60
4	01:45:18	2900	B	Rob	Burns	Grand Masters	Male	66
5	01:47:31	3382	C	Christopher	Schnehage	Grand Masters	Male	62

Grand Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
<p>PLEASE NOTE: There is no 'Grand Master Female' category for this years Spur Cape Winter Trail Series®. In order for a category to be formed, there needs to be five or more contestants in the age & gender category. Currently all females who would have qualified for the 'Grand Master Female' category are automatically entered into the 'Master Female' category.</p>								