



Spur Cape Summer Trail Series®

Directions to Oak Valley, Elgin Valley

XL Course starts:	06h30
LONG course starts:	07h30
SHORT course starts:	07h51

SEE COURSE SPECIFIC INFO ONLINE

GPS Co-ordinates (WGS84)

34° 9.234'S 19° 2.853'E

The GPS co-ordinates are to the Oak Valley entrance gate - follow the Trail Series® parking signs from here.

**Please note: co-ordinates are given in decimal minute format. Check that your GPS is set up for this format and change it if need be, otherwise you WILL end up somewhere else!*

VERY IMPORTANT:

The XL does NOT count towards the overall Spur Trail Series®.

Anybody running the XL must have a GREEN NUMBER. Make sure you come and collect a GREEN number from registration and wear it for the THIS RACE ONLY. Any queries email info@wildrunner.co.za

PLEASE READ:

1. **SHORT & LONG COURSES:** THERE ARE NO WATER TABLES on the LONG and SHORT courses. Please take what you need (we recommend at least 1 liter for the LONG route).
2. **XL COURSE:** THERE WILL BE ONE WATER POINT on the XL route (please take any additional water that you will need (we recommend at least 1 liter for the XL route)).

FROM CAPE TOWN

1. Travel out of the city on the **N2 towards Somerset West.**
2. Carry on through **Somerset West and up and over Sir Lowry's Pass.**
3. **Continue past the first turn to Grabouw** (beware of speed cameras on this section)
4. **2.7km past the first turn to Grabouw** you will find the **second left turn to Grabouw** (Oudebrug Rd & R321) - opposite the Peregrine Farm Stall - **turn LEFT here.**
5. **After 1.2km** you will find the first turn right, signposted to Villiersdorp on the R321. Turn **RIGHT** here.
6. **After 660m take the first turning RIGHT**, signposted to **Oak Valley.**
7. Follow this to the Oak Valley Estate entrance.
8. Once you are through the gate, **follow the Trail Series® parking signs** and the directions from the marshals.

FROM FISH HOEK VALLEY

1. Travel out of Fish Hoek Valley along the coast road to Muizenberg.
2. Turn on to Baden Powell drive towards Somerset West and follow this coast road until you get to the **N2. Turn RIGHT onto the N2 towards Somerset West.**
3. Carry on through **Somerset West and up and over Sir Lowry's Pass.**
4. **Continue past the first turn to Grabouw** (beware of speed cameras on this section)
5. **2.7km past the first turn to Grabouw** you will find the **second left turn to Grabouw** (Oudebrug Rd & R321) - opposite the Peregrine Farm Stall - **turn LEFT here.**
6. **After 1.2km** you will find the first turn right, signposted to Villiersdorp on the R321. Turn **RIGHT** here.
7. **After 660m take the first turning RIGHT**, signposted to **Oak Valley.**
8. Follow this to the Oak Valley Estate entrance.
9. Once you are through the gate, **follow the Trail Series® parking signs** and the directions from the marshals.

FROM STELLENBOSCH

1. Take the **R44 SOUTH** towards **Somerset West**, then get onto the **N2** heading into Somerset West.
2. Carry on through **Somerset West and up and over Sir Lowry's Pass.**
3. **Continue past the first turn to Grabouw** (beware of speed cameras on this section)
4. **2.7km past the first turn to Grabouw** you will find the **second left turn to Grabouw** (Oudebrug Rd & R321) - opposite the Peregrine Farm Stall - **turn LEFT here.**
5. **After 1.2km** you will find the first turn right, signposted to Villiersdorp on the R321. Turn **RIGHT** here.

6. After 660m take the first turning **RIGHT**, signposted to Oak Valley.
7. Follow this to the Oak Valley Estate entrance.
8. Once you are through the gate, follow the Trail Series® parking signs and the directions from the marshals.

FROM SOMERSET WEST

1. Take the **N2 EAST** towards Sir Lowry's Pass and continue up and over Sir Lowry's Pass.
2. Continue past the first turn to Grabouw (beware of speed cameras on this section)
3. **2.7km** past the first turn to Grabouw you will find the **second left turn to Grabouw** (Oudebrug Rd & R321) - opposite the Peregrine Farm Stall - turn **LEFT** here.
4. After **1.2km** you will find the first turn right, signposted to Villiersdorp on the R321. Turn **RIGHT** here.
5. After 660m take the first turning **RIGHT**, signposted to Oak Valley.
6. Follow this to the Oak Valley Estate entrance.
7. Once you are through the gate, follow the Trail Series® parking signs and the directions from the marshals.

FROM THE NORTHERN SUBURBS

1. Take the N1 to the R300, get onto the R300 and travel South to the N2.
2. Take the **N2 EAST** towards Somerset West and drive up and over Sir Lowry's Pass.
3. Continue past the first turn to Grabouw (beware of speed cameras on this section)
4. **2.7km** past the first turn to Grabouw you will find the **second left turn to Grabouw** (Oudebrug Rd & R321) - opposite the Peregrine Farm Stall - turn **LEFT** here.
5. After **1.2km** you will find the first turn right, signposted to Villiersdorp on the R321. Turn **RIGHT** here.
6. After 660m take the first turning **RIGHT**, signposted to Oak Valley.
7. Follow this to the Oak Valley Estate entrance.
8. Once you are through the gate, follow the Trail Series® parking signs and the directions from the marshals.

FROM PAARL

1. Take the **R44 SOUTH** through Stellenbosch and on towards Somerset West.
2. Get onto the **N2** heading into Somerset West and continue up and over Sir Lowry's Pass.
3. Continue past the first turn to Grabouw (beware of speed cameras on this section)

4. **2.7km past the first turn to Grabouw you will find the second left turn to Grabouw (Oudebrug Rd & R321) - opposite the Peregrine Farm Stall - turn LEFT here.**
5. **After 1.2km you will find the first turn right, signposted to Villiersdorp on the R321. Turn RIGHT here.**
6. **After 660m take the first turning RIGHT, signposted to Oak Valley.**
7. **Follow this to the Oak Valley Estate entrance.**
8. **Once you are through the gate, follow the Trail Series® parking signs and the directions from the marshals.**