



**Spur Cape Winter Trail Series® Race 2**  
**SHORT COURSE Challenge (8,1km)**  
**Tygerberg Nature Reserve 2016**

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:32:51	269	E	Mhlangabezi	Mbuntshu	Open	Male	23
2	00:34:08	275	E	Oliver	Kopp	Open	Male	18
3	00:34:32	283	E	Bruzano	Britz	Junior	Male	15
4	00:36:05	284	E	Reginald	Boss	Open	Male	18
5	00:36:10	282	E	Daniel	Arenese	Junior	Male	15
6	00:36:14	439	E	Alec	Botha	Junior	Male	15
7	00:36:36	268	E	Tino	Adams	Open	Male	21
8	00:36:39	406	E	Johan	Kellermann	Open	Male	24
9	00:39:31	265	E	Ricardo	Jaftha	Open	Male	29
10	00:39:48	421	E	Robert	Shaff	Open	Male	25
11	00:39:49	790	F	Gershon	Aziza	Junior	Male	16
12	00:39:53	868	F	Nashief	Stemmet	Junior	Male	16
13	00:40:27	420	E	Peter	Shackleton	Veteran	Male	40
14	00:40:56	285	E	Michael	Van Wyngaard	Junior	Male	14
15	00:41:01	272	E	tyrone	de smidt	Open	Male	31
16	00:41:07	414	E	James	Montgomery	Open	Male	32
17	00:41:12	416	E	E.P.	Olivier	Open	Male	30
18	00:41:52	804	F	logan	eales	Open	Male	24
19	00:42:00	431	E	Lauren	Granger	Open	Female	24
20	00:42:20	1561	G	Gianna	Marais	Junior	Female	17
21	00:42:24	277	E	Simon	Monteverdi	Open	Male	21
22	00:42:43	276	E	Lunga	Mncube	Open	Male	26
23	00:42:46	410	E	Justin	Meyer	Junior	Male	16
24	00:43:01	419	E	Richard	Rossiter	Master	Male	59
25	00:43:47	279	E	Quinton	Walker	Veteran	Male	43
26	00:44:16	266	E	Daniella	Mihal	Open	Female	23
27	00:45:30	422	E	Freddie	Thiem	Master	Male	59
28	00:46:44	841	F	Riaz	Orrie	Junior	Male	16
29	00:46:47	1223	G	Niklaas	Brummer	Minimee	Male	14
30	00:46:48	398	E	Andre	De Piaz	Master	Male	50
31	00:47:16	405	E	Sylvano	Hindley	Open	Male	28
32	00:47:29	392	E	Peter	Baumeister	Open	Male	39
33	00:47:37	913	F	Jacques	Van Rensburg	Open	Male	34
34	00:47:38	430	E	Deon	Bochnig	Minimee	Male	12
35	00:48:10	697	F	Josie	McCann	Open	Female	20
36	00:48:13	409	E	Eric	McLaren	Master	Male	53
37	00:49:24	808	F	STEVEN	GOODRICH	Veteran	Male	43
38	00:50:37	812	F	Holly	Hamlyn	Open	Female	23
39	00:51:06	698	F	Patrick	McCann	Master	Male	53
40	00:51:46	867	F	Luca	Stefanutti	Open	Male	26
41	00:51:49	844	F	Marco	Prinsloo	Veteran	Male	40
42	00:51:55	878	F	Timo	van Wyk	Junior	Male	15
43	00:52:13	707	F	Renscha	van Heerden	Open	Female	28
44	00:53:03	1234	G	ROBIN	Charles	Veteran	Male	42
45	00:53:22	827	F	NINA	KEMP	Open	Female	35
46	00:53:29	393	E	Karl	Blaser	Minimee	Male	13
47	00:53:31	918	F	Erlend	Holberg	Open	Male	25
48	00:53:44	411	E	Nathan	Meyer	Junior	Male	16
49	00:53:49	789	F	Elina	Alting-Mees	Veteran	Female	44
50	00:53:53	264	E	Arno	Rossouw	Veteran	Male	44
51	00:54:21	897	F	Carlo	Daniels	Veteran	Male	42
52	00:54:24	2135	H	Karli	Leonard	Open	Female	23
53	00:54:28	388	E	Jonathan	Robinson	Junior	Male	17
54	00:54:29	794	F	Reynier	Booyesen	Open	Male	37
55	00:54:48	907	F	Evan	Kerr	Master	Male	52
56	00:55:12	1308	G	Adeeb	Isaacs	Open	Male	20
57	00:55:17	1250	G	Estian	Diedericks	Open	Male	26
58	00:55:22	881	F	Anneke	Von Maltitz	Veteran	Female	40
59	00:55:24	400	E	Catherine Mia	Doyle	Junior	Female	15
60	00:55:25	923	G	Izan	Zybrands	Veteran	Male	42
61	00:55:41	880	F	Stian	Visagie	Open	Male	27
62	00:55:43	879	F	Niel	Visagie	Open	Male	30
63	00:55:45	1522	G	Wynand	De Vries	Open	Male	29
64	00:55:47	1570	G	Neal	Richardson	Open	Male	32
65	00:55:50	802	F	Ebrahim	Domingo	Veteran	Male	41
66	00:55:57	895	F	John	Loubser	Open	Male	26
67	00:55:59	894	F	Jeandre	Van Zyl	Open	Male	26
68	00:56:02	828	F	Revan	Kennedy	Junior	Male	15
69	00:56:30	823	F	Dinaye	Hough	Open	Female	25
70	00:56:34	1271	G	Ross	Forder	Open	Male	26
71	00:56:40	699	F	Corlia	Meyer	Open	Female	26
72	00:56:42	689	F	Sean	Creighton	Open	Male	25

73	00:56:45	1317	G	Leandri	Jansen van Rensburg	Open	Female	27
74	00:56:47	702	F	Wesley	Roos	Open	Male	25
75	00:56:50	708	F	Suzette	Van Rooyen	Open	Female	38
76	00:56:56	1336	G	Veruschke	Kolbe	Open	Female	39
77	00:57:01	401	E	Frances	Fuchs	Veteran	Female	41
78	00:57:08	423	E	Ben	Van Rensburg	Veteran	Male	43
79	00:57:18	839	F	Ashraf	Orrie	Veteran	Male	48
80	00:57:25	847	F	Peter	Robson	Veteran	Male	46
81	00:57:27	1373	G	Modisaotsile	Moshweshwe	Open	Male	34
82	00:57:33	703	F	Justin	Roux	Veteran	Male	42
83	00:57:35	927	F	Mariska	Baumeister	Open	Female	34
84	00:57:38	1242	G	Moenier	Da Silva	Veteran	Male	42
85	00:57:43	2180	H	Carl	Pohl	Master	Male	56
86	00:57:46	2181	H	Tara	Pohl	Junior	Female	16
87	00:57:49	1247	G	Amri	De Jong	Open	Female	24
88	00:57:51	910	F	Estienne	Cilliers	Veteran	Male	44
89	00:58:12	690	F	Devin	Dollery	Open	Male	27
90	00:58:14	686	F	Emily	Asbury	Open	Female	21
91	00:58:18	1233	G	Janice	Charles	Veteran	Female	41
92	00:58:35	1562	G	Ian	Matheson	Veteran	Male	42
93	00:58:36	415	E	Angelique	Nel	Veteran	Female	43
94	00:58:44	914	G	Shaun	Van Vuuren	Open	Male	21
95	00:58:56	1394	G	Arne	Purves	Veteran	Male	43
96	00:59:05	863	F	Beverley	Smyth	Veteran	Female	44
97	00:59:05	287	E	Hilton	Ehrenreich	Veteran	Male	45
98	00:59:07	862	F	Antony	Smyth	Veteran	Male	46
99	00:59:09	1333	G	Lisa	Knoblauch	Open	Female	26
100	00:59:12	1408	G	Megan	Roux	Open	Female	27
101	00:59:15	851	F	Ronel	Rossouw	Master	Female	55
102	00:59:19	908	F	Lizette	Bannister	Veteran	Female	42
103	00:59:21	270	E	CARLA	BOCHNIG	Minimee	Female	12
104	00:59:21	706	F	Zaahir	van der Schyff	Open	Male	37
105	00:59:22	404	E	Jaden	Hefer	Minimee	Male	12
106	00:59:24	1289	G	Jonathan	Hamlyn	Master	Male	67/68
107	00:59:31	831	F	Jorich	Loubser	Open	Male	20
108	00:59:34	1462	G	Anton	Vorster	Open	Male	30
109	00:59:37	1450	G	Lafras	van Schoor	Open	Male	26
110	00:59:41	394	E	Tayan	Brittz	Open	Male	24
111	01:00:16	1327	G	Helen	Kean	Open	Female	28
112	01:00:19	1397	G	Stuart	Redpath	Open	Male	33
113	01:00:24	1319	G	Tambe	Joesha	Open	Male	25
114	01:00:29	1421	G	Willem Hermanus Steph	Sharp	Open	Male	33
115	01:00:31	1906	H	Christiaan	Engelbrecht	Veteran	Male	42
116	01:00:33	920	F	Clyde	van Wyk	Open	Male	33
117	01:00:36	1367	G	Roberto	Mathys	Open	Male	29
118	01:00:44	1346	G	Chris	Laubscher	Open	Male	32
119	01:00:46	1578	G	Pieter	Theron	Open	Male	32
120	01:00:48	1208	G	David	Bassett	Open	Male	29
121	01:00:55	922	F	Gina	Wolf	Veteran	Female	43
122	01:00:57	1521	G	Megan	De Vries	Open	Female	32
123	01:01:00	1564	G	Adam	Meier	Open	Male	20
124	01:01:03	898	F	Theresa	Isaacs	Master	Female	64
125	01:01:12	1398	G	Heather	Reed	Open	Female	36
126	01:01:15	815	F	Martin	Henning	Open	Male	28
127	01:01:19	1434	G	Jacques	Theron	Veteran	Male	41
128	01:01:22	930	F	Natasha	Watson	Open	Female	30
129	01:01:24	900	F	Alexandra	Hoffman	Junior	Female	17
130	01:01:27	924	F	Nadeem	Davids	Open	Male	18
131	01:01:28	884	F	Gizelle	Willows	Open	Female	33
132	01:01:30	877	F	Darwin	Van Rooyen	Open	Male	39
133	01:01:32	1520	G	Roedolf	De lange	Open	Male	30
134	01:01:35	1581	G	David	Uys	Open	Male	31
135	01:01:41	2080	H	Shaheen	Patel	Open	Male	39
136	01:01:46	1452	G	Lukas	van Vuuren	Master	Male	51
137	01:01:48	1264	G	David	Ferreira	Open	Male	30
138	01:01:52	876	F	Sarel	Van Der Walt	Open	Male	37
139	01:01:57	1316	G	Ewald Gerald	Jansen van Rensburg	Open	Female	28
140	01:02:04	934	F	Claire	Sydow	Open	Female	32
141	01:02:27	1889	H	Jean	Fourie	Open	Male	28
142	01:02:35	1890	H	Carlo	Hill	Open	Male	28
143	01:02:38	935	F	Jonel	Steffen	Open	Female	39
144	01:02:39	286	E	Unita	Mussmanns	Open	Female	25
145	01:02:42	1225	G	Tracy	Bunn	Veteran	Female	46
146	01:02:48	1527	G	Chanelle	Ellis	Open	Female	33
147	01:02:51	917	F	Anne	Stensland	Open	Female	23
148	01:02:55	933	F	Tafadzwa	Chisuvi	Open	Male	22
149	01:03:41	1388	G	Stephen	Pietersen	Veteran	Male	42
150	01:03:43	692	F	Steve	Heldzingen	Veteran	Male	44
151	01:03:46	796	F	Chris	Clark	Master	Male	73
152	01:03:50	391	E	Toni	Basson	Open	Female	33
153	01:03:52	842	F	Roldah	Orrie	Master	Female	51

154	01:03:54	278	E	Rina	Parker	Open	Female	38
155	01:03:56	916	F	Yves	Lefebure	Open	Male	23
156	01:04:32	712	F	Marylee	Xenakis	Open	Female	24
157	01:04:47	890	F	Yusree	Van Der Schyff	Master	Male	41
158	01:04:49	1232	G	Daryn	Chalmers	Open	Male	26
159	01:04:59	1547	G	Danielle	Hugo	Open	Female	20
160	01:05:05	1516	G	Julio	da Costa	Open	Male	25
161	01:05:11	2163	H	Jason	Jordaan	Open	Male	26
162	01:05:30	818	F	Chanelle	Hoffman	Veteran	Female	45
163	01:05:32	886	F	Mohammed Junaid	Alli	Veteran	Male	47
164	01:05:35	1574	G	Lee	Smith	Open	Female	26
165	01:05:39	919	G	Warren	van Wyk	Open	Male	37
166	01:05:59	2157	H	Heidi	Hastie	Veteran	Female	40
167	01:06:02	1505	G	Warren	Alexander	Open	Male	36
168	01:06:06	2184	H	Bernard	Swart	Open	Male	28
169	01:06:08	1540	G	Casey	Hattle	Open	Female	32
170	01:06:10	814	F	Alison	Hartley	Master	Female	50
171	01:06:25	711	F	TARRYN	WETTERGREEN	Open	Female	33
172	01:06:29	866	F	Mark	Stead	Veteran	Male	47
173	01:06:31	1443	G	Joss	van der Walt	Open	Female	28
174	01:06:33	921	G	Bianka	Van Wyk	Open	Female	27
175	01:06:35	1583	G	Lucelle	Van der linde	Open	Female	23
176	01:06:37	1553	G	Liza	Laubscher	Open	Female	29
177	01:06:39	926	F	Bianka	van Wyk	Open	Female	26
178	01:06:49	1372	G	Lafras	Moolman	Open	Male	39
179	01:07:03	1401	G	Jacques	Roelofse	Open	Male	26
180	01:07:06	1573	G	Gustav	Schlebusch	Open	Male	33
181	01:07:07	1479	C	Farouk	davids	Veteran	Male	45
182	01:07:13	911	F	Anita	Mccallum	Master	Female	50
183	01:07:18	928	F	Santie	Visagie	Open	Female	26
184	01:07:26	929	F	Heather	Oosthuizen	Open	Female	25
185	01:07:29	1546	G	Audrey	Hugo	Master	Female	54
186	01:07:32	2061	H	Roberto	Marchesi	Open	Male	32
187	01:07:34	1207	G	Jared	Barker	Open	Male	29
188	01:07:40	1284	G	Natasha	Golding	Open	Female	27
189	01:07:43	1488	G	Delicia	Jantjies	Open	Female	25
190	01:07:46	865	F	nabeel	soeker	Open	Male	19
191	01:07:48	840	F	Nabeelah	Orrie	Open	Female	21
192	01:07:52	1407	G	Marnette	Rossouw	Open	Female	31
193	01:08:02	1209	G	Kristen	Bassett	Open	Female	28
194	01:08:04	1523	G	Richard	Dixon	Veteran	Male	42
195	01:08:07	1472	G	Pauline	Wilkinson	Open	Female	32
196	01:08:09	1446	G	ANDRE	Van Deventer	Open	Male	37
197	01:08:11	909	F	Marc	Spolander	Open	Male	38
198	01:08:13	1922	H	Roland	Matzke	Master	Male	60
199	01:08:37	825	F	Ebrahim	Jacobs	Master	Male	51
200	01:08:41	1272	G	Rene	Fourie	Open	Female	34
201	01:08:45	1343	G	Jacobus	Labuschagne	Open	Male	33
202	01:08:47	1563	G	Adele	McCann	Master	Female	58
203	01:08:51	856	F	Cam	Shackleton	Veteran	Female	41
204	01:08:53	836	F	Cindy	Morris	Veteran	Female	47
205	01:09:14	1998	H	Christopher	Boshoff	Open	Male	35
206	01:09:01	1402	G	Vaughn	Roman	Open	Male	31
207	01:09:16	2030	H	Nicole	Glover	Open	Female	36
208	01:09:20	850	F	Lari	Rossouw	Open	Female	28
209	01:09:23	1309	G	Aleks	Jablonska	Open	Female	39
210	01:10:07	2012	H	Phil	Crowson	Master	Male	56
211	01:10:09	1912	H	Avril	Harvey	Veteran	Female	40
212	01:10:12	1916	H	Ryan	Skews	Veteran	Male	41
213	01:10:14	2098	H	Francois	Steyn	Veteran	Male	45
214	01:10:17	710	F	Ethan	Weilbach	Minimee	Male	11
215	01:10:27	1323	G	Niel	Joubert	Open	Male	30
216	01:10:30	1911	G	Strati	Zitianellis	Open	Male	40
217	01:10:49	1554	G	Charles	Laubscher	Open	Female	31
218	01:10:52	2166	H	Hendrik	Kotze	Open	Male	30
219	01:10:55	925	G	Mikhail	Witte	Open	Male	26
220	01:10:59	1577	G	Jaco	Swart	Open	Male	27
221	01:11:03	1351	G	Tammy	Liebenberg	Open	Female	28
222	01:11:05	1352	G	Janus	Liebenberg	Open	Male	34
223	01:11:07	1231	G	Rukeya	cassiem	Open	Female	37
224	01:11:11	805	F	Tasneem	Du Toit	Open	Female	38
225	01:11:14	1507	G	Michael	Bloemstein	Open	Male	38
226	01:11:18	1589	G	Jaco	Walters	Open	Male	28
227	01:11:18	441	E	Richard	Kershaw	Veteran	Male	42
228	01:11:20	1792	H	Bester	Schmidt	Open	Male	32
229	01:11:23	1345	G	Bianca	Lak	Open	Female	25
230	01:11:25	1506	G	Marvan	Beukes	Veteran	Male	45
231	01:11:27	1552	G	Julia	Kragten	Open	Male	28
232	01:11:30	1276	G	Hilary	Gardner	Open	Female	39
233	01:11:32	1344	G	Campbell	Lak	Open	Male	28
234	01:11:54	442	H	Janet	Schuilng		Female	0

235	01:12:02	1383	G	Delita	Otto	Open	Female	30
236	01:12:04	1329	G	Elsje	Kemp	Open	Female	29
237	01:12:21	817	F	Brian	Hoffman	Veteran	Male	47
238	01:12:25	1275	G	Andrew	Gade	Veteran	Male	41
239	01:12:29	1438	G	Carla	Thorne	Open	Female	32
240	01:12:48	2084	H	Simon	Power	Open	Male	33
241	01:12:51	1559	G	Moegamad	Majal	Veteran	Male	42
242	01:13:03	1548	G	Farzaana	Jacobs	Open	Female	37
243	01:13:05	2066	H	Lisa	McLea	Open	Female	37
244	01:13:43	1386	G	Imran	Parker	Open	Male	38
245	01:13:45	2041	H	Jastelle	Hugo	Open	Female	23
246	01:13:47	2026	H	Melany	Froy	Open	Female	35
247	01:13:49	2091	H	Matthew	Rowe	Veteran	Male	40
248	01:13:53	915	G	Jonna	Hyttinen	Open	Female	25
249	01:14:03	936	F	Aalia	Sunday	Minimee	Female	14
250	01:14:07	889	F	Rameez	Mc Kechne	Master	Male	51
251	01:14:12	931	F	Marc	Taylor	Open	Male	30
252	01:14:26	1915	H	Stefan	Ackerman	Veteran	Male	41
253	01:15:45	912	F	Xoli	Nyembezi	Open	Female	35
254	01:15:47	1330	G	Albert	Kennedy	Veteran	Male	41
255	01:15:49	2070	H	Erietha	Nel	Open	Female	32
256	01:15:51	830	F	Ina	Koegelenberg	Open	Female	34
257	01:15:55	1526	G	Rugaya	Edwards	Master	Female	53
258	01:16:13	848	F	Deon	Rossouw	Master	Male	62
259	01:16:16	2095	H	Shamiela	Sunday	Veteran	Female	44
260	01:16:20	2071	H	Jan	Nel	Open	Male	27
261	01:16:28	2097	H	Louise	Steenkamp	Open	Female	24
262	01:16:41	1405	G	Dawn	Rossiter	Master	Female	60
263	01:16:43	1475	G	Claire Louise	Worby	Open	Female	32
264	01:16:53	1537	G	Krayvasan	Govender	Open	Male	33
265	01:16:54	1246	G	Nazreen	Davids	Veteran	Female	44
266	01:16:55	1576	G	Janine	Sutherland	Open	Female	36
267	01:16:56	1995	H	Inge	Bloem	Veteran	Female	43
268	01:17:02	2090	H	Nicola	Rossouw	Open	Female	27
269	01:17:03	2158	H	Barbara	Heathcote	Open	Female	38
270	01:17:04	2081	H	Roxanne	Perestrelo	Open	Female	26
271	01:17:04	2038	H	Sharon	Heald	Open	Female	32
272	01:17:04	870	F	Claire	Ter Morshuizen	Open	Female	19
273	01:17:05	1543	G	Imtiyaz	Hendricks	Open	Male	24
274	01:17:05	704	F	Lize-Mari	Schultz	Open	Female	25
275	01:17:06	1404	G	Danielle	Rossiter	Open	Female	20
276	01:17:08	826	F	Fawaaz	Jacobs	Open	Male	33
277	01:17:11	1551	G	Zunaid	Khatieb	Open	Male	37
278	01:17:12	2159	H	Rencia	HUGO	Open	Female	24
279	01:17:13	1907	H	Jennifer	Middleton	Open	Female	35
280	01:17:14	2040	H	JEANETTE	HOLL	Master	Female	57
281	01:17:17	1377	G	Bronwynne	Nozaic	Veteran	Female	40
282	01:17:52	695	F	Raissa	Mall	Open	Female	29
283	01:17:54	838	F	Michael	Obery	Open	Male	30
284	01:18:00	1513	G	Ryan	Cronje	Junior	Male	15
285	01:18:08	1585	G	Christelle	Van Niekerk	Open	Female	39
286	01:18:13	852	F	Seugnet	Rossouw	Open	Female	36
287	01:18:18	1451	G	Gertjan	van Vliet	Open	Male	39
288	01:18:20	1770	H	Johanus	Du Toit	Master	Male	60
289	01:18:22	1449	G	Samantha	van Jaarsveld	Open	Female	32
290	01:18:25	1448	G	Paul	van Jaarsveld	Veteran	Male	40
291	01:18:30	1560	G	Nidia	Lourens	Open	Female	37
292	01:18:35	1565	G	Magdaleen	Moolman	Open	Female	38
293	01:18:39	1273	G	Grant	Francke	Veteran	Male	41
294	01:18:44	2032	H	Roxanne	Greenbaum	Open	Female	33
295	01:18:47	1310	G	Lloyd	Jacobs	Open	Male	32
296	01:18:51	1214	G	Astrid	Bissell	Open	Female	32
297	01:18:53	864	F	fareed	soeker	Master	Male	66
298	01:18:56	1278	G	Annalize	Geldenhuis	Veteran	Female	45
299	01:18:56	2078	H	Elzanne	OLIVIER	Open	Female	28
300	01:18:58	2077	H	Coenraad	OLIVIER	Open	Male	31
301	01:19:00	2020	H	Jenny-Lee	Du Plessis	Open	Female	32
302	01:19:02	2062	H	Hanlie	Maree	Open	Female	32
303	01:19:05	1409	G	Fadl	Salie	Open	Male	32
304	01:19:15	1400	G	Rafiek	Roberts	Open	Male	29
305	01:19:16	1410	G	Maahir	Salie	Open	Male	29
306	01:19:20	1910	H	Mawande	Daweti	Open	Male	29
307	01:19:23	1491	G	Vusumzi	Zweni	Veteran	Male	44
308	01:19:31	1996	H	Lilian	Bolus	Open	Female	24
309	01:19:35	2015	H	Grant	de Smidt	Open	Male	30
310	01:19:39	1914	H	Mike	Ratcher	Veteran	Male	44
311	01:20:10	1432	G	Elmari	Swart	Open	Female	38
312	01:20:13	1381	G	Andrea	Orchard	Open	Female	29
313	01:20:15	1239	G	Duncan	Cork	Open	Male	38
314	01:20:22	2179	H	Raphaël	Patricot	Open	Male	29
315	01:20:24	1227	G	Kareemah	Carelse	Veteran	Female	42

316	01:20:27	835	F	Mubeen	Mohamed	Open	Male	24
317	01:20:35	2088	H	Kevin	Rorke	Veteran	Male	49
318	01:20:37	2025	H	Carmen	Francke	Open	Female	36
319	01:20:46	1591	G	Tiffany	Watt	Open	Female	28
320	01:20:51	1558	G	NICOLA	LENNOX	Open	Female	30
321	01:20:52	1510	G	Claudia	Chamberlain	Open	Female	35
322	01:20:53	2165	H	emmy	klaassen	Open	Female	26
323	01:20:53	1899	H	Carla	Jaccobs	Open	Female	28
324	01:20:54	1887	H	Taryn	George	Open	Female	31
325	01:20:55	1295	G	Cayley	Hefer	Minimee	Female	14
326	01:20:55	2160	H	tariq	ismail	Open	Male	29
327	01:20:57	2123	H	Claire	Van der dorhorst	Open	Female	30
328	01:21:06	2150	H	Natalie	Faber	Open	Female	32
329	01:21:08	1575	G	Rustum	solomon	Veteran	Male	48
330	01:21:11	2050	H	Kristin	Kenmuir	Open	Female	28
331	01:21:14	1253	G	Anel	Du Toit	Open	Female	34
332	01:21:19	1897	H	Chantel	Geldenhuys	Veteran	Female	40
333	01:21:21	1898	H	Ann	Jones	Veteran	Female	40
334	01:21:26	1290	G	Yaseen	Harneker	Veteran	Male	39
335	01:21:31	1241	G	Lodi	Cronje	Veteran	Male	46
336	01:21:38	1542	G	Fuad	Hendricks	Veteran	Male	474
337	01:22:25	1201	G	Julia	Aitchison	Veteran	Female	42
338	01:22:27	2138	H	Ryan	Barker	Open	Male	34
339	01:22:30	1888	H	Susann	Kompa	Open	Female	35
340	01:22:32	1341	G	Simone	Kyle	Open	Female	23
341	01:22:34	2148	H	Stephen	Elliott-Wetmore	Veteran	Male	45
342	01:23:19	1903	H	Luke	Kershaw	Peewee	Male	9
343	01:23:22	1891	H	Rejeanne	Vlietman	Veteran	Female	41
344	01:23:24	1784	H	Carine	Michiels	Master	Female	51
345	01:23:33	1303	G	Lara	Hill	Open	Female	28
346	01:23:44	1783	H	Sue	Kirk	Master	Female	51
347	01:23:57	1485	G	Yasmin	Toeffie	Master	Female	58
348	01:24:02	2036	H	Ilana	Hall	Open	Female	33
349	01:24:10	1791	H	Phindile	Mtेशana	Open	Female	32
350	01:24:19	1918	H	Anthony	Fevrier	Open	Male	38
351	01:24:21	1917	H	Lenise	Swanson	Open	Female	35
352	01:24:25	2136	H	Marta	Bianconi-smith	Veteran	Female	40
353	01:24:29	1774	H	Camilla	Rabonato	Junior	Female	15
354	01:24:32	1437	G	Karen	Thomas	Veteran	Female	44
355	01:25:45	1545	G	Layla	Heyns	Open	Female	25
356	01:25:46	1580	G	Stacey-Leigh	Titus	Open	Female	29
357	01:25:46	1245	G	Rene	Daniels	Open	Female	36
358	01:25:47	807	F	Fuzlan	Gamieldien	Master	Female	51
359	01:25:48	1353	G	Jye	Lin	Open	Female	31
360	01:25:49	1900	H	Gaynore	Boyle	Veteran	Female	42
361	01:25:50	1588	G	Mandy	Vollmer	Open	Female	29
362	01:25:51	819	F	Melissa	Hoffman	Minimee	Female	14
363	01:25:52	1265	G	Natasha	Fernandes	Open	Female	21
364	01:25:53	1771	H	Jacqui	Niehaus	Open	Female	24
365	01:25:54	1908	H	Shireen	Robinson	Open	Female	37
366	01:25:55	1909	H	Angelo	Marais	Open	Male	39
367	01:26:11	1572	G	Patricia Louise	Roux	Master	Female	50
368	01:26:15	1268	G	natasha	fisher	Veteran	Female	42
369	01:26:19	2171	H	Laetitia	McAllen	Open	Female	33
370	01:26:22	932	F	Tendai	Charwadza	Open	Male	31
371	01:27:06	1514	G	Nicole	Cupido	Open	Female	36
372	01:27:08	2016	H	Anton	de Wit	Veteran	Male	42
373	01:27:11	2019	H	Bridgette	Dresner	Veteran	Female	40
374	01:27:14	2141	H	Ursula	Bosch	Open	Female	37
375	01:27:19	693	F	Chantelle	Irish	Open	Female	24
376	01:27:40	1249	G	Erin	Devenish	Open	Female	25
377	01:28:31	2183	H	Waheeb	Slarmie	Veteran	Male	46
378	01:28:39	2182	H	Zuriena	Slarmie	Veteran	Female	42
379	01:28:43	1458	G	Amy	Vermeulen	Open	Female	28
380	01:28:45	2106	H	Vaughn	Thompson	Open	Male	36
381	01:30:02	1885	H	Rameez	Samdiem	Open	Male	28
382	01:30:07	1883	H	Jason	Stark	Open	Male	28
383	01:30:09	1913	H	Raashid	Dollie	Veteran	Male	43
384	01:30:13	1216	G	Tracy	Boonzaier	Open	Female	35
385	01:30:16	1422	G	Justin	Stevens	Open	Male	31
386	01:30:19	2058	H	marizanne	lombard	Master	Female	51
387	01:30:39	2115	H	Liesl	Van Heerden	Veteran	Female	41
388	01:30:46	2063	H	Marié-Heleen	Matthee	Veteran	Female	40
389	01:31:43	1541	G	Marcelle	Heidtmann	Open	Female	39
390	01:31:46	1530	G	Vicky	Fazekas	Veteran	Female	45
391	01:31:48	1204	G	Shitesh	Arihunata	Open	Male	26
392	01:32:12	2145	H	Petra	Diedericks	Veteran	Female	40
393	01:32:15	2169	H	Faaghira	Maloon Davids	Open	Female	31
394	01:32:17	2161	H	Qasim	Jakoet	Veteran	Male	40
395	01:32:30	1435	G	Torrin	Theron	Open	Female	37
396	01:32:42	2111	H	Jackie	van der Ham	Master	Female	51

397	01:32:44	2001	H	Lee	Bramwell	Open	Female	35
398	01:32:47	2167	H	Peter Andreas	Lange	Open	Male	35
399	01:33:06	2082	H	Shirley	Pettit	Master	Female	51
400	01:33:30	1459	G	Johan	Vermeulen	Open	Male	31
401	01:34:12	1901	H	Valerie	Fenton	Veteran	Female	46
402	01:34:15	2173	H	Kgotso	Mokhatle	Open	Male	30
403	01:34:18	1789	H	Lehlogonolo	Debeila	Open	Female	32
404	01:34:21	1555	G	Jacky	Louw	Veteran	Female	43
405	01:34:26	2146	H	Marlou	Du Plessis	Open	Female	34
406	01:34:32	1579	G	Imelda	Thomson	Open	Female	38
407	01:34:35	1445	G	Tharine	van der Westhuizen	Open	Female	26
408	01:34:42	1511	G	Jacques	Conradie	Veteran	Male	42
409	01:34:46	1315	G	Rene	Jansen	Open	Female	33
410	01:35:05	1519	G	vernita	de kock	Open	Female	39
411	01:35:07	1524	G	Janice	du plessis	Master	Female	50
412	01:35:17	1509	G	Nini	Brasser	Veteran	Female	45
413	01:35:45	1424	G	Chris	Strauss	Open	Male	30
414	01:35:49	1370	G	anneri	meyer	Open	Female	33
415	01:36:43	2176	H	Sean	OSullivan	Open	Male	39
416	01:36:45	2177	H	Veranique	OSullivan	Open	Female	34
417	01:36:49	2104	H	Shirleen	Sullivan	Veteran	Female	42
418	01:37:52	2114	H	Chane	Van Deventer	Open	Female	21
419	01:37:54	2009	H	Melindi	Coetzee	Open	Female	21
420	01:37:58	1430	G	Zulfah	Sulaiman	Veteran	Female	44
421	01:38:00	1326	G	Razaan	Kamaldien	Veteran	Female	46
422	01:38:06	1301	G	Cherise	Hider	Open	Female	28
423	01:38:09	2055	H	Lauren-Leigh	Livesey	Open	Female	35
424	01:38:20	1480	G	Zureena	Jacobs	Veteran	Female	45
425	01:38:44	1920	H	Umayr	Isaacs	Open	Female	31
426	01:38:47	1921	H	Tashneeqa	Isaacs	Open	Female	25
427	01:39:13	2096	H	Heidi	Stander	Master	Female	51
428	01:39:15	1481	G	Wiesaal	Isaacs	Master	Female	54
429	01:39:19	2045	H	Marisa	Janse van Vuuren	Open	Female	38
430	01:39:31	2056	H	Kirsten	Lockyer	Open	Female	27
431	01:39:34	2039	H	Ceri-Anne	Hill	Open	Female	27
432	01:39:41	1768	H	Ngasze	Yuang	Open	Female	31
433	01:39:56	1529	G	Hester	Esterhuizen	Open	Female	31
434	01:40:33	1767	H	Jacquiline	Chan	Open	Female	37
435	01:40:41	2110	H	Karen	van der Berg	Open	Female	29
436	01:40:43	2087	H	Marlese	Radyn	Open	Female	34
437	01:43:04	1486	G	Mahbubah	Nordien	Master	Female	61
438	01:43:21	1532	G	Glynnis	Fritz	Veteran	Female	45
439	01:43:24	1297	G	Alice	Herselman	Open	Female	32
440	01:43:52	2175	H	John	Munro	Veteran	Male	45
441	01:43:58	1886	H	Yumna	Ismiel	Open	Female	28
442	01:44:02	1884	H	Kulphum	Fataar	Open	Female	24
443	01:44:07	1411	G	Waleed	Samsodien	Open	Male	31
444	01:44:42	1550	G	Adele	Jordaan	Open	Female	29
445	01:44:45	1571	G	Corne	Rossouw	Veteran	Female	42
446	01:44:47	1586	G	Lindes	van Schoor	Veteran	Male	41
447	01:44:50	2022	H	Somaya	Du Toit	Veteran	Female	49
448	01:46:42	2164	H	ZAINAB	KHAN	Open	Female	39
449	01:46:45	2127	H	Zarina	Ebrahim	Veteran	Female	41
450	01:46:48	2046	H	Wilna	Jansen van Rensburg	Veteran	Female	40
451	01:47:41	1892	H	Aiden	Vlietman	Minimee	Male	12
452	01:48:31	1441	G	Shanaaz	Van Der Schyff	Master	Female	50
453	01:48:41	2149	H	Cindy	Erasmus	Open	Female	36
454	01:49:45	281	E	Dokle	Vlietman	Veteran	Male	42
455	01:54:33	1919	H	Bongekile	Gasa	Open	Female	24
456	01:54:53	2014	H	Robbie	Dallas-Orr	Master	Male	75
457	01:54:56	2013	H	Robbie	Lindsey	Master	Male	75
458	01:55:57	1989	H	Jessica	Barker	Open	Female	39
459	01:56:02	2051	H	Anneliese	Korsch	Open	Female	37
460	02:00:37	1508	G	RICA	BOCHNIG	Master	Female	59
461	02:00:41	1296	G	Linda	Hefer	Veteran	Female	46
462	02:01:37	837	F	Antoinette	Niehaus	Open	Female	28
463	02:01:42	1895	H	Johan	Niehaus	Master	Male	62
464	02:01:46	1894	H	Brenda	Niehaus	Master	Female	56
465	02:02:07	822	F	Meg	Holtzhausen	Veteran	Female	41
466	02:02:17	1766	H	Kesia	Scholtz	Open	Female	19
467	02:05:27	1893	H	Joshua	Vlietman	Peewee	Male	9
468	02:05:29	1904	H	Hannah	Kershaw	Minimee	Female	13
469	02:05:32	1902	H	Tessa	Kershaw	Veteran	Female	41
470	02:08:49	2067	H	Fatima	Moolla	Veteran	Female	42
471	02:14:02	1988	H	Tania	B	Open	Female	24
472	02:27:44	2079	H	Nawaaz	Parker	Open	Male	35
473	02:27:48	2130	H	HASEENAH	PARKER	Open	Female	38
474	02:27:50	2131	H	Dilsahd	Ebrahim	Veteran	Female	41
475	02:35:30	2028	H	Rika	Geyser	Open	Female	37
476	02:35:34	2083	H	Jackie	Plank	Master	Female	51

**Open Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:32:51	269	E	Mhlangabezi	Mbuntshu	Open	Male	23
2	00:34:08	275	E	Oliver	Kopp	Open	Male	18
3	00:36:05	284	E	Reginald	Boss	Open	Male	18
4	00:36:36	268	E	Tino	Adams	Open	Male	21
5	00:36:39	406	E	Johan	Kellermann	Open	Male	24
6	00:39:31	265	E	Ricardo	Jaftha	Open	Male	29
7	00:39:48	421	E	Robert	Shaff	Open	Male	25
8	00:41:01	272	E	tyrone	de smidt	Open	Male	31
9	00:41:07	414	E	James	Montgomery	Open	Male	32
10	00:41:12	416	E	E.P.	Olivier	Open	Male	30
11	00:41:52	804	F	logan	eales	Open	Male	24
12	00:42:24	277	E	Simon	Monteverdi	Open	Male	21
13	00:42:43	276	E	Lunga	Mncube	Open	Male	26
14	00:47:16	405	E	Sylvano	Hindley	Open	Male	28
15	00:47:29	392	E	Peter	Baumeister	Open	Male	39
16	00:47:37	913	F	Jacques	Van Rensburg	Open	Male	34
17	00:51:46	867	F	Luca	Stefanutti	Open	Male	26
18	00:53:31	918	F	Erlend	Holberg	Open	Male	25
19	00:54:29	794	F	Reynier	Booyen	Open	Male	37
20	00:55:12	1308	G	Adeeb	Isaacs	Open	Male	20
21	00:55:17	1250	G	Estian	Diedericks	Open	Male	26
22	00:55:41	880	F	Stian	Visagie	Open	Male	27
23	00:55:43	879	F	Niel	Visagie	Open	Male	30
24	00:55:45	1522	G	Wynand	De Vries	Open	Male	29
25	00:55:47	1570	G	Neal	Richardson	Open	Male	32
26	00:55:57	895	F	John	Loubser	Open	Male	26
27	00:55:59	894	F	Jeandre	Van Zyl	Open	Male	26
28	00:56:34	1271	G	Ross	Forder	Open	Male	26
29	00:56:42	689	F	Sean	Creighton	Open	Male	25
30	00:56:47	702	F	Wesley	Roos	Open	Male	25
31	00:57:27	1373	G	Modisaotsile	Moshweshwe	Open	Male	34
32	00:58:12	690	F	Devin	Dollery	Open	Male	27
33	00:58:44	914	G	Shaun	Van Vuuren	Open	Male	21
34	00:59:21	706	F	Zaahir	van der Schyff	Open	Male	37
35	00:59:31	831	F	Jorich	Loubser	Open	Male	20
36	00:59:34	1462	G	Anton	Vorster	Open	Male	30
37	00:59:37	1450	G	Lafras	van Schoor	Open	Male	26
38	00:59:41	394	E	Tayan	Brittz	Open	Male	24
39	01:00:19	1397	G	Stuart	Redpath	Open	Male	33
40	01:00:24	1319	G	Tambe	Joesha	Open	Male	25
41	01:00:29	1421	G	Willem Hermanus Steph	Sharp	Open	Male	33
42	01:00:33	920	F	Clyde	van Wyk	Open	Male	33
43	01:00:36	1367	G	Roberto	Mathys	Open	Male	29
44	01:00:44	1346	G	Chris	Laubscher	Open	Male	32
45	01:00:46	1578	G	Pieter	Theron	Open	Male	32
46	01:00:48	1208	G	David	Bassett	Open	Male	29
47	01:01:00	1564	G	Adam	Meier	Open	Male	20
48	01:01:15	815	F	Martin	Henning	Open	Male	28
49	01:01:27	924	F	Nadeem	Davids	Open	Male	18
50	01:01:30	877	F	Darwin	Van Rooyen	Open	Male	39
51	01:01:32	1520	G	Roedolf	De lange	Open	Male	30
52	01:01:35	1581	G	David	Uys	Open	Male	31
53	01:01:41	2080	H	Shaheen	Patel	Open	Male	39
54	01:01:48	1264	G	David	Ferreira	Open	Male	30
55	01:01:52	876	F	Sarel	Van Der Walt	Open	Male	37
56	01:02:27	1889	H	Jean	Fourie	Open	Male	28
57	01:02:35	1890	H	Carlo	Hill	Open	Male	28
58	01:02:55	933	F	Tafadzwa	Chisuvi	Open	Male	22
59	01:03:56	916	F	Yves	Lefebure	Open	Male	23
60	01:04:49	1232	G	Daryn	Chalmers	Open	Male	26
61	01:05:05	1516	G	Julio	da Costa	Open	Male	25
62	01:05:11	2163	H	Jason	Jordaan	Open	Male	26
63	01:05:39	919	G	Warren	van Wyk	Open	Male	37
64	01:06:02	1505	G	Warren	Alexander	Open	Male	36
65	01:06:06	2184	H	Bernard	Swart	Open	Male	28
66	01:06:49	1372	G	Lafras	Moolman	Open	Male	39
67	01:07:03	1401	G	Jacques	Roelofse	Open	Male	26
68	01:07:06	1573	G	Gustav	Schlebusch	Open	Male	33
69	01:07:32	2061	H	Roberto	Marchesi	Open	Male	32
70	01:07:34	1207	G	Jared	Barker	Open	Male	29
71	01:07:46	865	F	nabeel	soeker	Open	Male	19
72	01:08:09	1446	G	ANDRE	Van Deventer	Open	Male	37
73	01:08:11	909	F	Marc	Spolander	Open	Male	38
74	01:08:45	1343	G	Jacobus	Labuschagne	Open	Male	33
75	01:09:14	1998	H	Christopher	Boshoff	Open	Male	35
76	01:09:01	1402	G	Vaughn	Roman	Open	Male	31
77	01:10:27	1323	G	Niel	Joubert	Open	Male	30
78	01:10:30	1911	G	Strati	Zitianellis	Open	Male	40

79	01:10:52	2166	H	Hendrik	Kotze	Open	Male	30
80	01:10:55	925	G	Mikhail	Witte	Open	Male	26
81	01:10:59	1577	G	Jaco	Swart	Open	Male	27
82	01:11:05	1352	G	Janus	Liebenberg	Open	Male	34
83	01:11:14	1507	G	Michael	Bloemstein	Open	Male	38
84	01:11:18	1589	G	Jaco	Walters	Open	Male	28
85	01:11:20	1792	H	Bester	Schmidt	Open	Male	32
86	01:11:27	1552	G	Julia	Kragten	Open	Male	28
87	01:11:32	1344	G	Campbell	Lak	Open	Male	28
88	01:12:48	2084	H	Simon	Power	Open	Male	33
89	01:13:43	1386	G	Imran	Parker	Open	Male	38
90	01:14:12	931	F	Marc	Taylor	Open	Male	30
91	01:16:20	2071	H	Jan	Nel	Open	Male	27
92	01:16:53	1537	G	Krayvasan	Govender	Open	Male	33
93	01:17:05	1543	G	Imtiyaz	Hendricks	Open	Male	24
94	01:17:08	826	F	Fawaaz	Jacobs	Open	Male	33
95	01:17:11	1551	G	Zunaid	Khatieb	Open	Male	37
96	01:17:54	838	F	Michael	Obery	Open	Male	30
97	01:18:18	1451	G	Gertjan	van Vliet	Open	Male	39
98	01:18:47	1310	G	Lloyd	Jacobs	Open	Male	32
99	01:18:58	2077	H	Coenraad	OLIVIER	Open	Male	31
100	01:19:05	1409	G	Fadi	Salie	Open	Male	32
101	01:19:15	1400	G	Rafiek	Roberts	Open	Male	29
102	01:19:16	1410	G	Maahir	Salie	Open	Male	29
103	01:19:20	1910	H	Mawande	Daweti	Open	Male	29
104	01:19:35	2015	H	Grant	de Smidt	Open	Male	30
105	01:20:15	1239	G	Duncan	Cork	Open	Male	38
106	01:20:22	2179	H	Raphaël	Patricot	Open	Male	29
107	01:20:27	835	F	Mubeen	Mohamed	Open	Male	24
108	01:20:55	2160	H	tariq	ismail	Open	Male	29
109	01:22:27	2138	H	Ryan	Barker	Open	Male	34
110	01:24:19	1918	H	Anthony	Fevrier	Open	Male	38
111	01:25:55	1909	H	Angelo	Marais	Open	Male	39
112	01:26:22	932	F	Tendai	Charwadza	Open	Male	31
113	01:28:45	2106	H	Vaughn	Thompson	Open	Male	36
114	01:30:02	1885	H	Rameez	Samdiem	Open	Male	28
115	01:30:07	1883	H	Jason	Stark	Open	Male	28
116	01:30:16	1422	G	Justin	Stevens	Open	Male	31
117	01:31:48	1204	G	Shitesh	Arihunta	Open	Male	26
118	01:32:47	2167	H	Peter Andreas	Lange	Open	Male	35
119	01:33:30	1459	G	Johan	Vermeulen	Open	Male	31
120	01:34:15	2173	H	Kgotso	Mokhatle	Open	Male	30
121	01:35:45	1424	G	Chris	Strauss	Open	Male	30
122	01:36:43	2176	H	Sean	OSullivan	Open	Male	39
123	01:44:07	1411	G	Waleed	Samsodien	Open	Male	31
124	02:27:44	2079	H	Nawaaz	Parker	Open	Male	35



**Open Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:42:00	431	E	Lauren	Granger	Open	Female	24
2	00:44:16	266	E	Daniella	Mihal	Open	Female	23
3	00:48:10	697	F	Josie	McCann	Open	Female	20
4	00:50:37	812	F	Holly	Hamlyn	Open	Female	23
5	00:52:13	707	F	Renscha	van Heerden	Open	Female	28
6	00:53:22	827	F	NINA	KEMP	Open	Female	35
7	00:54:24	2135	H	Karli	Leonard	Open	Female	23
8	00:56:30	823	F	Dinaye	Hough	Open	Female	25
9	00:56:40	699	F	Corlia	Meyer	Open	Female	26
10	00:56:45	1317	G	Leandri	Jansen van Rensburg	Open	Female	27
11	00:56:50	708	F	Suzette	Van Rooyen	Open	Female	38
12	00:56:56	1336	G	Veruschke	Kolbe	Open	Female	39
13	00:57:35	927	F	Mariska	Baumeister	Open	Female	34
14	00:57:49	1247	G	Amri	De Jong	Open	Female	24
15	00:58:14	686	F	Emily	Asbury	Open	Female	21
16	00:59:09	1333	G	Lisa	Knoblauch	Open	Female	26
17	00:59:12	1408	G	Megan	Roux	Open	Female	27
18	01:00:16	1327	G	Helen	Kean	Open	Female	28
19	01:00:57	1521	G	Megan	De Vries	Open	Female	32
20	01:01:12	1398	G	Heather	Reed	Open	Female	36
21	01:01:22	930	F	Natasha	Watson	Open	Female	30
22	01:01:28	884	F	Gizelle	Willows	Open	Female	33
23	01:01:57	1316	G	Ewald Gerald	Jansen van Rensburg	Open	Female	28
24	01:02:04	934	F	Claire	Sydow	Open	Female	32
25	01:02:38	935	F	Jonel	Steffen	Open	Female	39
26	01:02:39	286	E	Unita	Mussmanns	Open	Female	25
27	01:02:48	1527	G	Chanelle	Ellis	Open	Female	33
28	01:02:51	917	F	Anne	Stensland	Open	Female	23
29	01:03:50	391	E	Toni	Basson	Open	Female	33
30	01:03:54	278	E	Rina	Parker	Open	Female	38
31	01:04:32	712	F	Marylee	Xenakis	Open	Female	24
32	01:04:59	1547	G	Danielle	Hugo	Open	Female	20
33	01:05:35	1574	G	Lee	Smith	Open	Female	26
34	01:06:08	1540	G	Casey	Hattle	Open	Female	32
35	01:06:25	711	F	TARRYN	WETTERGREEN	Open	Female	33
36	01:06:31	1443	G	Joss	van der Walt	Open	Female	28
37	01:06:33	921	G	Bianka	Van Wyk	Open	Female	27
38	01:06:35	1583	G	Lucelle	Van der linde	Open	Female	23
39	01:06:37	1553	G	Liza	Laubscher	Open	Female	29
40	01:06:39	926	F	Bianka	van Wyk	Open	Female	26
41	01:07:18	928	F	Santie	Visagie	Open	Female	26
42	01:07:26	929	F	Heather	Oosthuizen	Open	Female	25
43	01:07:40	1284	G	Natasha	Golding	Open	Female	27
44	01:07:43	1488	G	Delicia	Jantjies	Open	Female	25
45	01:07:48	840	F	Nabeelah	Orrie	Open	Female	21
46	01:07:52	1407	G	Marnette	Rossouw	Open	Female	31
47	01:08:02	1209	G	Kristen	Bassett	Open	Female	28
48	01:08:07	1472	G	Pauline	Wilkinson	Open	Female	32
49	01:08:41	1272	G	Rene	Fourie	Open	Female	34
50	01:09:16	2030	H	Nicole	Glover	Open	Female	36
51	01:09:20	850	F	Lari	Rossouw	Open	Female	28
52	01:09:23	1309	G	Aleks	Jablonska	Open	Female	39
53	01:10:49	1554	G	Charles	Laubscher	Open	Female	31
54	01:11:03	1351	G	Tammy	Liebenberg	Open	Female	28
55	01:11:07	1231	G	Rukeya	cassiem	Open	Female	37
56	01:11:11	805	F	Tasneem	Du Toit	Open	Female	38
57	01:11:23	1345	G	Bianca	Lak	Open	Female	25
58	01:11:30	1276	G	Hilary	Gardner	Open	Female	39
59	01:11:54	442	H	Janet	Schuijling	Open	Female	36
60	01:12:02	1383	G	Delita	Otto	Open	Female	30
61	01:12:04	1329	G	Elsje	Kemp	Open	Female	29
62	01:12:29	1438	G	Carla	Thorne	Open	Female	32
63	01:13:03	1548	G	Farzaana	Jacobs	Open	Female	37
64	01:13:05	2066	H	Lisa	McLea	Open	Female	37
65	01:13:45	2041	H	Jastelle	Hugo	Open	Female	23
66	01:13:47	2026	H	Melany	Froy	Open	Female	35
67	01:13:53	915	G	Jonna	Hyttinen	Open	Female	25
68	01:15:45	912	F	Xoli	Nyembezi	Open	Female	35
69	01:15:49	2070	H	Erietha	Nel	Open	Female	32
70	01:15:51	830	F	Ina	Koegelenberg	Open	Female	34
71	01:16:28	2097	H	Louise	Steenkamp	Open	Female	24
72	01:16:43	1475	G	Claire Louise	Worby	Open	Female	32
73	01:16:55	1576	G	Janine	Sutherland	Open	Female	36
74	01:17:02	2090	H	Nicola	Rossouw	Open	Female	27
75	01:17:03	2158	H	Barbara	Heathcote	Open	Female	38
76	01:17:04	2081	H	Roxanne	Perestrello	Open	Female	26
77	01:17:04	2038	H	Sharon	Heald	Open	Female	32
78	01:17:04	870	F	Claire	Ter Morshuizen	Open	Female	19

79	01:17:05	704	F	Lize-Mari	Schultz	Open	Female	25
80	01:17:06	1404	G	Danielle	Rossiter	Open	Female	20
81	01:17:12	2159	H	Rencia	HUGo	Open	Female	24
82	01:17:13	1907	H	Jennifer	Middleton	Open	Female	35
83	01:17:52	695	F	Raissa	Mall	Open	Female	29
84	01:18:08	1585	G	Christelle	Van Niekerk	Open	Female	39
85	01:18:13	852	F	Seugnet	Rossouw	Open	Female	36
86	01:18:22	1449	G	Samantha	van Jaarsveld	Open	Female	32
87	01:18:30	1560	G	Nidia	Lourens	Open	Female	37
88	01:18:35	1565	G	Magdaleen	Moolman	Open	Female	38
89	01:18:44	2032	H	Roxanne	Greenbaum	Open	Female	33
90	01:18:51	1214	G	Astrid	Bissell	Open	Female	32
91	01:18:56	2078	H	Elzanne	OLIVIER	Open	Female	28
92	01:19:00	2020	H	Jenny-Lee	Du Plessis	Open	Female	32
93	01:19:02	2062	H	Hanlie	Maree	Open	Female	32
94	01:19:31	1996	H	Lilian	Bolus	Open	Female	24
95	01:20:10	1432	G	Elmari	Swart	Open	Female	38
96	01:20:13	1381	G	Andrea	Orchard	Open	Female	29
97	01:20:37	2025	H	Carmen	Francke	Open	Female	36
98	01:20:46	1591	G	Tiffany	Watt	Open	Female	28
99	01:20:51	1558	G	NICOLA	LENNOX	Open	Female	30
100	01:20:52	1510	G	Claudia	Chamberlain	Open	Female	35
101	01:20:53	2165	H	emmy	klaassen	Open	Female	26
102	01:20:53	1899	H	Carla	Jaccobs	Open	Female	28
103	01:20:54	1887	H	Taryn	George	Open	Female	31
104	01:20:57	2123	H	Claire	Van der dorhorst	Open	Female	30
105	01:21:06	2150	H	Natalie	Faber	Open	Female	32
106	01:21:11	2050	H	Kristin	Kenmuir	Open	Female	28
107	01:21:14	1253	G	Anel	Du Toit	Open	Female	34
108	01:22:30	1888	H	Susann	Kompa	Open	Female	35
109	01:22:32	1341	G	Simone	Kyle	Open	Female	23
110	01:23:33	1303	G	Lara	Hill	Open	Female	28
111	01:24:02	2036	H	Ilana	Hall	Open	Female	33
112	01:24:10	1791	H	Phindile	Mtेशana	Open	Female	32
113	01:24:21	1917	H	Lenise	Swanson	Open	Female	35
114	01:25:45	1545	G	Layla	Heyns	Open	Female	25
115	01:25:46	1580	G	Stacey-Leigh	Titus	Open	Female	29
116	01:25:46	1245	G	Rene	Daniels	Open	Female	36
117	01:25:48	1353	G	Jye	Lin	Open	Female	31
118	01:25:50	1588	G	Mandy	Vollmer	Open	Female	29
119	01:25:52	1265	G	Natasha	Fernandes	Open	Female	21
120	01:25:53	1771	H	Jacqui	Niehaus	Open	Female	24
121	01:25:54	1908	H	Shireen	Robinson	Open	Female	37
122	01:26:19	2171	H	Laetitia	McAllen	Open	Female	33
123	01:27:06	1514	G	Nicole	Cupido	Open	Female	36
124	01:27:14	2141	H	Ursula	Bosch	Open	Female	37
125	01:27:19	693	F	Chantelle	Irish	Open	Female	24
126	01:27:40	1249	G	Erin	Devenish	Open	Female	25
127	01:28:43	1458	G	Amy	Vermeulen	Open	Female	28
128	01:30:13	1216	G	Tracy	Boonzaier	Open	Female	35
129	01:31:43	1541	G	Marcelle	Heidtmann	Open	Female	39
130	01:32:15	2169	H	Faaghira	Maloon Davids	Open	Female	31
131	01:32:30	1435	G	Torrin	Theron	Open	Female	37
132	01:32:44	2001	H	Lee	Bramwell	Open	Female	35
133	01:34:18	1789	H	Lehlogonolo	Debeila	Open	Female	32
134	01:34:26	2146	H	Marlou	Du Plessis	Open	Female	34
135	01:34:32	1579	G	Imelda	Thomson	Open	Female	38
136	01:34:35	1445	G	Tharine	van der Westhuizen	Open	Female	26
137	01:34:46	1315	G	Rene	Jansen	Open	Female	33
138	01:35:05	1519	G	vernita	de kock	Open	Female	39
139	01:35:49	1370	G	anneri	meyer	Open	Female	33
140	01:36:45	2177	H	Veranique	OSullivan	Open	Female	34
141	01:37:52	2114	H	Chane	Van Deventer	Open	Female	21
142	01:37:54	2009	H	Melindi	Coetzee	Open	Female	21
143	01:38:06	1301	G	Cherise	Hider	Open	Female	28
144	01:38:09	2055	H	Lauren-Leigh	Livesey	Open	Female	35
145	01:38:44	1920	H	Umayr	Isaacs	Open	Female	31
146	01:38:47	1921	H	Tashneeqa	Isaacs	Open	Female	25
147	01:39:19	2045	H	Marisa	Janse van Vuuren	Open	Female	38
148	01:39:31	2056	H	Kirsten	Lockyer	Open	Female	27
149	01:39:34	2039	H	Ceri-Anne	Hill	Open	Female	27
150	01:39:41	1768	H	Ngasze	Yuang	Open	Female	31
151	01:39:56	1529	G	Hester	Esterhuizen	Open	Female	31
152	01:40:33	1767	H	Jacqueline	Chan	Open	Female	37
153	01:40:41	2110	H	Karen	van der Berg	Open	Female	29
154	01:40:43	2087	H	Marlese	Radyn	Open	Female	34
155	01:43:24	1297	G	Alice	Herselman	Open	Female	32
156	01:43:58	1886	H	Yumna	Ismiel	Open	Female	28
157	01:44:02	1884	H	Kulphum	Fataar	Open	Female	24
158	01:44:42	1550	G	Adele	Jordaan	Open	Female	29
159	01:46:42	2164	H	ZAINAB	KHAN	Open	Female	39

160	01:48:41	2149	H	Cindy	Erasmus	Open	Female	36
161	01:54:33	1919	H	Bongekile	Gasa	Open	Female	24
162	01:55:57	1989	H	Jessica	Barker	Open	Female	39
163	01:56:02	2051	H	Anneliese	Korsch	Open	Female	37
164	02:01:37	837	F	Antoinette	Niehaus	Open	Female	28
165	02:02:17	1766	H	Kesia	Scholtz	Open	Female	19
166	02:14:02	1988	H	Tania	B	Open	Female	24
167	02:27:48	2130	H	HASEENAH	PARKER	Open	Female	38
168	02:35:30	2028	H	Rika	Geyser	Open	Female	37

### Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:40:27	420	E	Peter	Shackleton	Veteran	Male	40
2	00:43:47	279	E	Quinton	Walker	Veteran	Male	43
3	00:49:24	808	F	STEVEN	GOODRICH	Veteran	Male	43
4	00:51:49	844	F	Marco	Prinsloo	Veteran	Male	40
5	00:53:03	1234	G	ROBIN	Charles	Veteran	Male	42
6	00:53:53	264	E	Arno	Rossouw	Veteran	Male	44
7	00:54:21	897	F	Carlo	Daniels	Veteran	Male	42
8	00:55:25	923	G	Izan	Zybrands	Veteran	Male	42
9	00:55:50	802	F	Ebrahim	Domingo	Veteran	Male	41
10	00:57:08	423	E	Ben	Van Rensburg	Veteran	Male	43
11	00:57:18	839	F	Ashraf	Orrie	Veteran	Male	48
12	00:57:25	847	F	Peter	Robson	Veteran	Male	46
13	00:57:33	703	F	Justin	Roux	Veteran	Male	42
14	00:57:38	1242	G	Moenier	Da Silva	Veteran	Male	42
15	00:57:51	910	F	Estienne	Cilliers	Veteran	Male	44
16	00:58:35	1562	G	Ian	Matheson	Veteran	Male	42
17	00:58:56	1394	G	Arne	Purves	Veteran	Male	43
18	00:59:05	287	E	Hilton	Ehrenreich	Veteran	Male	45
19	00:59:07	862	F	Antony	Smyth	Veteran	Male	46
20	01:00:31	1906	H	Christiaan	Engelbrecht	Veteran	Male	42
21	01:01:19	1434	G	Jacques	Theron	Veteran	Male	41
22	01:03:41	1388	G	Stephen	Pietersen	Veteran	Male	42
23	01:03:43	692	F	Steve	Heldzingen	Veteran	Male	44
24	01:05:32	886	F	Mohammed Junaid	Alli	Veteran	Male	47
25	01:06:29	866	F	Mark	Stead	Veteran	Male	47
26	01:07:07	1479	C	Farouk	davids	Veteran	Male	45
27	01:08:04	1523	G	Richard	Dixon	Veteran	Male	42
28	01:10:12	1916	H	Ryan	Skews	Veteran	Male	41
29	01:10:14	2098	H	Francois	Steyn	Veteran	Male	45
30	01:11:18	441	E	Richard	Kershaw	Veteran	Male	42
31	01:11:25	1506	G	Marvan	Beukes	Veteran	Male	45
32	01:12:21	817	F	Brian	Hoffman	Veteran	Male	47
33	01:12:25	1275	G	Andrew	Gade	Veteran	Male	41
34	01:12:51	1559	G	Moegamad	Majal	Veteran	Male	42
35	01:13:49	2091	H	Matthew	Rowe	Veteran	Male	40
36	01:14:26	1915	H	Stefan	Ackerman	Veteran	Male	41
37	01:15:47	1330	G	Albert	Kennedy	Veteran	Male	41
38	01:18:25	1448	G	Paul	van Jaarsveld	Veteran	Male	40
39	01:18:39	1273	G	Grant	Francke	Veteran	Male	41
40	01:19:23	1491	G	Vusumzi	Zweni	Veteran	Male	44
41	01:19:39	1914	H	Mike	Ratcher	Veteran	Male	44
42	01:20:35	2088	H	Kevin	Rorke	Veteran	Male	49
43	01:21:08	1575	G	Rustum	solomon	Veteran	Male	48
44	01:21:26	1290	G	Yaseen	Harneker	Veteran	Male	39
45	01:21:31	1241	G	Lodi	Cronje	Veteran	Male	46
46	01:21:38	1542	G	Fuad	Hendricks	Veteran	Male	474
47	01:22:34	2148	H	Stephen	Elliott-Wetmore	Veteran	Male	45
48	01:27:08	2016	H	Anton	de Wit	Veteran	Male	42
49	01:28:31	2183	H	Waheeb	Slarmie	Veteran	Male	46
50	01:30:09	1913	H	Raashid	Dollie	Veteran	Male	43
51	01:32:17	2161	H	Qasim	Jakoet	Veteran	Male	40
52	01:34:42	1511	G	Jacques	Conradie	Veteran	Male	42
53	01:43:52	2175	H	John	Munro	Veteran	Male	45
54	01:44:47	1586	G	Lindes	van Schoor	Veteran	Male	41
55	01:49:45	281	E	Dokle	Vlietman	Veteran	Male	42

### Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:53:49	789	F	Elina	Alting-Mees	Veteran	Female	44
2	00:55:22	881	F	Anneke	Von Maltitz	Veteran	Female	40
3	00:57:01	401	E	Frances	Fuchs	Veteran	Female	41
4	00:58:18	1233	G	Janice	Charles	Veteran	Female	41
5	00:58:36	415	E	Angelique	Nel	Veteran	Female	43
6	00:59:05	863	F	Beverley	Smyth	Veteran	Female	44
7	00:59:19	908	F	Lizette	Bannister	Veteran	Female	42
8	01:00:55	922	F	Gina	Wolf	Veteran	Female	43
9	01:02:42	1225	G	Tracy	Bunn	Veteran	Female	46
10	01:05:30	818	F	Chanelle	Hoffman	Veteran	Female	45
11	01:05:59	2157	H	Heidi	Hastie	Veteran	Female	40
12	01:08:51	856	F	Cam	Shackleton	Veteran	Female	41
13	01:08:53	836	F	Cindy	Morris	Veteran	Female	47
14	01:10:09	1912	H	Avril	Harvey	Veteran	Female	40
15	01:16:16	2095	H	Shamiela	Sunday	Veteran	Female	44
16	01:16:54	1246	G	Nazreen	Davids	Veteran	Female	44
17	01:16:56	1995	H	Inge	Bloem	Veteran	Female	43
18	01:17:17	1377	G	Bronwynne	Nozaic	Veteran	Female	40
19	01:18:56	1278	G	Annalize	Geldenhuis	Veteran	Female	45
20	01:20:24	1227	G	Kareemah	Carelse	Veteran	Female	42

21	01:21:19	1897	H	Chantel	Geldenhuys	Veteran	Female	40
22	01:21:21	1898	H	Ann	Jones	Veteran	Female	40
23	01:22:25	1201	G	Julia	Aitchison	Veteran	Female	42
24	01:23:22	1891	H	Rejeanne	Vlietman	Veteran	Female	41
25	01:24:25	2136	H	Marta	Bianconi-smith	Veteran	Female	40
26	01:24:32	1437	G	Karen	Thomas	Veteran	Female	44
27	01:25:49	1900	H	Gaynore	Boyle	Veteran	Female	42
28	01:26:15	1268	G	natasha	fisher	Veteran	Female	42
29	01:27:11	2019	H	Bridgette	Dresner	Veteran	Female	40
30	01:28:39	2182	H	Zuriena	Slarmie	Veteran	Female	42
31	01:30:39	2115	H	Liesl	Van Heerden	Veteran	Female	41
32	01:30:46	2063	H	Marié-Heleen	Matthee	Veteran	Female	40
33	01:31:46	1530	G	Vicky	Fazekas	Veteran	Female	45
34	01:32:12	2145	H	Petra	Diedericks	Veteran	Female	40
35	01:34:12	1901	H	Valerie	Fenton	Veteran	Female	46
36	01:34:21	1555	G	Jacky	Louw	Veteran	Female	43
37	01:35:17	1509	G	Nini	Brasser	Veteran	Female	45
38	01:36:49	2104	H	Shirleen	Sullivan	Veteran	Female	42
39	01:37:58	1430	G	Zulfah	Sulaiman	Veteran	Female	44
40	01:38:00	1326	G	Razaan	Kamaldien	Veteran	Female	46
41	01:38:20	1480	G	Zureena	Jacobs	Veteran	Female	45
42	01:43:21	1532	G	Glynnis	Fritz	Veteran	Female	45
43	01:44:45	1571	G	Corne	Rossouw	Veteran	Female	42
44	01:44:50	2022	H	Somaya	Du Toit	Veteran	Female	49
45	01:46:45	2127	H	Zarina	Ebrahim	Veteran	Female	41
46	01:46:48	2046	H	Wilna	Jansen van Rensburg	Veteran	Female	40
47	02:00:41	1296	G	Linda	Hefer	Veteran	Female	46
48	02:02:07	822	F	Meg	Holtzhausen	Veteran	Female	41
49	02:05:32	1902	H	Tessa	Kershaw	Veteran	Female	41
50	02:08:49	2067	H	Fatima	Moolla	Veteran	Female	42
51	02:27:50	2131	H	Dilsahd	Ebrahim	Veteran	Female	41

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:43:01	419	E	Richard	Rossiter	Master	Male	59
2	00:45:30	422	E	Freddie	Thiem	Master	Male	59
3	00:46:48	398	E	Andre	De Piaz	Master	Male	50
4	00:48:13	409	E	Eric	McLaren	Master	Male	53
5	00:51:06	698	F	Patrick	McCann	Master	Male	53
6	00:54:48	907	F	Evan	Kerr	Master	Male	52
7	00:57:43	2180	H	Carl	Pohl	Master	Male	56
8	00:59:24	1289	G	Jonathan	Hamlyn	Master	Male	67/68
9	01:01:46	1452	G	Lukas	van Vuuren	Master	Male	51
10	01:03:46	796	F	Chris	Clark	Master	Male	73
11	01:04:47	890	F	Yusree	Van Der Schyff	Master	Male	41
12	01:08:13	1922	H	Roland	Matzke	Master	Male	60
13	01:08:37	825	F	Ebrahim	Jacobs	Master	Male	51
14	01:10:07	2012	H	Phil	Crowson	Master	Male	56
15	01:14:07	889	F	Rameez	Mc Kechne	Master	Male	51
16	01:16:13	848	F	Deon	Rossouw	Master	Male	62
17	01:18:20	1770	H	Johanus	Du Toit	Master	Male	60
18	01:18:53	864	F	fareed	soeker	Master	Male	66
19	01:54:53	2014	H	Robbie	Dallas-Orr	Master	Male	75
20	01:54:56	2013	H	Robbie	Lindsey	Master	Male	75
21	02:01:42	1895	H	Johan	Niehaus	Master	Male	62

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:59:15	851	F	Ronel	Rossouw	Master	Female	55
2	01:01:03	898	F	Theresa	Isaacs	Master	Female	64
3	01:23:24	1784	H	Carine	Michiels	Master	Female	51
4	01:23:44	1783	H	Sue	Kirk	Master	Female	51
5	01:03:52	842	F	Roldah	Orrie	Master	Female	51
6	01:06:10	814	F	Alison	Hartley	Master	Female	50
7	01:07:13	911	F	Anita	Mccallum	Master	Female	50
8	01:07:29	1546	G	Audrey	Hugo	Master	Female	54
9	01:08:47	1563	G	Adele	McCann	Master	Female	58
10	01:15:55	1526	G	Rugaya	Edwards	Master	Female	53
11	01:16:41	1405	G	Dawn	Rossiter	Master	Female	60
12	01:17:14	2040	H	JEANETTE	HOLL	Master	Female	57
13	01:23:57	1485	G	Yasmin	Toeffie	Master	Female	58
14	01:25:47	807	F	Fuzlan	Gamiel dien	Master	Female	51
15	01:26:11	1572	G	Patricia Louise	Roux	Master	Female	50
16	01:30:19	2058	H	marizanne	lombard	Master	Female	51
17	01:32:42	2111	H	Jackie	van der Ham	Master	Female	51
18	01:33:06	2082	H	Shirley	Pettit	Master	Female	51
19	01:35:07	1524	G	Janice	du plessis	Master	Female	50
20	01:39:13	2096	H	Heidi	Stander	Master	Female	51
21	01:39:15	1481	G	Wiesaal	Isaacs	Master	Female	54
22	01:43:04	1486	G	Mahbubah	Nordien	Master	Female	61
23	01:48:31	1441	G	Shanaaz	Van Der Schyff	Master	Female	50
24	02:00:37	1508	G	RICA	BOCHNIG	Master	Female	59
25	02:01:46	1894	H	Brenda	Niehaus	Master	Female	56
26	02:35:34	2083	H	Jackie	Plank	Master	Female	51

**Junior Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:34:32	283	E	Bruzano	Britz	Junior	Male	15
2	00:36:10	282	E	Daniel	Arenese	Junior	Male	15
3	00:36:14	439	E	Alec	Botha	Junior	Male	15
4	00:39:49	790	F	Gershon	Aziza	Junior	Male	16
5	00:39:53	868	F	Nashief	Stemmet	Junior	Male	16
6	00:40:56	285	E	Michael	Van Wyngaard	Junior	Male	14
7	00:42:46	410	E	Justin	Meyer	Junior	Male	16
8	00:46:44	841	F	Riaz	Orrie	Junior	Male	16
9	00:51:55	878	F	Timo	van Wyk	Junior	Male	15
10	00:53:44	411	E	Nathan	Meyer	Junior	Male	16
11	00:54:28	388	E	Jonathan	Robinson	Junior	Male	17
12	00:56:02	828	F	Revan	Kennedy	Junior	Male	15
13	01:18:00	1513	G	Ryan	Cronje	Junior	Male	15

**Junior Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:42:20	1561	G	Gianna	Marais	Junior	Female	17
2	00:55:24	400	E	Catherine Mia	Doyle	Junior	Female	15
3	00:57:46	2181	H	Tara	Pohl	Junior	Female	16
4	01:01:24	900	F	Alexandra	Hoffman	Junior	Female	17
5	01:24:29	1774	H	Camilla	Rabonato	Junior	Female	15

**Minimee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:59:21	270	E	CARLA	BOCHNIG	Minimee	Female	12
2	01:14:03	936	F	Aalia	Sunday	Minimee	Female	14
3	01:20:55	1295	G	Cayley	Hefer	Minimee	Female	14
4	01:25:51	819	F	Melissa	Hoffman	Minimee	Female	14
5	02:05:29	1904	H	Hannah	Kershaw	Minimee	Female	13
6	00:46:47	1223	G	Niklaas	Brummer	Minimee	Male	14
7	00:47:38	430	E	Deon	Bochnig	Minimee	Male	12
8	00:53:29	393	E	Karl	Blaser	Minimee	Male	13
9	00:59:22	404	E	Jaden	Hefer	Minimee	Male	12
10	01:10:17	710	F	Ethan	Weilbach	Minimee	Male	11
11	01:47:41	1892	H	Aiden	Vlietman	Minimee	Male	12

**Peewee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:23:19	1903	H	Luke	Kershaw	Peewee	Male	9
2	02:05:27	1893	H	Joshua	Vlietman	Peewee	Male	9