



## Spur Cape Winter Trail Series® Challenge 2016

NOTE: The results below are for the Spur Cape Winter Trail Series® Short Course Challenge and only include the runners competing in the SHORT course. Three race scores count towards the final score. For any queries please email [info@wildrunner.co.za](mailto:info@wildrunner.co.za) by Thursday 18 August 2016 at the latest, after which no further changes will be made.

Open Men

| Position | Race # | Batch | Name                    | Surname      | Category | Sex  | Age | Race #1: Paul Cluver Estate |          | Race #2: Tygerberg Nature Reserve |          | Race #3: Taal Monument |          | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|-------------------------|--------------|----------|------|-----|-----------------------------|----------|-----------------------------------|----------|------------------------|----------|--------------------|----------|--------|----------|---------------------|----------|
|          |        |       |                         |              |          |      |     | Position & Points           | Time     | Position & Points                 | Time     | Position & Points      | Time     | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 269    | E     | Mhlangabazi             | Mbuntshu     | Open     | Male | 23  | 1                           | 00:33:02 | 1                                 | 00:32:51 | 2                      | 00:30:44 | 1                  | 00:32:35 | 5      | 02:09:12 | 3                   | 01:36:10 |
| 2        | 268    | E     | Tino                    | Adams        | Open     | Male | 21  | 2                           | 00:33:16 | 4                                 | 00:36:36 | 3                      | 00:31:03 | 2                  | 00:32:37 | 11     | 02:13:32 | 7                   | 01:36:56 |
| 3        | 406    | E     | Johan                   | Kellermann   | Open     | Male | 24  | 4                           | 00:36:38 | 5                                 | 00:36:39 | 6                      | 00:34:15 | 3                  | 00:34:27 | 18     | 02:21:58 | 12                  | 01:45:20 |
| 4        | 421    | E     | Robert                  | Shaff        | Open     | Male | 25  | 3                           | 00:36:07 | 7                                 | 00:39:48 | 200                    | 02:00:00 | 4                  | 00:34:48 | 214    | 03:50:42 | 14                  | 01:50:42 |
| 5        | 435    | E     | Clayton                 | Booyesen     | Open     | Male | 34  | 7                           | 00:39:30 | 200                               | 02:00:00 | 10                     | 00:39:09 | 6                  | 00:38:04 | 223    | 03:56:43 | 23                  | 01:56:43 |
| 6        | 405    | E     | Sylvano                 | Hindley      | Open     | Male | 28  | 6                           | 00:39:04 | 14                                | 00:47:16 | 15                     | 00:41:10 | 5                  | 00:36:43 | 40     | 02:44:13 | 25                  | 01:56:57 |
| 7        | 416    | E     | E.P.                    | Olivier      | Open     | Male | 30  | 8                           | 00:39:53 | 10                                | 00:41:12 | 7                      | 00:37:15 | 200                | 02:00:00 | 225    | 03:58:20 | 25                  | 01:58:20 |
| 8        | 804    | F     | Iogan                   | esles        | Open     | Male | 24  | 9                           | 00:41:43 | 11                                | 00:41:52 | 200                    | 02:00:00 | 7                  | 00:39:52 | 227    | 04:03:27 | 27                  | 02:03:27 |
| 9        | 1403   | G     | Du Toit                 | Roodman      | Open     | Male | 34  | 16                          | 00:43:36 | 200                               | 02:00:00 | 12                     | 00:39:32 | 8                  | 00:41:27 | 236    | 04:04:35 | 36                  | 02:04:35 |
| 10       | 867    | F     | Luca                    | Stefanutti   | Open     | Male | 26  | 20                          | 00:46:05 | 17                                | 00:51:46 | 200                    | 02:00:00 | 21                 | 00:47:48 | 237    | 03:57:51 | 37                  | 01:37:51 |
| 11       | 276    | E     | Lunga                   | Mncube       | Open     | Male | 26  | 200                         | 02:00:00 | 13                                | 00:42:43 | 9                      | 00:39:00 | 243                | 04:09:31 | 43     | 02:09:31 |                     |          |
| 12       | 392    | E     | Peter                   | Baumeister   | Open     | Male | 39  | 13                          | 00:42:38 | 15                                | 00:47:29 | 16                     | 00:41:18 | 200                | 2:00:00  | 244    | 04:11:25 | 44                  | 02:11:25 |
| 13       | 813    | F     | Ralph                   | Harris       | Open     | Male | 37  | 17                          | 00:44:45 | 200                               | 02:00:00 | 19                     | 00:42:39 | 12                 | 00:44:34 | 248    | 04:11:58 | 48                  | 02:11:58 |
| 14       | 1250   | G     | Estlan                  | Diedericks   | Open     | Male | 26  | 15                          | 00:42:41 | 21                                | 00:55:17 | 17                     | 00:42:19 | 200                | 02:00:00 | 253    | 04:20:17 | 53                  | 02:20:17 |
| 15       | 1462   | G     | Anton                   | Vorster      | Open     | Male | 30  | 26                          | 00:49:13 | 32                                | 00:59:34 | 21                     | 00:44:11 | 13                 | 00:44:43 | 96     | 03:17:41 | 60                  | 02:18:07 |
| 16       | 880    | F     | Stian                   | Visagie      | Open     | Male | 27  | 46                          | 00:52:38 | 26                                | 00:55:41 | 32                     | 00:46:52 | 17                 | 00:46:28 | 117    | 03:21:39 | 71                  | 02:25:58 |
| 17       | 1308   | G     | Adeeb                   | Isaacs       | Open     | Male | 20  | 21                          | 00:46:31 | 20                                | 00:55:12 | 30                     | 00:46:47 | 200                | 02:00:00 | 271    | 04:28:30 | 71                  | 02:28:30 |
| 18       | 794    | F     | Reynier                 | Booyesen     | Open     | Male | 37  | 32                          | 00:54:55 | 19                                | 00:54:29 | 33                     | 00:46:57 | 200                | 2:00:00  | 284    | 04:32:22 | 84                  | 02:32:22 |
| 19       | 1397   | G     | Stuart                  | Redpath      | Open     | Male | 33  | 31                          | 00:50:34 | 39                                | 01:00:19 | 41                     | 00:48:44 | 20                 | 00:47:06 | 131    | 03:26:43 | 90                  | 02:26:24 |
| 20       | 879    | F     | Niel                    | Visagie      | Open     | Male | 30  | 47                          | 00:52:40 | 23                                | 00:55:43 | 200                    | 02:00:00 | 26                 | 00:49:37 | 296    | 04:38:00 | 96                  | 02:38:00 |
| 21       | 1373   | G     | Modisaotsile            | Moshweshwe   | Open     | Male | 34  | 34                          | 00:51:07 | 31                                | 00:57:27 | 35                     | 00:47:16 | 200                | 2:00:00  | 300    | 04:35:49 | 100                 | 02:35:49 |
| 22       | 894    | F     | Jeandre                 | Van Zyl      | Open     | Male | 26  | 43                          | 00:52:30 | 27                                | 00:55:59 | 37                     | 00:47:47 | 200                | 2:00:00  | 307    | 04:36:16 | 107                 | 02:36:16 |
| 23       | 895    | F     | John                    | Loubser      | Open     | Male | 26  | 44                          | 00:52:35 | 26                                | 00:55:57 | 38                     | 00:47:49 | 200                | 2:00:00  | 308    | 04:36:21 | 108                 | 02:36:21 |
| 24       | 838    | F     | Michael                 | Obery        | Open     | Male | 30  | 10                          | 00:41:59 | 96                                | 01:17:54 | 200                    | 02:00:00 | 9                  | 00:42:41 | 315    | 04:42:34 | 115                 | 02:42:34 |
| 25       | 861    | F     | Philip                  | Smith        | Open     | Male | 28  | 42                          | 00:52:24 | 200                               | 02:00:00 | 42                     | 00:48:59 | 32                 | 00:51:16 | 316    | 04:42:38 | 116                 | 02:32:38 |
| 26       | 1264   | G     | David                   | Ferreira     | Open     | Male | 30  | 36                          | 00:51:25 | 54                                | 01:01:48 | 66                     | 00:54:15 | 29                 | 00:50:58 | 185    | 03:38:25 | 119                 | 02:36:38 |
| 27       | 1421   | G     | Willem Hermanus Stephan | Sharp        | Open     | Male | 33  | 49                          | 00:53:29 | 41                                | 01:00:29 | 56                     | 00:52:26 | 31                 | 00:51:09 | 177    | 03:37:33 | 121                 | 02:37:04 |
| 28       | 1367   | G     | Roberto                 | Mathys       | Open     | Male | 29  | 58                          | 00:55:41 | 43                                | 01:00:36 | 49                     | 00:51:03 | 36                 | 00:51:54 | 186    | 03:39:14 | 128                 | 02:38:38 |
| 29       | 831    | F     | Jorich                  | Loubser      | Open     | Male | 20  | 55                          | 00:55:08 | 35                                | 00:59:31 | 64                     | 00:53:53 | 38                 | 00:52:19 | 192    | 02:40:51 | 128                 | 02:41:20 |
| 30       | 877    | F     | Darwin                  | Van Rooyen   | Open     | Male | 39  | 51                          | 00:54:12 | 50                                | 01:01:30 | 52                     | 00:51:50 | 30                 | 00:51:01 | 183    | 03:38:33 | 131                 | 02:37:03 |
| 31       | 1409   | G     | Fadi                    | Salie        | Open     | Male | 32  | 66                          | 00:57:28 | 100                               | 01:19:05 | 51                     | 00:51:27 | 25                 | 00:49:27 | 242    | 03:57:27 | 142                 | 02:38:22 |
| 32       | 394    | E     | Tayan                   | Brittz       | Open     | Male | 24  | 70                          | 00:58:18 | 38                                | 00:59:41 | 62                     | 00:53:44 | 57                 | 00:57:36 | 227    | 03:49:20 | 157                 | 02:49:39 |
| 33       | 876    | F     | Sarel                   | Van Der Walt | Open     | Male | 37  | 56                          | 00:55:11 | 55                                | 01:01:52 | 61                     | 00:53:32 | 200                | 2:00:00  | 372    | 04:50:35 | 172                 | 02:50:35 |
| 34       | 1208   | G     | David                   | Bassett      | Open     | Male | 29  | 87                          | 01:04:09 | 46                                | 01:00:48 | 39                     | 00:48:26 | 200                | 02:00:00 | 372    | 04:53:23 | 172                 | 02:53:23 |
| 35       | 1362   | G     | Jono                    | Malan        | Open     | Male | 31  | 73                          | 00:59:07 | 200                               | 02:00:00 | 53                     | 00:51:53 | 49                 | 00:54:26 | 375    | 04:45:26 | 175                 | 02:45:26 |
| 36       | 1232   | G     | Daryn                   | Chalmers     | Open     | Male | 26  | 64                          | 00:56:53 | 60                                | 01:04:49 | 200                    | 02:00:00 | 53                 | 00:54:57 | 377    | 04:56:39 | 177                 | 02:56:39 |
| 37       | 1446   | G     | ANDRE                   | Van Deventer | Open     | Male | 37  | 200                         | 02:00:00 | 72                                | 01:08:09 | 59                     | 00:53:01 | 52                 | 00:54:47 | 383    | 04:55:57 | 183                 | 02:55:57 |
| 38       | 1419   | G     | Mohammed                | Seedat       | Open     | Male | 29  | 60                          | 00:56:37 | 200                               | 02:00:00 | 63                     | 00:53:51 | 61                 | 00:58:20 | 384    | 04:48:48 | 184                 | 02:48:48 |
| 39       | 1400   | G     | Rafiek                  | Roberts      | Open     | Male | 29  | 65                          | 00:57:25 | 101                               | 01:19:15 | 50                     | 00:51:21 | 69                 | 01:01:06 | 285    | 04:09:08 | 184                 | 02:49:53 |
| 40       | 1298   | G     | Paul                    | Herselman    | Open     | Male | 29  | 45                          | 00:52:36 | 200                               | 02:00:00 | 85                     | 01:01:31 | 58                 | 00:57:59 | 388    | 04:52:07 | 188                 | 02:52:07 |
| 41       | 1410   | G     | Maahir                  | Salie        | Open     | Male | 29  | 67                          | 00:57:31 | 102                               | 01:19:16 | 200                    | 02:00:00 | 19                 | 00:47:03 | 388    | 05:03:50 | 188                 | 03:03:50 |
| 42       | 2054   | H     | Erich                   | Laubscher    | Open     | Male | 31  | 88                          | 01:04:14 | 200                               | 02:00:00 | 54                     | 00:51:59 | 47                 | 00:54:00 | 389    | 04:50:13 | 189                 | 02:50:13 |
| 43       | 1343   | G     | Jacobus                 | Labuschagne  | Open     | Male | 33  | 80                          | 01:00:32 | 74                                | 01:08:45 | 69                     | 00:55:57 | 56                 | 00:56:27 | 279    | 04:01:41 | 199                 | 02:52:56 |
| 44       | 1401   | G     | Jacques                 | Roelofse     | Open     | Male | 26  | 82                          | 01:01:22 | 67                                | 01:07:03 | 68                     | 00:55:55 | 68                 | 01:00:30 | 285    | 04:04:49 | 203                 | 02:57:46 |
| 45       | 1589   | G     | Jaco                    | Walters      | Open     | Male | 28  | 200                         | 02:00:00 | 84                                | 01:11:18 | 76                     | 00:57:42 | 50                 | 00:54:39 | 410    | 05:03:39 | 210                 | 03:03:39 |
| 46       | 1998   | H     | Christopher             | Boshoff      | Open     | Male | 35  | 200                         | 02:00:00 | 75                                | 01:09:14 | 80                     | 00:59:28 | 59                 | 00:58:06 | 414    | 05:06:48 | 214                 | 03:06:48 |
| 47       | 1207   | G     | Jared                   | Barker       | Open     | Male | 29  | 75                          | 00:59:17 | 70                                | 01:07:34 | 73                     | 00:56:32 | 200                | 02:00:00 | 418    | 05:03:24 | 218                 | 03:03:24 |
| 48       | 1402   | G     | Vaughn                  | Roman        | Open     | Male | 31  | 74                          | 00:59:13 | 76                                | 01:09:01 | 78                     | 00:58:38 | 200                | 2:00:00  | 428    | 05:06:52 | 228                 | 03:06:52 |
| 49       | 865    | F     | nabeel                  | soeker       | Open     | Male | 19  | 71                          | 00:58:21 | 71                                | 01:07:46 | 88                     | 01:02:20 | 200                | 2:00:00  | 430    | 05:09:26 | 230                 | 03:09:26 |
| 50       | 2071   | H     | Jan                     | Nel          | Open     | Male | 27  | 99                          | 01:09:04 | 91                                | 01:16:20 | 77                     | 00:58:16 | 63                 | 00:58:48 | 330    | 04:22:27 | 231                 | 02:06:07 |
| 51       | 1386   | G     | Imran                   | Parker       | Open     | Male | 38  | 94                          | 01:05:16 | 89                                | 01:13:43 | 81                     | 00:59:45 | 62                 | 00:58:43 | 326    | 04:17:27 | 232                 | 03:03:45 |
| 52       | 1885   | H     | Rameez                  | Samiem       | Open     | Male | 28  | 200                         | 02:00:00 | 114                               | 01:30:02 | 67                     | 00:55:24 | 55                 | 00:55:58 | 436    | 05:21:25 | 236                 | 03:21:25 |
| 53       | 1411   | G     | Waleed                  | Samsodien    | Open     | Male | 31  | 68                          | 00:57:34 | 123                               | 01:44:07 | 200                    | 02:00:00 | 54                 | 00:55:39 | 445    | 05:37:19 | 245                 | 03:37:19 |

|    |      |   |          |            |      |      |    |
|----|------|---|----------|------------|------|------|----|
| 54 | 1344 | G | Campbell | Lak        | Open | Male | 28 |
| 55 | 1551 | G | Zunaid   | Khatieb    | Open | Male | 37 |
| 56 | 2077 | H | Coenraad | Oliveir    | Open | Male | 31 |
| 57 | 1352 | G | Janus    | Liebenberg | Open | Male | 34 |
| 58 | 2015 | H | Grant    | de Smidt   | Open | Male | 30 |
| 59 | 2138 | H | Ryan     | Barker     | Open | Male | 34 |
| 60 | 835  | F | Mubeen   | Mohamed    | Open | Male | 24 |
| 61 | 1239 | G | Duncan   | Cork       | Open | Male | 38 |
| 62 | 1310 | G | Lloyd    | Jacobs     | Open | Male | 32 |
| 63 | 2106 | H | Vaughn   | Thompson   | Open | Male | 36 |
| 64 | 1424 | G | Chris    | Strauss    | Open | Male | 30 |
| 65 | 1476 | G | YVES     | Damseaux   | Open | Male | 32 |
| 66 | 2079 | H | Nawaaz   | Parker     | Open | Male | 35 |
| 67 | 1459 | G | Johan    | Vermeulen  | Open | Male | 31 |

|     |          |
|-----|----------|
| 85  | 01:03:13 |
| 200 | 02:00:00 |
| 101 | 01:09:13 |
| 95  | 01:06:04 |
| 116 | 01:23:57 |
| 200 | 02:00:00 |
| 102 | 01:11:33 |
| 107 | 01:13:20 |
| 97  | 01:08:27 |
| 118 | 01:26:38 |
| 110 | 01:18:43 |
| 119 | 01:34:55 |
| 121 | 02:06:29 |
| 114 | 01:22:16 |

|     |          |
|-----|----------|
| 87  | 01:11:32 |
| 95  | 01:17:11 |
| 99  | 01:18:58 |
| 82  | 01:11:05 |
| 104 | 01:19:35 |
| 109 | 01:22:27 |
| 107 | 01:20:27 |
| 105 | 01:20:15 |
| 98  | 01:18:47 |
| 113 | 01:28:45 |
| 121 | 01:35:45 |
| 200 | 02:00:00 |
| 124 | 02:27:44 |
| 119 | 01:33:30 |

|     |          |
|-----|----------|
| 75  | 00:57:33 |
| 86  | 01:01:36 |
| 90  | 01:05:10 |
| 83  | 01:00:32 |
| 89  | 01:04:23 |
| 92  | 01:06:31 |
| 102 | 01:11:32 |
| 105 | 01:18:20 |
| 96  | 01:08:50 |
| 103 | 01:12:20 |
| 200 | 02:00:00 |
| 109 | 01:34:56 |
| 110 | 01:37:41 |
| 108 | 01:24:49 |

|     |          |
|-----|----------|
| 200 | 02:00:00 |
| 71  | 01:02:50 |
| 64  | 00:59:45 |
| 200 | 02:00:00 |
| 70  | 01:01:56 |
| 67  | 01:00:29 |
| 80  | 01:08:08 |
| 79  | 01:08:03 |
| 200 | 2:00:00  |
| 83  | 01:10:43 |
| 76  | 01:05:08 |
| 87  | 01:28:29 |
| 89  | 01:55:02 |
| 200 | 2:00:00  |

|     |          |
|-----|----------|
| 447 | 05:12:18 |
| 452 | 05:21:37 |
| 354 | 04:33:06 |
| 460 | 05:17:41 |
| 379 | 04:49:50 |
| 468 | 05:29:26 |
| 391 | 04:51:40 |
| 396 | 04:59:57 |
| 491 | 05:36:04 |
| 417 | 05:18:26 |
| 507 | 05:59:36 |
| 515 | 06:38:20 |
| 444 | 08:06:57 |
| 541 | 06:20:34 |

|     |          |
|-----|----------|
| 247 | 03:12:18 |
| 252 | 03:21:37 |
| 253 | 03:14:08 |
| 260 | 03:17:41 |
| 263 | 03:25:53 |
| 268 | 03:29:26 |
| 284 | 03:31:14 |
| 289 | 03:39:42 |
| 291 | 03:36:04 |
| 299 | 03:49:41 |
| 307 | 03:59:36 |
| 315 | 04:38:20 |
| 320 | 05:39:12 |
| 341 | 04:20:34 |



|    |      |   |              |              |      |        |    |     |          |     |          |     |          |     |          |     |          |     |          |
|----|------|---|--------------|--------------|------|--------|----|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|
| 76 | 1789 | H | Lehlogonolo  | Debella      | Open | Female | 32 | 175 | 01:23:36 | 133 | 01:34:18 | 134 | 01:19:32 | 108 | 01:19:24 | 550 | 05:36:51 | 375 | 04:17:27 |
| 77 | 2114 | H | Chane        | Van Deventer | Open | Female | 21 | 144 | 01:16:58 | 141 | 01:37:52 | 98  | 01:10:03 | 200 | 2:00:00  | 583 | 06:04:52 | 383 | 04:04:52 |
| 78 | 837  | F | Antoinette   | Niehaus      | Open | Female | 28 | 190 | 01:34:25 | 164 | 02:01:37 | 118 | 01:14:49 | 102 | 01:14:53 | 574 | 06:05:44 | 384 | 04:50:51 |
| 79 | 2009 | H | Melindi      | Coetzee      | Open | Female | 21 | 145 | 01:17:00 | 142 | 01:37:54 | 99  | 01:10:05 | 200 | 2:00:00  | 586 | 06:04:59 | 386 | 04:04:59 |
| 80 | 1458 | G | Amy          | Vermeulen    | Open | Female | 28 | 157 | 01:18:51 | 127 | 01:28:43 | 114 | 01:12:43 | 200 | 02:00:00 | 598 | 06:00:17 | 398 | 04:00:17 |
| 81 | 1297 | G | Alice        | Herselman    | Open | Female | 32 | 185 | 01:27:46 | 155 | 01:43:24 | 142 | 01:22:08 | 101 | 01:14:12 | 583 | 05:47:30 | 398 | 04:33:18 |
| 82 | 1886 | H | Yumna        | Ismail       | Open | Female | 28 | 200 | 02:00:00 | 156 | 01:43:58 | 139 | 01:21:59 | 103 | 01:15:20 | 598 | 06:21:17 | 398 | 05:05:57 |
| 83 | 1884 | H | Kulphum      | Fataar       | Open | Female | 24 | 200 | 02:00:00 | 157 | 01:44:02 | 137 | 01:21:44 | 106 | 01:18:20 | 600 | 06:24:06 | 400 | 05:05:46 |
| 84 | 1767 | H | Jacquiline   | Chan         | Open | Female | 37 | 143 | 01:16:57 | 152 | 01:40:33 | 117 | 01:14:47 | 200 | 2:00:00  | 612 | 06:12:18 | 412 | 04:12:18 |
| 85 | 1989 | H | Jessica      | Barker       | Open | Female | 39 | 200 | 02:00:00 | 162 | 01:55:57 | 146 | 01:30:25 | 115 | 01:24:07 | 623 | 06:50:29 | 423 | 05:26:22 |
| 86 | 1240 | G | Emma         | Cork         | Open | Female | 36 | 181 | 01:24:58 | 200 | 02:00:00 | 132 | 01:18:18 | 112 | 01:21:47 | 625 | 06:05:03 | 425 | 04:43:15 |
| 87 | 2051 | H | Anneliese    | Korsch       | Open | Female | 37 | 200 | 02:00:00 | 163 | 01:56:02 | 147 | 01:30:30 | 117 | 01:24:21 | 627 | 06:50:53 | 427 | 05:26:32 |
| 88 | 1435 | G | Torrin       | Theron       | Open | Female | 37 | 167 | 01:21:05 | 131 | 01:32:30 | 135 | 01:20:33 | 200 | 2:00:00  | 633 | 06:14:09 | 433 | 04:14:09 |
| 89 | 2110 | H | Karen        | van der Berg | Open | Female | 29 | 176 | 01:23:41 | 153 | 01:40:41 | 200 | 02:00:00 | 113 | 01:23:20 | 642 | 06:27:42 | 442 | 05:04:22 |
| 90 | 2087 | H | Marlese      | Radyn        | Open | Female | 34 | 177 | 01:23:47 | 154 | 01:40:43 | 200 | 02:00:00 | 114 | 01:23:23 | 645 | 06:27:54 | 445 | 05:04:31 |
| 91 | 2055 | H | Lauren-Leigh | Livesey      | Open | Female | 35 | 192 | 01:40:22 | 144 | 01:38:09 | 200 | 02:00:00 | 116 | 01:24:18 | 652 | 06:42:50 | 452 | 05:18:32 |
| 92 | 1301 | G | Cherise      | Hider        | Open | Female | 28 | 193 | 01:42:36 | 143 | 01:38:06 | 200 | 02:00:00 | 121 | 01:26:15 | 657 | 06:46:57 | 457 | 05:20:42 |
| 93 | 1477 | G | Jenita       | Beling       | Open | Female | 31 | 191 | 01:34:52 | 200 | 02:00:00 | 151 | 01:34:41 | 122 | 01:28:27 | 664 | 06:38:00 | 464 | 05:09:33 |
| 94 | 1766 | H | Kesia        | Scholtz      | Open | Female | 19 | 186 | 01:30:26 | 165 | 02:02:17 | 154 | 01:41:30 | 200 | 2:00:00  | 705 | 07:14:13 | 505 | 05:14:13 |
| 95 | 1988 | H | Tania        | B            | Open | Female | 24 | 195 | 01:48:52 | 166 | 02:14:02 | 152 | 01:35:59 | 200 | 2:00:00  | 713 | 07:38:53 | 513 | 05:38:53 |

Veteran Men

| Position | Race # | Batch | Name            | Surname       | Category | Sex  | Age | Race #1: Paul Cluver Estate |          | Race #2: Tygerberg Nature Reserve |          | Race #3: Taal Monument |          | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|-----------------|---------------|----------|------|-----|-----------------------------|----------|-----------------------------------|----------|------------------------|----------|--------------------|----------|--------|----------|---------------------|----------|
|          |        |       |                 |               |          |      |     | Position & Points           | Time     | Position & Points                 | Time     | Position & Points      | Time     | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 420    | E     | Peter           | Shackleton    | Veteran  | Male | 40  | 1                           | 00:38:06 | 1                                 | 00:40:27 | 1                      | 00:36:21 | 1                  | 00:37:20 | 4      | 02:32:14 | 3                   | 01:54:54 |
| 2        | 279    | E     | Quinton         | Walker        | Veteran  | Male | 43  | 2                           | 00:41:29 | 2                                 | 00:43:47 | 2                      | 00:39:04 | 2                  | 00:38:43 | 8      | 02:43:03 | 6                   | 02:04:20 |
| 3        | 264    | E     | Arno            | Rossouw       | Veteran  | Male | 44  | 5                           | 00:43:52 | 6                                 | 00:53:53 | 4                      | 00:41:40 | 3                  | 00:41:14 | 18     | 03:00:39 | 12                  | 02:19:26 |
| 4        | 839    | F     | Ashraf          | Orrie         | Veteran  | Male | 48  | 7                           | 00:47:49 | 11                                | 00:57:18 | 14                     | 00:51:53 | 6                  | 00:46:45 | 38     | 03:23:46 | 24                  | 02:37:01 |
| 5        | 1394   | G     | Arne            | Purves        | Veteran  | Male | 43  | 17                          | 00:54:50 | 17                                | 00:58:56 | 5                      | 00:43:51 | 4                  | 00:44:07 | 43     | 03:21:42 | 26                  | 02:37:36 |
| 6        | 423    | E     | Ben             | Van Rensburg  | Veteran  | Male | 43  | 8                           | 00:49:35 | 10                                | 00:57:08 | 15                     | 00:52:01 | 9                  | 00:49:34 | 42     | 03:28:19 | 27                  | 02:38:44 |
| 7        | 1242   | G     | Moenier         | Da Silva      | Veteran  | Male | 42  | 9                           | 00:51:09 | 14                                | 00:57:38 | 9                      | 00:49:08 | 11                 | 00:49:52 | 43     | 03:27:48 | 29                  | 02:37:56 |
| 8        | 802    | F     | Ebrahim         | Domingo       | Veteran  | Male | 41  | 19                          | 00:56:11 | 9                                 | 00:55:50 | 11                     | 00:49:54 | 100                | 2:00:00  | 139    | 04:41:54 | 39                  | 02:41:54 |
| 9        | 862    | F     | Antony          | Smyth         | Veteran  | Male | 46  | 11                          | 00:52:16 | 19                                | 00:59:07 | 12                     | 00:50:20 | 100                | 02:00:00 | 142    | 04:41:43 | 42                  | 02:41:43 |
| 10       | 1257   | G     | shabeer         | ebrahim       | Veteran  | Male | 45  | 16                          | 00:54:46 | 100                               | 02:00:00 | 19                     | 00:52:53 | 16                 | 00:58:31 | 151    | 04:46:10 | 51                  | 03:47:39 |
| 11       | 886    | F     | Mohammed Junaid | Alli          | Veteran  | Male | 47  | 10                          | 00:51:59 | 24                                | 01:05:32 | 18                     | 00:52:29 | 100                | 2:00:00  | 152    | 04:50:01 | 52                  | 02:50:01 |
| 12       | 1434   | G     | Jacques         | Theron        | Veteran  | Male | 41  | 18                          | 00:55:13 | 21                                | 01:01:19 | 100                    | 02:00:00 | 13                 | 00:52:28 | 152    | 04:49:00 | 52                  | 03:56:32 |
| 13       | 1479   | G     | Farouk          | davids        | Veteran  | Male | 45  | 20                          | 00:57:42 | 26                                | 01:07:07 | 13                     | 00:51:11 | 100                | 2:00:00  | 159    | 04:55:59 | 59                  | 02:55:59 |
| 14       | 847    | F     | Peter           | Robson        | Veteran  | Male | 46  | 26                          | 01:00:01 | 12                                | 00:57:25 | 24                     | 00:55:54 | 100                | 2:00:00  | 162    | 04:53:20 | 62                  | 02:53:20 |
| 15       | 1388   | G     | Stephen         | Pietersen     | Veteran  | Male | 42  | 22                          | 00:58:10 | 22                                | 01:03:41 | 100                    | 02:00:00 | 18                 | 00:58:35 | 162    | 05:00:27 | 62                  | 04:01:52 |
| 16       | 1361   | G     | Daniel          | Maksa         | Veteran  | Male | 40  | 24                          | 00:59:01 | 100                               | 02:00:00 | 22                     | 00:55:30 | 17                 | 00:58:32 | 163    | 04:53:03 | 63                  | 03:54:31 |
| 17       | 1916   | H     | Ryan            | Skews         | Veteran  | Male | 41  | 100                         | 02:00:00 | 28                                | 01:10:12 | 26                     | 00:56:07 | 14                 | 00:55:20 | 168    | 05:01:38 | 68                  | 04:06:19 |
| 18       | 866    | F     | Mark            | Stead         | Veteran  | Male | 47  | 25                          | 00:59:59 | 25                                | 01:06:29 | 25                     | 00:55:55 | 100                | 2:00:00  | 175    | 05:02:24 | 75                  | 03:02:24 |
| 19       | 1275   | G     | Andrew          | Gade          | Veteran  | Male | 41  | 31                          | 01:08:14 | 33                                | 01:12:25 | 31                     | 01:00:03 | 21                 | 01:01:29 | 116    | 04:22:11 | 83                  | 03:20:42 |
| 20       | 817    | F     | Brian           | Hoffman       | Veteran  | Male | 47  | 30                          | 01:06:57 | 32                                | 01:12:21 | 30                     | 00:59:43 | 25                 | 01:05:24 | 117    | 04:24:25 | 85                  | 03:19:01 |
| 21       | 2091   | H     | Matthew         | Rowe          | Veteran  | Male | 40  | 27                          | 01:00:36 | 35                                | 01:13:49 | 27                     | 00:56:21 | 100                | 2:00:00  | 189    | 05:10:47 | 89                  | 03:10:47 |
| 22       | 1290   | G     | Yaseen          | Harneker      | Veteran  | Male | 39  | 35                          | 01:10:48 | 44                                | 01:21:26 | 33                     | 01:01:47 | 23                 | 01:03:57 | 135    | 04:37:58 | 91                  | 03:34:01 |
| 23       | 2098   | H     | Francois        | Steyn         | Veteran  | Male | 45  | 41                          | 01:14:11 | 29                                | 01:12:14 | 39                     | 01:12:11 | 28                 | 01:07:34 | 137    | 04:44:10 | 96                  | 03:36:35 |
| 24       | 1330   | G     | Albert          | Kennedy       | Veteran  | Male | 41  | 29                          | 01:04:34 | 37                                | 01:15:47 | 36                     | 01:04:09 | 33                 | 01:18:25 | 135    | 04:42:55 | 98                  | 03:24:30 |
| 25       | 1273   | G     | Grant           | Francke       | Veteran  | Male | 41  | 39                          | 01:12:48 | 39                                | 01:18:39 | 100                    | 02:00:00 | 26                 | 01:06:48 | 204    | 05:38:16 | 104                 | 04:31:28 |
| 26       | 2016   | H     | Anton           | de Wit        | Veteran  | Male | 42  | 100                         | 02:00:00 | 48                                | 01:27:08 | 38                     | 01:10:55 | 22                 | 01:03:20 | 208    | 05:41:23 | 108                 | 04:38:04 |
| 27       | 2088   | H     | Kevin           | Rorke         | Veteran  | Male | 49  | 37                          | 01:11:38 | 42                                | 01:20:35 | 100                    | 02:00:00 | 30                 | 01:10:37 | 209    | 05:42:50 | 109                 | 04:32:13 |
| 28       | 1241   | G     | Lodi            | Cronje        | Veteran  | Male | 46  | 33                          | 01:10:21 | 45                                | 01:21:31 | 34                     | 01:01:53 | 100                | 2:00:00  | 212    | 05:33:46 | 112                 | 03:33:46 |
| 29       | 1448   | G     | Paul            | van Jaarsveld | Veteran  | Male | 40  | 34                          | 01:10:27 | 38                                | 01:18:25 | 44                     | 01:31:22 | 100                | 2:00:00  | 216    | 06:00:13 | 116                 | 04:00:13 |

**Veteran Ladies**

| Position | Race # | Batch | Name      | Surname             | Category | Sex    | Age | Race #1: Paul Cluver Estate |          | Race #2: Tygerberg Nature Reserve |          | Race #3: Taal Monument |          | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|-----------|---------------------|----------|--------|-----|-----------------------------|----------|-----------------------------------|----------|------------------------|----------|--------------------|----------|--------|----------|---------------------|----------|
|          |        |       |           |                     |          |        |     | Position & Points           | Time     | Position & Points                 | Time     | Position & Points      | Time     | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 432    | E     | Melanie   | Novitzkas           | Veteran  | Female | 45  | 1                           | 00:49:51 | 100                               | 02:00:00 | 3                      | 00:48:49 | 1                  | 00:48:22 | 105    | 04:27:01 | 5                   | 03:38:40 |
| 2        | 789    | F     | Elina     | Alting-Mees         | Veteran  | Female | 44  | 3                           | 00:51:56 | 1                                 | 00:53:49 | 1                      | 00:47:14 | 100                | 2:00:00  | 105    | 04:33:00 | 5                   | 02:33:00 |
| 3        | 1233   | G     | Janice    | Charles             | Veteran  | Female | 41  | 2                           | 00:50:56 | 4                                 | 00:58:18 | 2                      | 00:47:41 | 100                | 2:00:00  | 108    | 04:36:56 | 8                   | 02:36:56 |
| 4        | 881    | F     | Anneke    | Von Maltitz         | Veteran  | Female | 40  | 6                           | 00:52:28 | 2                                 | 00:55:22 | 5                      | 00:48:53 | 100                | 02:00:00 | 113    | 04:36:43 | 13                  | 02:36:43 |
| 5        | 863    | F     | Beverley  | Smyth               | Veteran  | Female | 44  | 5                           | 00:52:13 | 6                                 | 00:59:05 | 7                      | 00:50:18 | 3                  | 00:53:26 | 21     | 03:35:03 | 14                  | 02:41:36 |
| 6        | 415    | E     | Angelique | Nel                 | Veteran  | Female | 43  | 7                           | 00:53:47 | 5                                 | 00:58:36 | 6                      | 00:49:32 | 4                  | 00:54:54 | 22     | 03:36:49 | 15                  | 02:41:55 |
| 7        | 401    | E     | Frances   | Fuchs               | Veteran  | Female | 41  | 4                           | 00:51:57 | 3                                 | 00:57:01 | 9                      | 00:51:58 | 100                | 2:00:00  | 116    | 04:40:56 | 16                  | 02:40:56 |
| 8        | 818    | F     | Chanelle  | Hoffman             | Veteran  | Female | 45  | 12                          | 01:00:12 | 10                                | 01:05:30 | 15                     | 00:57:25 | 6                  | 00:55:21 | 43     | 03:58:28 | 28                  | 03:03:06 |
| 9        | 1912   | H     | Avril     | Harvey              | Veteran  | Female | 40  | 100                         | 02:00:00 | 14                                | 01:10:09 | 11                     | 00:56:09 | 5                  | 00:55:18 | 130    | 05:01:37 | 30                  | 04:06:19 |
| 10       | 856    | F     | Cam       | Shackleton          | Veteran  | Female | 41  | 10                          | 01:00:03 | 12                                | 01:08:51 | 100                    | 02:00:00 | 8                  | 00:57:23 | 130    | 05:06:17 | 30                  | 04:08:54 |
| 11       | 836    | F     | Cindy     | Morris              | Veteran  | Female | 47  | 11                          | 01:00:06 | 13                                | 01:08:53 | 16                     | 00:57:46 | 7                  | 00:57:21 | 47     | 04:04:05 | 31                  | 03:06:44 |
| 12       | 1995   | H     | Inge      | Bloem               | Veteran  | Female | 43  | 41                          | 01:18:45 | 17                                | 01:16:56 | 19                     | 01:03:04 | 9                  | 00:58:51 | 86     | 04:37:37 | 45                  | 03:38:46 |
| 13       | 1377   | G     | Bronwynne | Nozaic              | Veteran  | Female | 40  | 23                          | 01:07:49 | 18                                | 01:17:17 | 20                     | 01:03:43 | 13                 | 01:01:48 | 74     | 04:30:37 | 51                  | 03:28:49 |
| 14       | 1246   | G     | Nazreen   | Dauids              | Veteran  | Female | 44  | 20                          | 01:05:50 | 16                                | 01:16:54 | 21                     | 01:03:45 | 100                | 2:00:00  | 157    | 05:26:30 | 57                  | 03:26:30 |
| 15       | 1201   | G     | Julia     | Aitichison          | Veteran  | Female | 42  | 44                          | 01:18:51 | 23                                | 01:22:25 | 25                     | 01:08:28 | 14                 | 01:02:30 | 106    | 04:52:15 | 62                  | 03:49:44 |
| 16       | 2023   | H     | Aneekah   | Fataar              | Veteran  | Female | 45  | 24                          | 01:08:31 | 100                               | 02:00:00 | 23                     | 01:06:33 | 15                 | 01:02:46 | 162    | 05:17:50 | 62                  | 04:15:04 |
| 17       | 1227   | G     | Kareemah  | Carelse             | Veteran  | Female | 42  | 25                          | 01:09:33 | 20                                | 01:20:24 | 22                     | 01:05:48 | 21                 | 01:08:46 | 88     | 04:44:31 | 63                  | 03:35:46 |
| 18       | 2019   | H     | Bridgette | Dresner             | Veteran  | Female | 40  | 21                          | 01:05:59 | 29                                | 01:27:11 | 27                     | 01:10:53 | 100                | 2:00:00  | 177    | 05:44:03 | 77                  | 03:44:03 |
| 19       | 2099   | H     | Jené      | Steyn               | Veteran  | Female | 43  | 33                          | 01:15:13 | 100                               | 02:00:00 | 29                     | 01:12:14 | 19                 | 01:07:38 | 181    | 05:35:05 | 81                  | 04:27:27 |
| 20       | 1437   | G     | Karen     | Thomas              | Veteran  | Female | 44  | 32                          | 01:14:12 | 26                                | 01:24:32 | 100                    | 02:00:00 | 25                 | 01:11:47 | 183    | 05:50:31 | 83                  | 04:38:44 |
| 21       | 2136   | H     | Marta     | Bianconi-smith      | Veteran  | Female | 40  | 35                          | 01:16:54 | 25                                | 01:24:25 | 26                     | 01:09:16 | 100                | 2:00:00  | 186    | 05:50:35 | 86                  | 03:50:35 |
| 22       | 2145   | H     | Petra     | Diedericks          | Veteran  | Female | 40  | 100                         | 02:00:00 | 34                                | 01:32:12 | 30                     | 01:12:16 | 22                 | 01:09:05 | 186    | 05:53:33 | 86                  | 04:44:29 |
| 23       | 2095   | H     | Shamiela  | Sonday              | Veteran  | Female | 44  | 60                          | 01:34:29 | 15                                | 01:16:16 | 46                     | 01:23:57 | 31                 | 01:27:21 | 152    | 05:42:03 | 92                  | 04:14:42 |
| 24       | 1268   | G     | natasha   | fisher              | Veteran  | Female | 42  | 45                          | 01:18:52 | 28                                | 01:26:15 | 38                     | 01:16:42 | 27                 | 01:12:47 | 138    | 05:14:37 | 93                  | 04:01:49 |
| 25       | 822    | F     | Meg       | Holtzhausen         | Veteran  | Female | 41  | 28                          | 01:12:16 | 48                                | 02:02:07 | 28                     | 01:11:47 | 100                | 2:00:00  | 204    | 06:26:09 | 104                 | 04:26:09 |
| 26       | 2115   | H     | Liesl     | Van Heerden         | Veteran  | Female | 41  | 40                          | 01:18:35 | 31                                | 01:30:39 | 34                     | 01:13:18 | 100                | 2:00:00  | 205    | 06:02:32 | 105                 | 04:02:32 |
| 27       | 1480   | G     | Zureena   | Jacobs              | Veteran  | Female | 45  | 48                          | 01:20:20 | 41                                | 01:38:20 | 41                     | 01:21:02 | 26                 | 01:12:08 | 156    | 05:31:50 | 108                 | 04:19:42 |
| 28       | 2022   | H     | Somaya    | Du Toit             | Veteran  | Female | 49  | 49                          | 01:20:50 | 44                                | 01:44:50 | 49                     | 01:24:47 | 28                 | 01:15:25 | 170    | 05:45:51 | 121                 | 04:30:27 |
| 29       | 2046   | H     | Wilna     | Jansen van Rensburg | Veteran  | Female | 40  | 50                          | 01:23:03 | 46                                | 01:46:48 | 50                     | 01:25:48 | 32                 | 01:27:28 | 178    | 06:03:08 | 128                 | 04:35:39 |
| 30       | 2067   | H     | Fatima    | Moolla              | Veteran  | Female | 42  | 59                          | 01:34:25 | 50                                | 02:08:49 | 48                     | 01:24:30 | 30                 | 01:27:17 | 187    | 06:35:01 | 128                 | 05:07:44 |
| 31       | 1326   | G     | Razaan    | Kamaldien           | Veteran  | Female | 46  | 51                          | 01:24:07 | 40                                | 01:38:00 | 42                     | 01:21:30 | 100                | 2:00:00  | 233    | 06:23:36 | 133                 | 04:23:36 |
| 32       | 1430   | G     | Zulfah    | Sulaiman            | Veteran  | Female | 44  | 52                          | 01:24:13 | 39                                | 01:37:58 | 43                     | 01:22:06 | 100                | 2:00:00  | 234    | 06:24:17 | 134                 | 04:24:17 |
| 33       | 2131   | H     | Dilsahd   | Ebrahim             | Veteran  | Female | 41  | 63                          | 02:03:38 | 51                                | 02:27:50 | 100                    | 02:00:00 | 34                 | 01:54:56 | 248    | 08:26:24 | 148                 | 06:31:28 |
| 34       | 2127   | H     | Zarina    | Ebrahim             | Veteran  | Female | 41  | 61                          | 01:34:33 | 45                                | 01:46:45 | 47                     | 01:24:04 | 100                | 2:00:00  | 253    | 06:45:22 | 153                 | 04:45:22 |
| 35       | 1296   | G     | Linda     | Hefer               | Veteran  | Female | 46  | 58                          | 01:31:40 | 47                                | 02:00:41 | 52                     | 01:36:54 | 100                | 2:00:00  | 257    | 07:09:15 | 157                 | 05:09:15 |

Master Men

| Position | Race # | Batch | Name     | Surname        | Category | Sex  | Age | Race #1: Paul Cluver Estate |         | Race #2: Tygerberg Nature Reserve |         | Race #3: Taal Monument |         | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|----------|----------------|----------|------|-----|-----------------------------|---------|-----------------------------------|---------|------------------------|---------|--------------------|----------|--------|----------|---------------------|----------|
|          |        |       |          |                |          |      |     | Position & Points           | Time    | Position & Points                 | Time    | Position & Points      | Time    | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 419    | E     | Richard  | Rossiter       | Master   | Male | 59  | 1                           | 0:41:36 | 1                                 | 0:43:01 | 1                      | 0:39:19 | 1                  | 00:40:36 | 4      | 02:44:32 | 3                   | 02:03:56 |
| 2        | 422    | E     | Fredie   | Thiem          | Master   | Male | 59  | 2                           | 0:42:24 | 2                                 | 0:45:30 | 2                      | 0:40:21 | 2                  | 00:41:46 | 8      | 02:50:01 | 6                   | 02:08:15 |
| 3        | 398    | E     | Andre    | De Piaz        | Master   | Male | 50  | 3                           | 0:43:30 | 3                                 | 0:46:48 | 3                      | 0:42:05 | 3                  | 00:43:15 | 12     | 02:55:37 | 9                   | 02:12:22 |
| 4        | 409    | E     | Eric     | McLaren        | Master   | Male | 53  | 4                           | 0:45:38 | 4                                 | 0:48:13 | 4                      | 0:44:34 | 50                 | 2:00:00  | 62     | 04:18:26 | 12                  | 02:18:26 |
| 5        | 1289   | G     | Jonathan | Hamlyn         | Master   | Male | 68  | 6                           | 0:52:26 | 6                                 | 0:59:24 | 50                     | 2:00:00 | 6                  | 00:50:37 | 70     | 04:42:27 | 20                  | 03:51:50 |
| 6        | 2012   | H     | Phil     | Crowson        | Master   | Male | 56  | 7                           | 0:54:52 | 8                                 | 1:10:07 | 9                      | 0:54:30 | 8                  | 00:53:43 | 38     | 03:53:13 | 24                  | 02:59:30 |
| 7        | 1452   | G     | Lukas    | van Vuuren     | Master   | Male | 57  | 9                           | 0:56:00 | 9                                 | 1:01:46 | 7                      | 0:51:07 | 50                 | 2:00:00  | 75     | 04:48:53 | 25                  | 02:48:53 |
| 8        | 796    | F     | Chris    | Clark          | Master   | Male | 73  | 13                          | 1:00:29 | 10                                | 1:03:46 | 8                      | 0:53:35 | 10                 | 00:58:55 | 41     | 03:56:45 | 28                  | 02:57:50 |
| 9        | 825    | F     | Ebrahim  | Jacobs         | Master   | Male | 51  | 8                           | 0:54:57 | 13                                | 1:08:37 | 14                     | 1:02:09 | 9                  | 00:54:13 | 44     | 03:59:56 | 30                  | 03:05:43 |
| 10       | 889    | F     | Rameez   | Mc Kechnie     | Master   | Male | 51  | 18                          | 1:06:51 | 15                                | 1:14:07 | 15                     | 1:02:48 | 12                 | 00:59:22 | 60     | 04:23:08 | 42                  | 03:23:46 |
| 11       | 2093   | H     | Carl     | Schultz        | Master   | Male | 50  | 19                          | 1:07:19 | 50                                | 2:00:00 | 17                     | 1:04:08 | 11                 | 00:58:56 | 97     | 05:10:23 | 47                  | 04:11:27 |
| 12       | 1770   | H     | Johannes | Du Toit        | Master   | Male | 60  | 17                          | 1:04:42 | 17                                | 1:18:20 | 50                     | 2:00:00 | 13                 | 01:07:41 | 97     | 05:30:43 | 47                  | 04:23:03 |
| 13       | 2014   | H     | Robbie   | Dallas-Orr     | Master   | Male | 75  | 24                          | 1:28:59 | 19                                | 1:54:53 | 23                     | 1:30:04 | 15                 | 01:19:12 | 81     | 06:13:08 | 57                  | 04:53:56 |
| 14       | 864    | F     | fareed   | soeker         | Master   | Male | 66  | 20                          | 1:07:56 | 18                                | 1:18:53 | 20                     | 1:06:57 | 50                 | 2:00:00  | 108    | 05:33:46 | 58                  | 03:33:46 |
| 15       | 890    | F     | Yusree   | Van Der Schyff | Master   | Male | 41  | 11                          | 0:58:55 | 11                                | 1:04:47 | 5                      | 0:50:54 | 50                 | 2:00:00  | 77     | 04:54:36 | 27                  | 02:54:36 |

Master Ladies

| Position | Race # | Batch | Name      | Surname        | Category | Sex    | Age | Race #1: Paul Cluver Estate |          | Race #2: Tygerberg Nature Reserve |          | Race #3: Taal Monument |          | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|-----------|----------------|----------|--------|-----|-----------------------------|----------|-----------------------------------|----------|------------------------|----------|--------------------|----------|--------|----------|---------------------|----------|
|          |        |       |           |                |          |        |     | Position & Points           | Time     | Position & Points                 | Time     | Position & Points      | Time     | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 851    | F     | Ronel     | Rosouw         | Master   | Female | 55  | 3                           | 00:55:13 | 1                                 | 00:59:15 | 1                      | 00:49:29 | 1                  | 00:50:40 | 6      | 03:34:38 | 3                   | 02:43:57 |
| 2        | 842    | F     | Roldah    | Orrie          | Master   | Female | 51  | 1                           | 00:51:54 | 5                                 | 01:03:52 | 2                      | 00:50:26 | 2                  | 00:51:47 | 10     | 03:38:00 | 5                   | 02:46:13 |
| 3        | 898    | F     | Theresa   | Isaacs         | Master   | Female | 64  | 4                           | 00:55:15 | 2                                 | 01:01:03 | 3                      | 00:52:37 | 5                  | 00:53:35 | 14     | 03:42:31 | 9                   | 02:48:55 |
| 4        | 1546   | G     | Audrey    | Hugo           | Master   | Female | 54  | 50                          | 02:00:00 | 8                                 | 01:07:29 | 4                      | 00:59:36 | 6                  | 00:58:36 | 68     | 05:05:41 | 18                  | 04:07:05 |
| 5        | 1784   | H     | Carine    | Michiels       | Master   | Female | 51  | 50                          | 02:00:00 | 3                                 | 01:23:24 | 8                      | 01:02:41 | 9                  | 01:02:41 | 70     | 05:30:25 | 20                  | 04:27:44 |
| 6        | 1563   | G     | Adele     | McCann         | Master   | Female | 58  | 50                          | 02:00:00 | 9                                 | 01:08:47 | 6                      | 01:00:21 | 8                  | 01:02:39 | 73     | 05:11:48 | 23                  | 04:09:09 |
| 7        | 1405   | G     | Dawn      | Rossiter       | Master   | Female | 60  | 7                           | 01:05:22 | 11                                | 01:16:41 | 9                      | 01:04:29 | 11                 | 01:03:59 | 38     | 04:30:31 | 27                  | 03:26:32 |
| 8        | 2040   | H     | JEANETTE  | HOLL           | Master   | Female | 57  | 9                           | 01:09:16 | 12                                | 01:17:14 | 50                     | 02:00:00 | 12                 | 01:04:00 | 83     | 05:30:30 | 33                  | 04:26:30 |
| 9        | 1783   | H     | Sue       | Kirk           | Master   | Female | 51  | 50                          | 02:00:00 | 4                                 | 01:23:44 | 12                     | 01:13:09 | 18                 | 01:08:55 | 84     | 05:45:48 | 34                  | 04:36:53 |
| 10       | 1485   | G     | Yasmin    | Toeffie        | Master   | Female | 58  | 12                          | 01:10:42 | 13                                | 01:23:57 | 10                     | 01:06:59 | 17                 | 01:08:50 | 52     | 04:50:28 | 35                  | 03:41:39 |
| 11       | 807    | F     | Fuzlan    | Gamielien      | Master   | Female | 51  | 23                          | 01:20:50 | 14                                | 01:25:47 | 16                     | 01:18:16 | 7                  | 01:00:41 | 60     | 05:05:33 | 37                  | 04:04:53 |
| 12       | 1772   | H     | Marianne  | Nelson         | Master   | Female | 72  | 13                          | 01:10:52 | 50                                | 02:00:00 | 11                     | 01:11:34 | 15                 | 01:08:26 | 89     | 05:30:51 | 39                  | 03:30:51 |
| 13       | 2058   | H     | marizanne | lombar         | Master   | Female | 51  | 16                          | 01:16:56 | 16                                | 01:30:19 | 13                     | 01:16:22 | 20                 | 01:12:13 | 65     | 05:15:50 | 45                  | 04:03:37 |
| 14       | 2111   | H     | Jackie    | van der Ham    | Master   | Female | 51  | 19                          | 01:18:31 | 17                                | 01:32:42 | 17                     | 01:18:36 | 50                 | 2:00:00  | 103    | 06:09:50 | 53                  | 04:09:50 |
| 15       | 1427   | H     | linda     | struben        | Master   | Female | 60  | 20                          | 01:18:53 | 50                                | 02:00:00 | 14                     | 01:16:55 | 22                 | 01:15:37 | 106    | 05:51:25 | 56                  | 04:35:48 |
| 16       | 2082   | H     | Shirley   | Pettit         | Master   | Female | 51  | 22                          | 01:20:28 | 18                                | 01:33:06 | 18                     | 01:18:38 | 50                 | 2:00:00  | 108    | 06:12:12 | 58                  | 04:12:12 |
| 17       | 1481   | G     | Wiesaal   | Isaacs         | Master   | Female | 54  | 21                          | 01:20:18 | 21                                | 01:39:15 | 19                     | 01:21:13 | 25                 | 01:22:39 | 86     | 05:43:25 | 61                  | 04:20:46 |
| 18       | 2096   | H     | Heidi     | Stander        | Master   | Female | 51  | 24                          | 01:24:52 | 20                                | 01:39:13 | 20                     | 01:23:39 | 50                 | 2:00:00  | 114    | 06:27:44 | 64                  | 04:27:44 |
| 19       | 1441   | G     | Shanaaz   | Van Der Schyff | Master   | Female | 50  | 25                          | 01:26:36 | 23                                | 01:48:31 | 24                     | 01:39:49 | 27                 | 01:30:49 | 99     | 06:25:45 | 72                  | 04:54:56 |

Junior Male

| Position | Race # | Batch | Name     | Surname  | Category | Sex  | Age | Race #1: Paul Cluver Estate |          | Race #2: Tygerberg Nature Reserve |          | Race #3: Taal Monument |          | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|----------|----------|----------|------|-----|-----------------------------|----------|-----------------------------------|----------|------------------------|----------|--------------------|----------|--------|----------|---------------------|----------|
|          |        |       |          |          |          |      |     | Position & Points           | Time     | Position & Points                 | Time     | Position & Points      | Time     | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 439    | E     | Alec     | Botha    | Junior   | Male | 15  | 2                           | 00:36:56 | 3                                 | 00:36:14 | 3                      | 00:33:47 | 50                 | 2:00:00  | 58     | 03:46:58 | 8                   | 01:46:58 |
| 2        | 790    | F     | Gershon  | Aziza    | Junior   | Male | 16  | 4                           | 00:37:45 | 4                                 | 00:39:49 | 4                      | 00:35:27 | 50                 | 2:00:00  | 62     | 03:53:01 | 12                  | 01:53:01 |
| 3        | 868    | F     | Nashief  | Stemmet  | Junior   | Male | 16  | 3                           | 00:37:40 | 5                                 | 00:39:53 | 5                      | 00:35:29 | 50                 | 2:00:00  | 63     | 03:53:02 | 13                  | 01:53:02 |
| 5        | 828    | F     | Revan    | Kennedy  | Junior   | Male | 15  | 6                           | 00:43:30 | 12                                | 00:56:02 | 7                      | 00:42:21 | 1                  | 00:40:31 | 26     | 03:02:24 | 14                  | 02:21:53 |
| 4        | 841    | F     | Riaz     | Orrie    | Junior   | Male | 16  | 7                           | 00:43:47 | 8                                 | 00:46:44 | 8                      | 00:44:20 | 2                  | 00:45:01 | 25     | 02:59:53 | 17                  | 02:14:51 |
| 6        | 388    | E     | Jonathan | Robinson | Junior   | Male | 17  | 12                          | 00:50:12 | 11                                | 00:54:28 | 9                      | 00:50:20 | 50                 | 2:00:00  | 82     | 04:35:01 | 32                  | 02:35:01 |

Junior Female

| Position | Race # | Batch | Name          | Surname  | Category | Sex    | Age | Race #1: Paul Cluver Estate |         | Race #2: Tygerberg Nature Reserve |         | Race #3: Taal Monument |         | Race #4: Kleinmond |         | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|---------------|----------|----------|--------|-----|-----------------------------|---------|-----------------------------------|---------|------------------------|---------|--------------------|---------|--------|----------|---------------------|----------|
|          |        |       |               |          |          |        |     | Position & Points           | Time    | Position & Points                 | Time    | Position & Points      | Time    | Position & Points  | Time    | Points | Time     | Points              | Time     |
| 1        | 400    | E     | Catherine Mia | Doyle    | Junior   | Female | 15  | 2                           | 0:50:16 | 2                                 | 0:55:24 | 1                      | 0:50:43 | 50                 | 2:00:00 | 55     | 04:36:23 | 5                   | 02:36:23 |
| 2        | 900    | F     | Alexandra     | Hoffman  | Junior   | Female | 17  | 3                           | 0:56:17 | 4                                 | 1:01:24 | 2                      | 0:51:28 | 3                  | 0:52:40 | 12     | 03:41:50 | 8                   | 02:49:10 |
| 3        | 1774   | H     | Camila        | Rebonato | Junior   | Female | 15  | 7                           | 1:16:54 | 5                                 | 1:24:29 | 5                      | 1:09:08 | 50                 | 2:00:00 | 67     | 05:50:31 | 17                  | 03:50:31 |

| Minimee  |        |       |         |              |          |        |     |  | Race #1: Paul Cluver Estate |          | Race #2: Tygerberg Nature Reserve |          | Race #3: Taal Monument |          | Race #4: Kleinmond |          | TOTAL  |          | TOTAL AFTER DISCARD |          |
|----------|--------|-------|---------|--------------|----------|--------|-----|--|-----------------------------|----------|-----------------------------------|----------|------------------------|----------|--------------------|----------|--------|----------|---------------------|----------|
| Position | Race # | Batch | Name    | Surname      | Category | Sex    | Age |  | Position & Points           | Time     | Position & Points                 | Time     | Position & Points      | Time     | Position & Points  | Time     | Points | Time     | Points              | Time     |
| 1        | 798    | F     | Brenton | Coombe-Davis | Minimee  | Male   | 13  |  | 4                           | 00:43:45 | 25                                | 02:00:00 | 4                      | 00:42:02 | 3                  | 00:40:53 | 36     | 04:06:41 | 11                  | 03:25:47 |
| 2        | 430    | E     | Deon    | Bochnig      | Minimee  | Male   | 12  |  | 5                           | 00:47:40 | 7                                 | 00:47:38 | 2                      | 00:39:33 | 25                 | 2:00:00  | 39     | 04:14:50 | 14                  | 02:14:50 |
| 3        | 393    | E     | Karl    | Blaser       | Minimee  | Male   | 13  |  | 1                           | 00:41:06 | 8                                 | 00:53:29 | 5                      | 00:42:49 | 25                 | 2:00:00  | 39     | 04:17:25 | 14                  | 02:17:25 |
| 4        | 819    | F     | Melissa | Hoffman      | Minimee  | Female | 14  |  | 11                          | 01:20:47 | 4                                 | 01:25:51 | 25                     | 02:00:00 | 2                  | 01:17:39 | 42     | 06:04:17 | 17                  | 04:46:38 |
| 5        | 2010   | H     | Chloe   | Coombe-Davis | Minimee  | Female | 11  |  | 10                          | 01:14:02 | 25                                | 02:00:00 | 13                     | 01:21:53 | 1                  | 01:10:40 | 49     | 05:46:34 | 24                  | 04:35:55 |
| 6        | 404    | E     | Jaden   | Hefer        | Minimee  | Male   | 12  |  | 8                           | 00:57:35 | 9                                 | 00:59:22 | 9                      | 00:50:35 | 25                 | 2:00:00  | 51     | 04:47:32 | 26                  | 02:47:32 |
| 7        | 1295   | G     | Cayley  | Hefer        | Minimee  | Female | 14  |  | 12                          | 01:26:35 | 3                                 | 01:20:55 | 12                     | 01:11:25 | 25                 | 02:00:00 | 52     | 05:58:54 | 27                  | 03:58:54 |

| Peewee   |        |       |      |         |          |     |     |  | Race #1: Paul Cluver Estate |      | Race #2: Tygerberg Nature Reserve |      | Race #3: Taal Monument |      | Race #4: Kleinmond |      | TOTAL  |      | TOTAL AFTER DISCARD |      |
|----------|--------|-------|------|---------|----------|-----|-----|--|-----------------------------|------|-----------------------------------|------|------------------------|------|--------------------|------|--------|------|---------------------|------|
| Position | Race # | Batch | Name | Surname | Category | Sex | Age |  | Position & Points           | Time | Position & Points                 | Time | Position & Points      | Time | Position & Points  | Time | Points | Time | Points              | Time |

PLEASE NOTE: There is no 'Peewee' category for this years Spur Cape Winter Trail Series®. In order for a category to be formed, there needs to be five or more contestants in the age category.