



**Spur Cape Summer Trail Series® 2016**  
**Race 1 SHORT COURSE Challenge (8km)**  
**Tygerberg Nature Reserve**

**Overall**

| Position | Time     | Race # | Batch | Name      | Surname         | Category | Sex    | Age |
|----------|----------|--------|-------|-----------|-----------------|----------|--------|-----|
| 1        | 00:35:42 | 36     | E     | Andre     | Afrika          | Open     | Male   | 21  |
| 2        | 00:37:14 | 24     | E     | Stefan    | Oosthuizen      | Junior   | Male   | 17  |
| 3        | 00:39:23 | 746    | G     | Juan      | Carstens        | Open     | Male   | 21  |
| 4        | 00:40:00 | 14     | E     | Dawood    | Goeiman         | Open     | Male   | 18  |
| 5        | 00:40:01 | 1      | E     | daniel    | arendse         | Junior   | Male   | 15  |
| 6        | 00:40:11 | 32     | E     | Robert    | Shaff           | Open     | Male   | 25  |
| 7        | 00:41:51 | 903    | G     | Michael   | De Kwaadsteniet | Open     | Male   | 24  |
| 8        | 00:42:19 | 7      | E     | bruzano   | britz           | Junior   | Male   | 15  |
| 9        | 00:42:45 | 18     | E     | Henry     | le Roux         | Junior   | Male   | 16  |
| 10       | 00:43:16 | 52     | E     | Lunga     | Nolakana        | Open     | Male   | 28  |
| 11       | 00:43:26 | 16     | E     | Sylvano   | Hindley         | Open     | Male   | 27  |
| 12       | 00:44:26 | 31     | E     | Peter     | Shackleton      | Veteran  | Male   | 40  |
| 13       | 00:45:09 | 19     | E     | Megan     | Leslie          | Junior   | Female | 17  |
| 14       | 00:45:23 | 304    | F     | Ernest    | Scholtz         | Junior   | Male   | 17  |
| 15       | 00:46:46 | 8      | E     | Alewyn    | Burger          | Open     | Male   | 31  |
| 16       | 00:46:53 | 23     | E     | Tina-Mari | Meyer           | Open     | Female | 28  |
| 17       | 00:48:20 | 258    | F     | Linda     | Detering        | Junior   | Female | 17  |
| 18       | 00:48:28 | 305    | F     | Stephan   | Scholtz         | Junior   | Male   | 17  |
| 19       | 00:48:40 | 254    | F     | Leslie    | Chivell         | Master   | Male   | 60  |
| 20       | 00:49:22 | 294    | F     | riaz      | orrie           | Junior   | Male   | 16  |
| 21       | 00:49:27 | 877    | G     | Mauritz   | Zastron         | Open     | Male   | 24  |
| 22       | 00:49:29 | 329    | F     | Marchall  | van Niekerk     | Junior   | Male   | 17  |
| 23       | 00:49:38 | 28     | E     | Richard   | Rossiter        | Master   | Male   | 58  |
| 24       | 00:49:38 | 251    | F     | Jose      | Almeida         | Veteran  | Male   | 43  |
| 25       | 00:50:26 | 51     | E     | Liezl     | Du Plooy        | Veteran  | Female | 48  |
| 26       | 00:50:51 | 44     | E     | Husayn    | Gertse          | Open     | Male   | 28  |
| 27       | 00:51:05 | 1330   | H     | Andrew    | Hobson          | Open     | Male   | 17  |
| 28       | 00:51:07 | 1331   | H     | Roberts   | Boyes           | Open     | Male   | 17  |
| 29       | 00:51:11 | 344    | F     | Marcel    | Rathbone        | Open     | Male   | 25  |
| 30       | 00:51:38 | 757    | G     | Gavin     | Golden          | Open     | Male   | 25  |
| 31       | 00:51:42 | 841    | G     | Ivan      | Robinson        | Open     | Male   | 24  |
| 32       | 00:51:46 | 15     | E     | Barry     | Goliath         | Veteran  | Male   | 42  |
| 33       | 00:52:35 | 261    | F     | Mark      | Doyle           | Open     | Male   | 18  |
| 34       | 00:53:02 | 827    | G     | Cornè     | Oosthuizen      | Open     | Male   | 26  |
| 35       | 00:53:15 | 35     | E     | Shaundre  | Farmer          | Open     | Female | 22  |
| 36       | 00:53:17 | 42     | E     | Michael   | Obery           | Open     | Male   | 29  |
| 37       | 00:53:26 | 20     | E     | GAWIE     | MALAN           | Open     | Male   | 28  |
| 38       | 00:53:30 | 54     | E     | Linda     | Kinloch-Smith   | Open     | Female | 38  |
| 39       | 00:53:30 | 707    | G     | Nick      | Bester          | Open     | Male   | 25  |
| 40       | 00:53:38 | 5      | E     | Anneri    | Booyesen        | Open     | Female | 32  |
| 41       | 00:53:45 | 283    | F     | Nicholas  | Martin          | Open     | Male   | 21  |
| 42       | 00:54:08 | 11     | E     | Jethro    | Dunn            | Minimee  | Male   | 12  |
| 43       | 00:54:08 | 893    | G     | Patrick   | McCann          | Master   | Male   | 52  |
| 44       | 00:54:09 | 43     | E     | Stuart    | Heath           | Minimee  | Male   | 13  |
| 45       | 00:54:10 | 282    | F     | Charl     | Maritz          | Open     | Male   | 38  |
| 46       | 00:54:21 | 253    | F     | Shaun     | Cassisa         | Open     | Male   | 37  |
| 47       | 00:54:21 | 12     | E     | Karli     | Frenz           | Open     | Female | 21  |
| 48       | 00:54:28 | 326    | F     | Anwar     | Cassiem         | Veteran  | Male   | 44  |
| 49       | 00:54:39 | 343    | F     | Louis     | Muller          | Open     | Male   | 30  |
| 50       | 00:55:11 | 940    | G     | Eugene    | Prins           | Open     | Male   | 38  |
| 51       | 00:55:35 | 734    | G     | NEIL      | DENDY YOUNG     | Master   | Male   | 52  |
| 52       | 00:55:40 | 22     | E     | Eric      | McLaren         | Master   | Male   | 52  |
| 53       | 00:55:48 | 280    | F     | Carla     | Lever           | Open     | Female | 34  |
| 54       | 00:55:51 | 316    | F     | Renscha   | van Heerden     | Open     | Female | 27  |
| 55       | 00:56:11 | 826    | G     | Andre     | Oosthuizen      | Open     | Male   | 34  |
| 56       | 00:56:37 | 1304   | H     | Eugene    | Marais          | Open     | Male   | 28  |
| 57       | 00:56:43 | 6      | E     | Reynier   | Booyesen        | Open     | Male   | 37  |
| 58       | 00:56:50 | 34     | E     | carika    | van blerk       | Open     | Female | 34  |
| 59       | 00:57:04 | 882    | G     | Alex      | Warren          | Open     | Male   | 27  |
| 60       | 00:57:04 | 356    | F     | Andre     | Treurnich       | Veteran  | Male   | 48  |
| 61       | 00:57:25 | 48     | E     | Saskia    | Corbett         | Open     | Female | 25  |
| 62       | 00:57:37 | 715    | G     | Werner    | Britz           | Open     | Male   | 32  |
| 63       | 00:57:40 | 339    | F     | Nandi     | Pretorius       | Open     | Female | 24  |
| 64       | 00:57:50 | 40     | E     | Rina      | Parker          | Open     | Female | 37  |
| 65       | 00:57:53 | 41     | E     | Theo      | Kretschmer      | Veteran  | Male   | 42  |
| 66       | 00:57:54 | 1307   | H     | Lydia     | Craven          | Veteran  | Female | 42  |
| 67       | 00:58:00 | 902    | G     | Ebrahim   | Gasnola         | Open     | Male   | 37  |
| 68       | 00:58:07 | 862    | G     | melanie   | van Niekerk     | Open     | Female | 22  |
| 69       | 00:58:14 | 279    | F     | Stefan    | Letz            | Open     | Male   | 35  |
| 70       | 00:58:27 | 345    | F     | Keagan    | Schultz         | Junior   | Male   | 15  |
| 71       | 00:58:30 | 295    | F     | roldah    | orrie           | Master   | Female | 50  |
| 72       | 00:58:51 | 352    | F     | Jurie     | Schoeman        | Open     | Male   | 31  |
| 73       | 00:58:59 | 921    | G     | Nico      | Louw            | Open     | Male   | 30  |
| 74       | 00:59:00 | 349    | F     | Maritjie  | Kohn            | Open     | Female | 34  |
| 75       | 00:59:16 | 255    | F     | Pieter    | Cilliers        | Open     | Male   | 34  |
| 76       | 00:59:34 | 302    | F     | Charl     | Roos            | Open     | Male   | 33  |
| 77       | 00:59:38 | 335    | G     | Joshua    | Lazarus         | Open     | Male   | 25  |

|     |          |      |   |               |                    |         |        |    |
|-----|----------|------|---|---------------|--------------------|---------|--------|----|
| 78  | 00:59:43 | 259  | F | Wayne         | Do Rego            | Open    | Male   | 38 |
| 79  | 00:59:44 | 30   | E | Michael       | Seymour            | Open    | Male   | 23 |
| 80  | 00:59:49 | 13   | E | Frances       | Fuchs              | Veteran | Female | 41 |
| 81  | 00:59:52 | 1333 | H | Joshua        | Bransgrove         | Open    | Male   | 21 |
| 82  | 00:59:55 | 1267 | H | Morne         | Oosthuizen         | Veteran | Male   | 43 |
| 83  | 01:00:08 | 1336 | H | Brendan       | Keun               | Open    | Male   | 26 |
| 84  | 01:00:09 | 275  | F | Colleen       | Knox               | Open    | Female | 31 |
| 85  | 01:00:14 | 307  | F | Divan         | Snyman             | Open    | Male   | 29 |
| 86  | 01:00:21 | 297  | F | ted           | parzydlo           | Veteran | Male   | 45 |
| 87  | 01:00:26 | 257  | F | Clinton       | de Witt            | Open    | Male   | 32 |
| 88  | 01:00:33 | 49   | E | Gerrie        | combrink           | Veteran | Male   | 40 |
| 89  | 01:00:37 | 857  | G | Ruan          | van den Berg       | Open    | Male   | 30 |
| 90  | 01:00:43 | 763  | G | Hannah        | Harrison-Saayman   | Junior  | Female | 17 |
| 91  | 01:00:49 | 775  | G | Kyle          | Hutchinson         | Open    | Male   | 25 |
| 92  | 01:00:53 | 767  | G | Carlo         | Hill               | Open    | Male   | 27 |
| 93  | 01:01:07 | 709  | G | Lida          | Botha              | Junior  | Female | 15 |
| 94  | 01:01:08 | 303  | F | malcolm       | Royston            | Open    | Male   | 39 |
| 95  | 01:01:12 | 328  | F | Kim           | Ruckwied           | Veteran | Female | 41 |
| 96  | 01:01:31 | 357  | F | Eugene        | Visagie            | Open    | Male   | 31 |
| 97  | 01:01:59 | 876  | G | Tamsyn        | Wooll              | Open    | Female | 38 |
| 98  | 01:02:06 | 744  | G | RONEL         | FABER              | Open    | Female | 34 |
| 99  | 01:02:10 | 296  | F | Lance         | Osburn             | Open    | Male   | 35 |
| 100 | 01:02:12 | 264  | F | Theresa       | Du Toit            | Veteran | Female | 40 |
| 101 | 01:02:12 | 17   | E | Charl         | le Roux            | Master  | Male   | 50 |
| 102 | 01:02:15 | 1286 | H | Jonathan      | Van Breda          | Open    | Male   | 34 |
| 103 | 01:02:22 | 342  | F | William       | Mapham             | Open    | Male   | 39 |
| 104 | 01:02:25 | 888  | G | Arne          | Van Rensburg       | Open    | Female | 22 |
| 105 | 01:02:28 | 284  | F | Anthony       | Mc Lea             | Veteran | Male   | 40 |
| 106 | 01:02:30 | 927  | G | Ani           | Polydorou          | Veteran | Female | 36 |
| 107 | 01:02:31 | 926  | G | Justin        | Cole               | Veteran | Male   | 42 |
| 108 | 01:02:45 | 933  | G | Steven        | Torring            | Veteran | Male   | 48 |
| 109 | 01:02:45 | 341  | F | Anneke        | Von Maltitz        | Open    | Female | 39 |
| 110 | 01:02:47 | 812  | G | Che           | Milani             | Open    | Female | 28 |
| 111 | 01:02:54 | 913  | G | Sean          | Heinen             | Open    | Male   | 27 |
| 112 | 01:02:55 | 912  | G | Derek         | Goerge             | Open    | Male   | 24 |
| 113 | 01:02:58 | 801  | G | Christoff     | Lochner            | Open    | Male   | 25 |
| 114 | 01:03:00 | 838  | G | Amy           | Reid               | Open    | Female | 34 |
| 115 | 01:03:02 | 331  | F | Regardt       | Laubscher          | Open    | Male   | 31 |
| 116 | 01:03:03 | 856  | G | Altan         | Ungerer            | Open    | Male   | 38 |
| 117 | 01:03:05 | 301  | F | Peter         | Robson             | Veteran | Male   | 45 |
| 118 | 01:03:10 | 854  | G | Renzi         | Thirumalai         | Open    | Male   | 33 |
| 119 | 01:03:11 | 272  | F | Alexander     | Jensen             | Minimee | Male   | 13 |
| 120 | 01:03:17 | 293  | F | nabeelah      | orrie              | Open    | Female | 21 |
| 121 | 01:03:27 | 769  | G | caryl         | hollmann           | Open    | Female | 28 |
| 122 | 01:03:30 | 38   | E | Fabritzia     | Gosztola           | Master  | Female | 50 |
| 123 | 01:03:30 | 929  | G | Adelein       | Engelvrecht        | Open    | Female | 32 |
| 124 | 01:03:35 | 897  | G | Steven        | Maree              | Open    | Male   | 31 |
| 125 | 01:03:46 | 315  | F | Dutoit        | van den bergh      | Open    | Male   | 30 |
| 126 | 01:03:50 | 269  | F | Jaden         | Hefer              | Minimee | Male   | 11 |
| 127 | 01:03:53 | 789  | G | Conrad        | Koorts             | Open    | Male   | 33 |
| 128 | 01:03:58 | 805  | G | ELZETTE       | LOUW               | Open    | Female | 24 |
| 129 | 01:04:00 | 911  | G | Renton        | Davi               | Open    | Male   | 24 |
| 130 | 01:04:07 | 39   | E | Este          | Kretschmer         | Open    | Female | 36 |
| 131 | 01:04:08 | 725  | G | Farouk        | Davids             | Veteran | Male   | 44 |
| 132 | 01:04:10 | 863  | G | SANET         | VAN STADEN         | Open    | Female | 36 |
| 133 | 01:04:11 | 338  | F | Anika         | Viljoen            | Open    | Female | 25 |
| 134 | 01:04:12 | 705  | G | Necia         | Beckett            | Master  | Female | 56 |
| 135 | 01:04:14 | 25   | E | Petro         | Pienaar            | Veteran | Female | 44 |
| 136 | 01:04:18 | 321  | F | TARRYN        | WETTERGREEN        | Open    | Female | 32 |
| 137 | 01:04:20 | 277  | F | Hanrich       | Laubscher          | Open    | Male   | 34 |
| 138 | 01:04:23 | 928  | G | Jean henry    | Pretorius          | Open    | Male   | 24 |
| 139 | 01:04:27 | 837  | G | Stephen       | Ray                | Master  | Male   | 51 |
| 140 | 01:04:40 | 779  | G | Paul Albertus | Janse van Rensburg | Open    | Male   | 31 |
| 141 | 01:04:46 | 340  | F | Gideon        | nieuwoude          | Open    | Male   | 31 |
| 142 | 01:04:47 | 50   | E | Ruhan         | Rheeder            | Open    | Male   | 26 |
| 143 | 01:04:48 | 355  | F | Courtney      | Botha              | Open    | Female | 26 |
| 144 | 01:04:57 | 252  | F | Phillip       | Boshoff            | Veteran | Male   | 45 |
| 145 | 01:04:59 | 833  | G | Previn        | Pillay             | Open    | Male   | 26 |
| 146 | 01:05:04 | 29   | E | Tyler         | Schagen            | Peewee  | Male   | 10 |
| 147 | 01:05:04 | 353  | F | Michaella     | Melin              | Open    | Female | 22 |
| 148 | 01:05:07 | 271  | F | Francois      | Janse van Rensburg | Veteran | Male   | 41 |
| 149 | 01:05:14 | 330  | F | Delicia       | Jantjies           | Open    | Female | 25 |
| 150 | 01:05:14 | 1245 | H | Dominique     | Jousserand         | Master  | Female | 56 |
| 151 | 01:05:23 | 347  | F | Sulani        | Fourie             | Open    | Female | 26 |
| 152 | 01:05:25 | 348  | f | Nicholaus     | Van heerden        | Open    | Male   | 31 |
| 153 | 01:05:26 | 1212 | H | Lee-Michael   | Bransgrove         | Open    | Male   | 22 |
| 154 | 01:05:28 | 9    | E | Lisa          | Burger             | Open    | Female | 31 |
| 155 | 01:05:35 | 851  | G | lee           | Smith              | Open    | Female | 25 |
| 156 | 01:05:54 | 312  | F | Paul          | Truscott           | Veteran | Male   | 42 |
| 157 | 01:05:56 | 722  | G | Marlize       | Cornelissen        | Open    | Female | 29 |
| 158 | 01:05:59 | 796  | G | liza          | Laubscher          | Open    | Female | 28 |
| 159 | 01:06:03 | 286  | F | Josie         | McCann             | Open    | Female | 19 |
| 160 | 01:06:13 | 814  | G | Stephen       | Minne              | Open    | Male   | 25 |
| 161 | 01:06:17 | 354  | F | Dewald        | Basson             | Open    | Male   | 28 |
| 162 | 01:06:25 | 1320 | H | Monique       | Verheem            | Open    | Female | 28 |
| 163 | 01:06:29 | 266  | F | Christian     | Els                | Veteran | Male   | 46 |

|     |          |      |   |            |               |         |        |    |
|-----|----------|------|---|------------|---------------|---------|--------|----|
| 164 | 01:06:31 | 267  | F | Brendan    | Fitzhenry     | Master  | Male   | 51 |
| 165 | 01:06:33 | 708  | G | Frans      | Botes         | Open    | Male   | 23 |
| 166 | 01:06:43 | 260  | F | Ebrahim    | Domingo       | Veteran | Male   | 40 |
| 167 | 01:06:56 | 308  | F | Mark       | Stead         | Veteran | Male   | 47 |
| 168 | 01:07:01 | 795  | G | Elizabeth  | Laubscher     | Open    | Female | 28 |
| 169 | 01:07:18 | 324  | F | Melissa    | Zeeman        | Open    | Female | 32 |
| 170 | 01:07:19 | 1303 | H | Wanda      | Stransky      | Open    | Female | 28 |
| 171 | 01:07:22 | 292  | F | ashraf     | orrie         | Veteran | Male   | 47 |
| 172 | 01:07:30 | 1247 | H | Ashleigh   | Kohn          | Open    | Female | 30 |
| 173 | 01:07:32 | 1250 | H | Nicolas    | Larsen        | Open    | Male   | 28 |
| 174 | 01:07:32 | 298  | F | Keri       | Paschal       | Open    | Female | 32 |
| 175 | 01:07:32 | 839  | G | Sorrel     | Reid          | Open    | Female | 30 |
| 176 | 01:07:38 | 265  | F | Neil       | Ebing         | Master  | Male   | 63 |
| 177 | 01:07:49 | 336  | F | Alexandra  | Hoffman       | Junior  | Female | 16 |
| 178 | 01:07:54 | 868  | G | Dylan      | Wagner        | Open    | Male   | 32 |
| 179 | 01:08:03 | 777  | G | Fawaaz     | Jacobs        | Open    | Male   | 33 |
| 180 | 01:08:05 | 915  | G | Candice    | Mazzolini     | Open    | Female | 29 |
| 181 | 01:08:06 | 47   | E | Anthen     | Bester        | Open    | Female | 28 |
| 182 | 01:08:07 | 813  | G | Cythna     | Minnaar       | Open    | Female | 32 |
| 183 | 01:08:11 | 787  | G | Robin      | Jutzen        | Veteran | Male   | 40 |
| 184 | 01:08:13 | 934  | G | Surike     | Viviers       | Open    | Female | 25 |
| 185 | 01:08:18 | 262  | F | Louise     | Du plessis    | Open    | Female | 23 |
| 186 | 01:08:19 | 1230 | H | Kim-Lisa   | Gad           | Open    | Female | 38 |
| 187 | 01:08:28 | 881  | G | Kristin    | Westphal      | Open    | Female | 38 |
| 188 | 01:08:34 | 935  | G | Anja       | Lareman       | Open    | Female | 24 |
| 189 | 01:08:37 | 931  | G | Jamal      | Parker        | Master  | Male   | 53 |
| 190 | 01:08:41 | 1210 | H | Alnard     | Brand         | Open    | Male   | 33 |
| 191 | 01:08:46 | 797  | G | Sg         | Laubscher     | Open    | Male   | 31 |
| 192 | 01:08:49 | 714  | G | Petrusa    | Britz         | Open    | Female | 31 |
| 193 | 01:08:49 | 1229 | H | Dieter     | Fritz         | Open    | Male   | 30 |
| 194 | 01:08:59 | 1255 | H | Sean       | Marais        | Open    | Male   | 20 |
| 195 | 01:09:01 | 850  | G | Pierre     | Smit          | Open    | Male   | 34 |
| 196 | 01:09:04 | 743  | G | Carly      | Faber         | Open    | Female | 28 |
| 197 | 01:09:07 | 346  | F | Carlo      | Van Wyk       | Open    | Male   | 34 |
| 198 | 01:09:11 | 830  | G | Vincent    | Osborne       | Master  | Male   | 55 |
| 199 | 01:09:12 | 309  | F | Gerrit     | Steenkamp     | Open    | Male   | 26 |
| 200 | 01:09:16 | 322  | F | Christian  | Wiesener      | Veteran | Male   | 43 |
| 201 | 01:09:16 | 1334 | H | Tiaan      | Van Zyl       | Open    | Male   | 26 |
| 202 | 01:09:17 | 821  | G | Steve      | Murphy        | Veteran | Male   | 48 |
| 203 | 01:09:28 | 891  | G | Ashleigh   | Crosland      | Open    | Female | 25 |
| 204 | 01:09:29 | 1272 | H | Walter     | Ritson        | Open    | Male   | 28 |
| 205 | 01:09:34 | 924  | G | Johnathan  | Cox           | Open    | Male   | 24 |
| 206 | 01:09:56 | 351  | F | Marzahn    | Botha         | Open    | Female | 35 |
| 207 | 01:10:08 | 932  | G | Jeoff      | Howard        | Master  | Male   | 50 |
| 208 | 01:10:16 | 786  | G | Anzonia    | Joseph        | Veteran | Female | 45 |
| 209 | 01:10:17 | 840  | G | Sylvia     | Richards      | Open    | Female | 38 |
| 210 | 01:10:21 | 701  | G | Ivana      | Abreu         | Open    | Female | 33 |
| 211 | 01:10:23 | 909  | G | Martinette | Du Plessis    | Open    | Female | 28 |
| 212 | 01:10:51 | 784  | G | Natanael   | Jooste        | Open    | Male   | 28 |
| 213 | 01:10:55 | 922  | G | Anthea     | Jacobs        | Veteran | Female | 46 |
| 214 | 01:11:05 | 317  | F | TAMSYN     | VAN RENSBURG  | Open    | Female | 28 |
| 215 | 01:11:09 | 1324 | H | Jacques    | Lazarus       | Open    | Male   | 32 |
| 216 | 01:11:13 | 311  | F | Alfred     | Temmers       | Veteran | Male   | 48 |
| 217 | 01:11:14 | 916  | G | Sanet      | Du Toit       | Veteran | Female | 47 |
| 218 | 01:11:19 | 1201 | H | Thulani    | Angoma-Mzini  | Open    | Male   | 31 |
| 219 | 01:11:19 | 742  | G | Bridget    | Ellwood       | Open    | Female | 24 |
| 220 | 01:11:21 | 1305 | H | Myles      | Hoppe         | Veteran | Male   | 40 |
| 221 | 01:11:26 | 313  | F | Robyn      | Tully         | Open    | Female | 26 |
| 222 | 01:11:27 | 1232 | H | Stewart    | Graham        | Open    | Male   | 20 |
| 223 | 01:11:45 | 26   | E | KARLA      | RAY           | Veteran | Female | 46 |
| 224 | 01:11:54 | 1285 | H | Jenna      | Van Breda     | Open    | Female | 31 |
| 225 | 01:12:06 | 270  | F | Chanelle   | Hoffman       | Veteran | Female | 44 |
| 226 | 01:12:12 | 1221 | H | Grant      | de Smidt      | Open    | Male   | 29 |
| 227 | 01:12:12 | 721  | G | Clive      | Corbett       | Veteran | Male   | 49 |
| 228 | 01:12:15 | 733  | G | Hanneke    | De Wet        | Open    | Female | 25 |
| 229 | 01:12:19 | 1322 | H | Marike     | Mapham        | Open    | Female | 32 |
| 230 | 01:12:21 | 896  | G | Analia     | Blanco        | Veteran | Female | 47 |
| 231 | 01:12:24 | 711  | G | Shannon    | Breeze        | Open    | Female | 27 |
| 232 | 01:12:27 | 1211 | H | Lidi       | Brand         | Open    | Female | 28 |
| 233 | 01:12:33 | 716  | G | Walid      | Brown         | Open    | Male   | 38 |
| 234 | 01:12:37 | 760  | G | David      | Hallett       | Veteran | Male   | 42 |
| 235 | 01:12:40 | 942  | G | Tania      | Gregory       | Open    | Female | 24 |
| 236 | 01:12:43 | 835  | G | Rulanda    | Pretorius     | Open    | Female | 24 |
| 237 | 01:12:45 | 824  | G | FRancois   | Nortje        | Veteran | Male   | 49 |
| 238 | 01:12:52 | 846  | G | Soraya     | Salie         | Veteran | Female | 44 |
| 239 | 01:12:58 | 1288 | H | Tyrone     | van Coller    | Veteran | Male   | 13 |
| 240 | 01:13:08 | 1266 | H | Chad       | Oosthuizen    | Minimee | Male   | 12 |
| 241 | 01:13:12 | 858  | G | Hermanus   | van der Merwe | Open    | Male   | 27 |
| 242 | 01:13:14 | 1268 | H | Zac        | Oosthuizen    | Peewee  | Male   | 10 |
| 243 | 01:13:15 | 729  | G | Kylie      | de Jager      | Open    | Female | 34 |
| 244 | 01:13:22 | 53   | E | Ibrahim    | Jacobs        | Master  | Male   | 50 |
| 245 | 01:13:23 | 782  | G | Claire     | Johnson       | Open    | Female | 21 |
| 246 | 01:13:24 | 869  | G | Engela     | Wagner        | Master  | Female | 55 |
| 247 | 01:13:35 | 1287 | H | Robert     | van Coller    | Veteran | Male   | 42 |
| 248 | 01:13:38 | 906  | G | Dewald     | Schlebusch    | Open    | Male   | 34 |
| 249 | 01:13:39 | 1241 | H | Mark       | Hutchinson    | Master  | Male   | 58 |

|     |          |      |   |              |                |         |        |    |
|-----|----------|------|---|--------------|----------------|---------|--------|----|
| 250 | 01:13:41 | 892  | G | Adele        | McCann         | Master  | Female | 58 |
| 251 | 01:13:47 | 930  | G | Rameez       | Mckechnie      | Master  | Male   | 50 |
| 252 | 01:13:52 | 1332 | H | Craig        | Bransgrove     | Master  | Male   | 50 |
| 253 | 01:13:58 | 871  | G | Bianca       | Wessels        | Open    | Female | 25 |
| 254 | 01:14:01 | 783  | G | Clarissa     | Johnston       | Open    | Female | 25 |
| 255 | 01:14:06 | 815  | G | Mubeen       | Mohamed        | Open    | Male   | 24 |
| 256 | 01:14:14 | 21   | E | YOLANDE      | MALAN          | Open    | Female | 28 |
| 257 | 01:14:16 | 761  | G | James        | Hanley         | Veteran | Male   | 44 |
| 258 | 01:14:22 | 723  | G | Stephanie    | Craig          | Open    | Female | 23 |
| 259 | 01:14:24 | 910  | G | Stanley      | Hill           | Open    | Male   | 31 |
| 260 | 01:14:26 | 1260 | H | Alexa        | Murray         | Open    | Female | 23 |
| 261 | 01:14:30 | 735  | G | Afzal        | Dhansay        | Master  | Male   | 55 |
| 262 | 01:14:34 | 904  | G | Jan          | Brak           | Open    | Male   | 35 |
| 263 | 01:14:49 | 327  | F | Rukeya       | Cassiern       | Open    | Female | 37 |
| 264 | 01:14:55 | 864  | G | Nicolene     | Venter         | Open    | Female | 25 |
| 265 | 01:15:04 | 790  | G | Annes        | Kritzinger     | Open    | Female | 26 |
| 266 | 01:15:07 | 794  | G | Alberto      | Lambrechts     | Open    | Male   | 25 |
| 267 | 01:15:15 | 730  | G | Justin       | de Klerk       | Open    | Male   | 39 |
| 268 | 01:15:19 | 867  | G | Ian          | Volschenk      | Open    | Male   | 32 |
| 269 | 01:15:21 | 905  | G | Dian         | Maritz         | Open    | Male   | 21 |
| 270 | 01:15:25 | 823  | G | Katherine    | Nel            | Open    | Female | 26 |
| 271 | 01:15:27 | 1291 | H | Paul         | van Jaarsveld  | Open    | Male   | 40 |
| 272 | 01:15:30 | 1216 | H | Julio        | da Costa       | Open    | Male   | 24 |
| 273 | 01:15:35 | 1242 | H | Yagyah       | Isaacs         | Open    | Male   | 33 |
| 274 | 01:15:37 | 756  | G | Sonia        | Jimenez        | Open    | Female | 35 |
| 275 | 01:15:45 | 861  | G | Carol        | Van Eeden      | Open    | Female | 38 |
| 276 | 01:15:48 | 852  | G | Elmari       | Swart          | Open    | Female | 38 |
| 277 | 01:15:50 | 937  | G | Carolien     | Van Rhyn       | Open    | Female | 24 |
| 278 | 01:15:54 | 793  | G | Nika         | Lai Lam        | Junior  | Female | 17 |
| 279 | 01:15:55 | 325  | F | Anita        | McCallum       | Veteran | Female | 49 |
| 280 | 01:15:56 | 1298 | H | Leigh        | Watermeyer     | Open    | Female | 27 |
| 281 | 01:15:56 | 792  | G | Anthony      | Lai Lam        | Veteran | Male   | 44 |
| 282 | 01:15:57 | 816  | G | Modisaotsile | Moshweshwe     | Open    | Male   | 33 |
| 283 | 01:15:59 | 895  | G | Marvan       | Beukes         | Open    | Male   | 45 |
| 284 | 01:16:31 | 878  | G | Tianlin      | Zhang          | Open    | Male   | 30 |
| 285 | 01:16:53 | 799  | G | Charmaine    | Levendal       | Open    | Female | 30 |
| 286 | 01:16:54 | 1203 | H | Shitesh      | Arihunta       | Open    | Male   | 26 |
| 287 | 01:16:58 | 702  | G | Genevieve    | Abrey          | Open    | Female | 27 |
| 288 | 01:17:02 | 1225 | H | Beatri       | Faul           | Open    | Female | 23 |
| 289 | 01:17:28 | 337  | F | Anetta       | Hausner        | Master  | Female | 51 |
| 290 | 01:17:31 | 726  | G | Nazreen      | Davids         | Veteran | Female | 44 |
| 291 | 01:17:42 | 334  | F | Yasmin       | Toeffie        | Master  | Female | 57 |
| 292 | 01:17:47 | 748  | G | Janca        | Fismer         | Open    | Female | 28 |
| 293 | 01:18:03 | 1271 | H | Margie       | Richter Wilmot | Master  | Female | 50 |
| 294 | 01:18:05 | 917  | G | Liesl        | Winter         | Open    | Female | 34 |
| 295 | 01:18:06 | 1281 | H | Marius       | Swanepoel      | Master  | Male   | 56 |
| 296 | 01:19:21 | 350  | F | Ntando       | Brummer        | Junior  | Male   | 14 |
| 297 | 01:19:23 | 740  | G | Lubina       | Du Buisson     | Veteran | Female | 41 |
| 298 | 01:19:25 | 739  | G | Jean-Pierre  | Du Buisson     | Veteran | Male   | 47 |
| 299 | 01:19:28 | 923  | G | Thania       | Doud           | Open    | Female | 33 |
| 300 | 01:19:30 | 803  | G | Annemarie    | Lombard        | Veteran | Female | 49 |
| 301 | 01:19:43 | 268  | F | Cayley       | Hefer          | Minimee | Female | 13 |
| 302 | 01:19:46 | 1323 | H | Johan        | Ehlers         | Open    | Male   | 38 |
| 303 | 01:20:18 | 844  | G | Dawn         | Rossiter       | Master  | Female | 59 |
| 304 | 01:20:36 | 788  | G | Fadeelah     | Kenny          | Open    | Female | 31 |
| 305 | 01:20:44 | 936  | G | Menny        | Klaarsson      | Open    | Female | 25 |
| 306 | 01:20:46 | 1244 | H | David        | James          | Veteran | Male   | 45 |
| 307 | 01:20:52 | 1261 | H | VEENA        | NARAN          | Open    | Female | 29 |
| 308 | 01:21:17 | 1274 | H | Hermien      | Rossouw        | Veteran | Female | 46 |
| 309 | 01:21:20 | 1306 | H | Marichen     | Dixon          | Veteran | Female | 42 |
| 310 | 01:21:35 | 828  | G | Jennifer     | Oosthuizen     | Open    | Female | 21 |
| 311 | 01:21:38 | 753  | G | Andrew       | Gade           | Veteran | Male   | 40 |
| 312 | 01:21:44 | 1226 | H | Anne         | Fisher         | Master  | Female | 60 |
| 313 | 01:21:46 | 1248 | H | linda        | kruger         | Master  | Female | 55 |
| 314 | 01:21:48 | 802  | G | Kaashief     | Lodewyk        | Open    | Male   | 37 |
| 315 | 01:21:54 | 941  | G | Akila        | Brown          | Veteran | Female | 42 |
| 316 | 01:21:55 | 1315 | H | Christie     | Hollander      | Open    | Female | 25 |
| 317 | 01:21:58 | 1316 | H | Juliet       | Berry          | Open    | Female | 37 |
| 318 | 01:21:59 | 727  | G | Nicola       | Davidson       | Open    | Female | 38 |
| 319 | 01:22:02 | 1279 | H | Louise       | Steenkamp      | Open    | Female | 24 |
| 320 | 01:22:04 | 1275 | H | Nicola       | Rossouw        | Open    | Female | 26 |
| 321 | 01:22:21 | 1208 | H | Jessica      | Booyse         | Open    | Female | 25 |
| 322 | 01:22:27 | 276  | F | Magnus       | Lamprecht      | Open    | Male   | 28 |
| 323 | 01:22:29 | 1312 | H | Alan         | Williams       | Open    | Male   | 28 |
| 324 | 01:22:30 | 1313 | H | Nongcebo     | Dhlamini       | Open    | Female | 24 |
| 325 | 01:22:42 | 719  | G | Mark         | Chamberlain    | Master  | Male   | 50 |
| 326 | 01:22:56 | 920  | G | Myck         | Jubber         | Veteran | Male   | 42 |
| 327 | 01:23:06 | 800  | G | Jye          | Lin            | Open    | Female | 31 |
| 328 | 01:23:25 | 898  | G | Lisa         | Alberts        | Open    | Female | 24 |
| 329 | 01:23:26 | 899  | G | Hanco        | van Rensburg   | Open    | Male   | 24 |
| 330 | 01:23:31 | 738  | G | Colin        | Doyle          | Master  | Male   | 56 |
| 331 | 01:23:52 | 908  | G | Morne        | Du Plessis     | Open    | Male   | 29 |
| 332 | 01:24:06 | 1325 | H | Carla        | Luff           | Peewee  | Female | 8  |
| 333 | 01:24:09 | 879  | G | Michaela     | Smith          | Open    | Female | 32 |
| 334 | 01:24:09 | 1327 | H | erich        | Luff           | Veteran | Male   | 48 |
| 335 | 01:24:21 | 1231 | H | ANNELIZE     | GELDENHUYS     | Veteran | Female | 44 |

|     |          |      |   |                |                   |         |        |    |
|-----|----------|------|---|----------------|-------------------|---------|--------|----|
| 336 | 01:24:31 | 1240 | H | Tatum          | Howie             | Open    | Female | 28 |
| 337 | 01:24:33 | 1214 | H | Mishje         | Cooper            | Open    | Female | 35 |
| 338 | 01:24:43 | 874  | G | Tracy          | Wiese             | Veteran | Female | 38 |
| 339 | 01:24:44 | 778  | G | Lloyd          | Jacobs            | Open    | Female | 32 |
| 340 | 01:24:51 | 819  | G | Michael        | Mulder            | Open    | Male   | 36 |
| 341 | 01:24:58 | 333  | F | Takawira       | Dube              | Open    | Male   | 30 |
| 342 | 01:25:33 | 332  | F | Adela          | Gertse            | Master  | Female | 53 |
| 343 | 01:25:37 | 900  | G | Elizma         | Carstens          | Open    | Female | 27 |
| 344 | 01:25:38 | 901  | G | Andre          | Coetzee           | Open    | Male   | 37 |
| 345 | 01:25:43 | 1292 | H | Samantha       | van Jaarsveld     | Open    | Female | 31 |
| 346 | 01:25:46 | 1209 | H | Karen          | Bosman            | Master  | Female | 53 |
| 347 | 01:25:50 | 1295 | H | Sylvia         | Visser            | Open    | Female | 36 |
| 348 | 01:25:51 | 887  | G | Khaliq         | Dollie            | Veteran | Female | 43 |
| 349 | 01:26:13 | 273  | F | Ashleigh       | Kemp              | Open    | Female | 36 |
| 350 | 01:26:17 | 807  | G | Margot         | Louw              | Open    | Female | 38 |
| 351 | 01:26:20 | 798  | G | Terina         | le Roux           | Open    | Female | 34 |
| 352 | 01:26:24 | 918  | G | Rowen          | Maris             | Master  | Male   | 51 |
| 353 | 01:26:27 | 919  | G | Heidi          | Van Der Merwe     | Veteran | Female | 40 |
| 354 | 01:26:29 | 831  | G | Dylan          | Peters            | Open    | Male   | 33 |
| 355 | 01:27:10 | 314  | F | Colleen        | Tulonen           | Open    | Female | 34 |
| 356 | 01:27:11 | 46   | E | Anthony        | Van Rhyn          | Veteran | Male   | 49 |
| 357 | 01:27:56 | 773  | G | Julie          | Hulley            | Open    | Female | 37 |
| 358 | 01:27:59 | 883  | G | BONNIE         | Wright            | Veteran | Female | 41 |
| 359 | 01:28:57 | 832  | G | Christoff      | Pienaar           | Open    | Male   | 41 |
| 360 | 01:29:32 | 1289 | H | Johannes       | Van Eck           | Veteran | Male   | 41 |
| 361 | 01:29:40 | 1202 | H | Ilse           | Appel             | Open    | Female | 37 |
| 362 | 01:29:56 | 764  | G | Caroline       | Hartlieb          | Veteran | Female | 42 |
| 363 | 01:29:58 | 755  | G | Martin         | Giles             | Master  | Male   | 50 |
| 364 | 01:30:22 | 718  | G | Claudia        | Chamberlain       | Open    | Female | 34 |
| 365 | 01:30:32 | 1239 | H | Paul           | Holmes            | Veteran | Male   | 43 |
| 366 | 01:30:37 | 1234 | H | Samantha       | Harper            | Open    | Female | 31 |
| 367 | 01:31:21 | 781  | G | Ilana          | Jansen Van Vuuren | Open    | Female | 31 |
| 368 | 01:31:45 | 834  | G | Claudene       | Pretorius         | Open    | Female | 30 |
| 369 | 01:32:01 | 870  | G | Dagny          | Warmerdam         | Veteran | Female | 49 |
| 370 | 01:32:35 | 750  | G | Bonnie         | Floyd             | Open    | Female | 37 |
| 371 | 01:33:28 | 1253 | H | Omer           | Mahgoub           | Open    | Male   | 31 |
| 372 | 01:33:30 | 1207 | H | Jehan          | Bhikoo            | Open    | Female | 28 |
| 373 | 01:33:30 | 811  | G | Sithembiso     | Mdunge            | Open    | Male   | 36 |
| 374 | 01:33:35 | 925  | G | Gerrit         | Van Zyl           | Veteran | Male   | 42 |
| 375 | 01:33:44 | 1299 | H | Sally Wells    | Wells             | Veteran | Female | 49 |
| 376 | 01:33:48 | 845  | G | Corne          | Rossouw           | Veteran | Female | 42 |
| 377 | 01:33:58 | 822  | G | Tracey         | Muscat            | Open    | Female | 38 |
| 378 | 01:34:04 | 780  | G | Rene           | Jansen            | Open    | Female | 32 |
| 379 | 01:34:07 | 747  | G | Lambert        | Fick              | Open    | Male   | 23 |
| 380 | 01:34:09 | 731  | G | Rynhardt       | De Waal           | Open    | Male   | 20 |
| 381 | 01:34:11 | 732  | G | Theuns         | De Waal           | Veteran | Male   | 49 |
| 382 | 01:34:17 | 710  | G | Liza           | Botha             | Veteran | Female | 46 |
| 383 | 01:34:21 | 1222 | H | Lehlogonolo    | Debeila           | Open    | Female | 31 |
| 384 | 01:34:24 | 1258 | H | Garth          | Munnik            | Open    | Male   | 33 |
| 385 | 01:34:31 | 1276 | H | Loren          | Salie             | Open    | Female | 39 |
| 386 | 01:34:34 | 1252 | H | Clara          | Machado           | Open    | Female | 28 |
| 387 | 01:34:36 | 1301 | H | Ruan           | Zeelie            | Open    | Male   | 30 |
| 388 | 01:34:56 | 1278 | H | Candice Nicole | Smit              | Open    | Female | 26 |
| 389 | 01:35:01 | 1259 | H | bianca         | Murphy            | Open    | Female | 20 |
| 390 | 01:35:32 | 853  | G | Samantha       | Tafeni            | Open    | Female | 18 |
| 391 | 01:35:34 | 817  | G | Latoa          | Msomi             | Junior  | Female | 17 |
| 392 | 01:35:36 | 914  | G | Kerry          | Tyack             | Open    | Female | 33 |
| 393 | 01:35:37 | 842  | G | Bianca         | Romanini          | Open    | Female | 25 |
| 394 | 01:36:13 | 703  | G | Lamis          | Adam              | Open    | Female | 33 |
| 395 | 01:37:23 | 749  | G | Linca          | Fisner            | Open    | Female | 31 |
| 396 | 01:37:43 | 849  | G | Mark           | Siebritz          | Open    | Male   | 37 |
| 397 | 01:37:45 | 713  | G | Feruskah       | Brink             | Open    | Female | 27 |
| 398 | 01:38:09 | 1326 | H | Welma          | Luff              | Open    | Female | 37 |
| 399 | 01:38:11 | 880  | G | Claude         | Bester            | Master  | Male   | 51 |
| 400 | 01:38:17 | 706  | G | Marilise       | Bernard           | Open    | Female | 35 |
| 401 | 01:38:28 | 818  | G | Phindile       | Mtshana           | Open    | Female | 32 |
| 402 | 01:38:45 | 768  | G | Busisiwe       | Hoho              | Open    | Female | 28 |
| 403 | 01:39:12 | 894  | G | Suzette        | Wepener           | Open    | Female | 39 |
| 404 | 01:39:42 | 889  | G | Barbara        | Bartosch          | Veteran | Female | 49 |
| 405 | 01:39:57 | 1246 | H | Kim            | Keyser            | Open    | Female | 32 |
| 406 | 01:40:41 | 1311 | H | Liandi         | De Witt           | Open    | Female | 25 |
| 407 | 01:40:51 | 1270 | H | Angelique      | Pretorius         | Open    | Female | 33 |
| 408 | 01:40:55 | 1302 | H | Jenita         | Beling            | Open    | Female | 30 |
| 409 | 01:41:12 | 1228 | H | Lee-Ann        | Fourie            | Open    | Female | 32 |
| 410 | 01:42:14 | 717  | G | Robert         | Burawundi         | Open    | Male   | 38 |
| 411 | 01:42:22 | 1256 | H | Helen          | McClellan         | Master  | Female | 50 |
| 412 | 01:42:24 | 1205 | H | Ashleigh       | Bent              | Open    | Female | 35 |
| 413 | 01:42:48 | 752  | G | Diane          | Fullard           | Open    | Female | 36 |
| 414 | 01:43:03 | 736  | G | Kayleigh       | Didcott           | Open    | Female | 24 |
| 415 | 01:43:07 | 751  | G | Sue-Ann        | Fourie            | Open    | Female | 36 |
| 416 | 01:43:09 | 907  | G | Lisa           | Veit              | Veteran | Female | 48 |
| 417 | 01:43:25 | 724  | G | Reeva          | Daniels           | Open    | Female | 26 |
| 418 | 01:43:29 | 859  | G | Megan          | Van Der Poel      | Open    | Female | 28 |
| 419 | 01:44:33 | 1290 | H | Sune           | van Heerden       | Veteran | Female | 40 |
| 420 | 01:45:19 | 1329 | H | Ivette         | Spamer            | Open    | Female | 28 |
| 421 | 01:45:26 | 1328 | H | Naude          | Spamer            | Open    | Male   | 35 |

|     |          |      |   |               |               |         |        |    |
|-----|----------|------|---|---------------|---------------|---------|--------|----|
| 422 | 01:46:30 | 1223 | H | Chae Li       | Diong         | Open    | Female | 34 |
| 423 | 01:46:43 | 1249 | H | Amanda-Jane   | Lamont        | Open    | Female | 27 |
| 424 | 01:49:05 | 939  | G | Elizka        | Hendrikse     | Veteran | Female | 45 |
| 425 | 01:49:07 | 938  | G | Celeste       | Uys           | Open    | Female | 32 |
| 426 | 01:52:30 | 1283 | H | Marc          | Upsher        | Open    | Male   | 32 |
| 427 | 01:52:42 | 1282 | H | Michelle      | Tatar         | Open    | Female | 31 |
| 428 | 01:55:54 | 1254 | H | Mogamat Anees | Majiet        | Master  | Female | 39 |
| 429 | 01:57:48 | 825  | G | Tasmyn Lee    | Oberholster   | Open    | Female | 31 |
| 430 | 01:58:10 | 1318 | H | Aynsley       | Jones         | Open    | Female | 33 |
| 431 | 01:58:20 | 1238 | H | Tessa         | Hiebner       | Veteran | Female | 43 |
| 432 | 01:59:03 | 1321 | H | Marilze       | Van Der Merwe | Open    | Female | 31 |
| 433 | 01:59:07 | 1257 | H | teresa        | morris        | Veteran | Female | 44 |
| 434 | 02:04:23 | 1310 | H | Elliot        | Mokoena       | Open    | Male   | 30 |
| 435 | 02:26:46 | 848  | G | Keabetsoe     | Sekoateng     | Open    | Female | 31 |

### Open Male

| Position | Time     | Race # | Batch | Name          | Surname            | Category | Sex  | Age |
|----------|----------|--------|-------|---------------|--------------------|----------|------|-----|
| 1        | 00:35:42 | 36     | E     | Andre         | Afrika             | Open     | Male | 21  |
| 2        | 00:39:23 | 746    | G     | Juan          | Carstens           | Open     | Male | 21  |
| 3        | 00:40:00 | 14     | E     | Dawood        | Goeiman            | Open     | Male | 18  |
| 4        | 00:40:11 | 32     | E     | Robert        | Shaff              | Open     | Male | 25  |
| 5        | 00:41:51 | 903    | G     | Michael       | De Kwaadsteniet    | Open     | Male | 24  |
| 6        | 00:43:16 | 52     | E     | Lunga         | Nolakana           | Open     | Male | 28  |
| 7        | 00:43:26 | 16     | E     | Sylvano       | Hindley            | Open     | Male | 27  |
| 8        | 00:46:46 | 8      | E     | Alewyn        | Burger             | Open     | Male | 31  |
| 9        | 00:49:27 | 877    | G     | Mauritz       | Zastron            | Open     | Male | 24  |
| 10       | 00:50:51 | 44     | E     | Husayn        | Gertse             | Open     | Male | 28  |
| 11       | 00:51:05 | 1330   | H     | Andrew        | Hobson             | Open     | Male | 17  |
| 12       | 00:51:07 | 1331   | H     | Roberts       | Boyes              | Open     | Male | 17  |
| 13       | 00:51:11 | 344    | F     | Marcel        | Rathbone           | Open     | Male | 25  |
| 14       | 00:51:38 | 757    | G     | Gavin         | Golden             | Open     | Male | 25  |
| 15       | 00:51:42 | 841    | G     | Ivan          | Robinson           | Open     | Male | 24  |
| 16       | 00:52:35 | 261    | F     | Mark          | Doyle              | Open     | Male | 18  |
| 17       | 00:53:02 | 827    | G     | Cornè         | Oosthuizen         | Open     | Male | 26  |
| 18       | 00:53:17 | 42     | E     | Michael       | Obery              | Open     | Male | 29  |
| 19       | 00:53:26 | 20     | E     | GAWIE         | MALAN              | Open     | Male | 28  |
| 20       | 00:53:30 | 707    | G     | Nick          | Bester             | Open     | Male | 25  |
| 21       | 00:53:45 | 283    | F     | Nicholas      | Martin             | Open     | Male | 21  |
| 22       | 00:54:10 | 282    | F     | Charl         | Maritz             | Open     | Male | 38  |
| 23       | 00:54:21 | 253    | F     | Shaun         | Cassisa            | Open     | Male | 37  |
| 24       | 00:54:39 | 343    | F     | Louis         | Muller             | Open     | Male | 30  |
| 25       | 00:55:11 | 940    | G     | Eugene        | Prins              | Open     | Male | 38  |
| 26       | 00:56:11 | 826    | G     | Andre         | Oosthuizen         | Open     | Male | 34  |
| 27       | 00:56:37 | 1304   | H     | Eugene        | Marais             | Open     | Male | 28  |
| 28       | 00:56:43 | 6      | E     | Reynier       | Booyesen           | Open     | Male | 37  |
| 29       | 00:57:04 | 882    | G     | Alex          | Warren             | Open     | Male | 27  |
| 30       | 00:57:37 | 715    | G     | Werner        | Britz              | Open     | Male | 32  |
| 31       | 00:58:00 | 902    | G     | Ebrahim       | Gasnola            | Open     | Male | 37  |
| 32       | 00:58:14 | 279    | F     | Stefan        | Letz               | Open     | Male | 35  |
| 33       | 00:58:51 | 352    | F     | Jurie         | Schoeman           | Open     | Male | 31  |
| 34       | 00:58:59 | 921    | G     | Nico          | Louw               | Open     | Male | 30  |
| 35       | 00:59:16 | 255    | F     | Pieter        | Cilliers           | Open     | Male | 34  |
| 36       | 00:59:34 | 302    | F     | Charl         | Roos               | Open     | Male | 33  |
| 37       | 00:59:38 | 335    | G     | Joshua        | Lazarus            | Open     | Male | 25  |
| 38       | 00:59:43 | 259    | F     | Wayne         | Do Rego            | Open     | Male | 38  |
| 39       | 00:59:44 | 30     | E     | Michael       | Seymour            | Open     | Male | 23  |
| 40       | 00:59:52 | 1333   | H     | Joshua        | Bransgrove         | Open     | Male | 21  |
| 41       | 01:00:08 | 1336   | H     | Brendan       | Keun               | Open     | Male | 26  |
| 42       | 01:00:14 | 307    | F     | Divan         | Snyman             | Open     | Male | 29  |
| 43       | 01:00:26 | 257    | F     | Clinton       | de Witt            | Open     | Male | 32  |
| 44       | 01:00:37 | 857    | G     | Ruan          | van den Berg       | Open     | Male | 30  |
| 45       | 01:00:49 | 775    | G     | Kyle          | Hutchinson         | Open     | Male | 25  |
| 46       | 01:00:53 | 767    | G     | Carlo         | Hill               | Open     | Male | 27  |
| 47       | 01:01:08 | 303    | F     | malcolm       | Royston            | Open     | Male | 39  |
| 48       | 01:01:31 | 357    | F     | Eugene        | Visagie            | Open     | Male | 31  |
| 49       | 01:02:10 | 296    | F     | Lance         | Osburn             | Open     | Male | 35  |
| 50       | 01:02:15 | 1286   | H     | Jonathan      | Van Breda          | Open     | Male | 34  |
| 51       | 01:02:22 | 342    | F     | William       | Mapham             | Open     | Male | 39  |
| 52       | 01:02:54 | 913    | G     | Sean          | Heinen             | Open     | Male | 27  |
| 53       | 01:02:55 | 912    | G     | Derek         | Goerge             | Open     | Male | 24  |
| 54       | 01:02:58 | 801    | G     | Christoff     | Lochner            | Open     | Male | 25  |
| 55       | 01:03:02 | 331    | F     | Regardt       | Laubscher          | Open     | Male | 31  |
| 56       | 01:03:03 | 856    | G     | Altan         | Ungerer            | Open     | Male | 38  |
| 57       | 01:03:10 | 854    | G     | Renzi         | Thirumalai         | Open     | Male | 33  |
| 58       | 01:03:35 | 897    | G     | Steven        | Maree              | Open     | Male | 31  |
| 59       | 01:03:46 | 315    | F     | Dutoit        | van den bergh      | Open     | Male | 30  |
| 60       | 01:03:53 | 789    | G     | Conrad        | Koorts             | Open     | Male | 33  |
| 61       | 01:04:00 | 911    | G     | Renton        | Davi               | Open     | Male | 24  |
| 62       | 01:04:20 | 277    | F     | Hanrich       | Laubscher          | Open     | Male | 34  |
| 63       | 01:04:23 | 928    | G     | Jean henry    | Pretorius          | Open     | Male | 24  |
| 64       | 01:04:40 | 779    | G     | Paul Albertus | Janse van Rensburg | Open     | Male | 31  |
| 65       | 01:04:46 | 340    | F     | Gideon        | nieuwoude          | Open     | Male | 31  |
| 66       | 01:04:47 | 50     | E     | Ruhan         | Rheeder            | Open     | Male | 26  |
| 67       | 01:04:59 | 833    | G     | Previn        | Pillay             | Open     | Male | 26  |
| 68       | 01:05:25 | 348    | f     | Nicholaus     | Van heerden        | Open     | Male | 31  |

|     |          |      |   |              |               |      |      |    |
|-----|----------|------|---|--------------|---------------|------|------|----|
| 69  | 01:05:26 | 1212 | H | Lee-Michael  | Bransgrove    | Open | Male | 22 |
| 70  | 01:06:13 | 814  | G | Stephen      | Minne         | Open | Male | 25 |
| 71  | 01:06:17 | 354  | F | Dewald       | Basson        | Open | Male | 28 |
| 72  | 01:06:33 | 708  | G | Frans        | Botes         | Open | Male | 23 |
| 73  | 01:07:32 | 1250 | H | Nicolas      | Larsen        | Open | Male | 28 |
| 74  | 01:07:54 | 868  | G | Dylan        | Wagner        | Open | Male | 32 |
| 75  | 01:08:03 | 777  | G | Fawaaz       | Jacobs        | Open | Male | 33 |
| 76  | 01:08:41 | 1210 | H | Alnard       | Brand         | Open | Male | 33 |
| 77  | 01:08:46 | 797  | G | Sg           | Laubscher     | Open | Male | 31 |
| 78  | 01:08:49 | 1229 | H | Dieter       | Fritz         | Open | Male | 30 |
| 79  | 01:08:59 | 1255 | H | Sean         | Marais        | Open | Male | 20 |
| 80  | 01:09:01 | 850  | G | Pierre       | Smit          | Open | Male | 34 |
| 81  | 01:09:07 | 346  | F | Carlo        | Van Wyk       | Open | Male | 34 |
| 82  | 01:09:12 | 309  | F | Gerrit       | Steenkamp     | Open | Male | 26 |
| 83  | 01:09:16 | 1334 | H | Tiaan        | Van Zyl       | Open | Male | 26 |
| 84  | 01:09:29 | 1272 | H | Walter       | Ritson        | Open | Male | 28 |
| 85  | 01:09:34 | 924  | G | Johnathan    | Cox           | Open | Male | 24 |
| 86  | 01:10:51 | 784  | G | Natanael     | Jooste        | Open | Male | 28 |
| 87  | 01:11:09 | 1324 | H | Jacques      | Lazarus       | Open | Male | 32 |
| 88  | 01:11:19 | 1201 | H | Thulani      | Angoma-Mzini  | Open | Male | 31 |
| 89  | 01:11:27 | 1232 | H | Stewart      | Graham        | Open | Male | 20 |
| 90  | 01:12:12 | 1221 | H | Grant        | de Smidt      | Open | Male | 29 |
| 91  | 01:12:33 | 716  | G | Walid        | Brown         | Open | Male | 38 |
| 92  | 01:13:12 | 858  | G | Hermanus     | van der Merwe | Open | Male | 27 |
| 93  | 01:13:38 | 906  | G | Dewald       | Schlebusch    | Open | Male | 34 |
| 94  | 01:14:06 | 815  | G | Mubeen       | Mohamed       | Open | Male | 24 |
| 95  | 01:14:24 | 910  | G | Stanley      | Hill          | Open | Male | 31 |
| 96  | 01:14:34 | 904  | G | Jan          | Brak          | Open | Male | 35 |
| 97  | 01:15:07 | 794  | G | Alberto      | Lambrechts    | Open | Male | 25 |
| 98  | 01:15:15 | 730  | G | Justin       | de Klerk      | Open | Male | 39 |
| 99  | 01:15:19 | 867  | G | Ian          | Voltschenk    | Open | Male | 32 |
| 100 | 01:15:21 | 905  | G | Dian         | Maritz        | Open | Male | 21 |
| 101 | 01:15:27 | 1291 | H | Paul         | van Jaarsveld | Open | Male | 40 |
| 102 | 01:15:30 | 1216 | H | Julio        | da Costa      | Open | Male | 24 |
| 103 | 01:15:35 | 1242 | H | Yagyah       | Isaacs        | Open | Male | 33 |
| 104 | 01:15:57 | 816  | G | Modisaotsile | Moshweshwe    | Open | Male | 33 |
| 105 | 01:15:59 | 895  | G | Marvan       | Beukes        | Open | Male | 45 |
| 106 | 01:16:31 | 878  | G | Tianlin      | Zhang         | Open | Male | 30 |
| 107 | 01:16:54 | 1203 | H | Shitesh      | Arihunta      | Open | Male | 26 |
| 108 | 01:19:46 | 1323 | H | Johan        | Ehlers        | Open | Male | 38 |
| 109 | 01:21:48 | 802  | G | Kaashief     | Lodewyk       | Open | Male | 37 |
| 110 | 01:22:27 | 276  | F | Magnus       | Lamprecht     | Open | Male | 28 |
| 111 | 01:22:29 | 1312 | H | Alan         | Williams      | Open | Male | 28 |
| 112 | 01:23:26 | 899  | G | Hanco        | van Rensburg  | Open | Male | 24 |
| 113 | 01:23:52 | 908  | G | Morne        | Du Plessis    | Open | Male | 29 |
| 114 | 01:24:51 | 819  | G | Michael      | Mulder        | Open | Male | 36 |
| 115 | 01:24:58 | 333  | F | Takawira     | Dube          | Open | Male | 30 |
| 116 | 01:25:38 | 901  | G | Andre        | Coetzee       | Open | Male | 37 |
| 117 | 01:26:29 | 831  | G | Dylan        | Peters        | Open | Male | 33 |
| 118 | 01:28:57 | 832  | G | Christoff    | Pienaar       | Open | Male | 41 |
| 119 | 01:33:28 | 1253 | H | Omer         | Mahgoub       | Open | Male | 31 |
| 120 | 01:33:30 | 811  | G | Sithembiso   | Mdunge        | Open | Male | 36 |
| 121 | 01:34:07 | 747  | G | Lambert      | Fick          | Open | Male | 23 |
| 122 | 01:34:09 | 731  | G | Rynhardt     | De Waal       | Open | Male | 20 |
| 123 | 01:34:24 | 1258 | H | Garth        | Munnik        | Open | Male | 33 |
| 124 | 01:34:36 | 1301 | H | Ruan         | Zeelie        | Open | Male | 30 |
| 125 | 01:37:43 | 849  | G | Mark         | Siebritz      | Open | Male | 37 |
| 126 | 01:42:14 | 717  | G | Robert       | Burawundi     | Open | Male | 38 |
| 127 | 01:45:26 | 1328 | H | Naude        | Spamer        | Open | Male | 35 |
| 128 | 01:52:30 | 1283 | H | Marc         | Upsher        | Open | Male | 32 |
| 129 | 02:04:23 | 1310 | H | Elliot       | Mokoena       | Open | Male | 30 |

**Open Female**

| Position | Time     | Race # | Batch | Name       | Surname       | Category | Sex    | Age |
|----------|----------|--------|-------|------------|---------------|----------|--------|-----|
| 1        | 00:46:53 | 23     | E     | Tina-Mari  | Meyer         | Open     | Female | 28  |
| 2        | 00:53:15 | 35     | E     | Shaundre   | Farmer        | Open     | Female | 22  |
| 3        | 00:53:30 | 54     | E     | Linda      | Kinloch-Smith | Open     | Female | 38  |
| 4        | 00:53:38 | 5      | E     | Anneri     | Booyesen      | Open     | Female | 32  |
| 5        | 00:54:21 | 12     | E     | Karli      | Frenz         | Open     | Female | 21  |
| 6        | 00:55:48 | 280    | F     | Carla      | Lever         | Open     | Female | 34  |
| 7        | 00:55:51 | 316    | F     | Renscha    | van Heerden   | Open     | Female | 27  |
| 8        | 00:56:50 | 34     | E     | carika     | van blerk     | Open     | Female | 34  |
| 9        | 00:57:25 | 48     | E     | Saskia     | Corbett       | Open     | Female | 25  |
| 10       | 00:57:40 | 339    | F     | Nandi      | Pretorius     | Open     | Female | 24  |
| 11       | 00:57:50 | 40     | E     | Rina       | Parker        | Open     | Female | 37  |
| 12       | 00:58:07 | 862    | G     | melanie    | van Niekerk   | Open     | Female | 22  |
| 13       | 00:59:00 | 349    | F     | Maritjie   | Kohn          | Open     | Female | 34  |
| 14       | 01:00:09 | 275    | F     | Colleen    | Knox          | Open     | Female | 31  |
| 15       | 01:01:59 | 876    | G     | Tamsyn     | Wool          | Open     | Female | 38  |
| 16       | 01:02:06 | 744    | G     | RONEL      | FABER         | Open     | Female | 34  |
| 17       | 01:02:25 | 888    | G     | Arne       | Van Rensburg  | Open     | Female | 22  |
| 18       | 01:02:45 | 341    | F     | Anneke     | Von Maltitz   | Open     | Female | 39  |
| 19       | 01:02:47 | 812    | G     | Che        | Milani        | Open     | Female | 28  |
| 20       | 01:03:00 | 838    | G     | Amy        | Reid          | Open     | Female | 34  |
| 21       | 01:03:17 | 293    | F     | nabeelah   | orrie         | Open     | Female | 21  |
| 22       | 01:03:27 | 769    | G     | caryl      | hollmann      | Open     | Female | 28  |
| 23       | 01:03:30 | 929    | G     | Adelein    | Engelvrecht   | Open     | Female | 32  |
| 24       | 01:03:58 | 805    | G     | ELZETTE    | LOUW          | Open     | Female | 24  |
| 25       | 01:04:07 | 39     | E     | Este       | Kretschmer    | Open     | Female | 36  |
| 26       | 01:04:10 | 863    | G     | SANET      | VAN STADEN    | Open     | Female | 36  |
| 27       | 01:04:11 | 338    | F     | Anika      | Viljoen       | Open     | Female | 25  |
| 28       | 01:04:18 | 321    | F     | TARRYN     | WETTERGREEN   | Open     | Female | 32  |
| 29       | 01:04:48 | 355    | F     | Courtney   | Botha         | Open     | Female | 26  |
| 30       | 01:05:04 | 353    | F     | Michaela   | Melin         | Open     | Female | 22  |
| 31       | 01:05:14 | 330    | F     | Delicia    | Jantjies      | Open     | Female | 25  |
| 32       | 01:05:23 | 347    | F     | Sulani     | Fourie        | Open     | Female | 26  |
| 33       | 01:05:28 | 9      | E     | Lisa       | Burger        | Open     | Female | 31  |
| 34       | 01:05:35 | 851    | G     | lee        | Smith         | Open     | Female | 25  |
| 35       | 01:05:56 | 722    | G     | Marlize    | Cornelissen   | Open     | Female | 29  |
| 36       | 01:05:59 | 796    | G     | liza       | Laubscher     | Open     | Female | 28  |
| 37       | 01:06:03 | 286    | F     | Josie      | McCann        | Open     | Female | 19  |
| 38       | 01:06:25 | 1320   | H     | Monique    | Verheem       | Open     | Female | 28  |
| 39       | 01:07:01 | 795    | G     | Elizabeth  | Laubscher     | Open     | Female | 28  |
| 40       | 01:07:18 | 324    | F     | Melissa    | Zeeman        | Open     | Female | 32  |
| 41       | 01:07:19 | 1303   | H     | Wanda      | Stransky      | Open     | Female | 28  |
| 42       | 01:07:30 | 1247   | H     | Ashleigh   | Kohn          | Open     | Female | 30  |
| 43       | 01:07:32 | 298    | F     | Keri       | Paschal       | Open     | Female | 32  |
| 44       | 01:07:32 | 839    | G     | Sorrel     | Reid          | Open     | Female | 30  |
| 45       | 01:08:05 | 915    | G     | Candice    | Mazzolini     | Open     | Female | 29  |
| 46       | 01:08:06 | 47     | E     | Anthen     | Bester        | Open     | Female | 28  |
| 47       | 01:08:07 | 813    | G     | Cythna     | Minnaar       | Open     | Female | 32  |
| 48       | 01:08:13 | 934    | G     | Surike     | Viviers       | Open     | Female | 25  |
| 49       | 01:08:18 | 262    | F     | Louise     | Du plessis    | Open     | Female | 23  |
| 50       | 01:08:19 | 1230   | H     | Kim-Lisa   | Gad           | Open     | Female | 38  |
| 51       | 01:08:28 | 881    | G     | Kristin    | Westphal      | Open     | Female | 38  |
| 52       | 01:08:34 | 935    | G     | Anja       | Lareman       | Open     | Female | 24  |
| 53       | 01:08:49 | 714    | G     | Petrusa    | Britz         | Open     | Female | 31  |
| 54       | 01:09:04 | 743    | G     | Carly      | Faber         | Open     | Female | 28  |
| 55       | 01:09:28 | 891    | G     | Ashleigh   | Crosland      | Open     | Female | 25  |
| 56       | 01:09:56 | 351    | F     | Marzahn    | Botha         | Open     | Female | 35  |
| 57       | 01:10:17 | 840    | G     | Sylvia     | Richards      | Open     | Female | 38  |
| 58       | 01:10:21 | 701    | G     | Ivana      | Abreu         | Open     | Female | 33  |
| 59       | 01:10:23 | 909    | G     | Martinette | Du Plessis    | Open     | Female | 28  |
| 60       | 01:11:05 | 317    | F     | TAMSYN     | VAN RENSBURG  | Open     | Female | 28  |
| 61       | 01:11:19 | 742    | G     | Bridget    | Ellwood       | Open     | Female | 24  |
| 62       | 01:11:26 | 313    | F     | Robyn      | Tully         | Open     | Female | 26  |
| 63       | 01:11:54 | 1285   | H     | Jenna      | Van Breda     | Open     | Female | 31  |
| 64       | 01:12:15 | 733    | G     | Hanneke    | De Wet        | Open     | Female | 25  |
| 65       | 01:12:19 | 1322   | H     | Marike     | Mapham        | Open     | Female | 32  |
| 66       | 01:12:24 | 711    | G     | Shannon    | Breeze        | Open     | Female | 27  |
| 67       | 01:12:27 | 1211   | H     | Lidi       | Brand         | Open     | Female | 28  |
| 68       | 01:12:40 | 942    | G     | Tania      | Gregory       | Open     | Female | 24  |
| 69       | 01:12:43 | 835    | G     | Rulanda    | Pretorius     | Open     | Female | 24  |
| 70       | 01:13:15 | 729    | G     | Kylie      | de Jager      | Open     | Female | 34  |
| 71       | 01:13:23 | 782    | G     | Claire     | Johnson       | Open     | Female | 21  |
| 72       | 01:13:58 | 871    | G     | Bianca     | Wessels       | Open     | Female | 25  |
| 73       | 01:14:01 | 783    | G     | Clarissa   | Johnston      | Open     | Female | 25  |
| 74       | 01:14:14 | 21     | E     | YOLANDE    | MALAN         | Open     | Female | 28  |
| 75       | 01:14:22 | 723    | G     | Stephanie  | Craig         | Open     | Female | 23  |
| 76       | 01:14:26 | 1260   | H     | Alexa      | Murray        | Open     | Female | 23  |
| 77       | 01:14:49 | 327    | F     | Rukeya     | Cassiem       | Open     | Female | 37  |
| 78       | 01:14:55 | 864    | G     | Nicolene   | Venter        | Open     | Female | 25  |
| 79       | 01:15:04 | 790    | G     | Annes      | Kritzinger    | Open     | Female | 26  |
| 80       | 01:15:25 | 823    | G     | Katherine  | Nel           | Open     | Female | 26  |
| 81       | 01:15:37 | 756    | G     | Sonia      | Gimenez       | Open     | Female | 35  |
| 82       | 01:15:45 | 861    | G     | Carol      | Van Eeden     | Open     | Female | 38  |
| 83       | 01:15:48 | 852    | G     | Elmari     | Swart         | Open     | Female | 38  |



|     |          |      |   |                |                   |      |        |    |
|-----|----------|------|---|----------------|-------------------|------|--------|----|
| 84  | 01:15:50 | 937  | G | Carolien       | Van Rhyn          | Open | Female | 24 |
| 85  | 01:15:56 | 1298 | H | Leigh          | Watermeyer        | Open | Female | 27 |
| 86  | 01:16:53 | 799  | G | Charmaine      | Levendal          | Open | Female | 30 |
| 87  | 01:16:58 | 702  | G | Genevieve      | Abrey             | Open | Female | 27 |
| 88  | 01:17:02 | 1225 | H | Beatri         | Faul              | Open | Female | 23 |
| 89  | 01:17:47 | 748  | G | Janca          | Fismer            | Open | Female | 28 |
| 90  | 01:18:05 | 917  | G | Liesl          | Winter            | Open | Female | 34 |
| 91  | 01:19:28 | 923  | G | Thania         | Doud              | Open | Female | 33 |
| 92  | 01:20:36 | 788  | G | Fadeelah       | Kenny             | Open | Female | 31 |
| 93  | 01:20:44 | 936  | G | Menny          | Klaarsson         | Open | Female | 25 |
| 94  | 01:20:52 | 1261 | H | VEENA          | NARAN             | Open | Female | 29 |
| 95  | 01:21:35 | 828  | G | Jennifer       | Oosthuizen        | Open | Female | 21 |
| 96  | 01:21:55 | 1315 | H | Christie       | Hollander         | Open | Female | 25 |
| 97  | 01:21:58 | 1316 | H | Juliet         | Berry             | Open | Female | 37 |
| 98  | 01:21:59 | 727  | G | Nicola         | Davidson          | Open | Female | 38 |
| 99  | 01:22:02 | 1279 | H | Louise         | Steenkamp         | Open | Female | 24 |
| 100 | 01:22:04 | 1275 | H | Nicola         | Rossouw           | Open | Female | 26 |
| 101 | 01:22:21 | 1208 | H | Jessica        | Booyse            | Open | Female | 25 |
| 102 | 01:22:30 | 1313 | H | Nongcebo       | Dhlamini          | Open | Female | 24 |
| 103 | 01:23:06 | 800  | G | Jye            | Lin               | Open | Female | 31 |
| 104 | 01:23:25 | 898  | G | Lisa           | Alberts           | Open | Female | 24 |
| 105 | 01:24:09 | 879  | G | Michaela       | Smith             | Open | Female | 32 |
| 106 | 01:24:31 | 1240 | H | Tatum          | Howie             | Open | Female | 28 |
| 107 | 01:24:33 | 1214 | H | Mishje         | Cooper            | Open | Female | 35 |
| 108 | 01:24:44 | 778  | G | Lloyd          | Jacobs            | Open | Female | 32 |
| 109 | 01:25:37 | 900  | G | Elizma         | Carstens          | Open | Female | 27 |
| 110 | 01:25:43 | 1292 | H | Samantha       | van Jaarsveld     | Open | Female | 31 |
| 111 | 01:25:50 | 1295 | H | Sylvia         | Visser            | Open | Female | 36 |
| 112 | 01:26:13 | 273  | F | Ashleigh       | Kemp              | Open | Female | 36 |
| 113 | 01:26:17 | 807  | G | Margot         | Louw              | Open | Female | 38 |
| 114 | 01:26:20 | 798  | G | Terina         | le Roux           | Open | Female | 34 |
| 115 | 01:27:10 | 314  | F | Colleen        | Tulonen           | Open | Female | 34 |
| 116 | 01:27:56 | 773  | G | Julie          | Hulley            | Open | Female | 37 |
| 117 | 01:29:40 | 1202 | H | Ilse           | Appel             | Open | Female | 37 |
| 118 | 01:30:22 | 718  | G | Claudia        | Chamberlain       | Open | Female | 34 |
| 119 | 01:30:37 | 1234 | H | Samantha       | Harper            | Open | Female | 31 |
| 120 | 01:31:21 | 781  | G | Ilana          | Jansen Van Vuuren | Open | Female | 31 |
| 121 | 01:31:45 | 834  | G | Claudene       | Pretorius         | Open | Female | 30 |
| 122 | 01:32:35 | 750  | G | Bonnie         | Floyd             | Open | Female | 37 |
| 123 | 01:33:30 | 1207 | H | Jehan          | Bhikoo            | Open | Female | 28 |
| 124 | 01:33:58 | 822  | G | Tracey         | Muscat            | Open | Female | 38 |
| 125 | 01:34:04 | 780  | G | Rene           | Jansen            | Open | Female | 32 |
| 126 | 01:34:21 | 1222 | H | Lehlogonolo    | Debeila           | Open | Female | 31 |
| 127 | 01:34:31 | 1276 | H | Loren          | Salie             | Open | Female | 39 |
| 128 | 01:34:34 | 1252 | H | Clara          | Machado           | Open | Female | 28 |
| 129 | 01:34:56 | 1278 | H | Candice Nicole | Smit              | Open | Female | 26 |
| 130 | 01:35:01 | 1259 | H | bianca         | Murphy            | Open | Female | 20 |
| 131 | 01:35:32 | 853  | G | Samantha       | Tafeni            | Open | Female | 18 |
| 132 | 01:35:36 | 914  | G | Kerry          | Tyack             | Open | Female | 33 |
| 133 | 01:35:37 | 842  | G | Bianca         | Romanini          | Open | Female | 25 |
| 134 | 01:36:13 | 703  | G | Lamis          | Adam              | Open | Female | 33 |
| 135 | 01:37:23 | 749  | G | Linca          | Fisner            | Open | Female | 31 |
| 136 | 01:37:45 | 713  | G | Feruskah       | Brink             | Open | Female | 27 |
| 137 | 01:38:09 | 1326 | H | Welma          | Luff              | Open | Female | 37 |
| 138 | 01:38:17 | 706  | G | Marilise       | Bernard           | Open | Female | 35 |
| 139 | 01:38:28 | 818  | G | Phindile       | Mtshana           | Open | Female | 32 |
| 140 | 01:38:45 | 768  | G | Busisiwe       | Hoho              | Open | Female | 28 |
| 141 | 01:39:12 | 894  | G | Suzette        | Wepener           | Open | Female | 39 |
| 142 | 01:39:57 | 1246 | H | Kim            | Keyser            | Open | Female | 32 |
| 143 | 01:40:41 | 1311 | H | Liandi         | De Witt           | Open | Female | 25 |
| 144 | 01:40:51 | 1270 | H | Angelique      | Pretorius         | Open | Female | 33 |
| 145 | 01:40:55 | 1302 | H | Jenita         | Beling            | Open | Female | 30 |
| 146 | 01:41:12 | 1228 | H | Lee-Ann        | Fourie            | Open | Female | 32 |
| 147 | 01:42:24 | 1205 | H | Ashleigh       | Bent              | Open | Female | 35 |
| 148 | 01:42:48 | 752  | G | Diane          | Fullard           | Open | Female | 36 |
| 149 | 01:43:03 | 736  | G | Kayleigh       | Didcott           | Open | Female | 24 |
| 150 | 01:43:07 | 751  | G | Sue-Ann        | Fourie            | Open | Female | 36 |
| 151 | 01:43:25 | 724  | G | Reeva          | Daniels           | Open | Female | 26 |
| 152 | 01:43:29 | 859  | G | Megan          | Van Der Poel      | Open | Female | 28 |
| 153 | 01:45:19 | 1329 | H | Ivette         | Spamer            | Open | Female | 28 |
| 154 | 01:46:30 | 1223 | H | Chae Li        | Diong             | Open | Female | 34 |
| 155 | 01:46:43 | 1249 | H | Amanda-Jane    | Lamont            | Open | Female | 27 |
| 156 | 01:49:07 | 938  | G | Celeste        | Uys               | Open | Female | 32 |
| 157 | 01:52:42 | 1282 | H | Michelle       | Tatar             | Open | Female | 31 |
| 158 | 01:57:48 | 825  | G | Tasmyn Lee     | Oberholster       | Open | Female | 31 |
| 159 | 01:58:10 | 1318 | H | Aynsley        | Jones             | Open | Female | 33 |
| 160 | 01:59:03 | 1321 | H | Marilze        | Van Der Merwe     | Open | Female | 31 |
| 161 | 02:26:46 | 848  | G | Keabetsoe      | Sekoateng         | Open | Female | 31 |

**Veteran Male**

| Position | Time     | Race # | Batch | Name        | Surname            | Category | Sex  | Age |
|----------|----------|--------|-------|-------------|--------------------|----------|------|-----|
| 1        | 00:44:26 | 31     | E     | Peter       | Shackleton         | Veteran  | Male | 40  |
| 2        | 00:49:38 | 251    | F     | Jose        | Almeida            | Veteran  | Male | 43  |
| 3        | 00:51:46 | 15     | E     | Barry       | Goliath            | Veteran  | Male | 42  |
| 4        | 00:54:28 | 326    | F     | Anwar       | Cassiern           | Veteran  | Male | 44  |
| 5        | 00:57:04 | 356    | F     | Andre       | Treurnich          | Veteran  | Male | 48  |
| 6        | 00:57:53 | 41     | E     | Theo        | Kretschmer         | Veteran  | Male | 42  |
| 7        | 00:59:55 | 1267   | H     | Morne       | Oosthuizen         | Veteran  | Male | 43  |
| 8        | 01:00:21 | 297    | F     | ted         | parzydlo           | Veteran  | Male | 45  |
| 9        | 01:00:33 | 49     | E     | Gerrie      | combrink           | Veteran  | Male | 40  |
| 10       | 01:02:28 | 284    | F     | Anthony     | Mc Lea             | Veteran  | Male | 40  |
| 11       | 01:02:31 | 926    | G     | Justin      | Cole               | Veteran  | Male | 42  |
| 12       | 01:02:45 | 933    | G     | Steven      | Torrington         | Veteran  | Male | 48  |
| 13       | 01:03:05 | 301    | F     | Peter       | Robson             | Veteran  | Male | 45  |
| 14       | 01:04:08 | 725    | G     | Farouk      | Davids             | Veteran  | Male | 44  |
| 15       | 01:04:57 | 252    | F     | Phillip     | Boshoff            | Veteran  | Male | 45  |
| 16       | 01:05:07 | 271    | F     | Francois    | Janse van Rensburg | Veteran  | Male | 41  |
| 17       | 01:05:54 | 312    | F     | Paul        | Truscott           | Veteran  | Male | 42  |
| 18       | 01:06:29 | 266    | F     | Christian   | Els                | Veteran  | Male | 46  |
| 19       | 01:06:43 | 260    | F     | Ebrahim     | Domingo            | Veteran  | Male | 40  |
| 20       | 01:06:56 | 308    | F     | Mark        | Stead              | Veteran  | Male | 47  |
| 21       | 01:07:22 | 292    | F     | ashraf      | orrie              | Veteran  | Male | 47  |
| 22       | 01:08:11 | 787    | G     | Robin       | Jutzen             | Veteran  | Male | 40  |
| 23       | 01:09:16 | 322    | F     | Christian   | Wiesener           | Veteran  | Male | 43  |
| 24       | 01:09:17 | 821    | G     | Steve       | Murphy             | Veteran  | Male | 48  |
| 25       | 01:11:13 | 311    | F     | Alfred      | Temmers            | Veteran  | Male | 48  |
| 26       | 01:11:21 | 1305   | H     | Myles       | Hoppe              | Veteran  | Male | 40  |
| 27       | 01:12:12 | 721    | G     | Clive       | Corbett            | Veteran  | Male | 49  |
| 28       | 01:12:37 | 760    | G     | David       | Hallett            | Veteran  | Male | 42  |
| 29       | 01:12:45 | 824    | G     | FRancois    | Nortje             | Veteran  | Male | 49  |
| 30       | 01:12:58 | 1288   | H     | Tyrone      | van Coller         | Veteran  | Male | 13  |
| 31       | 01:13:35 | 1287   | H     | Robert      | van Coller         | Veteran  | Male | 42  |
| 32       | 01:14:16 | 761    | G     | James       | Hanley             | Veteran  | Male | 44  |
| 33       | 01:15:56 | 792    | G     | Anthony     | Lai Lam            | Veteran  | Male | 44  |
| 34       | 01:19:25 | 739    | G     | Jean-Pierre | Du Buisson         | Veteran  | Male | 47  |
| 35       | 01:20:46 | 1244   | H     | David       | James              | Veteran  | Male | 45  |
| 36       | 01:21:38 | 753    | G     | Andrew      | Gade               | Veteran  | Male | 40  |
| 37       | 01:22:56 | 920    | G     | Myck        | Jubber             | Veteran  | Male | 42  |
| 38       | 01:24:09 | 1327   | H     | erich       | Luff               | Veteran  | Male | 48  |
| 39       | 01:27:11 | 46     | E     | Anthony     | Van Rhyn           | Veteran  | Male | 49  |
| 40       | 01:29:32 | 1289   | H     | Johannes    | Van Eck            | Veteran  | Male | 41  |
| 41       | 01:30:32 | 1239   | H     | Paul        | Holmes             | Veteran  | Male | 43  |
| 42       | 01:33:35 | 925    | G     | Gerrit      | Van Zyl            | Veteran  | Male | 42  |
| 43       | 01:34:11 | 732    | G     | Theuns      | De Waal            | Veteran  | Male | 49  |

**Veteran Female**

| Position | Time     | Race # | Batch | Name      | Surname    | Category | Sex    | Age |
|----------|----------|--------|-------|-----------|------------|----------|--------|-----|
| 1        | 00:50:26 | 51     | E     | Liezl     | Du Plooy   | Veteran  | Female | 48  |
| 2        | 00:57:54 | 1307   | H     | Lydia     | Craven     | Veteran  | Female | 42  |
| 3        | 00:59:49 | 13     | E     | Frances   | Fuchs      | Veteran  | Female | 41  |
| 4        | 01:01:12 | 328    | F     | Kim       | Ruckwied   | Veteran  | Female | 41  |
| 5        | 01:02:12 | 264    | F     | Theresa   | Du Toit    | Veteran  | Female | 40  |
| 6        | 01:02:30 | 927    | G     | Ani       | Polydorou  | Veteran  | Female | 36  |
| 7        | 01:04:14 | 25     | E     | Petro     | Pienaar    | Veteran  | Female | 44  |
| 8        | 01:10:16 | 786    | G     | Anzonia   | Joseph     | Veteran  | Female | 45  |
| 9        | 01:10:55 | 922    | G     | Anthea    | Jacobs     | Veteran  | Female | 46  |
| 10       | 01:11:14 | 916    | G     | Sanet     | Du Toit    | Veteran  | Female | 47  |
| 11       | 01:11:45 | 26     | E     | KARLA     | RAY        | Veteran  | Female | 46  |
| 12       | 01:12:06 | 270    | F     | Chanelle  | Hoffman    | Veteran  | Female | 44  |
| 13       | 01:12:21 | 896    | G     | Analia    | Blanco     | Veteran  | Female | 47  |
| 14       | 01:12:52 | 846    | G     | Soraya    | Salie      | Veteran  | Female | 44  |
| 15       | 01:15:55 | 325    | F     | Anita     | McCallum   | Veteran  | Female | 49  |
| 16       | 01:17:31 | 726    | G     | Nazreen   | Davids     | Veteran  | Female | 44  |
| 17       | 01:19:23 | 740    | G     | Lubina    | Du Buisson | Veteran  | Female | 41  |
| 18       | 01:19:30 | 803    | G     | Annemarie | Lombard    | Veteran  | Female | 49  |
| 19       | 01:21:17 | 1274   | H     | Hermien   | Rossouw    | Veteran  | Female | 46  |
| 20       | 01:21:20 | 1306   | H     | Marichen  | Dixon      | Veteran  | Female | 42  |
| 21       | 01:21:54 | 941    | G     | Akila     | Brown      | Veteran  | Female | 42  |
| 22       | 01:24:21 | 1231   | H     | ANNELIZE  | GELDENHUYS | Veteran  | Female | 44  |
| 23       | 01:24:43 | 874    | G     | Tracy     | Wiese      | Veteran  | Female | 38  |
| 24       | 01:25:51 | 887    | G     | Khaliq    | Dollie     | Veteran  | Female | 43  |

|    |          |      |   |             |               |         |        |    |
|----|----------|------|---|-------------|---------------|---------|--------|----|
| 25 | 01:26:27 | 919  | G | Heidi       | Van Der Merwe | Veteran | Female | 40 |
| 26 | 01:27:59 | 883  | G | BONNIE      | Wright        | Veteran | Female | 41 |
| 27 | 01:29:56 | 764  | G | Caroline    | Hartlieb      | Veteran | Female | 42 |
| 28 | 01:32:01 | 870  | G | Dagny       | Warmerdam     | Veteran | Female | 49 |
| 29 | 01:33:44 | 1299 | H | Sally Wells | Wells         | Veteran | Female | 49 |
| 30 | 01:33:48 | 845  | G | Corne       | Rossouw       | Veteran | Female | 42 |
| 31 | 01:34:17 | 710  | G | Liza        | Botha         | Veteran | Female | 46 |
| 32 | 01:39:42 | 889  | G | Barbara     | Bartosch      | Veteran | Female | 49 |
| 33 | 01:43:09 | 907  | G | Lisa        | Veit          | Veteran | Female | 48 |
| 34 | 01:44:33 | 1290 | H | Sune        | van Heerden   | Veteran | Female | 40 |
| 35 | 01:49:05 | 939  | G | Elizka      | Hendrikse     | Veteran | Female | 45 |
| 36 | 01:58:20 | 1238 | H | Tessa       | Hiebner       | Veteran | Female | 43 |
| 37 | 01:59:07 | 1257 | H | teresa      | morris        | Veteran | Female | 44 |

#### Master Male

| Position | Time     | Race # | Batch | Name    | Surname     | Category | Sex  | Age |
|----------|----------|--------|-------|---------|-------------|----------|------|-----|
| 1        | 00:48:40 | 254    | F     | Leslie  | Chivell     | Master   | Male | 60  |
| 2        | 00:49:38 | 28     | E     | Richard | Rossiter    | Master   | Male | 58  |
| 3        | 00:54:08 | 893    | G     | Patrick | McCann      | Master   | Male | 52  |
| 4        | 00:55:35 | 734    | G     | NEIL    | DENDY YOUNG | Master   | Male | 52  |
| 5        | 00:55:40 | 22     | E     | Eric    | McLaren     | Master   | Male | 52  |
| 6        | 01:02:12 | 17     | E     | Charl   | le Roux     | Master   | Male | 50  |
| 7        | 01:04:27 | 837    | G     | Stephen | Ray         | Master   | Male | 51  |
| 8        | 01:06:31 | 267    | F     | Brendan | Fitzhenry   | Master   | Male | 51  |
| 9        | 01:07:38 | 265    | F     | Neil    | Ebing       | Master   | Male | 63  |
| 10       | 01:08:37 | 931    | G     | Jamal   | Parker      | Master   | Male | 53  |
| 11       | 01:09:11 | 830    | G     | Vincent | Osborne     | Master   | Male | 55  |
| 12       | 01:10:08 | 932    | G     | Jeoff   | Howard      | Master   | Male | 50  |
| 13       | 01:13:22 | 53     | E     | Ibrahim | Jacobs      | Master   | Male | 50  |
| 14       | 01:13:39 | 1241   | H     | Mark    | Hutchinson  | Master   | Male | 58  |
| 15       | 01:13:47 | 930    | G     | Rameez  | Mckechnie   | Master   | Male | 50  |
| 16       | 01:13:52 | 1332   | H     | Craig   | Bransgrove  | Master   | Male | 50  |
| 17       | 01:14:30 | 735    | G     | Afzal   | Dhansay     | Master   | Male | 55  |
| 18       | 01:18:06 | 1281   | H     | Marius  | Swanepoel   | Master   | Male | 56  |
| 19       | 01:22:42 | 719    | G     | Mark    | Chamberlain | Master   | Male | 50  |
| 20       | 01:23:31 | 738    | G     | Colin   | Doyle       | Master   | Male | 56  |
| 21       | 01:26:24 | 918    | G     | Rowen   | Maris       | Master   | Male | 51  |
| 22       | 01:29:58 | 755    | G     | Martin  | Giles       | Master   | Male | 50  |
| 23       | 01:38:11 | 880    | G     | Claude  | Bester      | Master   | Male | 51  |

#### Master Female

| Position | Time     | Race # | Batch | Name          | Surname        | Category | Sex    | Age |
|----------|----------|--------|-------|---------------|----------------|----------|--------|-----|
| 1        | 00:58:30 | 295    | F     | roldah        | orrie          | Master   | Female | 50  |
| 2        | 01:03:30 | 38     | E     | Fabritszia    | Gosztola       | Master   | Female | 50  |
| 3        | 01:04:12 | 705    | G     | Necia         | Beckett        | Master   | Female | 56  |
| 4        | 01:05:14 | 1245   | H     | Dominique     | Jousserand     | Master   | Female | 56  |
| 5        | 01:13:24 | 869    | G     | Engela        | Wagner         | Master   | Female | 55  |
| 6        | 01:13:41 | 892    | G     | Adele         | McCann         | Master   | Female | 58  |
| 7        | 01:17:28 | 337    | F     | Anetta        | Hausner        | Master   | Female | 51  |
| 8        | 01:17:42 | 334    | F     | Yasmin        | Toeffie        | Master   | Female | 57  |
| 9        | 01:18:03 | 1271   | H     | Margie        | Richter Wilmot | Master   | Female | 50  |
| 10       | 01:20:18 | 844    | G     | Dawn          | Rossiter       | Master   | Female | 59  |
| 11       | 01:21:44 | 1226   | H     | Anne          | Fisher         | Master   | Female | 60  |
| 12       | 01:21:46 | 1248   | H     | linda         | kruger         | Master   | Female | 55  |
| 13       | 01:25:33 | 332    | F     | Adela         | Gertse         | Master   | Female | 53  |
| 14       | 01:25:46 | 1209   | H     | Karen         | Bosman         | Master   | Female | 53  |
| 15       | 01:42:22 | 1256   | H     | Helen         | McClellan      | Master   | Female | 50  |
| 16       | 01:55:54 | 1254   | H     | Mogamat Anees | Majjet         | Master   | Female | 39  |

**Junior Male**

| Position | Time     | Race # | Batch | Name     | Surname     | Category | Sex  | Age |
|----------|----------|--------|-------|----------|-------------|----------|------|-----|
| 1        | 00:37:14 | 24     | E     | Stefan   | Oosthuizen  | Junior   | Male | 17  |
| 2        | 00:40:01 | 1      | E     | daniel   | arendse     | Junior   | Male | 15  |
| 3        | 00:42:19 | 7      | E     | bruzano  | britz       | Junior   | Male | 15  |
| 4        | 00:42:45 | 18     | E     | Henry    | le Roux     | Junior   | Male | 16  |
| 5        | 00:45:23 | 304    | F     | Ernest   | Scholtz     | Junior   | Male | 17  |
| 6        | 00:48:28 | 305    | F     | Stephan  | Scholtz     | Junior   | Male | 17  |
| 7        | 00:49:22 | 294    | F     | riaz     | orrie       | Junior   | Male | 16  |
| 8        | 00:49:29 | 329    | F     | Marchall | van Niekerk | Junior   | Male | 17  |
| 9        | 00:58:27 | 345    | F     | Keagan   | Schultz     | Junior   | Male | 15  |
| 10       | 01:19:21 | 350    | F     | Ntando   | Brummer     | Junior   | Male | 14  |

**Junior Female**

| Position | Time     | Race # | Batch | Name      | Surname          | Category | Sex    | Age |
|----------|----------|--------|-------|-----------|------------------|----------|--------|-----|
| 1        | 00:45:09 | 19     | E     | Megan     | Leslie           | Junior   | Female | 17  |
| 2        | 00:48:20 | 258    | F     | Linda     | Detering         | Junior   | Female | 17  |
| 3        | 01:00:43 | 763    | G     | Hannah    | Harrison-Saayman | Junior   | Female | 17  |
| 4        | 01:01:07 | 709    | G     | Lida      | Botha            | Junior   | Female | 15  |
| 5        | 01:07:49 | 336    | F     | Alexandra | Hoffman          | Junior   | Female | 16  |
| 6        | 01:15:54 | 793    | G     | Nika      | Lai Lam          | Junior   | Female | 17  |
| 7        | 01:35:34 | 817    | G     | Latoa     | Msomi            | Junior   | Female | 17  |

**Minimee**

| Position | Time     | Race # | Batch | Name      | Surname    | Category | Sex    | Age |
|----------|----------|--------|-------|-----------|------------|----------|--------|-----|
| 1        | 00:54:08 | 11     | E     | Jethro    | Dunn       | Minimee  | Male   | 12  |
| 2        | 00:54:09 | 43     | E     | Stuart    | Heath      | Minimee  | Male   | 13  |
| 3        | 01:03:11 | 272    | F     | Alexander | Jensen     | Minimee  | Male   | 13  |
| 4        | 01:03:50 | 269    | F     | Jaden     | Hefer      | Minimee  | Male   | 11  |
| 5        | 01:13:08 | 1266   | H     | Chad      | Oosthuizen | Minimee  | Male   | 12  |
| 6        | 01:19:43 | 268    | F     | Cayley    | Hefer      | Minimee  | Female | 13  |

**Peewee**

| Position | Time     | Race # | Batch | Name  | Surname    | Category | Sex    | Age |
|----------|----------|--------|-------|-------|------------|----------|--------|-----|
| 1        | 01:05:04 | 29     | E     | Tyler | Schagen    | Peewee   | Male   | 10  |
| 2        | 01:13:14 | 1268   | H     | Zac   | Oosthuizen | Peewee   | Male   | 10  |
| 3        | 01:24:06 | 1325   | H     | Carla | Luff       | Peewee   | Female | 8   |