



SPUR SILVERMINE MOUNTAIN XL 2016

Overall Results

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	180	Nicholas	Rupanga	Veteran	Male	42	01:15:20	2	01:11:01	1	02:26:21	00:21:27	02:47:48
2	181	Raydon	Balie	Open	Male	21	01:15:11	1	01:11:11	2	02:26:22	00:23:09	02:49:31
3	19	Ben	Brimble	Open	Male	30	01:15:31	3	01:12:58	3	02:28:28	00:24:07	02:52:35
4	134	Rory	Scheffer	Open	Male	24	01:15:38	5	01:13:49	4	02:29:27	00:27:26	02:56:53
5	176	Chad	Gordon	Veteran	Male	45	01:15:33	4	01:19:48	5	02:35:21	00:25:13	03:00:34
6	85	Sandra	Koblmueller	Open	Female	25	01:25:18	12	01:18:47	6	02:44:05	00:23:43	03:07:49
7	30	Stephen	Davis	Veteran	Male	40	01:25:10	11	01:22:43	8	02:47:53	00:26:07	03:14:00
8	93	Meg	Mackenzie	Open	Female	29	01:26:21	13	01:22:13	9	02:48:34	00:25:50	03:14:24
9	174	Dom	Wills	Open	Male	34	01:22:20	7	01:24:06	7	02:46:26	00:31:19	03:17:44
10	58	SHAUN	GREGORY	Veteran	Male	45	01:23:51	10	01:26:27	10	02:50:18	00:29:00	03:19:18
11	20	Juan	carstens	Open	Male	30	01:29:36	17	01:24:26	11	02:54:02	00:25:43	03:19:45
12	16	Louis Jacobus	Botha	Open	Male	23	01:28:12	15	01:29:32	12	02:57:43	00:27:34	03:25:17
13	177	Derek	Baard	Veteran	Male	45	01:23:47	8	01:34:00	14	02:57:48	00:29:38	03:27:26
14	117	Darryn	Patterson	Open	Male	30	01:30:48	18	01:34:01	17	03:04:50	00:27:05	03:31:54
15	113	Ryan	Otto	Open	Male	35	01:28:09	14	01:36:17	16	03:04:26	00:28:19	03:32:44
16	96	Kate	Mapham	Open	Female	31	01:34:23	22	01:33:13	18	03:07:35	00:29:41	03:37:16
17	97	Grant	Marcus	Veteran	Male	42	01:34:18	21	01:33:37	19	03:07:55	00:29:27	03:37:21
18	124	Luke	Powers	Veteran	Male	44	01:23:50	9	01:37:05	15	03:00:55	00:37:17	03:38:12
19	2	Dunya	Ansems	Open	Female	32	01:34:12	20	01:38:19	20	03:12:31	00:29:29	03:42:00
20	175	Quentin	YVON	Open	Male	25	01:39:05	34	01:34:43	22	03:13:48	00:31:42	03:45:29
21	90	Eryk	Losik	Open	Male	39	01:36:47	26	01:39:24	23	03:16:11	00:32:30	03:48:41
22	24	Brenna	Coupland	Open	Female	27	01:37:48	29	01:39:29	24	03:17:18	00:31:36	03:48:54
23	127	Scott	Ramsay	Veteran	Male	40	01:42:21	44	01:37:08	25	03:19:28	00:32:43	03:52:11
24	33	Abrie Redmar	Delport	Open	Male	25	01:33:45	19	01:46:32	26	03:20:17	00:32:49	03:53:06
25	37	Ashley	Driver	Veteran	Male	43	01:40:21	37	01:42:07	27	03:22:28	00:33:21	03:55:49
26	184	Zaheer	Hoosain	Open	Male	31	01:44:34	47	01:40:49	31	03:25:23	00:30:33	03:55:56
27	72	Eddie	Horn	Open	Male	30	01:28:14	16	01:29:31	13	02:57:45	00:59:36	03:57:21
28	66	Fenella	Henderson-Howat	Open	Female	24	01:42:14	41	01:42:13	29	03:24:28	00:33:07	03:57:35
29	14	Nathan	Bokwe	Open	Male	29	01:42:16	42	01:42:14	30	03:24:29	00:33:09	03:57:38
30	80	Michael	Joseph	Open	Male	34	01:34:25	23	01:38:23	21	03:12:48	00:46:11	03:58:59
31	47	Filippo	Faralla	Veteran	Male	47	01:37:21	28	01:45:26	28	03:22:47	00:37:22	04:00:09
32	35	Costa	dimopoulos	Veteran	Male	49	01:45:51	51	01:44:04	37	03:29:55	00:31:31	04:01:26
33	4	Robert	Bateman	Veteran	Male	41	01:46:38	54	01:42:11	35	03:28:49	00:33:13	04:02:02
34	88	Marc Antoine	Lesven	Open	Male	27	01:42:18	43	01:47:25	36	03:29:44	00:33:31	04:03:14
35	157	Marisa	Van der Merwe	Open	Female	33	01:48:36	59	01:47:50	49	03:36:26	00:28:50	04:05:16
36	165	Riaan	Van Zyl	Veteran	Male	41	01:48:38	60	01:47:45	48	03:36:23	00:28:54	04:05:16
37	98	Jodi	Marcus	Open	Female	33	01:51:12	68	01:44:51	46	03:36:03	00:29:36	04:05:39
38	123	Melany	Porter	Veteran	Female	40	01:46:07	53	01:46:48	43	03:32:55	00:33:12	04:06:07
39	39	Nicholaas	Du Plessis	Open	Male	31	01:45:47	49	01:48:28	45	03:34:15	00:32:39	04:06:54
40	36	Scott	Drimie	Veteran	Male	44	01:37:19	27	01:48:43	32	03:26:02	00:40:58	04:07:00
41	3	Nicholas	Barenblatt	Open	Male	35	01:40:16	35	01:46:20	33	03:26:37	00:40:34	04:07:11
42	110	Thomas	Nortier	Open	Male	24	01:45:52	52	01:44:10	38	03:30:03	00:37:42	04:07:44
43	111	Grant	Oliver	Master	Male	55	01:47:29	55	01:50:45	52	03:38:14	00:30:31	04:08:45
44	60	Kevin	Harris	Open	Male	38	01:50:29	67	01:43:00	44	03:33:29	00:35:25	04:08:53
45	9	Helena	Bester	Open	Female	37	01:48:34	58	01:49:50	53	03:38:24	00:30:34	04:08:58
46	25	Alexander	Crawford	Open	Male	26	01:39:02	33	01:49:03	34	03:28:05	00:42:58	04:11:03
47	64	Nicholas	Hau	Open	Male	31	01:40:19	36	01:52:12	42	03:32:31	00:40:17	04:12:48
48	142	Wim	Smit	Master	Male	52	01:48:42	61	01:49:28	51	03:38:10	00:34:48	04:12:59
49	5	Luke	Bax	Open	Male	23	01:38:09	30	01:52:45	39	03:30:54	00:43:13	04:14:07
50	172	Rowan	Whelan	Veteran	Male	40	01:42:57	45	01:49:18	41	03:32:15	00:41:57	04:14:12
51	92	Tim	Low	Veteran	Male	46	01:43:16	46	01:53:05	47	03:36:21	00:39:10	04:15:31
52	11	Sian	Bester	Open	Female	33	01:53:15	75	01:47:42	56	03:40:57	00:36:10	04:17:07
53	57	Jeremy	Gray	Open	Male	28	01:38:23	32	01:52:51	40	03:31:14	00:46:08	04:17:22
54	74	Stuart	Hutcheson	Master	Male	51	01:51:29	69	01:43:32	61	03:35:01	00:43:07	04:18:08
55	159	Quintin	van Dyk	Open	Male	32	01:41:54	40	01:58:34	55	03:40:28	00:39:00	04:19:29
56	162	Joe	Van Rooyen	Veteran	Male	49	01:55:20	78	01:50:38	60	03:45:58	00:35:11	04:21:09
57	118	George	patterson	Open	Male	32	02:04:57	108	01:45:43	63	03:50:40	00:31:12	04:21:51

58	150	Johan	Theron	Veteran	Male	44	01:53:44	77	01:52:09	58	03:45:53	00:36:40	04:22:33
59	41	Jana	du Toit	Open	Female	23	01:53:10	73	01:52:43	59	03:45:53	00:38:58	04:24:51
60	32	Simon	de Waal	Open	Male	24	01:53:12	74	01:52:29	57	03:45:41	00:39:10	04:24:51
61	62	Michael	Hartnady	Open	Male	24	01:38:12	31	02:02:02	54	03:40:14	00:46:05	04:26:19
62	105	Diaan	Mynhardt	Open	Male	36	01:45:44	48	02:01:02	62	03:46:46	00:39:55	04:26:41
63	99	Nicholas	Marshall	Open	Male	32	01:50:26	66	02:02:19	64	03:52:45	00:35:21	04:28:06
64	112	Brett	Olsen	Master	Male	51	01:41:51	39	01:54:49	50	03:36:40	00:52:04	04:28:44
65	121	Nikki-leigh	Piper	Open	Female	30	01:51:59	70	02:01:52	65	03:53:51	00:35:33	04:29:23
66	7	Andrew	Berki	Veteran	Male	44	02:02:08	92	01:53:58	66	03:56:06	00:35:16	04:31:22
67	114	Justin	Parker	Open	Male	28	01:59:53	88	01:56:31	67	03:56:23	00:36:47	04:33:10
68	8	Gustav	Bessinger	Open	Male	32	01:41:23	38	02:05:00	61	03:46:22	00:47:19	04:33:42
69	61	Nell	Harris	Open	Female	39	01:59:31	86	01:57:34	69	03:57:05	00:37:11	04:34:15
70	129	Heidi	Rohr	Open	Female	34	01:55:59	79	02:01:33	71	03:57:32	00:38:03	04:35:35
71	81	Janusz	Kaminski	Open	Male	37	02:04:53	107	01:53:10	72	03:58:03	00:38:41	04:36:43
72	23	Darryl	Cooke	Veteran	Male	42	01:48:47	62	02:08:04	68	03:56:51	00:41:54	04:38:44
73	107	Eduan	Naudé	Veteran	Male	43	01:47:39	56	02:09:27	70	03:57:07	00:45:12	04:42:19
74	133	Charlotte	Saunders	Open	Female	24	01:56:38	81	02:05:50	75	04:02:29	00:40:18	04:42:46
75	167	Jacqueline	Vockins	Open	Female	36	02:04:45	103	02:02:56	86	04:07:41	00:35:33	04:43:13
76	89	Chris	Lippstreu	Open	Male	32	02:05:50	111	01:59:55	81	04:05:45	00:37:54	04:43:39
77	141	Kirsty	Smit	Open	Female	32	02:05:52	112	01:59:50	80	04:05:42	00:38:01	04:43:43
78	75	Nezaam	Isaacs	Veteran	Male	45	01:49:13	65	02:09:40	73	03:58:52	00:45:00	04:43:52
79	161	TAMSYN	VAN RENSBURG	Open	Female	28	02:06:00	115	02:02:35	88	04:08:35	00:36:20	04:44:55
80	101	Eduard	Mostert	Veteran	Male	42	01:52:52	71	02:10:05	76	04:02:57	00:42:50	04:45:47
81	86	Marietjie	Kohn	Open	Female	34	01:56:08	80	02:09:26	79	04:05:34	00:40:16	04:45:50
82	173	Paul	Whitmill	Veteran	Male	47	02:03:37	100	02:03:34	85	04:07:11	00:39:14	04:46:25
83	120	Tim	Pienaar	Master	Male	63	02:02:12	93	02:07:43	93	04:09:55	00:37:59	04:47:54
84	50	Andrew	Glendinning	Veteran	Male	44	02:02:24	96	02:06:21	89	04:08:45	00:39:31	04:48:16
85	168	Stefan	von Arx	Veteran	Male	44	02:02:19	94	02:06:29	90	04:08:48	00:39:31	04:48:19
86	44	William	Duk	Veteran	Male	42	02:01:59	90	02:03:07	78	04:05:07	00:43:54	04:49:01
87	43	Briggie	Duk	Veteran	Female	41	02:03:11	98	02:01:54	77	04:05:05	00:43:58	04:49:03
88	22	Barbara	Cole	Veteran	Female	42	01:53:32	102	02:15:43	92	04:09:15	00:39:51	04:49:06
89	91	Marcy	Loubser	Veteran	Female	46	02:07:41	123	02:08:58	101	04:16:39	00:34:24	04:51:04
90	160	Johan	van Heerden	Veteran	Male	44	02:05:55	114	02:06:12	96	04:12:07	00:39:15	04:51:22
91	178	noleen	Read	Open	Female	39	02:02:05	91	02:04:29	83	04:06:34	00:44:57	04:51:32
92	95	Ashraf	Majjet	Open	Male	33	01:49:08	64	02:21:53	95	04:11:01	00:41:17	04:52:18
93	77	Jenny	Janisch	Open	Female	39	02:06:12	120	02:07:11	97	04:13:23	00:38:59	04:52:22
94	87	Duayne	Le Roux	Open	Male	22	01:45:50	50	02:21:03	84	04:06:53	00:45:32	04:52:25
95	169	Christiaan	Vorster	Open	Male	37	02:04:51	106	02:08:46	99	04:13:37	00:38:51	04:52:28
96	49	Quinton	Frieslich	Open	Male	39	01:58:22	84	02:10:44	91	04:09:06	00:44:38	04:53:44
97	125	Matt	Prinsloo	Open	Male	31	01:49:03	63	02:19:00	87	04:08:03	00:47:27	04:55:30
98	108	Elmari	Neethling	Open	Female	32	02:04:47	104	02:11:08	100	04:15:55	00:39:37	04:55:33
99	78	Philippa	Jephson	Open	Female	36	02:04:49	105	02:13:17	102	04:18:06	00:37:30	04:55:36
100	143	Hayden	Smith	Open	Male	33	01:53:40	76	02:12:25	82	04:06:05	00:50:14	04:56:18
101	135	Daniel	Schonlau	Open	Male	34	01:57:17	83	02:21:09	103	04:18:26	00:38:42	04:57:09
102	52	Richard	Good	Open	Male	32	01:59:42	87	02:10:22	94	04:10:05	00:48:01	04:58:06
103	183	Janita	Du Plessis	Vetern	female	43	02:11:54	130	02:09:18	110	04:21:11	00:38:17	04:59:28

104	144	Shaun	Starck	Open	Male	29	02:10:03	128	02:14:22	120	04:24:25	00:35:13	04:59:38
105	139	Tammy	Simon	Open	Female	31	02:10:02	127	02:14:28	121	04:24:29	00:35:18	04:59:47
106	102	Sabine	Muller	Master	Female	50	02:14:14	133	02:06:42	109	04:20:56	00:39:40	05:00:36
107	126	Etienne	Ralphs	Veteran	Male	46	02:03:56	101	02:17:52	114	04:21:48	00:39:29	05:01:17
108	136	Anthony	Shaw	Veteran	Male	46	02:06:05	118	02:15:28	112	04:21:33	00:40:01	05:01:35
109	137	Tracy	shaw	Veteran	Female	42	02:06:04	117	02:15:40	113	04:21:44	00:39:52	05:01:37
110	28	Douglas	Davey	Master	Male	55	02:06:54	122	02:14:26	111	04:21:20	00:41:04	05:02:24
111	29	Jessie	Davey	Master	Female	51	02:06:07	119	02:16:17	116	04:22:24	00:40:01	05:02:26
112	68	John	Hill	Master	Male	56	02:02:22	95	02:17:51	108	04:20:13	00:43:51	05:04:03
113	171	Morne	Weyers	Veteran	Male	40	02:05:53	113	02:13:40	104	04:19:34	00:44:39	05:04:12
114	15	Heinrich	Boock	Open	Male	27	01:56:42	82	02:16:45	98	04:13:28	00:50:47	05:04:15
115	109	Brenda-Lynn	Nell-Joubert	Veteran	Female	40	02:03:16	99	02:16:32	106	04:19:48	00:44:33	05:04:21
116	69	Jens	Hitzeroth	Open	Male	38	02:06:20	121	02:13:21	105	04:19:41	00:44:43	05:04:24
117	182	Monwa	Xala	Open	Male	36	02:00:23	89	02:22:28	119	04:22:51	00:41:37	05:04:28
118	116	Teresa	Passchier	Open	Female	31	02:07:57	125	02:14:01	115	04:21:57	00:46:01	05:07:59
119	45	Helen	Erasmus	Master	Female	52	02:15:30	138	02:13:02	122	04:28:33	00:40:28	05:09:01
120	73	Philippa	Humphreys	Veteran	Female	45	02:11:03	129	02:20:15	126	04:31:18	00:39:15	05:10:32
121	13	Sonja	Bland	Veteran	Female	49	02:14:36	135	02:14:54	123	04:29:30	00:42:01	05:11:31
122	21	Nick	Chadwick	Veteran	Male	43	02:07:52	124	02:14:47	117	04:22:39	00:49:00	05:11:38
123	12	Martin	Bey	Veteran	Male	43	01:52:53	72	02:29:53	118	04:22:46	00:49:26	05:12:11
124	40	Albe	du Toit	Open	Male	30	02:04:50	128	02:29:15	129	04:34:05	00:43:39	05:17:44
125	17	Pieter	Botha	Open	Male	26	02:16:07	139	02:14:32	124	04:30:39	00:47:11	05:17:50
126	26	Elena	Cremasco	Open	Female	31	02:09:06	126	02:25:29	130	04:34:35	00:44:07	05:18:43
127	83	Mohamed	Khalpe	Open	Male	30	02:18:21	142	02:19:30	132	04:37:51	00:41:06	05:18:57
128	63	Christina	Hartner	Open	Female	35	02:13:30	132	02:24:17	131	04:37:47	00:43:53	05:21:41
129	70	Justin	Hollis	Open	Male	35	02:05:47	110	02:27:45	127	04:33:32	00:48:16	05:21:49
130	103	Stuart	Murless	Open	Male	31	02:05:46	109	02:27:48	128	04:33:34	00:48:19	05:21:53
131	119	Gary	Phipson	Veteran	Male	49	02:18:47	143	02:23:11	134	04:41:58	00:41:48	05:23:46
132	71	Lauren	Honeyman	Veteran	Female	45	02:18:52	144	02:23:17	135	04:42:09	00:41:40	05:23:49
133	1	Muhammad	Abduroaf	Open	Male	36	02:06:02	116	02:24:44	125	04:30:47	00:54:25	05:25:11
134	10	Nerina	Bester	Open	Female	36	02:18:05	141	02:26:52	139	04:44:57	00:44:51	05:29:48
135	27	Monique	Cupido	Open	Female	38	02:22:33	147	02:24:18	140	04:46:51	00:44:00	05:30:52
136	147	Jason	Swartz	Open	Male	37	02:22:36	148	02:24:18	141	04:46:54	00:44:04	05:30:59
137	59	Peter	Griffiths	Open	Male	37	02:14:40	136	02:29:28	138	04:44:07	00:48:27	05:32:35
138	65	Blyda	Hefer	Open	Female	39	02:21:47	146	02:26:29	142	04:48:16	00:49:03	05:37:19
139	163	Jan Adriaan	van Wyk	Open	Male	37	02:14:15	134	02:28:58	136	04:43:14	00:54:50	05:38:04
140	151	Lesley	Titmuss	Open	Female	25	02:14:44	137	02:28:37	137	04:43:21	00:54:44	05:38:05
141	155	Chris	Underwood	Open	Male	24	02:17:50	140	02:34:15	144	04:52:05	00:46:13	05:38:17
142	67	Shaheem	Hendricks	Veteran	Male	40	02:24:38	149	02:29:25	145	04:54:03	00:44:19	05:38:22
143	82	Nadia	Kariel	Open	Female	37	02:24:44	150	02:30:43	146	04:55:27	00:43:01	05:38:28
144	38	Izak	Du Plessis	Open	Male	39	01:47:56	57	02:31:54	107	04:19:50	01:18:53	05:38:43
145	140	Angelique	Smit	Open	Female	37	02:25:53	152	02:29:47	147	04:55:40	00:48:13	05:43:53
146	170	Jayson	Welthagen	Veteran	Male	40	02:11:55	131	02:36:37	143	04:48:33	00:56:39	05:45:12
147	55	Mark	Goosen	Open	Male	34	02:03:07	97	02:37:53	133	04:41:00	01:08:59	05:49:59
148	76	Peter	Jacobs	Veteran	Male	41	02:25:00	151	02:38:18	148	05:03:18	00:47:38	05:50:55
149	56	Natalie	Graham	Open	Female	35	02:29:21	154	02:41:19	149	05:10:40	00:40:40	05:51:20
150	146	Natalie	Swart	Open	Female	33	02:29:17	153	02:41:26	150	05:10:43	00:40:40	05:51:23
151	106	Vera	Nagtegaal	Open	Female	37	02:40:54	156	02:30:43	151	05:11:37	00:45:53	05:57:30
152	164	Amor	van Zyl	Master	Female	59	02:40:57	157	02:44:48	153	05:25:45	00:46:14	06:12:00
153	100	Dr	May	Master	Female	55	02:29:55	155	02:53:45	152	05:23:40	00:51:01	06:14:41
154	149	Johanna	Taylor	Master	Female	52	02:44:39	158	02:46:52	155	05:31:31	00:47:50	06:19:21
155	115	Susan	Parker-Smith	Master	Female	51	02:44:43	159	02:46:46	154	05:31:29	00:47:55	06:19:24

Senior Male

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	181	Raydon	Balle	Open	Male	21	01:15:11	1	01:11:11	2	02:26:22	00:23:09	02:49:31
2	19	Ben	Brimble	Open	Male	30	01:15:31	3	01:12:58	3	02:28:28	00:24:07	02:52:35
3	134	Rory	Scheffer	Open	Male	24	01:15:38	5	01:13:49	4	02:29:27	00:27:26	02:56:53
4	174	Dom	Wills	Open	Male	34	01:22:20	7	01:24:06	7	02:46:26	00:31:19	03:17:44
5	20	Ijuan	carstens	Open	Male	30	01:29:36	17	01:24:26	11	02:54:02	00:25:43	03:19:45
6	16	Louis Jacobus	Botha	Open	Male	23	01:28:12	15	01:29:32	12	02:57:43	00:27:34	03:25:17
7	117	Darryn	Patterson	Open	Male	30	01:30:48	18	01:34:01	17	03:04:50	00:27:05	03:31:54
8	113	Ryan	Otto	Open	Male	35	01:28:09	14	01:36:17	16	03:04:26	00:28:19	03:32:44
9	175	Quentin	YVON	Open	Male	25	01:39:05	34	01:34:43	22	03:13:48	00:31:42	03:45:29
10	90	Eryk	Losik	Open	Male	39	01:36:47	26	01:39:24	23	03:16:11	00:32:30	03:48:41
11	33	Abrie Redmar	Delport	Open	Male	25	01:33:45	19	01:46:32	26	03:20:17	00:32:49	03:53:06
12	184	Zaheer	Hoosain	Open	Male	31	01:44:34	47	01:40:49	31	03:25:23	00:30:33	03:55:56
13	72	Eddie	Horn	Open	Male	30	01:28:14	16	01:29:31	13	02:57:45	00:59:36	03:57:21
14	14	Nathan	Bokwe	Open	Male	29	01:42:16	42	01:42:14	30	03:24:29	00:33:09	03:57:38
15	80	Michael	Joseph	Open	Male	34	01:34:25	23	01:38:23	21	03:12:48	00:46:11	03:58:59
16	88	Marc Antoine	Lesven	Open	Male	27	01:42:18	43	01:47:25	36	03:29:44	00:33:31	04:03:14
17	39	Nicholaas	Du Plessis	Open	Male	31	01:45:47	49	01:48:28	45	03:34:15	00:32:39	04:06:54
18	3	Nicholas	Barenblatt	Open	Male	35	01:40:16	35	01:46:20	33	03:26:37	00:40:34	04:07:11
19	110	Thomas	Nortier	Open	Male	24	01:45:52	52	01:44:10	38	03:30:03	00:37:42	04:07:44
20	60	Kevin	Harris	Open	Male	38	01:50:29	67	01:43:00	44	03:33:29	00:35:25	04:08:53
21	25	Alexander	Crawford	Open	Male	26	01:39:02	33	01:49:03	34	03:28:05	00:42:58	04:11:03
22	64	Nicholas	Hau	Open	Male	31	01:40:19	36	01:52:12	42	03:32:31	00:40:17	04:12:48
23	5	Luke	Bax	Open	Male	23	01:38:09	30	01:52:45	39	03:30:54	00:43:13	04:14:07
24	57	Jeremy	Gray	Open	Male	28	01:38:23	32	01:52:51	40	03:31:14	00:46:08	04:17:22
25	159	Quintin	van Dyk	Open	Male	32	01:41:54	40	01:58:34	55	03:40:28	00:39:00	04:19:29
26	118	george	patterson	Open	Male	32	02:04:57	108	01:45:43	63	03:50:40	00:31:12	04:21:51
27	32	Simon	de Waal	Open	Male	24	01:53:12	74	01:52:29	57	03:45:41	00:39:10	04:24:51
28	62	Michael	Hartnady	Open	Male	24	01:38:12	31	02:02:02	54	03:40:14	00:46:05	04:26:19
29	105	Diaan	Mynhardt	Open	Male	36	01:45:44	48	02:01:02	62	03:46:46	00:39:55	04:26:41
30	99	Nicholas	Marshall	Open	Male	32	01:50:26	66	02:02:19	64	03:52:45	00:35:21	04:28:06
31	114	Justin	Parker	Open	Male	28	01:59:53	88	01:56:31	67	03:56:23	00:36:47	04:33:10
32	8	Gustav	Bessinger	Open	Male	32	01:41:23	38	02:05:00	61	03:46:22	00:47:19	04:33:42
33	81	Janusz	Kaminski	Open	Male	37	02:04:53	107	01:53:10	72	03:58:03	00:38:41	04:36:43
34	89	Chris	Lippstreu	Open	Male	32	02:05:50	111	01:59:55	81	04:05:45	00:37:54	04:43:39
35	95	Ashraf	Majjet	Open	Male	33	01:49:08	64	02:21:53	95	04:11:01	00:41:17	04:52:18
36	87	Duayne	Le Roux	Open	Male	22	01:45:50	50	02:21:03	84	04:06:53	00:45:32	04:52:25
37	169	Christiaan	Vorster	Open	Male	37	02:04:51	106	02:08:46	99	04:13:37	00:38:51	04:52:28
38	49	Quinton	Frieslich	Open	Male	39	01:58:22	84	02:10:44	91	04:09:06	00:44:38	04:53:44
39	125	Matt	Prinsloo	Open	Male	31	01:49:03	63	02:19:00	87	04:08:03	00:47:27	04:55:30
40	143	Hayden	Smith	Open	Male	33	01:53:40	76	02:12:25	82	04:06:05	00:50:14	04:56:18
41	135	Daniel	Schonlau	Open	Male	34	01:57:17	83	02:21:09	103	04:18:26	00:38:42	04:57:09
42	52	Richard	Good	Open	Male	32	01:59:42	87	02:10:22	94	04:10:05	00:48:01	04:58:06
43	144	Shaun	Starck	Open	Male	29	02:10:03	128	02:14:22	120	04:24:25	00:35:13	04:59:38
44	15	Heinrich	Boock	Open	Male	27	01:56:42	82	02:16:45	98	04:13:28	00:50:47	05:04:15
45	69	Jens	Hitzeroth	Open	Male	38	02:06:20	121	02:13:21	105	04:19:41	00:44:43	05:04:24
46	182	Monwa	Xala	Open	Male	36	02:00:23	89	02:22:28	119	04:22:51	00:41:37	05:04:28
47	40	Albe	du Toit	Open	Male	30	02:04:50	128	02:29:15	129	04:34:05	00:43:39	05:17:44
48	17	Pieter	Botha	Open	Male	26	02:16:07	139	02:14:32	124	04:30:39	00:47:11	05:17:50
49	83	Mohamed	Khalpe	Open	Male	30	02:18:21	142	02:19:30	132	04:37:51	00:41:06	05:18:57
50	70	Justin	Hollis	Open	Male	35	02:05:47	110	02:27:45	127	04:33:32	00:48:16	05:21:49
51	103	Stuart	Murless	Open	Male	31	02:05:46	109	02:27:48	128	04:33:34	00:48:19	05:21:53
52	1	Muhammad	Abduraof	Open	Male	36	02:06:02	116	02:24:44	125	04:30:47	00:54:25	05:25:11
53	147	Jason	Swartz	Open	Male	37	02:22:36	148	02:24:18	141	04:46:54	00:44:04	05:30:59
54	59	Peter	Griffiths	Open	Male	37	02:14:40	136	02:29:28	138	04:44:07	00:48:27	05:32:35
55	163	Jan Adriaan	van Wyk	Open	Male	37	02:14:15	134	02:28:58	136	04:43:14	00:54:50	05:38:04
56	155	Chris	Underwood	Open	Male	24	02:17:50	140	02:34:15	144	04:52:05	00:46:13	05:38:17
57	38	Izak	Du Plessis	Open	Male	39	01:47:56	57	02:31:54	107	04:19:50	01:18:53	05:38:43
58	55	Mark	Goosen	Open	Male	34	02:03:07	97	02:37:53	133	04:41:00	01:08:59	05:49:59

Senior Female

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	85	Sandra	Kobl Müller	Open	Female	25	01:25:18	12	01:18:47	6	02:44:05	00:23:43	03:07:49
2	93	Meg	Mackenzie	Open	Female	29	01:26:21	13	01:22:13	9	02:48:34	00:25:50	03:14:24
3	96	Kate	Mapham	Open	Female	31	01:34:23	22	01:33:13	18	03:07:35	00:29:41	03:37:16
4	2	Dunya	Ansemis	Open	Female	32	01:34:12	20	01:38:19	20	03:12:31	00:29:29	03:42:00
5	24	Brenna	Coupland	Open	Female	27	01:37:48	29	01:39:29	24	03:17:18	00:31:36	03:48:54
6	66	Fenella	Henderson-Howat	Open	Female	24	01:42:14	41	01:42:13	29	03:24:28	00:33:07	03:57:35
7	157	Marisa	Van der Merwe	Open	Female	33	01:48:36	59	01:47:50	49	03:36:26	00:28:50	04:05:16
8	98	Jodi	Marcus	Open	Female	33	01:51:12	68	01:44:51	46	03:36:03	00:29:36	04:05:39
9	9	Helena	Bester	Open	Female	37	01:48:34	58	01:49:50	53	03:38:24	00:30:34	04:08:58
10	11	Sian	Bester	Open	Female	33	01:53:15	75	01:47:42	56	03:40:57	00:36:10	04:17:07
11	41	Jana	du Toit	Open	Female	23	01:53:10	73	01:52:43	59	03:45:53	00:38:58	04:24:51
12	121	Nikki-leigh	Piper	Open	Female	30	01:51:59	70	02:01:52	65	03:53:51	00:35:33	04:29:23
13	61	Nell	Harris	Open	Female	39	01:59:31	86	01:57:34	69	03:57:05	00:37:11	04:34:15
14	129	Heidi	Rohr	Open	Female	34	01:55:59	79	02:01:33	71	03:57:32	00:38:03	04:35:35
15	133	Charlotte	Saunders	Open	Female	24	01:56:38	81	02:05:50	75	04:02:29	00:40:18	04:42:46
16	167	Jacqueline	Vockins	Open	Female	36	02:04:45	103	02:02:56	86	04:07:41	00:35:33	04:43:13
17	141	Kirsty	Smit	Open	Female	32	02:05:52	112	01:59:50	80	04:05:42	00:38:01	04:43:43
18	161	TAMSYN	VAN RENSBURG	Open	Female	28	02:06:00	115	02:02:35	88	04:08:35	00:36:20	04:44:55
19	86	Marietjie	Kohn	Open	Female	34	01:56:08	80	02:09:26	79	04:05:34	00:40:16	04:45:50
20	178	noleen	Read	Open	Female	39	02:02:05	91	02:04:29	83	04:06:34	00:44:57	04:51:32
21	77	Jenny	Janisch	Open	Female	39	02:06:12	120	02:07:11	97	04:13:23	00:38:59	04:52:22
22	108	Elmari	Neethling	Open	Female	32	02:04:47	104	02:11:08	100	04:15:55	00:39:37	04:55:33
23	78	Philippa	Jephson	Open	Female	36	02:04:49	105	02:13:17	102	04:18:06	00:37:30	04:55:36
24	139	Tammy	Simon	Open	Female	31	02:10:02	127	02:14:28	121	04:24:29	00:35:18	04:59:47
25	116	Teresa	Passchier	Open	Female	31	02:07:57	125	02:14:01	115	04:21:57	00:46:01	05:07:59
26	26	Elena	Cremsasco	Open	Female	31	02:09:06	126	02:25:29	130	04:34:35	00:44:07	05:18:43
27	63	Christina	Hartner	Open	Female	35	02:13:30	132	02:24:17	131	04:37:47	00:43:53	05:21:41
28	10	Nerina	Bester	Open	Female	36	02:18:05	141	02:26:52	139	04:44:57	00:44:51	05:29:48
29	27	Monique	Cupido	Open	Female	38	02:22:33	147	02:24:18	140	04:46:51	00:44:00	05:30:52
30	65	Blyda	Hefer	Open	Female	39	02:21:47	146	02:26:29	142	04:48:16	00:49:03	05:37:19
31	151	Lesley	Titmuss	Open	Female	25	02:14:44	137	02:28:37	137	04:43:21	00:54:44	05:38:05
32	82	Nadia	Kariel	Open	Female	37	02:24:44	150	02:30:43	146	04:55:27	00:43:01	05:38:28
33	140	Angelique	Smit	Open	Female	37	02:25:53	152	02:29:47	147	04:55:40	00:48:13	05:43:53
34	56	Natalie	Graham	Open	Female	35	02:29:21	154	02:41:19	149	05:10:40	00:40:40	05:51:20
35	146	Natalie	Swart	Open	Female	33	02:29:17	153	02:41:26	150	05:10:43	00:40:40	05:51:23
36	106	Vera	Nagtegaal	Open	Female	37	02:40:54	156	02:30:43	151	05:11:37	00:45:53	05:57:30

Veteran Male

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	180	Nicholas	Rupanga	Veteran	Male	42	01:15:20	2	01:11:01	1	02:26:21	00:21:27	02:47:48
2	176	Chad	Gordon	Veteran	Male	45	01:15:33	4	01:19:48	5	02:35:21	00:25:13	03:00:34
3	30	Stephen	Davis	Veteran	Male	40	01:25:10	11	01:22:43	8	02:47:53	00:26:07	03:14:00
4	58	SHAUN	GREGORY	Veteran	Male	45	01:23:51	10	01:26:27	10	02:50:18	00:29:00	03:19:18
5	177	Derek	Baard	Veteran	Male	45	01:23:47	8	01:34:00	14	02:57:48	00:29:38	03:27:26
6	97	Grant	Marcus	Veteran	Male	42	01:34:18	21	01:33:37	19	03:07:55	00:29:27	03:37:21
7	124	Luke	Powers	Veteran	Male	44	01:23:50	9	01:37:05	15	03:00:55	00:37:17	03:38:12
8	127	Scott	Ramsay	Veteran	Male	40	01:42:21	44	01:37:08	25	03:19:28	00:32:43	03:52:11
9	37	Ashley	Driver	Veteran	Male	43	01:40:21	37	01:42:07	27	03:22:28	00:33:21	03:55:49
10	47	Filippo	Faralla	Veteran	Male	47	01:37:21	28	01:45:26	28	03:22:47	00:37:22	04:00:09
11	35	Costa	dimopoulos	Veteran	Male	49	01:45:51	51	01:44:04	37	03:29:55	00:31:31	04:01:26
12	4	Robert	Bateman	Veteran	Male	41	01:46:38	54	01:42:11	35	03:28:49	00:33:13	04:02:02
13	165	Riaan	Van Zyl	Veteran	Male	41	01:48:38	60	01:47:45	48	03:36:23	00:28:54	04:05:16
14	36	Scott	Drimie	Veteran	Male	44	01:37:19	27	01:48:43	32	03:26:02	00:40:58	04:07:00
15	172	Rowan	Whelan	Veteran	Male	40	01:42:57	45	01:49:18	41	03:32:15	00:41:57	04:14:12
16	92	Tim	Low	Veteran	Male	46	01:43:16	46	01:53:05	47	03:36:21	00:39:10	04:15:31
17	162	Joe	Van Rooyen	Veteran	Male	49	01:55:20	78	01:50:38	60	03:45:58	00:35:11	04:21:09
18	150	Johan	Theron	Veteran	Male	44	01:53:44	77	01:52:09	58	03:45:53	00:36:40	04:22:33
19	7	Andrew	Berki	Veteran	Male	44	02:02:08	92	01:53:58	66	03:56:06	00:35:16	04:31:22
20	23	Darryl	Cooke	Veteran	Male	42	01:48:47	62	02:08:04	68	03:56:51	00:41:54	04:38:44
21	107	Eduan	Naudé	Veteran	Male	43	01:47:39	56	02:09:27	70	03:57:07	00:45:12	04:42:19
22	75	Nezaam	Isaacs	Veteran	Male	45	01:49:13	65	02:09:40	73	03:58:52	00:45:00	04:43:52
23	101	Eduard	Mostert	Veteran	Male	42	01:52:52	71	02:10:05	76	04:02:57	00:42:50	04:45:47
24	173	Paul	Whitmill	Veteran	Male	47	02:03:37	100	02:03:34	85	04:07:11	00:39:14	04:46:25
25	50	Andrew	Glendinning	Veteran	Male	44	02:02:24	96	02:06:21	89	04:08:45	00:39:31	04:48:16
26	168	Stefan	von Arx	Veteran	Male	44	02:02:19	94	02:06:29	90	04:08:48	00:39:31	04:48:19
27	44	William	Duk	Veteran	Male	42	02:01:59	90	02:03:07	78	04:05:07	00:43:54	04:49:01
28	160	Johan	van Heerden	Veteran	Male	44	02:05:55	114	02:06:12	96	04:12:07	00:39:15	04:51:22
29	126	Etienne	Ralphs	Veteran	Male	46	02:03:56	101	02:17:52	114	04:21:48	00:39:29	05:01:17
30	136	Anthony	Shaw	Veteran	Male	46	02:06:05	118	02:15:28	112	04:21:33	00:40:01	05:01:35

31	171	Morne	Weyers	Veteran	Male	40	02:05:53	113	02:13:40	104	04:19:34	00:44:39	05:04:12
32	21	Nick	Chadwick	Veteran	Male	43	02:07:52	124	02:14:47	117	04:22:39	00:49:00	05:11:38
33	12	Martin	Bey	Veteran	Male	43	01:52:53	72	02:29:53	118	04:22:46	00:49:26	05:12:11
34	119	Gary	Phipson	Veteran	Male	49	02:18:47	143	02:23:11	134	04:41:58	00:41:48	05:23:46
35	67	Shaheem	Hendricks	Veteran	Male	40	02:24:38	149	02:29:25	145	04:54:03	00:44:19	05:38:22
36	170	Jayson	Welthagen	Veteran	Male	40	02:11:55	131	02:36:37	143	04:48:33	00:56:39	05:45:12
37	76	Peter	Jacobs	Veteran	Male	41	02:25:00	151	02:38:18	148	05:03:18	00:47:38	05:50:55

Veteran Female

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	123	Melany	Porter	Veteran	Female	40	01:46:07	53	01:46:48	43	03:32:55	00:33:12	04:06:07
2	43	Briggie	Duk	Veteran	Female	41	02:03:11	98	02:01:54	77	04:05:05	00:43:58	04:49:03
3	22	Barbara	Cole	Veteran	Female	42	01:53:32	118	02:15:43	92	04:09:15	00:39:51	04:49:06
4	91	Marcy	Loubser	Veteran	Female	46	02:07:41	123	02:08:58	101	04:16:39	00:34:24	04:51:04
5	183	Janita	Du Plessis	Veteran	Female	43	02:11:54	130	02:09:18	110	04:21:11	00:38:17	04:59:28
6	137	Tracy	shaw	Veteran	Female	42	02:06:04	117	02:15:40	113	04:21:44	00:39:52	05:01:37
7	109	Brenda-Lynn	Nell-Joubert	Veteran	Female	40	02:03:16	99	02:16:32	106	04:19:48	00:44:33	05:04:21
8	73	Philippa	Humphreys	Veteran	Female	45	02:11:03	129	02:20:15	126	04:31:18	00:39:15	05:10:32
9	13	Sonja	Bland	Veteran	Female	49	02:14:36	135	02:14:54	123	04:29:30	00:42:01	05:11:31
10	71	Lauren	Honeyman	Veteran	Female	45	02:18:52	144	02:23:17	135	04:42:09	00:41:40	05:23:49

Master Male

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	111	Grant	Oliver	Master	Male	55	01:47:29	55	01:50:45	52	03:38:14	00:30:31	04:08:45
2	142	Wim	Smit	Master	Male	52	01:48:42	61	01:49:28	51	03:38:10	00:34:48	04:12:59
3	74	Stuart	Hutcheson	Master	Male	51	01:51:29	69	01:43:32	61	03:35:01	00:43:07	04:18:08
4	112	Brett	Olsen	Master	Male	51	01:41:51	39	01:54:49	50	03:36:40	00:52:04	04:28:44
5	120	Tim	Pienaar	Master	Male	63	02:02:12	93	02:07:43	93	04:09:55	00:37:59	04:47:54
6	28	Douglas	Davey	Master	Male	55	02:06:54	122	02:14:26	111	04:21:20	00:41:04	05:02:24
7	68	John	Hill	Master	Male	56	02:02:22	95	02:17:51	108	04:20:13	00:43:51	05:04:03

Master Female

Position	Race #	Name	Surname	Category	Sex	Age	Leg 1	Position	Leg 2	Position	Accumulative Time	Leg 3	Finish
1	102	Sabine	Muller	Master	Female	50	02:14:14	133	02:06:42	109	04:20:56	00:39:40	05:00:36
2	29	Jessie	Davey	Master	Female	51	02:06:07	119	02:16:17	116	04:22:24	00:40:01	05:02:26
3	45	Helen	Erasmus	Master	Female	52	02:15:30	138	02:13:02	122	04:28:33	00:40:28	05:09:01
4	164	Amor	van Zyl	Master	Female	59	02:40:57	157	02:44:48	153	05:25:45	00:46:14	06:12:00
5	100	Dr	May	Master	Female	55	02:29:55	155	02:53:45	152	05:23:40	00:51:01	06:14:41
6	149	Johanna	Taylor	Master	Female	52	02:44:39	158	02:46:52	155	05:31:31	00:47:50	06:19:21
7	115	Susan	Parker-Smith	Master	Female	51	02:44:43	159	02:46:46	154	05:31:29	00:47:55	06:19:24