



Spur Cape Summer Trail Series® Race 4 XL (25km) Oak Valley

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:42:05	5146	Damian	Will	Open	Male	29
2	01:43:00	5182	Anele	Mnukwa	Open	Male	36
3	01:45:56	5155	Chad	Gordon	Veteran	Male	46
4	01:46:31	5019	Pieter	Calitz	Veteran	Male	41
5	01:46:50	5050	Michael	Gombart	Open	Male	28
6	01:48:13	5111	William	Robinson	Open	Male	34
7	01:59:31	5181	Lunga	Nolakana	Open	Male	29
8	02:01:45	5171	Will	Battersby	Open	Male	37
9	02:02:01	5162	Minette	Naude	Open	Female	30
10	02:03:30	5130	Jared	Lys	Open	Male	26
11	02:04:19	5153	Chantal	Nieaber	Veteran	Female	42
12	02:05:21	5143	Chris	Visser	Open	Male	33
13	02:06:03	5026	Andy	Davies	Veteran	Male	44
14	02:06:20	5025	Werner	Daniel	Open	Male	34
15	02:06:26	5073	Michael	Joseph	Open	Male	34
16	02:06:28	5049	Shaun	Golding	Open	Male	32
17	02:06:58	5059	Neil	Hermann	Master	Male	57
18	02:08:35	5128	Rae	Trew-Browne	Open	Male	31
19	02:10:17	5151	Christine	De Kock	Open	Female	20
20	02:11:31	5148	Mags	Wright	Open	Female	34
21	02:11:39	5021	Kyle	Cottle	Open	Male	27
22	02:12:20	5093	Peter John	Moses	Open	Male	39
23	02:13:36	5152	Fungai	Kachere	Veteran	Male	40
24	02:14:33	5091	Mark	Middleton	Veteran	Male	45
25	02:14:58	5150	Raphael	Zürcher	Open	Male	22
26	02:15:17	5158	Kevin	Derbyshire	Veteran	Male	49
27	02:15:24	5138	Jana	Van Houwelingen	Open	Female	27
28	02:15:44	5022	Peter	Crockett	Open	Male	36
29	02:16:34	5178	Cathy	Weedall	Open	Female	39
30	02:17:26	5011	Matt	Biden	Open	Male	32
31	02:17:40	5163	Ian	Loos	Veteran	Male	47
32	02:17:51	5104	Campbell	Parry	Veteran	Male	46
33	02:18:40	5094	Eduard	Mostert	Veteran	Male	42
34	02:18:44	5140	Riaan	Van Zyl	Veteran	Male	41
35	02:19:13	5067	Stuart	Hutcheson	Master	Male	52
36	02:19:54	5164	Albert	Rust	Veteran	Male	44
37	02:21:19	5107	Melany	Porter	Veteran	Female	40
38	02:22:56	5030	Carlos	De Jesus	Open	Male	31
39	02:23:16	5057	Giles	Hedley	Open	Male	26
40	02:23:27	5005	Peter	Baumeister	Open	Female	38
41	02:23:34	5161	Lourens	Naude	Master	Male	59
42	02:23:42	5032	Colleen	De Oliveira	Open	Female	30
43	02:24:20	5113	gavin	shaskolsky	Veteran	Male	42
44	02:25:00	5101	Anthony	Nowicki	Open	Male	39
45	02:25:16	5018	Ron	Buissinne	Master	Male	51
46	02:25:29	5068	Nezaam	Isaacs	Veteran	Male	45
47	02:25:29	5051	Steven	Goodrich	Veteran	Male	43
48	02:25:29	5054	Andrew	Harris	Open	Male	32
49	02:26:04	5083	Stewart	Mackay	Open	Male	33
50	02:26:05	5177	Greg	Jansen	Veteran	Male	40
51	02:26:36	5120	Graeme	Smith	Open	Male	29
52	02:26:46	5169	Niels	Luchters	Open	Male	37
53	02:27:23	5108	Marco	Prinsloo	Open	Male	39
54	02:27:26	5102	Alexis	olds	Open	Female	29
55	02:27:34	5066	Timothy	Hotchkiss	Open	Male	29
56	02:27:44	5006	Christo	Bekker	Veteran	Male	46
57	02:28:43	5036	Tessa	Engelhardt	Open	Female	26
58	02:28:47	5099	Deryck	Nel	Open	Male	39
59	02:28:54	5078	Ben	Kooyman	Open	Male	28
60	02:30:20	5180	Alexis	Van Der Merwe	Open	Male	38
61	02:30:49	5121	Jaco	Stemmet	Veteran	Male	40
62	02:31:18	5001	Lize-Ahn	Aucamp	Open	Female	35
63	02:31:21	5060	Pauline	Herrmann-Keys	Veteran	Female	42
64	02:32:09	5085	Ashraf	Majiet	Open	Male	33
65	02:32:13	5079	Magdaleen	Kroon	Veteran	Female	45
66	02:32:17	5010	Carel	Bezuidenhoud	Veteran	Male	40
67	02:33:35	5097	Monique	Myburgh	Open	Female	30
68	02:33:56	5112	Daniel	Schonlau	Open	Male	34
69	02:34:31	5014	Heinrich	Boock	Open	Male	27
70	02:34:45	5170	Carika	Van Blerk	Open	Female	34
71	02:37:12	5154	Erica	Goedhals	Veteran	Female	48

72	02:37:15	5063	Claire	Hodge	Veteran	Female	39
73	02:38:05	5126	Sanel	Theart	Open	Female	27
74	02:38:10	5137	Renscha	van Heerden	Open	Female	27
75	02:40:05	5110	George	Robertson	Open	Male	39
76	02:40:30	5179	Jenny	Janisch	Open	Female	39
77	02:41:22	5002	cornell	badenhorst	Open	Female	37
78	02:42:07	5168	Alec	Rust	Veteran	Male	43
79	02:42:10	5035	Jacques	Du Toit	Veteran	Male	43
80	02:42:43	5096	Sabine	Muller	Master	Female	50
81	02:43:19	5055	Christina	Hartner	Open	Female	35
82	02:44:09	5156	Adele	Van Wyk	Open	Female	28
83	02:44:15	5008	Nerina	Beste	Open	Female	36
84	02:44:39	5076	Lize-Marick	Keyser	Open	Female	31
85	02:44:54	5004	marie	barnard	Master	Female	57
86	02:44:57	5031	Marizette	de Meyer	Veteran	Female	41
87	02:45:10	5012	Sonja	Bland	Veteran	Female	49
88	02:45:53	5176	Rene	Webster	Open	Female	38
89	02:46:01	5157	Lize-Marie	Engelbrecht	Open	Female	27
90	02:46:10	5106	Gary	Phipson	Veteran	Male	49
91	02:46:14	5065	Lauren	Honeyman	Veteran	Female	45
92	02:46:15	5013	Grant	Blaylock	Master	Male	51
93	02:46:18	5047	stefan	fourie	Veteran	Female	43
94	02:46:26	5009	Elschen	Beyers	Master	Female	54
95	02:47:21	5087	Natalie	Marcus	Open	Female	34
96	02:47:45	5045	Justin	Floor	Open	Male	29
97	02:48:36	5175	Richard	Cherry	Veteran	Male	43
98	02:48:56	5114	Anthony	Shaw	Veteran	Male	46
99	02:48:59	5115	Tracy	Shaw	Veteran	Female	42
100	02:49:09	5174	Shaheem	Hendricks	Veteran	Male	40
101	02:49:47	5070	Kylie	Janse van Vuuren	Open	Female	23
102	02:49:51	5074	Nicola	Kannemeyer	Veteran	Female	41
103	02:49:55	5075	Werner	Kannemeyer	Veteran	Male	41
104	02:50:29	5166	Brian	Burgers	Open	Male	27
105	02:50:54	5165	Sheldon	Wiggill	Veteran	Male	45
106	02:50:58	5029	Schalk	De Jager	Veteran	Male	42
107	02:51:01	5117	Arnold	Smit	Open	Male	39
108	02:51:03	5119	Stella	Smit	Open	Female	37
109	02:51:06	5167	Ewoudt	Botes	Open	Male	34
110	02:51:09	5160	Werner	Venter	Open	Male	37
111	02:51:45	5172	Bruce	Green	Veteran	Male	44
112	02:52:11	5034	Albe	du Toit	Open	Male	30
113	02:52:15	5136	Johan	van Heerden	Veteran	Male	44
114	02:52:28	5052	Peter	Griffiths	Open	Male	37
115	02:52:40	5109	Tony	Rinaldi	Master	Male	55
116	02:54:25	5023	Monique	Cupido	Open	Female	38
117	02:54:29	5125	Jason	Swartz	Open	Male	37
118	02:54:32	5037	Helen	Erasmus	Master	Female	52
119	02:54:51	5116	Angelique	Smit	Open	Female	38
120	02:54:58	5118	Schalk	Smit	Veteran	Male	49
121	02:56:06	5129	Chris	Underwood	Open	Male	24
122	02:57:42	5149	Larissa	Zentner	Open	Female	24
123	02:57:48	5159	Terance	Niselew	Open	Male	28
124	02:58:31	5092	Cythna	Minnaar	Open	Female	32
125	02:58:34	5033	Yolanda	Deale	Open	Female	38
126	02:58:43	5124	Gerhard	Swart	Open	Male	37
127	02:58:50	5123	Michelle	Stevenson	Open	Female	35
128	02:58:52	5122	Malcolm	Stevenson	Open	Male	37
129	03:01:17	5081	Kate	Le Roux	Veteran	Female	46
130	03:01:54	5015	Darren	Botha	Veteran	Male	43
131	03:01:56	5039	Vernon	Fielding	Veteran	Male	46
132	03:03:00	5027	Douglas	Day	Open	Male	37
133	03:04:26	5003	Ayoub	Banderker	Veteran	Male	41
134	03:05:15	5048	Sophie	Germanier	Open	Female	24
135	03:05:45	5084	Ian	Mackenzie	Master	Male	53
136	03:05:51	5173	Nadia	Kariel	Open	Female	37
137	03:07:23	5015	Darren	Botha	Veteran	Male	43
138	03:09:35	5000	Tarryn	Anelli	Open	Female	32
139	03:09:38	5147	Claire-Louise	Worby	Open	Female	32
140	03:13:30	5132	Robert	van Breukelen	Veteran	Male	41
141	03:13:37	5131	Philippa	van Breukelen	Open	Female	37
142	03:13:48	5038	Geniene	Fell	Veteran	Female	41
143	03:13:51	5086	Zoe	Manson-Smith	Veteran	Female	43
144	03:19:11	5069	Peter	jacobs	Veteran	Male	41
145	03:19:26	5041	Kate	Finlay	Open	Female	33
146	03:19:33	5040	Emma	Finlay	Open	Female	33
147	03:21:52	5017	Raubie	Brink	Open	Male	30
148	03:23:23	5135	Johann	van der Vyver	Veteran	Male	44
149	03:23:26	5095	Ilse	Mostert	Veteran	Female	45
150	03:28:33	5007	Jacques	Bestbier	Veteran	Male	43
151	03:30:04	5044	Shannon	Fletcher	Open	Female	35
152	03:30:07	5043	Mark	Fletcher	Open	Male	35
153	03:44:48	5062	Helena	Higgins	Veteran	Female	42
154	03:44:53	5080	Dianie	Lamprecht	Veteran	Female	41

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:42:05	5146	Damian	Will	Open	Male	29
2	01:43:00	5182	Anele	Mnukwa	Open	Male	36
3	01:46:50	5050	Michael	Gombart	Open	Male	28
4	01:48:13	5111	William	Robinson	Open	Male	34
5	01:59:31	5181	Lunga	Nolakana	Open	Male	29
6	02:01:45	5171	Will	Battersby	Open	Male	37
7	02:03:30	5130	Jared	Uys	Open	Male	26
8	02:05:21	5143	Chris	Visser	Open	Male	33
9	02:06:20	5025	Werner	Daniel	Open	Male	34
10	02:06:26	5073	Michael	Joseph	Open	Male	34
11	02:06:28	5049	Shaun	Golding	Open	Male	32
12	02:08:35	5128	Rae	Trew-Browne	Open	Male	31
13	02:11:39	5021	Kyle	Cottle	Open	Male	27
14	02:12:20	5093	Peter John	Moses	Open	Male	39
15	02:14:58	5150	Raphael	Zürcher	Open	Male	22
16	02:15:44	5022	Peter	Crockett	Open	Male	36
17	02:17:26	5011	Matt	Biden	Open	Male	32
18	02:22:56	5030	Carlos	De Jesus	Open	Male	31
19	02:23:16	5057	Giles	Hedley	Open	Male	26
20	02:25:00	5101	Anthony	Nowicki	Open	Male	39
21	02:25:29	5054	Andrew	Harris	Open	Male	32
22	02:26:04	5083	Stewart	Mackay	Open	Male	33
23	02:26:36	5120	Graeme	Smith	Open	Male	29
24	02:26:46	5169	Niels	Luchters	Open	Male	37
25	02:27:23	5108	Marco	Prinsloo	Open	Male	39
26	02:27:34	5066	Timothy	Hotchkiss	Open	Male	29
27	02:28:47	5099	Deryck	Nel	Open	Male	39
28	02:28:54	5078	Ben	Kooyman	Open	Male	28
29	02:30:20	5180	Alexis	Van Der Merwe	Open	Male	38
30	02:32:09	5085	Ashraf	Majjet	Open	Male	33
31	02:33:56	5112	Daniel	Schonlau	Open	Male	34
32	02:34:31	5014	Heinrich	Boock	Open	Male	27
33	02:40:05	5110	George	Robertson	Open	Male	39
34	02:47:45	5045	Justin	Floor	Open	Male	29
35	02:50:29	5166	Brian	Burgers	Open	Male	27
36	02:51:01	5117	Arnold	Smit	Open	Male	39
37	02:51:06	5167	Ewoudt	Botes	Open	Male	34
38	02:51:09	5160	Werner	Venter	Open	Male	37
39	02:52:11	5034	Albe	du Toit	Open	Male	30
40	02:52:28	5052	Peter	Griffiths	Open	Male	37
41	02:54:29	5125	Jason	Swartz	Open	Male	37
42	02:56:06	5129	Chris	Underwood	Open	Male	24
43	02:57:48	5159	Terance	Niselew	Open	Male	28
44	02:58:43	5124	Gerhard	Swart	Open	Male	37
45	02:58:52	5122	Malcolm	Stevenson	Open	Male	37
46	03:03:00	5027	Douglas	Day	Open	Male	37
47	03:21:52	5017	Raubie	Brink	Open	Male	30
48	03:30:07	5043	Mark	Fletcher	Open	Male	35

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:02:01	5162	Minette	Naude	Open	Female	30
2	02:10:17	5151	Christine	De Kock	Open	Female	20
3	02:11:31	5148	Mags	Wright	Open	Female	34
4	02:15:24	5138	Jana	Van Houwelingen	Open	Female	27
5	02:16:34	5178	Cathy	Weedall	Open	Female	39
6	02:23:27	5005	Peter	Baumeister	Open	Female	38
7	02:23:42	5032	Colleen	De Oliveira	Open	Female	30
8	02:27:26	5102	Alexis	olds	Open	Female	29
9	02:28:43	5036	Tessa	Engelhardt	Open	Female	26
10	02:31:18	5001	Lize-Ahn	Aucamp	Open	Female	35
11	02:33:35	5097	Monique	Myburgh	Open	Female	30
12	02:34:45	5170	Carika	Van Blerk	Open	Female	34
13	02:38:05	5126	Sanel	Theart	Open	Female	27
14	02:38:10	5137	Renscha	van Heerden	Open	Female	27
15	02:40:30	5179	Jenny	Janisch	Open	Female	39
16	02:41:22	5002	cornell	badenhorst	Open	Female	37
17	02:43:19	5055	Christina	Hartner	Open	Female	35
18	02:44:09	5156	Adele	Van Wyk	Open	Female	28
19	02:44:15	5008	Nerina	Bester	Open	Female	36
20	02:44:39	5076	Lize-Marick	Keyser	Open	Female	31
21	02:45:53	5176	Rene	Webster	Open	Female	38
22	02:46:01	5157	Lize-Marie	Engelbrecht	Open	Female	27
23	02:47:21	5087	Natalie	Marcus	Open	Female	34
24	02:49:47	5070	Kylie	Janse van Vuuren	Open	Female	23
25	02:51:03	5119	Stella	Smit	Open	Female	37
26	02:54:25	5023	Monique	Cupido	Open	Female	38
27	02:54:51	5116	Angelique	Smit	Open	Female	38
28	02:57:42	5149	Larissa	Zentner	Open	Female	24
29	02:58:31	5092	Cythna	Minnaar	Open	Female	32
30	02:58:34	5033	Yolanda	Deale	Open	Female	38
31	02:58:50	5123	Michelle	Stevenson	Open	Female	35
32	03:05:15	5048	Sophie	Germanier	Open	Female	24
33	03:05:51	5173	Nadia	Kariel	Open	Female	37
34	03:09:35	5000	Tarryn	Anelli	Open	Female	32
35	03:09:38	5147	Claire-Louise	Worby	Open	Female	32
36	03:13:37	5131	Philippa	van Breukelen	Open	Female	37
37	03:19:26	5041	Kate	Finlay	Open	Female	33
38	03:19:33	5040	Emma	Finlay	Open	Female	33
39	03:30:04	5044	Shannon	Fletcher	Open	Female	35

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:45:56	5155	Chad	Gordon	Veteran	Male	46
2	01:46:31	5019	Pieter	Calitz	Veteran	Male	41
3	02:06:03	5026	Andy	Davies	Veteran	Male	44
4	02:13:36	5152	Fungai	Kachere	Veteran	Male	40
5	02:14:33	5091	Mark	Middleton	Veteran	Male	45
6	02:15:17	5158	Kevin	Derbyshire	Veteran	Male	49
7	02:17:40	5163	Ian	Loos	Veteran	Male	47
8	02:17:51	5104	Campbell	Parry	Veteran	Male	46
9	02:18:40	5094	Eduard	Mostert	Veteran	Male	42
10	02:18:44	5140	Riaan	Van Zyl	Veteran	Male	41
11	02:19:54	5164	Albert	Rust	Veteran	Male	44
12	02:24:20	5113	gavin	shaskolsky	Veteran	Male	42
13	02:25:29	5068	Nezaam	Isaacs	Veteran	Male	45
14	02:25:29	5051	Steven	Goodrich	Veteran	Male	43
15	02:26:05	5177	Greg	Jansen	Veteran	Male	40
16	02:27:44	5006	Christo	Bekker	Veteran	Male	46
17	02:30:49	5121	Jaco	Stemmet	Veteran	Male	40
18	02:32:17	5010	Carel	Bezuidenhoud	Veteran	Male	40
19	02:42:07	5168	Alec	Rust	Veteran	Male	43
20	02:42:10	5035	Jacques	Du Toit	Veteran	Male	43
21	02:46:10	5106	Gary	Phipson	Veteran	Male	49
22	02:48:36	5175	Richard	Cherry	Veteran	Male	43
23	02:48:56	5114	Anthony	Shaw	Veteran	Male	46
24	02:49:09	5174	Shaheem	Hendricks	Veteran	Male	40
25	02:49:55	5075	Werner	Kannemeyer	Veteran	Male	41
26	02:50:54	5165	Sheldon	Wiggill	Veteran	Male	45
27	02:50:58	5029	Schalk	De Jager	Veteran	Male	42
28	02:51:45	5172	Bruce	Green	Veteran	Male	44
29	02:52:15	5136	Johan	van Heerden	Veteran	Male	44
30	02:54:58	5118	Schalk	Smit	Veteran	Male	49
31	03:01:54	5015	Darren	Botha	Veteran	Male	43
32	03:01:56	5039	Vernon	Fielding	Veteran	Male	46
33	03:04:26	5003	Ayoub	Banderker	Veteran	Male	41
34	03:07:23	5015	Darren	Botha	Veteran	Male	43
35	03:13:30	5132	Robert	van Breukelen	Veteran	Male	41
36	03:19:11	5069	Peter	jacobs	Veteran	Male	41
37	03:23:23	5135	Johann	van der Vyver	Veteran	Male	44
38	03:28:33	5007	Jacques	Bestbier	Veteran	Male	43

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:04:19	5153	Chantal	Nieaber	Veteran	Female	42
2	02:21:19	5107	Melany	Porter	Veteran	Female	40
3	02:31:21	5060	Pauline	Herrmann-Keys	Veteran	Female	42
4	02:32:13	5079	Magdaleen	Kroon	Veteran	Female	45
5	02:37:12	5154	Erica	Goedhals	Veteran	Female	48
6	02:37:15	5063	Claire	Hodge	Veteran	Female	39
7	02:44:57	5031	Marizette	de Meyer	Veteran	Female	41
8	02:45:10	5012	Sonja	Bland	Veteran	Female	49
9	02:46:14	5065	Lauren	Honeyman	Veteran	Female	45
10	02:46:18	5047	stefan	fourie	Veteran	Female	43
11	02:48:59	5115	Tracy	Shaw	Veteran	Female	42
12	02:49:51	5074	Nicola	Kannemeyer	Veteran	Female	41
13	03:01:17	5081	Kate	Le Roux	Veteran	Female	46
14	03:13:48	5038	Geniene	Fell	Veteran	Female	41
15	03:13:51	5086	Zoe	Manson-Smith	Veteran	Female	43
16	03:23:26	5095	Ilse	Mostert	Veteran	Female	45
17	03:44:48	5062	Helena	Higgins	Veteran	Female	42
18	03:44:53	5080	Dianie	Lamprecht	Veteran	Female	41

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:06:58	5059	Neil	Hermann	Master	Male	57
2	02:19:13	5067	Stuart	Hutcheson	Master	Male	52
3	02:23:34	5161	Lourens	Naude	Master	Male	59
4	02:25:16	5018	Ron	Buisinne	Master	Male	51
5	02:46:15	5013	Grant	Blaylock	Master	Male	51
6	02:52:40	5109	Tony	Rinaldi	Master	Male	55
7	03:05:45	5084	Ian	Mackenzie	Master	Male	53

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:42:43	5096	Sabine	Muller	Master	Female	50
2	02:44:54	5004	marié	barnard	Master	Female	57
3	02:46:26	5009	Elschen	Beyers	Master	Female	54
4	02:54:32	5037	Helen	Erasmus	Master	Female	52