



Spur Cape Winter Trail Series® 2016
Race 4 XL (23,3km) Kogelberg Biosphere
Reserve, Kleinmond

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:01:11	5599	Jarryd	Dunn	Open	Male	19
2	02:03:38	5540	Andrew	Hagen	Open	Male	32
3	02:15:23	5353	Kei	Heyns	Open	Male	31
4	02:17:26	5400	Mark	Vanzyl	Open	Male	22
5	02:17:48	5350	Michael	Gombart	Open	Male	28
6	02:19:59	5367	Sean	McGibbon	Open	Male	26
7	02:24:55	5423	Nicholas	Lykiardopoulos	Open	Male	31
8	02:26:19	5387	Nelius	Swart	Open	Male	34
9	02:26:33	5589	Werner	Bruckner	Open	Male	35
10	02:27:04	5588	Jayde	Brammer	Open	Male	31
11	02:27:54	5579	Dunya	Ansems	Open	Female	33
12	02:30:34	5404	William	Battersby	Open	Male	38
13	02:36:22	5543	Mia	Uys	Open	Female	20
14	02:36:26	5428	Quintin	van dyk	Open	Male	33
15	02:36:31	5380	Willie	Roux	Veteran	Male	46
16	02:36:34	5419	Ronel	Nattrass	Open	Female	34
17	02:38:43	5418	Tony	Abbott	Veteran	Male	40
18	02:39:35	5580	Stephen	Avidon	Open	Male	24
19	02:39:51	5425	Mathew	Evens	Open	Male	29
20	02:39:56	5436	Nicholas	du Plessis	Open	Male	32
21	02:42:55	5538	Leon	Badenhorst	Veteran	Male	43
22	02:44:32	5583	Hendry	Bessinger	Open	Male	36
23	02:47:41	5385	Gavin	Stevens	Open	Male	29
24	02:49:09	5539	Tim	Low	Veteran	Male	47
25	02:51:35	5544	Chris	Visser	Open	Male	33
26	02:53:32	5399	Johan	Van Wyk	Veteran	Male	46
27	02:53:48	5551	Joe	Smith	Open	Male	32
28	02:53:54	5541	Sally	Mispion	Open	Female	28
29	02:57:54	5550	Paul	Smit	Open	Male	31
30	02:58:00	5403	Suzanna	Winter	Veteran	Female	48
31	02:58:15	5587	Theunis	Botha	Open	Male	28
32	02:58:26	5369	Gavin	Millard	Veteran	Male	48
33	02:59:17	5356	Stuart	Hutcheson	Master	Male	52
34	02:59:21	5600	Anton	Eccles	Open	Male	36
35	03:01:39	5405	Riaan	Janse van Rensburg	Veteran	Male	41
36	03:01:54	5575	Peter	Baumeister	Open	Male	39
37	03:02:03	5375	Charles	Pettit	Open	Male	35
38	03:02:08	5429	Pauline	Herrmann-Keys	Veteran	Female	43
39	03:02:19	5581	Josias Andreas	Basson	Open	Male	29
40	03:02:29	5598	Marcel	du Plessis	Open	Male	26
41	03:02:34	5439	Edrich	Burger	Open	Male	27
42	03:04:00	5440	Burger	Syminton	Open	Male	27
43	03:04:03	5596	Aiden	Du Plessis	Open	Male	31
44	03:04:09	5553	Hein	van Wyk	Veteran	Male	45
45	03:04:14	5371	Anton	Neethling	Veteran	Male	40
46	03:04:55	5374	Campbell	Parry	Veteran	Male	47
47	03:07:16	5357	Sharon	Kenmuir	Open	Female	39
48	03:08:09	5537	Nezaam	Isaacs	Veteran	Male	45
49	03:08:18	5373	Morne	oosthuizen	Veteran	Male	43
50	03:08:55	5391	Hugo	van der Merwe	Master	Male	52
51	03:09:03	5413	JP	Duvenage	Open	Male	36
52	03:09:06	5415	Riaan	Smit	Open	Male	31
53	03:10:31	5564	Martin	Groenewald	Open	Male	32
54	03:13:05	5365	DC	Maree	Open	Male	33
55	03:14:16	5407	Ruan	de Bruin	Open	Male	27
56	03:14:21	5594	Ian	De lange	Veteran	Male	48
57	03:14:48	5437	Mariynne	Johnson	Open	Female	31
58	03:15:16	5402	Devan	Vosloo	Open	Male	30
59	03:17:11	5542	Alexis	Olds	Open	Female	29
60	03:17:47	5396	Nikki	Van Schalkwyk	Open	Female	37
61	03:17:49	5395	Louis	Van Schalkwyk	Open	Male	37
62	03:17:53	5410	Sebastian	Potgieter	Open	Male	24
63	03:18:11	5421	Geomor	van Tonder	Open	Female	29
64	03:18:38	5362	Jacques	Lochner	Open	Male	28
65	03:18:39	5584	Johan	Blom	Open	Male	27
66	03:18:46	5441	John	Hill	Master	Male	57
67	03:19:07	5377	Lee	Pool	Open	Male	37
68	03:20:21	5412	Daniel	Menges	Open	Male	34
69	03:20:25	5411	Rudi	Cronje	Open	Male	34
70	03:20:51	5414	Mike	Theunnisen	Master	Male	53
71	03:21:39	5398	Azanne	Van Wyk	Veteran	Female	42
72	03:22:47	5547	Werner	Kannemeyer	Veteran	Male	42
73	03:23:29	5416	Ian	Martincich	Open	Male	35
74	03:24:29	5566	Claire	Hayworth	Open	Female	28
75	03:24:34	5565	Ashleigh	Hayworth	Open	Female	28
76	03:26:09	5573	Johan	Van Heerden	Veteran	Male	44
77	03:30:03	5549	Nikki-leigh	Piper	Open	Female	30
78	03:31:14	5586	Pieter	Botha	Open	Male	27
79	03:31:17	5383	Trish	Schuin	Master	Female	50
80	03:31:23	5571	Glanville	Retief	Veteran	Male	41
81	03:31:51	5434	Leiga	Schauler	Open	Male	26
82	03:32:42	5435	Thomas	Skes	Open	Male	33
83	03:33:01	5378	Marcel	Rathbone	Open	Male	26
84	03:35:57	5392	Philip	Van der Merwe	Master	Male	55
85	03:36:41	5582	Christo	Bekker	Veteran	Male	46
86	03:37:28	5394	Ed	van Niekerk	Open	Male	29
87	03:37:51	5444	Caitlin	Noonan	Open	Male	25
88	03:39:35	5576	Luke	Altern	Open	Male	26
89	03:39:51	5351	Devon	Hansen	Open	Male	31
90	03:39:53	5577	Sean	Altern	Open	Male	31
91	03:39:56	5569	Rob	McDonald	Master	Male	63
92	03:40:46	5545	Ingrid	Avidon	Veteran	Female	46

93	03:42:04	5384	Sonja	Stafford-Northcote	Veteran	Female	44
94	03:42:18	5430	Cythna	Minnaar	Open	Female	33
95	03:42:26	5427	Aelin	Ersamus	Master	Female	51
96	03:42:57	5417	PJ	Vades	Open	Male	35
97	03:43:20	5364	Braam	Lourens	Open	Male	34
98	03:44:55	5401	Elzaan	Visser	Veteran	Female	48
99	03:45:42	5438	Douglas	Day	Open	Male	38
100	03:45:45	5406	Phillip	Boshoff	Veteran	Male	46
101	03:46:45	5366	Ryan	McCormick	Open	Male	34
102	03:46:49	5568	Kate	Le Roux	Veteran	Female	46
103	03:50:09	5348	Coenraad	Fick	Open	Male	36
104	03:52:26	5561	Monique	Cupido	Open	Female	38
105	03:52:29	5552	Jason	Swartz	Open	Male	37
106	03:53:52	5432	Conrad	Meier	Veteran	Male	45
107	03:53:55	5591	Natalia	Danilowicz	Open	Female	31
108	03:54:02	5360	Kerrin	Kruger	Open	Male	29
109	03:58:56	5346	John	Eccles	Master	Male	66
110	04:00:32	5424	Julian	Potgieter	Open	Male	34
111	04:01:56	5389	Chris	Underwood	Open	Male	25
112	04:05:57	5560	David	Conradie	Master	Male	63
113	04:07:05	5390	Robert	van Coller	Veteran	Male	42
114	04:08:09	5355	Susan	Hudson	Veteran	Female	43
115	04:08:14	5422	Nothemba	Mfolozi	Open	Female	35
116	04:11:09	5556	cornell	badenhorst	Open	Female	38
117	04:11:15	5442	Richard	Dellbridge		Male	0
118	04:14:02	5595	marietjie	de Vries	Veteran	Female	43
119	04:14:05	5570	Anne	Pool	Master	Female	55
120	04:16:01	5433	Rosie	Hardcastle	Open	Female	32
121	04:17:02	5431	Adel	van papendorp	Open	Female	33
122	04:17:05	5597	Andrea	du Plessis	Veteran	Female	44
123	04:19:44	5370	Ilse	Mostert	Veteran	Female	45
124	04:19:49	5393	Johann	van der Vyver	Veteran	Male	45
125	04:38:48	5578	Robyn	Anderson	Veteran	Female	45
126	04:40:22	5347	Chris	Faraday	Master	Male	51
127	04:41:12	5409	Martine	Van der Heever	Open	Female	38
128	04:41:13	5408	Wiaan	Buten	Open	Male	29
129	04:47:40	5361	Dianie	Lamprecht	Veteran	Female	41
130	04:47:47	5354	Helena	Higgins	Veteran	Female	43
131	04:50:00	5558	Marc	Busschau	Open	Male	31
132	04:50:03	5559	Tanya	Busschau	Open	Female	29
133	04:50:11	5426	Jaco	van Onselen	Open	Male	37
134	04:50:35	5562	Melissa	de Kock	Veteran	Female	41
135	04:51:00	5443	Sue	Parker-Smith	Master	Female	50

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:01:11	5599	Jarryd	Dunn	Open	Male	19
2	02:03:38	5540	Andrew	Hagen	Open	Male	32
3	02:15:23	5353	Kei	Heyns	Open	Male	31
4	02:17:26	5400	Mark	Vanzyll	Open	Male	22
5	02:17:48	5350	Michael	Gombart	Open	Male	28
6	02:19:59	5367	Sean	McGibbon	Open	Male	26
7	02:24:55	5423	Nicholas	Lykiardopoulos	Open	Male	31
8	02:26:19	5387	Nelius	Swart	Open	Male	34
9	02:26:33	5589	Werner	Bruckner	Open	Male	35
10	02:27:04	5588	Jayde	Brammer	Open	Male	31
11	02:30:34	5404	William	Battersby	Open	Male	38
12	02:36:26	5428	Quintin	van dyk	Open	Male	33
13	02:39:35	5580	Stephen	Avidon	Open	Male	24
14	02:39:51	5425	Mathew	Evens	Open	Male	29
15	02:39:56	5436	Nicholas	du Plesis	Open	Male	32
16	02:44:32	5583	Hendry	Bessinger	Open	Male	36
17	02:47:41	5385	Gavin	Stevens	Open	Male	29
18	02:51:35	5544	Chris	Visser	Open	Male	33
19	02:53:48	5551	Joe	Smith	Open	Male	32
20	02:57:54	5550	Paul	Smit	Open	Male	31
21	02:58:15	5587	Theunis	Botha	Open	Male	28
22	02:59:21	5600	Anton	Eccles	Open	Male	36
23	03:01:54	5575	Peter	Baumeister	Open	Male	39
24	03:02:03	5375	Charles	Pettit	Open	Male	35
25	03:02:19	5581	Josias Andreas	Basson	Open	Male	29
26	03:02:29	5598	Marcel	du Plessis	Open	Male	26
27	03:02:34	5439	Edrich	Burger	Open	Male	27
28	03:04:00	5440	Burger	Syminton	Open	Male	27
29	03:04:03	5596	Aiden	Du Plessis	Open	Male	31
30	03:09:03	5413	JP	Duvenage	Open	Male	36
31	03:09:06	5415	Riaan	Smit	Open	Male	31
32	03:10:31	5564	Martin	Groenewald	Open	Male	32
33	03:13:05	5365	DC	Maree	Open	Male	33
34	03:14:16	5407	Ruan	de Bruin	Open	Male	27
35	03:15:16	5402	Devan	Vosloo	Open	Male	30
36	03:17:49	5395	Louis	Van Schalkwyk	Open	Male	37
37	03:17:53	5410	Sebastian	Potgieter	Open	Male	24
38	03:18:38	5362	Jacques	Lochner	Open	Male	28
39	03:18:39	5584	Johan	Blom	Open	Male	27
40	03:19:07	5377	Lee	Pool	Open	Male	37
41	03:20:21	5412	Daniel	Menges	Open	Male	34
42	03:20:25	5411	Rudi	Cronje	Open	Male	34
43	03:23:29	5416	Ian	Martincich	Open	Male	35
44	03:31:14	5586	Pieter	Botha	Open	Male	27
45	03:31:51	5434	Leiga	Schauler	Open	Male	26
46	03:32:42	5435	Thomas	Skies	Open	Male	33
47	03:33:01	5378	Marcel	Rathbone	Open	Male	26
48	03:37:28	5394	Ed	van Niekerk	Open	Male	29
49	03:37:51	5444	Caitlin	Noonan	Open	Male	25
50	03:39:35	5576	Luke	Altern	Open	Male	26
51	03:39:51	5351	Devon	Hansen	Open	Male	31
52	03:39:53	5577	Sean	Altern	Open	Male	31
53	03:42:57	5417	PJ	Vades	Open	Male	35
54	03:43:20	5364	Braam	Lourens	Open	Male	34
55	03:45:42	5438	Douglas	Day	Open	Male	38
56	03:46:45	5366	Ryan	McCormick	Open	Male	34
57	03:50:09	5348	Coenraad	Fick	Open	Male	36
58	03:52:29	5552	Jason	Swartz	Open	Male	37
59	03:54:02	5360	Kerrin	Kruger	Open	Male	29
60	04:00:32	5424	Julian	Potgieter	Open	Male	34
61	04:01:56	5389	Chris	Underwood	Open	Male	25
62	04:41:13	5408	Wiaan	Buten	Open	Male	29
63	04:50:00	5558	Marc	Busschau	Open	Male	31
64	04:50:11	5426	Jaco	van onselen	Open	Male	37

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:27:54	5579	Dunya	Ansems	Open	Female	33
2	02:36:22	5543	Mia	Uys	Open	Female	20
3	02:36:34	5419	Ronel	Nattrass	Open	Female	34
4	02:53:54	5541	Sally	Misplon	Open	Female	28
5	03:07:16	5357	Sharon	Kenmuir	Open	Female	39
6	03:14:48	5437	Mariynne	Johnson	Open	Female	31
7	03:17:11	5542	Alexis	Olds	Open	Female	29
8	03:17:47	5396	Nikki	Van Schalkwyk	Open	Female	37
9	03:18:11	5421	Geomor	van Tonder	Open	Female	29
10	03:24:29	5566	Claire	Hayworth	Open	Female	28
11	03:24:34	5565	Ashleigh	Hayworth	Open	Female	28
12	03:30:03	5549	Nikki-leigh	Piper	Open	Female	30
13	03:42:18	5430	Cythna	Minnaar	Open	Female	33
14	03:52:26	5561	Monique	Cupido	Open	Female	38
15	03:53:55	5591	Natalia	Danilowicz	Open	Female	31
16	04:08:14	5422	Nothemba	Mfoloji	Open	Female	35
17	04:11:09	5556	cornell	badenhorst	Open	Female	38
18	04:16:01	5433	Rosie	Hardcastle	Open	Female	32
19	04:17:02	5431	Adel	van papendorp	Open	Female	33
20	04:41:12	5409	Martine	Van der Heever	Open	Female	38
21	04:50:03	5559	Tanya	Busschau	Open	Female	29

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:36:31	5380	Willie	Roux	Veteran	Male	46
2	02:38:43	5418	Tony	Abbott	Veteran	Male	40
3	02:42:55	5538	Leon	Badenhorst	Veteran	Male	43
4	02:49:09	5539	Tim	Low	Veteran	Male	47
5	02:53:32	5399	Johan	Van Wyk	Veteran	Male	46
6	02:58:26	5369	Gavin	Millard	Veteran	Male	48
7	03:01:39	5405	Riaan	Janse van Rensburg	Veteran	Male	41
8	03:04:09	5553	Hein	van Wyk	Veteran	Male	45
9	03:04:14	5371	Anton	Neethling	Veteran	Male	40
10	03:04:55	5374	Campbell	Parry	Veteran	Male	47
11	03:08:09	5537	Nezaam	Isaacs	Veteran	Male	45
12	03:08:18	5373	Morne	oosthuizen	Veteran	Male	43
13	03:14:21	5594	Ian	De lange	Veteran	Male	48
14	03:22:47	5547	Werner	Kannemeyer	Veteran	Male	42
15	03:26:09	5573	Johan	Van Heerden	Veteran	Male	44
16	03:31:23	5571	Glanville	Retief	Veteran	Male	41
17	03:36:41	5582	Christo	Bekker	Veteran	Male	46
18	03:45:45	5406	Phillip	Boshoff	Veteran	Male	46
19	03:53:52	5432	Conrad	Meier	Veteran	Male	45
20	04:07:05	5390	Robert	van Coller	Veteran	Male	42
21	04:11:15	5442	Richard	Dellbridge	Veteran	Male	0
22	04:19:49	5393	Johann	van der Vyver	Veteran	Male	45

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:58:00	5403	Suzanna	Winter	Veteran	Female	48
2	03:02:08	5429	Pauline	Herrmann-Keys	Veteran	Female	43
3	03:21:39	5398	Azanne	Van Wyk	Veteran	Female	42
4	03:40:46	5545	Ingrid	Avidon	Veteran	Female	46
5	03:42:04	5384	Sonja	Stafford-Northcote	Veteran	Female	44
6	03:44:55	5401	Elzaan	Visser	Veteran	Female	48
7	03:46:49	5568	Kate	Le Roux	Veteran	Female	46
8	04:08:09	5355	Susan	Hudson	Veteran	Female	43
9	04:14:02	5595	Marietjie	de Vries	Veteran	Female	43
10	04:17:05	5597	Andrea	du Plessis	Veteran	Female	44
11	04:19:44	5370	Ilse	Mostert	Veteran	Female	45
12	04:38:48	5578	Robyn	Anderson	Veteran	Female	45
13	04:47:40	5361	Dianie	Lamprecht	Veteran	Female	41
14	04:47:47	5354	Helena	Higgins	Veteran	Female	43
15	04:50:35	5562	Melissa	de Kock	Veteran	Female	41

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:59:17	5356	Stuart	Hutcheson	Master	Male	52
2	03:08:55	5391	Hugo	van der Merwe	Master	Male	52
3	03:18:46	5441	John	Hill	Master	Male	57
4	03:20:51	5414	Mike	Theunnisen	Master	Male	53
5	03:35:57	5392	Philip	Van der Merwe	Master	Male	55
6	03:39:56	5569	Rob	McDonald	Master	Male	63
7	03:58:56	5346	John	Eccles	Master	Male	66
8	04:05:57	5560	David	Conradie	Master	Male	63
9	04:40:22	5347	Chris	Faraday	Master	Male	51

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:31:17	5383	Trish	Schuin	Master	Female	50
2	03:42:26	5427	Aeln	Ersamus	Master	Female	51
3	04:14:05	5570	Anne	Pool	Master	Female	55
4	04:51:00	5443	Sue	Parker-Smith	Master	Female	50